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September 22, 2016

Hinesburg Community School Teacher Models Goal-Setting, Perseverance

BY JENNIFER BRADFORD

s school begins, we talk to our students about the year ahead and work to instill in them the seeds of a growth mindset that will carry them through the challenges that will surely come their way. We talk the talk, and walk the walk, sharing our own stories of struggle and success.

But some of us, like fifth grade teacher Paul Lasher, go so far as to swim the swim, bike the bike, and run the run to get the message across.

This summer, Mr. Lasher competed in his second Ironman Triathlon, after training for a full year to prepare for the 2.4 mile swim, 113 mile bike, and 26.2 mile run. Mr. Lasher finished first out of all Vermont and New York competitors, placing 99th out of 3,055 finishers and in

a time of 10 hours and 41 minutes at the Lake Placid event. In his previous Ironman in 2014, he placed 189th, which just goes to show that hard work really does pay off.

"He has inspired lots of people."

Alyssa Lasher, Hinesburg Community School kindergarten teacher, says of her husband, "He has inspired lots of people. I am amazed by his determination and drive. He pushes on! I'm so proud of him."

A word of advice to our fifth graders this year — you may not want to complain that math is too hard to learn. Word is that your teacher is pretty tough and he believes in your ability to be strong and amazing, too.



Hinesburg teacher Paul Lasher finishes first among all VT and NY competitors in the Lake Placid Ironman Triathlon this summer.

Hinesburg's independent, non-profit community newspaper

INSIDE...

Service Directory

Page 11: At-a-glance view of community services.

Calendar of Events

Page 17: Upcoming community events.

Mountains Edge Farm Day Camps

Page 6: Bottle-feeding Butter, the baby pig, among other things.





Hinesburg Quilters

Page 18: Traditional, contemporary, modern, miniature, and whimsical quilts.

Come Join Us for the 11th Annual Hinesburg Fall Festival This Saturday

BY CHUCK REISS

Hinesburg's 11th Annual Fall Festival will be held Saturday, September 24, from 10 a.m. to 3 p.m. at the Hinesburg Town Hall.

Schedule of Events

Outdoor Market Place: 10 a.m.–3 p.m. at Hinesburg Town Hall.

Main Hall of the Town Hall: Show case for Town Committees and Hinesburg businesses 10 a.m.–3 p.m.

Kid Activities at the Market Place

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"Urinetown" Comes to Hinesburg!

BY CANDY PADULA

he Champlain Valley Union High School after-school Theatre Program kicked off their Fall Musical production with a week-long Theatre Camp before school started. Forty students, from the cast of this year's musical production of "Urinetown," participated in the Theatre Camp. "Urinetown" is a comedy musical about a town suffering from a drought, so everyone

continued on page 12



Members of the Cast of Champlain Valley Union's Fall Musical production of "Urinetown" rehearse a song called "Look at the Sky."

BACK STORIES

Hinesburg Youth Make a Difference in NYC

Page 24: This summer a youth group from United Church of Hinesburg, lead by Rev. Jared Hamilton, Penny Grant, and Kristi Kilbride took on food insecurity, and gardening, in an urban setting.

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Deadlines for our next Issue: February 9, 2016

Please send your article as an attached file (Word document preferred; .jpg files for images) to: news@hinesburgrecord.org. Or call us at 482-2350.

You may also use the drop box at the Giroux home at 327 Charlotte Road to drop off hard copy articles and photographs.

Contact us at ads@hinesburgrecord.org for ads or call us at 482-2540.

Deadlines for 2016 and 2017

Advertisement/News	Publication Date
October 4	October 20
November 15	December 8
January 10, 2017	January 26, 2017

Our Policies

The Hinesburg Record is published ten times each year by The Hinesburg Record, Inc., a nonprofit corporation, and is mailed free of charge to all residents of Hinesburg.

The Hinesburg Record Inc. is not responsible beyond the cost of advertising for any additions, deletions, or typographical errors that may occur.

The Hinesburg Record Inc. is not responsible beyond the printing of corrections for errors in submitted material.

The Hinesburg Record Inc. assumes no responsibility for claims arising in connection with products or services advertised herein.

Letters and articles printed in The Hinesburg Record do not necessarily reflect the opinions of the staff. The staff reserves the right to reject copy or letters that are unsuitable for readers from a general audience. The staff will not accept Letters to the Editor that are unsigned.

Subscriptions

One year subscriptions are available for a \$15 donation to The Hinesburg Record, Inc., PO Box 304, Hinesburg, Vermont 05461. Please print the name and address clearly.

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Town News

Town Clerk and Treasurer's Office

BY MISSY ROSS

he General Election will thankfully be here before we know it. We expect the ballots to arrive by October 1 at the latest. If you would like to come in any time after that date to vote early, you are welcome to do so during normal business hours which are Monday through Friday from 8 a.m. to 4 p.m. You can also request that we mail you or a family member a ballot by filling out the request form that is on the town website or e-mailing me with the appropriate information at mross@hinesburg. org. Please include your physical address as well as your mailing address if different. You can register to vote on-line at www.olvr.sec.state.vt.us. It is really easy and you can also check to see if you are still registered in another town and then easily and quickly transfer your registration to your current town of residence. The last day to register to vote is Wednesday, November 2 at 5 p.m. so don't wait until the last minute to check your status.

Presidential Elections generate a lot of interest and high voter turnout. Be prepared for major traffic jams in the village on November 8th and seek alternate routes if you have already voted or are simply passing through town, especially during the evening peak traffic hours. Plan ahead and things should flow more smoothly! We look forward to a high participation rate in this very important election!

Revised Property Tax Bills

If you have received a letter from the State after late-filing your taxes or your Homestead Declaration indicating that you are eligible for a property tax adjustment, you will be receiving a "Revised Bill" once they have downloaded that information into our computer system. This will happen on two dates:

September 15 and November 1. If you haven't filed your Homestead Declaration and Property Tax Adjustment claim form or HS-122, you should do so as soon as possible. The final deadline for filing is October 15 so don't miss out on this important opportunity.

Property taxes are due on November 15th. Don't wait until the last minute to pay them and risk being late. Hinesburg no longer imposes the 8 percent penalty that most other towns do and instead only charges 1 percent interest per month for the first 3 months and a higher rate for subsequent months. If you cannot pay the whole thing on November 15, pay what portion you can and then set up a payment plan for the remainder. This way, you only pay interest on the outstanding balance.

Happy fall everyone!

Our Trails and Our Dogs

BY GEORGE DAMERON, HINESBURG TOWN TRAILS COMMITTEE



ccording to National Geographic, humans began domesticating wolves about 32,000 years ago in China. However, not until 15,000 years ago did domesticated dogs really begin to disseminate throughout the world, arriving in Europe around five thousand years later. This is also when we begin to see the emergence of the breeds that we recognize today. So, for thousands of years dogs and humans have lived in close proximity, with dogs serving in a variety of roles as hunters, companions, pets, herders of livestock, and protectors, among others. Many years ago as a Peace Corps volunteer serving in Africa, I myself had a dog named Ralph, and he was my friend and helpmate for over eighteen months in a small market town in Benin.



Dogs and volunteers heading out to work on Hinesburg's trails. Photo by Lenore Budd

North Americans have a special relationship with their dogs, and it is not surprising, therefore, that our dogs are often with us when we hike in the mountains or take walks on forested trails. The Hinesburg Trails Committee recognizes and values the special relationship that dogs have with their owners, and true to its mission, it also wants to make sure that our trails are safe and clean for all our users.

Guiding the Trails Committee with respect to the place of dogs on our trails is the 2005 Animal Control Ordinance (amended in 2012 by the Select Board). Two aspects of this ordinance are particularly relevant with regards to the use of our trail network. First, the Trails Committee would like to remind the public that no owner may allow his or her dog to run at large on our town trails. In other words, as defined by the ordinance (Articles 2.1 and 4.1), the dog or pet must always be under the control of the owner (or the owner's family or agent) and prevented from "causing injury, damage, disturbance, nuisance, and annoyance." According to the ordinance, therefore, leashes may not be obligatory, but the owner is subject to civil penalties if the dog causes harm while not under the control of the owner.

econd, Article 4.4 stipulates that no owner may allow his or her dog to defecate on a public sidewalk or roadway (or on other types of public or private property without the owner's consent), "unless said defecation is removed immediately and properly disposed of at the owner's or keeper's property." The Trails Committee interprets this article to mean that owners or keepers of dogs should not let their pets defecate on the trails themselves, and if they do, the owner must remove the waste for proper disposal on the owner's or keeper's property. Unfortunately, we have frequently found that dogs have indeed defecated on the trails. Sometimes owners have left behind bags of feces, assuming someone else will dispose of them. Whether it is the winter or the summer, this can be especially unpleasant.





To help clarify our Animal Control Ordinance with regards to our trail network, the Trails Committee is currently considering requesting the Select Board to add "trails" to the list of public properties mentioned in Article Four. We are also mindful of the fact that not all residents of Hinesburg who enjoy our trail system are as comfortable with dogs on the trails as others may be. Therefore, the Committee may explore the following questions and options in the coming weeks: should leashes be required on all Hinesburg trails? Should the town designate one or more of our trails as dog-free? We want everyone in our town to enjoy our exceptionally beautiful trail network in as safe and pleasant a manner as possible. Should you have any suggestions, concerns, or questions for the Trails Committee, please feel free to contact our chair, Lenore Budd (buddfamily@gmavt.net).

Fall Children's **Clothing and Book Swap**

BY RACHEL KRING, COORDINATOR, HINESBURG FRIENDS OF FAMILIES

his popular FREE event is for anyone seeking children's clothing and books. The swap will be held at Hinesburg Town Hall on Saturday, October 8, 9-10:30 a.m. This is a great way to do your fall wardrobe switch, get new sizes for your kids and pass on some clothing to friends and neighbors.

To ensure another successful swap, donate all gently-used children's clothing, sized infant to 14 and children's books, toddler to middle-school level. Drop off clothing and books at Hinesburg Town Hall on Friday, October 7, noon to 8 p.m. (no drop-offs on the day of the swap, please!)

The swap is sponsored by Hinesburg Community Resource Center's Friends of Families Program.

Swap FAQ

Q: How does it work?

A: Donate as many gently used items as you want on October 7 (items will not be accepted on swap day); please be sure that items are clean and in good condition. Volunteers will sort clothing by size and gender. We don't assign dollar values or tally up what you drop off. Participants in the swap can pick whatever they need for their families on October 8.

Q: Do I need to drop off clothing and/ or books to participate?

A: No! If you just need clothing for your family and do not have anything to donate, you are welcome to just "shop." You are also welcome to just drop items off if you don't need to "swap."

Q: Can I drop off toys?

A: We do not accept toys. Please consider donating those elsewhere.

Q: I can't drop my clothes/books off on October 7 between 12-8. Can I still make a donation?

A: Yes. Please call or email Rachel Kring to make alternate arrangements: 482-4667 or HinesburgFOF@gmail.com.

Recreation Commission Thank Yous

BY TOM GIROUX

few big thank yous go out to some more people who help make Hinesburg Recreation thrive. Without the continued assistance from all of you, we couldn't operate in such a successful manner.

Thanks go out to everyone who came to the Hinesburgh Public House, on September 6, to take part in the monthly fundraiser that Will and his staff offer. This month's meal supported the future Bissonette Rec Fields, off Shelburne Road. Fifty-two hungry eaters ordered the special, which started out with salmon corn chowder, which was a meal in itself. The main course included a large

continued on page 4



The fall children's clothing and book swap will be on Saturday, October 8.



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GOVERNMENT CONTACTS

US Senators

Patrick Leahy

(802) 863-2525, leahy.senate.gov

Bernie Sanders

(802) 862-0697, sanders.senate.gov

US Congressman

Peter Welch, D

(802) 652-2450, welch.house.gov

VT Senate

Diane Snelling, R-Hinesburg 482-4382, dsnelling@leg.state.vt.us

David Zuckerman, P/D-Hinesburg 598-1986, dzuckerman@leg.state.vt.us

Vermont House

Bill Lippert, D-Hinesburg 482-3528, wlippert@leg.state.vt.us

Mike Yantachka, D-Charlotte/Hinesburg 425-3960, myantachka@leg.state.vt.us

Hinesburg Selectboard

Michael Bissonette, chair 482-2236, mbissonette@hinesburg.org

Philip Pouech, vice chair 482-2060, ppouech@hinesburg.org

Aaron Kimball

482-7458, akimball@hinesburg.org

Tom Ayer

482-5163, tayer@hinesburg.org

Andrea Morgante

482-5120, amorgante@hinesburg.org

Hinesburg Community School Board

Keith Roberts, chair, 482-2081

Bill Baker, vice chair, 989-313

Kathy Beyer, clerk, 482-4822

Colleen MacKinnon, asst clerk 482-3266

CVU School Board

Lia Cravedi, 482-2060

Ray Mainer, 482-3134

Have an ad? 482-2540 or ads@hinesburgrecord.org. Have news? 482-2350 or news@hinesburgrecord.org.

RECURRING MEETINGS AND EVENTS

Town Clerk Office Hours: Mon.-Fri. 8:00 a.m. -4:00 p.m., Town Hall. Missy Ross, Clerk/ Treasurer, mross@hinesburg.org 482-2281 ext. 223.

Town Administrator Office Hours: Mon.-Fri. 8:00 a.m.-4:00 p.m., other hours by appointment, Town Hall. Trevor Lashua, Town Administrator tlashua@hinesburg.org 482-2281 ext. 221.

Town Planner Office Hours: Mon.-Fri. 8:00 a.m.-4:00 p.m, Town Hall, 482-3619. hinesburgplanning@gmavt.net. Alex Weinhagen, Planner.

Zoning Administrator Office Hours: Mon.-Fri. 8:00 a.m.-4:00 p.m. Town Hall, 482-3619, E-mail, hinesburgzoning@gmavt. net. Peter Erb, Administrator.

Assessor's Office Hours: Tues. & Thurs. 9:00 a.m. to noon, other hours by appointment, Town Hall. Marie Gardner, Assessor 482-2281 ext. 228, mgardner@hinesburg.org.

Hinesburg Recreation Office – Jennifer Mc-Cuin, Recreation Coordinator Town Hall. 482-2281 ext. 230. Mon.-Thurs. 8:00 a.m. -3:00 p.m. hinesburgrec@gmavt.net

Recycling & Trash Drop-Off Centers: Hinesburg: Beecher Hill Road at the Town Garage; Sat., 8:00 a.m.-3:30 p.m.; 482-4840. Williston, Redmond Road; Mon., Weds., Fri., & Sat. 8:00 a.m.-3:30 p.m.; 872-8111. South Burlington: Landfill Road (off Patchen Road), Mon., Tues., Thurs., & Sat. 8:00 a.m.-3:30 p.m., Fri. 9:30 a.m.-5:00 p.m., 872-8111. CSWD website: cswd.net.

Environmental Depot: 1011 Airport Parkway, South Burlington. Weds., Thurs., Fri. 8:00 a.m.-2:00 p.m.; Sat. 8:00 a.m.-3:30 p.m. 863-0480.

Hinesburg Community Resource Center, Inc. Leave a message for Laura Hoopes at 802-373-2894. Rachel Kring (482-4667) is the contact for Friends of Families.

Hinesburg Food Shelf: Fri. 10:00 a.m. -12:00 noon. Tues. 5:30-7:30 p.m.

United States Post Office Hours: Window: Mon.-Fri. 8:00 a.m.-1:00 p.m. and 2:00-4:30 p.m., Sat. 8:00 a.m.-12:00 noon. Lobby & TriVendor: Mon.-Fri. 6:00 a.m-6:00 p.m.

WEB PAGES:

hinesburgrecord.org. The Hinesburg Record news, contact information, publication deadlines, submissions guidelines, town calendar. HCS: hcsvt.org. Viking newsletter, cafeteria menu, email addresses for staff, department and team web pages, calendar information

CVU: cvuhs.org. CVU activities and programs, sports schedule, and more.

CCL: carpentercarse.org. Library hours, services, and online resources.

Hinesburg Town: hinesburg.org. Official Town of Hinesburg web site.

hinesburgbusiness.com – FREE. POST NOTICE OF JOB OPENINGS. POST RESUMES. Sponsored by HBPA.

seewhy.info: Official website Connecting Youth (CY), the Chittenden South communitubased organization

dedicated to creating a safe and healthy environment for young people.

facebook.com/connectingyouth. Connecting Youth (CY) Fan Page: for parents and teens to connect with others in the CY community!



Do you need a Ride?

A Flinesburg Community Resource Center Program

Call SSTA: 878-1527 or Karla Munson: 482-2778 Visit us at HinesburgRides.org

► Thank Yous

continued from page 3

portion of mouth-watering cider glazed pork loin, with kale and mash potatoes. The apple turnover desert was to die for; the perfect ending to a very filling meal. A total of \$520 was raised through the dinner, and another \$80 was donated. Thanks go out to Frank Twarog, who answered everyone's questions at the door about the construction of our very necessary new fields.

Bob Giroux, from Giroux Body Shop, very graciously took time out of a work day to move a large pair of soccer goals from an old location to a new one. THANKS! They have provided this service for free in the past, and hopefully this will be the last time, until the Bissonette fields are completed.

Thank you to Chris McCuin for moving our mini soccer goals to the Town Hall field, on Labor Day. Thanks also to June Giroux, who stores them in a shed in her backyard all year save the two month fall soccer season.

Also a late thank you goes out to Lee Minkler, owner of Logical Machines, in Charlotte, who donated seven boxes of chocolate. He gave them to Doug Mead, who gave them to me, to use at my dis-



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cretion. Four boxes were used by the fire department to hand out during the parade, one was given out at the only "nonfood" concert in the park, one was used at a Salvation Army dinner for the hungry, and the last was used at the blood drive at St. Jude's Catholic church.

So THANKS again to ALL in our community who help make Hinesburg a better place.

Second Annual Energy Information Day

BY CARRIE FENN, HINESBURG ENERGY COMMITTEE MEMBER

he Hinesburg Energy Committee will be hosting the Second Annual Energy Information day — a morning discussion on how to make your home more energy efficient and how to move towards net zero energy.

Join us Saturday October 1 at Hinesburg Town Hall from 10 a.m.–Noon.

Energy professionals from the Building Performance Professionals Association (BPPA) and Efficiency Vermont will present a comprehensive energy strategy for your home and describe how you can get your existing home close to net zero energy.

The two-hour discussion will cover, among other topics: weatherization, air sealing, air-air heat pumps, solar photovoltaic and low interest financing to make your energy retrofit a reality.

This event is free and open to the public, and refreshments will be served! For more information contact 482-3295

Have news? 482-2350 or news@hinesburgrecord.org.



CSWD

The Rover is On the Move!

he Rover is CSWD's mobile household hazardous waste collection unit that stops once in each town and accepts household hazardous wastes from residents.

The Rover accepts household hazardous wastes such as paints and stains, automotive fluids, hobby supplies, pesticides, fertilizers, household cleaners, and similar items with the words "Danger," "Caution," "Warning," or "Poison" on the label, including items on this list of household hazardous waste items.

(NOTE: The Rover is available at no charge to Chittenden County households. Fees apply to residents from other towns.)

The Rover Schedule:

September 24: Huntington Center Fire Station 9 a.m.–1 p.m.

October 1: Williston CSWD Drop-Off Center 8 a.m.–3:30 p.m.

October 8: St. George Town Center 9 a.m.-1 p.m.

October 15: Bolton Fire Station 9 a.m.–1 p.m.

Need more info? Call our hotline at 872-8111 or visit cswd.net.

Can't make it to the Rover on any of these dates? Bring it to CSWD's Environmental Depot any time of year! Environmental Depot: 1011 Airport Parkway, South Burlington. Wednesday–Friday 8 a.m.–2 p.m. and Saturday 8 a.m.–3:30 p.m.

The fine print: The Environmental Depot is available free to Chittenden County residents. Some fees apply for businesses and out-of-district residents.

Trash and Recycling Bin Pairing Law—Done Right

"Make it convenient, make it obvious, and make it hard to do the wrong thing!" That's the mantra Michele Morris goes by. She is CSWD's Business Outreach Coordinator; she offers businesses tools, tips, and even grant money to help them meet trash and recycling bin pairing, labeling, and color requirements that took effect July 1, 2016.

ecycling has been mandatory for businesses and residents of Chittenden County since 1993. Now, over two decades later, we estimate that businesses are still sending more than 21 million pounds of recyclables to the landfill. Research shows that an effective way to capture more recyclables is to pair trash containers with recycling containers. That practice is now law in Chittenden County wherever a trash can is available for public use.

Jude Chicoine couldn't agree more. He owns Seaway Car Wash locations in South Burlington and Colchester. "I think having the law is a good thing," he said. "This plastic shouldn't be going in the landfill. We should be doing something with it. You can't miss my bold, new recycling containers when you pull up to clean out your car," said Chicoine.

"We love that kind of commitment," said Morris of CSWD. "Not only do we want to capture more recyclables, but we also now have labeling requirements to make sure that folks are recycling the right materials." Recycling containers in restrooms are NOT required.

The bottom line, Morris noted, is that all businesses are responsible for making sure their trash doesn't contain recyclable items, and that trash is kept out of the recycling container. "The best way to avoid a fine or an issue with your trash and recycling hauling company," said Morris, "is to have a clearly labeled, blue recycling container as close as possible to a non-blue trash bin."

There are many ways to abide by the law, and it doesn't require spending a lot of money on expensive new containers. Many businesses can simply paint, re-label, and repurpose existing trash cans as recycling containers. CSWD can provide stickers and advice to make this work.

Grant funding to help defray the cost of new bins is also available through CSWD. "We knew that we were going to have to spend money to meet the law," said Kim Gobeille, owner of Burlington Bay Market and Café on Battery Street in Burlington. "The grant made it a little bit easier. It was nice to have the assistance, for sure."

Both Chicoine and Gobeille received a reimbursement of 40 percent of the cost of the trash and recycling waste stations they each chose. They worked with Morris to be sure the bins would meet grant requirements and fit their specific space and customer needs. Schools, non-profit organizations, and government applicants can receive reimbursement of up to 50 percent of their investment.

All grants have a cap of \$3,000 for this fiscal year, and just over \$8,700 remains from the initial pool of \$15,000 provided in this round of funding. Funding requests will be considered until June 1, 2017 or until all funds are disbursed, whichever comes first.

"I think people are recycling more," said Gobeille, "because it's more easily understood." That, after all, is the whole point.

For more details on the bin pairing, color, and labeling requirements, see our Bin Pairing page at cswd.net/business/paired-bins. For container grant details see our Recycling and Composting Container Grants page at cswd.net/grants-and-funding/container-grants. For any business-waste related questions, contact Michele Morris at mmorris@cswd.net, or call (802) 872-8100 x237.



Do you need a Ride?

A Hinesburg Community Resource Center Program Call SSTA: 878-1527 or Karla Munson: 482-2778 Visit us at HinesburgRides.org

And Now, a Message From Your Refrigerator

Your refrigerator is trying to tell you something. It may just come across as a low "hummmm," along with an occasional quiet rattle or even an earnest "rrrRRRrrrRRRrrr." Here at CSWD, we know exactly what it's saying: "I'm not living up to my potential.'

Yep. Your refrigerator has feelings, too, and wants you to know that it is a LOT more than just cold storage for your culinary aspirations. Different foods need different environments. Even the simplest fridge knows how to lean on the laws of physics to provide those environments. Check it out—and you might end up wasting a lot less food:

- Cold air is heavy, man. I'll leave it to the experts to explain why, but cold air weighs more than warm air, so it tends to sink. Use the laws of physics to your advantage and store the mostperishable items, such as eggs, dairy, and meat, on the bottom shelf, where the coolest air hangs out.
- The door is the warmest spot in your fridge. Store items that have the longest shelf life there, such as condiments, juices, and water.
- Ready-to-eat foods go on the top shelf. The most consistent—but not the coldest-temps up here are best for leftovers, dips, tortillas, herbs, etc.
- Crisper-drawer technique: It's pretty basic—store fruits in one drawer on a low-humidity setting. Use the handy mnemonic "low-hanging fruit" to remember to set the humidity to "low" for your fruit drawer. Veggies, on the other hand, prefer a higher humidity setting.

But wait! There's more, and your fridge has been waiting for you to get on it. Visit tinyurl.com/CSWDfoodtips to find some great food-waste-busting tip sheets, or check out this great fridge resource article that breaks it all down nicely and includes an easy-to-use pictograph: tinyurl.com/CSWDfoodorganize.

Funding Available for **School Climate Action Projects**

Got a composting or recycling project you want to make happen at your school but can't find a way to fund it? Thanks to the U.S. Environmental Protection Agency (EPA), the Vermont Energy Education Project (VEEP) is providing grant funding to help get climate action projects off the ground.

Wait: What does keeping food scraps and recyclables out of the landfill have to do with climate action? Good question! When food scraps, yard debris, paper, and other products made from natural materials are buried in a landfill, they stay there for a really, really long time. As they slowly decompose, they produce methane, a potent greenhouse gas. According to the EPA, landfills make up 20 percent of methane gas emissions in the U.S.

As for recyclables, it typically takes a lot more energy to extract, transport, and process raw materials into virgin plastics and paper than it does to use already existing plastics and paper to make more of the same. Recycling's impact: less carbon in our atmosphere.

That's what makes your school's recycling or composting project a perfect fit for the EPA grant. Check out the Vermont Energy Education Project at tinyurl.com/VEEPgrants and see if your project meets VEEP's goals for addressing climate change and improving environmental literacy among students in Vermont schools.

Deadline to apply is November 15, 2016. Grants will be awarded by December 1, 2016.

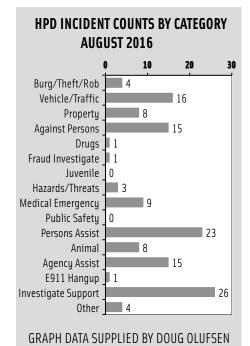
Police

Chief's Corner

BY CHIEF FRANK KOSS, HINESBURG **COMMUNITY POLICE**

Although I am also a member of the fire department and first response, I would like to separate myself and talk about our fire department from an outsider's perspective. Every once in a while events happen that cause me to sit back and reflect on the department.

On August 22, a major crash occurred on Vermont Route 116 that left multiple injuries and one driver trapped who required extrication. The very next day, a vehicle versus bicycle crash occurred on Silver St. where the bicyclist received moderate injuries. On August 30, a 12-year-old girl went missing and after a drone and canine failed to find the girl, the fire department was called for assistance. The girl was found, but in the meantime the fire department parking lot was full of members ready to assist in the search. Finally, on September 2, police and fire responded to Baldwin Rd. for a vehicle rollover where the driver was ejected. Receiving moderate injuries, she was prepared and readied for transport upon arrival of the ambulance.



It is easy to take the department for granted because driving past the usually unoccupied fire station does not draw one's attention. This town is unbelievably lucky, even in this age of declining volunteerism, to have volunteers avail-

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Please answer the need

Hinesburg Food Shelf

Food drop off boxes are at Lantman's and **Hinesburg Area Churches**

Monetary donations can be sent to: **Hinesburg Food Shelf** PO Box 444, Hinesburg, VT 05461

Hinesburg Food Shelf hours are: **Tuesday nights 5:30 - 7:30** Friday mornings 10:00 - 12:00

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Help Us Celebrate Our One Year Anniversary!

▶ Police

continued from page 5

able any time, day or night. Clearly, the ability of the police department to work these crashes and resource-intensive events relate directly to the Hinesburg Fire Department.

On October 1, the fire department will be hosting their annual Fun Day. The police department will also have an open house. Please take a few minutes to stop and meet the people that dedicate a portion of their time to you and the community. Where else can you dunk the police or fire chief in a tank of water?

Incidents

Suspicious

On Friday, August 5, an officer responded to a property on Vermont Route 116 north of the village for a reported suspicious vehicle. The property owner found a male in a barn, and it appeared that the male was removing a boat motor. He told the male to leave and did get a license plate number. The officer is following up on the incident.

Neighbor Dispute

On Sunday, August 8, an officer responded to a neighbor dispute on North Rd. The dispute was verbal only and did not require any police involvement.

Family Dispute

On Wednesday, August 10, an officer was called out for a reported altercation between two brothers in the Triple L MHP. Upon arrival, one of the brothers was intoxicated and transported to ACT 1 for detox. No other action was necessary.

Warrant Arrest / Criminal DLS

On Thursday, August 11, an officer was called for a suspicious vehicle in a parking lot on Commerce St. As he arrived,

the vehicle pulled out and was stopped for a vehicle equipment violation. It was determined that Thomas Sieger, 54 years old from Bridport, was criminally suspended and had a warrant for his arrest issued in 1992. The operator was arrested and transported to the Chittenden County Correctional Center.

Unconscious Person

On Friday August 12, an officer was called out for a reported unconscious male on North Rd. at Richmond Rd. Hinesburg First Response was also notified. The officer found the male sleeping alongside the road because it was hot in his residence and he was going to wait there for the bus.

Theft

On Sunday, August 14, an officer was notified of the theft of a power pole from Richmond Rd. and Pond Brook Rd. A track in the dirt was followed going up Magee Hill to Sherman Hollow and the pole was found off the road in Huntington. The pole was recovered by Vermont Electric Co-op. The investigation is ongoing with a suspect identified.

Warrant Arrest

On Wednesday, August 17, officers responded to St. George to contact an individual who had a warrant for his arrest from Hinesburg and South Burlington. Corey Nulty, 33 years old from St. George, was taken into custody without incident and transported to the Chittenden County Correctional Center.

Neighbor Dispute

On Wednesday, August 18, an officer responded to North Rd. for a report that a dog that got loose was shot at by the neighbor. Both individuals were interviewed and there was no evidence that the neighbor aimed the gun at the dog or intended to shoot the dog.

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On Saturday, August 20, an officer responded to the Mountain View MHP for

a reported neighbor dispute. This was a verbal altercation only and did not require any police intervention.

Vehicle Injury Crash

On Monday, August 22, at 8:30 a.m., Hinesburg Police and Hinesburg Fire were dispatched to a motor vehicle crash on Vermont Route 116 south of Shelburne Falls Rd. Upon arrival, it was determined that it was a two vehicle crash with the driver of a 26-foot box truck trapped in the vehicle and the driver of a 2005 Honda Pilot outside his vehicle with visible injuries.

In addition to Hinesburg Fire, Charlotte Fire Department responded to assist in the extrication. Ambulances from St. Michael's, Williston, and Richmond, as well as a paramedic responded for transport. Both drivers received moderate injuries and the children were transported for evaluation.

The Honda was occupied by the driver Bow Raider-Goddard, 31 years old of Bristol, and three children ages 10, 8, and 7. The truck was occupied by the driver, Frank Ullmar, 26 years old of Danbury, NH.

According to several witnesses, Raider-Goddard was southbound on Vermont Route 116 and Ullmar was northbound. For unknown reasons, Raider-Goddard crossed the center line and struck Ullmar head on.

Bicycle Crash

On Tuesday, August 23, at 9:26 a.m., Hinesburg Police and Hinesburg Fire and First Response were dispatched to an auto versus bicycle crash on Silver St. near Coyote Ridge Rd. Upon arrival, the bicyclist was treated for moderate injuries and transported to UVM Medical Center by St. Michael's Rescue.

John Roorda, 85 years old of Essex Jct., was operating a 2009 GMC truck and was southbound on Silver St. Jodie Casarico, 40 years old of Shelburne, was riding a bicycle, also southbound on Silver St. Roorda failed to see Casarico and evidence indicates that she was struck by the right side mirror and thrown from her bicycle.

At the time of the crash, Casarico was wearing a helmet and a bright yellow shirt. A witness also southbound following Roorda did not observe any unusual driving prior to the crash, but saw Casarico on the right side of the road as they drove up the hill.

Theft

On Tuesday, August 23, at approximately 10 p.m., a male walked into the Jiffy Mart at Ballards Corner and walked out with the donation jar for the Bissonette Recreation Field. The individual was

Have an ad? 482-2540 or ads@hinesburgrecord.org.

caught on video and the investigation is continuing with one or more arrests likely.

Arrest

On Saturday, August 27, an officer was conducting speed enforcement on Shelburne Falls Rd. While working radar, he monitored a vehicle at 80 miles-perhour in a 45 mile-per-hour speed zone. Eric Loyer, 24 years old from Bristol, was stopped and arrested for excessive speed. He was brought to the station for processing and released on a citation.

Citizen Dispute

On Monday, August 29, an officer responded to Mountain View MHP for a reported citizen dispute. One neighbor yelled at another neighbor for driving too fast. A short verbal altercation occurred, but no further action was required.

Missing Child

On Tuesday, August 30, officers responded to a report of a missing child in the area of 400 Richmond Rd. The 12-year-old female had left her residence on Jourdan St. and was last seen in a field off of Richmond Rd. Initial search was negative and a fire department member was contacted. A drone was used as well as a canine from the Vermont State Police. As the fire department was preparing to organize a search, she was located by a resident who had received a flyer that had been prepared. The girl was located within a half mile of Jourdan St.

Threatening

On Wednesday, August 31, an officer responded to a business near Hollow Rd. for a reported verbal dispute between two males. It was determined it was verbal only and no further action was required.

Fight

On Thursday, September 1, an officer responded to a reported fight in the street at Triple L MHP. Officers from other agencies also responded but upon arrival, no one was immediately located. The officer located the two males involved and determined that it was verbal only.

Injury Accident

On Friday, September 2, Hinesburg Police and Hinesburg Fire and First Response responded to Baldwin Rd. for a single vehicle crash. Upon arrival, it was determined that it was a rollover and the 41-year-old female from Hinesburg had been thrown from the vehicle. She received moderate injuries and was transported to UVM Medical Center.

Family Fight

On Friday, September 2, an officer responded to Jourdan St. in the Sunset MHP for an argument between a male and female. There was no physical contact and no further involvement was necessary.



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Fire

Open House and Duck Race

he Hinesburg Fire Department is pleased to announce our third annual Safety Fun Day, Saturday October 1, 10:30 a.m. to 2 p.m. followed by the long awaited Duck Race in the canal.

Join us for food, fun and games, rides on old Engine 1, a Dunk Tank, a bouncy house, and much more.

At about 2 p.m. or shortly thereafter, we will be going over to the canal by the post office and releasing the ducks for their annual swim to 116.

Ducks may be purchased at Papa Nick's, Hart & Mead, Jiffy Mart, Aubuchon Hardware, Lantman's, and Element Nail Salon. Ducks will be available for sale until Saturday, October 1, shortly before the race or until all ducks are sold. The cost is \$2 each, 6 for \$10. Prizes are \$50 for first place, \$25 for second, \$10 for third and \$10 for the last duck to finish. Purchase your ducks today and support the Hinesburg Firemen's Association.

VTALERT.GOV-Are You Notified?

Interested in knowing about potential traffic issues or sudden road closures? Would you like to hear about these storms we have been getting? Interested in receiving advance notice? How about Amber Alerts?

The Hinesburg Fire Department was called to assist Hinesburg Police with a search for a missing child recently. As part of the search efforts, an Amber Alert was sent out. The child was located, and the alert was cancelled. As part of our follow-up to the call, we determined that only 500 Hinesburg residents are signed up to receive Amber Alerts.

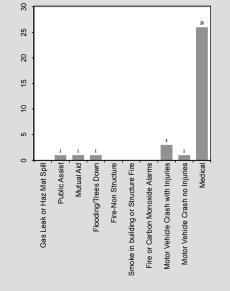
Signing up to receive alerts is easy and only takes a few minutes. You may choose the type of alerts you receive and how—text, phone, email, or a combination thereof.

Please go to VTALERT.GOV/ENROLL to learn more and sign up.

Vehicle Rollover

At 9:55 a.m., September 2, Hinesburg Fire was called out to a report of a mo-

HFD INCIDENT COUNTS BY CATEGORY, AUG 2016



GRAPH DATA SUPPLIED BY ERIC SPIVACK

HFD responded to 33 calls in August.

* an example of a non-structure fire would be a telephone pole, car, or grass/brush fire.

tor vehicle in the area of 1407 Baldwin Rd. The first arriving member reported a vehicle which had rolled over several times; the driver, who was not wearing a seatbelt, was ejected from the vehicle.

The driver was treated for non-life threatening injuries at the scene by Hinesburg EMTs and transported to UVM Medical by St. Michael's Rescue.

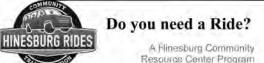
Follow us on Facebook at Hinesburg-FireDepartment and be sure to visit our website hinesburgfd.org.

Interested in Joining?

re you interested in helping your town and neighbors? Do you work in town and are certified as an EMT? Interested in learning more about the fire service or emergency medical care?

Hinesburg Fire is always looking for new members who are interested in giving back to their community. We can especially use your help during the day when many of our members are working their full-time jobs.

Want to find out more? Stop by the fire station at 10340 Route 116 any Wednesday evening, or during the day if there are vehicles there.



Call SSTA: 878-1527 or Karla Munson: 482-2778 Visit us at HinesburgRides.org



Business

Hinesburg Hair Studio Celebrates "Fabulous" First Year in Hinesburg

BY JEAN ISHAM, HBPA

n Sunday, August 28, Hinesburg Hair Studio hosted a party in celebration of its one-year anniversary, summer, and back-to-school. Manager Laura Bowditch described the first year of being open as "fabulous, thanks to all of Hinesburg."

Joining Laura at the Studio is Chelsea Lampart, after taking a break for the birth of her son, Sawyer, on June 4, and Laurena Wise who started as a full-time employee in June of this year. Laurena comes to Hinesburg Hair Studio following five years of experience in salons in the Montpelier/Barre area including the J. C. Penney Salon. Laurena noted that "we have been building and adding to our

family of clients. Hinesburg is awesome." One of their customers commented that "they have great hours for families."

As a thank you to their clients, a drawing was held for a year of free haircuts. The lucky winner was Sterling Dickinson.

For more information about Hinesburg Hair Studio or to schedule an appointment call 802-482-2887.

Hinesburg Business and Professional Association congratulates one of Hinesburg's newest businesses on their success.

Mountain's Edge Farm Day Camps

BY JEAN ISHAM, HBPA

pictured below are children attending Mountain's Edge Farm small group weekly day camp. They came from New Jersey as well as Shelburne, Essex, and Georgia, Vermont. A highlight of the week was taking turns bottle-feeding Butter, the baby pig, as

continued on page 8



Mountains Edge Farm Daycamp: From left to right are Elizabeth, Eliza, Samantha, Meredith, Ian, and Brady.

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Butter, the baby pig, with Samantha.

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► Day Camp continued from page 7

pictured above with Samantha, the youngest camper just shy of her fifth birthday.

For more information on continuing Saturday day camps and school vacation camps, visit the website: mountainedge-farmvt.com.

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Recreation

BY JENNIFER MCCUIN

appy Fall! Our Hinesburg Recreation Department Youth Soccer Program launched on Saturday, September 10. Look for royal blue tshirts swarming behind Hinesburg Town Hall on Saturday mornings and Sunday afternoons. Our superb coaching staff and referees this season include: Susan Driver, Adam Burritt, Hollis St. Peter, Keith Roberts, Scott Lamothe, Ryan Gardner, Roxanne Gignoux, Dom St. Arnaud, Amanda Seeholzer, John Paul Arnoldy, Matt Kiedaisch, Dom St. Arnaud, Kitty Frazier, Andrew Frost, Peter Kuhn, Gabriela Moreno, Lucy Matthews, members of CVU Men's Varsity Soccer Team, and coach Katie Mack. Thank you folks! Our Ultimate Frisbee program boasts twenty participants, thanks to Dan Opton. It looks like a great start for our fall sports, so enjoy the season and we'll see you around town!



Annual Fall Harvest Festival

Our Annual Harvest Festival takes place Saturday, September 24. Come visit the Farmer's Market at the Rock Wall, full of fresh produce; homemade, local food; art demonstrations; music; and, children's activities, too. Come to the Harvest Festival Stone Soup Supper on Saturday, September 24 at 6:00 p.m. at the United Church of Hinesburg's Parish Hall. The Hinesburg Land Trust sponsors this community event to highlight the amazing and diverse foods grown by local farmers and to benefit the Hinesburg Food Shelf. Volunteers will prepare and serve at least three different salads, six types of soups and many sweet desserts. Tickets for the supper are on sale in our Town Clerk's Office or at the Hinesburg Recreation Department 482-2281, extension 230, hinesburgrec@gmavt.net, or buy tickets at the Fall Festival. Adult tickets are \$10, children from 5 to 12 years old are \$5 and under 5 are free. For more information, please call Andrea Morgante at 482-5120. Come one, come all to the Annual Hinesburg Fall Festival - Happy Fall!!

Registration for HRD Activities

Register ONLINE for all Hinesburg Recreation Department activities at www. hinesburgrec.com

Youth Basketball

Please register for the youth basketball program for grades kindergarten through sixth. This program is held in the Hinesburg Community School gymnasium. Grades kindergarten through second practice each Saturday from December 3 through February 4, 2017 and Grades 3 through 6 play through February 11. Grades 3 through 6 practice twice per week and begin home and away games on Saturdays starting in January 2017. A coach's clinic and referee clinic will be held prior to the start of the season. If you are interested in either or both, please contact the Hinesburg Recreation Department.

Tentative Youth Basketball Schedule*

Kindergarten: Saturday 8:00 a.m. to 8:45

Grade one and two boys and girls: Saturdays 9:00 a.m. to 10:00 a.m.

Grade three and four boys: Saturdays 10:00 a.m. to 11:15 a.m. and Thursdays 6:30 p.m. to 8:00 p.m.

Grade three and four girls: Saturdays 11:15 a.m. to 12:30 p.m. and Wednesday 6:30 p.m. to 8:00 p.m.

Grade five and six boys: Saturdays 12:30 p.m. to 1:45 p.m. and Monday 6:30 p.m. to 8:00 p.m.

Grade five and six girls: Saturdays 1:45 p.m. to 3:00 p.m. and Tuesdays 6:30 p.m. to 8:00 p.m.

Dates: December 3, 2016 to February 4, 2017 for kindergarten, first and second grade.

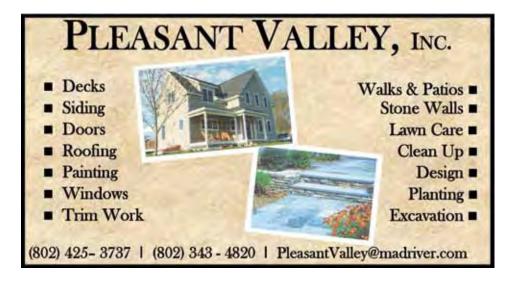
December 3, 2016 to February 11, 2017 for third through sixth grade.

Cost: Fee is \$40.00 until November 18 and \$50 after. Deadline for registration is November 28, 2016.

*Please note that practice times are subject to change, based on the availability of coaches. If there are any changes, you will be notified prior to the start of the season. Thanks for your understanding.

Family Play Group

For children from birth to 5 years old and their adult companion...toys, snacks, and fun activities. Start recreation at an early age and connect with other new parents and the community. This is FREE and FRIENDLY! No registration is necessary. Come play, sing, and make new friends. For questions or ad-



ditional information, please e-mail hinesburgplaygroup@gmail.com

Where: Town Hall

When: Wednesdays from 10:00 a.m. to 11:30 a.m.

Pre-School Dance & Yoga with Miss Ashley

These 45-minute mixed dance and yoga classes allow preschoolers to enjoy music, movement, and stillness while learning basic ballet terms and steps alongside yoga poses. Focus is on positive self-image with coordination and rhythm introduced in creative and imaginative ways. Classes encourage children to recognize their own individuality and body mobility while hopefully developing a lifelong love for dance and yoga. The classes are drop-off but parents/caregivers are welcome to stay if they choose.

Who: 3 to 5 year olds

When: Thursdays – Session 2 classes are October 27 through December 15, 2016. No class on November 24.

Where: Town Hall

Time: 8:45 a.m. to 9:30 a.m.

Cost: \$70 per session.

Hinesburg Friends of Families Children's Clothing & Book Swap

When: Saturday, October 8 at the Hinesburg Town Hall from 9:00 a.m. to 10:30 a.m.

Don't miss this community event!!

To donate clothing and books: please drop off items on Friday, October 7 starting at noon until 8:00 p.m. No toys please.

AARP Driver Safety

The AARP Driver Safety Class is sponsored by the Hinesburg Recreation Department. Students learn defensive

driving techniques, new traffic laws, and rules of the road. Through interacting with one another, they find out how to safely adjust their driving to compensate for age-related changes in vision, hearing, and reaction time. There are no tests...just supportive information. Many insurance companies offer discounted premiums for attendees. For questions, or if you want to register, contact the Hinesburg Recreation Department at 482-2281, extension 230.

Who: People fifty years and older

Where: 1st floor conference room in Town Hall

When: Wednesday, October 19

Time: 9:00 a.m. to 2:00 p.m.

Cost: \$15 for AARP members and \$20 for non-members. Checks are payable to AARP, but please mail to Hinesburg Recreation, 10632 Route 116, Hinesburg, VT 05461.

Literature and the Arts with Susan Lepple

Join Susan for a creative approach to exploring children's literature. Through the use of fine art, movement, assemblage, and music, students experience books that are silly, thought-provoking, creative, and caring. Students may move, groove, and draw to jazz beats, make hats like Madame Chapeau, or be inspired to expressively paint like the reptiles in Art and Max.

Who: Children in Grades 1 through 4

When: Wednesdays, October 19 through November 30

unough November 50

Time: 2:45 p.m. to 4:15 pm

Location: Meet in Hinesburg Community School Flex Space first, then walk

to HCS Art Room.

Maximum students: 10

Cost: \$110



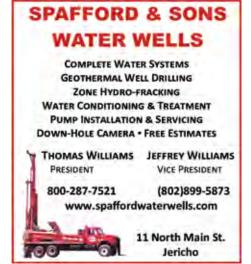
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Library

Library Hours

Monday and Saturday: 10 a.m. to 3 p.m.

Wednesday and Friday: 2 p.m. to 7 p.m.

Tuesday and Thursday: 10 a.m. to 7 p.m.

Phone: 482-2878

Address: P. O. Box 127, 69 Ballards Cor-

ner Road, Hinesburg 05461

Web Site: carpentercarse.org

E-mail: carpentercarselib@gmavt.net

We Deliver

Free delivery of materials is available to Hinesburg residents who find travel or physical access to the library building difficult.

Trustee Meetings

Carpenter-Carse Board of Trustees meetings are held on the fourth Wednesday of each month unless otherwise warned. All

meetings are held at the library at 7 p.m. and are open to the public.

Children's Programs

Youngsters Storytime

Babies and kids ages 0–4 with their caregivers join Librarian Sara every Tuesday and Thursday from 9:30–10 a.m. at the library's community room for stories, movement, songs, and snacks.

Family Fun Night

Join us at the library Wednesday, October 12 for an evening of games, Legos, crafts, and more! From 5–6:30 p.m. the community room will be full of fun activities to keep the whole family busy. Pizza is available if you pre-register! 482-2878. Mark your calendars! Every second Wednesday of the month will be Family Fun Night at the library. Drop in, or stay for the duration.

continued on page 10



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▶ Library

continued from page 9

Friday Afternoon Movie

Children and adults cozy into the community room for a movie and popcorn on Fridays September 23 and October 28 at 3 p.m. All movies will be rated PG or G. Movies will take place on the fourth Friday of every month. Children under the age of 10 must be accompanied by an adult. Call the library to ask what movie will be playing (482-2878). Admission is free.

Cartoon Workshop with James Kochalka

Saturday, October 15th at 11am. Vermont's Cartoonist Laureate and creator of the popular graphic novel series Johnny Boo will be joining us at CCL for an exciting cartoon workshop for ages 6 and up. Please pre-register yourchild(ren) for this workshop; limited to 20 participants.

Adult Programs

Art Exhibit WWII Paintings by Nat Bellantone

Those with an interest in history, servicemen, or art will want to visit the library to view the Nat Bellantone collection. We are pleased to share a collection of watercolors and sketches painted by Navy Seabee, Nat Bellantone during his wartime years in the South Pacific. The artwork documents everything from troopships and fighter planes to scenes of native culture; Bellantone's artworks are a poignant visual diary, documenting the slice-of-life reality for many of the men who served overseas during the Second World War. Mixed with artifacts from that time, this display honors the contributions of the Greatest Generation, and will be up through the beginning of October.

"In the Mood" Vintage Music Concert

All are invited to enjoy vintage acoustic guitarist Ken Lelen on Monday, September 26 at 7 p.m. as he sings the legendary love songs and pop tunes from WWII that were hits on the home front and the front line. Brimming with memorable tunes, clever lyrics and amusing stories, Ken performs dozens of concerts every year

across the East Coast, where he is known for acoustic renditions of jazz, ragtime and swing, smooth vocals, and deft guitar work. For more information about Lelen including videos, visit kenlelen. blogspot.com. Mark your calendars!

Book Discussion Group

Avid readers are invited to join our library's book club for adults which meets monthly in readers' homes. Come and meet the group at 7:00 p.m. on Wednesday, September 28 for lively conversation and refreshments when we will discuss *Evergreen* by Rebecca Rasmussen. The group will skip October and resume on Wednesday, November 2, when we will focus on *The Sympathizer* by Viet Thanh Nguyen. Please phone Carol at 482-3193 for information on upcoming meeting dates and locations.

Community Writers' Group

Calling all local writers! Join us Tuesday, October 4, 7 to 8:30 p.m. for our monthly Community Writers Group! All genres are welcome.

Get your literary juices flowing with creative writing prompts; network with other local wordsmiths; and enjoy a fun, stimulating monthly workshop in the Carpenter-Carse Community Room. Snacks will be provided. To submit a piece of writing for others to review and enjoy before the group meets, email Laura Wisniewski at bhy@beecherhillyoga.com.

Jazz and Folk Concert with Don and Jenn

pend a special Friday evening close to home on October 7 when Don and Jenn come to town. Guitarist and songwriter Don Sinclair has been a working musician for over 30 years. His style reveals influences from rock, jazz, and classical music. Also a songwriter, Jenn's warm and expressive voice is accented with folk, pop, jazz, and blues. Their jazz- and folk-inspired originals and covers appeal to a wide audience. Don and Jenn are both involved in a variety of music projects (i.e. David Rosane and the Zookeepers). They also teach music and performance to groups and individuals through D&J Music (dandjmusic. com) and run a house concert venue in Bradford, Vermont (facebook.com/summerstreetmusicseries). Catch them at the library on October 7 at 7 p.m.

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Musicians Don and Jenn will be performing at the library on October 7.

Hinesburg Community Writers Group Meeting

Come enjoy stories and poems by your neighbors and friends. The Hinesburg Community Writers Group welcomes writers of all genres. Come to read or to listen on Friday, October 21.

Better with Age: Adult Gentle Stretch Yoga for Sciatic Nerve Pain

On Tuesday, November 1 at 7 p.m. join Jessica for a gentle routine that includes chair and floor movements — all levels of fitness and mobility are welcome! If you have a mat or resistance bands, bring them, though they are not necessary.

Thursday 6th 7pm Putting the Garden To Sleep with Ron Krupp

Join local author Ron Krupp for a powerpoint presentation of his new Vermont organic garden book, The Woodchuck Returns to Gardening with an emphasis on putting the garden to sleep for the season. A sister-companion to The Woodchuck's Guide to Gardening - now in its ninth printing - The Woodchuck Returns is filled with stories, information, poems, sketches, paintings, and the infamous "Chuckster" who follows the author along the garden path giving him -and us- a hard time. With a focus on fruits, berries, and vegetables, this is the long-awaited sequel gardeners have been hoping for! Ron will have books on hand to autograph, as well as answers to your own garden questions!

Recent Acquisitions

Adult Fiction:

Baker, Jo, A *Country Road, A Tree*Banner, Catherine, *The House at the Edge*



of Night

Ephron, Delia, Siracusa

Gregory, Philippa, *Three Sisters, Three Oueens*

King, Laurie R., *The Murder of Mary Russell*

Liu, Cixin, *The Dark Forest*, translated by Joel Martinsen

Macomber, Debbie, *Sweet Tomorrows: A Rose Harbor Novel*

Moriarty, Liane, Hypnotist's Love Story

Nguyen, Viet Thanh, The Sympathizer

Patchett, Ann, Commonwealth

Penny, Louise, A Great Reckoning

Scottoline, Lisa, *Damaged: A Novel (A Rosato & DiNunzio Novel)*

Towles, Amor, A Gentleman in Moscow Ware, Ruth, The Woman in Cabin 10

LARGE PRINT:

Coulter, Catherine, Insidious

Johansen, Iris, Night and Day

Adult Nonfiction:

Ginsburg, Kenneth R., MD, Building Resilience in Children and Teens: Giving Kids Roots and Wings

Hamilton, Mary Mann, *Trials of the Earth: The True Story of a Pioneer Woman*

Junger, Sebastian, *Tribe: On Homecoming and Belonging*

Morrell, Michael, The Great War of Our Time: The CIA's Fight Against Terrorism — From al Qa'ida to Isis

Nyad, Diana, Find a Way

Schumer, Amy, The Girl with the Lower Back Tattoo

Skurka, Andrew, *The Ultimate Hiker's Gear Guide: Tools and Techniques to Hit the Trail*

Smith, Harold Ivan, *Grieving the Death of a Mother*

Starnes, Rachel, *The War at Home: A Wife's Search for Peace (and Other Missions Impossible)*

Vance, J.D., Hillbilly Elegy: A Memoir of a Family and Culture in Crisis

Williams, Wendy, *The Horse: The Epic History of our Noble Companion* [audio]

Winkler, Peter L., editor, *The Real James Dean: Intimate Memories from Those Who Knew Him Best*

On order ~ new titles by: Michelle Alexander, Catherine Banner, Annie Barrows, Alexander Chee, Harlan Coben, Dave Eggers, Mohamed A. El-Erian, Tana French, Shilpi Somaya Gowda, Samantha Hunt, Ha Jin, Kathy Lamb, Elizabeth Letts, Cixin Liu, Glennon Doyle Melton, Jodi Picoult, Carlo Rovelli, Maria Semple, and Jung Yun.

Quotation of the Month

"Perhaps, after all, America never has been discovered. I myself would say that it had merely been detected."

—Oscar Wilde

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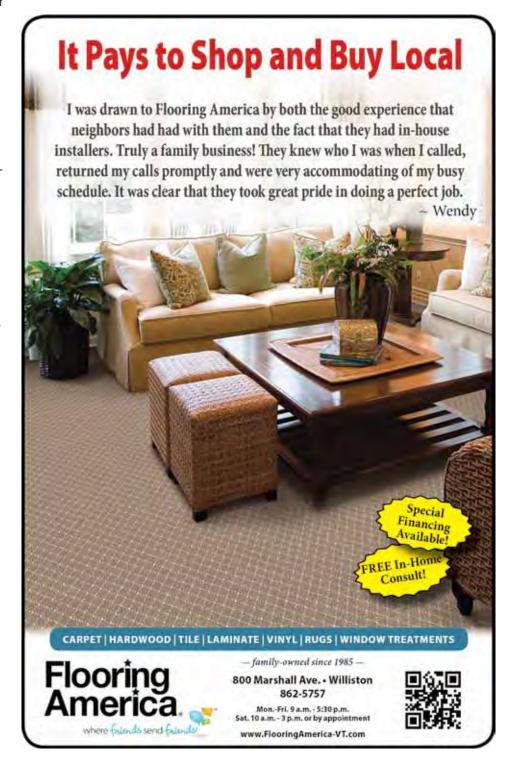
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"Urinetowh"

continued from page 1

needs to pay to use the bathrooms. The group wrapped camp with a preview performance for the faculty.

he musical will be performed October 28 and 29 at 7:30 p.m. and October 30 at 2 p.m. Please save the date. You won't want to miss this outrageously funny comedy, sure to make you laugh so hard you'll . . . (well, you know.)

Right: Members of the cast of Champlain Valley Union's Fall Musical production of "Urinetown" rehearse a song called "Don't Be the Bunny."

Below: The cast of the Champlain Valley Union Fall Musical production of "Urinetown" performs a preview for the faculty on the final day of their weeklong theatre camp.





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Education

Hinesburg Community School News

BY JENNIFER BRADFORD

Inside the Mind of Middle Schoolers

What are your hopes and dreams for the new school year?

We wanted to know what our seventh and eighth graders were thinking about as the year began, so we put up two "graffiti walls" (a.k.a. large pieces of poster paper) and gave them markers. Wall #1 said simply, "Wouldn't it be nice if ..." and left plenty of room for the kids to express themselves. Their responses were as varied, from the silly to the heartbreaking, as any class of (almost) teenagers itself.

What did they say? What follow is just a sampling. Wouldn't it be nice if ...

People were nice to Justin Bieber ...

There was no homework ...

No one died young ...

The weather were cooler ...

I got pizza ...

Sexism and racism didn't exist ...

Colin Kaepernick would stand ...

We had a three-day weekend...

I had a small nose ...

Everyone was nice to each other ...

If ISIS wasn't here ...

We had long art classes and superheroes were real ...

College was free ...

Sam was still here ...

I ate breakfast ...

I could get some friends ...

I could sleep in ...

I were a star lacrosse player ...

If Harambe was alive ...

People were just nice ...

They could cure cancer ...

I was small ...

Summer was longer ...

Wonder what they wondered? Come back next issue for a peek into Wall #2, and the amazing, often surprising, minds of our children.

Looking Back Before Looking Ahead

BY THE CVU SCHOOL BOARD COMMUNICATIONS COMMITTEE

n May and June 2016 you read a twopart series focused on an overview of Standards Based Learning, followed by a closer look at how CVU supports students to meet the standards identified as critical to future success. This month, we wanted to begin with an overview of our recent graduates. We wondered, where do our students go after they graduate from CVU? Thanks to Patti Tomashot, CVU Direction Center Director and her colleagues, we are able to answer this question.

We learned that, according to the CVUHS 2014-2015 School Profile, 70 percent of the 276 CVU graduates headed off to four-year colleges and 2.9 percent of graduates planned to go to two-year schools. Along with those who went to in-state colleges, others chose out-ofstate colleges in Maine, Virginia, and Wisconsin. Some students chose to study outside the U.S., in Canada and Ireland. Many students had their sights set on a liberal arts degree, while others pursued a course of study that would lead them to a career in the military or in the field of technology. Still others chose to take a "gap year" and some went directly into the workforce.

The 2015–2016 School Profile revealed the percentage of students planning to attend four-year colleges had increased from 70 to 78 percent, while two percent of students planned to pursue two-year degrees. As we saw in the 2014–2015 Student Profile data, students continued to choose a wide range of schools across Vermont and the United States, and a few chose to study out of the country. A scan of the data seems to indicate that even more students are choosing a technical education; among the institutions our graduates selected were Rensselaer Polytechnic Institute, Wentworth Institute of Technology, and Vermont Technical College.

It is clear that many CVU graduates are choosing college with the total percentage at 80 percent in 2015/2016, an increase of 6.1 percent from the previous year. Given what the data shows about the relationship between attending college and the ability to earn a good living wage, this is clearly positive news. However, CVU is always looking to improve outcomes for our children, those who go on to college as well as those who pursue other pathways after graduation.

In the next installment of our monthly series, we will hear from Adam Bunting,

CVU Principal. We want to know how it feels to be a seasoned veteran, after a full year as principal, and what his vision is for the coming year(s). The CVU faculty and staff do so much to support our students; we are looking forward to learning what the future may hold.

CVU School Board Communications Committee

Lia Cravedi, School Board Director, Hinesburg, lcravedi@uvm.edu

Kim Schmitt, School Board Director, Shelburne, kschmitt@cssu.org

Back-to-School at Hinesburg Nursery School

BY JAMIE CUDNEY, PARENT VOLUNTEER

t's that time of year again . . . back-to-school! Hinesburg Nursery School welcomed old and new faces on August 28 at the annual Ice Cream Social held on the HNS playground.

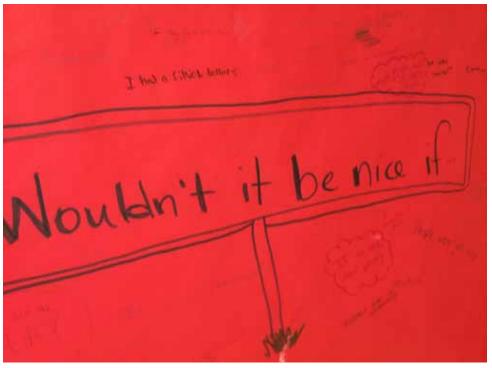


The first few weeks have been busy getting everyone acquainted, exploring the classroom, and settling into new routines. The classroom is busy with activity and lots of play-based learning. Our first theme of the year was the ocean. The children have been discussing different kinds of beaches, sharing pictures and artifacts from beach visits, and checking out beach finds at the discovery table! They are very inquisitive and love the hands-on learning.

As the season changes from summer to fall, so will the classroom theme. Fall is a beautiful time in Vermont and a perfect time of year to investigate all the changes in the world around us. We are looking forward to another wonderful

continued on page 14

Sat-Sun 6am-8p



Wouldn't it be nice if ... it were always this easy to see what's on the minds of our kids?







Hinesburg Nursery School 2016–2017. Photo by AMV Photography.

► Hinesburg Nursery School continued from page 13

year here at Hinesburg Nursery School. There is lots of learning to do and fun to be had! Hinesburg Nursery School is a parent cooperative located in Hinesburg. We are a STARS rated preschool for children ages three to five. For more information about our school call 482-3827 or visit us at hinesburgnurs-



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"Makerspace" **Takes Shape at** the Clubhouse in Hinesburg

BY TRICIA PAWLIK-YORK

ne of the many ways that children learn is through hands-on activities, and finding creativity and inspiration from open-ended projects. A makerspace is a collaborative work space for making, learning, exploring, and sharing that uses high tech to no tech tools. The Clubhouse at Annette's Preschool was just awarded a local grant that allowed them to create such a space for children ages 5-12 in the after-school program. This makerspace will help to prepare those who need the critical 21st century skills in the fields of science, technology, engineering, and math (STEM). It will also provide handson learning, help with critical thinking skills, and even boost self-confidence. The "makerspace" will be a place where



Students explore at The Clubhouse at Annette's Preschool



children can gather to create, invent, tinker, explore, and discover using a variety of tools and materials, as well as being a space for self-directed learning and imagining to take hold. The children at the Clubhouse are extremely excited about their new space and wanted to share the news with the community!

Young Writers Project

FROM PRESS RELEASE

oung Writers Project is an independent nonprofit that engages students to write; helps them improve; and connects them with authentic audiences through more than 20 Vermont newspapers; YWP's web site, youngwritersproject.org; and the YWP monthly digital magazine, The Voice, The Crow on medium.com; and other partners, including vpr.net and vtdigger.org. ANYONE from ANYWHERE can join the site and will be considered for publication in the digital magazines and

YWP's annual anthology.

A team of editors, mentors, and student leaders choose the best each week for publication—including submissions to these WEEKLY CHALLENGES as well as daily challenges on the home page of youngwritersproject.org. Check out the full list of weekly writing challenges at youngwritersproject.org/prompts16-17.

How to Submit: Students from elementary, middle, and high schools are encouraged to submit their best writing, photos, audio and video from inside or outside school for publication and/or presentation. For information on how to sign up for an account, submit work, and get published, go to youngwritersproject.org/publication.

Support: YWP is supported by this newspaper and foundations, businesses, and individuals who recognize the power and value of writing. If you would like to contribute, please go to youngwritersproject.org/support, or mail your donation to YWP, 47 Maple St., Suite 106, Burlington, VT 05401. Contact Executive Director Geoffrey Gevalt: ggevalt@ youngwritersproject.org, (802) 324-9537; or Publications Coordinator Susan Reid: sreid@youngwritersproject.org; (802) 324-9539.

YWP Weekly Writing **Challenges 2016-17:**

Week 1 - Due anytime through the year

General writing in any genre.



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Week 2 - Due September 16

Photo1-Feet. Write a story or poem inspired by the photo (at youngwritersproject.org/prompts16-17). Alternative: Stars. Stargazing one evening you watch as a bright star disappears. Tell the story either from the perspective of the viewer or the star.

Week 3 – Due September 23

Brainstorm. Create a single blog post on youngwritersproject.org where you list all your story ideas. Start with a few from your own life, and keep adding as more come to mind. Use this blog to spark your creativity throughout the year. Alternatives: **Learn**. Tell a story about a time when you had to learn something you didn't know how to do, like using new software, taking a photo, or riding a bike. How did you learn it? Who helped? How? Or Inanimate. Think about an inanimate object that has been thrown away. Write a story or poem following its journey after it is considered trash.

Week 4 - Due September 30

Never. Create a story of 250 words or less using the phrase "never saw it coming." Alternative: Cellular. Keep a log of how many times you look at your phone in a day (roughly 6 a.m.–10 p.m.). Is it more or less than 46 times, the U.S. average for all age groups? Write about how your cell phone affects your life. What would you do if you lost it?

Week 5 – Due October 7

Photo2-Cabin. Write a story inspired by the photo (at youngwritersproject.org/prompts16-17).

Alternatives: **Scary**. "On this black night . . ." Begin or end your story with this phrase. Make it terrifying! Or **Mirror**. What is your most defining feature? What do you like most about yourself, and how does it define you?

Week 6 - Due October 14

Sports. Write a story about one of your best sports moments or create a slide-show of your own images that show how sports affect your life. Alternative: **President**. What message would you like to send to the next president of the United States?

Week 7 – Due October 21

Sound 1-Witch: Listen to the sound of this prompt (at youngwritersproject. org/prompts16-17) and write a story inspired by it. Alternatives: **Five**. What are five things you wish you could tell your 5-year-old self? Or **Beauty**. What is beauty to you? Do you have a unique view of beauty, one that might not be shared by others? Describe someone or something that is beautiful to you.



Photo3-Lights. Write a piece inspired by the photo (at youngwritersproject.org/ prompts 16-17). Alternative: **Silence.** "The house was dead quiet . . ." Finish the story.

Week 9 - Due November 4

Ridiculous. Write a ridiculous lecture about anything—use nonsense words, make crazy connections, be silly. Record

yourself delivering the lecture and post the audio on your blog. Alternative: **Chocolate**. Write a persuasive essay or poem in rhyme about why chocolate is the best thing in the world. (Replace chocolate with ice cream, liverwurst, or any other favorite food.)

Week 10 - Due November 11

Sound2-Funk. Listen to the sound of this prompt (at youngwritersproject. org/prompts16-17) and write a story inspired by it. Alternatives: World. Create a new world, either in words or drawings. You can go elaborate or simple—it's your world! Or Veteran. Interview a veteran about his or her experience. Write a story about the person's overall experience, or focus on one aspect of it.

Week 11 - Due November 18

Photo4-Chair. Write a story or poem based on the photo (at youngwriter-sproject.org/prompts16-17) Alternative: **Shirley.** Write using this phrase, "Shirley stepped off the train with three things in her bag: a notebook, a picture, and a loaded handgun."

Week 12 – Due November 25

Name. Write about the history of your first name (its heritage, its history in your family, why your parents chose it, etc.) Do you like your name? If you would prefer another name, what would it be? Alternative: Fable. Write a fable starting with a specific moral. How do the characters in the fable come to understand the moral?

Week 13 – Due December 2

Fear. Write about a fear you have that others might think is irrational. Why does it have a hold on you? Alternative: **Embarrassing**. Write about your most embarrassing moment. Can you laugh about it now, or is it still too painful?

Week 14 – Due December 9

Photo5-Woman. Write a story or poem based on the photo by Mario Mancuso (at youngwritersproject.org/prompts16-17). Alternative: **Home**. Where do you feel most at home, most confident, most strong, most like yourself? A room, a park, a workshop, a sports field? Why?

Week 15 – Due December 16



Sound3-Talking. Listen to the sound of this prompt (at youngwritersproject. org/prompts16-17) and write a story inspired by it. Alternative: **Recognition**. Tell a story about two characters who pass each other on a strange street and immediately recognize each other, but are not sure from where. Do they turn around or keep going? Describe what happens.

Week 16 – Due December 23

Catch 22: Pick 22 random words or phrases that you find on your phone or see around you. Include all 22 in your piece. Alternative: Day. You literally wake up on the wrong side of the bed (perhaps you also bump your head), and it goes downhill from there. Describe this bad day.

Week 17 - Due January 13

Photo6-Balloons. Write a story or poem based on the photo (at youngwriter-sproject.org/prompts16-17). Alternative: **Laughter.** "I knew I shouldn't laugh, but . . ." Finish the story.

Week 18 - Due January 20

Opposite. We think a lot about who we are and what we want to be. Now think about what and who you are not—and create a character, your alter-ego. Alternative: Erase. You are given the chance to erase something you have done or a memory that haunts you. Do you take the chance? If so, what do you erase and why? If not, why not?

Week 19 - Due January 27

It. Write a story or poem that begins or ends with the phrase, "It changed everything . . ." Alternative: **Me**. What is one thing that people might be surprised to learn about you? Details, please!

Week 20 - Due February 3

Photo7-Window. Write a story based on the photo (at youngwritersproject.org/prompts16-17). Alternative: **Thingamabob**. Write a love letter, or love poem, to an object.

Week 21 – Due February 10

Lies. Create a fictional story about a parent's "little white lie" that gets out of control. What prompts the parent to tell it? What happens? Alternative: **Lamp**. "A lamp flickered on in the house . . ." Write a piece that includes this phrase.

Week 22 - Due February 17

Sound4-Chimes. Listen to the sound (at youngwritersproject.org/prompts16-17) and write a story or poem. Alternative:

PUBLIC SERVICE ANNOUNCEMENT

Chittenden South Supervisory Union

CHILD FIND

Charlotte, Hinesburg, Shelburne, St. George, and Williston

The Chittenden South Supervisory Union is interested in locating preschool age children (3 to 5 years) who live in the towns of Charlotte, Hinesburg, Shelburne, St. George and Williston, who show a developmental delay in the areas of speech/language, social adjustment, adaptive behavior, self-care, gross/fine motor coordination, and cognitive development.

Charlotte Central School – 425-2771 Hinesburg Community School – 482-2106

Shelburne Community School – 985-3331

St. George/Williston – Allen Brook School – 878-2762

The Chittenden South Supervisory Union is interested in locating all school age children/adolescents with disabilities living in the towns of Charlotte, Hinesburg, Shelburne, St. George and Williston, who are not currently attending school, are attending a private school by parent choice or are being home-schooled. If you know of such a child/adolescent, please call Meagan Roy, Director of Student Support Services at Chittenden South Supervisory Union at 383-1234.

Bully. Write a letter to a bully or from a bully. The story can be real or imagined. Don't use real names.

Week 23 – Due February 24

Art. Think of your life as a piece of art. What's in the picture? Are you viewing it, or are you in it? Describe the size, medium, colors. Alternative: **Awkward**. Write the dialogue of an excruciatingly uncomfortable experience.

Week 24 – Due March 3

Photo8-Stairs. Write a story or poem based on the photo (at youngwriter-sproject.org/prompts16-17). Alternative: **Mistake**. Sometimes we mess up and hope no one notices. Write about a situation in which this backfires in the

continued on page 16



"Not a Hair Out of Place"

482-3589

Laurie Place Place Road, Hinesburg

➤ Young Writers Project continued from page 15

worst possible way.

Week 25 - Due March 10

Gym. Write about your most memorable experience in gym class, good or bad, funny or sad. Alternative: **Door**. You're left alone at home one night and you discover a door that you've never seen before. Of course, you open it. Then what?

Week 26 - Due March 17

Letter. Write a letter to someone who has had a big effect on your life. Or write a letter to someone you want to meet, and convince them that they should meet you. Alternative: ER. Write about an experience in a hospital emergency room, real or imagined.

Week 27 - Due March 24

Attic. In the attic of your grandmother's house, you find a box labeled with your name. What's inside? Do you tell anyone else about it, or keep it a secret? Is it surprising, shocking, heart-warming, or disturbing? Alternative: Invention. Create something outrageously wacky that makes life so much more fun! Let your imagination run wild!

Week 28 - Due March 31

Photo9-Hoodie. Write a story or poem inspired by the photo (at youngwriter-



sproject.org/prompts16-17). Alternative: **Illegal**. "I know it's illegal, but it's the weekend!" This is a real quote! (Check out the story: tinyurl.com/YWPweek28). Make your own story that begins or ends with this quote.

Week 29 - Due April 7

Sound5-Thunder. Listen to the sound (at youngwritersproject.org/prompts16-17) and write. Alternative: **Technology**. If you could create any technology, what would it be and how would it be used?

Week 30 - Due April 14

Perfect. Write about something that works out perfectly, real or imagined. Alternative: **Crush**. You've had a crush on someone for a year, but the person doesn't even know you exist. How do you deal with that? Real or imagined. No names!

Week 31 - Due April 21

Backpack. You're digging to the bottom of your backpack when you come across the most incredible thing. Describe it. Alternative: **Lucky**. What is your lucky number? Tell a story about it and your luck.

Week 32 - Due April 28

Photo10-House. Write a story or poem based on the illustration (at young-writersproject.org/prompts16-17). Alternatives: **Peeves**. Describe your pet peeve(s). Write your best rant. Or **Road**. Think about Robert Frost's poem "The Road Not Taken" and write about two characters at a crossroads.

Week 33 - Due May 5

Arm. You have grown a third arm. How does the extra arm come in handy or get in the way? Alternative: **Family**. Write a story or poem that includes, "They sat at the dining-room table, the family of four. . ."

Week 34 - Due May 12

Today. Write about the most interesting thing you heard or discovered today. Alternative: **Unsaid**. Write about something that should have been said, but never was (real or imagined.)





Organizations

Hinesburg 4-H Club Participated in Local Fairs

BY CORINNA HOBBS, HINESBURG 4-H CLUB REPORTER

inesburg 4-H Club members presented sheep at three Vermont fairs during August and early September. At Addison County Fair and Field Days there was an Open Show, a Fitting and Showmanship Youth Show, Blocking and Fitting, Wool Lead Line, and Costume Class. At the Rutland State Fair there was just the Open Show this year; the 4-H youth show was cancelled due to lack of participants. We ended the season at the Champlain Valley Fair with Fitting and Showmanship, a Wool Lead Line, and a combined Youth and Open Show. It has been a nice summer with good weather to grow and show the sheep.



Hinesburg 4-H Club members (1-r) Caroline Hobbs, Corinna Hobbs, and Cyrus Tyler shown with Addison County Fair and Field Days Sheep Fitting and Showmanship class judge Joe Emenheiser after the August 11 competition.



Hinesburg 4-H Club members (l-r) Caroline Hobbs and Corinna Hobbs shown with Rutland's Vermont State Fair Open Sheep Show judge Dr. Max Crossman after the August 19 competition.



Hinesburg 4-H Club members (l-r) Cyrus Tyler, Corinna Hobbs, and Caroline Hobbs shown with Champlain Valley Fair Sheep Fitting and Showmanship class judge Keith Mason after the September 3 competition.

SCHIP Fall Grand Deadline Approaching

FROM PRESS RELEASE

he Fall deadline for SCHIP grant applications is Friday, September 30. Since SCHIP began making grants many non-profits have used their awarded funds to continue their mission to improve the lives of our neighbors and strengthen our communities. Grants range from a few hundred to several thousand dollars. Grants may not exceed \$3,000 per request and only one grant can be received within a year by any one entity.

Applicant requirements:

- Be a 501 (c)(3) or submit the application through such an organization.
- Projects must serve residents of Shelburne, Charlotte, and/or Hinesburg.
- Funds may not be applied to annual operating budgets or permanent staffing.
- One application per organization per calendar year.
- Grants deadlines are January 31, May 31, and September 30

To obtain an application go to tinyurl. com/SCHIPdocs or stop by the shop at 5404 Shelburne Rd, Shelburne — the distinctive yellow house!

Audubon VT Fall Events

FROM PRESS RELEASE

Free Nature Playgroup

Monday, September 26, 9:30-11 a.m.

Location: Green Mountain Audubon Center, near the intersection of Main Road and Sherman Hollow Road, Huntington, at Audubon's Sugarhouse Field Kiosk. If you arrive late, there will be a sticky note on the kiosk map to tell you where we'll be exploring. Map with exact location: bit.ly/1kVbEFV

Green Mountain Audubon Center is teaming up with Building Bright Futures to offer this special playgroup. Our goal is to support parents and caregivers with children ages birth to 5 in getting outdoors and exploring nature. Research shows positive impacts of spending time in nature on a child's physical, cognitive, and social development. Audubon provides children and families with quality opportunities to directly experience the natural world. Our 255 acres of forest, meadow, beaver pond, rivers, and peeper pond offer the perfect space to play and interact with other families and the outdoors.

Note: There is no running water on the lower property of the Audubon Center. Please bring a full water bottle and be prepared to be immersed in nature-play!

Who: Children ages birth to 5 years old. Parents and/or caregivers must

accompany. Sorry, no older siblings. Open to Richmond, Huntington, and Hinesburg residents.

Cancellation Plan: If we need to cancel the playgroup we will post a notice on the Green Mountain Audubon Center's Facebook page by Sunday evening before Free Nature Playgroup.

Fall-ing Into Winter

Thursday, October 20, 9-10:30 a.m.

Location: Green Mountain Audubon Center, near the intersection of Main Road and Sherman Hollow Road, Huntington, at Audubon's Sugarhouse Field Kiosk. Map with exact location: bit. ly/1kVbEFV

What would you do if you had to live outside during the winter? Find out what animals at the Audubon Center do to get ready for the cold, snow, and hard-to-find food.

Ages: 3-5 with adult companion.

Fee: Members \$8 adult-child pair, \$4/additional child.

Non-members \$10 adult-child pair, \$4/ additional child.

Pre-registration is required: 434-3068 or email vermont@audubon.org.

New Cohousing Community Breaks Ground in Bristol

FROM BRISTOL VILLAGE COHOUSING PRESS RELEASE

ristol Village Cohousing, a 14-unit eco-village neighborhood near the town center, has recently broken ground. The ribbon cutting ceremony occurred on September 10.

Local residents have taken note. Families with a connection to Bristol and surrounding communities have already reserved seven of the units. One of the prospective homeowners is Linda Lunna who has run Lower Notch Berry Farm with her husband Al for many years. "I love Bristol," Lunna said. "We are really looking forward to living in the center of Bristol across from the town green where shopping and restaurants are just a short distance away."

The cohousing community will include the renovation of the historic buildings on North Street. The Peake house built in 1861 will serve as the Common House in which the residents will have the opportunity to gather for community meals. Five high performance energy efficient cottages will also be built on the

two-and-a-half-acre site.

All construction is locally sourced. Vermont based Stewart Construction is the project builder, Bristol's Masterson Excavation is digging the foundations, and Northfield Savings Bank is financing the construction loan.

High Performance Energy Design

Bristol will be one of the few cohousing communities in the country with high performance energy designs, very important for enjoying winter in Vermont. "A high performance home maximizes insulation and air sealing, prioritizes comfort, lets in the winter sun while blocking the summer heat, and has minimal annual heating bills," says architect Ashar Nelson of Vermont Integrated Architecture of Middlebury, whose team is designing the community.

The pocket-style neighborhood intentionally keeps parking on the perimeter, with walking paths, open areas and gardens surrounding the houses. "The cottages and condo-style units, each with their own small, private yard, are sited around a common green," says land-scape architect Katie Raycroft Meyer, a member of the development team who lives and works in Bristol. "This traditional village pattern allows for natural interactions between neighbors and creates a sense of community."

eighbors save money and space by sharing large equipment like lawn mowers and snow blowers, and using guest rooms in the Common House when they have visitors. "The homes can be compact and efficient because the Common House, a beautiful historic building, has many large rooms for activities, guests and potluck dining," says architect Jean Terwilliger, who is the lead designer on the project.

Affordability Efforts

The group is working diligently to make some units affordable for young families

continued on page 18

Annual Chicken Pie Supper October 15

Chicken pie with biscuits, mashed potatoes, squash, coleslaw, pumpkin or apple pie & beverage, served family style.

Reservations required. Seatings at 5:00 and 6:00.

Takeout available with reservation.
Adults \$12.50, Children 12 & under \$6.

Call Carol to make a reservation, 862-7400.

The Williston Federated Church 44 North Williston Rd., Williston

Calendar

THURSDAY, SEPTEMBER 22

First day of autumn

September 22 issue of The Hinesburg Record published

7:00 p.m. - 9:00 p.m. Hinesburg Historical Society Meeting. Hinesburg Town Hall, lower level conference room

TUESDAY, SEPTEMBER 27

6:30 p.m. - 8:00 p.m. Hinesburg Lions Club Meeting. Papa Nick's Family Restaurant.

7:00 p.m. - 8:00 p.m. Conservation Commission.

WEDNESDAY, SEPTEMBER 28

7:00 p.m. - 8:00 p.m. Carpenter Carse Library Trustees Meeting. Carpenter Carse Library

7:00 p.m. - 8:30 p.m. Fire and Rescue/Fire Training

7:30 p.m. - 9:00 p.m. Planning Commission. Town Hall

SATURDAY, OCTOBER 1

Yom Kippur ends

SUNDAY, OCTOBER 2

Rosh Hashanah begins

MONDAY, OCTOBER 3

4:30 p.m. - 5:30 p.m. Lake Iroquois Recreation District meeting. Williston Town Hall. Public invited

7:00 p.m. - 8:30 p.m. Selectboard Meeting. Hinesburg Town Hall

7:30 p.m. - 8:30 p.m. Vermont Astronomical Society Meeting. UVM

TUESDAY, OCTOBER 4

Advertising and news deadline for October 20 issue of The Hinesburg Record

Rosh Hashannah ends

7:00 p.m. - 8:30 p.m. Community Writers' Group. All genres are welcome. Carpenter-Carse Community Room. For more info email Laura at bhy@beecherhillyoga.com.

7:30 p.m. - 8:30 p.m. Development Review Board. Town Hall

WEDNESDAY, OCTOBER 5

7:00 p.m. - 8:30 p.m. Fire and Rescue/Medical Training. Hinesburg Fire Station

MONDAY, OCTOBER 10

Columbus Day

7:00 p.m. - 8:30 p.m. Village Steering Committee Meeting. Hinesburg Town Hall. Contact George Dameron, Chair 482-3269

TUESDAY, OCTOBER 11

Yom Kippur begins

6:30 p.m. - 8:00 p.m. Hinesburg Lions Club Meeting. Papa Nick's Family Restaurant.

7:00 p.m. - 8:30 p.m. Conservation Commission Meeting. 2nd floor, Town Hall

7:00 p.m. - 8:30 p.m. Recreation Committee Meeting. Hinesburg Town Hall

7:30 p.m. - 9:00 p.m. Land Trust Meeting. TBD. Interested parties should call Ann Brush at 482-5656 or email annbrush@gmail.com

WEDNESDAY, OCTOBER 12

6:30 p.m. - 7:30 p.m. Fire and Rescue/Heavy Rescue Training

7:30 p.m. - 8:30 p.m. Planning Commission. Hinesburg Town Hall

THURSDAY, OCTOBER 13

7:00 p.m. - 8:30 p.m. Town Forest Committee Meeting. bottom level conference room in the Town Hall

MONDAY, OCTOBER 17

7:00 p.m. - 8:30 p.m. Selectboard Meeting. Town Hall

TUESDAY, OCTOBER 18

5:00 p.m. - 6:30 p.m. CSSU School Board mtg. CVU

6:30 p.m. - 8:00 p.m. Business and Professional Association Meeting. Papa Nick's Restaurant. Contact HBPA President Walter Hausermann at 802-878-7144 or walter@allstate.com

7:00 p.m. - 8:30 p.m. CVU School Board Meeting. CVU

7:00 p.m. - 8:30 p.m. HCS Board Meeting. CVU **7:30 p.m. - 8:30 p.m.** Development Review Board. Hinesburg Town Hall

WEDNESDAY, OCTOBER 19

7:00 p.m. - 8:00 p.m. Fire and Rescue/Business Meeting. Fire Station

7:00 p.m. - 8:00 p.m. Hinesburg Trails Committee Meeting. Hinesburg Town Hall lower level conference room. Lenore Budd, Chair

THURSDAY, OCTOBER 20

October 20 issue of The Hinesburg Record published

TUESDAY, OCTOBER 25

6:30 p.m. - 8:00 p.m. Hinesburg Lions Club Meeting. Papa Nick's Family Restaurant.

7:00 p.m. - 8:00 p.m. Conservation Commission.

WEDNESDAY, OCTOBER 26

7:00 p.m. - 8:00 p.m. Carpenter Carse Library Trustees Meeting. Carpenter Carse Library

7:00 p.m. - 8:30 p.m. Fire and Rescue/Fire Training

7:30 p.m. - 9:00 p.m. Planning Commission. Town Hall

THURSDAY, OCTOBER 27

7:00 p.m. - 9:00 p.m. Hinesburg Historical Society Meeting. Hinesburg Town Hall, lower level conference room

MONDAY, OCTOBER 31

Halloween

TUESDAY, NOVEMBER 1

7:30 p.m. - 8:30 p.m. Development Review Board. Town Hall

HINESBURG BUSINESS AND PROFESSIONAL ASSOCIATION OFFERS FREE JOB SEARCH AND POSTING SERVICE

BY JEAN ISHAM, HBPA

The Hinesburg Business and Professional Association (HBPA) has added to its web site space for area businesses to post employment openings and for area residents to post requests and/or resumes when seeking jobs. The service is free of charge to members and non-members. The Association encourages area businesses and job seekers to use the site. Expanded usage will enhance the value of the site to the community.

To access this service simply go to the HBPA web site, hinesburgbusiness.com, and click on the appropriate option: Seek A Job; Post A Job; Search Resumes; Post Resume. We think you will find the application easy to use. If you do not have ready access to a computer, access may be available through your local library.

If you have any questions about this site or its use, contact Robert Stahl at bstahl2@gmail.com or at 482-3137.

► Bristol Cohousing

continued from page 17

and first time homebuyers with help from the Addison County Community Trust and the Vermont Housing Conservation Board. "We're committed to economic diversity, and we have been meeting with a number of the state's housing nonprofits to see how best to accomplish this," said co-founder Peg Kamens. "We hope to offer down-payment assistance to qualified buyers. Ideally we can also make one or two homes perpetually affordable."

Like other projects, including East Village Cohousing in Burlington completed in 2007, Bristol Village Cohousing is based on a successful neighborhood model started in Denmark in the 1970s. There are over 100 completed cohousing communities in the U.S., with over 100 more in development. Bristol Village Cohousing will be the fourth cohousing community in the Burlington-Middlebury corridor.



Do you need a ride?

Call SSTA: 878-1527 or Karla Munson: 482-2778

Arts & Leisure



Hinesburg quilters Audrey Moore, Barbara Forauer, Grace Link, Sue McGuire and Carol Bloomhardt are part of a Quilt Show in October.

Hinesburg **Quilters** in **Quilt Show**

BY SUE MCGUIRE

Hinesburg quilters from the Champlain Valley Quilt Guild are actively participating in the guild's Quilt Show in October. Many in the local group are part of the organizing committee and will

have quilts in the show. The display will range from traditional, contemporary, modern, miniature, and whimsical quilts; most of these will be judged. Also included are a quilt raffle, a basket raffle, demonstrations, and special exhibits. Green Mountain Rug Hooking Guild has a show in a nearby building the same weekend.

The Quilt Show takes place Friday, October 21 through Sunday October 23 (10 a.m.-5 p.m.) at Champlain Valley Fairgrounds, Essex Jct. Admission is \$8.

Hinesburg Resident **Featured** in **Shelburne** Players' Neil **Simon Farce** "Rumors"

BY DICK MARTIN

inesburg resident David Harcourt will be playing Ernie in Shelburne Players' fall production "Rumors," a comedy by Neil Simon. Harcourt, a self-employed IT consultant and computer programmer by day, has appeared in several previous Shelburne Players' productions, including "Much Ado about Nothing," "An Inspector Calls," "Born Yesterday," "Beyond Therapy," and "Twelfth Night." David plays the part of one of the guests with his "wife," Cookie, invited to a tenth anniversary celebration at a large, tastefully appointed Sneden's Landing townhouse, where the host, the Deputy Mayor of New York has just shot himself. Though only a flesh wound, the four couples attending are about to experience a severe attack of Farce. Neil Simon's Broadway hit comes to Shelburne Town Center stage, 5420 Shelburne Road, with performances on September 23, 24, 25, 29, 30 and October 1. "Has nothing on

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THEME: FAMOUS NOVELS **ACROSS** 1. Rooster to a farmer 6. "Law & Order" character 9. Wild feline 13. Bipolar disorder phase 14. Santa ____, CA 15. Like a Druid, e.g. 16. Mountain climber's spike 17. Roulette bet 18. "Bravo! Bravo!" 19. *"A Tale of Two 21. *E. L. Doctorow novel 23. Feeling blue 24. Bona fide 25. "Big Brother" network 28. Rubik's puzzle 30. Real life "Citizen Kane" 35. At the end of one's what? 37. Wine container 39. Charted record 40. Beauty salon straightener 41. Like unspoken agreement 43. Evening purse 44. *"All Quiet on the Western Front" by Erich ____ Remarque 46. Low-cal 47. Surfer's stop 48. Outdoor stone seating 50. They got their revenge? 52. Dunce 55. Public Enemy's music 57. *"Wuthering _____" (E. BrontÎ) 61. *Dreiser's "Sister _____" or King's 64. Matter of debate 65. *"On _ Majesty's Secret Service' (lan Fleming) 67. *"For Whom the Bell _____" (E. Hemingway) 69. Tossed starter 70. E in BCE 71. *"Germinal" author ____ Zola 72. Litigant 73. Dreaming stage of sleep 74. Comedy Central's public humiliation

ANSWERS are on inside of back page

8. Core of personnel 9. Deal with the devil, e.g. 10. Tangerine grapefruit hybrid 11. "Howdy, 12. Casino chip 15. Long John Silver's appendage 20. Something concluded 22. Pleasurable interjection 24. Officially cancel 25. *Reason for punishment (F. Dostoyevsky) 26. Laundry booster 27. Mushroom's reproductive structure 29. Canaanite deity 31. Mars, to the Greeks 32. Fraction, C.S.
33. Plural of sputum

Rook _____ " (M. Zusak) 34. *"The Book _____" (M. Zusak 36. *"The Famous Five" author _ Blyton 38. *"The _ Runner" (K. Hosseini) _ incognita, a.k.a. unknown land 45. Curved like a foot 49. Creation of the right side of the brain 51. One who darts 54. Theater guide 56. Movie trailer, e.g. 57. Snake's warning 58. Biblical twin of Man gum, food additive 60. 61. Pack like sardines 62. Pelvic parts 63. Corner pieces 66. Old-fashioned "before" 68. Position

DOWN

1. Band aid

2. Nonclerical

4. Civil unrest, pl.

*"Howards _

3. Naysayer's favorite prefix

5. *Newbery Medal winner "_

6. New Mexico art colony

_ Magee"

" (E. M. Forster)

its mind except making the audience laugh," writes *The New York Times*. Open seating tickets are \$15 with a discounted special at the Sunday matinee of \$12 on September 25. Tickets can be purchased in advance at Shelburne Market. For more info and to reserve tickets please go to shelburneplayers.com or call 343-2602.

Have news? 482-2350 or news@hinesburgrecord.org.



Hinesburg resident David Harcourt (left) as Ernie and Kimberly Rockwood as Cookie rehearse a scene from Shelburne Players' fall production "Rumors"

Health & Safety

Yoga and Other Complementary Approaches Found Effective for Pain Management

BY LAURA WISNIEWSKI, DIRECTOR OF BEECHER HILL YOGA

oga has helped reduce physical, emotional, and spiritual pain and suffering for centuries. In the last few decades, western science has begun to study the benefits of yoga and other non-allopathic modalities. Earlier this month, the NIH (National Institutes of Health) National Center for Complimentary and Integrative Health released a report on the effectiveness of certain "complementary health approaches" for pain management. (Mayo Clinic Proceedings: "Evidence-Based Evaluation of Complementary Health Approaches for Pain Management in the United States").

The researches did a meta-analysis of randomized, controlled, American clinical trials from 1966 through March 2016. They found the strongest evidence for positive benefits in the following:

- Acupuncture and yoga for back pain.
- Acupuncture and tai chi for osteoarthritis of the knee.
- Massage therapy for neck pain—with adequate dosing (60 minutes two to three times a week) and for short-term benefit.
- Relaxation techniques for severe head-



aches and migraine.

One study cited in the report also found that "those practicing yoga had significant improvement" in fibromyalgia-related pain.

The report did not "identify a serious adverse event associated with any of the complementary approaches examined."

ain can erode the quality of our lives, undermining our relationships, our productivity, and our ability to enjoy the abundance around us. Studies like this can help guide healthcare providers to recommend non-invasive, non-toxic interventions for pain management and help steer U.S. healthcare in a more preventive, holistic, and lifestyle-based direction. To learn more about yoga you can contact Laura at bhy@beecherhillyoga.com or go to beecherhillyoga.com.

Vermont Teen Immunization Rates Increasing

More Work Needed to Fully Protect Teens

FROM RESS RELEASE

Vermont tops the nation in chicken pox vaccinations, according to newly published results from the 2015 National Im-



hinesburghpublichouse.com

munization Survey for Teens (NIS-Teen), but there is more work to be done to ensure all Vermont teens are protected against cancer-causing human papillomavirus (HPV).

The annual telephone survey, conducted by the Centers for Disease Control and Prevention found that Vermont adolescents ages 13 to 17 had the highest rate of varicella (chicken pox) immunization in the country. More than 96 percent of teens in Vermont were fully vaccinated, which is significantly higher than the national average (83 percent). Vermont teens also had higher than average vaccination rates for Tdap (tetanus, diphtheria, and pertussis), meningococcal disease, and HPV.

The CDC's Advisory Committee on Immunization Practices recommends adolescents age 11 to 12 receive vaccines to prevent diseases, including one that protects against HPV-infection.

PV infection can result in certain types of cancers, most notably cervical cancer, but also cancers of the throat, tongue, tonsils, and genital and anal cancer, as well as genital warts. The HPV vaccine is the first highly effective vaccine to prevent multiple types of cancers.

Administered as a three shot series over

six months, the HPV vaccine has been recommended for girls since 2006 and for boys since 2011. In Vermont, nearly 69 percent of girls and 66 percent of boys have received at least one HPV shot.

"This new data is encouraging," said Dr. Erica Gibson of the University of Vermont Children's Hospital and the Vermont Child Health Improvement Program. "We're seeing that overall, Vermont is moving toward its goals for teen vaccinations. While the trends are good for the initial dose of the HPV vaccine, the challenge is to make sure teens get their additional shots to be fully protected by this safe and effective vaccine."

any Vermont teens who start the vaccine series do not get back to the doctor's office for the full course of shots. Since it was first recommended for them nine years ago, 54 percent of girls in Vermont had completed the full vaccination series. In just four years since being recommended for boys, their immunization rates for the series have risen to 40 percent.

Closing the gap so that teens get the full series of shots is a priority for Vermont health officials and providers.

"I'm pleased with the progress to date

continued on page 20





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Offer valid with fully executed purchase agreement dated May 1, 2016 through October 10, 2016. Mortgage applications and purchase and sales contracts must be received by National Bank of Middlebury by October 17, 2016. Offer valid for primary residence and year round second home purchases only. Maximum value \$450. Credit not to exceed actual cost. Home purchases must be completed by December 31, 2016.

▶ Teen Immunization continued from page 19

and the strong support of our health care partners," said Christine Finley, immunization program manager with the Vermont Department of Health. "We need to continue to build on the work of parents, primary care providers and schools to protect teens.

Finley cited as an example the department's work with the National Improvement Partnership Network collaborating with health care providers to improve systems that help deliver recommended immunizations to Vermonters. "My hope is that in the very near future, all teens will be able to realize the full potential of the HPV vaccine to prevent cancer."

To teens who may not have finished getting all the shots, Dr. Gibson offered reassurance. "Even if things get off track after you get the first dose, don't worry. It's never too late to go back and get your additional doses. It's the easiest thing you can do to protect yourself against cancer.'

For more information about the 2015 NIS-Teen study, visit: cdc.gov/vaccines/ vaxview/teenvaxview.

Colleges Welcome **Students**

Champlain College welcomes Austin Comes and Madison MacMahon, both of Hinesburg, to the class of 2020. Comes is majoring in Undeclared — Information Technology and Science. MacMahon is majoring in Creative Media.

Castleton University welcomes Hinesburg students Faraja Achinda, Jordan Ayer, and Samantha Garey who have recently registered for the fall 2016 semester.

Andrew Bortnick of Hinesburg joined more than 1,700 freshmen when Rensselaer Polytechnic Institute began classes on August 29.

Have an ad? 482-2540 or ads@hinesburgrecord.org.



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People Commentary

Car Lust

BY BILL SCHUBART

y car lust began when an older buddy let me drive his father's army surplus jeep in circles in a hayfield. I was like Toad in The Wind in the Willows. I was twelve.

My car lust died a few decades ago when I had to be surgically removed, like a bad hemorrhoid, from a friend's Mazda Miata. At 71, my automotive criteria are much simpler. Do I fit? Will it start? Will it pass inspection? Will it make it?

As a kid, I had to wait five years to consummate my budding car lust. At my high school graduation, my parents gave me the keys to a well-used 1958 VW. It had no gas gauge, an auxiliary fuel tank, and its former owner had installed a gas heater where the glove box had been. The recalcitrant heater could broil a camel and dripped gasoline onto my passenger's knees. I removed it and froze for the winter months, as the heater box had rusted out.

I thought about replacing the passenger seat with a Jotul 602 woodstove rusting in the shed and the passenger window with a small flue. I could then stack Lincoln Logs on the rear seat. My father talked me out of it, since the interior still smelled badly of gasoline. This practical beauty was followed by a succession of \$300 used Bugs. They were like tractors. I could go anywhere and usually lift the front end out of a ditch.

One winter night, I was headed to a wedding in Warren and had made it almost to the top of the McCullough Turnpike from Hanksville. I could just see the small parking lot at the top, as my rear tires spun in place. Leaving the car in second, I got out, went around back and pushed hard enough to finally regain traction. My car drove itself on up to the top and nosed into a snowbank with me running along behind it. I got in, switched from second to reverse, backed out of the snow bank and went on my way.

My next flirt with car lust was largely hormonal. I needed to impress. My worst friend called it my "pimpmobile period." I went through a Sunbeam Alpine with a rusted-out floor; a 1966 Lincoln Continental with suicide doors, one of which I left on the Maine turnpike when it flew off at 70 miles an hour; and a fabled Saab Sonnet with a plastic body. The Sonnet was

several millimeters off the ground and was constantly re-grading the pebbles on our dirt road. I was a man of substantial girth and, to get in, had to sit on the ground and pull myself in with knobs on the dashboard, of which few remained after a several months. I had already badly bent the steering wheel pulling myself in sideways. I let go of this beauty when the electrical system failed for good. It also cost me my best babysitter.

Returning home late from a dubious watering hole called the Quonset Hut, the headlights flickered and died. It was a waxing moon so I could see the road pretty well when not in the woods. Once home, I explained to the babysitter what we'd need to do to get her home. She bravely clambered up onto the plastic hood of the Sonnet with two flashlights in hand and lay back on the windshield aiming the flashlights on the road ahead. Mindful of her safety, I drove slowly through the woods to her house four miles away. Her over-anxious parents didn't share her enthusiasm for our adventure and my calls for her help were never answered.

My last flirtation with car lust was a rustdappled 1969 blue and white Bill Blass Lincoln Continental Mark III with opera lights and a chrome grill large enough to barbecue a steer on. My personal car maven—call him Chris—had noticed I was somewhat down of late and left the car on my front lawn with "\$1,500" daubed on the driver side windshield in white shoe polish. It was the fountain of youth. I hired my enterprising neighbor who lived in a cellar hole to paint the car for \$75. I supplied the paint and brushes. I bought a gallon of exterior blue and one of white and a bag of various sized brushes for \$0.99. I budgeted the project at under \$100. My neighbor did the job in a day, but expressed some concern about the quality of the brushes. The car looked like a painted porcupine with flattened bristles.

I called the only unattached woman I knew and invited her for dinner. Having heard nothing from her about my new car, except that it could use a little heat, I asked her how she liked it. "Brings back ugly memories of my grandfather from Queens," she offered, without looking at me.

I'm cured. But I still get a frisson when a glam car from the 60s smokes by my Volvo with its 170,000 miles and one headlight.



Other News

VT Genealogy Library Events

FROM PRESS RELEASE

Classes are held at the Vermont Genealogy Library located on Hegeman Ave, Fort Ethan Allen, Colchester, across from the State Police building. Classes are from 10:30 a.m. to noon and are \$5. Please visit our website at vtgenlib.org or call 802-310-9285 for more info.

Understanding and Using DNA Ethnicity Maps - September 24

Ethnicity maps showing the origins of a person's ancestors are easy to understand, but there are details which limit their value. Ed McGuire will identify the valid applications for your research, and detail what limits accuracy. If you want to know whose ethnicity test is best, or why you can't find an ancestor, then this talk will be quite helpful.

Using Grand Army of the Republic Records for Genealogy - October 1

The Grand Army of the Republic (GAR) was founded in 1866 to honor Civil War veterans and record their units' histories. Author Liam McCone will describe the formation of the GAR, its mission, history, and its records. He will also discuss the Sons of Union Veterans of the Civil War. Join us and discover what records exist and how they may help you research your Civil War ancestors.

Purple Hearts Reunited: How Military Medals Find a Home - October 8

Purple Hearts Reunited was established here in Vermont with the goal of returning lost or stolen medals to veterans and military families. Capt. Zachariah Fike, the founder, will discuss the program and how he conducts his research, including which tools he relies on the most. Capt. Fike will take the audience through several successful cases. Please join us to hear about this great project and maybe learn a few new tricks for your research toolkit.

Organizing Your Research with Evernote - October 15

As genealogists we often deal with the inability to find that file or photo we need right now. Evernote might be the answer. Evernote can be used on all computers, tablets, and smartphones and it is free. Ed McGuire will describe how it works, how to construct forms and save various types of documents, as well as Evernote's ability to find anything you've saved. Join us to learn about this genealogy organizing tool.

Enjoy Dead Creek Wildlife Day on Saturday, October 1

FROM VT FISH AND WILDLIFE PRESS RELEASE

f vou enjoy wildlife be sure to make plans to attend the 15th annual Dead Creek Wildlife Day in Addison, Vermont on Saturday, October 1.

Activities at Dead Creek Wildlife Day are ideal for people who enjoy hunting, fishing, birdwatching, or learning about Vermont's diverse wildlife. The event will be held at the Vermont Fish & Wildlife Department's Dead Creek Wildlife Management Area (WMA) on Route 17 west of Route 22A.

Early risers can begin the day with bird banding demonstrations at 7 a.m. Two large tents at Dead Creek WMA headquarters will open at 9:30 a.m. featuring wildlife-related exhibits and activities such as decoy carving, building bluebird boxes, and wildlife photography.

One of the highlights of the festival this year will be a fun and friendly waterfowl calling contest with prizes in honor of the thirtieth anniversary of the Vermont Duck Stamp program. There will also be a presentation on the successes of the Duck Stamp program by waterfowl biologist David Sausville, who will highlight the nearly 12,000 acres of wetlands conserved in Vermont by funds raised from the sale of the stamp.

Nature walks, illustrated talks, live wildlife presentations, hunting dog demonstrations, fishing and hunting tips, and much more will be held until 4:00 p.m. All events are free, and a free shuttle bus will provide regular access to nearby field events throughout the day.

"There's nothing quite like Dead Creek Wildlife Day," said Amy Alfieri, the manager of the Dead Creek WMA. "The activities are fun, the demonstrations are very exciting, and the setting is beautiful! Visitors love to see the live

animals and working dogs, and the kids love to build their own bluebird box to take home. This year should prove to be especially enjoyable with a waterfowl calling contest that anyone can join."

The festival is hosted by the Vermont Fish & Wildlife Department; Vermont Department of Forests, Parks, and Recreation; and Otter Creek Audubon Society. For more information and a schedule of events, visit Vermont Fish & Wildlife's website (vtfishandwildlife.com) and check under Watch Wildlife.

Your Pet May Be in Pain

September is Pain Awareness Month

BY M. KATHLEEN SHAW, DVM, VT VETERINARY MEDICAL ASSOCIATION

Animals suffer from pain, just like we do. Some forms of pain are obvious such as surgical pain or an acute injury. Because most of us have had surgery at some time in our lives (or know someone who has), we have an idea of the pain animals must feel after having an operation. The same holds true for an acute injury such as falling down the stairs or having an ear infection. Unfortunately, the majority of pain in animals is chronic and harder for most pet owners to detect. Arthritis is often misinterpreted as the pet "getting old" or "slowing down." It is important to remember that age is not a disease, but pain is! Cancer and dental disease are chronic pains from which animals suffer in silence.

A common misconception is that animals will whine or cry out when they are in pain. In fact, it is very uncommon for this to occur. Signs of pain in dogs can vary between dog breeds and individual dogs. The majority have one or more of the following signs: decreased interaction with owners, decreased activity or appetite, reluctance to move, growling, guarding, aggression towards people or other pets, or even chewing or licking themselves where it hurts. For example, a dog may not want to be pet around the head if its ears or mouth hurt. An older dog with arthritis may growl or snap at kids or other dogs, trying to protect itself from being hurt.

Cats are very good at hiding when they don't feel well. This is because in the

wild, if they show they are sick, they can quickly go from predator to prey. It is rare that a cat with chronic pain will cry out. Instead, it may stop grooming and have matted fur, be stiff, lose weight, hide, be less active, eat less, or groom excessively at an affected area. A cat who "doesn't like to be pet there" is usually painful at that location.

Dental pain is rarely obvious to most pet owners. The assumption by many is if the animal is eating there is no mouth pain. Since the alternative is to stop eating altogether and starve to death, even pets with very painful teeth will still eat. They just may not eat as much, may lose weight, and may not chew their food well.

It is our moral responsibility as pet owners to provide for all aspects of our pets' needs. They give us unconditional love and depend on us for their care and comfort. Besides giving them food, love, and shelter we must realize that they may get sick and will definitely get old. Along the way there are times they will be in pain, for which there is help. For more information about pain control and how to tell if your pet is in pain, talk to your veterinarian and go to www.ivapm.org, the website of the International Veterinary Academy of Pain Management.









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Religion

United Church of Hinesburg

An Open, Welcoming, Affirming and Reconciling Church

Pastor: Rev. Jared Hamilton

Office Hours: Monday to Thursday 8:30-

11:30 a.m.

Location: 10580 Route 116

Phone: 482-3352

Email: unitedchurch@gmavt.net

Address: P.O. Box 39 **Website**: ucofh.org

Sunday Worship Service: 10:00 a.m.

Choir practice: 9:00 a.m. Sunday

Sunday School: Nursery and story time; Christian Education Kindergarten through 8th grade during academic p.m.

Senior Meal Site: Every Friday 11:00 a.m.- 1 p.m. (except first Friday) Osborne Parish House

AA Gratitude Group: every Monday 7:00 p.m., Osborne Parish House.



Lighthouse Baptist Church

Pastor: Reverend Ed Hart **Church Phone:** 482-2588

Home Phone: 482-2588

Email: lighthousevt@aim.com.

Website: LBCvt.homestead.com

Location: Hinesburg Village Center,

90 Mechanicsville Road **Address:** P.O. Box 288

Regular Services:

Sunday Morning Worship: 10:30 a.m.,

Nursery provided.

Sunday Evening Service: 6:00 p.m.

Wednesday: 7:00 p.m. Bible Study and Prayer Meeting; Nursery provided.



Saint Jude the Apostle Catholic Church

Pastor: Reverend David Cray, SSE

Pastor's Residence: 425-2253, dgcray@

gmail.com

Mailing Address: 2894 Spear Street/P. O. Box 158, Charlotte, VT 05445

Hinesburg Rectory: 482-2290, Stjude@gmavt.net, P. O. Box 69, Hinesburg 05461, (10759 Route 116)

Parish Secretary: Marie Cookson, 434-4782, Rectory, 482-2290, marietcookson@aol.com

Office Hours: Mondays and Thursdays, 8:30 a.m. to 3:30 p.m..

Parish Council Chair: Allan Monniere 578-8572

Finance Council Chair: Doug Taff: 482-3066

Buildings and Grounds Supervisor: Buildings and Grounds Supervisor: Andrew Driver, 802-324-1193.

Weekend Masses:

Saturday, 4:30 p.m.; Sunday: 9:30 a.m., St. Jude Church, Hinesburg

Sunday: 8:00 a.m. and 11:00 a.m., Our Lady of Mount Carmel Church, Charlotte

 $\begin{tabular}{ll} \textbf{Weekday Masses:} & Monday, Wednesday, \\ Friday, 8:00 & a.m., St. Jude Church \\ \end{tabular}$

Tuesday, Thursday: 5:15 p.m. Our Lady of Mount Carmel Church

Sacrament of Baptism: Call the Pastor for appointment

Sacrament of Reconciliation: Saturdays at 4:00 p.m. at St. Jude Church and by appointment.

Sacrament of Marriage: Contact the Pastor at least six months in advance

Communion at Home: Call Parish

Office, 482-2290

Confirmation Coordinators: Dan & Roxanne Smith, 453-3522

Religious Education Coordinator: Marie Cookson, 434-4782

Religious Education (CCD): Monday evenings from 6:30 p.m.-7:30 p.m. for grades K-8. Registration is required.

The 9th and 10th grades (Confirmation Years) meet once a month. This is a two-year program. Watch Sunday bulletins for dates and times.

UNITED CHURCH OPEN TABLE DINNER

The Open Table Diner will hold our monthly FREE community dinner on Friday Sept. 30, 5:30 p.m. - 7:00 p.m.

The dinner is held at the Parish Hall of the United Church and is open to all who want to attend and have a good home cooked meal.

This month a local group of quilters, The Stitch Witches will provide the meal. The menu will be pulled pork and chicken, coleslaw, salad, roasted potatoes, dessert and beverage.

Any donations received will be given to the Hinesburg food shelf. And we will even have a surprise live music presentation! So bring the family for a fun night of not having to cook!!!

Please call Marie at 482-2290 (Parish Office) or 434-4782 (home) for more information.

Eucharistic Adoration: Eucharistic Adoration is held the first Friday of each month following the 8:00 a.m. Mass at St. Jude.

Food Shelf Weekend: Every third Saturday and Sunday. Parishioners are asked to make an extra effort to bring non-perishable canned and dried food in weekly for the Hinesburg Food Shelf. Food Collection baskets are in the entry for your convenience.

Senior Meals: Will be served from noon to 2:00 p.m. on the second and fourth Tuesday of each month unless otherwise noted. Food will be prepared by Meals on Wheels. There will be cards, board games and door prizes. Cost is \$4.00 donation. Please call in advance so we have plenty of food on hand. For reservations call Ted Barrett at 453-3087 or Marie Cookson at 482-2290 (parish office) or 434-4782 (home). Caretakers are welcome. Hinesburg Rides will pick you up and bring you home at no charge. For more information, call the parish office at 482-2290.

Community Alliance Church

Pastor: Scott Mansfield

Phone: 482-2132

Email: info@hinesburgcma.org

Web: hinesburgcma.org

Address: 190 Pond Road, Hinesburg (overlooking CVUHS soccer fields)

Sunday Services: 10:00 a.m. Children's programs, for nursery through elementary school ages.

Middle School and High School Youth Group: Meets from 5:00 p.m. to 7:00 p.m. on Sundays. This is a great time to meet new friends, hang out and talk real life.

Weekday Life Groups: Various times, days, and locations throughout the week.



For more information, please contact the church at 482-2132 or visit hinesburgema.org.

Williston Federated Church

United Church of Christ and United Methodist Church

An Open and Affirming Reconciling Congregation

Address: 44 North Williston Road,

Williston VT 05495 **Phone:** 878-5792.

Website: steeple.org

Lay Minister: Charlie Magill

Activities: Junior and Senior High Youth Groups; Men's Bible Study; Women's Book Group; Junior, Senior and Contemporary Music Choirs; Friendship Suppers; opportunities for mission and outreach in the community, country, and world.

Service: Sundays 9:30 a.m., Nursery/ Child care provided; Sunday School during the service for pre-K through high school; Coffee/Fellowship after service in Fellowship Hall.

Trinity Episcopal Church

Address: 5171 Shelburne Rd., Shelburne, VT 05482

Church phone: 985-2269

Church email: info@trinityshelburne.

org

Website: trinityshelburne.org

Worship service:

Sunday morning at 8:00 a.m.

Worship service and Sunday School: Sunday morning at 10:30 a.m.

Space for Grace program: Sunday mornings 9:15 a.m.

All Souls Interfaith Gathering Non-Denominational Service

Pastor: Rev. Mary Abele

Phone: 985-3819

Mailing Address: 371 Bostwick Farm Rd., Shelburne, VT 05482

Services:

Prayer

Sunday 9:00 a.m.: Morning Meditation &



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Firehouse Plaza, Hinesburg

▶ On a Mission

continued from page 24

vice-oriented. He felt YSOP did an excellent job of pairing the groups with the work sites as well as being very helpful in how to navigate the city safely. Even though they went into tough neighborhoods there was no question of their safety. He was really impressed by how hard the Hinesburg youth worked.

Jared said it was an "incredible trip." The youth were exposed to a lot of diversity. He was pleased that the participants were able to work in a lot of different sites; were exposed to homelessness, poverty, and food insecurity; and able to take it in. He described an experience with urban poverty when assisting a woman at a food shelf; English not being her first language, she kept muttering to herself, "this is not enough." The agencies do work together to try to meet the needs of clients. However, navigating the various agencies is difficult, particularly if English is not their first language. He was really impressed by the people whose job it was to run these food shelves and community gardens, the issues they faced, and how excited they were to have the Hinesburg youth there. He was further impressed by their efforts to make the experience for clients one that was fair and with human dignity.

ared said that prior to the trip the youth were talking about homeless people as "others" but this experience made them think of homeless people as being just like us but struggling to make ends meet.

It is surprising to learn that most people coming to the food shelf were not homeless and many have full-time jobs.

One of the great things about this trip was being able to focus on food insecurity – which is one of the main issues that is a focus of the United Church of Hinesburg.

Upon exiting the train in Albany, New York on their return, the youth asked, "where are we going next?"

For more information about this story, or about United Church of Hinesburg, please reach Rev. Jared Hamilton at unitedchurch@gmavt.net or 482-3352.

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Is it time for your next interior painting project? LAFAYETTE PAINTING is ready to help. Count on us to provide great service, with beautiful results, every time. Call us at 863-5397 and visit LafayettePaintingInc.com

MISSING DOG in North Central Vermont since 8/3, "Lincoln", a Red Heeler. Red and white, tail is black and white striped. Male, 1.5 years old, 35 lbs. Collar with tags, microchipped. Please do not chase him and do not yell to him! Call 917-445-3924 if seen. \$50 reward for photo! Facebook. com/FindLincoln.

PROTECT YOURSELF...read The Legal Rights of Women in Vermont from the Vermont Commission on Women. Find it at women.vermont.gov or call 800-881-1561.

As you and your closets transition from summer to fall please consider donating those gently used but unwanted items to SCHIP (Shelburne Charlotte Hinesburg Interfaith Projects) ...the shop on RT 7, next to the town offices in Shelburne. SCHIP uses all its profits from the resale of gently used goods to grant funds to other non-profits in the 3 communities of Shelburne, Charlotte, and Hinesburg. To date over \$500,000 has been awarded to many organizations that improve the lives of those in need in our communities. Call the shop with any questions, 985-3595.

Crossword Answers

A	L	A	R	M		T	Е	C			P	U	M	Α
M	Α	N	1	Α		A	N	Α		P	Α	G	Α	N
P	1	Т	0	N		0	D	D		В	C	L	Α	T
	C	1	Т	1	Е	S		R	Α	G	T	1	M	Ε
	Т		s	Α	D		R	Е	Α	L				
C	В	S		C	U	В	Е		Н	Ε	Α	R	S	T
R	O	Р	Е		С	Α	S	K		G	R	Α	P	Н
1	R	0	N		T	A	С	1	T		В	Т	U	1
M	Α	R	1	Α		L	1	Т	Е		s	1	Т	E
Е	X	Е	D	R	Α		N	E	R	D		0	Α	F
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H	Е	1	G	Н	T	s		C	Α	R	R	1	E	
1	S	s	U	Е		H	Е	R		Т	0	L	L	S
S	A	L	Α	D		Ε	R	A		Е	M	1	L	E
S	U	Е	R			R	Е	M		R	0	A	S	T



Do you need a Ride?

A Flinesburg Community Resource Center Program Call SSTA: 878-1527 or Karla Munson: 482-2778 Visit us at HinesburgRides.org

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► Hinesburg Fall Festival continued from page 1

including a 10 a.m. performance of Jack and the Bean Stalk by the No Strings Marionette Company at the Osmore Parish Hall.

Hinesburg Historical Society Display featuring "Home Scanned Preserves" (10 a.m.–3 p.m. lower level of Town Hall).

Market Place Musical Entertainment (on the hour):

10–10:45 a.m. — Bluebird with John Penoyar and Kim Provost—Classic country and gospel.

11–11:45 a.m. — Pam Riet and Layla Morris—Classical violin.

12–12:45 p.m. — Dennis Willmott—Acoustic blues guitar.

1-1:45 p.m. — Niel Maurer and Kian-

na Ayer—Alternative pop.

2–2:45 p.m. — Kevin Bloom of Static Circus— Eclectic mix of electric and acoustic guitar.



All activities are free and open to the public and will happen rain or shine.

Stone Soup Supper

6–8 p.m. at the Osborne Parish Hall — A delicious dinner with a menu featuring the bountiful harvest of local farmers put on by Hinesburg Land Trust to benefit the Hinesburg Food Shelf. Call 482-2281 x230 for tickets, or buy them at the door. Adults \$10, Children \$5 (5 -12 years old); children under 5 are free. Seating for dinner is from 6 to 7:30 p.m.

Dinner Entertainment: Dan Silverman on trombone, Steve Blair on guitar, Ed Owens on stand-up bass.





HOME SCANNED PRESERVES



Bring your old

diaries, letters, certificates, photographs, albums, and other HINESBURG history related EPHEMERA to be scanned while you wait by

the HINESBURG HISTORICAL SOCIETY at the bottom floor of the TOWN HALL during the HINESBURG FALL FESTIVAL, Sept. 24th. Preserve and share your history!

BACK STORIES of Hinesburg

On a Mission

Hinesburg Youth Making a Difference in Food Security in New York City

BY JEAN ISHAM

he youth group from the United Church of Hinesburg wanted to do something in an urban setting involving food insecurity and gardening. The result of this idea found Fanuel Achinda, Feston Achinda, Katie Ashe, Jacob Ashe, Julia Baker, Ellie Baker, Rose Gladstone, Julia Grant, Sarah Johnson, and Amelie Lepple along with advisors Rev. Jared Hamilton, Penny Grant, and Kristi Kilbride, in New York City from June 19–25. They connected with the non-profit group, Youth Services Opportunities Project (YSOP) in Manhattan. YSOP coordinates service projects throughout the country. Their base was a rented six-bedroom apartment in Brooklvn. They were divided into two groups and each day worked in a different Borough: Jamaica Queens, Spanish Harlem, Upper West Side Queens, and the Bronx.

Assignments included food pantries and a Catholic Church in the Bronx that provides lunch every day for people who are hungry. Approximately 150 people were served the day Hinesburg youth participated. Tasks included preparing the meal, serving it, and cleaning up. Other assignments included preparing a meal in a park and working at food shelves and food banks. The food banks try to make sure there are a lot of fresh food options. Donated vegetables require sorting as some are past their prime. One group spent four hours in 90-degree heat sorting kale and Swiss chard outside on the sidewalk.

ne of the food service locations kept chickens and had a garden where they raised kale and Swiss chard. Many of the youth have family gardens, have attended farmers' markets, or have made money gardening. They know recipes and how to cook the vegetables, and could advise clients who were not familiar with a particular vegetable.

Participant Rose Gladstone described her experience, which was typical, as follows: "The most memorable place I served was in a soup kitchen. People were so thankful and you could definitely see the appreciation on their faces.

Volunteering has shown me that there is a bigger process in getting everything organized than most people realize. There are more people involved and a lot of work to get all of the equipment (sometimes food) to an available state. I learned not to take food for granted."

The youth interacted with a group from Pittsburgh, Pennsylvania, and one from the Congregational Church in Waterbury, Vermont.



Shown above are Amelie Lepple, Julia Baker, Rose Gladstone, Ellie Baker and Feston Achinda at one of the New York City work sites, a community garden, where they also raised chickens.



Shown above are participants in the New York City youth trip. Front row: Advisor Kristi Kilbride, Julia Baker and Rose Gladstone. Second Row: Katie Ashe, Eliie Baker, Julia Grant, Feston Achinda, Fanuel Achinda, Amelie Lepple, Sarah Johnson, Jacob Ashe and Advisor Penny Grant. Advisor Rev. Jared Hamilton not shown.

At the end of the day, they would get together and share their experiences.

Some of the youth had never been to New York City. They did some exploring at the end of the work day, going to Times Square, Central Park, the Statute of Liberty, and on the last day (a free day) to Coney Island.

Jared said he was really impressed with YSOP, a Quaker organization that is ser-

continued on page 23





Notice of Non-Discriminatory Policy as to Students

The Hinesburg Nursery School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

WWW.HINESBURGNURSERYSCHOOL.ORG

VOLUNTEER OPPORTUNITIES IN HINESBURG

Make a Difference

Do you need volunteers for a Hinesburg event or non-profit organization? Send us the information and we'll publish it here. The posting could be for continuing commitments or one-time events. Send any requests to **news@hinesburgrecord.org**. Use "volunteer need" as a subject line. Supply a brief description of the duties, requirements and times needed and we will add it to this list.

Mentoring

Make a difference in the life of a child. Become a mentor at HCS. No tutoring involved, just being a buddy to a child who would benefit from adult friendship. And only one hour a week during the school year. Contact Ginny Roberts at groberts@cssu.org or 482-6271 for more information.

Meals on Wheels

Help out local area residents who cannot easily get out of their homes. Become a Meals on Wheels driver. Routes take anywhere from an hour to an hour-and-a-half depending on the day. You need not commit to a weekly schedule. Call Jane Gage at 482-6096 for more information.

Visit a Senior

Hinesburg seniors need your help. Some seniors live alone with limited social contact and would love to share their gift of gab with you. Just an hour of your time can make a big difference in the life of one of the seniors in our town. CVAA is currently looking for volunteer visitors for two men in Hinesburg, one of whom would particularly enjoy a little male camaraderie. If you would be willing to help one of these seniors, contact Bev at 1-800-642-5119 for more information.

Town Committees

Frequently there are openings on town committees. Here are some of the recent ones.

- Affordable Housing Committee
- Agency Request Review Committee
- · Conservation Commission
- Energy Committee
- Recreation Commission
- Town Forest Committee
- · Village Steering Committee

Check the town web site: hinesburg.org for the most current committee openings, descriptions and instructions on how to apply. For more information contact Renae Marshall 482-2281 x227 or rmarshall@hinesburg.org.

The Hinesburg Record

Help publish your community newspaper which is produced by volunteers who write, edit and lay it out each month. The Record needs people to write and edit copy, take photos, and help with distribution and mailing. One-time or occasional submission of articles is more than welcome.

If you are interested contact us at news@hinesburgrecord.org.