

the HINESBURG Record

AUGUST 31, 2017

Twelfth Annual Hinesburg Fall Festival September 23

BY SALLY REISS

It is time to plant a fall crop of beans, which means it's also time to make plans for the 12th annual Hinesburg Fall Festival. This year's festival will be held on Saturday, September 23 from 10 a.m. to 3 p.m., rain or shine, and will again take place at Town Hall and the United Church.

All daytime events are free and open to the public. No Strings Marionette Company will again enchant young and old alike with their amazing performance. This will take place at the United Church's Osborne Parish Hall at 10 a.m. On the grounds of Town Hall there will be engaging children's activities, a market place featuring interesting products, and wonderful music from talented local musicians throughout the day. The Hinesburg Historical Society will once more offer interesting and educational displays.

A harvest dinner will take place from 6-7:30 p.m. on that evening and will also take place at the Osborne Parish Hall. This delicious dinner will feature produce that is grown locally. Tickets will be available ahead through the Hinesburg Recreation Department at 482-2281 ext.230, or email hinesburgrec@mavt.net. The price for this dinner will be \$10 for adults, \$5 for children under 12, and free for children under 5. The proceeds of the dinner will benefit the Hinesburg Food Shelf.

This festival welcomes new ideas and energy, and relies upon the generosity of the many people and

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Hinesburg Resident Honored

Hattie Roberts is Recipient of Red Sox Service Scholarship at Fenway Park

FROM PRESS RELEASE

The Red Sox Foundation presented public school seniors with \$1,000 college scholarships during Vermont Day at Fenway Park, presented by Jenzabar and supported by Ford Motor Company

Hattie Roberts of Hinesburg was recognized as a recipient of the Vermont Red Sox Service Scholarship during a pre-game ceremony at Fenway Park before the Red Sox versus White Sox game on Saturday, August 5. The program awarded students from public high schools across Vermont with \$1,000 scholarships towards their college education based on academic performance, financial aid eligibility, and demonstrated community service.

The scholarship recipients were congratulated on the field at Fenway Park by Red Sox President and CEO Sam Kennedy and Red Sox Executive Vice President Troup Parkinson. CEO and chairman of Jenzabar, Bob Maginn; chairman of New England Ford Dealer Advertising representing Ford Motor Company Fund, David Abatsis; and Sox Service Scholarship Committee Member Amanda Heglin were also on hand for the ceremony.

The service scholarship program was introduced in 2010 by then New Hampshire Governor John Lynch, Red Sox



Hinesburg student Hattie Roberts was honored as a recipient of the Vermont Red Sox Service Scholarship during a pregame ceremony at Fenway Park.

Principal Owner John W. Henry, and Red Sox Foundation Board Member Linda Pizzuti Henry. Today, the New England Red Sox Service Scholarships Program has grown to include 170 high schools throughout New Hampshire, Maine, Connecticut, Rhode Island, and Vermont.

LuLaRoe Fundraiser September 16 for Hinesburg Friends of Families

BY ALEXANDRA KONCEWICZ,
COORDINATOR, HINESBURG
FRIENDS OF FAMILIES

Friends of Families recently received some sad news: Hinesburg and all of other Chittenden County towns will no longer be receiving any Building Bright Futures grant funding. The sudden loss of a major grant was very disappointing news at the start of a new fiscal year, and at a time when our programs are growing, but we know that Friends of Families has a strong tradition here in Hinesburg. We are reaching

out to the community to raise funds in the short term until we can find a new funding partner and put a plan in place for sustained support.

Join local LuLaRoe consultants LuLaRoe Katie Charbonneau, LuLaRoe Jaimie Coffey, and LuLaRoe for Peet's Sake at Hinesburg Town Hall on Saturday, September 16 from 11 a.m.-2 p.m. for a fundraiser in support of our programs. LuLaRoe makes comfortable, fashionable, affordable clothing that are designed to make women look and feel great. Lu-

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*Hinesburg's
independent,
non-profit
community
newspaper*

INSIDE...

July 4

Page 12: Ray Mainer sold balloons on July Fourth to support the evening's fireworks display. For more Fourth of July photos, see page 12.

Balloon Man photo by John Penoyar.



Art at the Library

Page 10: Art by Susan Smereka will be on display at the library from September 21 through October.

Service Directory & Calendar of Events

Page 14: At-a-glance view of community services and events.

BACK STORIES of Hinesburg

Page 24: Why CVU Needs Hinesburg. Why Hinesburg Needs CVU.

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US POSTAGE
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PERMIT NO 3

Deadline for our next Issue: September 14, 2017

Please send your article as an attached file (Word document preferred; .jpg files for images) to: news@hinesburgrecord.org. Or call us at 482-2350.

You may also use the drop box at the Giroux home at 327 Charlotte Road to drop off hard copy articles and photographs.

Contact us at ads@hinesburgrecord.org for ads or call us at 482-2540.

Deadlines for 2017 and 2018

Advertisement/News	Publication Date
September 14	September 28
October 12	October 26
November 16	November 30
January 11, 2018	January 25, 2018

Our Policies

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Letters and articles printed in The Hinesburg Record do not necessarily reflect the opinions of the staff. The staff reserves the right to reject copy or letters that are unsuitable for readers from a general audience. The staff will not accept Letters to the Editor that are unsigned.

Subscriptions

One year subscriptions are available for a \$15 donation to The Hinesburg Record, Inc., PO Box 304, Hinesburg, Vermont 05461. Please print the name and address clearly.

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Town News

New Friends of Families Coordinator

BY RACHEL KRING, COORDINATOR, HINESBURG COMMUNITY RESOURCE CENTER

The Hinesburg Community Resource Center is excited to announce that Alexandra Koncewicz is taking over as our Friends of Families coordinator. Alex has done a wonderful job facilitating fun and engaging playgroups for us for the past few years, helping with many Friends of Families events, and serving as a member of the advisory board. Most recently, Alex was president of the Hinesburg Nursery School Board of Directors, so she not only knows Friends of Families programs, she is also very well connected in the early childhood community and in the town of Hinesburg. We are so



Alexandra Koncewicz, the new Friends of Families coordinator

pleased to welcome Alex to the team!

Alex is the contact for all Friends of Families programs, including playgroups, clothing and book swaps, welcome baby activities, and kindergarten transition support. Alex can be reached at koncewicz@hinesburgresource.org or at 482-4946.

Letters

Letter Policy

The Hinesburg Record welcomes letters from local residents and from others who are involved in issues that effect our town. The opinions expressed in the Letters to the Editor are those of the writers.

All letters must be signed. Addresses and phone numbers must also be provided for verification purposes. Addresses and phone numbers will not be published.

Letters should be brief. We do not have precise guidelines for length but reserve the right to edit based on available space. To the extent possible, letters should focus on local issues. Other forums exist for discussions of statewide, national, and international issues.

With these cautions, please keep those letters rolling in. Send them via email to news@hinesburgrecord.org, mail them to The Hinesburg Record, P.O. Box 304 or to 327 Charlotte Road, Hinesburg, VT 05461, or deliver them to the Record drop box on Charlotte Road.



Classic Hinesburg village farmhouse with all the architectural details we love about an older home. Wood floors throughout, built-ins, beautiful wood trim, a wraparound porch and a post and beam barn with two garage spaces. Flexible floor plan with large parlor or living room with an additional large room that could be used as a downstairs bedroom or a den/family room. Kitchen has new appliances, and a large dining area that could also accommodate a kitchen expansion. There are two bathrooms in the home, one on each floor and a conveniently located first floor laundry. Newer windows throughout. The yard is large and flat, with lots of perennials and is surprisingly private. \$239,000

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United Church of Hinesburg's Osborne Parish Hall. There's a big quilt, lots of age-appropriate toys, and coffee and tea are offered for caregivers. Drop in when you can to hang out and connect in a supportive environment. Baby Playgroup starts September 7.

Friday Preschool Playgroup is for ages three-five with a caregiver: 9-10:30 a.m. at the Hinesburg Community School in the preschool classroom (check in at the main office first). Activities, crafts, lots of preschool toys, sensory play (including sand and water tables), circle time, stories, and songs each week. Preschool Playgroup starts September 8.

Friends of Families offers all kinds of resources and learning opportunities at the playgroups throughout the year. Field trips, early literacy, introduction to music and yoga, infant massage, and a child development mini workshop have been some of our free offerings in the past, and we have some great things planned for this year.

Playgroups are free and open to attendees from any town, thanks to support from SCHIP, the Town of Hinesburg, and many businesses and individuals. We welcome all kinds of caregivers (parents, grandparents, nannies) with their kids; we follow the school calendar and closings.

Please contact Alexandra Koncewicz, Friends of Families coordinator, with questions at koncewicz@hinesburgresource.org or 482-4667.

Follow us on Facebook to hear about upcoming programs like weekend open gyms, clothing swaps, the annual Hinesburg Welcome Baby Brunch, and more at facebook.com/hinesburgfof.

Into the Woods: "Messy is Good"

BY J. ETHAN TAPPER, CHITTENDEN COUNTY FORESTER

We humans have a very strange idea of what a well-tended woodlot should look like. To many people the epitome of good forest management is the image of towering overstory trees over a bare forest floor; their sightline dotted with massive, evenly-spaced identical trunks.

Landowners show me the portions of their woodlots that look like this with pride. They tell me emphatically that they have cleared all the brush from the understory of their forest, or that they have removed all dead and dying trees from their woods. To them, this looks clean, well-managed, and intentional. To me — while I can appreciate the aesthetic pleasure that this type of forest evokes — this looks one-dimensional and sterile.

I have encountered this situation often, and have struggled to efficiently communicate why this is the case to landowners, land managers, and loggers. Deprogramming this idea in difficult, running against deeply ingrained aesthetic sensibilities. Which is why, when I heard one of the landowners in my county say, "messy is good," I committed it to memory.

"Messy Is Good" (MIG) does not mean that we should approach forest management unintentionally. To the contrary, MIG is a management philosophy that requires us to be even more tuned in to the way that forests work, and not just the trees. We must consider the forested ecosystem as a whole, including wildlife, insects, plants, soils, fungi, and all the other factors that allow forests to effectively function and grow trees. MIG is the recognition that in order to manage holistically healthy forests, we must reprogram our sense of what a well-tended woodlot looks like.

Forestry as we know it was brought to our country around the turn of the 20th century by Americans who had studied in Germany; where intensive forest management had been practiced for centuries. They brought with them the concept of the "regulated forest," areas where all factors are controlled to grow trees as efficiently as possible. This amounted essentially to the taming of our natural forested ecosystems, replacing them, in many cases, with intensively-managed tree plantations whose sole purpose was the production of timber. We now know that this management philosophy, while it works to grow trees quickly and appeals to our sense of "neatness," doesn't necessarily grow healthy forests.

In the name of "cleaning" the forest, landowners often remove dead trees, both standing and on the forest floor. While these trees may seem to be an eyesore, or make it difficult to walk through the woods, they are actually performing a variety of important functions for forest ecology and wildlife habitat. Standing dead trees are often called wildlife hotels. They host insects associated with wood decay, which provides forage for woodpeckers. In the course of their excavations, woodpeckers create cavities which are host to a variety of birds and mammals, from fishers to chickadees to flying squirrels. Fallen trees and branches on the forest floor provide cover for species such as the ruffed grouse and snowshoe hare, in addition to providing long-term sequestration of carbon, and building soil.

The other misconception about the "clean" forest is the idea that all forests must look like a plantation. In Vermont, natural even-aged forest is exceeding rare, and is almost entirely the result of pasture abandonment, tree plantations, and intensive (human) management. Forests like this lack species diversity, with only a few tree species present; they also lack structural diversity, which can be defined as the presence of an array of trees of different sizes, heights, and arrangements. These failings mean that we are providing only a bare minimum of habitat conditions in our forests.

It has taken a fair amount of reprogramming to shift my idea of what a well-managed forest looks like. Now, I appreciate the beauty of areas with many diverse species of trees of different shapes and sizes, interspersed with periodic dead standing trees. I look for the trunks of trees decaying on the forest

floor; and for patches of young, middle-aged, and old forest; and areas where all these age classes are mixed together. This type of forest may seem "messy" but it is actually the definition of health: a natural, healthy forest, supporting all the parts of a robust forest ecosystem. Messy is good!

Ethan Tapper is the Chittenden County Forester. He can be reached at 802-585-9099, at ethan.tapper@vermont.gov, or at his office at 111 West Street, Essex Junction.



Trail Trials and Tales

BY SUE RUSTEN, HINESBURG TRAILS COMMITTEE

In spite of the extremely wet weather, the Hinesburg Trails Committee has been doing its best to maintain our town trails. Unfortunately, we had to cancel our plans for National Trails Day back in the beginning of June due to rain. Our thanks go out to those who volunteered to help that day. Some of the volunteers have since pitched in to work with committee members on some needed trail improvements. Faced with the daunting task of maintaining so many trails — and under such difficult weather conditions — our committee is very grateful for helpers. It is likely that some of the tasks planned for National Trails Day will be shifted to the fall; at which time we will appeal, once again, for volunteers.

The Hinesburg Trails Committee and Annette's Preschool collaborated to offer two StoryWalks in Geprags Park: *The Elusive Moose* in May and *We Went Looking* in July. Both were well attended despite the rain. Our thanks go to The Flying Pig Bookstore in Shelburne for matching our gift card prize in June. The StoryWalk Project was created by Anne Ferguson and developed in collaboration with the Kellogg-Hubbard Library in Montpelier.

To learn more about what children enjoy about StoryWalk, I interviewed Franklin Donegan who was the June prize winner. Franklin, who just turned six, checked out *The Elusive Moose* with his brothers and grandmother, Anne. His two-year-old brother, Dominick, told me that he also liked the story. Franklin informed me that he had been to a StoryWalk previously and enjoyed the experience. His favorite part of the story was when the moose was out at night in the moonlight lurking behind the tent. He also loved the page that showed the moose's antlers lying in the snow. What he learned from the story was that moose shed their antlers in the winter, and that beavers spend a lot of time out of the water. Franklin enjoyed his visit to The Flying Pig and showed me what he

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GOVERNMENT CONTACTS

US Senators

Patrick Leahy
(802) 863-2525, leahy.senate.gov

Bernie Sanders
(802) 862-0697, sanders.senate.gov

US Congressman

Peter Welch, D
(802) 652-2450, welch.house.gov

VT Senate

David Zuckerman, P/D-Hinesburg
598-1986, dzuckerman@leg.state.vt.us

Vermont House

Bill Lippert, D-Hinesburg
482-3528, wlippert@leg.state.vt.us

Mike Yantackha, D-Charlotte/Hinesburg
425-3960, myantackha@leg.state.vt.us

Hinesburg Selectboard

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482-2060, ppouech@hinesburg.org

Aaron Kimball, vice-chair
482-7458, akimball@hinesburg.org

Merrilly Lovell
482-5665, mlovell@hinesburg.org

Tom Ager
482-5163, tayer@hinesburg.org

Andrea Morgante
482-5120, amorgante@hinesburg.org

Hinesburg Community School Board

Keith Roberts, chair, 482-2081

Bill Baker, vice chair, 989-313

Kathy Beyer, clerk, 482-4822

Colleen MacKinnon, asst clerk 482-3266

CVU School Board

Lia Cravedi, 482-2060

Ray Mainer, 482-3134

RECURRING MEETINGS AND EVENTS

Town Clerk Office Hours: Mon.-Fri. 8:00 a.m.-4:00 p.m., Town Hall. Missy Ross, Clerk/mross@hinesburg.org 482-2281 ext. 223.

Town Administrator Office Hours: Mon.-Fri. 8:00 a.m.-4:00 p.m., other hours by appointment, Town Hall. Trevor Lashua, Town Administrator tlashua@hinesburg.org 482-2281 ext. 221.

Town Planner Office Hours: Mon.-Fri. 8:00 a.m.-4:00 p.m., Town Hall, 482-3619. hinesburgplanning@gmavt.net. Alex Weinhausen, Planner.

Zoning Administrator Office Hours: Mon.-Fri. 8:00 a.m.-4:00 p.m. Town Hall, 482-3619, E-mail, hinesburgzoning@gmavt.net. Peter Erb, Administrator.

Assessor's Office Hours: Tues. & Thurs. 9:00 a.m. to noon, other hours by appointment, Town Hall. Marie Gardner, Assessor 482-2281 ext. 228, mgardner@hinesburg.org.

Hinesburg Recreation Office – Jennifer McCuin, Recreation Coordinator Town Hall. 482-2281 ext. 230. Mon.-Thurs. 8:00 a.m. -3:00 p.m. hinesburgrec@gmavt.net

Recycling & Trash Drop-Off Centers: Hinesburg: Beecher Hill Road at the Town Garage; Sat., 8:00 a.m.-3:30 p.m.; 482-4840. Williston, Redmond Road; Mon., Weds., Fri., & Sat. 8:00 a.m.-3:30 p.m.; 872-8111. South Burlington: Landfill Road (off Patchen Road), Mon., Tues., Thurs., & Sat. 8:00 a.m.-3:30 p.m., Fri. 9:30 a.m.-5:00 p.m., 872-8111. CSWD website: cswd.net.

Environmental Depot: 1011 Airport Parkway, South Burlington. Weds., Thurs., Fri. 8:00 a.m.-2:00 p.m.; Sat. 8:00 a.m.-3:30 p.m. 863-0480.

Hinesburg Community Resource Center, Inc. Leave a message for Rachel Kring at 482-4667. Alex Koncewicz is the contact for Friends of Families, and she can be reached at the same number or at koncewicz@hinesburgresource.org.

Hinesburg Food Shelf: Fri. 10:00 a.m. -12:00 noon. Tues. 5:30-7:30 p.m.

United States Post Office Hours: Window: Mon.-Fri. 8:00 a.m.-1:00 p.m. and 2:00-4:30 p.m., Sat. 8:00 a.m.-12:00 noon. Lobby & TriVendor: Mon.-Fri. 6:00 a.m-6:00 p.m.

WEB PAGES:

hinesburgrecord.org. The Hinesburg Record news, contact information, publication deadlines, submissions guidelines, town calendar.

HCS: hcsvt.org. Viking newsletter, cafeteria menu, email addresses for staff, department and team web pages, calendar information etc.

CVU: cvuhs.org. CVU activities and programs, sports schedule, and more.

CCL: carpentercarse.org. Library hours, services, and online resources.

Hinesburg Town: hinesburg.org. Official Town of Hinesburg web site.

hinesburgbusiness.com – FREE. POST NOTICE OF JOB OPENINGS. POST RESUMES. Sponsored by HBPA.

seewhy.info: Official website Connecting Youth (CY), the Chittenden South community-based organization dedicated to creating a safe and healthy environment for young people.



Do you need a Ride?

A Hinesburg Community Resource Center Program

Call SSTA: 878-1527 or Karla Munson: 482-2778
Visit us at HinesburgRides.org

► Hinesburg Trails

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had gotten with his gift card. His choice of a *Where's Waldo* book seemed to bear some similarity to finding the hidden figure of the elusive moose. In addition to the book, he chose a dinosaur memory game, and impressed me with how much he knew about dinosaurs.

The prize winner for the July story commented, "a great activity to do with friends." So, if you haven't yet experienced a StoryWalk, we hope you will in the future.



Do you need a Ride?

A Hinesburg Community Resource Center Program

Call SSTA: 878-1527

or Karla Munson: 482-2778

Visit us at HinesburgRides.orgFranklin with his *Where's Waldo* book.

Dominick and Franklin in their garden.

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Michael Grillo, a Volunteer Who Has Made a Significant Impact

BY JEAN ISHAM, HBPA

Michael (Mike) Grillo became a volunteer at the Hinesburg Food Shelf in 2011. An article in the "Hinesburg Record" advised that the Food Shelf was moving to a new,

(its present) location at Ballard's Corners and the coordinators, Jeffrey (Jeff) Glover and Henry (Hank) White were looking for a front desk person for the Friday morning shift. Thus, began nearly six years of increasingly valuable impacts for the Food Shelf and the people it serves.

Mike was the initiator of the Fresh Food Program. He had been vegetable farming for a few years and noted the waste stream that developed at the Farmers' Markets from unsold items remaining at the end of the day. He found himself delivering perishables to nonprofits such as the Respite House. He saw an opportunity to buy perishables at reduced prices at the end of the market, as well as accepting donations from farmers. With the assistance of volunteers, a presence was established at the Hinesburg Farmers' Market. Customers had an opportunity to donate vegetables or money; all monetary donations were spent at that market. This was a successful endeavor for two years. It was the first-time fresh vegetables had been available on a regular basis. Various local farmers and gardeners also supplemented the purchased vegetables. The program clearly demonstrated the need and desire for fresh foods.

By 2014, Mike saw a downward spiral in the number of vendors and customers at the market, and sought another avenue for the fresh food supply. A fresh food fund was established supported by a generous benefactor, community donations, as well as some fundraising. The next step was the purchase of three large CSA (Community Supported Agriculture) shares through Hinesburg's Full Moon Farm. This program ran for three years, providing the Food Shelf with both more diverse offerings and larger quantities. In addition, at about this time the Vermont Food Bank, as well as the local Food Shelf, was ramping up its gleaning and adding items such as apples and potatoes to supplement the fresh food offerings.

With increased fresh food offerings, cold storage was at a premium. Mike, putting his Vermont ingenuity to work, took a

large storage closet at the Food Shelf, insulated it, installed an air conditioner, and added a device to override the thermostat which allowed the temperature to stay at 40 degrees, thereby creating an ideal storage area for fresh foods.

After running the CSA program for three years, and following an extensive survey of Food Shelf customers, the need for year-round fresh food was highlighted. Starting in January of this year, the program moved to a full-time operation for year-round vegetables. One of the areas highlighted by the survey was a need for year-round staple vegetables (i.e. potatoes, onions, carrots, celery, peppers) as well as fresh fruit (apples, oranges, bananas). This model is working well and, as an added benefit, there is very little waste. Any waste products are either composted or given to a pig farmer.

Thank you, Mike for all your volunteer contributions, in particular for your work with the Fresh Food Program. Mike said, "It is my hope and desire that this program will continue. I encourage people to think about where their charitable contributions go, and how much actually goes to the program they are supporting. All donations to the Food Shelf are used for that purpose. It is an entirely volunteer operation. Where else do you get that kind of mileage from your charitable contribution?" To contribute, checks payable to the Hinesburg Food Shelf may be mailed to P.O. Box 444, Hinesburg, VT 05461.

Mike noted that going forward, the Food Shelf and Fresh Food Fund have a solid foundation to build on. The survey and conversations with customers has identified a need and desire for food education, and particularly for cooking classes. This is another avenue to be explored.

Family circumstances are necessitating Mike's relocation out of state. We wish Mike and his family well and, should they return to Hinesburg, a volunteer position will be waiting for him.



Michael (Mike) Grillo, Hinesburg Food Shelf volunteer

CSWD

Build Smart: Get Organized Before You Start

Anyone who has tackled a home improvement project knows that without careful planning, costs can quickly spiral out of control. But keeping costs down isn't just about planning out the materials that you're building with. You should also plan ahead for the materials that you'll be throwing away.

You could end up with a \$500 fine if you don't dispose of construction materials properly. Fortunately, getting rid of construction waste isn't difficult. Get familiar with the materials that must be reused or recycled, and the facilities that take them. Then keep them sorted on the job site for easy transport.

Stay in control! Download the brochure on our Construction and Demolition Waste webpage for easy reference on the job: cswd.net/recycling/construction-demolition-waste

To Bag or Not to Bag? The Straight Dope on Dog Poop

SARAH REEVES, CSWD
GENERAL MANAGER

A dog owner recently contacted CSWD with the following inquiry: "Dogs ... and their poop. I have a dog, and he poops. A lot. I always bag it up and toss it. But I wonder about the balance between keeping dog poop out of the rain runoff, and adding thousands of little plastic bags of

a biodegradable substance. Is it all that clear that bagging the poop is that much better?"

Ah, the wonders of what appears in one's email inbox every day. Life in the solid waste industry is never boring!

Your question is a good one. Our advice is to do exactly what you are doing: bag the waste and place it in the trash.

I appreciate your sensitivity to the "better of two evils" conundrum. Bagging pet waste is preferred for many reasons.

In an urban or suburban setting, cleaning up after our pets provides societal, neighborly, and health benefits, particularly at this time of the year.

I remember when I was a kid that I would regularly refuse shoes in the summer. And I would occasionally step in dog waste. Aside from the "ick" factor, there's the real concern about the waste causing a bacterial infection if there are cuts or abrasions on the feet.

If the waste is flushed or swept into storm drains, it then becomes the problem of wastewater treatment plants, most of which are not calibrated to manage the pathogens in animal waste.

Just as the pathogens aren't suitably treated by wastewater treatment facilities, they're also not suitable for backyard or community composting. Most backyard composters simply don't reach the proper temperatures to kill the bacteria.

This truly leaves the landfill as the only disposal option.

For any material to break down, the right mixture of water, air, and light needs to be available. Modern landfills are designed in a way that keeps those three ingredients out. There are some products in our Western world that simply have no other place to go, which is why we still need landfills for the foreseeable future.

And because landfilling is the best option for pet waste, we need a satisfactory delivery method to get that waste to the landfill. Single use plastic bags, such as grocery bags, bread bags, etc. fit the bill for now.

And yes, thousands of single use bags in a landfill is disturbing — unless those bags are serving another purpose. In this case, they are. They are no longer "single use." They are being reused for a different purpose — a necessary purpose — and you can feel OK about that.

I have a dog, too. I totally understand your concern. One of the things I do is use a variety of bags for my shopping, always keeping reusables in my car.

I know how many trips down the street my dog needs every day, and I only accept enough plastic bags to fulfill his needs. Otherwise, I'll occasionally ask for paper bags to corral my junk mail, and use my reusables for daily shopping. It is an additional step in my grocery shopping thought process, but now that it's routine, it's just part of what my family does.

CSWD Talks Food Waste and Recycling on VPR

Michele Morris, our director of Outreach and Communications, sat down with Jane Lindholm at VPR (along with Josh Kelly from Vermont ANR) to talk about food scraps. By 2020, all food scraps in Vermont will be banned from the landfill by the Universal Recycling and Composting Law (Act 148).

Here are some highlights:

- As of July 1, 2017, anyone who produces 18 tons of food scraps per year (that's 2-3 carts per week) must keep food scraps out of the trash.

- The requirement for trash haulers to offer food scrap pickup was pushed back to 2018. Josh explained why.

- "Nothing is free." Why CSWD Drop-Off Centers started charging a fee to drop off food scraps.

- The growth of "community composting" across rural communities in Vermont.

- "People are paying attention, and things are starting to shift." — Josh Kelly

- "What is the best solution for disposing of used kitty litter?" Michele Morris explains why we don't recommend composting pet waste.

- "If we stop throwing all this stuff out, we will need fewer facilities." —Michele

There's a lot more. Listen to the 35-minute interview here: tinyurl.com/CSWDonVPR

Police

Chief's Corner

BY CHIEF FRANK KOSS, HINESBURG
COMMUNITY POLICE

During a particularly rough patch of time, Vermont lost eight people in fatal crashes. Out of the eight, seven were not wearing their seatbelts. As a member of the Vermont Highway Safety Alliance, I am a proponent of the primary seatbelt law. For reasons I am uncertain of, Vermont is hesitant to pass such legislation. In California when they went from a secondary to primary seatbelt law, the compliance rate went to over 90 percent. Additionally, every occupant over sixteen was personally responsible and they received the citation, not the driver.

Regardless of the law, please wear your seatbelt, and require it of all your passengers.

Incidents

Family Fight

On Sunday, June 11, officers responded to Place Road East for a reported family fight. One of the parties left the residence and met with an officer at a local business. The problem stemmed from a child exchange disagreement. They remained separated and no further law enforcement assistance was required.

Family Fight

On Sunday, June 18, officers responded to a residence on Mechanicsville Road for a family dispute. It was a verbal dispute only and no law enforcement assistance was required.

continued on page 6

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► Police

continued from page 5

Family Fight

On Thursday, June 22, officers responded to a residence in Triple L MHP for a reported fight between a male and female. The male had left prior to the officers' arrival and it was determined it was a verbal dispute only.

Citizen Dispute

On Monday, July 3, an officer responded to a residence on Vermont Route 116 in the Village for a citizen dispute between a downstairs resident and a person visiting an occupant in the upstairs apartment. The visitor had parked his truck on the front lawn. The truck was moved without further incident.

Theft

On Tuesday, July 4, an officer responded to a residence off of Charlotte Road for the reported theft of a riding lawn mower. Information on the piece of equipment was obtained and the investigation is ongoing.

Criminal DLS

On Friday, July 7, an officer on patrol on Shelburne Falls Road received a hit on the vehicle equipped license plate reader. He confirmed the information through dispatch, and received a description of the suspended operator. Based on the information, a traffic stop was made and Vicki-Lyn MacArthur, 54 years old from Burlington, was arrested and processed at the station. MacArthur was on a life suspension for three DUI convictions.

Warrant Arrest

On Friday, July 7, officers went to a residence in the village for an individual reported to have a warrant for his arrest. The officers contacted Stanley Lubinski, 54 years old from Hinesburg. Lubinski was taken into custody and transported to the Chittenden County Correctional Center.



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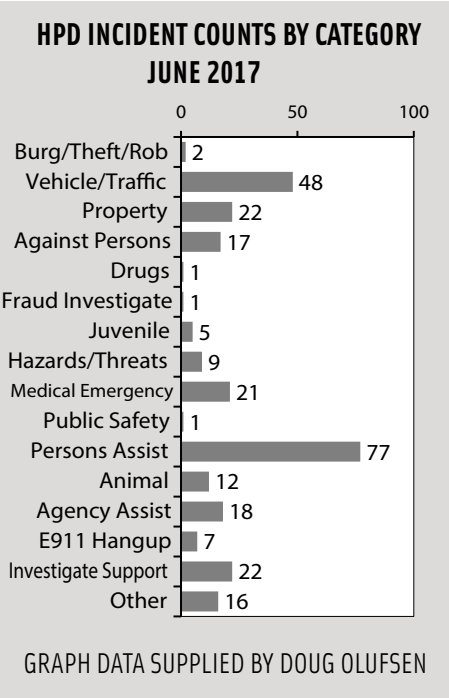
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Citizen Dispute

On Tuesday, July 18, officers responded to the village area for a reported dispute between two females. It involved the mother of the other female's boyfriend, and was a verbal altercation regarding the male moving out. No further law enforcement action was necessary.

Family Dispute

On Tuesday, July 18, officers responded to Hayden Hill Road for a report of woman trying to leave in her boyfriend's car without her boyfriend's permission. The issue was resolved with the boyfriend driving the female to Burlington.

Warrant Arrest

On Wednesday, July 19, an officer made a traffic stop on Silver Street for speeding. A check on the 49-year-old driver from New York showed a \$15,000-dollar warrant for his arrest. Alfred Mattison was arrested and transported to the Chittenden County Correctional Center.

DUI Crash

On Saturday, July 22, an officer respond-

ed to a vehicle reported in a ditch off of Buck Hill Road East. Upon arrival, Linda Dreaney, 68 years old from Starksboro, was contacted and determined to have been drinking. After field sobriety tests, she was arrested and taken to the station for processing. She was released on a citation to appear.

Criminal DLS

On Monday, July 24, an officer recognized a motorist who pulled into a business in the village as having a criminally suspended operator's license. He contacted Charles Champney, 33 years old from Hinesburg, and confirmed he was operating on a criminally suspended license. He was arrested and taken to the station for processing and released on a citation to appear.

Excessive Speed

On Saturday, July 29, an officer was working speed enforcement on Shelburne Falls Road. A motorcyclist was observed eastbound nearing Geprags Park at an excess of 80 mph. Andrew Tracy, 45 years old from Monkton, was arrested for excessive speed and taken to the station for processing. He was cited and released.

Domestic Assault

On Saturday, July 29, officers responded to a residence off of Baldwin Road for a reported fight between the daughter and the boyfriend of her mother. It was determined that a physical assault occurred and Avery Morehouse, 22 years old from Hinesburg, was cited for simple assault.

Domestic Assault

On Wednesday, August 2, officers responded to a business in the village for a female reporting that she had been struck by her boyfriend, a 25-year-old male from Hinesburg. After an investigation, Jonathan Enos was arrested and taken to the station for processing. He was flash cited into court the next morning.

Disturbance

On Monday, August 7, an officer responded to a report of a family fight in Triple L MHP. It was determined that law enforcement was not needed.

CORRECTION: DUI/ Criminal DLS

On Monday, May 1, as the result of an enforcement stop, Shilow Parker, 42 years old from Hinesburg, was arrested for driving under the influence and driving while her license was criminally suspended. She was taken to the station for processing and released on citation to appear in court.



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Fire

Hinesburg Public Safety Fun Day Promises Great Times for All!

The Hinesburg Firemen's Association annual Hinesburg Public Safety Fun Day will be held on September 9 from 10:30 a.m. to 2 p.m., at the Hinesburg Fire Department on Route 116 in Hinesburg.

There will be lots of exciting family activities planned that are both educational and fun for the public. There will be fire safety events, a bounce house, dunk tank, music, food concession stand, and many emergency vehicles on display. This year we will also be having car seat checks done by a member of the Hinesburg Police Department.

The support of volunteers, as well as corporate sponsors and donors, is always appreciated.

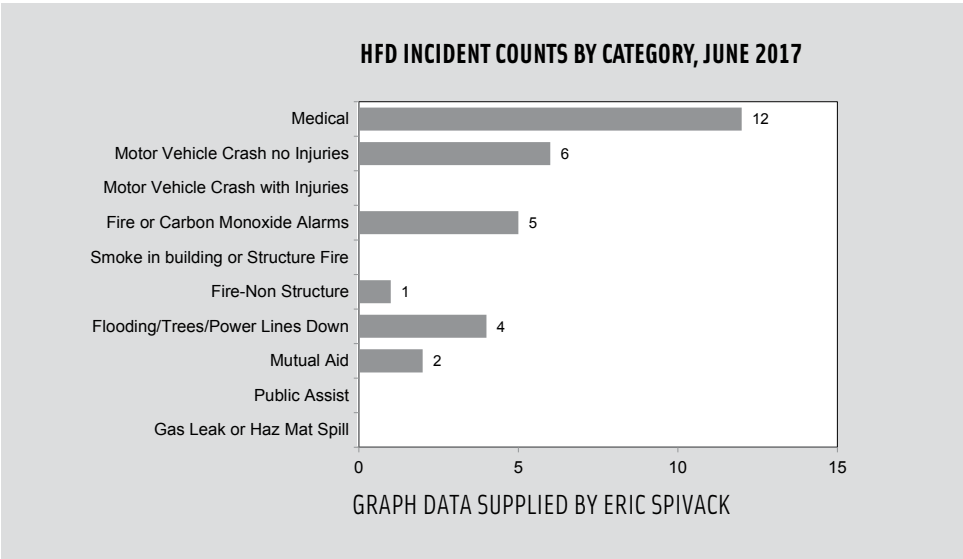
The Hinesburg Firemen's Association goal is to assure the citizens of Hinesburg that fire, rescue, and medical services provided by the Hinesburg Fire Department will continue to be of the highest quality in order to meet our community's expectations of the greatest level of protection and care at a reasonable expense.

PLEASE! Drive Safe

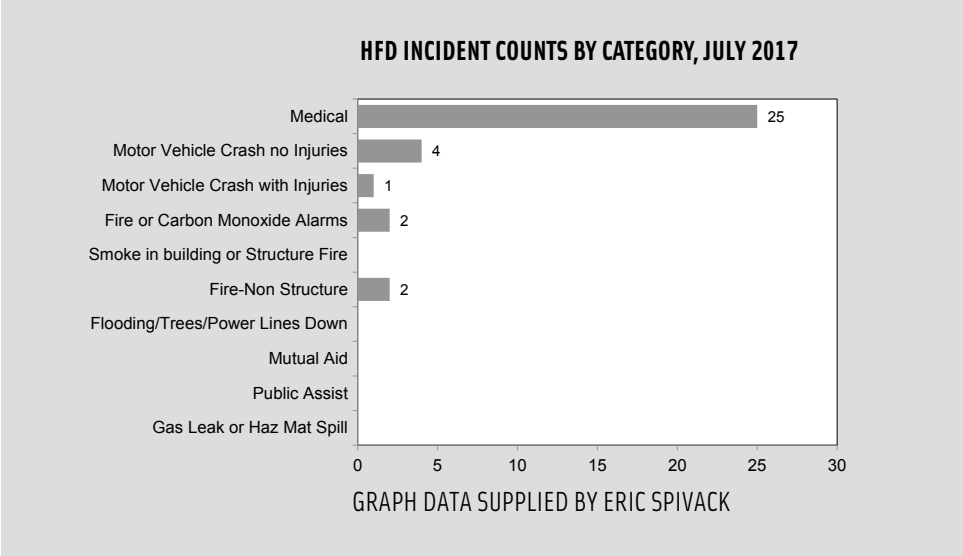
Almost daily, we hear in the news about traffic crashes. Many of these crashes involved multiple vehicles with several injured persons. At the beginning of August, there were eight crash-related fatalities in less than 24 hours. Seven of those killed in the crashes were not wearing seatbelts.

When a crash happens, even at speeds of 30-40 mph, your body continues forward when the vehicle suddenly stops. Without a seatbelt, the force of the sudden stop thrusts your body into the back of the seat or the dashboard — and possibly the windshield — depending on where you are sitting. At higher speeds, with windows open, a person can be ejected out of the vehicle. In almost every instance, the unrestrained person is tossed around like a ragdoll.

Properly worn and used seatbelts will lock, stopping the forward motion and holding the person in the seat. Yes, you



*HFD responded to 30 calls in June and to 34 calls in July.
* an example of a non-structure fire would be a telephone pole, car, or grass/brush fire.*



may be sore from the shoulder belt, but your injuries will likely be considerably less than without one.

When you see emergency vehicles, whether we are travelling lights and siren to a call, or are at a scene of an emergency, we ask everyone to please pay attention to emergency vehicles and personnel.

If we are responding, please pull over. Don't try to outrun us only to have to stop on a curve or at the top of a hill. Don't pass the vehicle in front of you who has stopped for us. Don't try to quickly cross an intersection as we are approaching. Our apparatus cannot stop as quickly as your car.

When approaching an emergency scene, slow down, move over, and pay attention to the responders directing traffic. They are there for our safety as well as to guide motorists safely through the scene.

Please! Drive safe. Buckle Up. And pay attention.

SCBA Training

During the spring, research began for the replacement of the self-contained breathing apparatus (SCBA) which were close to 15 years old. After field testing various models, the members of the department agreed on an SCBA manufactured by MSA. The new units are lighter, more comfortable, and have newer safety features.



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Recreation

BY JENNIFER MCCUIN

July Fourth Roundup

Hinesburg celebrated another July Fourth with its typical community spirit! The Recreation Commission would like to thank the following local businesses for their generously donated prizes for the parade winners: Jiffy Mart, Good Times Café, Papa Nick's, The Grateful Dog, Automotion, Lantman's Best Market, Aubuchon Hardware, Papa Nick's, The Paisley Hippo Sandwich Shop, Rocky Ridge Golf Course, and Friends of the Parade. Thanks to our parade judges Roger Giroux, Susan Vaccarelli, and Phil Seeley for the difficult job of choosing parade category winners. Thank you to Roger Kohn and company for the incredible balloon sales, which benefit the 2018 Fireworks Fund. And a special thanks to the Hinesburg Business and Professional Association (HBPA) for making our 2017 fireworks possible! Thanks to Dave and Kathy Newton for lending their Mustang to carry our Grand Marshal Sue Barden. Thank you, Community Alliance Church, for the ice cream social. Thank you, Good Times Café, for providing the power to Chasing 440 in Veteran's Park. Thank you, Elly Coates and Friends of the Library, for the book sale at Town Hall. Thanks to the Hinesburgh Public House for their music, games, BBQ chicken and ribs, and lawn for a great July Fourth celebration destination after the parade, keeping folks in town. Thank you, Hinesburg Police, for your extra help exiting people from the fireworks. Thanks to ALL

for making this a great day and for all that Hinesburg spirit!

The 41st annual Hinesburg Hilly Hobble was run on a beautiful Vermont summer evening, July 3! There were 47 runners who participated in the 2K, 5K, and 10K events which raised \$200 for the Hinesburg Fourth of July festivities. The 2K race is run by children ages 12 and under, and we had 18 participants — a new record. Mia Marino won the girls' event with a time of 7:45; Sam Denison took the boys' title, again this year, with a blazing time of 6:10. The 5K age category winners were Eva Frazier 30:30, Hunter Francis 23:10, Kelly Radimer 32:32, Justin Lapointe 22:40 (the fastest 5K time), Keith Roberts 28:23, and Mike Drescher 24:09. The 10K age category winners were Bekah Gordon 46:53, Thomas Clayton 43:41, Michelle Cao 53:25, Maggie Plante 48:06, and Don Kjelleran with the overall fastest time of 41:46. A special shout-out goes to Marlea Busier who as a nine-year-old competed in the 5K and finished with a time of 39:51. A nice evening of exercise, socializing, and fun was had by all. Please plan to join us for next year's fun run! A special thank you goes to David Eddy and his family for running this wonderful tradition for over 20 years!

The July Fourth Parade was a success with winners and sponsors listed below:

Best Business Float — Hinesburg Nursery School sponsored by Rocky Ridge Golf Course

Best of Parade — Hinesburg Girl Scouts sponsored by Jiffy Mart

continued on page 8



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► Recreation

continued from page 7

Best Float — Hinesburg Wrestling Team sponsored by Good Times Café

Best Theme — Taming the Dragon by the Daggett Family sponsored by Lantman’s Market

Best Antique —Robert Pecor with a 1950 F3 sponsored by Automotion

Best Pet/Livestock – Mountain Edge Farm by the Lang Family sponsored by Grateful Dog

Best Tractor — Henry Benis sponsored by Aubuchon Hardware

Best Costume — Ava McDonald sponsored by Hinesburgh Public House

Best Horse and Rider — Livery Stables sponsored by The Paisley Hippo Sandwich Shop

Best Decorated Bikes — Vermont Coin and Jewelry sponsored by Friends of the Parade.

Chasing 440 performed at Veteran’s Park; the Boy Scouts sold pulled pork sandwiches; and Hinesburgh Public House hosted a beer tent, BBQ chicken, ribs, music, games, and a dunk tank to enjoy after the parade.

Advertising and news deadline is September 14 for the next issue. Publication date is September 28. Call 482-2540 for more information. Material not received by deadline will be considered for next issue.

Sports and Classes

Youth Soccer Starts on September 9!

Kindergarten: Sunday from noon–1 p.m. at Town Hall field.

Grades one and two co-ed: Saturday morning from 9–10 a.m. at Town Hall field and United Church field, and Thursday evenings 6–7 p.m. at United Church/ Town Hall fields.

Grades three and four boys: Saturday morning from 10–11 a.m. and Wednesday evening from 6–7 p.m. at Town Hall field.

Grades three and four girls: Saturday morning 11 a.m.–noon and Tuesday evening 6–7 p.m. at Town Hall field.

Grades five and six boys: Saturday morning 11 a.m.–noon and Wednesday evening 6–7 p.m. at United Church field.

Grades five and six girls: Saturday morning 10–11 a.m. and Tuesday evening 5–6 p.m. at United Church field.

Dates and times are subject to change based on the coaches’ availability. You will be notified prior to start date via email.

Dates: Saturday, September 9 through October 14.

Register by August 25 and pay \$40. The fee is \$50 after August 25. Deadline for registration is September 1. All registration is done at hinesburgrec.com. Contact the Recreation Department at 482-2281 ext. 230 or email at hinesburgrec@gmailvt.net.

Ultimate Frisbee

Now in its third season, the Ultimate Frisbee program continues with enthusiast Dan Opton in coordination with

HRD. Veterans and newcomers are welcome. In continuing with tradition, players have the opportunity to design and print their own team T-shirt. Come give Ultimate Frisbee a try!

Who: Co-ed fifth–eighth graders. **When:** Mondays and Wednesdays September 6–October 11. Game schedule TBA. **Where:** Lyman Park. **Time:** 6–7 p.m. **Cost:** \$50. Register by September 1. **Maximum:** 20. Register at hinesburgrec.com

GroupFIT with Jess

GroupFIT equal Functional Interval Training! This 45-minute class is designed to train all of your energy systems through high intensity intervals and recovery. We utilize training tools like medicine balls, weights, sprints, and bodyweight exercises to get fit, burn fat, and build muscle! Skip the commute to an out-of-town gym and take advantage of this early morning option at the Town Hall.

Where: Hinesburg Town Hall. **When:** NEW days, Mondays and Thursdays, August 28–October 19. **Time:** 5:15–6 a.m. OR 6–6:45 a.m. **Cost:** \$186 per session. **Maximum:** 10 per class. Register at hinesburgrec.com

Dog Obedience with Jim Warden

Jim Warden is an experienced dog trainer with many fine canine graduates living in the community. This class will provide much enjoyment and benefit for you and your beloved dog.

Who: Dogs and their owners. **Where:** First class is without your dog in the third-floor conference room at Town Hall. All other classes are held in the Town Hall field. **When:** Thursdays, September 7–October 12, 6:00–7:00 p.m. **Cost:** \$70 for residents, \$75 for non-residents.

Please leave your dog at home for the first class. Register at hinesburgrec.com

Little Strikers Soccer with Global Premier Soccer

Designed especially for children three–five years old, Little Strikers is based on the idea that children naturally want to run around with a ball! Coach Iain Manson and staff will lead this preschool soccer experience that includes age-appropriate games. Children are exposed

to basic soccer skills, working cooperatively with other players without any pressure on winning or competition. A great first experience to soccer.

Who: three–five years. **Where:** Town Hall field. **When:** Tuesdays September 5–October 10, 10–10:45 a.m. **Cost:** \$85. Register at hinesburgrec.com

Preschool Dance and Yoga with Miss Ashley

These 45-minute mixed dance and yoga classes allow preschoolers to enjoy music, movement, and stillness while learning basic ballet terms and steps alongside yoga poses. Focus is on positive self-image with coordination and rhythm introduced in creative and imaginative ways. These classes encourage children to recognize their own individuality and body mobility, while hopefully developing a lifelong love for dance and yoga. Classes are drop-off but parents/caregivers are welcome to stay if they choose.

Who: 3–5-year-olds. **When:** Thursdays. Session 1 is September 14–October 12. Session 2 is November 2–December 14. No class on November 23. **Where:** Town Hall. **Time:** 8:45-9:30 a.m. **Cost:** \$70 per session. Register at hineburgrec.com.

Middle School Horseback Riding Program

Join and create the new middle school horse club at Livery Stables! Riders can count on expanding their skills to include more advanced riding techniques, along with an introduction to drill team. More riding and more options for the rider who wants to navigate to the next level in horsemanship!

Who: Grades 5–8. **When:** Session 1 is Mondays, September 11–October 16 and Session 2 is Mondays, October 23–November 27. **Where:** Livery Stables located at 601 Lavigne Hill Road, Hinesburg. **Time:** 3–5 p.m. **Cost:** Session 1 is \$170 and Session 2 is \$145.

After-School Horseback Riding

Enjoy horseback riding lessons and so much more with Kim Johansen at Livery Stables. Lessons are for beginning to early intermediate riders. In addition, Kim and staff will instruct children on basic horse care, tacking, feeding, watering, and all that happens in the horse barn! Take the bus from HCS to Livery Stables, located at 601 Lavigne Hill Road

right after school. Please be sure to send a permission note with your child to ride the bus, pack a snack for your hungry rider, and send boots and barn clothes.

Who: K–8 graders. **When:** Session 1 is Tuesdays, September 5–October 10 and Session 2 is Tuesdays, October 17–November 28. Session 1 is Fridays, September 8–October 13 and Session 2 is Fridays, October 27–December 1. **Where:** Livery Stables, located at 601 Lavigne Hill Rd., Hinesburg. **Time:** Tuesdays 2–4:30 p.m. and Fridays 3–4:30 p.m. **Cost:** Tuesdays Sessions 1 and 2 are \$220 and Fridays Session 1 is \$120 and Session 2 is \$100. More information can be found at liveryhorsefarm.com. **Maximum:** Nine participants per day.

After-School Arts and Crafts with Chris Billis

Chris Billis returns for more crafting on Friday afternoons. Each week, Chris brings assorted materials and ideas for various craft projects. Students can choose what they like, in a non-structured and relaxed atmosphere, making their own decisions. Beads, sculpture, batting and material to make your own “stuffie,” and glue guns for cardboard piled sculptures and towers. The materials will be there and the sky’s the limit!

Who: Grades 2–8. **When:** Fridays, September 15–December 15 (12 classes) No school on October 20. **Where:** HCS Art Room. **Time:** 2:45–4:15 p.m. **Cost:** \$199. Register at hinesburgrec.com

Literature and the Arts with Susan Lepple

Join Susan for a creative approach to exploring children’s literature. Through the use of fine art, movement, assemblage, and music students will experience books that are silly, thought-provoking, creative, and caring. Students may move, groove, and draw to jazz beats; make hats like Madame Chapeau; or be inspired to expressively paint like the reptiles in *Art and Max*.

Who: Grades 1–4. **When:** Wednesdays, October 11–November 15, 2:45–4:15 p.m. **Location:** First floor classroom in HCS White Building. **Maximum students:** 10.

Driver Education with Kevin Browne

Kevin Browne offers this class for those

pursuing their driver’s license. Students must have a valid Vermont learner’s permit. Classroom instruction takes place at Town Hall and driving time is scheduled outside of 4–6 p.m. class time. CVU students may take a CSSU bus that drops them off at Town Hall. **When:** Mondays, Wednesdays, and Thursdays October 16–November 18, 4–6 p.m. **Where:** Main room at Town Hall. **Cost:** \$675. Register with HRD, but checks are payable to Kevin Browne and due by October 6.

Creepy Creature Halloween Cookie Decorating

Join everyone’s favorite baker, Wendy Frink of Blackberry Hill Bakery, for a Halloween spin on our popular holiday cookie decorating classes. Kids will create their own cookie confections with Halloween-themed accessories, homemade cookies, and buttercream icing. This will fill quickly, so prompt sign-ups are a must!

Who: K–8 graders. **Where:** Meet in HCS Flex Space first, then we’ll walk to Hinesburg Nursery School, across the parking lot from HCS. **When:** Thursday, October 26, 2:45–3:45 p.m. **Cost:** \$18. **Limit:** 16 participants. Sign up at hinesburgrec.com.

AARP Safe Driver Class

Students learn defensive driving techniques, new traffic laws, and rules of the road. Through interacting with one another, they’ll learn how to safely adjust their driving to compensate for age-related changes in vision, hearing, and reaction time. Many insurance companies are beginning to offer discounted premiums when people take this course.

Where: First floor conference room in Town Hall. **When:** Wednesday, November 15, 9 a.m.–2 p.m. **Cost:** \$15 for AARP members and \$20 for non-members. Checks are payable to AARP. Be sure to bring your AARP card, driver’s license, and lunch. Register online at hinesburgrec.com.

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Library

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Tuesday and Thursday: 10 a.m. to 7 p.m.

Wednesday and Friday: 2 p.m. to 7 p.m.

Phone: 482-2878

Address: 69 Ballard’s Corner Road, Hinesburg 05461

Website: carpentercarse.org

Email: carpentercarselib@gmailvt.net

We Deliver

Free delivery of materials is available to Hinesburg residents who find travel or physical access to the library building difficult.

Library News

Fourth of July Book Sale

This year’s July Fourth book sale was a great success. A big thanks to all who came out and shopped to help the library raise over \$2,000! We are grateful for our lead volunteer, Elly Coates, who took the reins for the first time. Her creativity yielded raffle prizes for lucky shoppers, and had us opening the doors early on the evening of July 3rd for folks who wanted to skip the parade crowds. As always, we are grateful for community involvement — especially of our dedicated volunteers. Thank you!

Youth Area Gets a Makeover

We’ve shifted things around a bit in our youth area at the library, and we think you’ll agree that it’s a great improve-

continued on page 10

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► Library

continued from page 9

ment. As always, our goal is to cater towards the needs of our community, and in this instance, we hope our littlest residents and their caregivers will benefit. We've gained more space for playing, better organization of books and toys, and an improvement in the quality of items offered. Stop by and see for yourself.

Musical Mondays

Come for a book and stay for some relaxing music. Enjoy a hot cup of coffee or tea while listening to lovely classical or jazz selections on Monday mornings. It could be a great way to start your busy week!

Have an ad? 482-2540 or
ads@hinesburgrecord.org.
Have news? 482-2350 or
news@hinesburgrecord.org.

Library Calendar**Youngsters' Story Time
— Every Tuesday
and Thursday from
9:30–10 a.m.**

We invite children ages zero to five and their caregivers for age-appropriate stories, movement, songs, and snacks. Story Time is located in the library's community room (entrance is west of the main library entrance).

**Community Writers' Group
— Tuesday, September 5, 7–9 p.m.**

Calling all local writers! Join us for our once a month Community Writers' Group! All genres welcome. Get your literary juices flowing with creative writing prompts, network with other local wordsmiths, and enjoy a fun, stimulating monthly workshop. Snacks provided. Free and open to the public. To submit a piece of writing for others to review and enjoy before the group meets, email Laura Wisniewski at bhy@beecherhillyoga.com

Folk Jam: Hinesburg Song Farmers Gathering — Thursday, September 7, 6 p.m.

Do you play an acoustic instrument or love to sing along to old time, blues, country, and folk music? Come join the Song Farmers during their monthly jam session. Free and open to the public.

Outreach Luncheon — Friday, September 15, 12 p.m.

Librarian Sara Donegan will visit the Osborne Hall, adjacent to the United Church of Hinesburg during the weekly senior luncheon to lend library materials. Lunch is \$5 and open to the public. For more information about the meal, please call Debbie Wisell at 482-3058.

Monthly Board of Trustees Meeting — Wednesday, September 27, 7 p.m.

Meetings are held at the Carpenter-Carse Library and open to the public.

Douglas Brooks — From Skiffs to Sail Ferries: The Story of Vermont's Small Boat Traditions — Tuesday, September 26, 7 p.m.

The stories of Vermont naval history and commercial shipping have been well documented by generations of historians. However, the traditions of small boat building from throughout our state have remained untold. The bulk of our historic boat-building traditions involves Vermonters building their own boats, whether for pleasure or commercial use. The historical record illuminating this subject resides today mostly in family stories and photo collections. In this slide presentation, Douglas Brooks shares his research on these traditions, and his work in recreating some of these historic vessels. This is a Vermont Humanities Council program hosted by Carpenter-Carse Library. Free and open to the public. Supported in part by the National Endowment for the Humanities and the Vermont Humanities Council. Any views, findings, conclusions,

or recommendations expressed in this program do not necessarily represent those of the NEH or VHC.

Art at the Library: Susan Smereka

Work by this Burlington artist will be on display from September 21 through the month of October. Susan, a Toronto native, is a longtime Vermont resident and has been making monoprints since 2001. Smereka's media includes installations, printmaking, photography, video, bookmaking, and collaborations. Her work has been shown throughout this region, including at the Firehouse Gallery and the Flynndog.

Book Discussion Group — Thursday, September 28, 7 p.m.

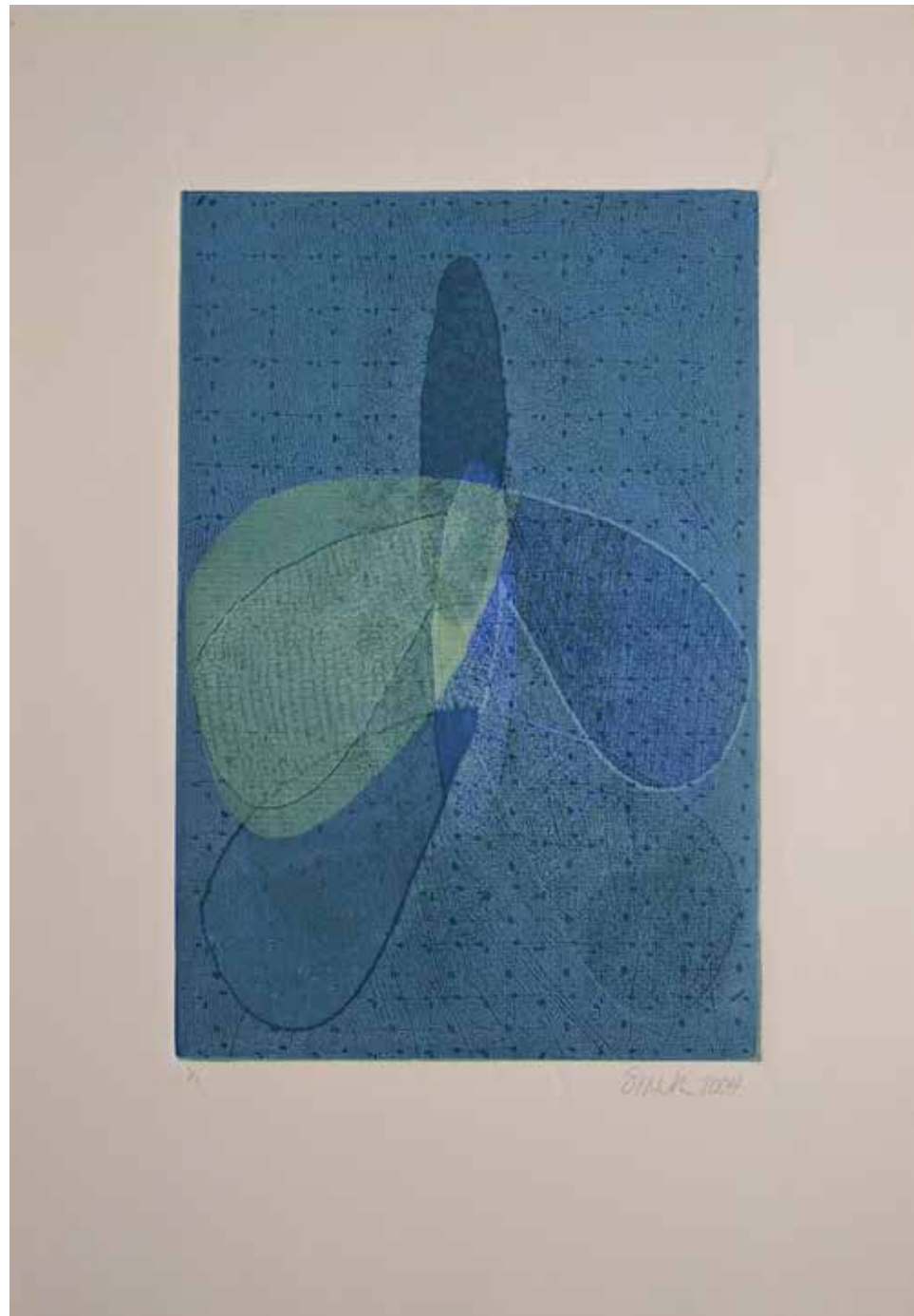
Join avid readers for their next book discussion of *Remembering* by Wendell Berry. Meetings are held at 7 p.m. in readers' homes. For more information, including directions, please call Diane at 482-4455.

Featured Recent Acquisitions**Youth**

Our youth collection has recently acquired five new audio books on Playaway devices. These have been popular with patrons due to how easy they are to use! These audio books come fully loaded on a small portable device so there is no need to download onto a personal device or fuss with a pile of CDs. All you need is a set of headphones or earbuds. We plan on building our collection of these devices slowly, so keep your eyes peeled for new ones! We currently own *Hatchet* by Gary Paulsen, *Flora and Ulysses* by Kate DiCamillo, *The Girl Who Drank the Moon* by Kelly Barnhill, *The Secret Garden* by Frances Hodgson Burnett, and *Lost in the Pacific, 1942* by Tod Olson. Check one out today!

Adult

Two long-awaited new mystery books will be available at our library in early September! Call the library to put your name on our list for *Y is for Yesterday* by Sue Grafton and/or *Glass Houses* by Louise Penny. We will have multiple copies of each book in different formats. Happy Reading!



Art by Susan Smereka will be on display at the library from September 21 through October.

Library Trustees Update**Sara Armstrong Donegan named new Director. Large Print Collection named in honor of Sue Barden.**

The Carpenter-Carse Library trustees named the library's Large Print Collection in honor of Sue Barden and her 30 years of service to the library. Pictured are Sue Barden and Katherine Kjelleren, Board Chair.



Marking the change in leadership at Carpenter-Carse Library, former long time Director, Sue Barden and new Director, Sara Armstrong Donegan.

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Visit us at HinesburgRides.org

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Independence Day 2017

Photos from July 4th in Hinesburg
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CONSTRUCTION AND EXCAVATION	BOOT HILL METAL BENDERS 802-989-0396 boothillmetalbenders.com Top-notch ductwork for efficient heating & air conditioning.
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HINESBURG BUSINESS AND PROFESSIONAL ASSOCIATION OFFERS FREE JOB SEARCH AND POSTING SERVICE
BY JEAN ISHAM, HBPA

The Hinesburg Business and Professional Association (HBPA) has added to its web site space for area businesses to post employment openings and for area residents to post requests and/or resumes when seeking jobs. The service is free of charge to members and non-members. The Association encourages area businesses and job seekers to use the site. Expanded usage will enhance the value of the site to the community.

To access this service simply go to the HBPA web site, hinesburgbusiness.com, and click on the appropriate option: Seek A Job, Post A Job, Search Resumes, Post Resume. We think you will find the application easy to use. If you do not have ready access to a computer, access may be available through your local library.

If you have any questions about this site or its use, contact Robert Stahl at bstahl2@gmail.com or at 482-3137.

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► Fall Festival *continued from page 1*

businesses who give time and money towards making it a success. Many thanks go to those awesome folks. We are hoping that YOU also would like to get involved with this wonderful community event. If so, let us know and we can share with you the many ways you can help. Below you will see the names of contacts. We look forward to your involvement. Thank you!

General Questions:
Sally or Chuck Reiss,
482-3295, smreiss@
madriver.com



Kids Activities: Alex Koncewicz, 482-4946, koncewicz@hinesburgresource.org

Festival Marketplace: Heather Cochran, 274-4273, heather.vt.bags@gmail.com

Harvest Dinner: Andrea Morgante, 482-5120, andreahinesburg@gmail.com

Calendar

THURSDAY, AUGUST 31	THURSDAY, SEPTEMBER 14
7:00 p.m. - 8:30 p.m. Selectboard Meeting. Hinesburg Town Hall	Advertising and News deadline for the September 28 issue of The Hinesburg Record
MONDAY, SEPTEMBER 4	7:00 p.m. - 8:30 p.m. Town Forest Committee Meeting. Lower Level Conference Room in the. Town Hall
Labor Day	MONDAY, SEPTEMBER 18
4:30 p.m. - 5:30 p.m. Lake Iroquois Recreation District Meeting,. Williston Town Hall. Public invited	7:00 p.m. - 8:30 p.m. Selectboard Meeting. Town Hall
7:30 p.m. - 8:30 p.m. Vermont Astronomical Society Meeting. UVM	TUESDAY, SEPTEMBER 19
TUESDAY, SEPTEMBER 5	5:00 p.m. - 6:30 p.m. CSSU School Board Meeting. CVU
7:00 p.m. - 8:30 p.m. Community Writers' Group. Carpenter-Carse Library, 69 Ballards Corner Rd, Hinesburg. Calling all local writers! Join us for our monthly Community Writers Group! All genres are welcome. Get your literary juices flowing with creative writing prompts; network with other local word-smiths; and enjoy a fun, stimulating monthly workshop in the Carpenter-Carse Community Room. Snacks will be provided. To submit a piece of writing for others to review and enjoy before the group meets, email LauraWisniewski at bhy@beecherhillyoga.com.	6:30 p.m. - 8:00 p.m. Business and Professional Association Meeting. Papa Nick's Restaurant. Contact HBPA President Walter Hausermann at 802-878-7144 or walter@allstate.com
7:30 p.m. - 8:30 p.m. Development Review Board. Town Hall	7:00 p.m. - 8:30 p.m. HCS Board Meeting. CVU
WEDNESDAY, SEPTEMBER 6	7:30 p.m. - 8:30 p.m. Development Review Board. Hinesburg Town Hall
7:00 p.m. - 8:30 p.m. Fire and Rescue/Medical Training. Hinesburg Fire Station	WEDNESDAY, SEPTEMBER 20
MONDAY, SEPTEMBER 11	7:00 p.m. - 8:00 p.m. Fire and Rescue/Business Meeting. Fire Station
7:00 p.m. - 8:30 p.m. Village Steering Committee Meeting. Hinesburg Town Hall. Contact George Dameron, Chair 482-3269	7:00 p.m. - 8:00 p.m. Hinesburg Trails Committee Meeting. Hinesburg Town Hall Lower Level Conference Room. Lenore Budd, Chair
TUESDAY, SEPTEMBER 12	FRIDAY, SEPTEMBER 22
7:00 p.m. - 8:30 p.m. Conservation Commission Meeting. 2nd floor, Town Hall	Autumnal Equinox
7:00 p.m. - 8:30 p.m. Recreation Committee Meeting. Hinesburg Town Hall	TUESDAY, SEPTEMBER 26
7:30 p.m. - 9:00 p.m. Land Trust Meeting. Interested parties should call Ann Brush at 482-5656 or email annbrush@gmail.com	7:00 p.m. - 8:00 p.m. Conservation Commission
WEDNESDAY, SEPTEMBER 13	WEDNESDAY, SEPTEMBER 27
7:30 p.m. - 8:30 p.m. Fire and Rescue/Heavy Rescue Training	7:00 p.m. - 8:00 p.m. Carpenter Carse Library Trustees Meeting. Carpenter Carse Library
7:30 p.m. - 8:30 p.m. Planning Commission. Hinesburg Town Hall	7:00 p.m. - 8:30 p.m. Fire and Rescue/Fire Training
	7:30 p.m. - 9:00 p.m. Planning Commission. Town Hall

► LuLaRoe Fundraiser *continued from page 1*

LaRoe is only available direct from consultants, so this is a great opportunity to shop for the cooler weather to come. There will be a children's play area to keep your little ones occupied while you refresh your fall wardrobe.


Friends of Families is a program of the Hinesburg Community Resource Center and has existed for over 25 years. Friends of Families works with many community partners and volunteers to offer weekly playgroups, free clothing and book swaps, parenting support during transition times (e.g., welcoming a new baby or sending a child to kindergarten), early literacy activities, support with basic needs, and educational and social opportunities for families in Hinesburg and the surrounding towns. We are committed to continuing these programs for families for many years to come. Thank you for your support!

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Advertising and news deadline is September 14 for the next issue. Publication date is September 28. Call 482-2540 for more information. Material not received by deadline will be considered for next issue.

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Education

Mentors Needed at HCS

BY GINNY ROBERTS

A friendship between an adult and a young person is a powerful and positive thing. Research shows that such relationships can help kids become better students, feel better about themselves, and make better choices in their future. The fact that mentoring is so effective is a key reason why it has grown in Hinesburg and throughout Vermont.

Ginny Roberts was hired 12 years ago by Connecting Youth to start a school-based mentor program at Hinesburg Community School. Based on a successful program at Williston Central School, CY mentoring at HCS has since created over 75 lasting mentor relationships in the Hinesburg community.

Student mentees are nominated by teachers who feel these youths could benefit from an additional adult friendship in their life. Part of the program's success has been due to the great support of school staff and teachers.

"The HCS mentoring program is a phenomenal resource that coordinates strong, positive relationships between our community members and students," said Jeff O'Hara, co-principal at HCS. "The short time each week between mentor and mentee has lasting positive effects for each student in the program. Every child deserves as many positive and supportive adult interactions as possible, and our mentoring program gives them a healthy dose each and every week.

"We are very fortunate to have such a great program at HCS."

Most mentees start at fifth or sixth grade and continue in the program until they graduate. There are always more students than mentors, so Ms. Roberts makes sure that families and students

are fully on board before they are matched.

"Kids with mentors are all different," Ms. Roberts said, "but they all enjoy having an older friend who gives them undivided attention and just wants to have a fun and relaxing hour together."

Mentors find the experience challenging but enriching. "I thought I would be the role model for my mentee over our four years together, but she turned out to be an awesome inspiration to me," said one. "Spending time with her, I learned more about myself than I ever anticipated. I always enjoyed the time I spent with my mentee, and she always seemed so pleased to see me."

"Unlike other adults at the school, a mentor has the luxury of just being a friend," said another mentor. "I like being able [to] hang out with a young person and not have an agenda. I'm not there to judge him, or make sure he gets his work done. It's about sharing stories, playing games, and seeing my mentee laugh and enjoy our time together."

Ms. Roberts matches students with a mentor and helps the friendship grow. "It is amazing to watch these wonderful adults figure out how to be a good friend to their mentee over time. I try to match interests or temperament if I can, but if the mentor is all about being a trusted friend, it will blossom. Working with mentors has been the best part of my job."

The Hinesburg Program is currently recruiting adults to become mentors.

Adult volunteers are given training and support to begin this trusted relationship. The most important quality an adult must have is a commitment to mentor for one school year. Many mentors continue on with their student until they graduate from eighth grade because they find it enjoyable and satisfying. Mentors meet students at the school during an hour that works for the student, mentor, and teacher. A Men-

tor Room offers a place to play games, do crafts, or work on puzzles. Mentors can also take their mentee outside for fresh air activities.

Interested? Want more information? Please call Ginny Roberts, mentor coordinator at 482-6290, or email at groberts@cvsdvt.org. Connecting Youth is a prevention agency that serves youth in Williston, Hinesburg, St. George, Charlotte, and Shelburne schools.

"Help Wanted" for CVU Perseverance Project

BY MICHELLE FONGEMIE, CVU, NICHOLS CORE ENGLISH TEACHER

As a foundation unit for our incoming ninth graders, the ninth grade Nichols Core team at CVU will be engaging in a "Perseverance Project." Our goal is for our students to speak face to face with someone in their community who has achieved a BIG goal, and through this conversation, learn first-hand about a real-life example of an individual exhibiting grit and the

subsequent outcomes. We want our students to understand what it is like to set what may seem to be a far-off goal, years in the making, and then strive to reach it. Students will then share this story with their peers. We, as teachers, think it is important for students to learn proper interview etiquette, especially as this process pertains to interacting with community members.

Do you have a story of perseverance that you would be willing to discuss with one of our students? Or perhaps while you are reading this, a name of a friend, family member, or colleague comes to mind? If so, please share and contact me, Michelle Fongemie, at mfongemie@cvsdvt.org. After contact, I will send out a brief Google survey that will be used to gather basic information to help facilitate the process. The interviews will take place at a time which is convenient for you. We also hope to coordinate an interview luncheon towards the end of September where interested community members could join us here at CVU, if possible.

The Nichols Core team thanks you in advance for your cooperation and interest in helping our students.

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Want to join a great team of community-minded volunteers, earn some extra cash and help bring The Hinesburg Record web site to the next level?

We are looking for an individual who can dedicate 8-10 hours per month:

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Organizations

4-H Club News

BY CORINNA HOBBS, HINESBURG 4-H CLUB REPORTER

This year the Addison County Fair and Field Days was held from August 8-12. Every year, the fair opens the Home and Garden Center to the public. This hall is filled with crafts, photos, flowers, veggies, drawings, and baked goods all made by people in the area. All of the projects are judged and awarded a ribbon. Top prize is a blue "best of show" rosette. Runner-up is the yellow and blue rosette. From there on projects are awarded blue ribbons for first place, red ribbons for second place, and white ribbons for third place.

The creators of the top winning projects are invited to the Home and Garden Center "Awards Night." The head of each department hands out special awards and certificates to the winners. This year, I received an award and Yarn & Yoga gift certificate for my entry in Youth Knitting and Crocheting, as well as two certificates for my entries in the baking department. At the end of the ceremony, a special prize, called the Leona Thomp-

son Bowl Award, is always awarded to the person who received the highest score in multiple departments.

Treasures from the Trash Heap

BY ANN THOMAS

If you've spent time this summer digging around at your house, please let us know what you've found. The Hinesburg Historical Society would love to hear about any buried treasure you turned up in your old midden, basement, attic, or barn (see our article in the last issue of "The Record"). September is archaeology month in Vermont, so as part of the usual Hinesburg Historical Society display at the Fall Festival on September 23, you can sign up for (limited) space to share your findings. If anyone has large objects, we will see about also offering space outside. Contact us via our Facebook page, or email hhs@gmavt.net to sign up or for more information about our Fall Festival display.

continued on page 18



Sample "treasures" found in local houses, barns, and yards.



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Home and Garden Department's Handicrafts Superintendent Lee Greenwalt presents Corinna Hobbs with the Youth Division award for her knitted bear entry at the Addison County Fair and Field Days competition.

"Not a Hair Out of Place"

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► Organizations

continued from page 17

Commitment to Service Above Self Continues as Local Rotary Celebrates New Name and New Leadership

FROM PRESS RELEASE

When Rotary was founded in 1905 (by Vermonter Paul Harris!) one of the primary tenets of the organization was its diversity. In fact, in those early years, a club could only have one member from any career path or profession.

That strict guideline has been gone for many years, and the membership is now diverse (women have been members since 1989) with 1.2 million members around the world, young and old, continuing the original goals of bringing together people from many backgrounds to exchange ideas; form meaningful, life-long friendships; and give back to their communities.

That diversity is embodied in the Charlotte Shelburne Hinesburg Rotary Club which meets every Wednesday morning in the Community Room of Trinity Episcopal Church on Route 7 in Shelburne. Anyone who is interested in learning more about Rotary (and enjoying a good breakfast, an interesting speaker, and lively conversation) is welcome to attend. And new members are always a cause for celebration.

The latest group of new members certainly personify the diversity of Rotary: a realtor, an audiologist, a recently elected member of the legislature, and a financial advisor. At the June 14 gathering at Fisher Brothers Farm for the annual Changing of the Guard, when officers for the next year take the reins, President Judith Christensen, a psychology professor at University of Vermont, was succeeded in the leadership role by Eric Kolomaznik, a holistic financial advisor.

The new president leads a board and a 75-member organization that continues the commitment to the Rotary motto of “Service Above Self;” a motto that is embodied in service projects in the communities of Charlotte, Shelburne, and Hinesburg, ranging from organizing the popular annual Halloween Parade in Shelburne, to tackling construction projects at CVU and Charlotte Central School, serving breakfast at Camp Ta Kum Ta, and presenting scholarships to local students to support their continuing education.



The newest members of Charlotte Shelburne Hinesburg Rotary are, left to right, Eric Kolomaznik, Keith Walsh, Irina Norrell, and Jessica Brumstead.

New Name for Club

Since it was founded in March of 1971, the Charlotte Shelburne Rotary Club has been active in the towns from which it draws its members, recognizing that members may live in Charlotte or Shelburne and work in other municipalities, or live in other towns but find the Charlotte Shelburne Rotary Club meeting time and location is convenient for them.

A neighboring town with a close relationship to its Chittenden County neighbors as part of the union school district, is Hinesburg. This year, in recognition of that relationship, and the Hinesburg residents who have been active members of the club for years — and to encourage Hinesburg residents to know they are welcome to join Rotary — the name of the club has been officially changed to Charlotte Shelburne Hinesburg Rotary Club.

STATEPOINT CROSSWORD

THEME: FAMOUS DUOS

ACROSS

- Pocket bread, pl.
- Mele Kalikimaka wreath
- Hoofbeat
- Not dead
- Freddy Krueger's street
- Sacagawea to Lewis and Clark
- Wrinkle-prone fabric
- Rap sheet abbreviation
- Tanks and such
- *Spongebob's pal
- *Sullivan's theatrical partner
- Fa, ____, la, ti, doh
- Daniel Defoe's ____ Flanders
- Swindle
- Ready for picking
- Right before “camera”
- Fish eggs, pl.
- Straight whiskey, e.g.
- Capital of Egypt
- Grand Theft object
- Per ____, or yearly
- Hidden valley
- *Bonnie and Clyde, partners in this
- Australian palm
- Distinctive elegance
- One's net worth
- Companion of Pinta and Santa Maria
- Slovenly abode
- Use a noose
- Any doctrine
- *Rogers' tapping partner
- Mohammed, alt. sp.
- Having three dimensions
- Chapter in history
- Jeweler's glass
- Moves closer
- Brownish gray horse
- Ruhr's industrial center
- Does something wrong
- Japanese capital
- Affirmatives

DOWN

- Explore with one's hand
- Pelvic parts
- Typically on limo window
- Affirms
- Junior's predecessor
- Plumbing problem
- Member of the Benevolent Order
- Idealized image
- “____ Your Enthusiasm”
- Tart garnish
- Smell
- Chipper
- Pertaining to Gaul
- People's Republic
- Down with the flu
- ____ of life
- *Will's roommate
- Predecessor to “truly” in a letter
- Petite, masculine
- * ____ and Teller
- Measuring instrument
- Higher ground, pl.
- Yummy reward
- *Cher's “I Got You Babe” partner
- “Brave New World” drug
- South American Indian
- Opposite of depression
- Socrates' concern
- Musical gift
- *Mary-Kate's twin
- Clingy one
- *Rocky and Bullwinkle, or flying squirrel and ____
- Teenager's woe
- Plaintiff
- Type of ski lift
- What snob puts on
- “Buddenbrooks” author
- Rumple
- “All for one, one for all” sword
- Change for a twenty
- *“The Murders in the ____ Morgue”

ANSWERS are on inside of back page

Audubon Vermont Events

FROM PRESS RELEASE

All events are at the Green Mountain Audubon Center, 255 Sherman Hollow Road, Huntington. For more information, go to vt.audubon.org/events.

Autumn Mushroom Hunting and Tasting for Beginners

Sunday, September 10, 9 a.m.–12 p.m.

Join Ari Rockland-Miller of The Mushroom Forager for a colorful presentation introducing gourmet and medicinal wild mushrooms of autumn. We will then explore the rich woods around Green Mountain Audubon Center to pursue the distinctive and delicious mushrooms on the ForageCast, including yellow foot chanterelles, black trumpet, and porcini. Participants will receive a September ForageCast handout for the region, steering us towards a safe, targeted, and fruitful foray. We will also discuss guidelines for ethical wildcrafting. The workshop will culminate in a tasting of delicious wild mushrooms!

Fee: Audubon Vermont members \$35; non-members \$40. **Register online:** go to vt.audubon.org/events for link.

Autumn Mushroom Hunting and Tasting for Intermediates

Sunday, September 10, 1–4 p.m.

Join Ari Rockland-Miller of The Mushroom Forager for a colorful presentation focused on gourmet and medicinal wild mushrooms of autumn. This workshop will be geared towards intermediate mushroom hunters. We will then explore the rich woods around Green Mountain Audubon Center to pursue the distinctive and delicious mushrooms on the ForageCast, including yellow foot chanterelles, lobster mushrooms, matsutake, and porcini. Participants will receive a September ForageCast handout for the region, steering us towards a safe, targeted, and fruitful foray. We will also discuss guidelines for ethical wildcrafting. The workshop will culminate in a tasting of delicious wild mushrooms!

Fee: Audubon Vermont members \$35; non-members \$40. **Register online:** go to vt.audubon.org/events for link.

continued on page 20

2016–17 President Judith Christensen at the June 14 Changing of the Guard at Fisher Brothers Farm on Spear Street, with 2017–18 President Eric Kolomaznik.



Fisher Brothers Farm on Spear Street, a great place for the annual Changing of the Guard celebration by the Charlotte Shelburne Rotary Club. Photos by Jane McKnight

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► Audobon Events
continued from page 19

Critter Construction Public Preschool Program

Thursday, September 21, 9–10:30 a.m.

Meeting Place: Audubon's Sugarhouse parking area on Main Road near intersection with Sherman Hollow Road.

Have you wondered how a beaver builds a lodge or a squirrel builds a drey? We'll explore different styles of critter construction and work on creating our own cozy hide-aways. No hammers or nails necessary!

Ages: 3–5 with adult companion. **Fee:** Members \$8 adult-child pair, \$4/adult-child pair, \$4/additional child. **Preregistration is required:** 434-3068, email vermont@audubon.org

Advertising and news deadline is September 14 for the next issue. Publication date is September 28. Call 482-2540 for more information. Material not received by deadline will be considered for next issue.

Health & Safety

Better Posture? Your Health and Well-Being May Depend on It

BY LAURA WISNIEWSKI, DIRECTOR
OF BEECHER HILL YOGA

The August 2017 newsletter from the U.S. National Institutes of Health is entitled, "Getting It Straight: Improve Your Posture for Better Health." This article (newsinhealth.nih.gov/issue/Aug2017/Feature1) is an important update for everyone, especially as we age.

"Older adults tend to adopt a progressively hunched posture," says Dr. George Salem, an NIH-funded researcher at the University of Southern California who studies how movement affects health and quality of life. "When shoulders continue to round forward over time, it creates excessive loading on the shoulder joint. This can create injury and limit the independence of older adults." The NIH article also discusses the increased wear and tear on the spine that results from poor posture.

The dangers of poor posture go beyond muscles and bones, though. Studies have shown that poor posture in older

adults is correlated with poor breathing function, poorer cognitive performance, and greater likelihood of needing assistance with the activities of daily living.

Is there any good news? Yes. According to this NIH article, several practices including yoga, qigong, physical therapy, and others can prevent and/or improve poor posture. "An extremely hunched posture, or hyperkyphosis, affects up to two-thirds of senior women and half of senior men."

"Salem and other researchers have been studying the possible health benefits of yoga, particularly for older adults. Yoga is a mind and body practice that typically combines physical postures, breathing exercises, and meditation or relaxation. In one study, older adults with hyperkyphosis showed significant improvement and less rounded shoulders after a six-month yoga program.

"More people are participating in yoga," Salem says. "We're using innovative tools — like motion analysis with high-speed cameras and platforms that measure force — to understand what yoga is actually doing and how it's targeting the biological processes of our body." Ultimately, Salem says these findings will help therapists and yoga instructors design programs that are safe and effective for older adults. The team also plans to study other age groups and people with disabilities."

More good news ... Beecher Hill Yoga will be offering Yoga for Better Posture, a weekly yoga class designed specifically for improving posture. This class is appropriate for people of all ages, abilities, and yoga experience, including beginners. Yoga for Better Posture, will be co-taught by Deraldina Zigic and Liz Poulsen, both are Beecher Hill Yoga certified and Yoga Alliance registered instructors. Classes meet from 5:30 to 6:30 p.m. on Thursdays in Hinesburg, starting September 14. Contact Laura at 482-3191, or bhy@beecherhillyoga.com to register or for more information.



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Thomas Hart awarded World Weight Lifting Record by 100% Raw Association president, Paul Bossi, on July 29.

People

Hinesburg Resident Sets Age Group World Record

BY ELIZABETH HART

Lifelong Hinesburg resident, Thomas Hart, set his second Strict Curl World Record at 75 years old. On July 29, he was competing in the 75–79-year-old age group and lifted 123 pounds, beating the former strict curling record by 1.1 pounds. In 2014, Tom set a world record in the same event for the 70–74-year-old age group by lifting the same weight of 123 pounds. He currently holds eight Vermont weight lifting records, two national records, two world records and is ranked number one for all lifters over 60 years old.

See his record breaking lift on YouTube.com by searching "Thomas Hart strict curl."

Academic Honors

Sister Laura Della Santa, principal at Rice Memorial High School in South Burlington, proudly announces that the following Hinesburg students achieved honor roll status for the fourth quarter: Second Honors: **Luke Stevens** and **Abigail Jones**. Honorable Mention: **Taylor Gauthier**.

Connor Billen of Hinesburg, who is studying Computer Science, made the Dean's List for the Spring 2017 semester at Rochester Institute of Technology. Students are eligible for the Dean's List if their term GPA is greater than or equal to 3.4; they do not have any grades of incomplete, D, or F; and they have registered for, and completed, at least 12 credit hours.

Brooke Connolly and **Kylie Laberge** were named to the Spring 2017 Dean's List at the Community College of Vermont. This honor recognizes full-time students with a GPA between 3.5 and 3.99.

Elaina Curtis of Hinesburg has been named to Spring 2017 Provost's List at Southern Vermont College. The Provost's List recognizes full-time students who have earned a GPA of 3.5 or greater during the semester.

Jack Steven Gingras of Hinesburg has been named to the Dean's List at Clemson University for the Spring 2017 semester. Gingras is majoring in General Engineering. To be named to the Dean's List, a student achieved a GPA between 3.50 and 3.99 on a 4.0 scale.

Hinesburg students **Rachel Lalumiere** and **Christopher Torcedo** have been selected for inclusion on the Dean's List for academic achievement during the Spring 2017 semester at St. Lawrence University. Students named to the Dean's List earned at least a 3.5 GPA.

Evelyn M. Needham is a member of the Class of 2019 and is majoring in Neuroscience. **Nathalie E. Nostrand** is a member of the Class of 2017 and is majoring in Art and Art History, and Business in the Liberal Arts. To be eligible for the Dean's List, a student must have completed at least four courses and have an GPA of 3.6 based on a 4.0 scale for the semester.

Recent Graduates

The University at Albany congratulates the more than 3,300 students who graduated at its commencement from May 19–21. **Rachel Lalumiere** of Hinesburg graduated Summa Cum Laude with a Bachelor of Arts in Economics. **Christopher Torcedo** of Hinesburg graduated Summa Cum Laude with a Bachelor of Science in Physics.

Kyla Leary of Hinesburg graduated with a Bachelor of Arts in Ecological Studies from Castleton University following the successful completion of the spring semester in May 2017.

Commentary

“We Have Met the Enemy and...”

BY BILL SCHUBART

Like many, I wake up each morning and check online news sources for the latest read on the health of our nation. Like the addictive eater I am, I gobble up the latest ethical transgression, human rights abuse, crony favoritism, or governmental misbehavior. This menu of public service abuses sets the baseline for my thoughts, mood, and conversations for the day. I take satisfaction in thinking how right I am and how wrong so many of my fellow citizens are. It's like scanning the country's electronic medical record, so I can keep up-to-date on its well-being.

But then I remember that it's rarely the acute medical event that ends our lives. A heart attack, accident trauma, or stroke may bring us to the emergency room, but our lives end usually as the result of chronic deteriorations deep within us. It's a medical metaphor just as applicable to the slow and invisible deterioration of our body politic.

The American hegemony will end not with a bang but with a whimper, and it won't be due to any single administration. As Pogo said, "We have met the

enemy and he is us." While we focus on the acute symptoms, we seem to be missing the chronic decay of the values that made us a great nation.

The metastatic creep of corruption in the halls of our legislatures and Congress as business interests overwhelm those of ordinary citizens, the rising chorus of xenophobic voices, the imposition of closed-door secrecy — often all-male — these are the invisible cancer cells taking root deep in our body politic. Unlike the warnings of acute symptoms, they can remain largely unnoticed until they kill us.

Beyond fighting the latest abuses of executive, legislative, and judicial power, we must also be vigilant and call out the subcutaneous deterioration of values that once made us a beacon to the world: the welcome we extend to the oppressed, the difference between public and self-service, our shared belief that fairly-regulated free-market capitalism offers everyone a chance to thrive, and our commitment to caring for those not equipped to make it on their own.

We'll survive most of the acute health alerts we experience during our lives, but it's harder to see how we'll survive the slow chronic deterioration of values and ethics that are eating away at the cellular structure of our democracy.

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Religion

United Church of Hinesburg

An Open, Welcoming, Affirming and Reconciling Church

Pastor: Rev. Jared Hamilton

Office Hours: Monday to Thursday 8:30-11:30 a.m.

Location: 10580 Route 116

Phone: 482-3352

Email: unitedchurch@gmavt.net

Address: P.O. Box 39

Website: ucofh.org

Sunday Worship Service: 10:00 a.m.

Choir practice: 9:00 a.m. Sunday

Sunday School: Nursery and story time; Christian Education Kindergarten through 8th grade during academic p.m.

Senior Meal Site: Every Friday 11:00 a.m.- 1 p.m. (except first Friday) Osborne Parish House

AA Gratitude Group: every Monday 7:00 p.m., Osborne Parish House.

Lighthouse Baptist Church

Pastor: Reverend Ed Hart

Church Phone: 482-2588

Home Phone: 482-2588

Email: lighthousevt@aim.com.

Website: LBCvt.homestead.com

Location: Hinesburg Village Center, 90 Mechanicsville Road

Address: P.O. Box 288

Regular Services: Sunday Morning Worship: 10:30 a.m., Nursery provided.

Sunday Evening Service: 6:00 p.m.

Wednesday: 7:00 p.m. Bible Study and Prayer Meeting; Nursery provided.

United Church of Hinesburg Seeks Community Feedback

The United Church of Hinesburg is reaching out to the wider community through a brief survey to help identify areas of need where we could be of service. Our first goal is to find out what is known about the services our church is already providing to the community. Our second goal is to see if there is more that we could be doing.

The survey should take only two minutes to complete and can be found on the church website: ucofh.org. If you have any questions of would like to fill out the survey in paper form, please contact the church office at 482-3352 or united-church@gmavt.net.



Religious Education (CCD): Monday evenings from 6:30 p.m.-7:30 p.m. for grades K-8. Registration is required.

The 9th and 10th grades (Confirmation Years) meet once a month. This is a two-year program. Watch Sunday bulletins for dates and times.

Please call Marie at 482-2290 (Parish Office) or 434-4782 (home) for more information.

Eucharistic Adoration: Eucharistic Adoration is held the first Friday of each month following the 8:00 a.m. Mass at St. Jude.

Food Shelf Weekend: Every third Saturday and Sunday. Parishioners are asked to make an extra effort to bring non-perishable canned and dried food in weekly for the Hinesburg Food Shelf. Food Collection baskets are in the entry for your convenience.

Senior Meals: Will be served from noon to 2:00 p.m. on the second and fourth Tuesday of each month unless otherwise noted. Food will be prepared by Meals on Wheels. There will be cards, board games and door prizes. Cost is \$4.00 donation. Please call in advance so we have plenty of food on hand. For reservations call Ted Barrett at 453-3087 or Marie Cookson at 482-2290 (parish office) or 434-4782 (home). Caretakers are welcome. Hinesburg Rides will pick you up and bring you home at no charge. For more information, call the parish office at 482-2290.

Buildings and Grounds Supervisor: Buildings and Grounds Supervisor: Henry Moreno, 802-777-4169.

Weekend Masses: Saturday, 4:30 p.m.; Sunday: 9:30 a.m., St. Jude Church, Hinesburg

Sunday: 8:00 a.m. and 11:00 a.m., Our Lady of Mount Carmel Church, Charlotte

Weekday Masses: Monday and Friday, 8:00 a.m., St. Jude Church

Tuesday, Thursday: 5:15 p.m. Our Lady of Mount Carmel Church

Sacrament of Baptism: Call the Pastor for appointment

Sacrament of Reconciliation: Saturdays at 4:00 p.m. at St. Jude Church and by appointment.

Sacrament of Marriage: Contact the Pastor at least six months in advance

Communion at Home: Call Parish Office, 482-2290

Confirmation Coordinators: Dan & Roxanne Smith, 453-3522

Religious Education Coordinator: Marie Cookson, 434-4782

Weekday Life Groups: Various times, days, and locations throughout the week.

For more information, please contact the church at 482-2132 or visit hinesburgcma.org.

Williston Federated Church

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Address: 44 North Williston Road, Williston VT 05495

Phone: 878-5792.

Website: steeple.org

Lay Minister: Charlie Magill

Activities: Junior and Senior High Youth Groups; Men's Bible Study; Women's Book Group; Junior, Senior and Contemporary Music Choirs; Friendship Suppers; opportunities for mission and outreach in the community, country, and world.

Service: Sundays 9:30 a.m., Nursery/Child care provided; Sunday School during the service for pre-K through high school; Coffee/Fellowship after service in Fellowship Hall.

Trinity Episcopal Church

Address: 5171 Shelburne Rd., Shelburne, VT 05482

Church phone: 985-2269

Church email: info@trinityshelburne.org

Website: trinityshelburne.org

Worship service: Sunday morning at 8:00 a.m.

Worship service and Sunday School: Sunday morning at 10:30 a.m.

Space for Grace program: Sunday mornings 9:15 a.m.

All Souls Interfaith Gathering Non-Denominational Service

Pastor: Rev. Mary Abele

Phone: 985-3819

Mailing Address: 371 Bostwick Farm Rd., Shelburne, VT 05482

Services:

Sunday 9:00 a.m.: Morning Meditation & Prayer

► CVU & Hinesburg

continued from page 24

she had mustered in an effort to see if she could make herself happier.

The school year ended. The next school year began. A month or so into the year, the teachers of her program asked me to watch her first exhibition of learning. They were proud of her work, as she had successfully earned math and English credits while working for a local software engineering company. They also wanted me there because her parents, after a particularly contentious divorce, hadn't been in the same room for years.

I took my seat in the darkened conference room and watched as she began her Powerpoint. She spoke in a strong, clear voice. She smiled. She taught us about coding and software design. She shared the research paper she had written on her own volition. She made eye contact with every person in the room. I had never seen such a transformation in such a short amount of time. Her mother said, "I've never been so proud."

Her father said, "For the first time, I can see you going to college."

They didn't fight. Her parents had found their better selves through their daughter's leadership. If it's true that our beliefs about ourselves govern our futures, her future took a turn on that day.

Disengagement is not peculiar to students who are struggling academically. Students who fly through traditional systems may never take actual ownership of their education. When faced with picking a major in college, are they any more likely to know and feel what it would be like live the career for which they are diligently studying?

So, it is here where CVU needs Hinesburg (in addition to all that you already do for us!). And we need Williston. And we need Shelburne,



Charlotte, and St. George. And we need Burlington. And we need opportunities well beyond our geographic region. Our educational system is phenomenal, but we need to balance the theoretical with the actual. If we want our kids to be problem solvers and critical thinkers, we need to honor them by allowing them to problem solve and think critically both in the classroom and in authentic, real world situations in real time. If we want our kids to be community leaders, we need to give charge to them now of the communities in which they live. Unlike years ago for the ninth grader described

above, we have the infrastructure and the support of the State to ensure flexible, relevant, and rigorous community based learning experiences for all of our students. But....we need partners, mentors, internships, and opportunities!

So what could CVU do for Hinesburg? You should see what our kids...your kids...are capable of! Last year alone, we had students design and build trail systems, produce and direct plays for the deaf, build tiny houses, program motorized wheelchairs for the disabled, teach reproductive health in Ghana, serve the community as EMTs, create nationally recognized music, manufacture guitars, publish books, construct motorcycles, raise tens of thousands of dollars, and more. Val Gardner, CVU's former Principal, used to say, "Give the kids as much trust as they can handle." When we empower our students with trust and authentic work, the talent in this place is breathtaking. Imagine if we realized all of that potential in our local communities. Our adolescents have the potential to be your best neighbors!

If you're interested in learning more about personalized learning at CVU, don't hesitate to contact me through our Main Office. THANK YOU SO MUCH for your support!

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MISSING DOG in North Central Vermont since 8/3/16. The most recent possible sightings have been in St. George and Hinesburg Hollow Road a couple miles east of 116. "Lincoln" is a Red Heeler. Red and white, tail is black and white striped. Male, 1.5 years old, 35 lbs. Collar with tags, microchipped. Please do not chase him and do not yell to him! Call 917-445-3924 if seen. \$50 reward for photo! Facebook.com/FindLincoln.

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Crossword Answers

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ALIVE	ELM	GUIDE
LINEN	AKA	ARMOR
PATRICK	GILBERT	
SOH	MOLL	
GYP	RIPE	LIGHTS
ROES	NEAT	CAIRO
AUTO	ANNUM	GLEN
CRIME	NIPA	ELAN
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BACK STORIES of Hinesburg

Why CVU Needs Hinesburg. Why Hinesburg Needs CVU.

BY ADAM BUNTING

Before becoming Principal at CVU, I served as a House Director. I loved it. While the job had many facets, the core of it was simple: help families and adolescents navigate the many challenges in the transition from dependence to self-reliance.

Disengagement was always the great foe, and I often had to work in counter intuitive ways to help a student find relevance in school. It was working with one ninth grader in the beginning of my stint as a House Director that changed the way I thought about education. To put it simply, this young man detested school. In his words, classes were boring, the work was tedious, and teachers were caring but remote academics. He refused to do homework and found little relevance in the entire experience.

Behind closed doors, he called himself lazy (a word that any educator should mistrust immediately), but he betrayed that mask regularly in the fitness room; he put forth a prodigious effort every afternoon.

As has been typical in schools, instead of looking at our own practices, we searched for a label to diagnose his struggle: Was he depressed? Did he have undiagnosed learning challenges? Was he experiencing some kind of trauma? I hadn't read the quote at the time, but I wish I had seen the well known words that read, Every system is perfectly designed to get the results it gets.

In one particular moment, I remember arguing with him about science.

He was very clear on how boring he found the cardiovascular system.

"Wait," I said to him. "How can you not be interested in this? You workout everyday!"

His response stuck with me, "If I could study science in the weight room, I'd probably like it!"

Well. Why not?

We did our best to devise a science pro-



gram that allowed him to learn the curriculum through a study of something that he really, really valued. At the time, it felt like we were bending the rules, and the systems weren't in place to support the learning. We had to rely on the good nature of his teacher to create individualized lesson and assessment plans (while teaching 95 other students) and a tutor to supervise him. The results, however, were worth it. His learning, engagement, and general happiness increased as a result of this small tweak.

Fast forward a few years in my career to Montpelier High School. We had created a small program built to be a flexible pathway to graduation. Students would earn a high school diploma through study that was self-designed.

In our first intake meetings, we interviewed a young woman at the end of her sophomore year. Like the young man at CVU, she was disengaged. She also presented as extremely unhappy. During the interview, she refused to make eye contact. Her voice was barely audible. It appeared as if she hadn't been bathing. In a whisper, she described how difficult school was for her...about how her father told that she would never amount to anything. Her nervousness was palpable, but also evident was the courage

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A flexible path to graduation might include welding as "Science" – and even YouTube!



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VOLUNTEER OPPORTUNITIES IN HINESBURG

Make a Difference

Do you need volunteers for a Hinesburg event or non-profit organization? Send us the information and we'll publish it here. The posting could be for continuing commitments or one-time events. Send any requests to news@hinesburgrecord.org. Use "volunteer need" as a subject line. Supply a brief description of the duties, requirements and times needed and we will add it to this list.

Mentoring

Make a difference in the life of a child. Become a mentor at HCS. No tutoring involved, just being a buddy to a child who would benefit from adult friendship. And only one hour a week during the school year. Contact Ginny Roberts at groberts@cssu.org or **482-6271** for more information.

Meals on Wheels

Help out local area residents who cannot easily get out of their homes. Become a Meals on Wheels driver. Routes take anywhere from an hour to an hour-and-a-half depending on the day. You need not commit to a weekly schedule. Call Jane Gage at **482-6096** for more information.

Visit a Senior

Hinesburg seniors need your help. Some seniors live alone with limited social contact and would love to share their gift of gab with you. Just an hour of your time can make a big difference in the life of one of the seniors in our town. CVAA is currently looking for volunteer, visitors for two men in Hinesburg, one of whom would particularly enjoy a little male camaraderie. If you would be willing to help one of these seniors, contact Bev at **1-800-642-5119** for more information.

Town Committees

Frequently there are openings on town committees. Here are some of the recent ones.

- Affordable Housing Committee
- Agency Request Review Committee
- CCTA Authority Alternate
- Energy Committee
- Economic Development Committee
- Planning Commission
- Village Steering Committee

Check the town web site: hinesburg.org for the most current committee openings, descriptions and instructions on how to apply. For more information contact Renae Marshall **482-2281 x227** or rmarshall@hinesburg.org.

The Hinesburg Record

Help publish your community newspaper which is produced by volunteers who write, edit, and lay it out each month. The Record needs people to write and edit copy, take photos, and help with distribution and mailing. One-time or occasional submission of articles is more than welcome.

If you are interested contact us at news@hinesburgrecord.org.