

# The Hinesburg Record

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F E B R U A R Y 2 5 , 2 0 0 6

## Sun Shines on Hinesburg Winter Carnival



*The skies were blue, the air was cold, the rink was pristine, but the snow was stranded in New York. Despite its green backdrop, Winter Carnival drew faithful fans of winter golf, broomball, skating, sled dogs and dog shows, waffles, and so much more. To paraphrase the great Mel Brooks, "Snow—we don't need no stinkin' snow..."*

PHOTOS BY JEN BRADFORD



## Support for Wind Energy Grows in Statewide Poll:

### Vermonters Overwhelmingly Approve Turbine Use on State's Mountain Ridges

Eight out of every ten Vermonters (81%) surveyed in a recent statewide poll would consider wind turbines on Vermont mountain ridges beautiful or acceptable. Andrew Perchlik, executive director of Renewable Energy Vermont, shared results from a January poll conducted by ORC Macro in Burlington.

The number of Vermonters who would like to see more wind energy in Vermont increased to 43%, up from 30% in a 2002 statewide poll.

Renewable energy sources in general also received strong support, with 83% of those surveyed wanting to see more of these sources in Vermont, rather than fossil fuels like oil, coal and gas. This is a 12% increase from a 2002 poll that asked the same question. Support for natural gas fell sharply from the 2002 poll, dropping from 11% in 2002 to 3% in the January poll. Nuclear power held steady at 4%.

"It remains clear that an overwhelming majority of Vermonters embrace wind energy and renewable energy in general, despite the noisy opposition we've been hearing from a small group," said Andrew Perchlik.

"By calling for greater use of renewables and supporting in-state electrical generation, Vermonters have spoken for energy independence and reducing our reliance on dirty,

polluting fossil fuels."

The Searsburg project is the only major wind project operating in Vermont, generating enough electricity to power about 2,000 homes. Several other wind energy proposals are being considered in the state.

In a third question, Vermonters supported in-state electrical generation rather than buying power from out of state. Seventy-eight percent of those surveyed support in-state electrical generation, while 8% support buying power out of state (13% didn't know).

"We hope these results will serve as a wake-up call to our Governor and policymakers," said Perchlik. "Vermonters have consistently supported wind and other renewables. In a time of rising energy prices and uncertainty about our energy future due to a declining worldwide supply of oil, it makes sense to incorporate greater use of renewable energy sources into our power mix to protect Vermonters for the long-term."

Renewable Energy Vermont is a renewable energy trade association dedicated to the promotion of renewable energy. The ORC Macro poll, a random sampling of 400 Vermonters, was conducted by telephone in January. The margin of error is 4.9%.

## Hinesburg Blue Wave Taekwondo Offers Unique After School Program, Evening Classes for Students and Adults

By Jean Isham, HBPA

Peter Monty is the driving force behind the formation of Hinesburg Blue Wave Taekwondo. Peter trains under Master Gordon White in the Olympic sport of Taekwondo. He has been training for six years and teaching for over a year.

Monty has combined Taekwondo with a unique after school program that runs from 2:30 to 5:30 p.m. daily at 110 Commerce Street (the former NRG building). Children do their homework first, have some free time and then participate in Taekwondo.

The emphasis with the program is to teach discipline and respect so children will listen when teachers are talking. Peter consistently refers to how they should be acting and the children respond accordingly.

Also offered for adults and children are classes from 6:15 to 7:30 p.m. on Monday, Tuesday and Friday nights. Evening classes offer a great opportunity for families to participate together. In the spring, Blue Wave will be starting a ten-week children's program on Saturdays through the Hinesburg Recreation Department. This is a great chance for an introduction to Taekwondo.

Peter and his son, Jacob, both won gold at the AAU National competition in 2004. In 2005, Peter, Jacob and Matthew Warren participated in a regional tournament with all three taking first place. This month, Peter, Jacob, Matthew, Hayley Sayles and Joe Casey traveled to Albany, New York, to



*Hinesburg Blue Wave Taekwondo has expanded its offerings to include a fitness center. PHOTOS BY JEAN ISHAM*

participate in a national qualifier competition. There were 320 competitors. Jacob won a bronze medal, Matthew and Joe each won a silver medal and Haley and Peter each won a gold medal. They are now eligible to compete in the national competition to be held in Nashville, Tennessee, early this summer.

*(Continued on page 5 in Business News)*

# LETTERS

TO THE EDITOR



## Thank You

I would like to extend a big thank you to each and every one of you for helping my family and me through the loss of my husband, Howard French.

It's nice to live in a caring community such as Hinesburg. Thank you.

— Inez French

## Thank You

I wish to thank all my friends who sent cards, called, and expressed their sympathy in other ways at the time of my sister, Janet Pool's death.

Special thanks go to Jeff and Nancy Hinsdale who took me to Wilmington for the funeral. They gave me great support and comfort as Janet was my only family member.

— Muriel Manning

## Mackinnon Seeks Reelection to School Board

After 11 years as a member of the Hinesburg School District Board of Directors, I am still enjoying this way to serve our community, and my name is on the ballot again this March.

While many challenging issues face the board, such as declining revenues from the state due to declining enrollment, we have also implemented numerous strategies for continuous school improvement. I would like to continue working with the school district and supervisory union leadership teams to advance these strategies for expanding educational opportunities for every student.

In addition to regularly scheduled Hinesburg School Board meetings, I serve on the Chittenden South Supervisory Union (CSSU) School Board of Directors (which oversees shared services of member districts) and on numerous school committees including the following:

- Hinesburg School Facilities Committee
- Hinesburg Information Technology Committee
- CSSU Policy Committee
- CSSU Student-Feedback / Teacher Evaluation Committee\
- CSSU Superintendent Annual Performance Evaluation Committee
- CSSU Superintendent Search Committee

Through my school-board related work, I intend to continue to advocate for our kids, their families, and our broader community. Please do not hesitate to contact me for further information, and I look forward to receiving your support to serve another three years as a member of the Hinesburg School Board of Directors.

— Colleen T. MacKinnon

## Roberts Seeks Election to Library Board

My name is Heather Roberts and I would like to introduce myself as a candidate for Library Trustee in the upcoming town elections.

I am a new resident of Hinesburg, having moved here in August 2005 with my husband and one-year-old son. I have a Master's Degree in Library Science and have worked in corporate libraries in New York and Boston for the last 11 years. I currently work from my home managing market data for a Boston-based mutual fund company.

I hope that my education and experience will lend a unique perspective to the board and I look forward to serving the Carpenter-Carse Library and the Hinesburg community as a member of the library's Board of Trustees. I would appreciate your support on March 7.

— Heather Roberts



## Village Steering Committee to Meet on 2nd Mondays

The Village Steering Committee, created with the passage of the new Town Plan adopted last June, is now meeting on the second Monday of every month in Town Hall (instead of the second Tuesday).

Following the charge and goals set forth in the Town Plan, the VSC is focusing on the development of a master plan for the village. In particular, it is examining ways to enhance walk-ability and connectivity within the village. It will pass on its ideas and recommendations to the principal town commissions, boards, and officials.

All residents of Hinesburg are welcome at the meetings. For information, contact George Dameron, Chair, at 482-3269.

## The Hinesburg Record Deadlines for Next Issue

Advertisements:  
March 13, 2006

News Items:  
March 13, 2006

Publication Date:  
April 1, 2006

*The Hinesburg Record welcomes letters from local residents and from others who are involved in issues that affect our town. Letters should be brief. We do not have precise guidelines for length but do reserve the right to edit based on available space. All letters must be signed. To the extent possible, letters should focus on local issues. Other forums exist for discussion of statewide, national and international issues. With these cautions, please keep those letters rolling in! Mail them to either P.O. Box 304 or 327 Charlotte Road, Hinesburg, VT 05461, or send via email to [therecord@gmavt.net](mailto:therecord@gmavt.net), or deliver to the Record Drop Box on Charlotte Road.*

Have an ad?  
482-2540  
or  
[hrrsales@gmavt.net](mailto:hrrsales@gmavt.net)

Have news?  
482-2350  
or  
[therecord@gmavt.net](mailto:therecord@gmavt.net)

## MUNICIPAL REVENUE SUMMARY

	BUDGET 05 - 06	PROPOSED BUDGET 06 - 07
Property Tax, Interest	\$ 14,000	\$ 15,000
State Land Payment	3,200	3,200
Liquor Licenses	650	650
Dog Licenses & Fees	2,500	3,000
Zoning Permits & Fees	24,000	35,000
Marriage & Civil Union Licenses	320	300
Motor Vehicle Renewal Fees	1,300	1,300
Sale of Zoning Regulations	75	75
Planning Grant	9,590	7,800
Recreation Path Grant	250,000	250,000
Recording Fees	45,000	35,000
Record Restoration Fees	7,500	5,750
Sale of History Books	100	-
Photocopy Income	4,500	5,500
Miscellaneous Clerk Fees	1,200	1,200
St. George Contract	16,320	16,673
Recreation Fees & Registrations	27,200	45,000
Town Hall Rental Fees	200	100
Wild Fire Reimbursements	100	100
Investment Interest	13,000	30,000
Cemetery Income	2,000	2,000
Current Use Payment	20,000	30,000
Act 60 Reappraisal Payment	10,000	14,440
Act 60 Listing Payment	1,700	1,805
<b>Total General Revenue</b>	<b>454,455</b>	<b>503,893</b>
Police Judicial Fines	20,000	20,000
<b>Total Police Revenue</b>	<b>20,000</b>	<b>20,000</b>
Highway State Aid	133,784	133,677
Highway Miscellaneous Income	150	150
<b>Total Highway Revenue</b>	<b>133,934</b>	<b>133,827</b>
<b>Total Non-Tax Revenue</b>	<b>608,389</b>	<b>657,720</b>
<b>Property Tax, Town Share</b>	<b>1,832,108</b>	<b>1,998,964 *</b>
<b>TOTAL REVENUES</b>	<b>\$2,440,497</b>	<b>\$2,656,684</b>

\* The Town will utilize \$250,000 from unreserved fund balance to reduce the total tax dollars to be raised for town government equal to \$1,748,964.

## MUNICIPAL EXPENDITURE SUMMARY

	BUDGET 05 - 06	PROPOSED BUDGET 06 - 07
Selectboard	\$ 19,465	\$ 16,652
Town Agent	5,000	5,000
Town Administrator	63,976	66,182
BCA	200	5,500
Elections	2,500	5,150
Auditors	13,467	19,177
Town Clerk / Treasurer	122,228	124,864
Delinquent Tax Collector	18,694	19,358
Planning Commission / DRB	165,553	177,483
Listers	52,190	56,793
Buildings & Facilities	362,524	405,690
Animal Control	4,628	4,733
Volunteer Fire Department	89,900	98,707
Fire Warden	1,550	1,550
Public Health	800	800
Computers / Copiers / Fax	19,475	19,375
Recreation Commission	51,471	76,685
Cemeteries	25,000	26,000
Fixed Costs	158,249	165,675
Conservation Commission	5,150	5,300
E-9-1-1	1,107	1,107
<b>Total General Expense</b>	<b>1,183,127</b>	<b>1,301,781</b>
Police Department	358,983	379,025
Highway Department	722,831	790,786
Library	139,400	146,334
Lake Iroquois Beach Commission	600	600
Hinesburg Land Trust	5,000	5,000
Land Preservation Fund	7,500	7,500
Agencies	23,056	25,658
<b>TOTAL EXPENDITURES</b>	<b>\$ 2,440,497</b>	<b>\$ 2,656,684</b>



# Planning News

By Alex Weinhalten,  
Director of Planning & Zoning

## Village Growth Project— Dialogue Continues!

In order to encourage more public feedback and discussion on the village growth project, the Planning Commission has redesigned its February, March, and April meetings into public discussion sessions. The idea is to engage community members on the specific village growth ideas presented at the January 4 community forum, which was attended by approximately 140 people.

This time, the focus will be on dialogue, with the bulk of the meeting dedicated to spirited, small group discussions centered on a different focus area each evening. Groups will be asked to discuss specific questions related to the focus area of the evening. Be sure to check out the Town website ([www.hinesburg.org](http://www.hinesburg.org)) for all the details, including: schedule, discussion questions, discussion summaries, concept maps, and more!

### Upcoming Discussion Session Schedule

March 1 (Wednesday), 7:30 p.m.: Ballard's Corner & Rte. 116 North of Commerce St.

March 15 (Wednesday), 7:30 p.m.: Ballard's Corner & Rte. 116 North of Commerce St.

April 5 (Wednesday), 7:30 p.m.: Mechanicsville Road

April 19 (Wednesday), 7:30 p.m.: Entire Greater Village Area (overall issues)

Please note that all of these discussion sessions are being held at the Hinesburg Community School Cafeteria, rather than at the Town Office. We had to change the venue to have more room to accommodate all the community interest, along with the small group discussion format. In keeping with the Planning Commission's now famous culinary tradition, free homemade desserts will be served! All we ask is that you bring one or more non-perishable food items to benefit the Hinesburg Community Food Shelf.

The February 1 discussion session was a smashing success with 65 community members, in addition to all nine Planning Commissioners and staff, in attendance. We broke into four lively discussion groups that pondered questions about: changing the southern approach into the village on Route 116, the future of Lyman Park and the surrounding area, pros and cons of relocating the Veterans Memorials to a more contemplative and user friendly location, the need for elderly housing and an assisted living facility, degree of new development and associated streets/sidewalks acceptable in the existing village core.

I, for one, was impressed at the common themes that arose from all four groups. For a summary of these themes, and those from other discussion sessions, please see the Town website.

I can't overemphasize how important these discussion sessions are, nor can I stress enough how proud and excited I am by the level of interest shown by all of you. The input you give at these sessions will play a LARGE role in shaping the direction of upcoming village area zoning changes, which set the stage for the future of the village. Keep coming, keep speaking, keep eating, and stay involved. As always, feel free to contact me at the Town Office (third floor or 482-3619 or [hinesburgplanning@gmavt.net](mailto:hinesburgplanning@gmavt.net)) or get in touch with one of our nine community Planning Commissioners.

Planning E-mail List

On a related note, I'm trying to create an e-mail list of those Hinesburgers who are interested in receiving information and updates about community planning issues—e.g., village growth project, open space planning, natural resource conservation, etc. If you're interested in being on this list (I promise, only infrequent e-mails on really interesting topics!), please contact me. This form of communication is quick and efficient, and will help keep all of us better informed as we plan for the future of Hinesburg.



## Leaving Fender Bender Nets Two Criminal Charges

### Submitted by Hinesburg Community Police

On January 7 Officer Barbara Brisson was called to a fender bender crash at a local convenience store. One of the vehicles left the scene and she located it a short time later at the owner's residence in Starksboro. As a result of her investigation Patrick Lathbury, 34, was charged with leaving the scene of the crash as well as operating while criminally suspended.

## Hinesburg Man Charged with Domestic Assault

On January 31 Officer Barbara Brisson charged Alex Priest, 52, of Hinesburg with Domestic Assault. It is alleged that Priest struck a woman during a dispute at his residence.

## Hinesburg Man Arrested On Warrant

On February 4 Officer Steve Gutierrez arrested Joseph Turcotte, 20, of Hinesburg on an outstanding warrant from District Court for failing to appear on a Retail Theft charge. Turcotte was a passenger in a car that was stopped for improper registration at Vermont Route 116 and Place Road West. Turcotte was processed on the warrant then lodged at the Chittenden Community Correctional Facility in South Burlington.

## North Ferrisburg Man Seriously Injured in Silver St. Crash

Hinesburg Community Police Officer Michael Wharton reported that Richard Oliver, 57, of North Ferrisburg was seriously injured when his pickup truck ran off Silver Street on January 22. Wharton reported that Oliver was traveling northbound when he went off the east side of the road and into a ditch. The truck traveled along the ditch and then struck the culvert running under Raven Hill Road. The truck then became airborne and leapt over Raven Hill Road and landed in the ditch on the opposite side.

Hinesburg Fire Department treated Oliver at the scene and he was transported to Fletcher Allen Hospital by St. Michael's Ambulance.

Wharton attributed the cause of the accident to speed and the seriousness of the injuries to failure to wear a seat belt.

## One Injured in Richmond Road Crash

A backing crash resulted in one person being transported to Fletcher Allen Hospital on January 11. Chief Chris Morrell reported that James Albanese, 40, of Jericho, was operating a  
(Continued on the next page.)



Hinesburg firefighters work at the crash scene at the intersection of Silver Street and Raven Hill Road. One man was seriously injured.

PHOTO COURTESY OF HINESBURG POLICE DEPARTMENT

## The Hinesburg Record

Deadlines for Next Issue  
Advertisements:  
March 13  
News Items:  
March 13  
Publication Date:  
April 1, 2006

### Contact Information:

[www.hinesburg-record.org](http://www.hinesburg-record.org)

Ads: 482-2540 or [hrrsales@gmavt.net](mailto:hrrsales@gmavt.net)

News: 482-2350 or [therecord@gmavt.net](mailto:therecord@gmavt.net)

Email submissions to: [therecord@gmavt.net](mailto:therecord@gmavt.net).

2006 Deadlines can be picked up at 327 Charlotte Road. Material not received by deadline will be considered for the following issue.

### Deadlines for 2006

Advertisement	News	Publication Date
March 13	March 13	April 1
April 10	April 10	April 29
May 8	May 8	May 27
June 5	June 5	June 24
August 7	August 7	August 26
September 11	September 11	September 30
October 9	October 9	October 28
November 13	November 13	December 9

### Advertising Deadlines

The deadline for submitting advertising for the next issue of *The Hinesburg Record* is Monday, February 6, 2006.

For advertising information, contact Lisa Beliveau at 482-2540 or email: [hrrsales@gmavt.net](mailto:hrrsales@gmavt.net).

### News and Calendar Deadlines

We encourage you to submit news and calendar items as soon as possible. The deadline for the next issue of *The Hinesburg Record* is Monday, February 6, 2006.

**Material not received by deadline will be considered for the following issue. Please do NOT format (boxes, columns, all capital letters, etc.). We work with Apples and PCs and any formatting is lost from one computer to the next or one program to another. Feel free to send a hard copy of your design and we will try to adapt.**

Articles cannot be accepted after the deadline date. However, if the subject matter is still current, such articles may be saved for the following month's issue.

### To Submit News and Calendar Info

Contact June Giroux, 327 Charlotte Road, Hinesburg 05461 if you have questions. You may call her at 482-2350. We prefer electronic submissions if possible. Please send your article as an attached file (Word document preferred; .jpg files for images) to: [therecord@gmavt.net](mailto:therecord@gmavt.net). You may also use the drop box at the Giroux home at 327 Charlotte Road.

### Our Policies

- *The Hinesburg Record Inc.* is published ten times each year by The Hinesburg Record, Inc., a nonprofit corporation, and is mailed free of charge to all residents of Hinesburg.
- *The Hinesburg Record Inc.* is not responsible beyond the cost of advertising for any additions, deletions, or typographical errors that may occur.
- *The Hinesburg Record Inc.* is not responsible beyond the printing of corrections for errors in submitted material.
- *The Hinesburg Record Inc.* assumes no responsibility for claims arising in connection with products or services advertised herein.

Letters and articles printed in *The Hinesburg Record* do not necessarily reflect the opinions of the staff. The staff reserves the right to reject copy or letters that are unsuitable for readers from a general audience. The staff will not accept Letters to the Editor that are unsigned.

### Need a Lasting Gift?

Subscriptions to *The Hinesburg Record* for your friends and family are available by sending a \$10 donation for each subscription to: *The Hinesburg Record, Inc.*, PO Box 304, Hinesburg, Vermont 05461. A gift card can be included in the announcement of your gift.

Please print the name and address clearly and tell us how you want the gift card signed or if you would like it mailed to you to send.

### Volunteers

*The Hinesburg Record* volunteers coordinating publication of this issue included:

**Lisa Beliveau:** Advertising and Billing Coordinator, Secretary  
**Mary Jo Brace:** Finance Officer, Treasurer

**Jen Bradford:** News Editor

**Lea Cassidy:** Web Manager

**Denise Giroux:** HCS Editor

**June Giroux:** Managing Editor

**Mona Giroux:** Subscription Coordinator

**Sandy Lathem:** President, Copy Editor

**Kevin Lewis:** Graphic Design/Layout Artist, School Daze

Coordinator, Vice President

**Pat Mainer:** Circulation Coordinator

**Bill Piper:** Mailing Coordinator

**Jane Sheldon:** Copy Editor

**Ginny Roberts:** Proofreader



(Continued from the previous page.)

van northbound on Richmond Road. He realized he was lost, stopped and attempted to back into a nearby driveway. He failed to see Donna Muzzy, 45, of Hinesburg, stopped behind him.

The rear of the van struck the front of Muzzy's car. She was treated at the scene by Hinesburg Fire Department and transported to the hospital by St. Michael's Ambulance.

## Bicyclist Injured In Richmond Road Crash

A bicyclist was injured on February 2 when he collided with a car on Richmond Road. Chief Chris Morrell reported that Alden Caldwell, 47, of Burlington was westbound coming downhill on Richmond Road when Ernest Giroux, 80, of Hinesburg exited his driveway and then made a right turn into a neighbor's driveway.

Cadwell struck the right passenger door of Giroux's car and was thrown over the hood. He suffered facial injuries. He was treated at the scene by Hinesburg Fire Department and then transported to Fletcher Allen Hospital by St. Michael's Ambulance.



By Chief Al Barber

## Strange Weather Leads to Better Planning

The very strange weather in the last few months has brought to light the need for better planning and information gathering about our residents.

During the October snow events and the January rain events we did not feel prepared to effectively help those in need because we haven't identified you. Over the next few months we will be putting together information about those in our communities that might need to be checked on during power outages, bad weather etc.

We understand that some people, in our normal Vermont way, don't feel like they want to be identified as maybe needing help BUT just in case, help us find you, or if you have a neighbor, friend, church member or just someone you know of that you think might like or need a friendly phone call to check on them, please let us know

In other communities, church groups, scouts and other community groups have taken the lead and we certainly encourage you to do this, but please work with us and share the information with us. It will be kept in the strictest of confidence. We are very happy to work with any group to help set up a phone tree, also. You can contact me at 482-2687, leave a message or email me at VT1320@AOL.COM.

## Future Fire Station Plans

I would like to thank everyone for their interest in and support of the planning that is going on at the Fire Department. As noted in February Record, we have been investigating and working on concepts for the future of the Hinesburg Fire Department. This stems from our on-going five year planning process, which we have been doing for several years.

We have looked at relocation of the Fire Station or adding satellite stations but have concluded that the current station is central to the town and we can best serve the town's needs from the that location. Having identified this, we have also concluded that an addition will need to be built on the current fire station to give us needed facilities for the future. In discussing the future needs for all of the Hinesburg Emergency Services, trying to create more efficiency, and knowing the future plans for a new garage at the police station, it only seemed logical to combine everything at one site.

The Concept: More space at no cost to the community.

The concept would be to trade part of the current Hinesburg Police property to a developer, who has an interest in bringing in a new bank, in exchange for a 72' x 100' addition, with some second story areas, on the current Fire Station.

Included in the rear of the building would be two parking

areas (with an approximately 50 car capacity) and a new skateboard park.

In the addition there would be room for two truck bays, a new community meeting room that would have a capacity of over 100 people and badly needed storage space for the Fire Department.

With the extra storage space we would be able to vacate most of the old fire station at the corner of Mechanicsville & Route 116. Once vacated, this building would give the Recreation board space to move their equipment out of its current location at the Vestry and into a more central, heated location. It would also give Rocky more space for the sidewalk/mowing equipment.

Having the parking lot behind the Fire Station would also give the townspeople room to park to use the new Creekside Recreation field when it's constructed, which has no available parking planned.

The Police Department would move their cruiser garage into the rear of the new addition, entering from the new parking lot areas. The space would allow them to also vacate the old fire station which will only hold two of their three cruisers. It would give them an area to do cruiser maintenance also. The new police area would provide for a more secure and professional area to conduct police business. There is no plan to increase the number of officers, only to improve their work area.

Please realize this is a conceptual plan. There needs to be a lot of work and input from you, the townspeople we serve. There are many issues to deal with including zoning changes, property sales, building agreements, just a lot of work! We will keep you, the Hinesburg residents, involved because we need your support and approval.

Much more to come!

## HFD to Offer American Heart Association CPR

The Hinesburg Fire Department will be offering CPR in the month of March. This course covers Adult, Child, and Infant CPR. You will learn how to help someone who is choking, learn the signs/symptoms of a heart attack, and how to perform Cardio Pulmonary Resuscitation (CPR). This is a hands-on class where you will need to be able to kneel down on the floor to practice these techniques.

The course will be held on Sunday, March 12 from 9:00 a.m. to 3:30 p.m.

The course cost is \$25. Upon completion, you will receive a CPR card with your certification from the American Heart Association.

A course book is available for \$10. Please let us know ahead of time if you would like a course book.

Please contact Jim Silvia at 482-7400 or via email at jim@bitxbit.com.



## Spring Thinks It's Here—If You Can't Beat It, Embrace It!

By Jennifer McCuin

What a wacky winter we are experiencing. Usually we're looking forward to a thaw and warmer temperatures, but we've been having that all winter! With that in mind, it's time to think about Spring Sports...no it's definitely not too early! Registration has begun, and the deadline is March 17.

Please think about signing up your child for their spring sport or recreation activity when you come to the Town Hall to vote on March 7. You'll notice that the Little League Baseball option through Charlotte Little League has an earlier deadline of March 10, with try-outs that will be scheduled the third week of March. Please consider coaching or helping out this spring. Remember that it's YOU that makes our programs great! Please contact the Rec. Office at 482-4691 or at hinesburgrec@gmavt.net.

## 2006 Recreation Spring Sports Tentative Schedule

Spring sports start the week of May 1-5 (weather permitting).

The deadline for registering is March 17 (except for Little League which is March 10).

Please sign up so that we can schedule indoor practice times for lacrosse, finalize team sizes most effectively, and prepare for the season. THANKS!

### Lacrosse

Boys, Grades 3 & 4: Tuesday and Thursday, 2:45 to 4:00 p.m., Town Hall Field, \$30.

Boys, Grades 5 & 6: Tuesday and Thursday, 2:45 to 4:00 p.m., United Church Field, \$30.

Boys, Grades 7 & 8: Tuesday and Thursday, 6:00 to 7:30 p.m., Lyman Park, \$30.

Girls, Grades 5-8: Tuesday and Thursday, 4:30 to 6:00 p.m., Lyman Park, \$30.

### Baseball

Tee Ball (K-1): Tuesday and Thursday, 6:30 to 7:30 p.m., CVU Upper Field, \$15.

Farm League (Grades 2 & 3): Monday and Wednesday, 6:30 to 8:00 p.m., Lyman Park, \$15.

### Charlotte/Hinesburg Little League

For ages nine and up. Registration forms are available at the Recreation Office. Cost is \$60, payable to CLL (Charlotte Little League). Deadline to sign up is March 10. Try-outs will be scheduled during the third week of March (March 20-25). Outdoor practices will begin mid-April (weather dependant) at the fields at the Charlotte Berry Farm. For more information regarding the Charlotte Little League organization, you may visit their website at [www.eteamz.com/charlottetv](http://www.eteamz.com/charlottetv). You may also contact the President of CLL, Patrice Machavern at 425-3901.

### Please Note:

All dates and times are dependant on coaches' availability and schedules. Final schedules will be available by mid-April. If you are interested in registering, please contact the Rec. Office at 482-4691, stop by to pick up a registration form or ask for a form via email at [hinesburgrec@gmavt.net](mailto:hinesburgrec@gmavt.net). Also, please consider coaching...we need YOU to make our programs great!

### Men's Basketball Continues HCS Gym

This is a pick-up style game for men. Please fill out a registration form/waiver form before you attend.

Where: HCS Gym

Who: Wednesday evenings for those under 30 years old and Thursday evenings for the over 30-year-old gang

Time: 8:00 to 9:30 p.m.

Cost: FREE

### Strength Training with Lee Huselbos

Lee has offered this class for many years and has quite a loyal following, but it is never too late to join in this program that benefits both mind and body. Lee has expanded her classes to include aerobic elements and the use of body balls.

When: Tuesdays and/or Fridays

Time: 8:30 to 9:30 a.m.

Where: Town Hall

Cost: \$60 for six weeks

Please register through the Rec. Office, but make checks payable to Lee Huselbos.

### Tai Chi

Tai Chi is an ancient exercise system originating from Taoist traditions. Develop your "chi" (or internal life energy) by regular practice and you will improve your balance and coordination, as well as calming the mind and increasing mental focus. You will also achieve a sense of wholeness and inner peace. Mike Prehoda, who is able to guide students from beginner to advanced, offers this wonderful class. You may join any time, but classes run for six-week sessions.

When: Thursdays

Where: Town Hall

Time: 8:30 to 9:30 a.m.

Fee: \$40

Please register through the Rec. Dept. Checks are payable to HRD.

### Spring Driver Education with Kevin Browne

Kevin Browne will offer this essential class for students pursuing their driver's license. This class is for those who already possess a driver's permit. Driving time will be



scheduled outside of classroom time. It is necessary to attend every class. Be sure to bring your driver's permit to class on the first day. Kevin provides the option to test for the driving exam. He can be contacted when the student turns 16 to arrange for the exam.

Where: First floor conference room in Town Hall  
When: March 13, 15, 16, 20, 22, 23, 27, 30, April 3, 5, 6, 10, 12, and 13  
Time: 4:15 to 6:15 p.m.  
Cost: \$600  
Please call the Rec. Dept. at 482-4691 or contact [hinesburgrec@gmavt.net](mailto:hinesburgrec@gmavt.net) to enroll.

### Summer Driver Education with Dave Brautigam

Students must possess a Vermont Learner's Permit to be eligible for the class. Students will schedule their driving time with the instructor in addition to classroom time. Classroom time consists of 30 hours. Driving time consists of six hours.

Where: First floor conference room in Town Hall  
Time: 9:00 to 11:00 a.m., Monday through Friday  
Dates: Session I: June 19 to July 8 (skipping the July 4 holiday); Session II: July 17 to August 4  
Cost: \$675 payable to Dave Brautigam

Full payment and registration forms are due by May 15 to secure a spot in class. They can be mailed to Hinesburg Rec. Dept., P.O. Box 133, Hinesburg, VT 05461. For additional information or questions about the course, please contact Dave Brautigam at [brautigamd@msn.com](mailto:brautigamd@msn.com). To enroll in the course, please contact Jennifer McCuin at the Rec. Dept. at 482-4691 or at [hinesburgrec@gmavt.net](mailto:hinesburgrec@gmavt.net).

### Summer Driver Education with Kevin Browne

Students must possess a Vermont Learner's Permit to be eligible for the class. Students will schedule their driving time with the instructor in addition to classroom time. Classroom time consists of 30 hours. Driving time consists of six hours. Kevin will administer the driving test when the student turns 16. You may contact him directly and arrange a time for the test.

Where: First floor conference room in Town Hall  
Time: 3:30 to 5:30 p.m., Monday through Friday  
Dates: Session I: June 19 to July 7  
Session II: July 31 to August 11  
Cost: \$600 payable to Kevin Browne

Full payment and registration forms are due by May 15 to secure a spot in class. They can be mailed to Hinesburg Rec. Dept., P.O. Box 133, Hinesburg, VT 05461. For additional information or questions about the course please contact Kevin Browne or at [kmb1159@verizon.net](mailto:kmb1159@verizon.net). To enroll in the course, please contact Jennifer McCuin at the Rec. Dept. at 482-4691 or at [hinesburgrec@gmavt.net](mailto:hinesburgrec@gmavt.net).

### Creating with Clay

Join Alice Trageser in learning new clay techniques and improving on the ones that you know. Students will have fun making a variety of things, from creatures to containers. What a fun and creative way to spend an afternoon.

Who: 5<sup>th</sup> through 8<sup>th</sup> graders  
When: Wednesdays; March 8, 15, 22 and 29  
Where: Art Room  
Fee: \$35  
Minimum of six, maximum of 12 participants.

### Cooking with Michelle Fischer and Mr. Yoon

Join Michelle Fischer and our visiting teacher from Thailand, Prayoon (Mr. Yoon) in this unique culinary opportunity to prepare and sample Thai cuisine. They will tailor the class to accommodate an American palate by modifying the heat level, selecting simple Thai recipes and using vegetables that most kids like. Pad thai and fried rice are two examples of the offerings. A great part of the class will be at the end when students get to eat what they cook and therefore, participants should be open to trying new foods!

Who: 3<sup>rd</sup> through 5<sup>th</sup> graders  
When: Wednesdays; March 15, 2, 29, and April 5 and 12  
Where: Living Arts Room  
Time: 2:30 to 4:00 p.m.  
Cost: \$50  
Maximum of eight students.

### Flip and Cheer Gymnastics

This five-week after school program will include fun activities such as stretching, tumbling, circus tricks, and cheerleading. Kids will learn at their own pace, in a non-competitive atmosphere. They will enjoy learning and perfecting cartwheels, round-offs, back handsprings, back walkovers, and jumps. Certified gymnastics instructor Ila

Sewall will offer this right in the cafeteria after school.

Who: 1<sup>st</sup> through 6<sup>th</sup> graders  
When: Tuesdays, March 14, 21, 28, and April 4 and 11  
Where: Cafeteria  
Time: 2:45 to 4:15 p.m.  
Cost: \$40

Please be sure to wear comfortable clothing to move around in, bring a ponytail holder if your hair is long, and a snack to fuel your body!

### Intro to Dance with Elise Doner

An introduction dance class that offers a sampling of ballet, jazz, tap, and modern dance, taught by Elise Doner of Busy Feet School of Dance. This class is aimed to accommodate youngsters after school with a recital to culminate at the end of the session. Don't miss out on this fun opportunity.

Who: K through 3<sup>rd</sup> graders  
When: Wednesdays, March 15, 22, 29, and April 5, 12, and 19  
Where: Cindy Fay's Room  
Time: 2:30 to 3:30 p.m.  
Cost: \$50.



### Blue Wave Taekwondo

(Continued from the front page.)

There are 13 Blue Wave Taekwondo schools in the United States. These schools have direct lineage to Chung Do Kwan, one of the largest Taekwondo organizations in the world. This new Olympic sport is fast paced and demands physical and mental strength from its competitors. Ten different colored belts designate the different levels. There are nine degrees of black belt; each degree is referred to as a Dan, and the fifth Dan is designated as Master level.

Mr. Monty and his wife, Lynn, have lived in Hinesburg for 13 years. They have two children, Jacob (age 12) and Jamie (age six). The entire family participates in Taekwondo. Jacob will be testing for his Black Belt in March. Lynn will be testing for her Black Belt this summer. Jamie is now a green stripe and has been training for one year. Peter holds a first degree Black Belt and will be testing for his second degree in March.

Monty also operates a second small business, Monty Mechanical, offering heating ventilating and air conditioning services. Lynn is a full-time St. Michael's College student where she is on the Dean's list. In addition she is a contributing writer for Vermont Woman Newspaper.

The Monty's have just expanded the Blue Wave Taekwondo School to include a Fitness Center in Hinesburg (see related article).

For more information on the Hinesburg Blue Wave Taekwondo program, Peter may be reached at 482-3899, 434-5352 or at [pmonty@bluewavetkd.com](mailto:pmonty@bluewavetkd.com).

## Fitness Center Opens in Hinesburg

By Jean Isham, HBPA

What many people have been waiting for became a reality on January 23 with the opening of a fitness center at 110 Commerce Street (the former NRG building). Peter and Lynn Monty, owners of Hinesburg Blue Wave Taekwondo, have added "and Fitness Center" to their name, making a much-desired service easily accessible within our community.

The center is fully equipped with all of the popular equipment for cardio workouts such as treadmills, ellipticals, rowers and bikes. For those of you who have gone through cardiac rehabilitation, this provides an opportunity to continue with your workout close to home. Peter plans to offer a cardio kick class designed not only for cardio but for self-defense. He teaches you how to use your body, concentrating on footwork, balance and reaction time. Classes will emphasis Taekwondo as an aerobic workout. The center also has strength training equipment.

Hinesburg massage therapist Hannah Butler will be offering massage therapy and there are plans to offer a Yoga class. Lynn will make available an assortment of essential oils, as well as consultation on their appropriate use.



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One of the goals of the Fitness Center is to create a place where parents can be working out while their children are in a Blue Wave Taekwondo class or the after school program (see related article for more information). The Center can accommodate 15 to 20 people at any given time.

The hours, as I write this article and they may have expanded by the time it goes to print, are: Monday through Friday, 2:30 to 8:30 p.m.; Saturday, 10:00 a.m. to 4:00 p.m.; and Sunday, noon through 3:00 p.m. Hours will be increased as usage increases. There are daily, monthly and yearly rates as well as family discounts. For more information, the Montys can be reached at 482-3899, 434-5352 or at [pmonty@bluewavetkd.com](mailto:pmonty@bluewavetkd.com).

Thanks to Peter and Lynn for adding a much needed and wanted service to our community.

## Lawrence Mott Becomes Chief Operating Officer of Earth Turbines

Lawrence Mott, formerly with Northern Power Systems in Waitsfield, has become chief operating officer of Earth Turbines, Inc. This start-up company, based in Hinesburg, is developing small-scale wind technology for the residential and commercial market.

Mott, former chair of Renewable Energy Vermont, has a long history in the wind energy field, including experience with community wind projects, wind-diesel hybrids and remote power systems. He has worked with NRG Systems, Atlantic Orient and other wind-industry companies.

Earth Turbines, a manufacturing company, is currently developing new technology and products for release in 2007.

## Ag Agency Makes Maple Rule Changes

The Vermont Agency of Agriculture, Food and Markets has adopted two changes to Vermont's maple products labeling rules.

Under the old rules maple producers were allowed use the "Vermont" grade system or the "U.S." grade system on maple syrup labels. Under the new rules, maple producers are required to use only the "Vermont" grade system to label Vermont maple syrup.

The change was made to enable consumers to more clearly identify Vermont maple syrup.

"It will also allow Vermont maple producers a marketing tool to use in their advertisements to have consumers 'Look for the Vermont grade!' for example," Vermont Consumer Protection Chief Henry Marckres said.

The second rule change requires maple producers that have the word "Vermont" in their company name to disclose the origin of the syrup on the front label if the syrup is not 100% pure Vermont maple syrup, and if the word "Vermont" appears on the front label. Under the old rules, a maple producer with "Vermont" in its name could use the word "Vermont" on the front label of non-Vermont syrup but only if the word "Vermont" was on the bottom third of the label and in smaller type print than the word "maple syrup".

Under the new rules, in order to use the word "Vermont" on the front label, the syrup has to be 100% pure Vermont maple syrup. If the syrup in the container is not Vermont maple syrup, the producer must disclose the origin of the syrup on the front label if it wishes to use the word "Vermont".

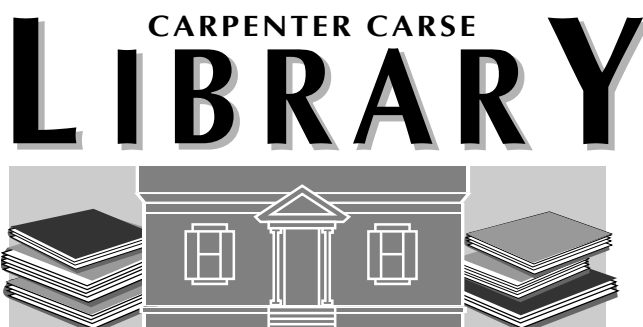
"Vermont state law has very strict requirements for maple syrup and maple products labeling," said Assistant Attorney General Michael Duane. "While the old rules attempted to accommodate Vermont maple producers with the word 'Vermont' in their name, a recent consumer survey by UVM showed that a majority of consumers believed that a non-Vermont syrup container labeled under the old rules implied that the syrup was Vermont maple syrup. As a result, the old rule had to be changed."

The public rulemaking process on these two maple rule changes was a seven-month process.

"Maple production is an important part of our ag economy and Vermont tradition," Marckres said, "so we received a lot of comments from many interested people. In the end, we came up with some good changes."

The new rules went into effect on January 1.

For more information, contact Henry Marckres at the Vermont Agency of Agriculture at (802) 828-3458.



**Monday:** 10:00 a.m. to 1:00 p.m.

**Tuesday and Thursday:** 10:00 a.m. to 8:00 p.m.

**Wednesday and Friday:** 4:00 p.m. to 8:00 p.m.

**Saturday:** 10:00 a.m. to 5:00 p.m.

**Library Staff:** Susan Barden, Judy Curtis, Aaron Miller, Richard Pritsky, Jane Racer, Vicki Roberts, Valerie Russell, Diane Saunders, Janet Soutiere, Charlene Van Sleet, and Linda Weston. Subs: Catherine Parker and Roberta Soll

**Phone:** 482-2878

**Address:** P. O. Box 127, 69 Ballards Corner Road, Hinesburg 05461

**Web Site:** <http://www.carpentercarse.org>

**E-mail:** [carpentercarselibrary@gmavt.net](mailto:carpentercarselibrary@gmavt.net)

## We Deliver

Free delivery of materials is available to Hinesburg residents who find travel or physical access to the library building difficult. The library also circulates books and tapes to seniors on the third Friday of each month at the Senior Meal Site in the Osborne Hall behind the United Church of Hinesburg.

## Trustee Meetings

Carpenter-Carse Library Board of Trustees meetings are held on the fourth Wednesday of each month unless otherwise warned. Meetings are held at the library at 7:00 p.m. and are open to the public.

## Book Discussion Groups

Avid readers may join our library's book discussion group, which meets monthly. The March 15 selection is *Snow* by Orhan Pamuk. Meetings are held in readers' homes and start at 7:30 p.m. Please phone Earla Sue McNaull at 482-3347 for information on the March meeting.

## Regular Library Events

**Toddler storytimes** for children up to three years of age will be at 9:00 a.m. on the first and third Tuesdays, March 7 and 21. Walk-ins are welcome.

**Storytimes** for ages three and up are scheduled for February 28, March 7, 14, 21 and 28 at 11:00 a.m. Pre-registration is helpful.

**YA Book Buying Group**, Thursday, March 16, 5:00 to 6:30 p.m. Review, discuss and select teen books for the library's Young Adult collection. Refreshments will be served. Contact Janet at 482-2878.

## Recent Acquisitions

### Adult Fiction:

Auster, Paul, *The Brooklyn Follies*

Barnes, Julian, *Arthur & George*

De Los Santos, Marisa, *Love Walked In*

Fairstein, Linda, *Death Dance*

Fielding, Joy, *Mad River Road*

Gardner, Lisa, *Gone*

Gibbons, Kaye, *Life All Around Me by Ellen Foster*

Grippando, James, *Got the Look*

Iles, Greg, *Turning Angel*

Mukherjee, Bharati, *Desirable Daughters*

Rothbottom, Michael, *Lost: a novel*

Smith, Ali, *The Accidental*

### Adult Nonfiction:

Bloom, Harold, *Jesus and Yahweh: The names divine*

Branch, Taylor, *At Canaan's Edge: America in the King years 1965-1968*

Bremer, Paul L. III, *My Year in Iraq: The struggle to build a future of hope*

Coffin, Howard, Will Curtis and Jane Curtis, *Guns over the Champlain Valley*

Gosnell, Mariana, *Ice: The nature, the history & the uses of an astonishing substance*

Grogan, John, *Marley and Me: Llife and love with the world's worst dog*

Gutterson, Connie, *The Sonoma Diet*

Hertsgaard, Mark, *Earth Odyssey: Around the world in search of our environmental future*

Jibrin, Janis M.S., R.D., *The Good Housekeeping Supermarket Diet*

Karon, Jan, *Jan Karon's Mitford Cookbook and Kitchen Reader*

Kimmel, Haven, *She Got Up Off the Couch...*

Krawitt, Laura, *The Mills at Winooski Falls: Winooski and Burlington, Vermont*

Molavi, Afshin, *The Soul of Iran: A nation's journey to freedom*

O'Neill, Bard E., *Insurgency & Terrorism: From revolution to apocalypse*

Vonnegut, Kurt, *Man Without a Country*

**\*\*Visit the library or our web site to view a list of new children's and young adult books.**

## Library Supporters

We would like to add several names to the list of many who made 2005 a great year. Thank you for your generous help in the form of donations of volunteer time, ideas, library materials or cash.

Beth Buttles-Miller

Hinesburg Resource Center

Diane Langevin

Monte Stokes

Jennifer Stoliker

\*If your name should appear here and doesn't, we are very open to gentle reminders!

## Genealogy Database to Explore

We hope that you are finding and enjoying the massive amount of information to be found in the Vermont Online (VOL) databases the library offers via our web site. We have renewed our valuable VOL subscription for one year; costs are amazingly low for the library, thanks to a Vermont Department of Libraries state contract. In 2005 VOL was expanded to include access to HeritageQuest, a genealogy database available in-library and from home. This is a gold mine for anyone researching family history. Look on our Home Page @ [www.carpentercarse.org](http://www.carpentercarse.org) under "Online Resources" then "Library Resources" to find the HeritageQuest Online listing. You will be able to search the following resources:

1790-1930 Census

Family and local history books: access to information described in over 20,000 books

PERSI: index of 1.6 million genealogy and local history articles

Revolutionary War files: selected records

Freedman's Bank: 1865-1874 listings of African Americans.

## Upcoming Events Youth Activities

**A Firefighter's Visit:** Thursday, March 2 at 1:00. Kathy Gutierrez from the Hinesburg Fire Station will visit the library. Kathy will bring firefighters' gear and will talk about safety. Get ready to practice stop, drop, and roll. There will be plenty of time for questions and refreshments. All ages are welcome. Please register.

**Critters up Close:** Monday, March 6, 1:00 to 2:00 p.m. The Vermont Institute of Natural Science will present "Critters up Close" for children ages five to 12. Come learn about animals such as the American toad, salamanders, turtles, tarantulas, the praying mantis and Madagascar hissing cockroaches. Children will surely love this "hands on" (with certain animals) VINS nature experience. Pre-registration is helpful.

**Pajama Storytime:** Wednesday, March 22 at 6:30 p.m. Everyone loves Clifford, the big red dog. Children will enjoy Clifford stories by Norman Bridwell, see a short movie and create a movable Clifford dog to take home. For ages three and up. Pre-registration is helpful.

## Adult Programs

**Chase the Winter Blues Away!** Wednesday, March 8 at 7:00 p.m. Join us to hear Rebecca Hall and Ken Anderson perform ballads of the British Isles in a musical style they call "retro folk." This talented pair of folk musicians has toured throughout New England and the east coast and has released two CD's. "How refreshing it is to find an artist who still believes in the power and beauty of a well-written song."



Rebecca Hall is that kind of an artist.” (Fufkin.com) Her original songwriting combined with Ken’s arrangements brings beautiful stories to life. Don’t miss this!

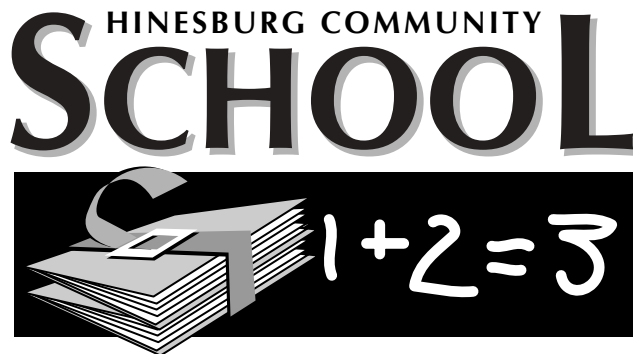
**Art and Architecture:** Tuesday, March 14 at 7:00 p.m. Ancient pyramids, Turkish baths, the blue mosque, Tuscany, Luxor. Join Rolf Kielman for a slideshow exploration of ancient architecture. Free program. For more information or to register, please call 482-2878.

**Organic Gardening with Ron Krupp:** Wednesday, April 11 at 7:00 p.m. Mark your calendars! Ron Krupp, Vermont organic gardener, VPR commentator and author of *The Woodchuck’s Guide to Gardening*, will bring his expertise to the library to share with organic gardening enthusiasts. Call the library to sign up.

## Quotation of the Month

With voting in mind, we offer the following:  
“Today a reader, tomorrow a leader.”

-Margaret Fuller (1810-1850)



## HCS Calendar

### February

27-28: Winter Vacation, no school

### March

1-3: Winter Vacation, no school

6: Staff Day, no school

7: School resumes

8: Community Café, 8:00 to 8:45 a.m., HCS cafeteria

8: CSSU School Board Meetings, CVU; General session 6:00 p.m., Individual Town board sessions from 7:00 p.m. until 9:00 p.m. at CVU

13: Annual HCS Budget Vote Meeting, 7:00 p.m., HCS gym

28: HCS School Board Meeting, 6:00 p.m., Wainer Learning Center

### April

1: PTO Pancake Breakfast, 8:00 to 11:00 a.m., HCS

5: Community Café, 8:00 to 8:45 a.m., HCS cafeteria

# General School News

## No Fooling! Annual HCS Pancake Breakfast April 1

By Sheri Hanlon, PTO co-chair

Mark your calendars for Saturday, April 1, from 8:00 until 11:00 a.m. Come and celebrate sugaring season by enjoying a great breakfast and supporting HCS at the same time. Students will entertain you with fantastic music; you can participate in the Themed-Basket raffle and socialize with other Hinesburg community friends!

Tickets are on sale at the HCS office or at the door. Bring your whole family! If you have questions or would like to volunteer for the HCS Pancake Breakfast, please call either Sheri Hanlon at 482-2479 or Jen McCuin at 482-7710.

## GeoBee Competition Held at HCS

By Denise Giroux

Once again this year, HCS participated in the National Geographic Bee with a school competition involving 46 students from grades five through eight. The competition took place during December and January with students needing to answer various questions in order to advance from the preliminary round to the final round, and then on to the championship round. The two students who made it to the championship round were Ben Paskiet (grade 6) and Sam Coffin (grade 5).

In the championship round, the students must answer three questions and whoever gets the most correct, wins. The questions, which are prepared by the National Geographic Society, are similar to these: Fishing provides export income for Europe’s western-most country. Name this island country. Or: The Parana River forms the boundary between Argentina and what other country? Can you answer these? Sam Coffin probably can. He was this year’s HCS GeoBee Champion! HCS congratulates you, Sam!

Each school champion then goes on to their State competition, which for Vermont will be in late March at Middlebury College. The state champion wins \$100 and a paid trip to the national competition in Washington, D.C. That competition takes place on May 24 and 25. Students there

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## The Hinesburg Record

### Deadlines for Next Issue

Advertisements: March 13, 2006

News Items: March 13, 2006

Publication Date: April 1, 2006

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**Hinesburg Dines Out**  
Thursday, March 9<sup>th</sup>  
All day long!

Dine at any of these participating restaurants on March 9<sup>th</sup>, and a percentage of proceeds will be donated to the Hinesburg Nursery School.

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**Koval's**  
**Papa Nick's**  
**Trillium Cafe**



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compete for top prizes of college scholarships ranging from \$10,000 up to \$25,000. Best wishes to Sam for continued success!

Each year approximately 15,000 schools in the United States participate in the National Geographic Bee. The contest is designed to encourage teachers to include geography in their classrooms, spark student interest in the subject, and increase public awareness about geography.

## Second Quarter Honor Rolls

### High Honors

Jake Berino	Leanna Muroski
Nick Blumen	Morgan Pell
Hillary Boss	Brittany Place
Kameron Clayton	Ellen Rienhardt
Andrew Giroux	Lily Roberts-Gevalt
Nick Hart	Nicole Utter
Kenzie Mahoney	Anna Watts
Ben Martin	Greg Zengilowski
Geoff Mathews	

### A/B Honors

Lexie Adams	Kaitlin Jaro
Andrew Baldwin	Douglas Knox
Liam Brennan	Amanda Lacaille
Eric Chandler	Emily Leffler
Micheal Conley	Cassidy Maglaris
Isaiah Cory	Melissa Miller
Georgia Cota	Cullen Millikin
Micheal Cribari	Jonathan Mills
Briana Datillio	Evan Morehouse
Ashley Degree	Eric Palmer
Mariah DiPasquale	Erin Palmer
Katie Dooley	Chris Palmer
Jennifer Dunn	Nick Race
Emma Eddy	Maggie Ross
Grady Farnum Rendino	Brynn Seaton
Ben Francis	Henry Sengle
Georgina Gelineau	Jake Sienkiewicz
Michael Giroux	Sarah Eddy-Stewart
Megan Henson	Elias Wiczorek
Jameson Hurd	

## Congrats to the HCS Middle School Science Fair Award Winners

All of the students listed below have earned the right to represent HCS at the State Science Fair, which will be held on Saturday, April 1 at Norwich University in Norwich, Vermont. Congratulations—we are proud of you!

### Gold Medal

Kameron Clayton	Earth Science
Katie Dooley	Psychology
Katie Parker	Psychology
Jennifer Dunn	Biology
Nick Hart	Biology
Seamus Mawe	Chemistry
Eric Palmer	Chemistry
Sam Parent	Chemistry
Amanda Lacaille	Physics
Andrew Giroux	Physics
Grady Farnum Rendino	Physics
Jameson Hurd	Physics
Ben Martin	Physics

### Silver Medal

Hannah Turnbaugh	Psychology
Linda West	Psychology
Jake Berino	Biology
Nick Blumen	Biology
Steven Bell	Chemistry
Leanna Muroski	Earth Science
Geoffrey Matthews	Earth Science
Kenzie Mahoney	Earth Science
Jake Sienkiewicz	Physics
Morgan Pell	Physics
Henry Sengle	Physics
Nick Race	Physics
Ellen Reinhardt	Physics

### Honorable Mention

Emma Eddy	Psychology
Anna Watts	Psychology
Dallas Dodd & Evan Morehouse	Psychology
Lexi Adams	Psychology
Georgina Boyle	Biology
Bonnie Kelley	Biology
Alyssa Lyman	Biology
Greg Zengilowski	Biology
Hillary Boss	Biology
Taylor Gingras	Chemistry
Katrina Wilson	Chemistry
Kelsey Lafreniere	Chemistry
Kady Kilbride	Earth Science
Megan Henson	Earth Science
Melissa Miller	Physics
Liam Brennan	Physics
Lukas Fisher	Physics
Georgia Cota	Physics

## Family Math Playtime for 3 & 4 year olds and their Parents/Guardians

*Come explore activities and play games which create building blocks for mathematical thinking!*

March 16, 5:30 - 7:00 pm


### HCS Cafeteria

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### Please RSVP

For more information, contact:  
Nancy Pollack, HCS Math Coordinator, 482-6260 ext. 151  
Audrey Walsh, Community Early Educator, 482-2106 ext. 302  
Jo Evelti, Early Educator, 482-2106  
Dee Pelkey, Head Start, 872-2819 ext. 110

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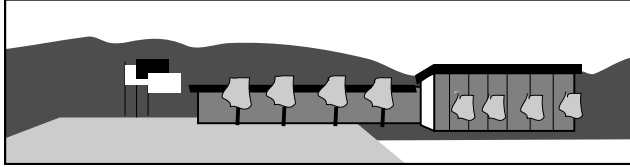






# HINESBURG SCHOOLS

## CHAMPLAIN VALLEY UNION HIGH SCHOOL



For Current News, please visit: [www.cvuhs.org](http://www.cvuhs.org)  
Calendar

### February:

27: February Break Begins

### March:

- 6: In-service; no school for students  
Annual Budget Meeting, 5:00 p.m., room 106
- 7: School resumes  
CVU Budget Vote, Local polling places
- 8: School Board meeting, 7:00 p.m., room 104
- 10: Coffee House, 7:00 to 10:00 p.m., Mini-Gym
- 13: Access to CVY Spring Session Begins
- 14: Band I, II, and III Concert, 7:30 p.m.

## Parenting Tips for Success

Back by popular demand, CY will offer a program to help parents of children ages nine through 16 polish their parenting skills and learn how to face some of the more challenging issues such as drug use, relationships, curfew, etc. This nationally-recognized program covers how to:

- strengthen family bonds;
- improve communication;
- set clear expectations and guidelines;
- express and control anger in healthy ways; and
- increase your child's participation in the family.

Here is what other parents who have taken the course have had to say about it...

- "I thought the facilitators were excellent and I liked knowing that I am not alone!"
- "I loved the open discussions and learning about others' experiences as parents."
- "I learned how important consistency is and the need to set expectations for your children in advance."

There will be two offerings of this course during March and April. One is a five-week course which will take place on Wednesday evenings from 6:30 to 8:30 p.m. in Hinesburg on March 15, 22, 29, April 5 and 12. Dinner will be provided and childcare may be available upon request. Incentive prizes will be awarded to participants who attend all five sessions!

The second offering will be a condensed seminar in Shelburne on Saturday, April 8 from 9:00 a.m. to 3:30 p.m. Lunch will be provided and childcare may be available upon request. The cost of each course is \$20, but scholarships are

available. Pre-registration is required for attendance at either course and space is limited.

For more details, please call Jen Bickel at 878-2762 or e-mail [bickelj@wsdvt.org](mailto:bickelj@wsdvt.org). You can also register on-line at [www.seewhy.info](http://www.seewhy.info), under the "News & Events"/Events section.

## Wellness Program at CVU, Fundraising Effort in Full Swing

Wellness in today's vernacular extends beyond just diet and exercise. Total wellness, as represented in the curriculum at Champlain Valley Union High School and eventually into the district's sending schools, involves the entire human spirit—both body and mind.



Governor Jim Douglas presents a check for \$10,000 in the form of a Human Resource Grant from the State toward the CVU Wellness program. Accepting the check are, left to right, Bob Mason, CSSU Chief Operating Officer, Helen Neidermeier, CVU Direction Center, Joan Lenes, CVU Board member, and Governor Douglas.

With total wellness as a framework and the advantage of a state-of-the-art facility (and a successful community program, "Access"), the administration and board of CVU have adopted and are beginning to implement a program called "The Six Dimensions of Wellness." This program provides options for teens that go beyond just physical fitness or participation in sports programs. Currently CVU offers yoga and meditation for its students but on a limited basis.

"With the new facility, integrating a total wellness program was a natural fit," said Joan Lenes, a Shelburne representative to the CVU School Board.

Beginning in the fall of 2004, with the building project in full swing, faculty, board and community members began meeting to discuss the critical needs within the community and how CVU could make a significant impact.

"We were concerned about national and local trends regarding wellness, particularly with our young children," said Lenes. "The new building would make it possible for us to create a place where wellness could be more than just a concept."

The pilot initiative is designed to offer a wellness program



The HCS Science Fair is always a great showcase for Middle School talent. Students from all grade levels have opportunity to talk with the 7th and 8th graders about their experiments. PHOTOS BY JEN BRADFORD

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Observe Kindergarten & Grade School Classes:

Wednesday March 15/ 8:30-10:30 am, Shelburne Campus

High School Observation:

Wednesday March 29/ 8:30-10:00 am, Charlotte Campus

Please call Admissions Director Pam Graham

to arrange for a personal tour any time

## Lake Champlain Waldorf School

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Illustration used with permission - from 8th grade Waldorf student's Asian Studies Main Lesson book



for kids and includes measurement tools that insure success. In addition, it offers an opportunity for CVU to share its success with other schools and communities throughout the state. Plus it will provide a way to leverage what the school does with students and the entire adult population through additional Access programs that are offered in the afternoon and evenings.

Lenes noted the success of the Access program that brings over 700 adults into the high school facility for a huge variety of learning programs that run the gamut from computer programming to cake decorating and even hip-hop dancing.

"But the cost of the program was not something that we wanted to put into the budget so we looked at alternative funding," she added.

The overall funds needed for the program, which includes training and equipment, total \$130,000. Fundraising began in earnest last fall with the procurement of a lead grant of \$42,000 from the Ferguson Foundation. Shortly after that grant was secured, the State of Vermont gave a Human Resource grant of \$10,000. The CVU Class of 2003 gave a gift of \$5,000 toward the project; the Friends of CVU gave \$1,500; and SCHIP gave

a grant of \$1,000, bringing the total monies secured to \$76,000.

"But we have a distance to go," said Lenex, who is no stranger to fundraising. She is credited with leading the effort to create the Snelling Park at the Shelburne Community School.

"This is an important resource for all of our communities," said Lenex. "We need to raise a little more than \$50,000 to make it all come together, and I know that we can count on those communities for support," she added.

Donations in support of the Wellness Project can be made by sending a check made out to CVU Wellness to CSSU, Attention: Bob Mason, 5420 Shelburne Road, Suite 300, Shelburne, VT 05482.

### Six Dimensions of Wellness

Wellness is an expanded idea of health and means more than "absence from disease." Health is active, alive and vital. It is the presence of well-being and dignity in the lives of individuals, communities and cultures. True wellness is determined by the decisions you make about how you live your life with vitality and meaning. It is the holistic integration of six interactive dimensions that continually influence each other.

#### Physical

A healthy body is maintained by good nutrition, regular exercise, avoiding harmful habits, making informed decisions about health and seeking medical assistance when necessary.

#### Emotional

The ability to understand your own feelings, accept your limitations, achieve emotional stability and become comfortable with your emotions.

#### Spiritual

The sense that life is meaningful and has a purpose; the ethics, values and morals that guide us and give meaning and direction to life.

#### Intellectual

A state in which your mind is engaged in lively interaction with the world around you. It involves continued learning, problem solving and creativity.

#### Environmental (Occupational)

It reflects the fact that personal health depends on the health of the planet. Environmental wellness requires learning about and protecting yourself against environmental hazards.

#### Social

The ability to relate well to others, both within and outside the family unit. It encourages contributing to a healthy community by supporting a healthy living environment and initiating better communication with others.

## Burlington Technical Center Honor Roll

The following CVU students earned an A- or better in their Burlington Technical Center programs, placing them on the Burlington Technical Center Honor Roll for the first semester:

- Ayse Bayar, Design & Illustration
- Sara Bowser, Honors Medical & Sports Sciences
- Samantha Castonguay, Design & Illustration
- Jesse Osborne, Auto Body Repair
- Michael Stearns\*, Electronic Recording Arts

\* indicates A+

## Limited Space Still Available for Free Advanced Driving Course for Teens

Spaces still remain for the April advanced driving course for teens sponsored by the Youth Safety Council of Vermont, although registrations will be accepted on a first-come, first served basis for this program. The program will provide, at no cost to the student, an opportunity for up to 140 students, ages 15 through 17, to participate in a one-day course in Berlin to study the effectiveness of an Advanced Driver Training program.

The YSCV Advanced Drivers Course will be offered in Berlin the week of April 24. In addition to the skills developed during this course, a discount on auto insurance is offered by some insurance companies to students who complete this course.

The training is free to 15, 16 and 17-year old students on a first-come, first-served basis. Registrations are expected to be generated from open enrollments and high school participation. Students must have a learner's permit and must be enrolled in a 2006 Driver Training course.

Two sessions will be conducted each day with 14 students enrolled in each session. The program will be held at the Knapp Airport in Berlin and is conducted by Stevens Advanced Driver Training. The Pilot Program is being funded by interested corporations, businesses and individuals throughout Vermont.

The Vermont Association of Domestic Property and Casualty Insurance Companies is major contributor to the study. Co-operative Insurance Companies of Vermont, with headquarters in Middlebury, has offered this hands-on driving program to its members and to the public at large since 1997. Co-op officials indicate that the training has been extremely effective and advocates that every teenager should experience this type of training before or during the Graduated Licensing period. The company is confident that this study, coupled with its own experience, will indicate that the training complements Vermont's traditional Driver Education programs and will help reduce teen crashes especially for the first year driver.

The morning sessions will run from 8:00 a.m. to noon and afternoon sessions from 1:00 to 5:00 p.m. and will cover a variety of topics and hands-on exercises including straight-line braking with ABS brakes, steering and maneuvering in emergency situations, how to avoid tailgate collisions and presentation by experienced driving instructors on other related topics including the effects of alcohol, drugs, and being distracted on the safe operation of a motor vehicle.

According to statistics from the Vermont Department of Public Safety, 19% of all motor vehicle accidents involve drivers in the 16- to 20-year-old range, and 17-year-old drivers are the most likely age group to be involved in a motor vehicle crash.

"Driver training means safer drivers. Since crashes are the leading cause of fatalities for the youth of our country, we encourage every young driver to take advantage of any opportunity to learn to be safer on our roads," said Jeannie Johnson, Coordinator of the Vermont Governor's Highway Safety Program.

Interested parents, students or school representatives seeking more information are invited to call Fletcher Brush of the Youth Safety Council or Renee Larocque at 1(800)388-6638, ext. 3501 or ext. 3399.

## CVU Amnesty International Group Works for Human Rights

Gurbandurdy Durdykuliev is a citizen of the Eastern European country Turkmenistan. In 2004 he sent a letter to the president of his country informing him that he wanted to authorize a two-day peaceful protest. It was his intent to carry out this protest to work for change in government policies.

On February 13, 2005 (four days before the protest was set to happen), he was taken from his home and forced into a

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psychiatric ward. He has remained forcibly detained, and the last time he was allowed to see his wife was in April last year.

Here in America it is hard for us to imagine such things happening, simply because we consider freedom of speech to be a right. However, for many people like Mr. Durdykuliev it is a luxury that comes at a high price. It is people like him which Amnesty International are concerned about.

Amnesty International is a world-wide organization dedicated to furthering human rights, and working for the release of prisoners of conscience, people imprisoned for acting on their beliefs, commemorating peaceful non-violent protests and the like. Amnesty International has student groups across the country and there is an active group at CVU High School.

Each year student groups are given a special focus case, an individual whom they work to get released. They conduct letter writing campaigns, have petitions signed, and try to raise awareness in their school. This year CVU is focusing on Gurbandurdy Durdykuliev.

If you drove through Hinesburg on February 14, perhaps you noticed the new sign in front of CVU. It may have read "Dissent Is Not An Illness: Free Gurbandurdy Durdykuliev."

The members of Amnesty International Club gathered underneath it that Tuesday morning to take a picture to send to officials in Turkmenistan as a message of solidarity to Gurbandurdy Durdykuliev, commemorating the day of his seizure and requesting his release. If you are interested in learning more about people like Gurbandurdy Durdykuliev and what you can do on their behalf visit [www.amnestyusa.org](http://www.amnestyusa.org).

## Castleton Video Festival to Feature High School Talent

Castleton State College, in association with Vermont Public Television, is issuing a call for Vermont High School students to enter the 11<sup>th</sup> Annual Castleton Videofest.

High School students throughout Vermont are encouraged to submit videos by the April 28 deadline in any of four categories: documentary, experimental and animation, narrative fiction, and public service announcements.

Scholarships of \$500 will be awarded for first place in each category. Video professionals will judge the entries on creativity, content, and execution. A public screening of the winning videos and an award ceremony will be held at Castleton State College on Friday, May 19.

For information on the Castleton Videofest and contest rules, contact Robert Gershon at (802) 468-1268 or email inquiries to [Robert.Gershon@castleton.edu](mailto:Robert.Gershon@castleton.edu).

## Teens Invited to Apply to Champlain College Writers' Conference

Attention all high schoolers! Champlain College wants to know what you have to say.

The private, baccalaureate college invites high school students from Vermont to apply for the Young Vermont Writers' Conference (YVWC). Held from May 26-28, the workshop is a chance for dedicated young writers to meet others who share their passion for telling the stories of their lives. The writers will study the craft with some of New England's most celebrated authors and teachers.

On Champlain's hillside campus in Burlington, students will participate in intensive workshops in fiction, songwriting or creative nonfiction. They'll exchange and critique manuscripts, share work with the YVWC community, and hear readings from faculty members. Among the many activities,

students will slam with The Breathing Poetry Project and hear from keynote speaker Bill McKibben, author of a new book called *Wandering Home*. They'll also receive an anthology of YVWC student writing.

Applications must be postmarked by March 1 to be considered. The all-inclusive fee for the 2006 Young Vermont Writers' Conference is \$150. Ten merit scholarships will be chosen from the applications.

Participants will stay in Champlain's Victorian-era residence halls and use the resources of the state-of-the-art campus, which boasts an innovative Professional Writing program. Meals are taken alongside faculty in the campus dining hall.

Application forms, including specific requirements for writing sample submissions, are available from English teachers and librarians at Vermont high schools or by contacting YVWC Coordinator Karen Hendy at (802) 865-6451 or [hendy@champlain.edu](mailto:hendy@champlain.edu). Applications can also be found at [www.champlain.edu/write](http://www.champlain.edu/write), a website that includes photos and recaps of previous conferences.

## CSSU Superintendent Search Update

The CSSU Superintendent Search Screening Committee has completed its work without recommending any finalists to the CSSU Board.

The CSSU Board met the evening of February 15 to review the search and discuss how to move forward. The possibilities to be considered were whether to re-open the search, look for an interim superintendent or put together an administrative plan for 2006-2007 using a combination of internal resources and external supports.

Questions concerning the search should be directed to Jed Graef, chair of the CSSU Board and of the Screening Committee. He can be reached at 985-2029 or at [jed.graef@gmail.com](mailto:jed.graef@gmail.com).

### History of the Search

In response to the resignation of Brian O'Regan, the superintendent of the Chittenden South Supervisory Union (CSSU), the CSSU Board decided on steps to be taken to identify and hire a new superintendent. The determination was made to purchase the package of superintendent search services offered by the Vermont School Boards Association (VSBA) to help with the process. The search consultant assigned to us was Mr. Joe Silver, a retired superintendent, long-time educator and veteran of many searches.

The board established a Superintendent Screening Committee, composed of six CSSU board members (one each from Charlotte, CVU, Hinesburg, St. George, Shelburne and Williston), one member of the central office senior staff, two principals, two teachers, one support staff member, two parents and one high school student, to work with Mr. Silver in screening applicants. The Screening Committee is charged with reviewing applications, doing preliminary interviews and checking references. At the conclusion of this work the committee was asked to present the top three candidates to the CSSU Board. The full board then planned to conduct final interviews.

The Screening Committee met for the first time on January 18. At the meeting, Mr. Silver reviewed the committee charge and the results of the focus forums that had been held so far. He also discussed the evaluation and screening process along with issues of confidentiality and the use of the electronic tools that were used in rating candidates.

On January 25 the committee met to evaluate the applicants. After the interviews, which were scheduled for

February 6 and 7, the committee planned to conduct reference checks and hold a closing meeting on February 10 to evaluate the reference checks and to decide on the three finalists.

Per the board charge, Jed Graef, chair of the CSSU Board and of the Screening Committee, will continue to serve as liaison with community members, staff and the media for any information about the committee work and status of the search. He can be reached at 985-2029 or at [jed.graef@gmail.com](mailto:jed.graef@gmail.com).

## From Waffles to Dinner Out—How Could Life be Better?

By Jen Bradford, HNS President

I am working on a deadline (actually, I'm well past it), so I don't have time for the usual witticisms—I do want to express, though, our most extreme thanks to ...



The Hinesburg Nursery School's Winter Waffle Breakfast was an incredible success. Many thanks to all who came and got Winter Carnival started off right!



... All of you from the community who came to support our Winter Waffle Breakfast and Silent Auction. It was one of our most successful fundraising events ever—and it is you who

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Our nominees for the two best preschool teachers in the universe, Natalie Miller and Yvonne Epstein. PHOTOS BY JEN BRADFORD

made it so. We always worry that we'll throw this party and no one will come, but you came in droves and we thank you for that!

... Our food sponsors—Dakin Farm, Green Mountain Coffee Roasters, Inc.; Hannaford Food and Drug; Koval's Coffee; Lantman's Best Yet Market; McKenzie of Vermont; Price Chopper; and Shaw's.

... And extra heapings of thanks to all of the individuals, families, and businesses who donated items to the Silent Auction. Without you, our Winter Waffle Breakfast and Silent Auction would have been, well, just a bunch of really yummy waffles (and bacon—can't forget the bacon...). Thank you for helping us to support our children!

What's next you ask? How about dinner out?

Please support our mission by dining out at any of these local Hinesburg restaurants on Thursday, March 9—Dragon House, Good Times Café, Koval's Coffee, Papa Nick's, and Trillium Café. All have generously agreed to donate a portion of their profits from that day to the nursery school. Eat, drink, and be merry!

**Have an ad?**  
482-2540 or [hrrsales@gmavt.net](mailto:hrrsales@gmavt.net)  
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482-2350 or [therecord@gmavt.net](mailto:therecord@gmavt.net)

# Organizations

## Hinesburg Friends of Families Revisits Welcome Wagon

Would you like to help welcome newcomers to Hinesburg? We are looking for community members to join a group that looks at ways we could help new residents get acclimated to the town. Currently, we offer gift and informational bags to newcomers but these need to be updated. We're also looking for other fun ways to help folks feel a part of our great town. If you are a new resident, we would love your input!

Hinesburg Friends of Families is a volunteer program of the Hinesburg Community Resource Center. FOF sponsors a playgroup for young families, early literacy programming, parent trainings and Welcome Baby visits. For more information or to volunteer, please call Ginny Roberts at 482-5625.

## Second Annual Children's Clothing Giveaway to be Held April 8

By Elly Coates

Spring is just around the corner. What better way to kick off than with a little spring-cleaning? It's time again for Hinesburg residents to dig deep into their children's closets and swap those too small sizes for something a bit bigger. Give yourself a little more closet space and help out your neighbors in the process.

Hinesburg Friends of Families' Second Annual Children's Clothing Giveaway is planned for Saturday, April 8 from 9:00 a.m. to 2:00 p.m. at the Hinesburg Town Hall.

Please help with donations of clean, good-condition children's clothing in sizes infant to 14 (teen and adult sizes cannot be accepted). Donations may be dropped off at the Town Hall on Friday, April 7, from 10:00 a.m. to 8:00 p.m. or call Elly at 482-3460.

## Hinesburg Lions Announce Valentine Raffle Winners

On Valentine's Day, the Hinesburg Lions made their drawing and announced the winners of their annual Valentine Day Raffle.

The Club thanks both the participants and those businesses

that donated items for the Raffle for their generosity and help with this event.

Money raised from this raffle is recycled into the community in the form of help for persons needing assistance with exams or the purchase of eyeglasses and/or hearing aids, as well as tests for diabetes and the distribution of information on that disease.

Also, the monies earned support the annual Children's Easter Egg Hunt held the Saturday before Easter. Also, these funds help the Lions to support the community in emergency situations and with supplies of milk and food at the Hinesburg Food Shelf.

In addition the Club supports the annual soccer game between New Hampshire and Vermont teams which raises funds to support the Austine Camp for hearing loss and impaired attendees of the camp in Brattleboro.

Prizes and winners include:

A & M Bakery: Pie of choice—Mike Brown

Almost Home Market (Bristol): \$20 Gift Certificate—Diana Woodruff

Anonymous: Half-gallon of Maple Syrup—Gene Breed  
Beecher Hill Yoga: Two Yoga Lessons—Dick Basiliere  
Curves (Hinesburg): One Month Membership (\$53 Value)—Barbara Leggett

Estey's Hardware: \$20 Gift Certificate—Shirley Basiliere

Everybody's Massage: One Hour Massage—Emily Fuller

Grammy's Butterscotch: Four Jars—Voula Zontos

Jiffy Mart: \$20 Gas Card—Amy Woodruff

Koval's: One Dozen Donuts—Shirley Basiliere

Koval's: One Dozen Donuts—Diana Woodruff

Lantman's Best Yet: Fruit & Cheese Tray—Jan Johansson

Mead Car Wash: Deluxe Car Wash—Amy Woodruff

Merchant's Bank: \$50 Savings Bond—George Palmer

Papa Nick's Restaurant: \$20 Gift Certificate—Dick Basiliere

Permanent Solution: \$30 Gift Certificate—Jeanette Duval

Pour House (South Burlington): \$25 Gift Certificate—Deidre Gladstone

Saputo Cheese: Mozzarella Cheese—Gloria Barnes

Ski & Snowboard Express (Richmond)—Catherine Shahan

UVM Men's Basketball tickets (UVM/Binghamton)—Chris Varney

UVM Women's Basketball—Carl Sorensen

Anonymous Gift Basket—Raymond Wright

## Hinesburg Community Potluck to View "The Fourth World War"

Please join friends and neighbors in an informal setting to enjoy food, talk and a movie! Bring a dish and a beverage to Share. This is not a meeting—it is a gathering of concerned citizens.

When: Wednesday, March 15, 6:00 to 8:00 p.m.

Location: Carpenter-Carse Library, 69 Ballards Corner



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March's Movie: "The Fourth World War," an inspirational movie, with voices and images of the people from the front lines of global struggles. It is the untold human story of men and women who resist being annihilated in the current global conflict.

## Local Family Teams Up to Publish Edna Palmer's Recipe Book

By Roland Palmer

Roland Palmer (grandson) and Chicky Palmer (daughter-in-law) have recently published a collection of Edna Palmer's recipes. Edna and Frank Palmer raised their family of seven children on a farm on Magee Hill Road in Hinesburg. Edna lived on the farm until her passing in 1993.

This project was undertaken many years ago when family members discovered Edna's recipe book in a kitchen cupboard. The small three-ring binder contained loose leaf ruled paper with recipes handwritten by Edna, as well as recipes she had clipped from newspapers and magazines. The cookbook contains Edna's recipes as well as contributions from other family members. Copies of the cookbook are available for purchase from St. Jude's Church in Hinesburg for \$15.

## Blue Grass Band to Perform for 3<sup>rd</sup> Event in HLT Benefit Series

The next event in the Hinesburg Land Trust benefit series will be held Saturday, March 4.

This musical event will be different than the previous two, in that it will not be a contra dance. There will be no caller, but there should be lots of dancing just the same.

Bluegrass music will be performed by the band called Bobo Denk. The band includes UVM PhD student Matt Kolan. Check them out on the web at [www.bobodenk.2ya.com](http://www.bobodenk.2ya.com).

Once again, there will be a \$10 requested donation, and kids under 12 will be free. Look for Hinesburg's own Evan Reiss to be the opening act. Contact James Donegan at [Doneganmaple@hotmail.com](mailto:Doneganmaple@hotmail.com) or 482-2017 for information.

## SCHIP's Log; Smooth Sailing

By Dorothy Pellett

SCHIP's Treasure Resale Shop is a resource that belongs to three communities—a resource with at least three purposes. It's a fundraising entity for a charitable non-profit group; it distributes grants to qualified applicants; it is a shop where one can find excellent buys; and it's the place to take good quality items looking for new owners.

In the shop's first year, it has exceeded financial expectations. The winter grants application deadline was January 31, and recipients will be announced soon. Manager Janet Morrison says, "People are pretty amazed when they come in. We get a lot of positive feedback about the quality of our merchandise and the low prices. The shop has built a following of repeat customers and repeat donors."

There are jewelry and other gifts for any special day. Browsing through the clothing for men, women and children, and the small household goods is likely to inspire creative uses for several items.

The shop, located in the bright yellow-gold house next to the Shelburne Town Center, is open 10:00 a.m. to 5:00 p.m. Tuesday through Friday, and 10:00 a.m. to 4:00 p.m. on Saturday.

If you would like to learn more about the shop's purpose or to help out for a few hours a month, call 985-3595 during its business hours.

SCHIP is short for Shelburne, Charlotte, Hinesburg Interfaith Projects.

## VTDDC Needs Your Help

The Vermont Developmental Disabilities Council (VTDDC) is a state-wide Council, supported by \$460,000 in federal funds. A majority of its members are people with developmental disabilities and family members.

VTDDC follows the federal definition of developmental disability: severe, often lifelong disability that affects people before they reach age 22 and substantially limits functioning ability in three or more life activities such as self-care, receptive and expressive language, learning, mobility, self-direction, independent living, and employability.

VTDDC funds projects in public education, leadership training, and advocacy aimed at enhancing individual and family-centered supports and services. Its Steering Committee Fund also provides small grants to family members and individuals with developmental disabilities to attend conferences and trainings.

VTDDC needs to hear from you about what is happening for those with developmental disabilities throughout Vermont. The information will guide VTDDC in deciding how to use its funds in order to have the greatest impact on people's lives.

If you would like a paper copy of the survey to complete, need it in an alternative format, or if you have questions, please contact Judy Parsons at 241-2612 or [jparsons@ahs.state.vt.us](mailto:jparsons@ahs.state.vt.us). You can also visit our website at <http://www.ahs.state.vt.us/vtddc/>.

## Facing the Wind

"Building for Social Responsibility" is hosting a presentation and panel discussion that will take a serious look at the advantages and limitations of wind energy and answer questions about environmental and aesthetic impacts.

Our panel includes: Lawrence Mott, former Chair of Renewable Energy Vermont; John M. Austin, Vermont Agency of Natural Resources, and Robert Ide, Vermont Department of Public Service.

The community forum on wind farm developments in Vermont will be held on Tuesday, February 28 at 7:00 p.m. in the Unitarian Universalist Church, 130 Main Street, Montpelier.

For more information, please call 434-2462, or 578-6034 or visit [www.bsr.org](http://www.bsr.org).

## Fill An Empty Bowl to Help Support Our Community's Youth

At Spectrum Youth and Family Services' First Annual Empty Bowl Dinner, your \$30 ticket will buy you a delicious meal, entertainment and a hand-made bowl by a local artist to bring home with you. Proceeds will help support the free meal program for young people at their drop-in center on Pearl Street.

Last year Spectrum's staff served more than 2,848 meals to homeless, foster and high-risk youth who frequent their drop-in center. The drop-in center is now open seven days a week, so the number of meals served will increase substantially this year. And the local community can help.

Start your weekend off by joining us for dinner at the First Congregational Church, 38 So. Winooski Ave., Burlington on Friday, March 3rd at 6 p.m. You can come right from work and take in a movie later. Soup, salad, dessert and refreshments donated by Five Spice Restaurant, Great Harvest Bread Company, Green Mountain Coffee, Jones Catering, Klinger's, Rhino Foods, Ri-Ra's, Rotisserie, Stone Soup, and Sugar Snap. Enjoy jazz originals with the Red Thread trio.

Hand-crafted ceramic bowls made by artists like Jeremy Ayers, Judith Bryant, Anna Fadeley, Diane Rosenmiller, Nick Seidner and Elizabeth Saslaw will be taken home by lucky ticket holders. The event is sponsored by the Vermont State Craft Center/Frog Hollow, Voice of Clay, Burlington City Arts and the First Congregational Church.

Mark Redmond, Executive Director from Spectrum says, "The Empty Bowl Dinner will serve two purposes really. It will certainly help us with our food purchases at the drop-in, but it will also rally the community around an important cause."

For ticket information, please contact Nicole Zarrillo at 864-7423, ext. 250.




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# The Viking Voice

February 25, 2006

Volume 1, Issue 2

**The Students:** HCS Infinity Team (grades 7 and 8)  
**The Teachers:** Ms. Barb Spaulding and (Student Teacher) Miss Tina Rigas  
**The Assignment:** To write for a public audience.  
**The Goal:** To share a slice of what life is like at HCS Middle School, socially and academically, or just what life is like for Hinesburg's 7th and 8th graders in general. "Students selected their own topics and produced the products independently. The pieces printed here represent a broad spectrum of the articles submitted," said Ms. Spaulding.

## Russell Farm Conservation Project Reflects Core VT Values

By Morgante Pell

Independence and generosity are important Vermont values. The Russell family reflects these values in their conservation of land in central Hinesburg. For years, they have welcomed neighbors, near and far alike, onto their trails to help with their sugaring operation. Now, with the threat of development on all sides, they have decided to permanently conserve their property. In this, they are being helped by local and state conservation groups. However, conserving this land will take enormous effort from the community.

This land needs to be conserved as a wildlife habitat, recreational resource, and source of Vermont culture. People on all levels are working to make this a reality. The Hinesburg Land Trust and Vermont Land Trust are collaborating to match a grant from the Vermont Housing and Conservation Board of \$144,500. With this worthy goal in mind, the Russells have generously donated \$19,000 and work is being done in the community to raise the additional \$57,500 needed for this project to be feasible. Many people must help to make this happen and Hinesburg is just the kind of town where people *will* help. The Russell Family Farm Conservation Project is great for the community and will benefit all.

The Russell farm is an integral part of the Hinesburg community. Students have long helped out in sugaring season, as the sugarhouse is a mere 5-minute walk from school. The farm is a great learning opportunity for young and old alike; teachers at HCS enjoy taking their students to visit the farm and learn about the ecology and sugaring. Where else but on the Russell farm could community members work together to gather from over 1,300 buckets

of sap? Residents in Lyman Meadows enjoy taking walks on the trails that the Russells have opened to all. Others just visit once or twice but are touched with the *simplistic* and *rural* nature of the farm.

The Hinesburg community must join together to conserve this great community resource. The Russells and their farm conservation project reflect core Vermont values.

## The Inside Scoop on the Cabaret



*Infinity seventh and eighth graders begin work on a short story prompt.*

By Liam Brennan

On February 11, 2006, at 6:30 p.m., the doors to the Hinesburg gym opened to the public. As people filtered in, they were assigned a seat and given a choice of drink and an appetizer. Throughout the night they received salad, lasagna, and a choice of dessert. But this wasn't an ordinary dinner. As the guests dined, a show was thriving in front of them. From the calming of a harpist, to the heart-thudding river dance, the backyard players put on quite a show. But what was all this for?

One year at the Hinesburg Winter Carnival a group of local Hinesburgers decided that they were going to put together a show. So they rented the gym and got a few tables, invited some friends, and made some food. They put together a show that the audience would go from a calming state to a laughing fit. Soon more people decided to do it and it began a tradition in Hinesburg. But it happens only once a year, at the Winter Carnival, at 6:30 p.m., but be alert because the tickets go fast.

I'm here with one of this year's stars, Paula Brennan, who performed for the dinner guests. She says, "Do you know where I put my plastic?" Whatever that means, it should have to do with the recycled "garbage" opera. Other events were, the Town Band, the Dan Silverman Trio, the Green Mountain Cloggers, individual performances from guest performers, an exuberant performance by The Great Dame, and many more. Native film producer Tim Whitney, showed his new composition, *Bear Farmer*, amid the show. It is about a two men who want to put two live bears in a pool and farm them, but the court has something to say about that.

Overall, the Cabaret Dinner Theatre is a fun and exciting time. Next year, we hope to see you performing or dining (the food is delicious).

To watch the show go to [www.mastermade.biz/video](http://www.mastermade.biz/video).

## We Need More Programs for Teens

By Mariah Merriam

There are not many programs for teens in the town of Hinesburg. Yeah, kids may get out of school and just go home and call their friends to hang out with them. If we think about it, if we made a place that teens came to and have computer access and different board games and homework help, it would basically be like a teen lounge. Before teens come parents should have to sign them up for the program in case something happens.

A teen lounge I think would be the best thing for teens to come and hang out, jump on computers, play games, and get all our homework done. The only problem is could people get the space for a teen lounge? And who would be willing to work as a staff? So there are many good things and also a few complications.

If people brought up this good idea about the teen lounge, I'm pretty sure everyone that's a teen would love to have a place they can get a way from home and chill with friends. If people read this article I think that it may work to set up a place for teens.

If you think about it, what do kids do at home? Hinesburg is a very small place with absolutely nothing for teens to just hang out and do fun things. I think this is an issue that people should take into consideration. Like some teens have no friends and a teen lounge would be great for other teens to come and meet other kids. I also think parents would love to have a place they know their child is safe and know there's other kids for their kids to be with. So this is an article people should consider and try to make this work and get a teen lounge for students.

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# A place for HCS Students to express their learning and themselves. A cooperative effort of the Hinesburg Community School and the Hinesburg Record.

## Bullying, It is a Problem

By Cassidy Maglaris and Natasha Irish

Hinesburg Community School and a lot of other schools are having a problem with bullying. Hinesburg's 7th and 8th graders are having the biggest problem. Bullying comes in many different ways, like saying hurtful things about people, cliques, physical aggression (of course), and a lot of other unexpected ways. This has become a bigger problem in the past year and some students and most teachers are doing the best they can to stop this problem.

Groups, cliques, they both mean mostly the same thing, a group of people that stick together. We know that it may not seem like it but cliques *are* a problem. They talk about people in unkind ways and exclude people in more ways than one. Some people in Hinesburg Community School feel like they are being watched everywhere they go; through the halls, in line at recess, or just in a classroom. But lunch is one of the biggest times of the day to see cliques. Some people feel like they cannot sit at a certain table because it is the "popular" table or those just are not people that they should hang out with. This is also a big problem, along with physical aggression.

There are rules in school that are supposed to keep us safe and they do work, most of the time. We are not saying that the students are not safe, but this is a problem. When kids get a green plan, do they really think about what they did or do they just say, "Oh well, I got a green plan?" Kids that get green plans often enough they don't really take it seriously, but some students do think about what they did. Even though there are students that get green plans a lot, there are still students that have never gotten a green plan.

We hope that you think about this article and what bullying really is. It could be tiny things, or they could be big things. But just be aware that bullying comes in many shapes or sizes. All we want you to know is that this is a problem and we are trying to stop it.

## We Need an Armwrestling Team

By Mitchell Pickering

I think that schools should have a school armwrestling team. If schools had armwrestling teams some kids would



*Student Teacher Miss Tina Rigas works with Infinity Team seventh graders students on a writing assignment during class.*

like it and there would be more sports at each school. If there were school armwrestling teams I would be on one. I think that some kids would like to be in a more contact sport. When people get in a sport like armwrestling, they would get to know that there are more sports out there.

When a kid armwrestles he/she feels like they can take their anger out on someone without hurting someone bad. When I armwrestle I let all my anger out on the other person and that's how I win. If the schools had armwrestling teams, kids would not be at home most of the time. Kids would like to try a different sport, like I did. Kids would get to know other people more then they do now.

Armwrestling is a good sport for kids with strong arms. If I was on the school board I would definitely make the school have an armwrestling team. Kids would like to win trophies and their parents would congratulate them for their good work. Kids would be able to armwrestle all year round. And then there could be a trophy case of its own. That's what I think the schools should have.

**If you would like to respond to the students regarding what they have written here, please write to them in care of**

**The Viking Voice Coordinator, Jen Bradford:  
jbradford@hcsvt.org.**

*Note: The following article was co-authored by 7th grader Kameron Clayton and 2nd grader Max Chlumecky*

## A Soldier Tells His Story to Mrs. Barber's 1-2 Class

By Kameron Clayton and Max Chlumecky

On Wednesday, February 8, a veteran, Jason Matthews, came to Mrs. Barber's 1-2 class. Everyone was very excited to meet Jason because the class has had a very special correspondence with him.

Jason served in Kuwait at Camp Virginia. He was a military policeman specializing in base security. The class sent him packages from Hinesburg to Kuwait. The packages contained items like maple syrup, chocolates, cards, magazines, and other things that the class thought might cheer him up. Packages also included things that he needed like shampoo. Jason thought that the packages were great. "I enjoyed them a lot," said Jason. He also sent the class



*Mrs. Barber's class poses with local veteran Jason Matthews.*

PHOTO BY KAMERON CLAYTON

postcards from Kuwait. One time he even sent the class a CD with pictures from Kuwait.

Jason also brought back a few items for the class. He gave the class a flag that was the Kuwaiti national flag. He also gave the class an American flag that flew over Camp Virginia in Kuwait. Finally he gave the class a coin, this coin was given to every person who served in the Middle East. The class gave Jason an HCS sweat-shirt and a cap with all of the names of the class members on it.

Everyone had a good time and the class had fun meeting Jason for the first time.

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# ARTS ENTERTAINMENT

## Arts and Entertainment Happenings

### Hinesburg Artist Series Celebrates 10<sup>th</sup> Anniversary

The 10<sup>th</sup> anniversary concert of the Hinesburg Artist Series will be Sunday March 26, at 4:00 p.m. at St. Jude Church.

The Concert features the 60 voice South County Chorus and Artist Series Orchestra conducted by Rufus Patrick in a performance of the Mozart Requiem.

Soloists for this concert are Amy Frostman, soprano; Amy Patrick, alto; Bill Bickford, tenor; and Gary Moreau, bass.

Tickets are available through the Hinesburg Recreation Department (482-4691). Call now to reserve tickets and join us for our 10<sup>th</sup> year celebration.

For information, please visit our website [Hinesburgartistseries.org](http://Hinesburgartistseries.org) or call 985-2943 or 482-3010.

### Official BIG JOE BURRELL Tribute Website Announced

In the spirit of Remembrance and keeping "Big" Joe's legacy alive, Sandy Combs of Charlotte has designed an official "Big" Joe Burrell Tribute website—[www.bigjoeburrell.org](http://www.bigjoeburrell.org).

"Big" Joe Burrell had a tremendous impact throughout Vermont and the City of Burlington in particular.

"This tribute website is a testimony to the love and humanitarian efforts 'Big' Joe Burrell selflessly gave for more than 30-years to all Vermonters," Combs said.

The tribute website opens to "Big" Joe Burrell's tune "Teardrops Falling" from his final CD, "I'm a lucky so and so." Chuck Eller was instrumental in authorizing the use of the song. Be sure to turn your speakers UP!

The website also contains many links to other online tributes, including a listing of Unknown Blues Band recordings featuring "Big" Joe.

The website is fluid, meaning it will be continually updated as further information is obtained.

## "Let Us Sing a Joyful Song"

By Margery Sharp

Composer Russell Robinson must have had the musicians from South Chittenden County in mind when he penned "Let Us Sing a Joyful Song."

That was the message the Farmers' Night audience heard loud and clear when members of the Hinesburg Artist Series, Inc. brought their music to the Vermont Capitol City of Montpelier on a Wednesday evening earlier this month.

The Series' instrumentalists and singers, under the seasoned baton of founder and conductor Rufus Patrick, filled the well of the Vermont House of Representatives with joyful sound with a program that included a broad choice of musical selections that offered something for everyone. Repeated rounds of applause proved the point.

A trio of towns including Charlotte, Hinesburg and Shelburne make up the bulk of the personnel of the artist series in the South County Chorus, the Hinesburg Community Band and a smaller a cappella group, In Accord.

Unfailingly, Patrick leads the musicians with enthusiasm, vigor and humor. He puts his whole self into conducting each piece and gets every ounce of musicianship possible out of both singers and instrumentalists. (His rehearsals ask hard work of his charges-but he's been known to tell a joke to lighten up the atmosphere when needed!)

Before the evening began, a Resolution written by Hinesburg Representative Bill Lippert, touting the achievements of the Artist Series (now celebrating its tenth anniversary!) to the audience which included several recognizable state senators and representatives. Unfortunately Rep. Lippert did not attend since he was called away on an emergency.

The concert began with In Accord doing Shaw's lively "Rock A My Soul," followed by Simms' "Sh Boom" in which Patrick invited the audience to "come in on the chorus." Vermont's own Jon Gailmor lent his big voice to an arrangement of "In the Still of the Night" to fill the House with sound and amused sentiment in which Gailmor imitated the lead singer of the group which made the song a big hit several decades ago!


The Hinesburg Community Band upped the ante with several recognizable marches from Sousa and Fillmore followed by a solo featuring Trombonist Carrie Cole in an arrangement of "Blue Moon." Patrick added an old favorite—"Just a Closer Walk with Thee"—beginning in slow tempo and gradually increasing it until the band broke into the traditional New Orleans street-style rhythms to bring the audience to its feet, tapping out that unique city's beat.

The South County Chorus, backed by pianist Cynthia Matthews, rounded out the three-part program with a series of songs including a medley of Irving Berlin's hits. Patrick, never forgetting the audience, asked it to join in on the echo of "Always" at the end of each chorus. Again Jon Gailmor joined the singers in a moving arrangement of "You Raise Me Up," by Teena Chin which filled the well of the House. The closing song was an arrangement by Mark Hayes of "Fly Away" and featured Dotty Schnure, Betsy Patrick and Gailmor.

The South County Chorus members faithfully commit to Monday night rehearsals. Their hard work and dedication is apparent. The unique coupling with the Hinesburg Community Band and the new In Accord group has made the entire Hinesburg Artist Series, Inc. concerts a popular attraction for concertgoers. Several of the series concerts have been given at St. Jude's Catholic Church in Hinesburg where there is ample room to seat a large audience. New members—singers and instrumentalists alike—always are welcome.

The next concert in the Artists' Series will present the South County Chorus in a performance of Mozart's "Requiem" on Sunday, March 26 at 4:00 p.m. at St. Jude's in Hinesburg. This is a demanding choral piece and represents a major undertaking by the musicians. Soloists will be Amy Frostman, Amy Patrick, Bill Bickford and Gary Moreau.

Tickets for the concert are available through the Hinesburg Recreation Department at 482-4691.



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## Want to be a Renaissance Man—or Woman?

The Vermont Renaissance Festival will be holding auditions for our 2006 Season on March 4 and 5, from 10:00 a.m. to 4:00 p.m. at the Boys and Girls Club of Brattleboro.

We are looking for actors, singers and minstrels with versatility and enthusiasm to create a strong ensemble. New performers must come with a two-minute or less comic monologue (need not be historical in flavor).

Come prepared to partake in improvisational activities. If you sing or play an instrument, please bring a song to present. For more information, please contact Jodi Clark, Theatrical Director, at (802) 579-5867 or theaterdirector@vermontfestival.com.

Not an actor, but still wish to be a part of the magic? The Vermont Renaissance Festival is also seeking Volunteers, Theatre Crew, Independent Acts, Interns and Staff to help build the magic. Please contact us at (802) 463-2565 or volunteer@vermontfestival.com

## Sports News

### Iroquois Soccer News

The parents and new board members of the Iroquois Soccer club would like to thank all of the volunteers who have made the club successful. Particularly, we wish to thank the following outgoing board members: Tom Whitney (president), Lisa Nostrand (registrar) and Andy Seaton (equipment and uniforms). Your dedication to children and soccer is appreciated!

During our December Annual Meeting the following officers were chosen:

- President: Aimee O'Brien Babbott
- Vice President: Vida Brown
- Treasurer: Val Beaudry
- Secretary: Barbara Hicken
- Equipment Manager: Bryan Curtis
- Registrar: Shelley Henson

We currently have 75 players on six teams. Volunteer coaches have been recruited and will be attending a coaches' training in April. The season begins in late April depending on the field conditions and weather with the Tree Farm tournament being April 29 and 30. Many teams will start practicing indoors at the beginning of April.

If you have any questions about Iroquois Soccer, please contact Shelley Henson, henson@gmavt.net or Aimee Babbott, alovermont@hotmail.com.

### Leddy Arena Offers February Vacation Week Figure Skating Camp

Leddy Park Arena will be holding a skating camp during February school vacation week. All local skaters are invited to join this camp, which will be held Monday through Friday, February 27 through March 5 from 8:00 a.m. to 12:00 noon.

Camp includes instruction in stroking, jumps, and spins. Join us for the fun on the ice at Leddy over your winter break.

The fee for this program is \$100 for Burlington residents for the full five-day camp and \$75 for a three-day camp (M, W, F).

For more information, or to register by phone, please call Leddy Arena at 865-7566.

## Nordic Soccer Now Accepting Applications

Nordic Indoor Soccer Center is accepting applications for their third session of indoor soccer leagues starting Tuesday, March 7 and running through mid-April.

Leagues are available for U10-High school boys and girls teams as well as Men's, Women's Over 35 and Co-ed leagues.

We are also hosting our Junior Academy program for five through 14-year-olds on Saturdays. This is a six-week soccer skills clinic for individual players and is coached by Nordic Coaches.

Application forms for both programs are available at [www.nordicsoccer.org](http://www.nordicsoccer.org), e-mail [jimgoudie@nordicsoccer.org](mailto:jimgoudie@nordicsoccer.org) or call 288 9577.

### "Doe Camp" Offers A Very Different Sort of "Girlfriend Getaway"

Catamount Ranch, in cooperation with Vermont Outdoor Woman and Vermont Outdoor Guide Association, will host the 2006 Winter Doe Camp March 4 and 5 in Monkton, Vermont. Doe Camp is a two-day program that offers women an opportunity to gain confidence through the development of practical outdoor skills.

Doe Camp offers women classes on dog sledding, snowshoeing, animal tracking, wildlife habitat identification and enhancement, snowmobile safety, ice fishing, outdoor photography, firearms training, personal security, survival skills, shelter building and more. The program originally began as a single weekend, but its popularity has grown so rapidly it has expanded to offer Doe Camps three times a year; in late winter, summer and fall.

The cost of the program is \$180. Those interested should contact Catamount Ranch for a list of local lodging and meal options at (802) 453-5888 or e-mail: [grant@catamountranch.com](mailto:grant@catamountranch.com). The summer Doe Camp will take place from June 23 through 25, and the fall Doe Camp will be held September 15 through 17. For more information on Vermont Outdoors Woman or the Doe Camp program you can go online to [www.voga.org](http://www.voga.org) or contact Gray Stevens at (802) 425-6211.

### Green Mountain Club's Fourteenth Annual James P. Taylor Winter Series Underway

For more than ninety years, the Long Trail has inspired Vermonters to seek adventure in the Green Mountains and beyond. The James P. Taylor Winter Series, named after the man who first envisioned the Long Trail, brings such adventures to you through stories and photographs. Join us for inspiring and fascinating presentations that will transport you to mountains and waterways near and far.

In this series we will travel in the frozen landscapes of Greenland, in the air alongside the migration of swans, the mountain communities of Nepal, Baffin Island, across America by bike, through the Guadalupe Mountains, and much more — a great way to spend a late winter evening!

Admission is \$5 members/\$8 nonmembers; kids under 12 are free. Tickets are available at the door only. A portion of the

proceeds will go to support GMC's Education Program.

The Taylor Series is sponsored by GMC's Sections as well as many local businesses and other friends of the Club. A complete list of the 2006 sponsors will be included in the summer LTN and is available on the GMC's website at [www.greenmountainclub.org](http://www.greenmountainclub.org). To find out how you can support the 15th Annual Taylor Series in 2007, please contact (802)244-7037 ext. 17 or [pantosketcham@greenmountainclub.org](mailto:pantosketcham@greenmountainclub.org).

## Annual HCS Pancake Breakfast!

Mark your calendar Saturday, April 1st from 8 – 11 am. Come celebrate sugaring season by enjoying a great breakfast and support HCS at the same time. Students will entertain you with fantastic music; you can participate in the basket raffle and socialize with other Hinesburg community friends! Tickets on sale at the HCS office or at the door. Bring your whole family!



## The Hinesburg Record

**Advertising Deadline**  
March 13 for the April 1, 2006 issue.  
Call 482-2540 for information.

**News/Calendar Deadline**  
March 13 for the April 1, 2006 issue.  
Call 482-2350 for information.

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# NAMES In The NEWS

Compiled by June T. Giroux

## Our Newest Resident

A baby girl, *Veronica Marie Miskavage*, was born January 5, 2006 to Kristin (Zimmermann) and Andrew Miskavage of Hinesburg at the Fletcher Allen Health Center in Burlington.

*The Hinesburg Record is pleased to announce the birth of your baby. When you fill out a "Birth Notice to Media," following the birth, just add our name to the "Other Media" list at the bottom of the form.*

## Red Cross Blood Donations

The Northern Vermont Chapter of the American Red Cross (ARC) welcomes blood donations at the collection center located at 32 North Prospect Street in Burlington. To be eligible to give blood, potential donors must be at least 17 years of age, weigh over 110 pounds, and be in good health. Blood can be safely donated every eight weeks. Most medications are acceptable and there is no longer an upper age limit.

Donors hours are Monday and Friday, 7:30 a.m. to 1:00 p.m.; Tuesdays, Wednesdays, and Thursdays, 10:00 a.m. to 7:00 p.m.; and the second Saturday of every month from 8:30 a.m. to 12:00 noon. Donors may call 658-6400 or log on to [www.newenglandblood.org](http://www.newenglandblood.org) to make appointments or for more information. Walk-ins are also welcome.

Donors from Hinesburg who have received their gallon pins from the American Red Cross Blood Services recently include: *Sally Tappan*, 1 gallon.

## Fall 2005 Johnson State College Dean's List

*Jeffrey A. Campbell* of Hinesburg was recently named to the Fall 2005 Dean's List at Johnson State College in Johnson, Vermont.

## Fallon Named to Dean's List

*Sarah M. Fallon*, a senior at Colby College in Waterville, Maine, was named to the Dean's List for her outstanding academic achievement during the fall semester of the 2005-2006 academic year. Fallon, the daughter of Joseph and Ellen Fallon of Hinesburg, is majoring in East Asian studies. She attended Rice Memorial High School.

To make the dean's list, Colby requires a grade point average of at least 3.2 for upperclassmen.

## Nichols Appears in College Production, Named to Fall Semester Dean's List

*Allison Nichols*, the daughter of Carole McCay of Hinesburg and Claude Nichols of Williston, and a senior at Hamilton College, performed in a principal role in Hamilton's College Choir production of *The Mystery of Edwin Drood* in early February.

She has also been named to the Dean's List at Hamilton for the 2005 fall semester. A student must achieve a grade point average of 90 or above during the term to be placed on the Dean's List.

Allison, a senior majoring in biology at Hamilton, is a graduate of Champlain Valley Union High School.

## Donald & Chicky Palmer Celebrate 40 Years

By Roland Palmer

*Don and Chicky Palmer*, longtime residents of Hinesburg (now living in Richmond), celebrated their 40<sup>th</sup> wedding anniversary with a surprise party at the Sunset Ballroom in South Burlington on Friday, February 3. The party was thrown by their three children—Roland Palmer, David Palmer, and Jose (Palmer) Leavitt, all of Hinesburg—as well as their son-in-law Chris Leavitt and their two grandchildren, Jasmine and Jade Leavitt.

They would like to thank all their family and friends who attended the party, as well as everyone who sent cards and gifts. Also special thanks to Waterfront Catering for the great food and Jim Provost of Moonlight Entertainment for providing the music.

## Hinesburg Students Named to Dean's List at UVM

Undergraduate students with grade-point averages of 3.0 or better and who are in the top 20 percent of their classes, have been named to Deans' Lists at the schools and colleges of the University of Vermont.

Hinesburg residents listed for the spring 2005 semester, their year, their major, and school, are: *Sheena Boutin*, Senior, Social Work, College of Education & Social Services; *Suzzana Guevara*, Freshman, Undeclared, College of Arts & Sciences; *Stuart Heinrich*, Junior, Computer Science, College of Engineering & Math; *Courtney Iverson*, Sophomore, Undeclared, College of Arts & Sciences; *Amber Leenstra*, Sophomore, Biology, College of Arts & Sciences; *Daniel Mills*, Sophomore, Environmental Studies, School of Environment & Natural Resources; *Evan Reiss*, Freshman, Environmental Science, School of Environment & Natural Resources; *Connor Smith*, Sophomore, College of Arts & Sciences; and *Christina Wehry*, Freshman, College of Arts & Sciences.

## Lavalette Named to Dean's List

*Danielle Lavalette*, daughter of Joe and Pam Lavalette, has been named to the Dean's List for the 2005 fall semester at the University of New England in Portland, Maine. She is majoring in Early Elementary Education. Danielle was a 2000 graduate of CVU.



# Health

## Hinesburg Blood Drive a Success

By Joe Cioffi

Thanks to the generous support of many individuals, and especially the Hinesburg business community, the recent blood drive at St. Jude's Church was once again a wonderful success.

Held on January 18, the blood drive turn-out was very good despite the heavy rains and local flooding that occurred throughout the whole day. A total of 66 productive units of blood were collected from 72 individuals who presented to donate. With each unit capable of helping to save up to three lives, we could have touched over 195 lives.

A big thank you goes out to all the donors who took time out of their busy schedules and braved the bad weather conditions to give blood, so that others might have a chance to live. Appreciation is also extended to the parishioners of St. Jude Church for hosting the event and for both donating food and volunteering their assistance throughout the day.

Thank you also to the two HBPA members who volunteered their time and the Good Times Café for donating homemade soup for the occasion. We are also especially grateful to the Hinesburg merchants who generously allowed us to put posters at their locations to advertise this event.

A very special acknowledgement of appreciation to the following businesses who donated gift certificates or items for the raffle drawing which was held at the end of the blood drive: Automotion, Chittenden Bank (Shelburne Branch), Curves for Women, Bruce R. Metz, DMD, Estey Hardware Inc., Everybody's Massage, Green River Chocolates, Hart & Mead, Inc., Hinesburg General Store, Hinesburg Jiffy Mart, Hinesburg Short Store, Joseph D. Fallon, Esquire, Koval's Coffee, Lantman's Best Yet, Merchants Bank, NRG Systems Inc., Papa Nick's, Saputo Cheese USA, Inc., Shelburne Country Store, Showtime Video & Record Center, and Wild Thyme Flower & Gift Shoppe.

Last but not least, many thanks to the Red Cross staff for a great job. Their professionalism and pleasant manner made donating blood a comfortable and rewarding experience for everyone.

Champlain Valley Union High School will be hosting a Blood Drive on March 31 from 9:00 a.m. until 2:00 p.m. Please make an effort to stop in and support their efforts in making their Blood Drive a big success.

## Pre-Pregnancy Planning Promoted During National Birth Defects Prevention Month

Taking a multivitamin everyday and switching to a diet rich in fruits and vegetables are two ways women can make healthy lifestyle choices in advance of thinking about becoming pregnant.

"Good Health Habits for a Lifetime" was the theme of National Birth Defects Prevention Month in January.

"Small steps, like taking a daily vitamin supplement before you become pregnant, can go a long way to prevent certain birth defects and give your baby a healthy start," said Dr. Donald Swartz, the Department of Health's Director of Maternal and Child Health.

The Health Department is encouraging women to know their family history or genetic risks, schedule regular health care check-ups, including a "preconceptional" visit with a health care provider, and closely manage any ongoing or chronic medical conditions before trying to become pregnant.

To learn more, please contact your health care provider or check out the Centers for Disease Control and Prevention (CDC) web site: <http://www.cdc.gov/ncbddd/bd/abc.htm>, and the March of Dimes web site: <http://www.marchofdimes.com/pnhec/173.asp>

## Dieting for Kids

By Dr. Lewis First, MD



Parents have been *weighting* (or is that, *waiting*) to ask me if it's okay for their child to want to go on a diet. Let me see if I can *reduce* some of the concerns and provide some information on this topic.

First, kids need to realize that there is no perfect body shape and that not everyone needs to lose weight to stay healthy. Your child's physician

can help size up your child's shape by calculating a body mass index (BMI), which will determine if your child actually does have a weight problem.

If your child is overweight, then daily exercise, coupled with healthier eating habits—such as foods with less fat and sugar—rather than cutting back on the amount of food eaten, will keep excess weight from being gained, both in the short- and long-term.

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Any weight-control program for a child should involve the rest of the family also participating in similar exercise and eating habits. For example, an easy thing to do is to cut back on TV or computer time by a half hour each day. With that, you also do away with the snacking associated with that activity. Instead, use that time to take a walk around the block or to do some other physical activity.

Any snacks should be healthy—such as fruit, yogurt, or raw vegetables. Get rid of the high-calorie, low-nutrition snacks like chips, soft drinks, and candy. Also, if your child is thirsty, suggest water—not sugary juice or soft drinks. Also, suggest non-fat or low-fat milk, rather than whole milk.

Skipping breakfast is a terrible idea, since it causes metabolism to slow down, which means calories are burnt off slower than normal, resulting in your child holding on to weight, rather than losing it. Skipping breakfast also saps children's energy, leaving them unable to perform well at school. Make breakfast a low-fat cereal, milk, and a piece of fruit. No doughnuts.

Finally, parents, be alert for signs that your teenager may be taking extreme steps to be thinner, such as skipping lots of meals and eating little. This may be the manifestation of an eating disorder, a serious condition that warrants medical attention.

Hopefully, tips like this will allow you to weigh the evidence when it comes to considering whether or not your child needs to be on a diet.

#### Teenage Romance Tips

With Valentine's Day here, I find myself *crushed* by parents who have lots of questions about how to deal with their teenager's ongoing romantic adventures. Let me see if I can get to the heart of the matter and provide some information on this topic.

While most teenage girls will start dating at age 14 or 15, and most teen boys at age 15 or 16, there is no hard and fast rule. Hopefully the decision is based on the maturity of the individual child and is the result of some good family discussion to establish dating guidelines.

That being said, hopefully even before adolescence you have established a good line of communication with your child, giving you the chance to talk to them about their friends and to discuss sex, while withholding all personal judgments. Parents need to be supportive and interested, but they should not be overbearing to the point where they intervene in a child's social life. You can, on the other hand, be clear about your values, since they will be the foundation by which your teens will make future decisions.

Watch television with your teen and comment on the differences between the sexuality portrayed on television and the healthy responsible decisions one needs to make in real life. In doing so, you may help your teens avoid situations in which they may be forced to make a decision regarding sex that they don't really want to make. Make sure that they are aware that the use of drugs and alcohol alters everyone's judgment and makes a teenager very vulnerable.

Offer a guilt-free, no-questions-asked ride home if your teenager is heading for a regrettable situation when out with friends.

Hopefully, tips like this will hit the target better than Cupid's arrow when it comes to knowing what to do when it comes to talking with (or better yet listening to) your teenagers talk about their romances.

*Lewis First, M.D., is chief of Pediatrics at Vermont Children's Hospital at Fletcher Allen Health Care and chair of the Department of Pediatrics at the University of Vermont College of Medicine. You can also catch "First with Kids" weekly on WOKO 98.9FM and on WCAX-TV Channel 3. Visit the First with Kids archives at [www.vermontchildrens.org](http://www.vermontchildrens.org).*

## Public Health Nutritionist On A Mission to Bring Healthy Foods to VT's Schools

### North Country Union High School Among Success Stories

Chantale Nadeau, a public health nutritionist, hopes to change how Vermont school systems feed their students one school system, one school, one meal, one serving at a time.

Changing how students eat is a gradual process that involves culling from cafeterias and vending machines as many unhealthy food choices as possible and replacing them—quietly and persistently—with food that fuels their bodies and minds.

"In order for children to achieve their full academic potential, healthy-eating patterns are essential," Nadeau said. "However, any cultural shift within a school system requires the support of educators, parents and the students themselves. My role as a nutritionist is to provide expertise and advice and put forward best practices. Ultimately, it is the school system as a whole that makes this work."

Vermont Nutrition and Fitness Policy Guidelines were released in December of 2005 by the Agency of Agriculture, Food and Markets, Vermont Department of Education and the Vermont Department of Health, in an effort to directly counter the rising rates of child and adolescent obesity in the state.

Many schools are already working on wellness programs that directly address a decrease in physical activity and poor nutrition by adopting best-practice nutrition and fitness guidelines.

Nadeau, who works for the Newport District Office of the Vermont Department of Health, considers North Country Union High School to be an example of a school that has consistently worked on creative ways to adopt an effective school wellness policy.

Under the provisions of the Child Nutrition and WIC (Women, Infants and Children) Reauthorization Act of 2004, local school districts are required by law to establish and implement school wellness policies by the summer of 2006.

Nadeau serves on several coordinated school health teams. Her role is to serve as an inside advocate of improved nutrition by building consensus within the community and providing technical advice and suggestions within the school system.

Three years ago, North Country Union High School replaced two of the school's six soda machines with milk vending machines. The effort was championed by the community, including area dairy farmers and area medical providers. Water and juice is offered in the remaining vending machines along with carbonated beverages.

"Part of the new policy is a 50-50 mandate where whenever a non-nutritive item is offered, there must be a nutritive item offered at the same amount or level," Nadeau said. "The school system worked out how they were going to implement this policy. It is their success story. It's a tribute to how well coordinated school health teams, school boards, school nurses, school administrators and the community can come together for a common cause."

Refining the wellness policy was a process that took nearly two years.

"To some people it might not seem like much but it is a big push forward," Nadeau said, "but as a public health professional and a nutritionist I see it was a major step forward. It is, above everything else, a commitment to change. A commitment to provide our students with the best possible nutrition for their bodies and their minds."

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# Tubbs Romp to Stomp Out Breast Cancer

## Snowshoe Benefit Raises Awareness and Over \$40,000

Team "In the Pink" stood out in the field of 375 who were at Stratton Mountain Saturday for the fourth annual Tubbs Romp to Stomp Out Breast Cancer Snowshoe Series which raised more than \$40,000.

With bright pink wigs, rhinestone sunglasses, neon parkas and Holly Hammond's fuchsia gorilla hat, the fourteen women from Putney and Newfane included breast cancer survivors, celebrating three, 17 and 20 years, and their friends who teamed up to raise funds for the Vermont-New Hampshire Affiliate of the Susan G. Komen Foundation and awareness for breast cancer education, screening, treatment and research programs.

"Thank you," said Vermont-New Hampshire Affiliate President Rick Lovett, MD.

"You don't know how much you do for the women and men of Vermont and New Hampshire." Since the first Komen Vermont Race for the Cure in 1993, the Affiliate has raised more than \$3 million. The Susan G. Komen Breast Cancer Foundation was established in 1982 by Nancy Brinker to honor the memory of her sister, Susan G. Komen, who died from breast cancer at the age of 36.

Today, the Foundation is an international organization with a network of volunteers working through local Affiliates and Komen Race for the Cure events to eradicate breast cancer as a life threatening disease.

The Tubbs Romp to Stomp Out Breast Cancer is a four-stop series that has raised \$200,000 for the Komen Foundation. "As a company, we believe in snowshoeing because it positively impacts people's health and well being. The Romp to Stomp Out Breast Cancer is a great illustration," said Paul Adams, race director.

Snowshoeing has skyrocketed in popularity over the last decade. A trio of participants in Saturday's romp have been out there for the last 15 years.

"We snowshoe every weekend," said Diana Kahn who was joined by snowshoe pals Linda Obletz and Diana Feneis. "Our favorite time to snowshoe is in the morning. Our husband's are out getting first ski tracks ... we are getting exercise, fresh air and nature."

Adams added, "Our hope is that one day we will do this race just for fun because we will have found a cure for breast cancer."

For more information on the Vermont-New Hampshire Affiliate of the Susan G. Komen Breast Cancer Foundation, check [www.vtnhcure.org](http://www.vtnhcure.org).

## VYO Announces 2007 Tour of China

The Vermont Youth Orchestra is pleased to announce its plans for a concert tour of China in the summer of 2007. Preliminary plans call for a 15-day tour, during which time the orchestra will visit several cities, including Beijing, Shanghai, and Hong Kong. The VYO will present at least four major concerts during the tour, in addition to participating in activities with student musicians from China's youth orchestras.

In selecting the destination for the tour, VYOA Executive Director Caroline Whiddon notes, "China is experiencing a period of profound economic expansion and social development, and the entire world seems to be watching with fascination as it unfolds. It's an appealing country for the VYO to tour because audiences there are warm and enthusiastic, and there are many opportunities for our students to interact with their counterparts in some of China's youth orchestra programs. This is also a destination that allows us to perform in a world-class concert hall on one day, and spend the next day in a tiny village sharing a meal with local farmers."

This is not the Vermont Youth Orchestra's first international tour. The VYO toured Russia in the early 1990's with a smaller group of musicians, and the staff and students involved in that earlier tour still share great memories of the experience.

For more information, please call the VYOA at 655-5030 or visit [www.vyo.org](http://www.vyo.org)

## Vermont's Peregrine Falcons Reach New Record in 2005

Vermont's peregrine falcon breeding population continued its strong recovery with a very productive 2005 nesting season. Thirty-two territorial pairs were observed throughout the state, setting a new record high for this once endangered bird. Twenty-six pairs eventually nested and 23 successfully raised their young.

"We had a record 61 young peregrines survive to fly from their nest," said Doug Blodgett, wildlife biologist for the Vermont Fish and Wildlife Department. "Six nesting sites were particularly productive, fledging four young birds each."

Peregrine falcon numbers plummeted in the 1960's due to the pesticide DDT. The last wild adult observed at a northeastern nesting cliff was at Vermont's Mount Pisgah in 1970. Ninety-three young peregrines were released in Vermont



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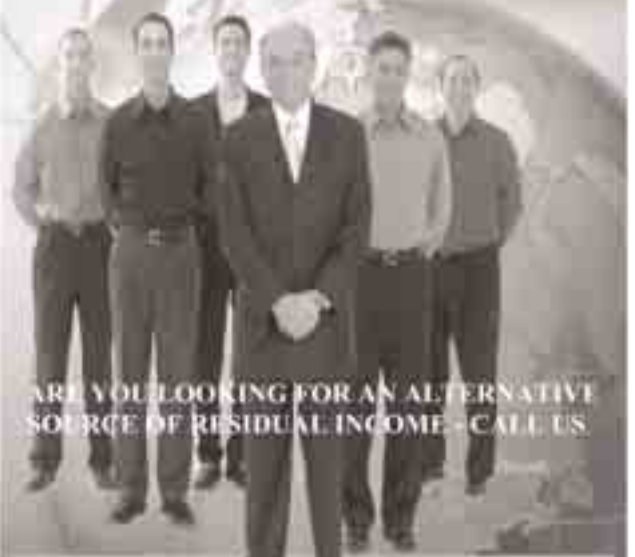
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Support providers are needed to provide supports to individuals with developmental disabilities. We act as a listing agency. After the screening process is complete, providers are listed out to consumers and others on their team that will employ providers. Various opportunities are available that offer a flexible schedule and skill-building challenges. Hours and locations vary. Contact Marisa at 802-658-1914.

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- Senior Cuts \$14.00

Greg - formerly of Big League Haircutters | Sheila - formerly of Gary's Barbershop | Lynn - formerly of All About Style

**Discounts for Military, Fire & Rescue Personnel**

20 Taft Corners Shopping Center, Williston, VT • 802-879-9290  
(Formerly Best Cuts For Less location) Behind 99 Restaurant  
Mon—Thur, 9am - 7pm, Fri 9am - 6pm, Sat 8:30am - 4pm

Bring this Coupon to His Hair & Hers  
**\$5.00 Off Adult Cut ♦ \$3.00 Off Child's Cut**  
With Greg or Sheila  
Expires April 15, 2006

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*Are you concerned about the quality of your child's education?*

**Do you believe...**

- ✓ Young children have an exceptional ability to learn?
- ✓ It is best to begin teaching foreign languages before the age of 6?
- ✓ Children can be competent readers by first grade?
- ✓ Children thrive when intellectually stimulated and challenged?
- ✓ Today's children must learn to be world citizens?
- ✓ A loving and supportive environment is best for learning?

*If you have answered yes to the above questions, you should call!*

**OPEN HOUSE:**  
Sat., March 11th and April 1st 10 am to 12 noon

School is in session from September to the end of July  
**Pre-School to Grade 3 / Open 8:00 a.m. to 5:30 p.m.**  
**Accepting students year round**

*There is no second chance at childhood. The window of opportunity for learning cannot be recaptured later.*

You heard his standup comedy.  
Now read his story.  
Bob DiPasquale presents his book.

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**Your Pants Are Full**  
Bob's list of life lessons suitable for most audiences.  
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during the 1980's to help restore the bird to the state. A territorial falcon pair reoccupied the cliffs of Mount Pisgah in 1984 and returned the next year to nest successfully. Since then, Vermont's breeding population has steadily increased.

The Vermont Fish and Wildlife Department, together with the Vermont Institute of Natural Sciences and the National Wildlife Federation, has closely monitored the peregrine falcon's recovery. In the spring of 2005 the Agency of Natural Resources removed the peregrine falcon from the state's endangered and threatened species list.

"We can take pride in knowing we've successfully restored this once endangered species to Vermont, thanks to the volunteers monitoring the nesting sites, and everyone who generously donates to the department's Nongame Wildlife Fund, which supports this project," said Blodgett.

## New Book Celebrates Life of Harriet Tubman

As Americans celebrate Black History Month throughout the month of February, much attention is focused on the African-American fight for freedom and equality. At the forefront of any discussion of African-American freedom is Harriet Tubman, the most famous conductor of the Underground Railroad. Known as "Black Moses," "Grandma Moses," and "Moses of Her People," Tubman stands tall as one of American history's greatest and most important figures.

Her contributions to rectifying social injustice in America are significant. During the Civil War, Tubman served as both a cook and a nurse, and ended up spying for the North. She helped lead hundreds of slaves to freedom during the Civil War and even led a military raid at Combahee Ferry in Colleton County, South Carolina. This event signified the first time in U.S. history that a military operation was planned and led by a woman. In her later years, she acted as an activist for both African-Americans and women of all races. She also founded a home for the indigent aged in New York and toured as a speaker. Although she is considered by historians to be a "giant" in American history, very few in-depth books have been written about Tubman.

Almost a decade in the making, authors Margaret Ross Seward Peters and E.M. Anderson have put together *Home, Miss Moses: A Novel in the Time of Harriet Tubman* (Higginum Hill Books, 2006). The courageous novel, written about one of the darkest periods in American history, seeks to raise further awareness about the significant accomplishments of Tubman.

## Librarians To Meet With Lawmakers

On Monday, February 27, at 8:00 a.m., librarians and trustees from the towns throughout the Chittenden and Grand Isle Counties will hold a Legislative Breakfast gathering at the Dorothy Alling Memorial Library in Williston. The librarians will update lawmakers on current library services and resources, and future initiatives. They will also spotlight how libraries of all kinds serve the citizens of Vermont by opening doors to many kinds of resources. The librarians and trustees will explore ways to work together with legislators to better inform the public of issues as they arise during the legislative session.

## Brownell Library Institutes Cell Phone Use Areas

The staff has heard from the public that patrons' heavy use of cell phones at the library needs to be curbed. At the January 17 Library Trustees Meeting, the Trustees voted a new set of behavioral expectations.

Cell phones may be used in designated areas only. Ringers are to be turned off while in Library. Cell phones can now be used in specific areas of the library including the front vestibule, the back vestibule and the water fountain area by the elevator on the lower floor.

"We had hoped that we could get away with patrons turning their phones to 'vibrate' and talking in hushed voices. This just isn't working, so we expect our patrons will adjust to turning off their phones and seeking the designated cell phone areas, making the library a little less noisy now. Cell phones are here to stay, but if everyone follows the guidelines it should cut down on the noise a great deal," says, Penny Pillsbury, Library Director.



### United Church of Hinesburg

**Pastor:** Pastor Bill Neil  
**Church Phone:** 482-3352  
**Parsonage:** 482-2284  
**E-mail:** [billandfaithneil@gmavt.net](mailto:billandfaithneil@gmavt.net)  
**Communications:** Pastor Bill Neil can be contacted at 482-2284.

**Website:** [www.TroyConference.org/unitedchurchofhinesburg](http://www.TroyConference.org/unitedchurchofhinesburg)

**Sunday Worship Service:** 10:00 a.m.

**Choir Practice:** 9:15 a.m. Sunday mornings

**Bible Zone Live!** Sunday experience for children following the children's sermon.

**Food Shelf:** Fridays from 9:00 a.m. to 11:45 a.m. (use back entrance).

**WIC Clinic:** First Friday from 8:00 a.m. to 4:00 p.m., Osborne Parish House.

**Senior Meal Site:** Every Friday (except first week of each month) from 11:00 a.m. to 1:00 p.m., Osborne Parish House.

### Community Alliance Church

**Shepherding Pastor:** Scott Mansfield  
**Elders:** Michael Breer, Rolly Delfausse and David Russell

**Communication Coordinator:** Danielle Bluteau  
**Phone:** 482-2132

**Email:** [staff@hinesburgcma.org](mailto:staff@hinesburgcma.org)

**Web:** [www.hinesburgcma.org](http://www.hinesburgcma.org)

**Address:** 190 Pond Road, Hinesburg (overlooking CVU High School)

**Sunday Services:**

9:00 a.m., Gathering Place (classes for all ages);  
September – May

10:15 a.m., Worship (Nursery and Junior Church provided)

**Weekday Ministries:**

Men's Ministry: Mondays, 7:00 p.m.

Women's Group: Tuesdays, 12:30 p.m.

**Cell Groups:** Meet at various times and locations throughout the week.

For locations and more information on any of the ministries, please call the church.

### Lighthouse Baptist Church

**Pastor:** Reverend Ed Hart  
**Church Phone:** 482-2588  
**Home Phone:** 482-2588  
**E-mail:** [lighthousevt@netscape.net](mailto:lighthousevt@netscape.net)  
**Web Site:** [www.LBCvt.homestead.com](http://www.LBCvt.homestead.com)  
**Location:** Hinesburg Village Center, 90 Mechanicsville Road

**Address:** P. O. Box 288

**Regular Services:**

**Sunday Morning Worship:** 10:30 a.m.

Nursery provided

Kids Corner (puppets and songs)

**Sunday Evening Service:** 6:00 p.m.

**Wednesday:** 7:00 p.m. Bible Study and Prayer Meeting;  
Nursery provided.







## Saint Jude the Apostle Catholic Church

**Pastor:** Reverend David Cray, SSE

**Residence:** 425-2253, email [dcse@aol.com](mailto:dcse@aol.com)

**Mailing Address:** 2894 Spear Street/P. O. Box 158, Charlotte, VT 05445

**Hinesburg Rectory:** 482-2290, web page: [www.vermontparishes.org/StJude](http://www.vermontparishes.org/StJude) P. O. Box 69, Hinesburg 05461, 10759 Route 116

**Parish Pastoral Assistant:** Gary Payea, 482- 7254/cell 373-8037

**Parish Secretary:** Marie Cookson, 434-4782, Rectory, 482-2290, [mariecookson@yahoo.com](mailto:mariecookson@yahoo.com)

**Parish Bookkeeper:** Kathy Malzac, 453-5393

**Parish Council Chair:** Donna Shepardson: 482-5015

**Finance Council Chair:** Joe Cioffi: 482-2251

**Coordinator for Religious Education:** Marie Cookson, 434-4782

**Religious Education Classes:** Mondays: 6:30 – 7:30 p.m. for grades K-8;

**Confirmation Class: 1<sup>st</sup> year:** Sunday, 10:30 a.m. - noon, in the Rectory(See Bulletin)

**Confirmation Class: 2<sup>nd</sup> year:** Sunday, rotates with 1<sup>st</sup> year class, same time (See Bulletin)

### Weekend Masses:

**Saturday,** 4:30 p.m.; **Sunday:** 9:30 a.m., St. Jude Church, Hinesburg

**Sunday:** 8:00 a.m. and 11:00 a.m., Our Lady of Mt. Carmel Church, Charlotte

### Weekday Masses:

**Monday, Wednesday, Friday,** 8:00 a.m., St. Jude Church

**Tuesday, Thursday:** 5:15 p.m. Our Lady of Mt. Carmel Church

**Sacrament of Baptism:** Call the Pastor for appointment

**Sacrament of Reconciliation:** Saturdays at 4:00 p.m. at St. Jude Church

**Sacrament of Marriage:** Contact the Pastor at least six months in advance

**Communion at Home:** Call Parish Office, 482-2290

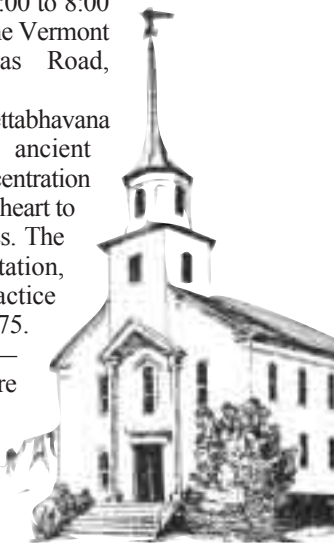
**AA Meetings:** Every Wednesday at 7:30 p.m. at Our Lady of Mt. Carmel Church

**Food Shelf:** Parishioners are asked to be generous in bringing canned and dried food for the needy.

## Course on Lovingkindness

A six-week COURSE ON LOVINGKINDNESS will meet on Wednesdays from 7:00 to 8:00 p.m., beginning March 1 at the Vermont Zen Center, 480 Thomas Road, Shelburne.

The course teaches mettabhavana or lovingkindness, an ancient technique that develops concentration and tranquility and opens the heart to self-acceptance and happiness. The course includes meditation, instructional materials, practice periods, and discussion. \$75. Limited enrollment—reservations required. For more information and registration, please call 985-9746 or visit [www.vermontzen.org](http://www.vermontzen.org).



## CLASSIFIEDS

**CALL COREY DICKERSON AT 264-6038 FOR 1 FREE MOWING AND OR SNOW REMOVAL.** Equipment list: 1132 Toro snow blower, Hustler 48" WB Mower, Troy 33" WB Mower. No Job to tough. (\$40 MINIMUM each time) Hinesburg, VT.

**DID YOU LOSE YOUR CASE BEFORE JUDGE VANBENTHUYSEN OR JUDGE CASHMAN?** Call Vermont Law Victims Association. Phone 802-849-2108 in confidence

**KIM'S HOUSECLEANING:** Bi-weekly openings available, 482-2427 evenings.

**WANTED** Hinesburg voter to replace Representative Bill Lippert in 2007. Republican preferred, Democrat acceptable. Pays \$589/week for 4 months plus expenses. Phone Peter Moss at 802-849-2108 in confidence.

**WINOOSKI:** Beautiful 1 Bedroom Apartment Located in Quiet Area, No Smoking/No pets, Off street parking; Close to St. Michaelis & U.V.M. Perfect space for quiet Professional, \$700.plus utilities. Call Gary at 802:734-7445/655-2490

**NUTS 'N BOLTS COMPUTER PERFORMANCE ISSUES, TROUBLESHOOTING, REPAIRS, INSTALLATIONS & NETWORKING.** On-Site service and reasonable rates. Phone inquiries welcome. Contact Bob at 985-3399, or E-mail to [NutsnBoltsComputer@verizon.net](mailto:NutsnBoltsComputer@verizon.net)

**WANTED WAR RELICS:** All periods. Guns, swords, daggers, helmets, headgear, all types military items. Top prices paid. Richie 802-482-7265.

## The Hinesburg Record

**Advertising Deadline**  
**March 13 for the April 1, 2006 issue.**  
**Call 482-2540 for information.**

**News/Calendar Deadline**  
**March 13 for the April 1, 2006 issue.**  
**Call 482-2350 for information.**

**Copies of the 2006 Deadlines can be picked up at 327 Charlotte Road**

**Material not received by deadline will be considered for the next issue.**

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802-482-2118 (phone & fax)  
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Therapeutic Massage, Myofascial Release  
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(Hands-on therapy for horse and rider)  
**482-3002**

Back Pain	TMJ	Sports Injuries
Carpal Tunnel	Range of Motion	Depression
Chronic Pain	Fibromyalgia	Headaches

**Suzanne Monzel**  
Healing Touch, Energy Medicine  
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HINESBURG HEALING ARTS  
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Gift Certificates

**Animal Hospital of Hinesburg**  
Expanded services including acupuncture, animal rehab, endoscopy, ultrasound and boarding.  
Visit us at our new facility on Commerce Street

Dr. Marv Greenberg, Dr. Rich Armstrong, Dr. Ellen Foster, Dr. Jennifer Elliott **482-2955**



**SATURDAY, FEBRUARY 25:**

February 25 edition of The Hinesburg Record published

**MONDAY, FEBRUARY 27:**

CVU Board Meeting, 7:00 p.m., Room 106, CVU.

**TUESDAY, FEBRUARY 28:**

HCS School Board meeting, 6:00 p.m.-9:00 p.m., HCS Wainer Conference Room.

Lion's Club meeting, 6:30 p.m., Papa Nick's Restaurant.

Call 482-3862 or 482-3502 for information.:

**WEDNESDAY, MARCH 1:**

Ash Wednesday.

Planning Commission meeting, 7:30 p.m., Town Hall.

**THURSDAY, MARCH 2:**

Friends of CVU meeting, 7:00 p.m., Student Center, All welcome.

Hinesburg Fire Department Medical Training, 7:30 p.m., Fire Station.

**MONDAY, MARCH 6:**

Hinesburg Annual Town Meeting, 7:30 p.m., CVU Auditorium.

Call for alternate meeting dates of the Selectboard and the Conservation Commission

Vermont Astronomical Society meeting, 7:30 p.m., UVM Waterman Building, Room 413.

Lake Iroquois Recreation District meeting, 4:30 p.m., Williston Town Hall. Public invited.

**TUESDAY, MARCH 7:**

Annual voting for Town Officers by Australian Ballot, polls open 7:00 a.m. to 7:00 p.m., Hinesburg Town Hall.

Development Review Board, 7:30 p. m., Town Hall.

**WEDNESDAY, MARCH 8:**

Land Trust meeting, 7:30 p.m., third floor Town Hall.

Hinesburg Trail Committee meeting, 7:00 p.m. Lower level or second floor of Town Hall (listen for the chatter). Meetings are open to all.

Iroquois Sno Beavers meeting, 7:00 p.m., Fire Sttion.

Thursday, March 9:

Hinesburg Fire Department Heavy Rescue training, 7:30 p.m., Fire Station

Hinesburg Dines Out, a benefit for the Hinesburg Nursery School. Dragon House, Good Times Café, Koval's Coffee, Papa Nick's Restaurant, and Trillium Café will donate a portion of the day's profits to the school. All day.

**MONDAY, MARCH 13:**

Advertisintg and News Deadline for April 1 issue of The Hinesburg Record.

CVU Board meeting, 7:00 p.m., Room 106 , CVU.

**TUESDAY, MARCH 14:**

Purim

HCS School Board meeting, 6:00 p.m.-9:00 p.m., HCS Wainer Conference Room.

Lion's Club meeting, 6:30 p.m., Papa Nick's Restaurant. Call 482-3862 or 482-3502 for information.

Recreation Committee meeting, 7:00 p.m., Town Hall.

Village Steering Committee meeting, 7:00 p.m., third floor meeting room, Town Hall. Contact: George Dameron, chair. 482-3269 or gdameron@smcvt.edu.

**WEDNESDAY, MARCH 15:**

Planning Commission, 7:30 p.m., Town Hall.

Thursday, March 16:

Hinesburg Fire Department Business meeting 7:30 p.m., Fire Station.

Hinesburg Historical Society 2:00-4.00 p.m. Mildred Aube=s home on Pond Road. Call 482-2699 for information.

**FRIAY, MARCH 17:**

St. Patrick's Day.

**MONDAY, MARCH 20:**

First Day of Spring.

Selectboard meeting, 7:00 p.m., Town Hall.

Conservation Commission meeting, 7:00 p.m., Town Hall.

**TUESDAY, MARCH 21:**

Development Review Board, 7:30 p.m., Town Hall.

Hinesburg Business and Professional Association meeting, 6:30 p.m., Papa Nick's Restaurant. Contact HBPA President Tom Matthews at 496-8537 for information or to make reservations

**WEDNESDAY, MARCH 22:**

Carpenter Carse Library Trustees meeting, 7:00 p.m., CCL Library.

**THURSDAY, MARCH 23:**

Hinesburg Fire Department Fire Training, 7:30 p.m., Fire Station.



**Key To Abbreviations Used in Calendar**

**CCL** = Carpenter Carse Library

**CSSU** = Chittenden South Supervisory Union

**CVU** = Champlain Valley Union High School

**HCRC** = Hinesburg Community Resource Center

**HCS** = Hinesburg Community School

**HFD** = Hinesburg Fire Department

**SUNDAY, MARCH 26:**

Tenth anniversary concert of the Hinesburg Artist Series, 4:00 p.m., St. Jude Church. Features 60 voice South County Chorus and Artist Series Orchestra conducted by Rufus Patrick, performing Mozart Requiem. For tickets, call 482-4691. For information, Hinesburgartistseries.org or call 985-2943 or 482-3010.

**MONDAY, MARCH 27:**

CVU Board Meeting, 7:00 p.m., Room 106, CVU.

**TUESDAY, MARCH 28:**

HCS School Board meeting, 6:00 p.m.-9:00 p.m., HCS Wainer Conference Room.

Lion's Club meeting, 6:30 p.m., Papa Nick's Restaurant.

Call 482-3862 or 482-3502 for information.:

**SATURDAY, APRIL 1:**

April 1 issue of The Hinesburg Record published.

**SUNDAY, APRIL 2:**

Daylight Savings Time begins. Spring clocks ahead.

**MONDAY, APRIL 3**

Selectboard meeting, 7:00 p.m., Town Hall.

Conservation Commission meeting, 7:00 p.m., Town Hall.

Vermont Astronomical Society meeting, 7:30 p.m., UVM

Waterman Building, Room 413.

Lake Iroquois Recreation District meeting, 4:30 p.m., Williston Town Hall. Public invited.

**TUESDAY, APRIL 4**

Development Review Board, 7:30 p. m., Town Hall.

**WEDNESDAY, APRIL 5**

Planning Commission, 7:30 p.m., Town Hall.

**THURSDAY, APRIL 6**

Hinesburg Fire Department Medical Training, 7:30 p.m., Fire Station.

Friends of CVU meeting, 7:00 a.m., CVU Student Center, All welcome.

**SUNDAY, APRIL 9:**

Palm Sunday.

**MONDAY, APRIL 10:**

Advertisintg and News Deadline for April 29 issue of The Hinesburg Record.

CVU Board Meeting, 7:00 p.m., Room 106, CVU.

**SATURDAY, APRIL 29:**

April 29 issue of The Hinesburg Record Published.

**REGULARLY SCHEDULED CALENDAR ITEMS**

Playgroup at Town Hall. Weekly group for parents and children birth to age five, Wednesdays, 10:00 until 11:30 a.m. Playtime for young children and a place for parents to connect. All are welcome. Free. Sponsored by Hinesburg Friends of Families. For more information contact Brandy at 482-6401.

Village Steering Committee. The Village Steering Committee, created with the passage of the new Town Plan adopted last June, is now meeting on the second Monday of every month in Town Hall (instead of the second Tuesday). Following the charge and goals set forth in the Town Plan, the VSC is focusing on the development of a master plan for the village. In particular, it is examining ways to enhance walk-ability and connectivity within the village. It will pass on its ideas and recommendations to the principal town commissions, boards, and officials. All residents of Hinesburg are welcome at the meetings. For information, contact George Dameron, Chair (482-3269).

Town Clerk Office Hours: Mondays, Tuesday, Thursday, and Friday from 8:00 a.m. to 4:00 p.m.; Wednesday from 11:00 a.m. until 7:00 p.m. Town Hall, 482-2281. E-mail: hinesburgclerk@gmavt.net. Missy Ross, Clerk/Treasurer.

Town Administrator Office Hours: Monday-Friday, 8:00 a.m. to 4:00 p.m., other hours by appointment; Town Hall, 482-2096. E-mail: hinesburgtown@gmavt.net. Jeanne Kundell Wilson, Administrator.

Town Planner Office Hours: Monday-Friday, 9:00 a.m. to 4:00 p.m. Town Hall, 482-3619. E-mail: hinesburgplanning@gmavt.net. Alex Weinlagen Planner.

Zoning Administrator Office Hours: Monday-Friday, 8:30 a.m. to 4:30 p.m. Evenings as needed. Town Hall, 482-3619, E-mail, hinesburgzoning@gmavt.net. Peter Erb, Administrator.

Lister's Office Hours: Mondays through Fridays, 8:30 a.m. to 1;30 p.m. Town Hall, 482-3619.

Hinesburg Recreation Director's Office Hours: Tuesday, Thursday, and Friday: 8:00 a.m. to 2:30 p.m. Leave a message anytime. Jennifer McCuin, Director. 482-4691., Town Hall, P. 0. Box 13.

Hinesburg Trail Committee: Meetings on the second Wednesday of each month at 7:00 p.m. in the Town Hall. Frank Twarog, Chair.

Hinesburg Business and Professional Association: For information about the Hinesburg Business and Professional Association and Hinesburg businesses, check out the HBPA website at www.hinesburgbusiness.com. HBPA meets the third Tuesday of each month at 6:30 p.m. at Papa Nick=s Restaurant. Contact HBPA President Tom Mathews (tmathews@gmavt.net at 802-496-8537 for information or to make a reservation.

Recycling & Trash Drop-Off Centers: Hinesburg: Beecher Hill Road at the Town Garage; Saturdays, 8:00 a.m. to 3:30 p.m.; 482-4840. Williston: At the end of Redmond Road; Mondays, Wednesdays, Fridays and Saturdays, 8:00 a.m. to 3:30 p.m. and Saturdays, 8:00 a.m. to 3:30 p.m.; 872-8111. South Burlington: Landfill Road (off Patchen Road), Mondays, Tuesdays, Thursdays, and Saturdays, 8:00 a.m. to 3:30 p.m., Fridays, 9:30 a.m. to 5:00 p.m., 872-8111. CSWD website: www.cswd.net.

Environmental Depot: 1011 Airport Parkway, South Burlington. Open Wednesdays, Thursdays, and Fridays, 8:00 a.m. to 2:00 p.m.; Saturdays, 8:00 a.m. to 3:30 p.m. 863-0480.

Hinesburg Community Resource Center, Inc. Office Hours: Friday, 9:00 a.m. to 12:00 noon. You may leave a message for Roberta Soll at 482-2878. Ginny Roberts, 482-5625, is the contact for Friends of Families.

Hinesburg Food Shelf: Open Friday mornings, 9:00 a.m. to 12:00 noon.

United States Post Office Hours: Window: Mondays through Fridays, 8:00 a.m. to 1:00 p.m. and 2:00 p.m. to 4:30 p.m., Saturdays 8:00 a.m. to 12:00 noon. Lobby & TriVendor: Mondays through Fridays, 6:00 a.m. to 5:00 p.m., Saturdays, 6:00 a.m. to 12:00 noon. Mail is dispatched from Hinesburg at 6:00 a.m., 2:30 p.m., and 5:00 p.m., Mondays through Fridays, Saturdays 6:00 a.m. and 12:00 noon.

Seniors Dinner: Fridays, 12:00 noon, Osborne Parish House, United Church. For reservations or transportation, call 482-2998 or leave a message at CVAA office, 865-0360.

The Compassionate Friends: The Compassionate Friends is a support group for family members who have experienced the death of a child, sibling, or grandchild, from any cause, at any age. Meetings are held at Christ Church Presbyterian on the Redstone Campus of UVM on the third Tuesday of every month. Call 482-5319 for information.

Web Pages:

HCS: www.hcsvt.org. Learn about Viking newsletter, cafeteria menu, email addresses for staff, department and team web pages, calendar information etc.

CVU: www.cvuhs.org. Learn about CVU activities and programs, sports schedule, renovation project, and more.

CCL: www.carpentercarse.org. Learn about library hours, services, and online resources.

Hinesburg Town: www.hinesburg.org. Official Town of Hinesburg web site.

Hinesburg Record: www.hinesburg-record.org. Contains contact information for advertising and news, publication deadlines, submissions guidelines, town and church calendar.