Example 1 The HINESBURG 1 The COLOR COLOR

August 28, 2014

Take a Hike!

BY JANE SHELDON, TRAILS COMMITTEE MEMBER

The Hinesburg Trails Committee (TC) works in many ways to enable and encourage residents to take advantage of the town's many trails. For example, we spend time and energy to keep the pathways clear of debris from blowdowns and from encroaching vegetation, to reroute trails around problem (e.g. eroded) areas and to install and maintain information kiosks at trailheads. We also take many opportunities to publicize the Hinesburg Area Recreation Trails (HART) system.

Trail Maintenance

TC members work on keeping the trails in good shape throughout the year, but each year the first Saturday in June is National Trails Day, so we invite community members to join us in several maintenance projects across the four HART areas. This year it fell on Saturday, June 7 and we had the largest turnout yet, thanks in part to the sunny but cool weather that day. Over 20 people met in the parking lot of Town Hall or at the Gilman Rd entrance to the LaPlatte Headwaters to get assignments before heading out.

With that many volunteers we were able to organize three teams with loppers and saws to cut back spring growth in the Russell Trails, Geprags Park and in the LaPlatte Headwaters area. The Russell Trails team also worked to reroute one section around an eroded part of the trail.

After the work was completed we reconvened at the Town Hall for a debriefing and a pizza party. We all agreed it was a successful day and look forward to next year's event.



Sue Rusten, George Dameron, Ray Mainer, Lenore Budd, Ralph Budd, Shelby King and Jane Sheldon marched in this year's Fourth of July parade to encourage our residents to get out onto our trails and "Take a Hike!"

Publicity

All our maintenance efforts wouldn't do much for the community if we didn't also encourage residents to use the HART system. One way we remind folks to get out and into the woods is by marching in the July Fourth parade. This year five TC members, plus two "friends-of-TC," joined the floats, tractors and fire trucks, carrying our "Take"

Jon Trefry, Lenore Budd, Sharonlee Trefry, Alison Lesure and Ralph Budd head out to clear the growth from the paths in Geprags Park.

a Hike" and "HART" banners. Thanks to all of you on the sidelines calling out encouraging words!

Special note: We are delighted to find that the trail maps we stock in the Lucite holders on the kiosks are being used. Please call either Stewart Pierson (482-5877) or email Lenore Budd at buddfamily@gmavt.net if you find an empty holder so we can refill it as soon as possible. Thanks for your help.



The work crews gathered after their projects were completed for debriefing and pizza.

HINESBURG F:A:L:L FESTIVAL

Save the Date for Fall Festival: Saturday, September 27

BY JEAN MASSEAU

Mark your calendars! September is approaching and that means Hinesburg's ninth annual Fall Festival is just around the corner. The day is packed with ac-

tivities that celebrate the fall harvest and bring people together, whether for delicious food, the outdoor farmer's market, children's games, art, music, historical displays, or all of the above! The Stone Soup Supper, sponsored by



Fall Festival outdoor market

the Hinesburg Land Trust, will feature soups and salads from local farmers and home gardeners, with proceeds going to the Hinesburg Food Shelf.

A full schedule of events is being planned and organizers welcome your participation. The camaraderie and connections gained during the planning stages are enjoyed by all of the volunteers involved. Anyone interested in volunteering in some way are encouraged to contact the following people. For the outdoor farmers market, call Freeda Powers at Town Hall. Music and entertainment: Chuck Reiss: 482-3295. Art exhibit: Fiona Cooper Fenwick: 482-4067 or Jean Carlson Masseau: 482-2407, Stone Soup Supper: Andrea Morgante: 482-5120. Watch for announcements regarding tickets for the dinner and event schedule details on Front Porch Forum and local newspapers.

Hinesburg's independent, non-profit community newspaper

INSIDE...

A Remarkable Athlete

Page 17: The 2014 Grand Marshal for Hinesburg's 4th of July Parade was Autumn Eastman, named the Female Athlete of the Year, by the Burlington Free Press.



Hinesburg Resident Wins National Crown

Page 19: Jenny Boquet was just crowned Ms Royal America 2014/2015 at the national competition in Portland, Maine.

Kids Adventure Games

Page 15: A one-of-a-kind outdoor adventure experience created to emphasize teamwork, problem solving, and fun!



Fire Department Trivia

Page 7: Think you know your stuff? Here are some more questions about the Hinesburg Fire Department.



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The Hinesburg Record

Ads: contact Lisa Beliveau at 482-2540 or ads@hinesburgrecord.org. Email editorial submissions to: news@hinesburgrecord.org, or contact June Giroux at 482-2350.

Advertising and News Deadline for our next Issue: September 6, 2014

We prefer electronic submissions if possible. Please send your article as an attached file (Word document preferred; .jpg files for images) to: news@hinesburgrecord.org.

You may also use the drop box at the Giroux home at 327 Charlotte Road to drop off hard copy articles and photographs.

Material not received by deadline will be considered for the following issue.

Deadlines for 2014 and 2015

Advertisement/News **Publication Date** September 6, by noon......September 25 October 4, by noonOctober 23 November 8, by noon...... December 4 January 3, 2015, by noon ..January 22, 2015

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Town News

BY SYLVIA GEIGER

Fresh, organic locally grown produce, artisan meats and cheeses-Vermont is known for its vibrant local foods vibe. Yet for many Vermonters, such foods are out of reach. They are simply too expensive. To address this unmet need, the Hinesburg Food Shelf has started the Fresh Food Fund in collaboration with Full Moon Farm. Through the purchase of four CSA shares from the farm, and their generous additional donations, the Hinesburg Food Shelf has been offering free fresh produce to its patrons every Tuesday and Friday since early June. The program is a huge success. Patrons are excited to be offered fresh veggies and every week all the produce is distributed—no waste and

Currently the program is slated to run through November but the Hinesburg Food Shelf would like to make these foods available on an ongoing basis all year long. But to do so we need your help and contributions. The minimal annual costs for offering local fresh produce at the food shelf is approximately \$5,000. You can help raise money for the Fresh Food Fund in the following ways.

- Donate your bottle return receipts to the Fresh Food Fund at Lantman's.
- Send a check to the Hinesburg Food Shelf (earmarked Fresh Food Fund) PO Box 444, Hinesburg VT 05461

Did You Know?

• The Hinesburg Food Shelf serves 280 families living in Hinesburg and surrounding towns.

- Fresh Food Fund 12,290 Vermont children depend on food shelves every month.
 - 1 in 5 Vermont children experience hunger or food hardship daily.
 - 32% of Vermonters cannot afford either enough food or nutritious food.

For more information and statistics about hunger and food insecurity in Vermont visit www.hungerfreevt.org.

Hinesburg **Launches Youth Ultimate Frisbee**

BY KATE DODGE

The Hinesburg Recreation Department will offer Ultimate Frisbee to fifth through eighth graders for the first time this fall. Hinesburg is proud to be among the first towns in Vermont to be formally offering Ultimate at the middle school level.

This fast-paced field sport was developed in 1968 by a group of New Jersey high school students. Although it resembles many traditional sports in its athletic requirements, it is unlike most sports due to its focus on self-officiating, even at the highest levels of competition. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors. This concept, called "Spirit of the Game," is integrated into the basic philosophy of the sport, written into the rules, and practiced at all levels of the game from local leagues to the World Games.





Combining the non-stop movement and athletic endurance of soccer with the aerial passing skills of football, a game of Ultimate is played by two teams with a disc on a field with end zones, similar to football.

"Ultimate is one of the fast-growing sports in the US, there are now more than 5 million Ultimate players; more than ice hockey, lacrosse, and rugby combined," said Theodore Blair Fetter of Vermont Youth Ultimate League

In Vermont, Ultimate is going strong at the high school level, and with the help of VYUL there are about 25 teams from over 20 schools represent-

Letters

Letter Policy

The Hinesburg Record welcomes letters from local residents and from others who are involved in issues that affect our town. The opinions expressed in the Letters to the Editor are those of the

All letters must be signed. Addresses and phone numbers must also be provided for verification purposes. Addresses and phone numbers will not be published.

Letters should be brief. We do not have precise guidelines for length but reserve the right to edit based on available space. To the extent possible, letters should focus on local issues. Other forums exist for discussions of statewide, national and international issues.

With these cautions, please keep these letters rolling in. Send them via email to therecord@gmavt.net, mail them to The

Hinesburg Record, P.O. Box 304 or to 327 Charlotte Road, Hinesburg, VT 05461, or $deliver\ them\ to\ the\ Record\ drop\ box\ on$ Charlotte Road.

Support and Friendship **Appreciated**

As I retire, I want to thank the many citizens and businesses of Hinesburg for their support during the formative years of the Hinesburg Community Police. A special thanks goes to the dedicated members of the department who embraced Community Policing. It was their sacrifices that made it work when we rose from a department with next to nothing, to a well-equipped one that had built strong community support and developed the cooperation and support of many other agencies.

It was never advertised, but the members of the department often reached into their own pockets to buy whatever was needed to get the job done, from sirens for the cars to automobile polish. They worked countless hours of unpaid overtime and often came in on their own time to complete cases, hang July Fourth bunting on the station, repair frozen pipes, nail down roofing on the station that had started to blow away, polish the cars for the July Fourth festivities or put Christmas decorations in the windows. They arranged their personal lives to make sure all shifts were covered.

It was the officers who demonstrated that a friendly, empathetic demeanor was much more effective than a tough officious one. Their fair, professional and polite treatment of everyone was a tribute to Robert Peel, the father of Community Policing.

You in turn responded enthusiastically and gave us your support. We thank you.

Chris Morrell

Continued Thanks For Supporting Bissonette Fields

I brought back another 4,705 deposit bottles and cans last week to raise 235.25 more dollars for the future Rec fields on Shelburne Falls road. A big THANK YOU to all of you who drop off your empties at the red Bissonette's Barn, just south of the village on Route

As always, thanks to the Bissonette family for letting us use your facilities as a drop off site. KEEP THEM COM-ING!!

Tom Giroux



ing every region of Vermont.

Middle school level Ultimate is also growing fast. In addition to Hinesburg, Endeavor Middle School in Shelburne will offer Ultimate as an after school program, and a club team is forming at Williston Central School. Currently there is middle school pick up in Shelburne and Burlington, and even the North Branch School in Ripton has a team. This February, the Vermont Principals' Association voted unanimously to approve Ultimate as an exhibition varsity sport – putting Ultimate on track to become a fully-fledged varsity sport beginning in 2017 (Vermont will be the first state to do so).

To sign up for the Hinesburg program go to www.hinesburg.org and click on Recreation to find the fall flyer, or e-mail hinesburgrec@gmavt.net.

For more information on Youth Ultimate in Vermont go to vyul.ultimatecentral. com,facebook.com/VtYouthUltimate or e-mail the Vermont Youth Ultimate League at: vyul.board@gmail.com.

Medical Equipment Lending Program

BY KARLA MUNSON

Just a reminder that the Hinesburg Community Resource Center (HCRC) has been running a Medical Equipment Lending Program. The items available for short-term or long-term lending are:

Crutches, Canes, Toilet seats, Handicap Commode, Walkers with wheels and Walkers with seats and baskets, Step Stool, Tub bench, Handicap Stool, Bag of Fleece, and Wheel Chairs.

If you need any of these items, please let Karla Munson know at 482-2778 or karlmunson@hinesburgrides.org.

Unfortunately, at this time we are unable to accept any more donations of equipment due to space limitations. Thank you for your support of this program.

On another matter, if anyone is interested in becoming a volunteer driver for Hinesburg Rides, please let Karla Munson know at 482-2778 or karlmunson@hinesburgrides.org. This is a great and rewarding experience. Thanks.

Town of Hinesburg Welcomes Trevor Lashua, Town Administrator

BY JEAN ISHAM, HBPA

Friday, August 1, marked Trevor Lashua's first day as Hinesburg's Town Administrator. Trevor brings not only his obvious enthusiasm for the position but an impressive background leading up to his appointment. A native of Springfield, Vermont, and from a machine tool family, Trevor graduated from Castleton State College with a communications degree and the University of Vermont (UVM) with a Masters in Public Administration.

Following graduation from UVM he participated in the Town of Barre's Management Internship program. This program was first designed as a one year program and then expanded to a two year program. A total of seven interns participated in the program before the Town of Barre hired a full time assistant. Trevor noted that this was the only program of its kind in Vermont and offered a great opportunity for hands on experience.

Trevor spent approximately the next four years as a Senior Associate for Advocacy and Information at the Vermont League of Cities and Towns. He was part of the team that lobbied the Legislature on behalf of local governments. His focus was on transportation. This position provided Trevor with the opportunity to get out and meet with local officials throughout the State of Vermont or, as he described it, the global part of his education.

Prior to his appointment in Hinesburg, he served for approximately four years as an Assistant to the Town Manager in the Town of Essex. Trevor said that he was thinking about professional challenges and opportunities when the Hinesburg position became available. He was also attracted to Hinesburg by its strong history of community engagement and volunteerism.

Trevor noted that in the coming years with the development that is either proposed or already slated to happen comes the challenges of all the things that people love about Hinesburg while also focusing on sustainability and all of its aspects. There is a financial component, a quality of life component, and an environmental basis. The challenge being how do we keep a great place a great place? Trevor said that Hinesburg's history of community involvement will be a key piece moving forward.

Trevor said, "It was nice to finally begin work. I am excited to be here. The Town has a great staff and they have made me feel welcome." He is impressed with the volunteers he has met and looks forward to meeting others. Trevor stated that "people make the place and so far all I have met are great people."



Trevor Lashua

Trevor resides in Williston with his wife, Kelly, and two sons, Jack who is 2 ½ and Henry who was born July 18.

Trevor may be contacted by email at tlashua@hinesburg.org, by telephone at 482-2281 ext. 221 or by stopping by his office.



Town Forest News

BY PAT MAINER, MEMBER OF THE TOWN FOREST COMMITTEE

Lots of trail improvement work has been happening in the "old" Town Forest on Hayden Hill this year. Those who use the trails for walking, running or riding will most likely be delighted by the work that has been accomplished in three major trail improvement projects and will find many new trail signs to help pedestrians and cyclists find their way.

The Economou Road Extension/Eagle's Trail reconstruction project will require the closing of a significant portion of that road for a period of time.

Two years ago with the help of a grant from the State, the Town was able to rebuild a section of the Eagle's Trail on the west side of the hill on the Economou Road Extension. That work greatly improved the footing, reduced erosion and removed water from the trail. This year, the Town is able to do a similar rebuilding of a section of the east side. Work began on that project on August 18.

That section of trail will be closed to all users during the work and until the ground has settled and vegetation is well established, perhaps as late as next summer. Please respect that closing to protect the Town's investment in that work. The committee will keep people posted as to the status of the trail via the Town website, the Fellowship of the Wheel website, signs at trailheads and articles in the Hinesburg Record. Signs will be in place to indicate the specific section of trail that is closed. Walkers, runners and bicyclists can make a (somewhat longer) detour via The Back Door and Dragon's Tail, or via The Maiden or International and Homestead or Eagle's trails. Unfortunately there is not an alternative route between the trailheads for horse or ATV riders. Of course, in the winter, when the ground is firmly frozen or covered by snow, that section of trail can be used by all.

The Fellowship of the Wheel applied for and received a grant to improve three of its trails in the Town Forest. Work on the Maiden was finished last fall. This summer work on the International and Dragon's Tail was completed. Walkers, runners and bicyclists will find those trails much drier, smoother and less prone

continued on page 4

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Bill Baker, asst. clerk, 989-313

Kathy Beyer, clerk, 482-4822 Lisa Falcone, vice chair, 482-4495

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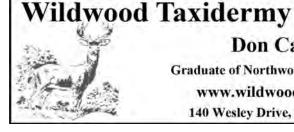
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► Town Forrest, continued from page 3

to erosion. Horseback and ATV riders should remember that the FOTW trails are not constructed to withstand use by horses or ATVs and must be avoided.



FOTW did extensive work to raise the trail out of the wet areas at the top of the I nternational trail.

The Hinesburg Trails Committee has placed trail signs at all major trail intersections. It's now much more difficult to get "lost" in the Town Forest.

Enjoy the fall foliage in our HTF!

July 4th Thank You

BY TOM GIROUX, RECREATION BOARD AND JULY FOURTH COMMITTEE MEMBER

It was another successful Fourth of July for the Town of Hinesburg in 2014, and the July Fourth Committee has a lot of people to thank for all their time and effort to make it a memorable one. In

South Burlington
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tel 865.0010

Shelburne
166 Athletic Drive
tel 985.4440

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advance, please forgive me for those people names I know I may have forgotten. Plans are already under way for next year's celebration and the Committee is again looking for additional members for their input of ideas and assistance, to make the 2015 activities enjoyable for all.

Thank you to Elaine Hart for the use of her sporty red convertible to transport the Grand Marshall for the parade. The Eastman family enjoyed the experience to travel down Main Street in fashion. Even though the Hilly Hobble Foot Race had to be cancelled due to inclement weather for the first time in recent memory, thanks still go out to David Eddy and his family for all their prep work for this event.

Record breaking balloon sales this year raised more than \$1,000 for the fireworks. Many happy children had smiling faces due to the hard work of the following individuals, some of whom have been doing this for over 30 years (a few must have started when they were still in high school). Clapping hands goes out to Gene Giroux, Jean Isham, Aaron Kimball, Mariam Adams Kohn, Roger Kohn, Elaine and Roger Lawson, Bill Lippert, Pat Mainer, Andrea Morgante, Enrique Peredo, and Freeda Powers.

The Recreation Department did its usual bang up job of putting out an entertaining parade. Check out Jen's article about the parade award winners, and another about this year's Grand Marshall, also in this issue of the Record.

The Duck Race winners were: Jean Isham, who won \$50 for having the number that matched first plastic duckie to cross the finish line, 2nd place went to Zack Marshall (\$25), 3rd place Jean Isham (\$10), and the little duck that came in last had the number that was bought by Mr. Moeller. A big thank you goes out to Vicki Mathews and all her fellow helpers. THANK YOU all.



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"Not a Hair Out of Place"

482-3589

Laurie Place Place Road, Hinesburg Thanks to the Hinesburg Boys Scouts for again doing a spotless job of cleaning up the HCS grounds from the fireworks. They got the tennis courts almost clean enough to eat off of. Also, it was very much appreciated that the Fire Department made a special trip over to fill up the dunk tank for us. Again this year, THANKS to Bob and his staff at Travia's Bar and Grill, for selling the scratch tickets year round, where part of the proceeds go for the July 4th fireworks.

THANK YOU also goes to Liz Elliot, Tom Giroux, and Cathy and Doug Ryan for running the Bounce Castle and Dunk Tank. This year for the first time ever both fundraising games were open for two hours after the parade AND again before the fireworks. \$203 was raised for diabetes research and another \$100 for the July 4th fund. Passing the bucket around before, during, and after the fireworks netted \$455.70. Thanks to all who donated at the fantastic show, and to anyone else, or any business that would like to give to the fireworks fund, it would be greatly appreciated.

So, THANKS to all I have named and I'm sorry to the others I may have missed.

Community Meeting Scheduled for September 25 on Hinesburg Economic Development Plan

BY MATT SAYRE, ECONOMIC DEVELOPMENT COMMISSION MEMBER

Hinesburg's Economic Development Commission is hosting a community-wide meeting on Thursday, September 25 at 5:30 p.m. at Renewable NRG Systems. This is an important opportunity for residents to share their input regarding key economic goals for Hinesburg. The Hinesburg Economic Development Commission was created in 2013 to facilitate the development of an Economic Development Plan that will become part of the Hinesburg Town Plan.

Many residents recently shared their thoughts about the draft goals below through a short survey. The Commission is hosting the meeting on Thursday, September 25 at 5:30 p.m. to review the survey results and seek additional input that will directly influence Hinesburg's Economic Development Plan and its impact on our community for years to come.

Don't miss these opportunities to share your thoughts about the draft goals below.

- Hinesburg sustains the health of its natural assets to support natural resourced based sectors such as agriculture, forestry, recreation, and energy.
- Hinesburg is a community with mostly locally owned or controlled businesses.
- Hinesburg is a place where people who work in Hinesburg can afford to live in Hinesburg.
- Hinesburg possesses the essential infrastructure and support services required to sustain a vibrant business community.
- Hinesburg has a thriving village center.

For more information about the Hinesburg's Economic Development Commission, please see hinesburg.org/hedc or contact Trevor Lashua, Town Administrators

Police

Chief's Corner

BY CHIEF FRANK KOSS, HINESBURG COMMUNITY POLICE

Fraud cases seem to come in waves. Some are so obvious as to be sad. Others can be so subtle that I am grateful that I don't get caught in one. A recent case involved an elderly woman withdrawing a large sum of money to be sent away to receive a large amount in a lottery. Obviously a fraud right? Although the person does not always advise the teller why they are withdrawing the money, even if suspicious, the teller is limited on what they can do. Even if suspicious, the bank teller cannot refuse to give you your money or say please wait while I call the police. They may however, ask questions that are not meant to invade anyone's privacy but to simply protect a customer. The second scam involved a young woman answering an ad in Craig's List for an apartment. She gave her credit card information which was subsequently used for other purchases. Not obvious at all. Craig's List has a legitimate purpose for the vast majority of its use, but it still makes it a perfect target for fraud.

Although a book can be written with hundreds of tips to prevent fraud, this is easier and can help prevent all types of fraud. 482-3397. That is the Hinesburg Community Police phone number. There is nothing so time sensitive that we can't be called to help verify the honesty of the transaction. This can one of the most preventable crimes by giving us a chance to help.

Public Safety Fun Day

The police department's open house will Saturday, September 6, from 10 a.m. to 4 p.m. This will be in conjunction with the Hinesburg Firemen's Association barbeque and safety events. With the support of our residents, we hope to make this an annual event. Besides the fire department events, we will have our speed cart set up to measure just how fast you can pitch and a child seat safety technician. A Chief of Police in a dunking booth: you don't get that in New York City or Los Angeles. We encourage everyone to make a point of stopping by.

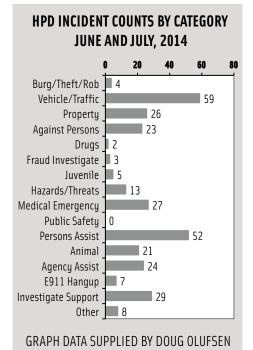
Incidents

Careless and Negligent Operation/Accident

On Friday June 13, an officer was northbound in the village when he spotted a vehicle at a high rate of speed southbound on Vt. Route 116. He turned on his blue lights to turn around and observed the vehicle passing vehicles on the right in front of town hall. Thinking the vehicle turned onto Charlotte Rd. the officer went westbound until he saw the vehicle was not ahead of him. As he was coming back to the village, he received a report of a vehicle accident in front of the nursery school. The officer observed that this was the same vehicle and Andrew Malzac, 21 years old, from Bristol took the turn too fast and ran into the power pole. He was subsequently arrested for Careless and Negligent Operation, taken to the station for processing and cited and released.

Criminally Suspended License

On Wednesday, June 18, an officer was monitoring traffic on 116 in the village when the department's license plate reader alerted the officer to a possible suspended license. The vehicle was



stopped based on an obstructed rear license plate and Johannes P. Schoffelmeijer, 37 years old, from Hinesburg was arrested for operating on a criminally suspended license and taken to the station for processing. He was released on a citation to court.

Criminally Suspended License

On Tuesday, June 24, an officer observed a vehicle with an obstructed windshield. The vehicle was stopped and Anthony Bedell, 26 years old, from Starksboro was determined to be driving on a criminally suspended license. Bedell was taken to the station for processing and released on a citation to court.

Criminally Suspended License

On Saturday, June 27, a vehicle was stopped for failing to signal. Kayla Carbo, 21 years old, from Jericho was determined to be driving on a criminally suspended license. She was arrested and released after processing.

Boat Accident

On Sunday, June 28, at approximately 2:04 p.m., Hinesburg Police, Hinesburg Fire and First Response responded to Lake Iroquois off of Pine Shore Rd. for the report of a woman hit by a boat. The initial report had her 30 feet off shore but with the assistance of people on the scene, she was brought to shore. Jane

Marinski, age 62, of Hinesburg was transported to Fletcher Allen with moderate to severe injuries. Christopher Thompson, age 47, of Hinesburg was the boat operator. Alcohol was not a factor in the accident. Hinesburg Police conducted the investigation and as a result of the report submitted, the State's Attorney's office charged Thompson with Assault - Simple with a Weapon and Vessel Operation – Careless and Negligent.

Warrant Arrest

On Saturday, June 28, an enforcement stop was made on a vehicle and it was determined that the passenger, Christopher Clark, 25 years old, from Hinesburg had a warrant for his arrest. He was taken into custody and transported to the Chittenden County Correctional Center.

Family Dispute

On Thursday, July 3, an officer responded to Birchwood Dr. for a reported family dispute. The issue was family members not being allowed to visit another family member. It was resolved without issue

Driving Under the Influence

On Friday, July 4, an officer on patrol observed a vehicle headed westbound on Pond Rd. The vehicle crossed over the fog line and over corrected and touched the center line. The vehicle was stopped and Amanda J Gardner, 41 years old female, from Hinesburg was suspected to be under the influence of alcohol. She was subsequently arrested and transported to the station from processing.

Dangerous Driving

On Thursday, July 10, an officer was off duty driving north on VT 116. He was passed by a vehicle that subsequently passed five other vehicles and almost ran a vehicle off the road coming from the other direction. Based on the vehicle registration, the next day he paid a visit to the residence and contacted the vehicle owner and his grandson. After a lecture on the unsafe driving, the grandfather said he would take care of the problem.

Driving Under the I nfluence of Alcohol

On Friday, July 11, an officer was out on a special overtime detail at approximately 2:00 a.m. The officer observed

a vehicle on Silver St. that crossed the center line twice. An enforcement stop was conducted and Sheena J. Leach, 20 years old. from Burlington was determined to be under the influence of alcohol. She was arrested and taken to the station for processing.

Criminally Suspended License

On Thursday, July 17, an officer made an enforcement stop on Pond Rd. for speeding. The operator, Derrick A. Morin, 30 years old from Williston was determined to be driving while criminally suspended. He was arrested and taken to the station for processing.

Citizen Dispute

On Saturday, July 19, officers responded to a citizen dispute on North Rd. near Triple L Mobile Home Park. The dispute was resolved, however officers were called back to a family dispute at the same location. Danan Devac, 44 years old from Hinesburg ran into the woods prior to police arrival and with the help of Williston and Shelburne PD and the Vermont State Police he was located. While in the rear of the patrol car, he struck his head several times on the window and subsequently cut his head. He then spit blood on one of the officers and was then arrested for assault and disorderly conduct. While at Fletcher Allen, Devac spit in the face of a nurse and was taken to the Chittenden County Correctional Center.

Driving While Under the Influence of Alcohol

An officer made an enforcement stop in the Lantman's parking lot for the vehicle having an unsecured load. When he made contact with the driver, he smelled the odor of alcohol and observed the symptoms of intoxication. The driver was given several tests and subsequently arrested for driving under the influence of alcohol. John Giroux, 58 years old, from Hinesburg was taken to the station for processing.

Family Dispute

On Monday, July 21, an officer responded to the village for a family dispute between a mother and daughter. It was resolved without any problems.

Suspicious Person

On Wednesday, July, officers responded to Pond Rd. for a report of a male who was acting suspiciously. A resident reported that a young male came to the residence and asked for ride to Wil-

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liston. The resident said no and the juvenile walked off. The officer contacted the juvenile and it was determined that he had left home without his parents knowing he was gone. He was transported home and the parents contacted.

Sex Registry Compliance Checks

On Thursday, July , the Hinesburg Community Police conducted a compliance check for the Vermont Sex Registry. Of the five names from the registry listed in Hinesburg, three of the individuals were in compliance.

As the result of the investigation, one person was subsequently located out of compliance in South Burlington. With the assistance of the South Burlington Police, William Stowe, age 24, was taken into custody for an unrelated warrant and was also charged with failure to report a current address. The investigation into the fifth person is continuing.

Vandalism

In June, the sign in front of town hall was vandalized by unknown persons rearranging the letters to spell different words. Ordinarily, this would not amount to a big police issue except for the racial undertones which is completely unacceptable. The sign was altered again with inappropriate language as well as a speed limit sign and a road sign also being defaced with racial slurs. After the second time, a surveillance camera that was purchased to watch over the construction of the new police building was installed on town hall. When the vandalism happened the third time, it was caught on video. At 12:11 a.m. on Sunday July 27, three eighteen year olds and one seventeen year old were observed and subsequently identified. Plans are currently underway to decontinued on page 6



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▶ Police, continued from page 5

termine the next course of action based on cooperation of the individuals.

Citizen Dispute

On Tuesday, July 29, officers responded to Birchwood Lane for a dispute between roommates. It was determined that there was no physical altercation and one of the males was taken to ACT 1 for intoxication.

Citizen Dispute

On Wednesday morning at approximately 3:30 a.m., an officer was called out to the same residence indicated above when the roommate came home and broke in due to the residence being locked.

HFD responded to 68 calls in June and July.

For Fiscal Year End (FYE), HFD responded to 408 calls. This is an increase of over 40 calls from FYE 2013.

Hinesburg Public Safety Fun Day September 6 – Don't Miss It!!!

Join us Saturday September 6, 10:00 a.m. to 4:00 p.m. at the Fire Station for a day of food and fun.

Music, bouncy house, face painting, rides on Old Engine 1, and a dunk tank featuring our fire and police chiefs. Chief Barber will be in the dunk tank from 12:00 to 2:00 p.m., Chief Koss from 2:00 to 4:00 p.m. Don't miss this great opportunity to dunk a public official.

Get a close look at the Hinesburg Fire apparatus and equipment, Hinesburg Community Police cruisers, and St. Michael's ambulance. Ever wonder what it is like to wear a fire coat, pants, boots and helmet? Here is your chance to find out!

Hope to see you there!

12 Lead EKG

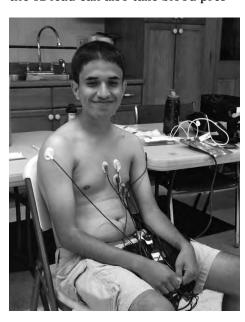


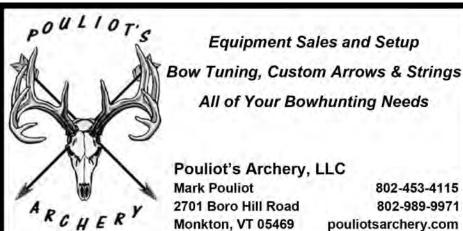
In June, Hinesburg Fire Department received our newest piece of medical equipment, an electrocardiogram (EKG) machine, known as a 12 lead. The machine, purchased with donated funds, will improve the pre-hospital level of care our patients receive.

The 12 lead is used on several different medical calls including difficulty breathing, chest pain, and possible stroke or heart attack. Within 12 hours of our training and placing the 12 lead in service, it was used on a call.

Using electrodes, 6 on the chest, one on each upper arm and one on each lower leg, the 12 lead takes a "picture' of the heart. The heart rhythm shows on the monitor and is also printed out. The printout will show if there are any alerts, such as a possible stroke or STEMI (Segment Elevation Myocardial Infarction). If any of these alerts are on the printout, EMTs can immediately notify the FAHC emergency room. This allows the ER doctors to notify the appropriate departments within the hospital and be ready when the patient arrives.

In addition to monitoring the heart, the 12 lead can also take blood pres-





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sure, pulse, read blood oxygen levels and is an AED (automatic electric defibrillator).

We would like to thank St Michael's Rescue Assistant Chief Leslie Lindquist for training HFD EMTs on the use of the machine.

Fire Department

Here are some more questions about the Hinesburg Fire Department. How many can you get correct? Answers are on page 23.

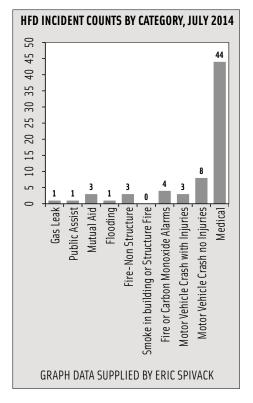
HFD Questions

- 1. How many calls does the Department respond to annually?
- 2. Does a carbon monoxide detector
- 3. How many hours is a Firefighter 1 (FF1) certification course?
- 4. How many hours is an Emergency Medical Technician course?
- 5. How many hours to maintain FF1 certification? EMT?

6. What is a Quint?

Be sure to visit our website hinesburgfd.org

answers on page 23



Business

Bringing a Mission-**Centered** Approach to **Early Care and Education: The First 18 Months** at Annette's **Preschool**

BY JEAN ISHAM, HBPA

Andrea and Andrew Sambrook commenced their journey with Annette's Preschool (Annette's) in January 2013. Annette's is a 5 STAR certified early care and education program that provides daily preschool care for children ages six weeks to twelve years on both a full-time or part-time basis, an after school program, and a summer camp. I recently sat down with them to get an update on the changes in their first eighteen months as new owners.

Andrea, the Preschool Director, started by describing how these first months have been an exciting opportunity. "The greatest surprise is that every day is different. The greatest reward is that every day is different!" Andrea's background in child development includes communitybased research with Head Start programs and lately as Director of Research and Education at the Gesell Institute for Child Development at Yale University. Andrew comes from a business consulting background. He holds a Master of Business Administration from the Kellogg Business School and is completing

his certification for middle school math teacher through the Teacher Apprentice Program (TAP). Their motivation for moving to Vermont was to bring their two complementary backgrounds together, to own their own mission-based business and push forward best practices for children and families.

Andrea and Andrew said they were fortunate to have acquired a business that had been a respected and an important part of the Hinesburg community for over thirty years. However, they did want to add a more distinctive and focused mission. They noted the changes/accomplishments at Annette's Preschool during the last eighteen months. Their focus has been on professional development, community involvement and creating a sustainable business.

All of their teachers now attend statewide conferences. Andrea said she believes that their teachers as educators should expect the same training that is available to public school teachers. Andrea holds a Master Instructor of Early Childhood and After School Professionals degree through Vermont Northern Lights. She uses her skills as a certified trainer to provide additional internal professional training at each monthly staff meeting.

Andrea said, "Annette's is focused on educating the children under our care based on developmental needs, and this requires our teachers to be skilled in observations and putting theory into practice."

Andrea also said "building the community is an equally important imperative for us as professional development. It's how our families connect and complement our teachers. As an example, Annette's recently hosted an ECO Fest Open House on Earth Day, has provided opportunities for parents to get togeth-



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Campers enjoying un"four"gettable time at the Clubhouse at Annette's this summer. The Clubhouse Afterschool program opens on August 27 with the onsite swimming pool open through September.

er at the Art Shows, and supported installation of a community story walk. It is important to maintain a strong home/ school connection and we have offered family workshops on such topics as ages and stages of child development."

Another part of Andrea and Andrew's community building is to be an advocate for quality early care and education at the legislative level. They have held legislative nights and encouraged funding of the Childcare Financial Assistance Program. Andrea said "we are educators and it is expensive to do that well." Factored into the cost, among other things, are the high quality early care and education, the need to provide professional development/training for teachers, investment in high quality safe materials and to reward teachers appropriately.

In the last 18 months, Annette's has also supported other mission based organizations that support families such as Prevent Child Abuse Vermont through their Pinwheels for Prevention, which raises awareness about child abuse and how to support families to keep them safe and healthy. In addition, Annette's has also accommodated internships for Champlain Valley Union High School students.

The final leg of Andrea and Andrew's mission – building a sustainable business – has led to some significant changes. "Annette's and The Clubhouse are now an ECO Healthy Childcare certified facility, one of only eight in Vermont," Andrea proudly noted. This certification is issued by the Children's Environmental Network. Andrea and Andrew have made a commitment to the practices they use and the products they clean with. An example includes the replacement of plastic toys with wood which is healthier and a more versatile learning tool.

The playground is in the process of being converted into a natural playscape and learning environment. Many of the items are repurposed such as trees into log seating, and two music walls made from up cycled old pots and pans to make instruments.

The sustainability commitment is also shown in the full-time, ten week summer camp for school age children. The swimming pool was renovated to reduce water loss, a new highest Energy

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Star rated pump and an ultra violet light sanitizer were added to reduce by 80% the need for harsh sanitizing chemicals. Children attending the summer camp are offered free swimming lessons so this is a change that will have a significant health impact. Andrea said they are lucky to have great facilities that include a swimming pool. Local youth groups are welcome to rent the facilities for private functions.

Andrea noted that the programs have also expanded over the first 18 months. Both the after school and summer program are now run by Tricia Pawlik, the Director of Youth and family programs. Ms. Pawlik has also started weekend programs for kid's night out where parents get a break and children enjoy such things as dining under the stars, Karaoke, or a treasure hunt. Birthday parties can also be accommodated on the weekends.

Annette's provides music and art enrichment programs, Petite Artiste and Petite Maestro. Andrea said that "music is so important to children's development. Every Friday local musician and educator Peter Alsen from PUKA Music provides a group opportunity for all of our kids, including our infants and toddlers."

Andrea commented that "Parents are often anxious about the academic pre-requisites for kindergarten. Here at Annette's we promote a hands on, inquiry-based curriculum to support problem solving, self-regulation skills and perhaps most important, social skills that enable the children to interact with others and learn cooperatively."

For more information Andrea may be reached at 482-2525 or by email at andrea@annettespreschool.com.

The Hinesburg Business and Professional Association is pleased to welcome Andrea and Andrew to the Hinesburg community and Annette's Preschool as a member of the Association.

Attorney Robert W. Scharf Joins the Hinesburg Law Firm of Kohn, Rath, Danon and Appell

BY JEAN ISHAM, HBPA

It was six months ago that Robert Scharf welcomed the opportunity to join the Hinesburg law firm of Kohn, Rath, Danon and Appel, LLP. Robert said that he was aware that the firm was well known across the State and he was personally acquainted with Roger Kohn who had served as his mentor when he became a member of the Vermont Bar. Just prior to joining the firm he had a private law practice in Shelburne and co-owned a venture with another attorney providing legal advice to employers on employment law matters. Robert said he felt it would be good to join a larger firm and this firm seemed to be the right fit.

Robert comes from a varied and interesting background. Originally from Connecticut, his undergraduate studies took

place in Connecticut and France, his graduate studies in England and he received his law degree from Vermont Law School. He worked in France, England and other countries on foreign aid policy and development projects before returning to the United States and Vermont.

Both Robert and his wife, Hillary, participated in the Shelburne Farmers Market for six years where they operated a crepe business. That business led to opening a restaurant on Falls Road in Shelburne, The Lemon Peel Café. After a successful first year they sold the café to a "young chef" and Robert returned to the practice of law on a full-time basis. Robert said that he does a little hobby farming and has started his own small businesses from time to time. He has also worked with small businesses and entrepreneurs noting that farmers markets are great small business incubators in Vermont.

In terms of coming to Hinesburg, Robert said he liked the fact that the firm has a state-wide reach as well as many local clients. The firm has been here a long time and he finds that helpful. Robert's areas of concentration in the legal practice are business law, employment law, real estate and foreclosure.

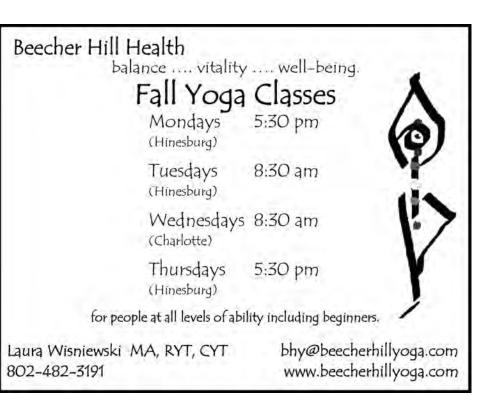
Robert said he was somewhat acquainted with Hinesburg through friends who lived here. He discovered and appreciates that it is a very walkable village

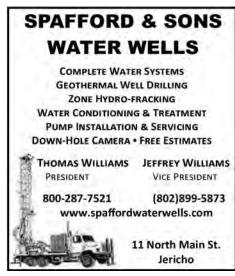
continued on page 8



Attorney Robert Scharf in his Hinesburg office

Have an ad? 482-2540 or ads@hinesburgrecord.org. Have news? 482-2350 or news@hinesburgrecord.org.







Advertising and news deadline is September 6 for the next issue. Publication date is September 25, 2014. Call 482-2540 for more information. Material not received by deadline will be considered for next issue.

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Hinesburg Food Shelf hours are: Tuesday nights 5:30 - 7:30 Friday mornings 9:00 - 12:00



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▶ Business, continued from page 7

and particularly enjoys being able to walk to the store and restaurants.

Robert and his wife, Hillary, who is from Cork in Ireland, reside in Shelburne with their two daughters, Laragh age ten and Amelie age eight. Hillary is employed in Human Resources at the Howard Center in Burlington.

In his spare time Robert enjoys fishing, was previous a rugby player and may take up refereeing of that sport, is interested in woodworking, is a member of the Board of the Shelburne Craft School and, with his family, enjoys camping.

Robert may be reached at 482-2905 or by email at rscharf@kohnrath.com

Mountain's Edge **Farm Holds Open Barn**

BY JEAN ISHAM, HBPA

On August 2 the Lang family, Sean, Jennifer, Jeremy, Kyle and Emily, welcomed visitors to their Mountain's Edge Farm open barn event. It was an event particularly appreciated by the children. There were chickens, sheep, pigs and goats, all welcoming the attention and,

of course, Suzie and Paige, two of the 17 horses that call Mountain's Edge Farm home. The toddlers enjoyed the swimming pool of cracked corn and the miniature tractors and tools to "work" with.

The event also introduced families to upcoming farm camps. With a variety of activities and camps broken into two groups, ages 5-7and 8-10, children will have opportunities to go hiking and learn plant and wildlife track identification, learn about farm animals, cook with farm products, make butter, conduct science experiments, participate in crafts and other age appropriate activities. October's schedule is as follows with all sessions scheduled from 3:30 p.m. – 5:30 p.m.: October 6-10 (8-10 year Named to 2015 olds), October 13-17 (5-7 year olds), October 20-24 (8-10 year olds) and October 27-30 (5-7 year olds). There will be baby pigs born in time for the October sessions and, weather cooperating, the pumpkins will be ready.

For information about other farm offerings such as birthday parties, wagon rides, sleigh rides, wedding carriage and horse drawn services for all occasions visit the website mountainsedgefarm.com, call Jennifer Lang at 355-0792 or contact her by email at mtnsedgefarm@gmavt.net. The same contact information can be used for inquiries about products such as beef, pork, chickens, turkeys, fresh eggs, straw, mulch hay, feed hay and pumpkins.

The Lang family extends its thanks and appreciation to all who attended. Another Open Barn is in the planning process for late October.

Mountain's Edge Farm offers various opportunities to support our community by buying local.

Hinesburg Attorney, S. Crocker Bennett, II Best Lawyers in America List

Burlington, VT - August, 2014: S. Crocker Bennett, II of Hinesburg, Vermont was recently selected by his peers for inclusion in the 2015 Edition of Best Lawyers in America for the practice areas of Commercial Litigation, Medical Malpractice Law, and Personal Injury Litigation.

Mr. Bennett's law practice focuses on the defense of physicians, hospitals and other health care providers in malpractice cases. He has attained Martindale-Hubbell's highest rating (AV) and, in 1999, was honored with Fellowship in the American College of Trial Lawyers. Mr. Bennett has been listed in Best Lawyers for over 20 years. Mr. Bennett is a 1978 graduate of Franklin Pierce Law Center in Concord, New Hampshire and a 1972 graduate of the University of Vermont. He served as President of Paul Frank + Collins from June 2010 to June 2014.

Best Lawyers has published their list for over three decades, earning the respect of the profession, the media, and the public as the most reliable, unbiased source of legal referrals. Its first international list was published in 2006 and since then has grown to provide lists in over 65 countries.

Lawyers on the Best Lawyers in America list are divided by geographic region and practice area. They are reviewed by their peers on the basis of professional expertise, and undergo an authentication process to make sure they are in current practice and in good standing.

Formed in 1968, Paul Frank + Collins P.C. is a Vermont Law Firm with over 50 employees based in Burlington, Vermont. The firm's attorneys provide a wide range of legal services to commercial, institutional and individual clients throughout Vermont, the United States, Canada, Bermuda and Europe.

Kyle Lang shows the chickens to Andrea Haulenbeek and her granddaughter, Kathryn, at the Lang Farm Open Barn. Photo by Jean Masseau.

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Recreation

BY JENNIFER MCCUIN

Another Great 4th of July

Hinesburg celebrated another July Fourth with its typical community spirit. What struck me most as most memorable is that it was the coolest, most comfortable 4th of July that I could recall. Usually we are sweltering through parade line-up and throughout the day, but this year abundant cloud cover and cooler temperatures made for a very pleasant day. For the first time in history, we had to cancel the Hilly Hobble Foot Race on July 3 due to thunder and lightning. At 6:00 p.m., the weather didn't look promising as it spit rain and the sky was dark, but there were people signing up and we remained hopeful that it "would just pass through." The Eddy Family was armed and ready registering, covering stations, and waiting for the official word. At 6:30 pm, organizer David Eddy officially called off the 10K. We continued to wait to see what would happen for the 5k scheduled to start at 7:00 pm. People huddled under the overhand at HCS. Finally, at about 6:45 pm, a bolt of lightning hit. The Hilly Hobble Foot Race was canceled and we lamented it was the first time in history. Mother Nature made her decision.

The Recreation Commission would like to thank the following local businesses for their generously donated prizes for the parade winners: Jiffy Mart, Good Times Café, Papa Nick's, The Grateful Dog, Automotion, Hinesburg General Store, Lantman's Best Market, and Aubuchon Hardware. Thanks to our parade judges Lori Hennessey, Deanna Utter, and Nicole Utter for an outstanding job. Thanks to Doug and Cathy Ryan for covering the Bounce House, which is no easy task. Thank you, Tom Giroux for keeping the Bounce House and Dunk Tank going all evening before the fireworks. Thank you Roger Kohn and Crew for the incredible balloon sales, which benefit the 2015 Fireworks Fund. Thank you Community Alliance Church for the Ice Cream Social. Thank you Good Times Café for providing the power to Chasing 440 in Veteran's Park. Thank you Friends of the Library for the Book Sale at Town Hall. Thank you to the Boy Scouts for cleaning up after the fireworks on Saturday morning. Thanks to the Police Dept. and Highway Dept. for their assistance. Thanks to ALL for making this a great day and for all that Hinesburg spirit!!

Parade Winners:

Best Business – Big River Bait & Tackle

Best of Parade - Fournier Family

Best Float – Hinesburg Girl Scouts

Best Theme-Related Entry – Hinesburg Nursery School

Best Antique/Classic Vehicle – Robert Pecor – Ford F-3 Pickup

Best Pet/Livestock Entry – Livery Stables

Best Tractor – Charlie Fortin – 1958 Ford Powermaster

Best Costume – Mini Horses – Ashley Fournier and Lauren Bean

Best Horse and Rider – Emily Lang and SUZIE

Congratulations to Jacob Ashe, Ashton Barbeau, Quinten Barbeau, Patrick Bilodeau, Ali Drew, Henry Frost, Cole Glover, Miles Glover, Julia Grant, Ava McDonald, and Jasmine Nails for their participation and performances at the VT State Track Meet held on July 26 at St. Johnsbury Academy. A special congratulations to Jasmine Nails for win-

ning the 200 m and 400 m for her age group. Way to go!!

Youth Soccer starts on September sixth!

Kindergarten: Sunday from noon to one at Town Hall Field.

Grades one and two co-ed: Saturday morning from nine to ten at Town Hall Field and United Church Field and Thursday evenings six to seven at United Church/Town Hall Fields.

Grades three and four boys: Saturday morning from ten to eleven and Wednesday evening from six to seven at Town Hall Field.

Grades three and four girls: Saturday morning eleven to noon and Tuesday evening six to seven at Town Hall Field.

Grades five and six boys: Saturday morning eleven to noon and Wednesday evening six to seven at United Church Field.

Grades five and six girls: Saturday morning ten to eleven and Tuesday evening five to six at United Church Field.

Dates and times are **subject to change** based on the coaches' availability. You will be notified prior to start date via e-mail.

Dates: Saturday, September 6 through October 12.

Register by August 22 and pay \$40. \$50 after. Deadline is August 29.

Starksboro Jamboree is Sept. 27th at Mt. Abe. H.S.

Charlotte Jamboree is October 4th at CCS.

Contact the Rec. Dept. at 482-2281 ext. 230 or hinesburgrec@gmavt.net

Horseback Riding

Horseback riding lessons are once again being offered at Livery Stables with Kim Johansen. These lessons are for beginning and early intermediate riders. Kim will instruct the children on basic horse care, tacking, along with riding instruction. Participants may ride Bus H to the stable after school.

Who: K – eighth graders

Where: Livery Stables on Lavigne Hill Rd.

When: Tuesdays, September 9 through October 14, or Fridays, September 12 through October 17

Time: 3:00 to 4:30 p.m.

Cost: \$95 (payable to HRD) and please specify Tuesday or Friday on registration form.

Maximum: 8 participants

After-School Golf Clinic

Barry Churchill will offer this small group clinic after school. A great program for kids who have some golf experience, enabling them a chance to really analyze their swing! Golfers ride the bus to Cedar Knoll Golf Course on Rte.



116, South of HCS. Range balls included, a video analysis and on-course playing.

Who: Second through eighth graders

When: September 8 through 12

Time: 3:30 (bus drops off at CKGC) - 5:00 p.m. and until 5:30 pm on Friday 9/12

Cost: \$110

Maximum: 6 participants

Baby Sitting Course

This American Red Cross certified course gives youths ages 11-15 years the knowledge and confidence to care for infants and school-age children. Combining video, activities, hands-on training, and discussion for a complete learning experience, Babysitter's Training teaches youth how to respond to emergencies and illnesses with first aid and rescue breathing, make decisions under pressure, communicate with parents to learn household rules, recognize safety and hygiene issues, manage young children, feed, diaper, and care for infants, and start a babysitting business. Be the most popular sitter on the block by earning your certificate!

Who: Ages 11-15 years

When: Thursday, October 16 - No

School

Where: Town Hall Time: 9:00 to 3:00 p.m.

Cost: \$85

Minimum: eight students

After-School Arts and Crafts with Chris Billis

Chris Billis returns for more crafting on Friday afternoons.

Each week, Chris brings assorted materials and ideas for varied craft projects. Students can choose what they like, in a non-structured format and relaxed atmosphere, making their own decisions. Beads, sculpture, batting and material to make your own "stuffie," and glue guns for cardboard piled sculptures and towers. The materials will be there and the sky's the limit!

Who: 2nd-8th graders

When: Fridays - Sept. 19 - Dec. 12 (12

classes)

Where: HCS Art Room Time: 2:45-4:15 p.m.

Cost: \$190

You are welcome to join at any time and pay a pro-rated amount.

Please register with the Rec. Dept. at 482-2281 ext. 230 or hinesburgrec@gmavt.net

Pre-School Dance with Miss Jeanne

A dance and movement class specifically designed for youngsters.

Where: Hinesburg Town Hall

When: Fridays, starting Sept. 5 and running through May 2015. Recital is first Friday in June.

Time: 10:30-11:30 am

Cost: \$40 per month (\$10 per class)

Please register through the Rec. Dept. 482-2281 ext. 230 or hinesburgrec@gmavt.net.

Dog Obedience with Jim Warden

Jim Warden is an experienced dog trainer with many fine canine graduates living in the community. This class will provide much enjoyment and benefit for you and your beloved dog.

Who: Dogs and their owners

Where: First class is without your dog in the third floor conference room at Town Hall. All other classes are held in the Town Hall Field.

When: Thursdays – September 4 through October 9.

Time: 6:00-7:00 p.m.

Cost: \$70

Maximum Enrollment: Fifteen

Please leave your dog at home for the first class.

AARP Safe Driver Class sponsored by the Recreation Dept.

Students learn defensive driving techniques, new traffic laws, and rules of the road. Through interacting with one

continued on page 10



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▶ Recreation, continued from page 9

another, they find how to safely adjust their driving to compensate for age-related changes in vision, hearing, and reaction time. Many insurance companies are beginning to offer discounted premiums when people take this course. For questions, or if you want to register, contact the Rec. Dept. at 482-2281 ext.

Where: first floor conference room in Town Hall

When: Tuesday, October 28

Time: 9:00 am to 2:00 pm

Cost: \$15 for AARP member and \$20 for non-members. Check are payable to AARP. Be sure to bring your AARP card, driver's license, and lunch.

To register for any of these classes, please contact the Rec. Dept. at 482-2281 ext. 230 or e-mail at hinesburgrec@ gmavt.net.

Advertising and news deadline is September 6 for the next issue. Publication date is September 25, 2014. Call 482-2540 for more information. Material not received by deadline will be considered for next issue.

Library

Summer Library Hours New Lego Club

Monday: 10:00 a.m. to 1:00 p.m.

Tuesday and Thursday: 10:00 a.m. to 8:00 p.m.

Wednesday and Friday: 4:00 p.m. to 8:00 p.m.

Saturday: 10:00 a.m. to 2:00 p.m. May - August; Open to 5:00 p.m. during fall,

winter, spring **Phone**: 482-2878

Address: P. O. Box 127, 69 Ballards Corner Road, Hinesburg 05461

Web Site:carpentercarse.org

E-mail: carpentercarselibrary@gmavt.net

We Deliver

Free delivery of materials is available to Hinesburg residents who find travel or physical access to the library building difficult. The library also circulates books and tapes to seniors on the third Friday of each month at the Seniors' Meal Site in the Osborne Hall behind

Trustee Meetings

meetings are held on the fourth Wednesday of each month unless otherwise warned. All meetings are held at the library at 7:00 p.m. and are open to the public.

Ongoing Library **Programs**

Toddler storytimes are held on the first and third Tuesdays of the month: September 2 and 16 from 9:30 - 10:00 a.m. Join Sara for age-appropriate stories, songs and games for children ages 0-3.

Preschool Storytimes

Kids ages 3-5 are invited to Preschool Story Time every Tuesday from 11:00 a.m. – noon. Come and enjoy stories, songs and a snack with Sara. Recent story time themes were veggies and taste and windy days (children made wind socks). Attendance at our July story times was 61 children and 31 adults. No preregistration is required.

Pajama Story Hour

Wear your favorite PJs and bring your favorite teddy bear on Thursday, September 18, at 6:00 p.m. We will read books to wind up the day and send you off to bed. Crafts and snacks provided. Children of all ages are welcome with an adult. Please join us!

the United Church of Hinesburg.

Carpenter-Carse Board of Trustees

Toddler Storytimes

Walk-ins are welcome.

(Bess Crawford mysteries) VanLiere, Donna, The Good Dream [also

in audio format] Weiner, Jennifer, All Fall Down Winspear, Jacqueline, The Care and

Management of Lies: a novel of the Great

Todd, Charles, An Unwilling Accomplice

Join us Thursday, September 4, for

3:00 -4:00 p.m., following the school

calendar. Legos, board games, snacks and of course good books will be avail-

able. Bring your friends and get ready

to build! Children ages six and up are

Book Discussion Group

readers' homes. We will meet on Thurs-

day, September 18, at 7:00 p.m. to discuss Major Pettigrew's Last Stand by

Helen Simonson. Call Diane at 482-4455 for information on the meeting loca-

tions and plans for October. Refresh-

Bohjalian, Chris, Close Your Eyes, Hold

Marra, Anthony, A Constellation of Vital

ments will be served.

Adult Fiction:

Bloom, Amy, Lucky Us

Cleeves, Ann, Dead Water

King, Lily, Euphoria

Phenomena: a novel

Galbraith, Robert, The Silkworm

Moriarty, Liane, Big Little Lies

People Could Follow Directions

Ray, Kalyan, No Country: a novel

Nelson, Jessica Hendry, If Only You

Moyes, Jojo, One Plus One

Rowell, Rainbow, Landline

Hands

July/August

Acquisitions

Avid readers may join our library's

book club, which meets monthly in

welcome. Free.

our first meeting of Lego Club! We will

meet every Thursday after school from

Winters, Ben, World of Trouble: the Last Policeman, Bk. 3

Adult Nonfiction:

Brinkley, Douglas, The Nixon Tapes

Clinton, Hillary, Hard Choices

Fortey, Richard A., Earth: an intimate

Fox, Margalit, The Riddle of the Labyrinth: the quest to crack an ancient code

Freeman, Annette, Mt Kilimanjaro & Me

Hazen, Giuliano, Hazen Family Favorites: beloved Italian recipes from the Hazen family

Horwitz, Joshua, War of the Whales: a true story

Jackson, Jacqueline Dougan, The Round Barn: a biography of an American farm Vol.III

Prusiner, Stanley B., Madness and Memory: the discovery of prions -a new biological principle of disease

Robinson, Andrea, Q., Toss the Gloss: beauty tips, tricks & truths for women

Steiner-Adair, Catherine, EdD. & Teresa H. Barker, The Big Disconnect: protecting childhood and family relationships in the digital age

Help Publish The Record

The Hinesburg Record is a true community project—written, edited and produced by volunteers. You can help!

We need people to report on community meetings and events, to edit copy, and to take photogaphs. If you care about Hinesburg town government, business, recreation, schools, arts, or organizations, and want to help strengthen our community, why not join us?

The time commitment is flexible. It's fun and rewarding, and we even get together for pizza now and then.

the HINESBURG

The Hinesburg Record is a 501(c)3 non-profit community volunteer organization (staff members who do substantial work may be eligible for small stipends). For more information please email therecord@gmavt.net







Swanson, Wendy Sue, Mama Doc Medicine: finding calm and confidence in parenting, child health, and work-life balance

Taylor, Jeffrey, Facing the Congo: a modern-day journey into the heart of darkness

Thompson, Max, Bite Me: a memoir (of sorts)

Vonnegut, Kurt, If This Isn't Nice, What Is?

Coming Soon:

New Titles by: (fiction) Jussi Adler-Olsen, James Lee Burke, Ken Follett, Tana French, Anne Perry, Daniel Silva; (nonfiction) Ronald Kessler, Hampton Sides

2014 Summer Reading Program

The Summer Reading Program wraps up at the end of August. We had a very successful year with 115 children participating and pledging to read books throughout the summer. If children haven't already, please come to the library to get your certificate and share your reading log with us!

A special thank you to those who made this year's Summer Reading Program Club fabulous. Local residents Steve Silverman and Judy Brook donated their time to come and teach thirty of our local children about the biology of bees and beekeeping. Other local food donations came from Rhino Foods, Lantman's Best Yet Market, Price Chopper, Hannaford and Costco. Aubuchon Hardware donated the use of their popcorn machine and lots of popcorn for the Very Merry Theater Performance. Without these local businesses our programs would have certainly come up short. Thank you!

A Report on Summer Reading Club from Sara and Judy

We've had a wonderful six weeks! We've investigated food science and made our own butter and ice cream; We've used our observation skills to determine whether items will sink or float in water. We've grown a garden and observed its changes throughout the weeks. In our third week we had performer and musician Matthew Whitten visit and we sang songs about gas and earth science. Scott McLaughlin, a state archeologist, joined us one week and we "dug up" an historical site and used clues to figure out what had been there a couple of hundred years ago. Another week we had guest "Dr. Fuzzywig" (Kristen Littlefield), teaching us about bioluminescence and we made our own glowin-the-dark sea creatures to take home with us.

Summer Reading Club ended with a BUZZ! We had local bee expert Steve Silverman's presentation on the biology of bees as well as how to keep them. Last, but not least we were blessed with the presence of The Very Merry Theater Company presented Once on this *Island.* We had a lot of fun watching the local teens perform! The next day the library hosted a multi-age book discussion on award-winning book *Wonder* by R.J. Palacio. We covered topics including bullying and kindness. Lively discussion was had with a nice group including four children and seven adults. Each week we have read a story that goes along with our theme. Approximately 30 children between the ages of 6 and 11 have joined us each week. It has certainly been a Fizz, Boom, Read fun time!

Have news? 482-2350 or news@hinesburgrecord.org.

Special Events

"Evolving" -An Autumn Exhibit of Artwork by Nini Crane

Mixed Medium paintings inspired by the Four Seasons of Vermont including landscapes, nature, flowers, trees, and scenes from travels.

Feeling so lucky to be living in such a beautiful state, Nini appreciates the endless subjects for her paintings right outside. Nini grew up in Buffalo, N.Y. and graduated from Skidmore College. She received her Masters Degree from Buffalo State University in Education. At age 21, she moved to Burlington and started teaching at Charlotte Central School and retired after 33 years of teaching at Charlotte, CVU, and Shelburne Community School. She took a course from Kathleen Berry Bergeron and has been an enthusiastic painter ever since. She feels very fortunate to have discovered the gift of painting in her retirement.

Nini is very happy to be back at the Carpenter-Carse Library. She enjoyed

her show two years ago and she and Deb Runge had fun teaching a Watercolor class to Hinesburg residents.

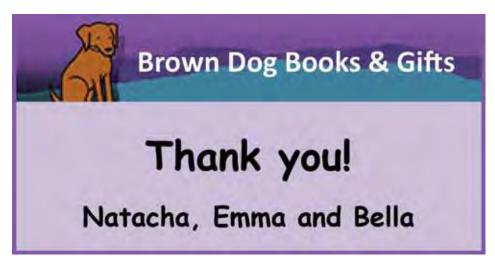
Past exhibits have been at Magnolia Restaurant, the Red Mill in Jericho, the Charlotte Senior Center, the Mary Bryant Gallery, the Fletcher Allen Library, the Daily Planet, Phoenix Books and Momentum Physical Therapy. She has been a member of the Vt. Watercolor Society, and the Essex Art League. She appreciates the opportunity to show her work at the Carpenter-Carse Library!

DCF Book Club Start-Up

Children ages ten and up: Interested in reading and discussing this year's DCF nominated books? Join Sara at the library on Thursday, September 11, at 6:30 p.m. to discuss our first book, *Sure Signs of Crazy* by Karen Harrington. Snacks and lively discussion will be provided. Once we meet and discuss the first book, kids will get to vote on what we read next!

From the book's description: "You've never met anyone exactly like twelve-year-old Sarah Nelson. She writes letters to Atticus Finch. She collects trou-

continued on page 14

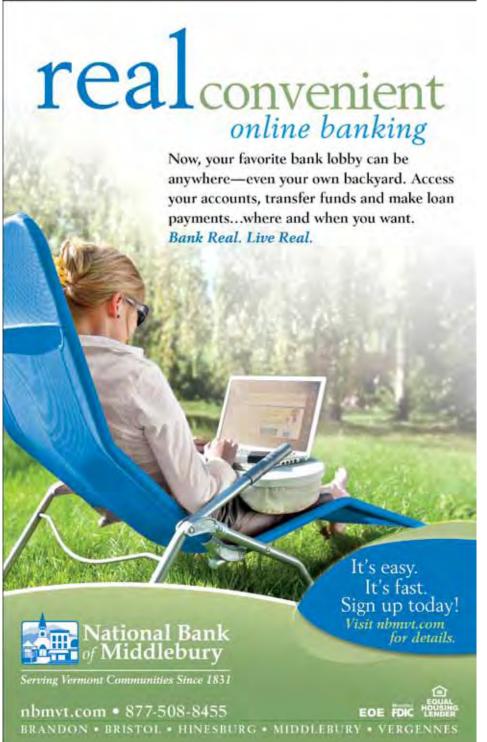




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Theme: Bo

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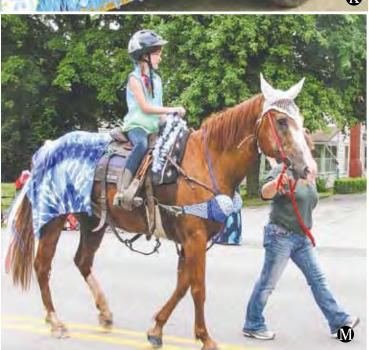








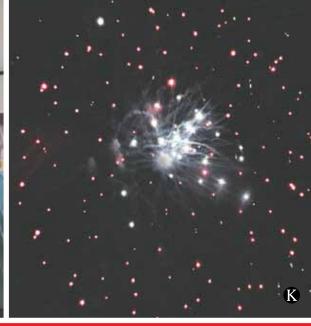














► Library, continued from page 11

ble words in her diary. Her best friend is a plant. And she's never known her mother, who left when Sarah was two.

Everything changes when Sarah launches an investigation into her family's Big Secret. With the arrival of unexpected friends and an unusual new boy, instead of a 'typical boring Sarah Nelson summer,' this one might just turn out to be extraordinary."

The DCF award is Vermont's award for juvenile fiction. The winner is nominated by children who have read at least five of the nominated thirty books for the year. The book nominees are chosen by a committee of eight librarians. DCF stands for Dorothy Canfield Fisher, who was a Vermont author, social activist and educational reformer.

Adult Program: "Classic Films of the 1950s" - A New Vermont Humanities Council Speaker Program

The 1950s were a fascinating time for Hollywood films. Several directors who

began their careers in the silent era (Wilder, Hitchcock, Wyler) were in their prime; the studio system was in decline and independent films were gaining a foothold. New stars such as Marlon Brando, Montgomery Clift, James Dean, and Audrey Hepburn were making their mark; vital issues of the time such as juvenile delinquency, conformity, and racial attitudes were addressed, however timidly, while the shadow of the Hollywood blacklist loomed. Rick Winston will show clips from several acclaimed films of various genres from that era and discuss their significance. Rick is an educator who owned the Savoy Theater for 29 years, and has been Programming Director for the Green Mountain Film Festival for 14 years.

Literary Quotes

"Words"

"Buildings fall; even the earth perishes. What was yesterday a cornfield is to-day a bungalow. But words, if properly used, seem able to live for ever." Virginia Woolf – from a meditation titled Craftmanship that explores the art of writing; derived from a 1937 BBC broadcast, the only recorded voice of Virginia Woolf, edited and first printed in The Death of the Moth and Other Essays. (1942) Featured in Brain Pickings Weekly online newsletter, July 27, 2014.

"For me, language is a freedom. As soon as you have found the words with which to express something, you are no longer incoherent, you are no longer trapped by your own emotions, by your own experiences; you can describe them, you can tell them, you can bring them out of yourself and give them to somebody else. That is an enormously liberating experience, and it worries me that more and more people are learning not to use language; they're giving in to the banali-

ties of the television media and shrinking their vocabulary...",

and -

"Readers, I think, are more sophisticated on the whole than critics. They can make the jumps, they can make imaginative leaps. If your structure is firm and solid enough, however strange, however unusual, they will be able to follow it. They will climb with you to the most unlikely places if they trust you, if the words give them the right footholds, the right handholds. That's what I want my readers to do: I want them to come with me when we're going mountain-climbing. This isn't a walk through a theme park. This is some dangerous place that neither of us has been before, and I hope that by traveling there first, I can encourage the reader to come with me and that we will make the trip again together, and safely." Jeanette Winterson - from a conversation with Canadian broadcaster Eleanor Wachtel on the air, September 1994, later published in More Writers & Company: New Conversations with CBC Radio's Eleanor Wachtel. All quotes featured in Brain Pickings Weekly online newsletter, July 27, 2014.



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—Tom Wilson, actor/ivriter/comedian

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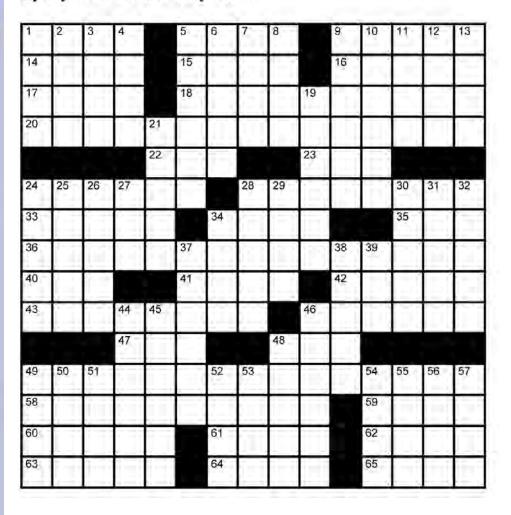
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Education

After a two-month hiatus, the CVU Communications Sub-Committee, with much help from members of the CVU community, is pleased to offer our first article of the 2014 – 2015 school year. We welcome suggestions for future article topics from the community.

Friends of CVU

BY ALICE BROWN, CO-CHAIR, FRIENDS OF CVU

The Friends of CVU is a group of parents from Charlotte, Hinesburg, St. George, Shelburne, and Williston, who together strengthen the links between community, teachers, and CVU high school students. Over the years, the Friends of CVU has become involved with parent education and with support of CVU teachers. We work with Connecting Youth to sponsor educational speakers and appropriate programs, which support community members, parents, and students. The Friends also aims to support student clubs and activities with grants, made possible by CVU community donations.

What does the current Friends of CVU group do? This past year, we hosted a November Dessert with the Principal, during which Principal Jeff Evans engaged parents with the latest news on how CVU continues to move forward. We ran a Teacher and Staff Appreciation luncheon for the approximately 300 CVU employees, who very much appreciated the delicious special lunch! And we organized a breakfast for Grad Challenge presentation day in May, feeding close to 1,000 CVU seniors and juniors, parents and guests, teachers and staff, and community panelists. It was a wonderful community celebration of our graduating students!

Where would Friends of CVU like to go in the future? In keeping with the mission of developing community, we hope to distribute an electronic directory of students' home contact information this fall. We'd like to expand opportunities for the community to meet with our principal by adding a new event, Breakfast with the Principal, in the early spring, since many parents truly

enjoy learning from CVU's principal about the school's direction. And we'd like to raise enough funds to support CVU's students, particularly for class "extras" and special trips, which might otherwise be beyond the reach of some of our families.

The Friends of CVU would very much like to hear from you, our parents and community members. What would you like to see our high school's parent support group achieve? Would you be interested in more parent outreach and education workshops and programs? Would you like to see community dinners at CVU? How about more scholarship support for students, perhaps for international trips? Please let us know your thoughts!

The Friends of CVU can be reached at friendscvu@gmail.com.

The CVU Board would like the community to know of another great opportunity to become involved in the high school. Community input is greatly appreciated when the Board is preparing the budget each winter. The 'Budget Buddy' program, an opportunity for up to 11 community volunteers to participate in all budget meetings (December and January), is one way in which residents can learn more about how the CVU budget is developed, and share suggestions, concerns and other valuable "outside" viewpoints. Please contact a school board representative to learn more!

Hinesburg Representatives to the CVU School Board:

Lia Cravedi - lcravedi@uvm.edu

Ray Mainer - rmainer@cssu.org

4. Aboriginal tribe 5. Don't cut

8. Confined

6. See-through wrap

7. Banned apple spray

9. Secret society: var.

11. Student of Seneca

13. .9144 meter

19. Incursion

21. Engaged

26. Cowell

30. Braid

38. Drawing

44. Disentangle 45. C2H6

46. Climbing herbs

48. Noted caravel

51. Important Indian

54. Homebuilder's strip

56. Butcher's offering

55. It was introduced in 1912

52. "Good shot!"

53. "Go ahead!"

57. Like pie

39. Age

49. Joins 50. Bypass

24. Old adders

25. Trace mineral

28. African primate

29. Lingering trace

31. The "U" of UHF

32. Early anesthetic

34. Like some memories

37. Soldier's helmet, slangily

12. Hydroxyl compound

Have an ad? 482-2540 or ads@hinesburgrecord.org. Have news? 482-2350 or news@hinesburgrecord.org.

10. "She flies with her own wings" is its

27. World govt. in TV's "Futurama"

Organizations

Kids Adventure Games in **Stowe Draws Hinesburg** Youth

BY JAMIE CUDNEY

The Kids Adventure Games, originally founded in Vail, Colorado, made its debut on the East Coast on July 26 at Trapp Family Lodge in Stowe, Vermont. The Kids Adventure Games is a premier race for children 6-14 that features teams of two competing in mountain biking, hiking, zip lines, giant slip-nslide, cargo nets, mud pits and more in



Sawyer Cudney competing at the Kids Adventure Games



Sawyer Cudney and Hays Peterson proud of their second place finish in the boys eight and under group.

rience created to emphasize teamwork, problem solving, and fun! Four kids from Hinesburg, Hays Arnoldy (6), Sawyer Cudney (6), Myles Peterson (10), and Sage Peterson (7), navigated their way through the wild terrain of the Green Mountains on a three-mile course and achieved great triumph completing the Kids Adventure Games! The Kids Adventure Games were founded by Helene and Billy Mattison who emphasize kids crossing the finish line "pumped up with smiles on their faces and a feeling of accomplishment." For Hays, Sawyer, Myles and Sage...that's exactly what they felt! Mattison has plans to return to the Trapp Family Lodge in 2015 with the Kids Adventure Games! For more information about this national race series visit kidsadventuregames.com

a one-of-a-kind outdoor adventure expe-

Hinesburg 4-H Club Members Attend Sheep Camp and Fair

BY HANNAH CLEVELAND

Hinesburg 4-H Club members attended 4-H Sheep Camp over the weekend of June 27-29. The camp was held at Addison County Fairgrounds. Members brought their own sheep and set up tents in the nearby cow barn. Camp activities included sheep showmanship, needle felting, shearing, and a fun demonstration of working with sled dogs. Campers are responsible for their sheep over the weekend and at the end of camp participate in a sheep obstacle course and a show competition. It was a beautiful weekend and the members and sheep had a great time.

Hinesburg 4-H Club members worked hard and displayed several skills at the Addison County Fair and Field Days. Members started Sunday August 3 helping set up the Sheep Show tent and club/individual displays in the 4-H Exhibit Hall. Parades, sheep exhibits, sheep quizzes, competitions (including

continued on page 16

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Across

- 1. Twosome
- 5. P.D.Q.
- 9. Finance magazine
- 14. Kashmir clan 15. Chronicle
- 16. Madison Square Garden, e.g.
- 17. Fill to excess 18. Property conveyor
- 20. Is a loving person 22. Days
- 23. Orinoco, e
- 24. Ridiculously incongruous
- 28. French game
- 33. Capital city
- 34. Central points
- 35. In the preceding month: abbr.
- 36. Ready for battle 40. Whisper sweet nothings
- 41. Wild about 42. "___ So Vain"
- 43. Indirect implication
- _ algebra
- 47. Degree in math? 48. Mont Blanc, e.g.
- 49. Cooperate closely
- 58. Issuances 59. Department
- 60. Industrial city in France 61. Quote
- 62. Silver Needle, et al.
- 63. Condition 64. Sorority letters
- 65. "___ _Toledo!"

Down

- 1. Narrow margin
- 2. West Samoan monetary unit 3. Freudian topics

ANSWERS are on inside of back page

► Education, continued from page 15

4-H Youth and Project Animal Costume class, Youth Blocking and Fitting, Sheep and Wool Garment Lead Line class, Sheep Fitting and Showmanship, and Open Sheep Show pitting comers of all ages) filled out the days through the end of the fair Saturday, August 9.

Club members have been at the Champlain Valley Fair since setting up 4-H Hall exhibit entries before the fair started last weekend. Yesterday, members brought wool sheep breeds to the fair in preparation for the Wool Sheep Shows this weekend. Stop by the Expo North 4-H area to see art, education, and project work. You can also see the members and others working with their 4-H project animals in the Sheep Tent throughout the week.

Local 4-Hers Take Part in Vermont 4-H Horse ShowLO-CAL 4-H'ERS

FROM UVM EXTENSION PRESS RELEASE

Five Hinesburg 4-Hers were among the 103 competitors at the Vermont 4-H State Horse Show, July 10-13 at the Addison County Fair and Field Days site in New Haven. The annual event is sponsored by University of Vermont (UVM) Extension 4-H.

Among the top overall winners in the 4-H divisions, based on points earned from fitting and showmanship, judging, quiz bowl, general knowledge test and 4-H project class, was Chloe Stidsen

who earned Reserve Champion in the Beginner Division.

In the English riding classes, based on combined scores in equitation, trail, pleasure and either road hack or hunter under saddle classes, Allison Henson was named Champion in the Senior Division for 16-18-year-olds. Allison also won the dressage high-point award.

Other local 4-Hers who competed at the state 4-H horse show included Lilly Basye, Carlie Mashia and Phoebe Mason, all members of the Midnight Riders 4-H Club.

Harvest for Hunger Festival to be Held September 21

FROM PRESS RELEASE

The Community Alliance Church will be hosting the fifth annual Harvest for Hunger Festival, to benefit the Hinesburg Food Shelf, on Sunday, September 21. The festival runs from 10:00 a.m. to 3:00 p.m. and is held at the church at 190 Pond Road in Hinesburg.

Events and attractions will include horse-drawn wagon rides, face painting, petting zoo, roasted corn, homemade desserts, a cider press, bouncy castle, carnival games, and races.

All events and activities are free and family-friendly. Non-perishable food donations benefit the Hinesburg Food Shelf and cash donations benefit the Feed My Starving Children MobilePack Event on October 17 and 18. Donation jars will be located around the Festival. Have fun and thank you for helping to turn hunger to hope here and around the world.

Hinesburg 4-H Club members Corinna, Caroline, Cyrus, Claire and Hannah at State Sheep Camp. Photo by Trevor Hobbs.

Health & Safety An Invitation to breath and awareness. Classes are

An Invitation to Health

BY LAURA WISNIEWSKI FOUNDER AND DIRECTOR OF BEECHER HILL YOGA

More than 70% of deaths in the United States and about 75% of health care spending costs are attributable to chronic diseases, according to the U.S. Center for Disease Control. (cdc.gov/ chronicdisease/overview) The predominance of chronic disease is caused by lifestyle factors including diet, exercise, stress, and environmental conditions. As developing countries "achieve" the lifestyle of developed countries like the United States, their rates of chronic disease rise predictably. For a variety of political, social and economic reasons, most Americans have not been educated about the enormous power we have to affect our health and, most importantly, the health of our children.

For many of us, September is a month for new beginnings. It's the perfect time to make healthy lifestyle changes, but the information can be overwhelming, confusing and often contradictory Where to start?

I recommend these bottom-line priorities as a place to begin:

- 1. Eat foods in their whole, unprocessed form. Include plant food.
- 2. Drink enough water. Your pee should be clear or pale.
- 3. Eliminate or reduce refined carbohydrates especially sugar.
- 4. Breathe clean air as much as possible. If you smoke, stop smoking.
- 5. Get adequate sleep whatever amount is right for you.
- 6. Practice mindfulness daily, bringing your awareness to the present moment.
- 7. Get up from your chair and move every half hour if you work at a desk.
- 8. Move as often as you can. Include stretching, muscle strengthening and aerobics.
- 9. Receive and give love. Take care of others.

This may seem way too simplified. How much? Which ones? How many? For how long? When? For the month of September, I invite you to just follow these simple, but not necessarily easy, guidelines as much as you can in the best way you can.

Improving our own health gives us the strength and vitality to improve our communities and the world. You may want to 'like' Beecher Hill Health on Facebook at facebook.com/Beecher-HillHealth to receive informative posts about Yoga, nutrition, stress reduction, movement, and body-mind health. You can let me know how it's going at bhy@beecherhillyoga.com.

Fall Offerings from Beecher Hill Health

Group Yoga Classes will begin the week of September 8:

(See our ad in this issue for the class schedule). Beecher Hill Yoga classes focus on the integration of movement,

breath and awareness. Classes are appropriate for people at all levels of fitness and experience, including beginners.

Half Price for people new to Integrative Yoga Bodywork:

Through September 30, introductory Integrative Yoga Bodywork sessions are half price for all new clients! Integrative Yoga bodywork is a unique, deeply relaxing, therapeutic massage. It is practiced on a low massage table. You will be fully clothed in loose, comfortable clothing. This approach combines the powerful physical and mental benefits of Yoga and the profound relaxation of massage. It is appropriate for people at all levels of fitness.

Bridge to Health Cleanse:

Launch your healthy lifestyle with this weeklong 'vacation' from sugar and flour. Reducing refined carbohydrates can dramatically improve energy, reduce cravings and help with weight loss. Three noon meetings in Burlington: October 8; October 15 and October 22. The deadline for the 25% early registration discount is September 26.

Sunday Morning Yoga will focus on a healthy back and spine:

Join Beecher Hill Yoga on the third Sunday of each month from 9:30 – 11:30. The focus for September's practice is 'Yoga for a Healthy Back.'

Beecher Hill Health (beecherhillyoga. com) was founded in Hinesburg in 1995. Feel free to contact Laura Wisniewski at bhy@BeecherHillYoga.com for more information, to register, or to make an appointment.

Radon Awareness Project

Eagle Scout Candidate Spreads the Word

BY SUE MCGUIRE

Did you know that exposure to radon gas is the second highest cause of U.S. lung cancer deaths after smoking? It kills more people per year than drunk drivers.

Jeffrey Giroux of Hinesburg has chosen, as his Eagle Scout project, to bring awareness and education about the dangers and prevention of radon illness to the public in this area. This article is a result of his recruiting others to aid in the effort. Other boy scouts are helping; they had a booth at the 4th of July and have set up stations in other sites

Advertising and news deadline is September 6 for the next issue. Publication date is September 25, 2014. Call 482-2540 for more information. Material not received by deadline will be considered for next issue.

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around town to educate the public.

Radon is a naturally occurring radioactive gas that forms from the decay of uranium in rocks or soils. It gets into buildings through cracks or openings in basement areas. Found in low levels everywhere, radon becomes a problem when it is trapped for long periods in enclosed areas with little ventilation. Higher levels are often detected in the winter when windows are closed and more harmful when people spend more time inside.

The gas has no odor, color or taste. There are no health effects from brief exposure but over a lifetime the impact builds up. It is measured in Picocuries per liter of air or pCi/L. Per the EPA, a measurement of 4 or more warrants taking measures to expel from your home. The national average is 1.3 pCi/L; Chittenden County averages 2.4 with 15% of homes tested reading over the upper limit of 4. Addison County average is 5.4 with 28% of households over 4 pCi/L.

Free test kits are available to Vermonters on the website vt-Radon.info. Click on the State Department of Health, and then click on Order a Radon Test Kit. Note that you may fill out the form online but it must be printed sent through the mail; electronic submission doesn't appear to work. Test kits can also be purchased at hardware stores.

If radon in high levels is found in your home, mitigation includes using vent pipes and a fan system to pull radon from beneath the house and vent it outside. Sealing cracks and other openings in the basement can also help. For a list of certified inspectors and firms that do the work to solve the issue and for more information, visit the Vermont site referenced above or at tinyurl.com/HRradon.

Thank you to Jeffrey for helping make us all more aware of this potentially dangerous issue!

Save by Registering Now for Sept 21 Tour de Farms

FROM VT BICYCLE AND PEDESTRIAN COALITION PRESS RELEASE

Registration for the Seventh Annual Tour de Farms on Sunday, September 21 is now open. You can save \$15 on each adult and \$7 on each youth registration by signing up in advance. Here's the link to the online form: tinyurl.com/HRfarmtour

Join over 700 bicyclists and enjoy samples of locally-grown foods as you pedal from farm to farm in the beautiful Champlain Valley. You might choose the family-friendly ten-mile loop or the more challenging 30-mile circuit. There is also a two-mile trike route (\$5 for each child and free to adults). The Tour is a very important fundraiser for both the Vermont Bicycle and Pedestrian Coalition and the Addison County Relocalization Network (ACORN).

The Tour de Farms is made possible this year by the following generous sponsors: Earl's Cyclery and Fitness, VBT Bicycling and Walking Vacations, Shelburne Farms, AARP, City Market, Healthy Living Market and Cafe, IPJ Real Estate, Langrock, Sperry & Wool, Merchants Bank, American Flatbread, and Old Spokes Home. Please support the sponsors who support the Tour!

We are grateful for additional support received from The Bike Center, Coop Insurance, Farmhouse Group, Louis Garneau, Middlebury Natural Foods Coop, and Terry Bicycles.

Come experience this great event in the communities of Shoreham and Orwell and enjoy the music, crafts, and foods of AppleFest on the Shoreham Town Green after your ride.

People

Hinesburg's Newest Resident

A baby boy, *Nathan Taylor Baldwin*, was born to Matthew and Laura (Hooper) Baldwin of Hinesburg on June 13, 2014 at Fletcher Allen Health Care (FAHC) in Burlington.

(The Hinesburg Record is pleased to announce the birth of your baby. When you fill out a "Baby Notice to Media" following the birth, just add The Hinesburg Record in the space allotted for "Other Media.")

Celebrating a Remarkable Athlete: Autumn Eastman – Grand Marshal

BY TOM GIROUX, HINEBURG RECREATION COMMITTEE

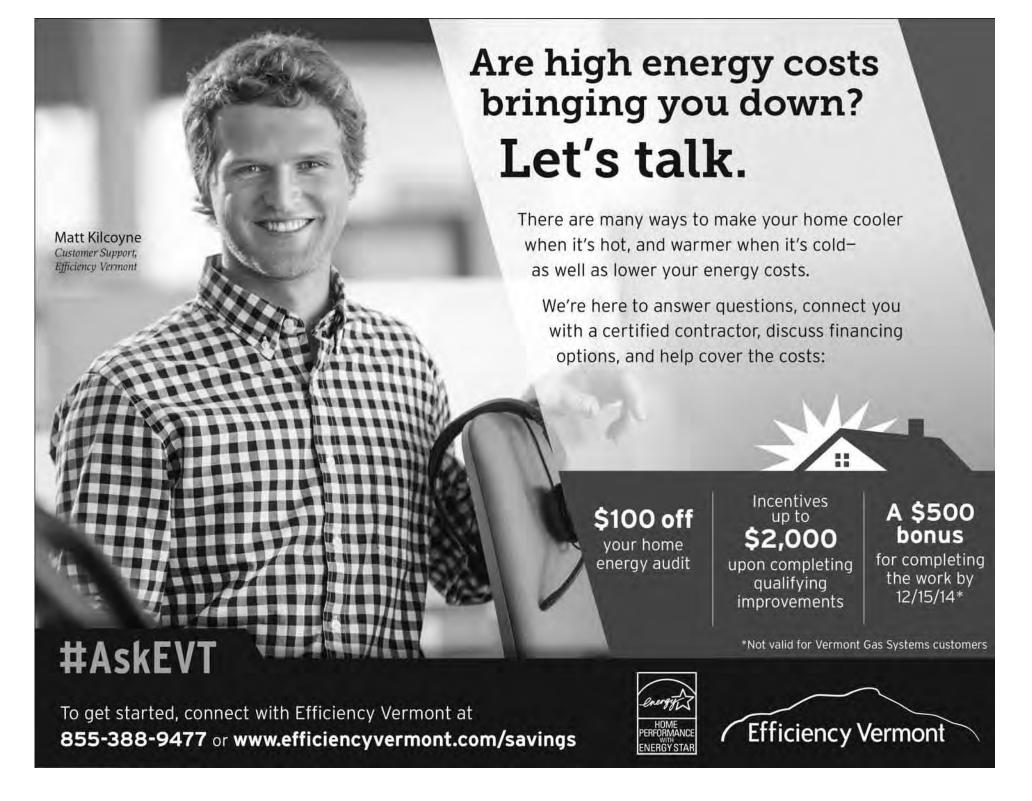
For the first time in everyone's memory, the 2014 Grand Marshal for Hinesburg's 4th of July Parade was someone under 40. But in no way does this diminish from all that Hinesburg's Autumn Eastman has accomplished in such a short amount of time. What a year the recent graduate of CVU had, that concluded with her being named the Female Athlete of the Year, by the *Burlington Free Press!*



Autumn Eastman

In the fall, she ran cross-country on a CVU team that won its tenth title in 11 years, Autumn being part of the last three. At the State finals, she ran away from the field, winning the race by almost a minute over the second place finisher and setting a course record. Autumn placed second at the Manhattan Girls Eastern States Championship, a top notch meet in NYC. She took third at both the New England's and the Nike Cross Country Regionals, qualifying her for the Nike National Finals, in Portland Oregon, where she came in 16th, All of this earned her Vermont's Gatorade girl's cross-country runner of the year and the 2013 VSADA Scholar-Athlete

Things didn't let up come winter time. Autumn was a member of CVU's Nordic skiing team that won the state title continued on page 18



▶ People, continued from page 17

for the third year in a row. At the State Meet, she won the free-style race and was a runner-up the classic category. She skied for Team Vermont in the Eastern Championships, coming in third in the 5K, which qualified her for the Junior Nationals.

Next came the spring season, and what a season it was !! Autumn won the 800, the 1,500, and the 3,000 at the State Finals, and was a member of two state title relay teams. At the Burlington Invitational, she set a meet record in the 800 meters, that no one had touched in 22 years. She ran second in the New Englands in the 3,000 and finished with her personal best in the 1,500. Autumn now holds school records in all three events and state records in the 4x800m and the 800m. With no big surprise, she put another item into her, must be full trophy case, by winning the Vermont Gatorade Player of the Year in Track and Field for the second year in a row.

Autumn, believe it or not, does more than run and ski, while at CVU, she maintained a 4.03 grade-point average. Through all her extensive training in

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three sports and her academic achievements, she has earned a scholarship to attend Division 1 Georgetown this fall to study Health Sciences, and will no doubt continue to excel in crosscountry running and track and I expect will still ski on weekends. She spent the summer involved in a "Running Program and Outdoor Fun Camp" for K-8th graders and has volunteered locally on behalf of middle school literacyoutreach initiatives and youth ski pro-

So it was actually a pretty easy choice, as you can now tell, why Autumn Eastman was chosen as the 2014 Grand Marshal. The whole town of Hinesburg wishes her continued success, both in the classroom and while running, and we are all proud that we can call her one of our own.

Town of St. George **Hires Town Administrator**

FROM PRESS RELEASE

The Town of St. George hired its first town administrator in the history of the town. Effective July 14, the new town administrator is Barbara Young.

At its annual town meeting March 4, the



St. George Selectboard Chair Lisa Dillon Beliveau (left) and new Town Administrator Barbara Young.

town approved a budget that included funding for the new town administrator position. The position became effective July 1.

"We are excited to have our first town administrator," said Selectboard Chair, Lisa Dillon Beliveau. "For a little town, we have a lot going on. We are excited Barbara will help take us to the next level. It is nice to have her back helping the Selectboard."

Barbara is a graduate of Mary Baldwin College in Virginia and holds a MBA from Northeastern University in Boston, Massachusetts. Barbara was the Town Clerk and Treasurer for St. George from 2006 to 2012.

The Town of St. George was chartered in 1763 in honor of King George III, the reigning monarch of England at the time. Comprised of only 2,200 acres, St. George is geographically the smallest town in the State of Vermont.

Vermont **Commons Appoints Dexter Mahaffey as** new Head of School



Dexter Mahaffey

The Board of Trustees at the Vermont Commons School is pleased to announce the appointment of Dexter Mahaffey, PhD as the school's fifth Head of School, effective July 1. Dex-

ter has over twe tv vears of education al administration experience and joins VCS after having served as the Director of Diversity and Global Studies at Kentucky Country Day School in Louisville. A graduate of Middlebury College, Dexter subsequently completed his Masters in English from the Bread Loaf School of English in 1998 and earned

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commons.org. Hinesburg **Resident Com**pletes Semester-**Long Wilderness Expedition**

his Doctorate from the University of

Louisville in 2013. A running and fly

with their young sons, Ian and Kai.

7-12. The school offers a rigorous,

college-preparatory curriculum that

and experiential education. Vermont

immersion, master fundamental aca-

demic disciplines, grasp the profound

interdependence of the natural and hu-

man systems they inhabit, and graduate

commitment necessary to become ethi-

cal and engaged ecological citizens. For

more information please visit vermont-

with the values, knowledge, skills and

fishing enthusiast, Dexter and his wife,

Era MacDonald, are living in Hinesburg

About Vermont Commons School: Ver-

mont Commons School is an indepen-

dent day school for students in grades

includes a focus on community service

Commons School students experience

a unique blend of academics and global

Christopher Adams, 19, of Hinesburg, recently completed a semester-long wilderness expedition traveling in the Southwest with the National Outdoor Leadership School (NOLS).

On Feb. 24, Adams and 13 other students traveled to NOLS Southwest outside of Tucson. Arizona for a multiactivity expedition during which the students did not have access to modern conveniences and were challenged each day to banish their self-doubts and step outside their comfort zones. A NOLS education stresses leadership can be learned and is based on the belief that the outdoors is a challenging environment where students will learn hard skills and about themselves.

The NOLS Spring Semester in the Southwest was split into four sections hiking, canoeing, climbing and an independent student expedition; two to four instructors who are experts in the field accompanied students on each section.

This semester also included a Wilderness First Aid (WFA) course. This 20hour backcountry first aid course was taught by the NOLS Wilderness Medicine Institute. This course provided students with the tools to make basic medical decisions in the backcountry.

After gearing up and packing their backpacks, Adams and his 13 course mates set out to explore the Galiuro and Santa Teresa mountain ranges. For 24 days, the students traversed these mountains on foot, carrying all their belongings on their backs and learning basic skills of backcountry travel. During this first section, the students learned to develop risk management and grew as leaders. During the first ration period, instructors modeled expectations of a leader. After a re-ration was brought in to the students, they took turns operating as leaders in teams of three. Finally for the third ration period, students planned the hiking route and hiked independently of the instructor team. Overall, the group traveled 95 miles on and off trail while encountering bushwhacking, steep terrain and wading through pools of water.

Transitioning from the hiking section, Adams and his course mates had a cultural experience visiting a border patrol station and public radio station in Marfa, Texas. Then the group went to Redford, Texas where they heard from a local border historian and learned to make a traditional Mexican dinner. The group camped in Big Bend State Park for a night, and then entered into Big Bend National Park. For their final



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cultural experience, the group met with the park geologist, who gave an overview of the formations and fossils found in the park. After these cultural adventures, the group embarked on a 14 day, 120-mile canoe expedition. On this section, curriculum focused on team leadership, pre-historic human history, water issues, and conservation and border issues.

Next, Adams and his course mates spent 19 days rock climbing. During the first ration period, the group focused on learning foundational climbing skills on the East Side of the Cochise Stronghold. Students began learning to build their own anchors with natural and artificial protection and repelling to the cliff base. Students enjoyed lots of top rope climbing at Rattlesnake Cove and Zappa Dome. For the remaining two ration periods, students hiked over to the West Side of the Stronghold, installed camp and continued to build upon their foundational climbing skills. Students stretched their own personal expectations, perusing personal goals such as multi-pitch climbing, top rope site management and lead climbing. Nights on this section were spent enjoying meetings and classes at Council Rocks Site and having campfires.

The culminating section of Semester in the Southwest was the independent student expedition. This section focused on backpacking again, starting with a tour of the Gila Cliff Dwellings. The independent student expedition was split into two ration periods, going through designated wilderness areas, covering 61.5 miles and gaining 4,550 feet of elevation. During the first ration, Adams and his course mates focused on refreshing their navigation skills, risk management and first-aid knowledge. Then, the second ration period focused on independent student travel and the independent student expedition. The group met up to spend their last day together before they were picked up at the Diamond Creek trailhead.

This expedition began three months ago, and students on the course graduated competent and confident leaders and outdoor travelers. Those who completed this expedition join the NOLS alumni network of over 221,000 graduates.

Since legendary mountaineer Paul Petzoldt founded the school in 1965, more than 230,000 students have graduated from the National Outdoor Leadership School (NOLS), the leader in wilderness education. Whether through field-based courses offered in some of the most awe-inspiring locations in the world or classroom-based courses, the school provides transformative educational experiences to students of all ages. Graduates emerge as active leaders with lifelong environmental ethics and outdoor skills. To discover the NOLS experience or to bring a course to your business or organization, call (800) 710-NOLS (6657) or visit nols.edu.

Wooden Family Donates Autographed Etching of Former President Truman to the National Press Club

BY JENNIFER WOODEN MITCHELL

The three grandsons of Kenneth and Martha Wooden of Shelburne, Vermont - Preston Webb (of Hinesburg), Chase Mitchell (of Williston) and Grant Mitchell (of Williston) - presented Myron Belkind, President of The National Press Club in Washington, DC, with an autographed etching of former President Harry S. Truman for the world's leading professional organization for journalists on July 28.

The blue and white etching of the 33rd President was commissioned in 1967 for a conference brochure on "Politicians and Poets" organized by Wooden while he was Executive Director of the Institute of Applied Politics at Trenton State College in New Jersey. Impressed with the artistic quality of the artist, Mr. Walt Ibach, Wooden sent 21 copies to the Truman Presidential Library in Independence, Missouri, asking the former President to autograph them. That he did – all 22 copies - and returned them, dated August 25, 1967, with an attached cover letter.

Years later while visiting the Truman Library, its director told Wooden, "President Truman hated most drawings and paintings of himself, but he must have really liked that print to sign twenty-two copies!" Most of the autographed prints were given to family and friends over the years.

Now, one of the remaining autographed prints will hang in the Truman Room of The National Press Club, of which Wooden has been a member for over 40 years.

During World War II, Vice President Harry Truman sometimes stopped by the Press Club on Saturdays to visit with soldiers at a weekly canteen sponsored by the Club. He would also play the piano, and it was there that the famous photo of movie actress Lauren Bacall was taken sitting on the top of the piano with a smiling Vice President playing that old piano like never before....The Wooden Family's gift will hang in that room, next to the piano!

Pictured L-R: Martha Wooden, Chase Mitchell, Preston Webb, Grant Mitchell, Kenneth Wooden, Myron Belkind (President, The National Press Club, Washington, DC). Photo by Brent Gwathney, Business Development Manager, the National Press Club.

Hinesburg Students Graduate from Roger Williams University

The following local residents were among more than 1,035 students from Roger Williams University to receive their degrees as part of the Class of 2014. Katherine Ford received a Bachelor of Science in Architecture. Elias Wieczoreck received a Bachelor of Arts in History. The weather may have started wet, but the sun broke through and Commencement celebrations among more than 6,000 graduates and guests were hardly dampened, as the 1,035 members of the Roger Williams University Class of 2014 culminated their college careers at the University's annual Commencement exercises.

Hinesburg Resident Wins National Crown!

FROM PRESS RELEASE

Dreams really do come true, and a Hinesburg resident is living a dream right now! Jenny Boquet was just crowned Ms Royal America 2014/2015 at the national competition in Portland,



Jenny Boquet

Maine. The competition included Personal Interview and Evening Gown.

Jenny was also selected as the winner of the Community Service Award at the national pageant. She is a passionate volunteer, devoting the majority of her efforts to Special Olympics. Helping the community is the primary focus of Jenny's reign as Ms Royal America. Volunteering has always been a huge part of Jenny's life and she wants to use this title to make those efforts even bigger.

If you know of an organization or event that could benefit from her participation, please contact her at msroyalamerica@outlook.com. Jenny truly wants to reach as many people as possible during her reign. Please don't hesitate to reach out.

Two Hinesburg Students Honored at Vermont Commons School Graduation

On Friday, June 6, twelve academically talented students graduated from the Vermont Commons School in South Burlington. As a class, the twelve students received a total of \$1,275,000 in merit-based academic scholarships from the colleges and universities offering them admission, an average of \$106,250 per student. The merit scholarships were offered prior to receipt of their financial aid packages. Each member of the class is planning to enroll in college in the 2014-15 academic year.

As a class, this group of 12 students rode their bicycles around the perimeter of Lake Champlain, each has done internship style senior projects of their own design, one is a finalist in the prestigious National Merit Scholarship program, another wrote an essay that was named a top finalist in a nationwide contest sponsored by YES magazine, and another is an accomplished equestrienne, having participated in the North American Rider Junior Championships. Due to inclement weather. the ceremony was held in the school's Commons Room. Senior Miles Lamberson of Hinesburg, son of Paul and Ruth Lamberson, addressed the class

continued on page 20



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► People, continued from page 19

and will pursue his bachelor's degree at Bates College.

Miles was the recipient of the school's most distinguished honor, the Starbuck Award, for his commitment to service and leadership. In bestowing the honor, the faculty noted "Miles has exemplified the very essence of Vermont Commons School since he first entered our doors as a seventh grade student. Miles has always sought to put the needs of others ahead of his own." While enrolled at Vermont Commons, Miles co-organized a Model UN event and served as the school's student body president. Miles worked to make the Student Senate an active and authentically engaged group, thus increasing the level of student voice and choice at Vermont Commons School. As the president, Miles advocated for the students at board of trustee meetings.

Sophomore Sophia Webb of Hinesburg, daughter of Rosemary and Scott Webb, was the recipient of the Distinguished Achievement in World Languages Award for study in Mandarin Chinese. She was recognized for her passion for the language and strong enthusiasm for studying Mandarin, both the linguistically and the cultural heritage of China.

College Campus Honors

Jay Baker was named to Maine Maritime Academy's Dean's List for outstanding academic achievement in the second semester of the 2013-2014 academic year. Students named to the Dean's List earn a grade point average of 3.3 or above on a 4.0 scale. Jay is majoring in Marine Engineering Technology

Chelsea Beaulieu has been named to the Dean's List for the spring 2014 semester at Salve Regina University. Beaulieu is a senior. To qualify for the dean's list, full-time undergraduate students must earn a minimum grade point average of 3.6 with no grade below a "B" in that semester.

The Little East Conference announced that **Eric Palmer** a junior member of the Keene State College Men's Lacrosse

team, majoring in Management, was named the 2014 spring All-Academic team. To be named a Spring All-Academic awardee, a student-athlete must have a cumulative grade point average of 3.3 or higher through the 2014 spring semester and be at least a sophomore academically and athletically. The student-athlete must also be a full-time member of a varsity sport and be enrolled in its institution for a full academic year.

Ashley Fournier whose major is Veterinary Technology, has been named to the Dean's List at Mount Ida College for the spring 2014 semester. To be named to the Dean's List, students must have a grade point average of 3.33 or above.

Elaina Curtis has been named to the Provost List for spring 2014 at Southern Vermont College in Bennington. The Provost List recognizes full-time students who have earned a minimum grade-point average of 3.25 during the semester. Curtis is Pre-Nursing student. She is the daughter of Judy and Bryan Curtis of Hinesburg.

Katherine Pelletier a sophomore business administration major, was named to Dean's List in Ithaca College's School of Business for the spring 2014 semester.

Kyla Leary was recently named to the Castleton College Dean's List for the spring semester of the 2013-14 academic year. To qualify for this academic honor, the student must maintain full-time status and a semester grade point average of 3.5.

Lillian Cartularo, a member of the

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class of 2017, has been named to the Dean's List at Providence College for the spring 2014 semester. To qualify for the Dean's List, students must achieve at least a 3.55 grade point average with a minimum of 12 credits.

Thomas Clayton, an incoming first-year student has been admitted to the University of Vermont's Honors College. Clayton a Neuroscience major, is one of 196 students joining the college's class of 2018. Admission to UVM's Honors College is by invitation; the Honors College works with the Office of Admissions to review the academic records of the university's entering class each year and invites top performers to enroll. Invitation to the Honors College is based on high school academic performance and a commitment to creating a diverse learning community. The college selects students from a variety of academic areas, from the humanities and sciences to environmental studies and education, from nursing and social work to business, in order to enhance this intentionally diverse community of scholars.

Keene State College congratulates **Addison Guyette** on earning an Enrichment Scholarship. This scholarship recognizes first-year students who display high academic performance. Merit awards are determined from a review of the students' application for admission to Keene State.

Rice Memorial High School Honor Roll

Rev. Msgr. Bernard W. Bourgeois, principal at Rice Memorial High School in South Burlington, proudly announced that **Will LaCroix** and **James Raymond** achieved Honor Roll status for the fourth quarter.



Miles Lamberson at Vermont Commons School graduation



Sophia Webb at Vermont Commons School graduation

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The time commitment is flexible. It's fun and rewarding, and we even get together for pizza now and then.

Record

The Hinesburg Record is a 501(c)3 non-profit community volunteer organization (staff members who do substantial work may be eligible for small stipends). For more information please email therecord@gmavt.net

Other News

September Events at the Birds of Vermont Museum

FROM PRESS RELEASE

Black Bear Carving Class with David Tuttle

Sunday, September 14, 9:00 a.m. – 3:00 p.m. in the workshop at the Museum (900 Sherman Hollow Road, Huntington).

Come to a one-day carving class with David Tuttle of the Green Mountain Woodcarvers. We will carve and paint a Black Bear. Wood blank, snacks, and coffee provided.

No carving experience required! Please bring your tools and gloves if you have them; if you don't, let us know. Dave often brings some knives, gloves, etc. to sell.

Great for teens and adults. Please bring your lunch.

\$25 for Museum and GMWC members • \$35 for everyone else

Call 434-2167 to pre-register.

Museum Day

Saturday, September 27 - All Day

In the spirit of Smithsonian Museums, which offer free admission every day, Museum Day Live! is an annual event hosted by *Smithsonian* magazine in which participating museums across the country open their doors to anyone presenting a Museum Day Live! ticket... for free. Get your ticket at smithsonianmag.com/museumday

Leaf Garlands with Lori Hinrichsen

Saturday, September 27, 1:00-3:00 p.m.

Celebrate fall! Join artist Lori Hinrichsen in making Leaf Garlands in our new Treehouse (if it's warm enough)! We will gather leaves and use needle and thread to make a cascade of color. We may have snacks and cocoa, too.

Maximum size: 12 participants, so please pre-register.

Ages 7 and up.

Free with Museum admission, donations welcome.

Spiders, Birds, and the Future of the Forest

FROM PRESS RELEASE

Bird Monitoring Walk

Saturday, September 13

7:30 - 9:30 a.m.

Beginning birders learn bird song basics, intermediates fine tune their field mark identification, and experts share their passion for all things ornithological. Following a regular monitor route, we visit different bird habitats at the Audubon Center's Important Bird Area. The long-term data we gather contributes to the eBird database, which is available to a global community of educators, land managers, ornithologists, conservation biologists, and the public.

Ages: All ages welcome

Fee: Donations are appreciated.

No pre-registration needed.

Meeting Place: Office Building, Green Mountain Audubon Center (255 Sherman Hollow Road, Huntington)

Map: goo.gl/maps/wxJOd

Spider Safari

Thursday, September 18

9:00 - 10:30 a.m.

Get your spinnerets ready! Once you've launched your draglines we'll dive into the world of spiders. We'll explore the fields and forests looking for spiders and their cousins. Once we've found some real examples, we'll practice weaving a web, catch insects to eat and find out what it's really like to be a spider in this gigantic world.

Ages: 3-5 with adult companion

Fee: Members \$8 adult-child pair, \$4/additional child

Non-members \$10 adult-child pair, \$4/ additional child

Pre-registration is required: 434-3068

Email vermont@audubon.org

Meeting Place: Audubon's Sugarhouse Parking Area, Green Mountain Audubon Center (255 Sherman Hollow Road, Huntington)

Map: bit.ly/1kVbEFV

Birds and the Future of the Forest

Saturday, September 27

1:00 – 2:00 p.m.

Audubon Vermont Conservation Biologist Steve Hagenbuch and Windsor County Forester Jon Bouton join forces for a one-hour hike to explore why our forest provides such excellent bird habitat, and how we can protect and enhance it.

This walk is part of the Forest Festival Weekend.

For more information: bit.ly/ForestFestivalWeekend

Meeting Place: Carriage Barn Visitor Center, Marsh-Billings-Rockefeller National Historical Park, Woodstock

FREE. Registration not required. All ages welcome.

Migratory Bird Hunting Seasons Are Announced

FROM VT FISH AND WILDLIFE PRESS RELEASE

The Vermont Fish & Wildlife Board approved the 2014 migratory bird hunting season dates at its August 13 meeting in Montpelier.

A printable copy of the regulations can be downloaded from the Vermont Fish and Wildlife Department website at vtfishandwildlife.com. A printed version also will be available from license agents and post offices in early September

A statewide Vermont open hunting season for Canada geese will occur September 2-25. The daily bag limit is five Canada geese during this September season. The purpose of the September season is to help control Vermont's resident Canada goose population prior to the arrival of Canada geese migrating south from Canada.

A second Canada goose hunting season, which targets both resident and

migrant birds, will be held October 10-November 28 with a daily bag limit of three Canada geese in the Lake Champlain and Interior Vermont Zones. In the Connecticut River Zone, the Canada goose season will be October 2-November 2, and November 16-December 23 with a daily bag limit of three Canada geese.

Duck season this fall opens on Wednesday, October 8 in the Lake Champlain and Interior Vermont Zones, and on October 2 in the Connecticut River Zone. The Lake Champlain Zone has a split season (October 8-12 and October 25-December 18). The Interior Vermont Zone is a straight season (October 8-December 6). The Connecticut River Zone is a split season (October 2-November 2 and November 16-December 13).

Vermont's youth waterfowl hunting weekend will be September 27 and 28. Resident and nonresident hunters 15 years of age or younger may hunt ducks and geese statewide during this season while accompanied by an adult 18 or older. Both must have Vermont hunting licenses. The adult may not hunt or carry a firearm. The youth and the adult are not required to hold state or federal duck stamps on this weekend.

Woodcock hunting season is October 1- November 14 statewide with a three-bird bag limit.

In addition to a hunting license, a waterfowl hunter 16 or older must carry current federal and Vermont duck stamps in order to hunt waterfowl in Vermont. Federal stamps are sold at post offices. State duck stamps are available on Vermont Fish and Wildlife's website at vtfishandwildlife.com and from license agents. The hunter must sign the federal duck stamp.

All migratory game bird hunters must also be registered with the Harvest Information Program (H.I.P.) in each state they hunt. You can register on Vermont Fish & Wildlife's website or call toll-free 1-877-306-7091. After providing some basic information, you will receive your annual H.I.P. registration number, which you then need to record in the H.I.P. section of your hunting license.

The hunting season dates, bag limits and related regulations for all migratory birds are set annually in August within a framework established by the U.S. Fish and Wildlife Service, and in coordination with New York and New Hampshire.

Waterfowl season dates and bag limits are set in three zones: Lake Champlain, Interior Vermont, and Connecticut River. The New Hampshire Fish and Game Department sets the season dates and bag limits for the Connecticut River Zone.

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M-F 6am-10pm



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Sat 8-12

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425-2882

▶ Other News, continued from page 21

Be Tick Smart: Repel, Inspect, Remove

FROM VERMONT DEPARTMENT OF HEALTH PRESS RELEASE

Lyme disease is transmitted from the bite of infected deer ticks. This time of year the nymphs (immature ticks), which are about the size of a poppy seed, are biting and may spread the bacteria that cause Lyme disease.

Transmission can be prevented if the tick is removed within about 36 hours, but the nymphs are so small that they can go unnoticed if you aren't looking for them carefully. Most infections occur in the summer months.

A few simple steps can help prevent tick bites and the risk of getting Lyme dis-

REPEL - Before you go outside, remember to use insect repellant with up to 30% DEET and treat clothes with permethrin. When possible, wear long-sleeved shirts and long pants and tuck your pants into your socks to keep ticks away from your skin.

INSPECT - Do daily tick checks on yourself, children and pets. Check yourself from head to toe.

REMOVE – Remove ticks promptly. Showering within two hours of coming indoors has also been proven effective in preventing Lyme disease by washing ticks off the skin. The incidence of Lyme disease continues to rise in Vermont. In 2013, there were more than 600 confirmed cases of Lyme disease reported to the Vermont Department of Health.

The first sign of Lyme disease is often an expanding red rash at the site of the tick bite. The rash usually appears seven Website: LBCvt.homestead.com to 14 days after the tick bite, but sometimes it takes up to 30 days to appear. Not everyone gets the rash, so be on the lookout for other symptoms of early Lyme disease, such as fatigue, headache, fever, chills, swollen lymph nodes, and muscle and joint pain.

For more information about ticks and Lyme disease visit healthvermont.gov.

Sean Tatro, Owner / Technician

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Religion

United Church of Hinesburg

An Open, Welcoming, Affirming and Reconciling Church

Pastor: Rev. Jared Hamilton

Office Hours: Monday, Tuesday, Thursday and Friday 9:00 a.m.-noon.

Location: 10580 Route 116

Phone: 482-3352

Email: unitedchurch@gmavt.net

Address: P.O. Box 39 Website: ucofh.org

Sunday Worship Service: 10:00 a.m.

Choir practice: 9:15 a.m. Sunday

Sunday School: Nursery and story time; Christian Education Kindergarten through 8th grade during academic school year.

WIC Clinic: First Friday 8:00 a.m.-4:00

Senior Meal Site: Every Friday 11:00 a.m.- 1 p.m. (except first Friday) Os-

AA Gratitude Group: every Monday 7:00 p.m., Osborne Parish House.

Lighthouse **Baptist Church**

Pastor: Reverend Ed Hart

Church Phone: 482-2588

Home Phone: 482-2588

borne Parish House

Email: lighthousevt@netscape.net

Location: Hinesburg Village Center, 90 Mechanicsville Road

Address: P.O. Box 288

Regular Services:

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Sunday Morning Worship: 10:30 a.m., Nursery provided, Kids Corner (puppets and songs)

VISA

Prayer Meeting; Nursery provided.

Wednesday: 7:00 p.m. Bible Study and

Sunday Evening Service: 6:00 p.m.

Saint Jude the Apostle **Catholic Church**

Pastor: Reverend David Cray, SSE

Pastor's Residence: 425-2253, dgcray@ gmail.com

Mailing Address: 2894 Spear Street/P.

O. Box 158, Charlotte, VT 05445 Hinesburg Rectory: 482-2290, Stjude@

gmavt.net, P. O. Box 69, Hinesburg 05461, (10759 Route 116)

Parish Secretary: Marie Cookson, 434-4782, Rectory, 482-2290, marietcookson@aol.com

Office Hours: Mondays and Thursdays, 8:00 a.m. to noon.

Parish Council Chair: Ted Barrett, 453-

Finance Council Chair: Doug Taff: 482-

Buildings and Grounds Supervisor: Buildings and Grounds Supervisor: Andrew Driver, 802-324-1193.

Weekend Masses:

Saturday, 4:30 p.m.; Sunday: 9:30 a.m., St. Jude Church, Hinesburg

Sunday: 8:00 a.m. and 11:00 a.m., Our Lady of Mount. Carmel Church, Charlotte

Weekday Masses: Monday, Wednesday, Friday, 8:00 a.m., St. Jude Church

Tuesday, Thursday: 5:15 p.m. Our Lady of Mount Carmel Church

Sacrament of Baptism: Call the Pastor for appointment

Sacrament of Reconciliation: Saturdays at 4:00 p.m. at St. Jude Church and by appointment.

Sacrament of Marriage: Contact the Pastor at least six months in advance

Communion at Home: Call Parish Office, 482-2290

Confirmation Coordinators: Dan & Roxanne Smith, 453-3522

Religious Education Coordinator: Marie Cookson, 434-4782

Religious Education (CCD): Monday evenings from 6:30 p.m.-7:30 p.m. for grades K-8. Registration is required. Classes begin in the fall.

The 9th and 10th grades (Confirmation Years) meet once a month. This is a two-year program. Watch Sunday bulletins for dates and times.

Please call Marie at 482-2290 (Parish Office) or 434-4782 (home) for more information.

Eucharistic Adoration: Eucharistic Adoration is held the first Friday of each month following the 8:00 a.m. Mass at St. Jude. Eucharistic Adoration will be held on Friday, May 2.

Food Shelf Weekend: Every third Saturday and Sunday, Sept. 20 & 21. Parishioners are asked to make an extra effort to bring non-perishable canned and

dried food in weekly for the Hinesburg Food Shelf. Food Collection baskets are in the entry for your convenience.

Senior Meals: Will be served August 26, September 9 & 23 from 12:00 noon to 2:00 p.m. (the second and fourth Tuesday of each month unless otherwise noted). Food will be prepared by Meals on Wheels. There will be cards, board games and door prizes. Cost is \$4.00 donation. Please call in advance so we have plenty of food on hand. For reservations call Ted Barrett at 453-3087 or Marie Cookson at 482-2290 (parish office) or 434-4782 (home). Caretakers are welcome. Hinesburg Rides will pick you up and bring you home at no charge. For more information, call the parish office at 482-2290.

Community Alliance Church

Pastor: Rev. Scott Mansfield

Phone: 482-2132

Email: info@hinesburgcma.org

Web: hinesburgcma.org

Address: 190 Pond Road, Hinesburg (overlooking CVUHS soccer fields)

Sunday Services: 10:00 a.m. through October 15. Children's programs, for nursery through elementary school ages, are available at both services. Middle School Students meet together during the second service.

Middle School and High School Youth Group: Meets from 5:00 p.m. to 7:00 p.m. on Sundays. This is a great time to meet new friends, hang out and talk real life.

Weekday Life Groups: Various times, days, and locations throughout the

For more information, please contact the church.

Services on Sundays begin at 9:00 a.m. and 10:30 a.m., with children's programming during those services. For more information, call the church office at 482-2132, or visit hinesburgcma.org.

Trinity Episcopal Church

Address: 5171 Shelburne Rd., Shelburne, VT 05482

Church phone: 985-2269

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KIM'S HOUSECLEANING, Est. 1983, weekly and biweekly openings available. Call evenings 482-2427.

PROTECT YOURSELF...read The Legal Rights of Women in Vermont from the Vermont Commission on Women. Find it at women.vermont. gov or call 800-881-1561.



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DavidNewtonMasonry.com

Church email: info@trinityshelburne.org *Reconciling Congregation*

Website: trinityshelburne.org

Worship service:

Sunday morning at 8:00 a.m.

Worship service and Sunday School: Sunday morning at 10:30 a.m.

Space for Grace program: Sunday mornings 9:15 a.m.

Williston **Federated** Church

United Church of Christ and United Methodist Church

An Open and Affirming

Beth Moore Live

HINESBURG VT, SEPT 13, 2014. LifeWay Christian Resources is slated to simulcast well-known Bible teacher and best-selling author Beth Moore live from Fort Wayne, IN, on Sept 13th, 2014 at the Community Alliance Church which is serving as a host location for the Chittenden county area.

Moore has authored dozens of published Bible studies, books, and devotionals specifically for women for nearly two decades. Her newest LifeWay-published study, Children of the Day: 1 & 2 Thessalonians (releasing May 1. 2014), is a Bible study that equips women to let the light of Christ shine brightly. Moore's organization, Living Proof Ministries, is based out of Houston.

Dove award-winning musical artist Travis Cottrell, who also serves as worship pastor of Englewood Baptist Church in Jackson, Tenn., is slated to lead worship for the

The Living Proof Live Simulcast kicks off on Saturday, Sept. 13th, at 9:00am and ends at 4:00pm. Tickets are \$15.00 covering one full day of music and worship; sessions led by Beth Moore; and opportunities for fellowship with other women from the Chittenden community. Women may purchase tickets by going to hinesburgcma.org. LUNCH IS NOT PROVIDED, BUT THERE ARE PLENTY OF PLACES TO DINE IN HINESBURG, AS WELL AS PICNIC AREAS ON SITE! Seating is limited.

EVENT DETAILS

WHAT: Living Proof Live Simulcast with Beth Moore

WHEN: Sept. 13, 2014, 9am -4:00pm

WHERE:Community Alliance Church, 190 Pond Rd, Hinesburg,

REGISTRATION online at hinesburgcma.org. The cost is \$15.

453-2432

baldwincreek.net

Address: 44 North Williston Road, Wil-

liston VT 05495 Phone: 878-5792.

Website: steeple.org

Pastor: Rev. Joan Newton O'Gorman,

cell phone: 345-7953

Lay Pastor: Rev. Charlie Magill

Activities: Junior and Senior High Youth Groups; Men's Bible Study; Women's Book Group; Junior, Senior and Contemporary Music Choirs; Friendship Suppers; opportunities for mission and outreach in the community, country, and world.

Service: Sundays 9:30 a.m., Nursery/Child care provided; Sunday School during the service for pre-K through high school; Coffee/Fellowship after service in Fellowship

All Souls Interfaith Gathering Non-Denominational Service

Pastor: Rev. Mary Abele

Phone: 985-3819

Mailing Address: 371 Bostwick Farm

Rd., Shelburne, VT 05482

Services:

Sunday 9:00 a.m.: Morning Meditation

Sunday 5:00 p.m.: Evensong Service (with programs for children & youth!)



Do you need a ride?

Call SSTA: 878-1527 or Karla Munson: 482-2778 Visit us at HinesburgRides.org

Crossword Answers

11	° Ŧ	E	⁴ M		A	°s	A	°P		°M	1º0	N	12 E	13 Y
14N	Α	G	Α		15 T	Α	L	Е		16A	R	E	N	Α
17C	L	0	Y		¹⁸ T	R	Α	N	19S	F	Е	R	0	R
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36 A	R	M	Е	D	57 T	0	Т	Н	Ε	36 _T	39 E	Ε	Т	Н
⁴⁰ C	0	0			45	N	Т	0		"Y	0	U	R	Ε
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Wednesday is Burger & Beer Mary's Specially designed burger + Baldwin any craft beer for only \$15 Creek our farm to your table 1868 N 116 Road, Bristol, VT

Fire Department

Answers to Fire Department Trivia from page 6.

- 1. In fiscal year end 2014, HFD responded to 408 calls. This is an increase from the 345 – 350 average calls in the previous four years.
- 2. Yes. The maximum life of a CO detector is six years. This is due to the buildup of dust and dirt on the sensor.
- 3. Approximately 120 classroom and practice.
- 4. Approximately 130 classroom and
- 5. FF1 is 24 training hours per year. EMT is 36 per year. Both require

documentation being submitted to the state to prove hours have been completed.

6. A Quint combines an engine/pumper and ladder. The Quint carries a limited amount of water for initial attack. The length of the ladder varies from 75 to 120 ft. Here is an example of a Quint.





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If there are changes to the contents of items on this page, please contact June Giroux at 482-2350 or june.giroux@hinesburgrecord.org.

THU AUG 28

3 p.m. – 6:30 p.m. Hinesburg Lions Farmers' Market, sponsored by Hinesburg Lions Club. On the grounds of the United Church of Hinesburg on Route

7 p.m. – 9 p.m. Hinesburg Historical Society meeting. Hinesburg Town Hall, lower level conference room

MON SEP

4:30 p.m. – 5:30 p.m. Lake Iroquois Recreation District meeting, Williston Town Hall. Public invited

7 p.m. – 8:30 p.m. Selectboard Meeting. Hinesburg Town Hall

7:30 p.m. – 8:30 p.m. Vermont Astronomical Society meeting. UVM

TUE SEP 2

7:30 p.m. – 8:30 p.m. Development Review Board. Town Hall

WED SEP 3

7 p.m. – 8:30 p.m. Fire and Rescue/Medical Training. Hinesburg Fire Station

THU SEP 4

3 p.m. – 6:30 p.m. Hinesburg Lions Farmers' Market, sponsored by Hinesburg Lions Club. On the grounds of the United Church of Hinesburg on Route 116

FRI SEP 5

Advertising and news deadline for the September 25 issue of The Hinesburg Record

MON SEP 8

7 p.m. – 8:30 p.m. Village Steering Committee meeting. Hinesburg Town Hall

TUE SEP 9

7 p.m. – 8:30 p.m. Conservation Commission meeting, 2nd floor, Town Hall

7 p.m. – 8:30 p.m. Recreation Committee meeting. Hinesburg Town Hall

7:30 p.m. – 9 p.m. Land Trust meeting. TBD. Interested parties should call Ann Brush at 482-5656 or emailannbrush@gmail.com

WED SEP 10

6:30 p.m. – 7:30 p.m. Fire and Rescue/ Heavy Rescue Training

7:30 p.m. – 8:30 p.m. Planning Commission. Hinesburg Town Hall

THU SEP 11

3 p.m. – 6:30 p.m. Hinesburg Lions Farmers' Market, sponsored by Hinesburg Lions Club. On the grounds of the United Church of Hinesburg on Route 116

MON SEP 15

7 p.m. – 8:30 p.m. Selectboard Meeting. Town Hall

TUE SEP 16

 $\bf 5$ p.m. – $\bf 6:30$ p.m. CSSU School Board mtg.. CVU.

6:30 p.m. – 8 p.m. Business and Professional Association meeting. Papa Nick's Restaurant. Contact HBPA President Tom Mathews at 496-8537 for information or to make reservations.

7 p.m. – 8:30 p.m. CVU School Board meeting. CVU.

7 p.m. – 8:30 p.m. HCS Board meeting. CVU.

7:30 p.m. – 8:30 p.m. Development Review Board. Hinesburg Town Hall

WED SEP 17

7 p.m. – 8 p.m. Fire and Rescue/Business Meeting. Fire Station

7 p.m. – 8 p.m. Hinesburg Trails Committee meeting. Hinesburg Town Hall lower level conference room. Stewart Pierson, Chair

THU SEP 18

3 p.m. – 6:30 p.m. Hinesburg Lions Farmers' Market, sponsored by Hinesburg Lions Club. On the grounds of the United Church of Hinesburg on Route 116

Calendar

TUE SEP 23

First day of Autumn

7 p.m. – 8 p.m. Conservation Commission

WED SEP 24

7 p.m. – 8 p.m. Carpenter Carse Library Trustees meeting. Carpenter Carse Library

7 p.m. – 8:30 p.m. Fire and Rescue/Fire Training

7:30 p.m. – 9 p.m. Planning Commission. Town Hall

THU SEP 25

Rosh Hashanah

September 25 issue of The Hinesburg Record published

3 p.m. – 6:30 p.m. Hinesburg Lions Farmers' Market, (last of the season) sponsored by Hinesburg Lions Club. On the grounds of the United Church of Hinesburg on Route 116

7 p.m. – 9 p.m. Hinesburg Historical Society meeting. Hinesburg Town Hall, lower level conference room

WED OCT 1

7 p.m. – 8:30 p.m. Fire and Rescue/Medical Training. Hinesburg Fire Station

FRI OCT 3

Advertising and News Deadline for the October 23 issue of The Hinesburg Record

SAT OCT 4

Yom Kippur

MON OCT 6

4:30 p.m. – 5:30 p.m. Lake Iroquois Recreation District meeting, Williston Town Hall. Public invited

7 p.m. – 8:30 p.m. Selectboard Meeting. Hinesburg Town Hall

7:30 p.m. – 8:30 p.m. Vermont Astronomical Society meeting. UVM

TUE OCT 7

7:30 p.m. – 8:30 p.m. Development Review Board. Town Hall

WED OCT 8

6:30 p.m. – 7:30 p.m. Fire and Rescue/Heavy Rescue Training

7:30 p.m. – 8:30 p.m. Planning Commission. Hinesburg Town Hall

REGULARLY SCHEDULED ITEMS

Town Clerk Office Hours: Monday, Tuesday, Thursday, and Friday from 8:00 a.m. to 4:00 p.m.; Wednesday from 10:00 a.m. until 6:00 p.m. Town Hall, 482-2281. E-mail: hinesburgclerk@gmavt.net. Missy Ross, Clerk/Treasurer.

Town Administrator Office Hours: Monday-Friday, 8:00 a.m. to 4:00 p.m., other hours by appointment; Town Hall, 482-2096. E-mail: jcolangelo@hinesburg. org Joe Colangelo.

Town Planner Office Hours: Monday - Friday, 8:00 a.m. to 4:00 p.m. Town Hall, 482-3619. E-mail: hinesburgplanning@gmavt.net. Alex Weinhagen, Planner.

Zoning Administrator Office Hours: Monday-Friday, 8:00 a.m. to 4:00 p.m. Town Hall, 482-3619, E-mail, hinesburgzoning@gmavt.net. Peter Erb, Administrator.

Listers' Office Hours: Tuesdays and Thursdays, 9:00 a.m. to noon, other hours by appointment. Town Hall, Contact Alex Weinhagen at 482-5594, hinesburglister@gmavt.net.

Hinesburg Recreation Director's Office Hours: Monday, Wednesday, and Thursday: 8:30 a.m. to 3:00 p.m. Leave a message anytime. Jennifer McCuin, Director. 482-4691, Town Hall.

Recycling & Trash Drop-Off Centers: Hinesburg: Beecher Hill Road at the Town Garage; Saturdays, 8:00 a.m. to 3:30 p.m.; 482-4840. Williston: At the end of Redmond Road; Mondays, Wednesdays, Fridays and Saturdays, 8:00 a.m. to 3:30 p.m.; 872-8111. South Burlington: Landfill Road (off Patchen Road), Mondays, Tuesdays, Thursdays, and Saturdays, 8:00 a.m. to 3:30 p.m., Fridays, 9:30 a.m. to 5:00 p.m., 872-8111. CSWD website: cswd.net.

Environmental Depot: 1011 Airport Parkway, South Burlington. Open Wednesdays, Thursdays, and Fridays, 8:00 a.m. to 2:00 p.m.; Saturdays, 8:00 a.m. to 3:30 p.m. 863-0480.

Hinesburg Community Resource Center, Inc. You may leave a message for Laura Hoopes at 482-3203. Heather Purinton (482-4061) is the contact for Friends of Families.

Hinesburg Food Shelf: Open Friday mornings, 9:00 a.m. to 12:00 noon. Tuesday evenings, 5:30 p.m. to 7:30 p.m.

United States Post Office Hours: Window:

Monday through Friday 8:00 a.m. to 1:00 p.m. and 2:00 p.m. to 4:30 p.m., Saturdays 8:00 a.m. to 12:00 noon. Lobby & TriVendor: Monday through Friday, 6:00 a.m to 6:00 p.m.

WEB PAGES:

HCS: hcsvt.org. Learn about Viking newsletter, cafeteria menu, email addresses for staff, department and team web pages, calendar information etc.

CVU: cvuhs.org. Learn about CVU activities and programs, sports schedule, and more.

CCL: carpentercarse.org. Learn about library hours, services, and online resources.

Hinesburg Town: hinesburg.org. Official Town of Hinesburg web site.

Hinesburg Record: hinesburgrecord.org. Contains contact information for advertising and news, publication deadlines, submissions guidelines, town calendar.

hinesburgbusiness.com – FREE. POST NOTICE OF JOB OPENINGS. POST RE-SUMES. Sponsored by HBPA.

seewhy.info – The official website of CY - Connecting Youth - the Chittenden South community based organization dedicated to creating a safe and healthy environment for young people.

HINESBURG BUSINESS AND PROFESSIONAL ASSOCIATION OFFERS FREE JOB SEARCH AND POSTING SERVICE

BY JEAN ISHAM, HBPA

The Hinesburg Business and Professional Association (HBPA) has added to its web site space for area businesses to post employment openings and for area residents to post requests and/or resumes when seeking jobs. The service is free of charge to members and non-members. The Association encourages area businesses and job seekers to use the site. Expanded usage will enhance the value of the site to the community.

To access this service simply go to the HBPA web site, hinesburgbusiness.com, and click on the appropriate option: Seek A Job; Post A Job; Search Resumes; Post Resume. We think you will find the application easy to use. If you do not have ready access to a computer, access may be available through your local library.

VOLUNTEER OPPORTUNITIES IN HINESBURG

Make a Difference

Hinesburg has always been a town of volunteers, stepping up whenever the call is put out for help. This column is a place for listing those needs.

Do you need volunteers for a Hinesburg event or non-profit organization? Send us the information and we'll publish it here. The posting could be for continuing commitments or one-time events. Send any requests to **therecord@gmavt**.net. Use "volunteer need" as a subject line. Supply a brief description of the duties, requirements and times needed and we will add it to this list.

Mentoring

Make a difference in the life of a child. Become a mentor at HCS. No tutoring involved, just being a buddy to a child who would benefit from adult friendship. And only one hour a week during the school year. Contact Ginny Roberts at groberts@cssu.org or 482-6271 for more information.

Meals on Wheels

Help out local area residents who cannot easily get out of their homes. Become a Meals on Wheels driver. Routes take anywhere from an hour to an hour-and-a-half depending on the day. You need not commit to a weekly schedule. Call Jane Gage at **482-6096** for more information.

Iroquois Soccer Club

The club accepts any level of volunteer participation and no special skills are required. Volunteer duties include repairing nets and lining fields, help with registration, or coaching three times a week during May and June. It helps to like soccer and kids! Contact Kevin Lewis at kevinl@gardeners.com or 482-4705 for more information.

Visit a Senior

Hinesburg seniors need your help. Some seniors live alone with limited social contact and would love to share their gift of gab with you. Just an hour of your time can make a big difference in the life of one of the seniors in our town. CVAA is currently looking for volunteer visitors for two men in Hinesburg, one of whom would particularly enjoy a little male camaraderie. If you would be willing to help one of these seniors, contact Bev at 1-800-642-5119 for more information.

Town Committees

Frequently there openings on town committees. Here are some of the recent ones.

- Affordable Housing Committee
- Agency Request Review Committee
- Conservation Commission
- Energy CommitteePlanning Commission
- Recreation Commission
- Town Forest CommitteeVillage Steering Committee

Check the town web site: hinesburg.org for the most current committee openings, descriptions and instructions on how to apply. For more information contact Renae Marshall 482-2281 x227 or rmarshall@hinesburg.org.

The Hinesburg Record

Help publish your community newspaper which is produced by volunteers who write, edit and lay it out each month. The Record needs people to write and edit copy, take photos, and help with distribution and mailing. One-time or occasional submission of articles is more than welcome.

If you are interested contact us at therecord@gmavt.net.