

# the HINESBURG Record

FEBRUARY 2020

## The Hinesburg Town Forest Inclusion, Demonstration and Diversity

BY ETHAN TAPPER, CHITTENDEN  
COUNTY FORESTER

The 864-acre Hinesburg Town Forest is many things. It is a historically important property, one of Vermont's early town forests, listed on the National Register of Historic Places. It is also a site for demonstration and education, with a history of high-quality forest management. At the same time, it is widely known for its recreational offerings: a multiuse trail network maintained by Fellowship of the Wheel (a chapter of the Vermont Mountain Bike Association). Since becoming the Chittenden County forester in 2016, it's been my honor to work with this iconic and historic property. My most exciting task has been continuing the tradition of

demonstrating what responsible, modern forest management looks like, and finding ways to engage the public in it.

To many laypeople, "logging" conjures up images of clear-cut forests, mudslides and environmental devastation.

***The reality is that modern forest management can be very different from those horror stories of the past.***

It can be regenerative, supporting the growth of a healthy, diverse, resilient forest providing a range of benefits, from wildlife habitat to carbon sequestration and storage. The goal for the HTF is twofold: to help encourage a

healthier, more resilient, more diverse forest, while showcasing modern, responsible forest management in an open, transparent and inclusive way.

The amazing thing about good forestry is that it creates more resilient forests while simultaneously producing a local, renewable resource. We're proud of the wood we've harvested and of the local economic benefits we've created in the process. We hired a logger from Hinesburg who processes and sells firewood locally; spruce and pine logs from the job stay in Chittenden County, many of them ending up at Clifford Lumber in Hinesburg. The modest revenue from the harvest funds trail restoration at the HTF and invasive species control at the LaPlatte Headwaters Town Forest, Hinesburg's other town forest, among other things. Demonstrating how wood produced from well-managed logging benefits our communities and our world is an extremely important co-benefit of this project.

We hope that by providing ample opportunities for the public to engage with

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Forest management at the Hinesburg Town Forest. Photos by Tom Rogers.

## Save the Date for a Joyful 24th Annual Hinesburg Artist Series Concert

BY RUFUS PATRICK

The Hinesburg Artist Series performance in March will be the 24th year of the HAS concert series. The concert will be Sunday, March 22, 4:30 p.m. at St. Jude's Church in Hinesburg.

Music will be provided by the South County Chorus, HAS Orchestra and guest artists under the direction of Rufus Patrick. The featured work will be Dan Forrest's "Jubilate Deo." It is set in seven different languages that include liturgical Latin, intertwined Hebrew and



Violinist Chris Stork.

Arabic, Mandarin Chinese, Zulu, Spanish and English. The result is a stunning global celebration of joy, as all the earth

sings as one, "omnis terra, jubilate!"

Guest artists returning for this concert include vocalists Sarah Cullins, Amy Frostman, Amy Patrick and guitarist Daniel Gaviria. New soloists for HAS are violinists Chris Stork and Kimberly Durlinger. Chris and Emily are from Montreal, Canada, and each has a master's degree in music from McGill University.

Please join us for the 24th concert. Tickets are \$20, \$15 for seniors and

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*Hinesburg's  
independent,  
nonprofit  
community  
newspaper*

## INSIDE...

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## Deadline for our next Issue: February 13, 2020

Please send your article as an attached file to: [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org). Or call us at 999-2410.

You may also use the drop box at the Giroux home at 327 Charlotte Road to drop off hard copy articles and photographs.

Contact us at [ads@hinesburgrecord.org](mailto:ads@hinesburgrecord.org) for ads or call us at 482-7227.

### Deadlines for 2020

Advertisement/News	Publication Date
February 13 .....	February 27
March 12 .....	March 26
April 9 .....	April 30
May 14 .....	May 28
June 11 .....	June 25
August 13 .....	August 27
September 10 .....	September 24
October 15 .....	October 29
November 13 .....	November 27
January 14, 2021 .....	January 28, 2021

## Our Policies

The Hinesburg Record is published ten times each year by The Hinesburg Record, Inc., a nonprofit corporation, and is mailed free of charge to all residents of Hinesburg.

The Hinesburg Record Inc. is not responsible beyond the cost of advertising for any additions, deletions, or typographical errors that may occur.

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Letters and articles printed in The Hinesburg Record do not necessarily reflect the opinions of the staff. The staff reserves the right to reject copy or letters that are unsuitable for readers from a general audience. The staff will not accept Letters to the Editor that are unsigned.

## Subscriptions

One year subscriptions are available for a \$15 donation to The Hinesburg Record, Inc., PO Box 304, Hinesburg, Vermont 05461. Please print the name and address clearly.

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# Letters

## Letter Policy

*The Hinesburg Record welcomes letters from local residents and from others who are involved in issues that effect our town. The opinions expressed in the Letters to the Editor are those of the writers.*

*All letters must be signed. Addresses and phone numbers must also be provided for verification purposes. Addresses and phone numbers will not be published.*

*Letters should be brief. We do not have precise guidelines for length but reserve the right to edit based on available space. To the extent possible, letters should focus on local issues. Other forums exist for discussions of statewide, national, and international issues.*

*With these cautions, please keep those letters rolling in. Send them via email to [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org), mail them to The Hinesburg Record, P.O. Box 304 or to 327 Charlotte Road, Hinesburg, VT 05461, or deliver them to the Record drop box on Charlotte Road.*

## Lovell Running for Reelection

Dear Hinesburg voters,

I was honored when, three years ago, you elected me to the Hinesburg Selectboard. I have done my best to

fulfill your trust in me during the past three years, and have striven to serve the individual residents of Hinesburg and the community as a whole. I have enjoyed serving my community in this way. I have found the Selectboard, town administrator and assistant town administrator to be a respectful, engaged, thoughtful and intelligent group, and it has been a pleasure to work with them. With my three years coming now to a close, I have decided that I would like to continue to serve on the Selectboard. I have collected well over the required 30 signatures, and you will find my name on the ballot in March to run for another three-year term.

Since I am mostly retired, I have available time and I have been able to serve on committees to search for the new town administrator (I think we found a winner!), the new Hinesburg police chief (again we found a winner) and the Ambulance Committee, as well as the Clean Water Advisory Committee of the Chittenden County Regional Planning Commission. When the Ambulance Committee was disbanded because the issues were too complex for the committee to resolve, I continued to work with Renae to clarify the details involved in having our own Hinesburg ambulance or contracting the work out to our neighboring towns. I am very grateful I have had the opportunity to begin to understand the details of how our Hinesburg government works, and to participate in decisions for our town. I hope you have found my service acceptable and will vote for me again so I can serve the town of Hinesburg, this vibrant community I love, for another three years.

*Merrily Lovell, Selectboard member*

# Town

## Town Clerk & Treasurer's Office

BY MISSY ROSS

### Elections and Town Meeting Day

Town Meeting Day is almost upon us! The years seem to fly by and the next election arrives in the blink of an eye. A few things of note concerning early voting. The presidential primary ballots are here and you can request one at any time. You MUST REQUEST ONLY ONE PARTY'S BALLOT IN THE PRESIDENTIAL PRIMARY. This is the only election that one must choose a party primary to participate in. There are two parties participating in the presidential primary in Vermont during this election cycle: Democrat and Republican.

When requesting a ballot, please be sure to include the party designation for the ballot you are requesting. The local town and school district ballots will be available on or before Feb. 13. It will simplify things for us immensely if you request all of the ballots simultaneously so that we can mail them all to you at once, and if you can return them all at once. This means potentially waiting until mid-February to receive your ballots, but this should still give you plenty of time to return the ballots to us.

You can request your ballots via email, phone call or in person. You can also go to your My Voter Page to request a ballot by going to the following website: [olvr.sec.state.vt.us](http://olvr.sec.state.vt.us). You may not take another person's ballots with you, though you may request them for a family member and we will mail the ballots to that person. You are always welcome to vote early in person in the town clerk's office. We are open Monday through Friday from 8 a.m. to 4 p.m. Please let me know if you have any further questions.

### Dog Licenses Due by April 1

Dog licenses are here and it is time to register your pet for 2020! Please be sure to bring a valid rabies certificate when you come in to obtain a license. If we already have the rabies certificate on file, you needn't bring one with you. The fee is \$10 per dog. If you would prefer to obtain the license via mail, you can send a check for \$10 per dog and add \$3

to cover the mailing. If you are licensing more than one dog, you still only need an additional \$3. Thank you and see you and Fido soon for a biscuit!

## Too Late to Run – How About Volunteering?

BY CATHY RYAN

By the time this issue of the Hinesburg Record arrives in your mailbox, it will be too late to decide to run for an elected position in Hinesburg, such as Selectboard. But there are several important open seats in various town boards, committees and commissions. If you want to become more involved in the community, and feel you have something to contribute, consider one of these seats:

- Affordable Housing Committee: 2 open seats
- Agency Request Review Committee: 1 open seat
- Conservation Commission: 3 open seats
- Recreation Commission: 1 open seat
- Revolving Loan Fund Committee: 2 open seats
- Town Forest Committee: 1 open seat
- Trails Committee: 1 open seat
- Village Steering Committee: 3 open seats

The Hinesburg Selectboard appoints people to these boards and commissions. For more information, go to [hinesburg.org/vacancies.html](http://hinesburg.org/vacancies.html) or contact Town Administrator Renae Marshall at 802-482-2281, ext. 222 or [rmarshall@hinesburg.org](mailto:rmarshall@hinesburg.org).

## What's Happening With Dr. Wainer's House?

BY CATHERINE GOLDSMITH

Our family bought Dr. Wainer's house in May: one of the old classic houses in the village. I find that when I share that news with people around the county, everyone has a Doc Wainer story. Hinesburg's former village doctor, Dr. Louis Wainer, lived and worked in the house from 1935 to 1998, over 60 years. One local history says he was warned that he'd "never make a living" in Hinesburg but he stayed and made a success of his life here. He and



*The former home of Dr. Louis Wainer on Route 116 near the center of town in Hinesburg.*

Mrs. Wainer had three children. Their son, J. Bradley Wainer was a prominent member of Hinesburg until he passed last year at the age of 71. Brad served this community as selectman, chairman of the Board of Selectmen, a member of the zoning board, cemetery commissioner and a member of the fire department for 50 years. Members of his family still reside in Hinesburg. Most recently, he was part of the friendly staff at Aubuchon Hardware.

For newer residents, I am referring to the old house across from St. Jude's Church; it was white for a long, long time and is now in the process of being painted blue. It was the doctor's home and his medical office. A local history says that there was no village doctor for 17 years before young Dr. Wainer came to town. Additionally, this house may have been the home of doctors going back even further, but I am still researching that detail.

***Town tax records date part of the building back to 1797.***

If true, not much is visible of that older structure except some floorboards and a tongue and groove ceiling in one room. The house grew and changed over time, piece by piece: the main structure is post and beam but it was modified on through the Greek Revival era, the Victorian period, Colonial Revival and even some Midcentury Modern changes. The building has interesting clues to its past: communicating doors, a specially built closet with an exhaust fan and work counter, and extra-small doors connecting two halves of the house.

A Mr. Henry Hull owned the general store to the north at the end of the 19th Century, which is now an apartment building. He owned this house too at one time and wrote his name and 1877 in the attic, possibly indicating the date of the L portion that heads to the north. Until the 1920s, the house deed con-

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# GOVERNMENT CONTACTS

## US Senators

**Patrick Leahy**

(802) 863-2525, [leahy.senate.gov](mailto:leahy.senate.gov)

**Bernie Sanders**

(802) 862-0697, [sanders.senate.gov](mailto:sanders.senate.gov)

## US Congressman

**Peter Welch, D**

(802) 652-2450, [welch.house.gov](mailto:welch.house.gov)

## VT Senate Chittenden District

**Tim Ashe, P/D** – Burlington

(802) 318-0903, [tashe@leg.state.vt.us](mailto:tashe@leg.state.vt.us)

**Philip Baruth, P/D** – Burlington

(802) 503-5266, [pbaruth@leg.state.vt.us](mailto:pbaruth@leg.state.vt.us)

**Debbie Ingram, D** – Williston

(802) 879-0054, [DIngram@leg.state.vt.us](mailto:DIngram@leg.state.vt.us)

**Virginia "Ginny" Lyons, D** – Williston

(802) 863-6129, [vlyons@leg.state.vt.us](mailto:vlyons@leg.state.vt.us)

**Christopher A. Pearson, P/D** – Burlington

(802) 860-3933, [CPearson@leg.state.vt.us](mailto:CPearson@leg.state.vt.us)

**Michael Sirotkin, D** – South Burlington

(802) 999-4360, [msirotkin@leg.state.vt.us](mailto:msirotkin@leg.state.vt.us)

## Vermont House

**Bill Lippert, D**–Hinesburg

482-3528, [wlippert@leg.state.vt.us](mailto:wlippert@leg.state.vt.us)

**Mike Yantackha, D**–Charlotte/Hinesburg

425-3960, [myantackha@leg.state.vt.us](mailto:myantackha@leg.state.vt.us)

## Hinesburg Selectboard

**Philip Pouech**, chair

482-2060, [ppouech@hinesburg.org](mailto:ppouech@hinesburg.org)

**Aaron Kimball**, vice-chair

482-7458, [akimball@hinesburg.org](mailto:akimball@hinesburg.org)

**Merrilly Lovell**

482-5665, [mlovell@hinesburg.org](mailto:mlovell@hinesburg.org)

**Tom Ayer**

482-5163, [tayer@hinesburg.org](mailto:tayer@hinesburg.org)

**Jeff French**

551-9091, [jfrench@hinesburg.org](mailto:jfrench@hinesburg.org)

## CVSD School Board

**Ray Mainer**, Director, 482-3134

**Colleen MacKinnon**, Vice Chair, 482-3266

**Have an ad? 482-7227 or [ads@hinesburgrecord.org](mailto:ads@hinesburgrecord.org).**

### RECURRING MEETINGS AND EVENTS

Town Clerk Office Hours: Mon. –Fri. 8:00 a.m. –4:00 p.m., Town Hall. Missy Ross, Clerk/Treasurer, [mross@hinesburg.org](mailto:mross@hinesburg.org) 482-2281 ext. 223.

Town Administrator Office Hours: Mon. –Fri. 8:00 a.m. –4:00 p.m., other hours by appointment, Town Hall. Renae Marshall, Town Administrator [tlashua@hinesburg.org](mailto:tlashua@hinesburg.org) 482-2281 ext. 221.

Town Planner Office Hours: Mon. –Fri. 8:00 a.m. –4:00 p.m., Town Hall, 482-3619. [hinesburgplanning@gmavt.net](mailto:hinesburgplanning@gmavt.net). Alex Weinhausen, Planner.

Zoning Administrator Office Hours: Mon. –Fri. 8:00 a.m. –4:00 p.m. Town Hall, 482-3619, E-mail, [hinesburgzoning@gmavt.net](mailto:hinesburgzoning@gmavt.net). Peter Erb, Administrator.

Assessor's Office Hours: Tues. & Thurs. 9:00 a.m. to noon, other hours by appointment, Town Hall. Marie Gardner, Assessor 482-2281 ext. 228. [mgardner@hinesburg.org](mailto:mgardner@hinesburg.org).

Hinesburg Recreation Office – Jennifer McCuin, Recreation Coordinator Town Hall. 482-2281 ext. 230. Mon. –Thurs. 9:00 a.m. –4:00 p.m. [hinesburgrec@gmavt.net](mailto:hinesburgrec@gmavt.net)

Recycling & Trash Drop-Off Centers: Williston, Redmond Road; Mon., Weds., Fri., & Sat. 8:00 a.m. –3:30 p.m.; 872-8111. South Burlington: Landfill Road (off Patchen Road), Mon., Tues., Thurs., & Sat. 8:00 a.m. –3:30 p.m., Fri. 9:30 a.m. –5:00 p.m., 872-8111. CSWD website: [cswd.net](http://cswd.net).

Environmental Depot: 1011 Airport Parkway, South Burlington. Weds., Thurs., Fri. 8:00 a.m. –2:00 p.m.; Sat. 8:00 a.m. –3:30 p.m. 863-0480.

Hinesburg Community Resource Center, Inc. Leave a message for Rachel Kring at 482-4667. Alex Koncewicz is the contact for Friends of Families, and she can be reached at the same number or at [koncewicz@hinesburgresource.org](mailto:koncewicz@hinesburgresource.org).

Hinesburg Food Shelf: Fri. 10:00 a.m. –12:00 noon. Tues. 5:30-7:30 p.m.

United States Post Office Hours: Window: Mon. –Fri. 8:00 a.m. –1:00 p.m. and 2:00-4:30 p.m., Sat. 8:00 a.m. –12:00 noon. Lobby & TrnVendor: Mon. –Fri. 6:00 a.m. –6:00 p.m.

### WEB PAGES:

[hinesburgrecord.org](http://hinesburgrecord.org). The Hinesburg Record news, contact information, publication deadlines, submissions guidelines, town calendar.

HCS: [hcsvt.org](http://hcsvt.org). Viking newsletter, cafeteria menu, email addresses for staff, department and team web pages, calendar information etc. CVU: [cvuhs.org](http://cvuhs.org). CVU activities and programs, sports schedule, and more.

CCL: [carpentercarse.org](http://carpentercarse.org). Library hours, services, and online resources.

Hinesburg Town: [hinesburg.org](http://hinesburg.org). Official Town of Hinesburg web site.

[hinesburgbusiness.com](http://hinesburgbusiness.com) – FREE. POST NOTICE OF JOB OPENINGS. POST RESUMES. Sponsored by HBPA.

[seewhy.info](http://seewhy.info): Official website Connecting Youth (CY), the Chittenden South community-based organization dedicated to creating a safe and healthy environment for young people.

[facebook.com/connectingyouth](https://facebook.com/connectingyouth). Connecting Youth (CY) Fan Page: for parents and teens to connect with others in the CY community!



**Do you need a Ride?**

A Hinesburg Community Resource Center Program

**Call SSTA: 878-1527**

**Visit us at [HinesburgRides.org](http://HinesburgRides.org)**

## Love Letter to our Advertisers

**Valentine's Day is a time to express affection to those special to us, and we adore our advertisers!**

**Some of you have been with us for 20 years - that's commitment! Most of you already have thriving businesses and don't even need to advertise. You do it to support Hinesburg and our local, non-profit newspaper.**

## Thank You Advertisers

**We can't do this without you!**

**Readers - shop local, show your love & mention Hinesburg Record ads!**

**Does your business need more TLC? Contact Kristin Wahner to advertise with us! [ads@hinesburgrecord.org](mailto:ads@hinesburgrecord.org) Rate sheet at [hinesburgrecord.org/contact/](http://hinesburgrecord.org/contact/)**

Please answer the need

**Hinesburg Food Shelf**

Food drop off boxes are at Lantman's and Hinesburg Area Churches

Monetary donations can be sent to: Hinesburg Food Shelf PO Box 444, Hinesburg, VT 05461

Hinesburg Food Shelf hours are: Tuesday nights 5:30 - 7:30 Friday mornings 10:00 - 12:00

**Valentine's Weekend**

Special romantic menu. (+ regular menu)

Crackling fires, candlelit tables. The perfect place to find romance.

Fri-Sun, Feb 14-16, from 5:00

1868 N 116 Road, Bristol, VT 453-2432 [baldwincreek.net](http://baldwincreek.net)

Eat, Drink & Be Mary's



# Legislative

## Cleaning Up Vermont's Lakes, Rivers, Streams and Drinking Water

VERMONT SENATE PRESIDENT & CHITTENDEN COUNTY SENATOR TIM ASHE

With so much distressing national and international news, I want to offer a quick reprieve with good news here in Vermont.

During the 2019 legislative session, we made significant progress cleaning up Vermont's water. Three new laws will clean up both natural waters, like lakes and streams, and drinking water supplies.

**1. Lead-free Drinking Water in Schools and Child Care Facilities.** This year we implemented the strongest school-based lead standards in the U.S. while requiring every school and child care facility in Vermont to test for lead in its drinking water and do something about it when needed. This is a substantial public health initiative, and when all districts have complied we'll have a healthy baseline at every school and child care facility in Vermont so all parents can be confident their kids are in a healthy environment. The results of all testing is publicly available at the Department of Health's website.

Since the law passed, testing has turned up elevated lead levels in some drinking sources, and the schools and child care operators are immediately fixing the problems. When we passed the law, we knew we'd be confronting results like this across the state. In fact, we passed it because we knew we'd see results like this. Our job is to keep people safe, and to be transparent in doing so. I'm glad we rejected the arguments of those who thought we should not require this testing and remediation. I was a lead sponsor of the bill, and was joined by fellow Chittenden Senator Phil Baruth as well as Shelburne's representative, Kate Webb, in getting it to the finish line.

**2. Long-term Funding Source to Clean Up Vermont's Lakes, Rivers and Streams.** Decades of poor management of our lakes and other waters has us digging out from the pollution that's developed. The last few years we've approximately doubled the amount of money to



Vermont Senate President and Chittenden County Senator Tim Ashe

do remediation projects on farms, roadways, etc. And this year we achieved what had eluded previous Legislatures and governors — we established a substantial ongoing source of money to address this problem, while significantly improving the investment strategy to make sure every dollar spent has more positive impact. Unfortunately, many of the investments that will clean up our waters won't produce immediate results or prevent near-term beach closures from time to time. The Environmental Protection Agency has affirmed our policies. We all need to gird ourselves for years of sustained, hard work to get our waters where they should be. Vermont ignored this problem for too long. The good news is the current Legislature has put in place the funds and strategy to turn things around.

**3. Testing Public Drinking Water Sources for Dangerous PFAS Chemicals.** The only thing worse than paying to clean up contaminated drinking water sources is not knowing the water is contaminated.

That's why the Vermont Senate and House passed some of the strongest legislation in the U.S. to test and remediate drinking water supplies for Per- and polyfluoroalkyl substances (also referred to as PFAS chemicals). PFAS chemicals are industrial inputs that damage the human body if ingested. The EPA says they can lead to low infant birth weights, effects on the immune system, cancer and thyroid hormone disruption. Bennington was the first community to confront these chemicals in drinking water, but we knew more communities may have troubling PFAS

Historical Society has minimal information about this building as it was occupied by one family for most of the 20th Century. Please feel free to email me with your memories or local legends. We are not restoring the house to any particular historical era, just making it comfortable as a family home while respecting the craftsmanship of the past.

I am passionate about saving old buildings and would like to be part of a group of like-minded locals. Anyone want to exchange their favorite tricks for window restoration or the joys of things made of wood and metal?

levels in their water. In fact, because of the law, residents of three towns discovered they're ingesting worrying levels of chemicals out of their taps. More communities will follow.

*As hard as the news is, we're better for the knowledge.*

We've certainly got more work to do, but at this terrible political moment in our country I think it's important to recognize when elected officials actually do come together to address public problems.

As always, feel free to contact me with any questions, comments or ideas. And happy New Year!

## Lt. Governor's Update

DAVID ZUCKERMAN, LT. GOVERNOR

### Coffee With Constituents

On Jan. 7, the 2020 legislative session began. Legislators, community members, leaders and activists convene in Montpelier to share priorities, ideas, needs and challenges. Through committee work, public forums, citizen engagement and data analysis, legislation will be crafted to address, and hopefully mitigate, some of the challenges facing Vermont and Vermonters. Your voice, experience and support are needed in this process.

There has been a marked increase in citizen engagement here in Vermont and around the country. Often the discourse is charged, but democracy is an active sport and thrives with participation. You elected those representing you in Montpelier; I encourage you to build on that support and connect with your legislators as they work on your behalf in Montpelier. Vermont is one of the few states with a citizen legislature. Your senators and representatives have no paid staff assisting them. They rely on Legislative Council, lobbyists and you to provide data, real life experiences, links to resources and support to build and defend their positions. Below you will find some suggestions for connecting with your publicly elected officials.

As I travel the state, I am consistently inspired by the ideas, dedication and work being done by individuals, community organizations and local businesses. They are finding ways to address and overcome the underlying causes of economic, environmental and social injustice that divide us and cause too many of our hard-working neighbors to suffer. Let's bring some of these examples and creative ideas to Montpelier and build on them.

*Every Friday morning, I will open the office from 8:30-10 a.m. for my weekly Coffee with Constituents event.*

This year, I'm inviting different organizations to co-host these events and use them to build support for their work and legislative goals. If you are in the area, I hope you will stop by.

Thank you for staying engaged and connected.

## Contacting Your Publicly Elected Official

Vermont's Legislative Website at legislature.vermont.gov is an information-packed, easy to use database to help you follow legislation and connect with your legislators. You can track any bill here, follow committee activity, find your legislators and their contact information, and learn of upcoming public hearings or State House events.

Your senators and representatives often hear from very few constituents and your voice can make a big difference. Here are some tips for productive communication with your elected leaders.

Never assume you know your legislator's position. It is great to start conversations by asking them what they know or think about the issue you are interested in.

Offer to share your experiences or thoughts and ask them if there are ways you can assist them in advocating for the issue.

Be respectful of time. Prepare your main talking points so your conversation will stay focused. Write brief emails with offers to provide additional information if it is desired.

Legislators need to hear from you when you support their position and votes just as much as they need to hear when you have differing opinions.

Remember the importance of "thank you." Legislators work hard to do what they believe will best serve their constituents and Vermont. Thanking them for their time and service is greatly appreciated.

## Lt. Governor Zuckerman's 2020 Movie Series

I'm excited for the kick-off of my 2020 movie series and hope you will join me in the cafeteria of the State House for these films. Movies take place on the fourth Thursday of each month. We welcome attendees at 5:30 p.m. for networking and snacks and start the movies at 6 p.m. Each movie is followed by a panel and community discussion. For more information please visit my website at ltgov.vermont.gov/monthly-movie-series.

**Feb. 27: Film to be selected.** We are looking for a racial justice or black history film. If you have suggestions, please contact us.

**March 27: "Coming Home."** Produced by Vermonter Bess O'Brien, this film follows five recently released prisoners and spotlights the Circle of Accountability and Support program and restorative justice.

**April 23: "Owned: A Tale of Two Americas."** This film explores the promise and impact of U.S. housing policies.

Have an ad? 482-7227 or ads@hinesburgrecord.org.  
Have news? 482-2350 or news@hinesburgrecord.org.

## Welch Introduces Bipartisan Legislation to Reduce Energy and Water Consumption by Federal Agencies

FROM PRESS RELEASE

Representatives Peter Welch (D-Vt.) and Adam Kinzinger (R-Ill.) introduced legislation on Jan. 16 to authorize the Department of Energy's Federal Energy Management Program.

FEMP is currently charged with reducing energy use in federal buildings but has never received a formal authorization from Congress. The Welch-Kinzinger bill authorizes the program for five years, adds water use reduction to its mission, and sets ambitious goals for agencies to reduce water and energy use in federal facilities.

"FEMP's important work on energy efficiency has saved taxpayer dollars and improved the environment," said Rep. Welch. "Authorizing and expanding the program to include water use reduction will save additional money and make further gains for the environment." The Federal Energy and Water Management

Performance Act of 2020 directs federal agencies to reduce energy consumption in facilities by 2.5% each year through 2030 and reduce water consumption by 54% by 2030.

In 2016, the federal government used 351 trillion British thermal units of energy, the most in the nation, and 126 billion gallons of water. FEMP's efforts to date have resulted in the federal government achieving a 49% reduction in energy intensity since 1975 and cost savings of approximately \$50 billion.

Welch and Kinzinger are members of the House Energy and Commerce Committee which has jurisdiction over this program as well as the House Energy Savings and Performance Caucus.

Senator Lisa Murkowski (R-Alaska) and Senator Joe Manchin (D-W.Va.) have introduced similar legislation in the Senate (S. 1857).

## CSWD

## Waste Resolutions

ALISE CERTA, CSWD MARKETING & COMMUNICATIONS MANAGER

Happy New Year! 2020 is here and I am totally unprepared. Most of my friends are on their way to New Year's resolution success. Kelly is quitting smoking, Ann is preparing for her first 5K and John has decided to read a book a month for the next year. And me? I am ready for a long nap. Do you know the feeling? New Year's resolutions seem so big, so filled with potential failure.

While complaining to my mom (Hi Mom!), she gently reminded me that all successes start as small ideas or actions that then become bigger. Moms give the best advice. What small idea or action could I take this year?

Climate change is a huge issue and many of us think that our small actions will have no impact. My small actions will do bupkis. Or maybe it could — if all of us are moving in the same direction. As that cartoon bubble was hanging above my head, my email dinged at me. Lauren, one of our outreach coordinators, sent me a link to a great handout from the Northeast Waste Management Officials' Association and the Northeast Recycling Council — "What Can We Do as Consumers About Climate Change?" You can read the article at https://nerc.org/news-and-updates/blog/nerc-blog/2019/06/04/what-can-we-do-as-consumers-about-climate-change. The article gives a great overview of what climate change is and its causes. Not surprisingly, food waste reduction can truly impact the production of greenhouse gases which contribute to climate change. I encourage you to read

the handout for the climate change information, but I am even more excited about what they give us at the end — "10 Things You Can Do to Make a Difference."

What caught my eye was number four: **Repair It.** With so many items being made to be thrown away, what can I repair? This year, I will see what I can repair instead of buying new. CSWD.net has some great resources for repair in our community. Check them out at cswd.net/reduce-and-reuse/sharing-repairing. Or look for a local Repair Café coming to a town near you. Read more about the Repair Café at tinyurl.com/7DaysRepairArticle. I am so excited to start this new resolution. But I still really need that nap.

Have a wonder-filled New Year!

## Hinesburg Drop-Off Center Update

The end is in sight, and we can't wait to open the gates on this new facility later this winter and celebrate with the Hinesburg community when the weather warms. Stewart Construction will be back in the spring to finish up a few details, but they've buttoned up their work for the winter. CSWD staff still has lots of work to do, though! Here's what's underway as of this writing (Dec. 31, 2019):

- Installation of compactors for "blue-bin" recycling and trash. These will reduce our trucking by at least a third compared to the roll-off boxes used at the old site!

- Installation of storage and organiza-

*continued on page 6*



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► Drop-Off Center

*continued from page 5*

tion for certain special recycling items in the new pole barn: batteries, electronics, hardcover books, fluorescent bulbs and other mercury-containing items, propane tanks, and clothing and textiles.

- Positioning of food scrap containers.
- Building a bunker for leaf and yard debris.
- Signage for essential safety, directional and information needs.
- Installation of point-of-sale system. Stay tuned for exciting news about this coming soon!



Drone's eye view of the new Hinesburg Drop-Off Center as of Oct. 25, 2019.

## July 1 – Food Scraps Banned from Vermont Landfill

The final phase of Act 148: Universal Recycling & Composting Law goes into effect. As of July 1, 2020, all food scraps will need to be diverted from your trash. Does that mean you have to compost? No. You have options. Please visit our

food waste page at [cswd.net/reduce-and-reuse/reducing-food-waste](http://cswd.net/reduce-and-reuse/reducing-food-waste) to explore your options. Also, feel free to send us any questions you have. I will post questions in future articles.

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## Police

### Incidents

**Nov. 14:** 7:43 a.m. An officer assisted a citizen with a vehicle lockout on Pond Road. The vehicle contained a toddler.

10:16 a.m. Officers responded to the report of a possible burglary in progress on Richmond Road.

**November 16:** 7:30 a.m. A noise complaint involving music was reported on Route 116.

7:45 a.m. Suspicious circumstances were investigated on Commerce Street.

4:35 p.m. An officer assisted with a medical call at Hillview Terrace.

**Nov. 17:** 4:30 p.m. An officer responded to St. George to assist state police with a domestic altercation.

**Nov. 18:** 4:40 p.m. Damage to a motor vehicle was reported.

**Nov. 20:** 2 p.m. An officer assisted a citizen with vehicle identification number verification.

5:30 p.m. An officer served paperwork for another agency on North Road.

**Nov. 21:** 5:15 p.m. A stolen vehicle was reported on North Road.

**Nov. 22:** 7:15 a.m. Officers responded to Route 116 and Silver Street for the report of a two-car motor vehicle crash. No injuries were reported.

12:10 p.m. A 911 hang-up was investigated on Richmond Road.

**Nov. 23:** 12:40 a.m. An alarm activation on Commerce Street was investigated.

8:40 p.m. Erratic driving was reported on Pond Road. An officer conducted a traffic stop. No action was taken.

9:15 p.m. Officers conducted a welfare check at Kelly's Field.

**Nov. 24:** 11:45 a.m. An officer responded

to Route 116 south of the village for the report of a single-car crash involving a deer. No injuries were reported.

1:40 p.m. An officer responded to Lyman Meadows for a domestic altercation.

2:05 p.m. An officer assisted a citizen with a locked vehicle on Commerce Street.

6 p.m. An officer was involved in a single-car crash on Charlotte Road involving a deer. No injuries were reported.

9 p.m. A traffic stop for speed was conducted on Mechanicsville Road. The operator was arrested for DUI.

**Nov. 25:** 7:12 a.m. An alarm activation was investigated at CVU.

2 p.m. A domestic assault was reported. One individual was later arrested and lodged as a result of that investigation.

**Nov. 26:** 1:09 a.m. Suspicious circumstances were investigated at Cedar Knoll Country Club.

**Nov. 27:** 7:45 a.m. Emergency services were dispatched to a residence on North Road for an unresponsive female. A death resulting from natural causes investigation was conducted.

3:35 p.m. An officer responded to Route 116 and Tyler Bridge Road for a single-car crash. No injuries were reported.

5:55 p.m. A report of erratic operation on Route 116 was reported. The operator was contacted. No action was required.

**Nov. 29:** 10:15 a.m. An officer responded to Richmond Road for the report of a single-motor vehicle crash. The operator was taken to the hospital for injuries sustained in the crash.

**Nov. 30:** 11:18 a.m. An officer responded to the intersection of Route 116 and Commerce Street for a two-car motor vehicle crash. No injuries were reported.

1:00 p.m. An officer responded to Lavigne Hill Road to investigate suspicious circumstances.

**Dec. 2:** 10:08 a.m. The Department for Children and Families requested an officer to assist them with an investigation on Birchwood Drive.

10:45 a.m. An officer assisted medical personnel at Hinesburg Family Health on Haystack Lane with a difficult patient.

3:45 p.m. A citizen was assisted with a landlord/tenant problem.

**Dec. 3:** 12:22 p.m. A single-car crash was reported on O'Neil Road. No injuries were reported.

2:30 p.m. An officer responded to Place Road West for the report of property damage. A tractor trailer was ticketed for being overweight and a property damage case is ongoing.

**Dec. 4:** 2:05 p.m. An alarm activation was investigated on Charlotte Road at Ben's Sandwiches. It was later determined that a boiler blew up. No injuries were reported.

**Dec. 5:** 4:20 a.m. An officer responded to a single-motor vehicle crash on Route 116 near CVU Road. No injuries were reported.

3:30 p.m. Officers responded to the Jiffy Mart on Ballard's Corner Road for the report of a citizen altercation. Investigation deemed the incident to be a verbal altercation only.

7:45 p.m. An officer assisted another agency by serving paperwork in the town of Starksboro.

**Dec. 6:** 2:30 p.m. Officers responded to Silver Street for the report of a two-motor vehicle crash. No injuries were reported.

2:54 p.m. Officers responded to North Road for the report of a domestic dispute.

3:05 p.m. An officer responded to Pond Road for a single-motor vehicle crash. No injuries were reported.

3:15 p.m. An officer responded to Richmond Road for a single-motor vehicle crash. No injuries were reported.

5:18 p.m. An officer responded to Hollow Road for a single-motor vehicle crash. No injuries were reported.

**Dec. 7:** 5:30 p.m. Officers assisted another agency with a stolen vehicle investigation.

**Dec. 9:** 5:30 p.m. An officer responded to Jourdan Street for an ongoing juvenile problem.

**Dec. 10:** 3 a.m. An alarm activation was investigated at St. Jude's Church.

3:50 p.m. An officer responded to a three-car motor vehicle crash on Route 116 near the Hinesburgh Public House. No injuries were reported.

**Dec. 11:** 8:40 a.m. An officer responded to Silver Street for the report of a motor vehicle crash involving a deer. No injuries were reported. 8:20 p.m. Officers responded to Hillview Terrace for a 911 hang-up. One individual was arrested for charges of domestic violence and interference with access to emergency services.

**Dec. 13:** 6:35 p.m. A citizen was assisted with a locked vehicle on Route 116.

**Dec. 14:** 5:35 p.m. A report of erratic operation was taken. Officers were unable to contact the vehicle.

6:40 p.m. Officers responded to a disabled vehicle on Lavigne Hill Road.

**Dec. 17:** 1:25 p.m. An officer assisted a disabled motorist on Route 116.

**Dec. 18:** 2 p.m. Officers responded to Route 116 for a two-motor vehicle crash. Minor injuries were reported.

2:55 p.m. An officer responded to Pond Road for a single-motor vehicle crash. No injuries were reported.

**Dec. 19:** 1:40 p.m. Suspicious activity at Village Heights was investigated.

2:05 p.m. A citizen was assisted with a locked vehicle on Commerce Street.

**Dec. 21:** 2:30 p.m. Suspicious activity was investigated on Route 116.

**Dec. 22:** 1:40 p.m. An officer responded to Route 116 and Beecher Hill Road for a single-motor vehicle crash. No injuries were reported.

**Dec. 26:** 3:50 p.m. A theft from a mailbox was reported.

4:38 p.m. An officer responded to Route 116 for a possible missing person report.

**Dec. 28:** 9:30 a.m. An officer assisted the state police with a vandalism investigation.

**Dec. 30:** 7:51 a.m. An officer responded to a single-vehicle crash on Richmond Road. No injuries were reported.

6:15 p.m. Emergency services were dispatched to a residence on North Road for an unresponsive male. A death resulting from natural causes investigation was conducted.

**Jan. 1:** 3:05 p.m. An officer responded to Patricia's Place for the report of a suspicious vehicle. The vehicle was disabled and later removed.

**Jan. 2:** 5:40 p.m. An officer responded to the intersection of Route 116 and CVU Road for a two-car motor vehicle crash. No injuries were reported.

**Jan. 3:** 9:25 p.m. One individual was arrested for driving with a criminally suspended driver's license following a traffic stop on Route 116.

**Jan. 4:** 6:25 p.m. A single-vehicle crash was investigated on Pond Road. No injuries were reported.

**Jan. 5:** 9:33 a.m. Vandalism to a mailbox on Texas Hill Road was investigated.

**Jan. 6:** 10 a.m. Officers responded to Richmond Road for a single-motor vehicle crash. The operator was transported to the UVM Medical Center for precautionary measures.

3:35 p.m. A single-motor vehicle crash was reported on Patricia's Place Road. No injuries were reported.

3:52 p.m. The town highway department reported a vehicle parked on the side of Piette Road which was impeding plowing. The owner was located and the vehicle was removed.

**Jan. 7:** 2:36 p.m. Officers responded to Kelly's Field for a verbal altercation.

5:30 p.m. Officers responded to Commerce Street for the report of suspicious activity.

**Jan. 8:** 12:05 a.m. An officer responded to Jourdan Street for a juvenile issue.

6:17 p.m. An officer responded to Silver Street for a two-motor vehicle crash. No injuries were reported.

**Jan. 9:** 3:50 p.m. A late reported car crash involving a deer on Route 116 was reported.

5:15 p.m. Erratic operation was reported on Richmond Road. The vehicle was located and the operator was arrested for driving under the influence of alcohol.

**Jan. 10:** 2:08 p.m. An officer responded to a single-motor vehicle crash on Baldwin Road. No injuries were reported.

## Fire

### Learn Compression-Only CPR

The Hinesburg Fire Department will be holding a compression-only CPR clinic, Saturday, Feb. 1, 9 a.m. to noon. No appointments needed. Just stop by the station and in five to ten minutes, you can learn this lifesaving technique.

### Furnace Malfunction

At approximately 4 p.m. Dec. 4, Hinesburg Fire Department was requested by the Hinesburg Police Department to respond to Ben's Sandwich Shop on Charlotte Road for a possible gas leak.

HPD had responded to the building after receiving a call about an alarm sounding. On arrival, HPD found there had been a possible explosion inside the building as the windows were blown out and walls were knocked down.

The building owner arrived on scene a short time after. He advised the business had been shut down for the day and there was no one in the building at the time of the explosion.

HFD searched the building for any fire extension, there was no fire found. Vermont Gas and Green Mountain Power were notified to shut down the gas and

power to the building.

The Department of Public Safety's Division of Fire Safety was notified and on scene within 20 minutes to help investigate the cause. During the investigation, the origin of the explosion was found to be in the area of the furnace. Further investigation determined the boiler had run out of water and the release valve malfunctioned. The force of the blast blew out all the windows and pushed the back wall of the building off the foundation. A video surveillance system captured the explosion and confirmed the investigation's findings.

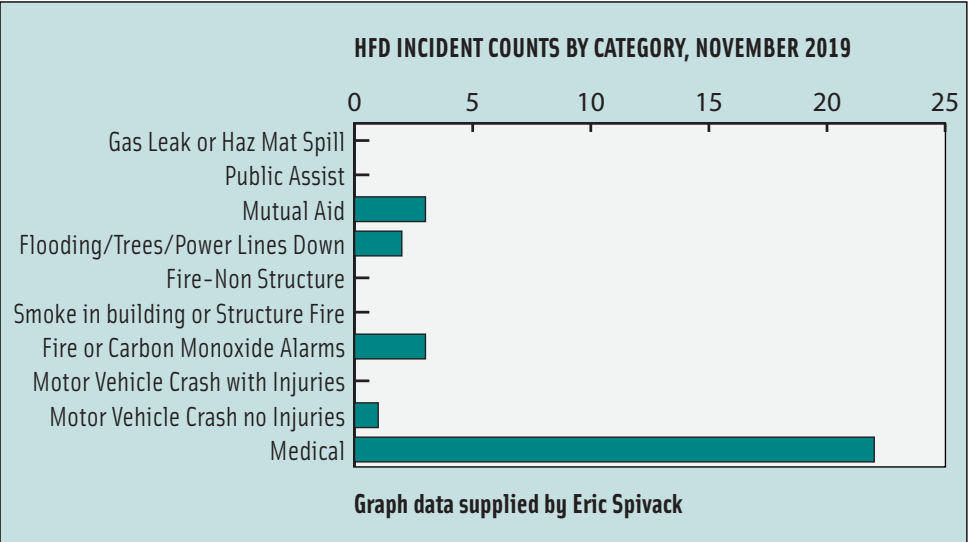
### Carbon Monoxide Alarm Sounding

At approximately 11:30 a.m. Dec. 29, Hinesburg Fire Department was dispatched to a home on Baldwin Road for a report of carbon monoxide alarms sounding. Dispatch advised there were no occupants in the building.

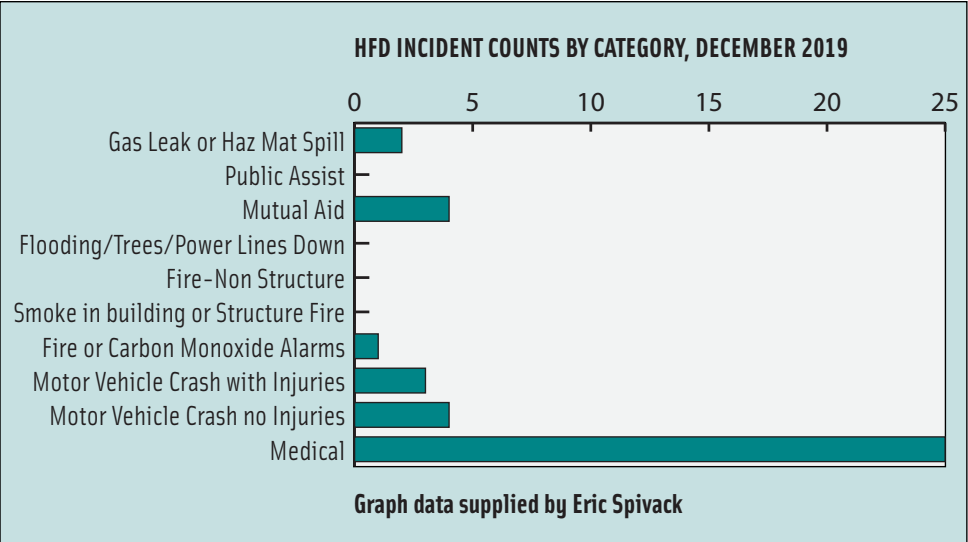
HFD arrived on scene and the resident reported that the family came home and the CO alarms were sounding. He stated he went in, shut the furnace off and immediately left the building. His family remained outside before going to a neighbor's home.

While crews donned their self-contained breathing apparatus, Chief Barber performed a 360-degree walk

*continued on page 8*



Hinesburg Fire Department responded to 31 calls in November and 39 calls in December. \* an example of a non-structure fire would be a telephone pole, car, or grass/brush fire.





## ► Carbon Monoxide

*continued from page 7*

around of the home. He noticed there was heavy black soot at the top of the furnace vent on the roof.

Upon entering the residence, the CO meter immediately went into alert mode, reading 30-35 parts per million on the main floor. As crews started into the basement, the meter climbed as high as 60. While checking the basement and furnace, the crew noticed there was heavy black soot on and around the area of the furnace.

The crew exited the building and a fan was set up to start ventilation to remove the CO. Engine 3, Med 100 and six responders were on scene for approximately one hour ventilating the building.

The resident contacted his furnace company's emergency service number. The resident contacted HFD later in the day, thanking us for the quick response. He stated that the furnace had been cleaned and was now in good working order.

*Follow us on Facebook at HinesburgFireDepartment and be sure to visit our website hinesburgfd.org.*

## HFD Chiefs Visit with Santa

Wonder what Chief Barber and Asst. Chiefs Estey, Thompson and Spivack have on their list!



## Library

## Library Hours Year-Round

**Monday and Saturday:** 10 a.m. to 3 p.m.

**Tuesday through Friday:** 10 a.m. to 7 p.m.

**Phone:** 802-482-2878

**Address:** 69 Ballard's Corner Road, Hinesburg 05461

**Website:** carpentercarse.org

**Email:** library@carpentercarse.org

## Library Calendar

## Craft Supply Swap

**Saturday, Feb. 1, 11 a.m.-2 p.m.**

Hey crafters! Looking for "new to you" craft items and ideas? Want to reduce your collection of unused craft supplies? We have a solution for you: join

us for our first ever Craft Supply Swap!

Here's how it works: We ask that all donations be clean, and in good, usable condition. Please place groups of small items in zippered bags or other see-through containers.

Donate craft supplies from Monday, Jan. 27 through Friday, Jan. 31. We will take donations during library open hours only. Please do not put any items through the drop box or leave anything outside. Important: be sure to pick up a swap ticket when you donate! A ticket gives you early bird access to the swap before it is opened to the general public. Early bird ticket holders may enter at 10:30 a.m.

Don't have anything to donate? No problem! The swap opens to everyone at 11 a.m. We will display all of the items on tables in the Community Room. Please bring your own shopping bags or boxes to transport your new supplies home.

Any supplies not taken by swappers will be used by the library for programs, donated to other organizations, or recycled.

## Crafternoon!

**Tuesday, Feb. 4, 2-3 p.m.**

Students ages 6-11, join us on Tuesdays for a winter-themed read-aloud story, an after-school snack and crafts! Please email jen@carpentercarse.org or call 802-482-2878 to reserve your spot.

## Live Music: Jam With the Song Farmers of Hinesburg

**Thursday, Feb. 6, 6 p.m.**

Do you play an acoustic instrument or just love to sing along to old-time, blues, country and folk music? Come join the Song Farmers during their monthly jam session and participate in this wonderful live music offering. If you don't play an instrument, please join us just to listen or to sing along! Free and open to the public.

## POV Film Screening: "The Distant Barking of Dogs"

**Friday, Feb. 7, 6:30 p.m.**

POV (a cinema term for "point of view") is television's longest-running showcase for independent nonfiction films. POV premieres the most innovative programs every year on the Public Broadcasting Service. Since 1988, POV has presented over 500 films to public television audiences across the country. POV films are known for their intimacy, their unforgettable storytelling and their timeliness, putting a human face on contemporary social issues.

"The Distant Barking of Dogs" follows the life of 10-year-old Ukrainian boy Oleg over a year, witnessing the gradual erosion of his innocence beneath the pressures of the ongoing war in Eastern Ukraine. Having no other place to go, Oleg and his grandmother Alexandra stay and watch as others leave the village, showing just how crucial — and fragile — family is for survival. The film is 91 minutes long. Free admission.

## Mysteries and Muffins Book Group

**Wednesday, Feb. 12, 10:30 a.m.**

Do you love mysteries? Join our book group! This informal group will meet in the Community Room on the second Wednesday of each month to chat about the book. Refreshments served. You can reserve a copy of the latest book at the front desk.

## Valentine Cookie Craft Party

**Friday, Feb. 14, 3-4:15 p.m.**

Come make a Valentine cookie house to give to someone you love or to enjoy later with your family! Open to kids 6 years old and up. Be sure to sign up ahead of time so we can have plenty of cookie and candy supplies ready! Email jen@carpentercarse.org or call 802-482-2878 to reserve your spot.

## Saturday Storytime

**Saturday, Feb. 15, 10-10:30 a.m.**

Join us for Saturday storytime! Children ages 0-5 and their caregivers gather for stories, songs and games, followed by free play and snacks. 10-10:30 a.m., all are welcome, free.

## Color Your Way to Calm: Adult Coloring

**Wednesday, Feb. 19, 10:30 a.m.-noon**

Color your way to calm at our drop-in coloring club for adults. Coloring sheets, art supplies and tea will be provided.

*continued on page 10*

## Library News:

## On Display: Hooked Rugs by Davey DeGraff

In the Community Room throughout January and February are astonishingly beautiful hooked rugs made by Davey DeGraff, a longtime resident of Hinesburg. DeGraff has some of her hooked rug "paintings" on display. This collection of rugs is inspired by places and people that have special meaning to the artist. Familiar

local scenes are depicted, as are the faces of people and pets — all carefully brought to life with colorful pieces of wool. The rugs are dedicated to the artist's family, a family that, for many generations, has called Vermont home. We hope you will stop by to see these incredible pieces of art up close.



Maple View Farm Triptych: the view of DeGraff's grandparents' farm in the valley between Williston and Richmond. These three rugs depict the barns, hay field, sugar house and Camel's Hump.

## Recreation

BY JENNIFER MCCUIN

Register for classes at hinesburgrec.com

## Family Play Group

**Hinesburg Town Hall, Wednesdays 10-11:30 a.m.**

Enjoy a family playgroup designed especially for children birth to 5 years and their adult companion. There are toys, activities, stories, songs and healthy snacks. Start recreation early, connect with other parents in the community and create childhood friendships. Schedule follows the school calendar. No registration is necessary. Find us on Facebook at Hinesburg Friends of Families or contact Alexandra Konciewicz at konciewicz@hinesburgresource.org.

## Weekend Family Open Play

These play dates are for children birth to 5 years old and their adult companion. You can count on toys, books, songs, activities, projects, snacks and

friendships. Start recreation at an early age and connect with other new parents and the community. This is FREE and FRIENDLY! No registration is necessary. Come play, sing and make new friends instead of being cooped up inside this winter. Please note that this program is weather dependent as there is no snow removal or de-icing at Town Hall on weekends. See Facebook.com/hinesburgf for updates.

**Where:** main room at Town Hall. **When:** Saturdays, Feb. 8, 22, March 7, 21. **Time:** 10-11:30 a.m.

This offering is sponsored by Hinesburg Friends of Families, a program of the Hinesburg Community Resource Center. For more information, find us on Facebook at Hinesburg Friends of Families or contact Alexandra Konciewicz at konciewicz@hinesburgresource.org.

## Piano Lessons

These 45-minute group piano lessons with a maximum of three students are taught by Andrea Haulenbeek or Mary

Beth Bowman for beginner to advanced intermediate students. Classes follow the school year calendar, currently in its second semester (January through May). A spring recital celebrates a year-long commitment by students and instructor.

**Who:** grades 2-8. **When:** currently there are two openings on Tuesdays, 3:15-4 p.m., and an opening on Wednesdays, 3:30-4:15 p.m. **Where:** HCS Piano Lab. **Cost:** \$16 per lesson, billed per semester.

Online registration is not available for this program. Please contact Hinesburg Recreation Department at hinesburgrec@gmavt.net or 802-482-2281, ext. 230 to inquire about an opening.

## Valentine Cookie Decorating

Join Maryam Counter of Matryoshka's Bakery to decorate homemade heart-shaped cookies with scratch icing and Valentine-themed decorations. A new baker with a new spin, at a NEW location to keep a longtime favorite activity going strong. Welcome Maryam!

**Who:** kindergarten through grade 8. **Where:** meet in Flex Space at HCS first, then walk to Good Times Café. Pick-up will be at Good Times. **When:** Wednesday, Feb. 12. **Time:** 2:45-3:45 p.m. **Cost:** \$17. **Maximum:** 18 students.

## Literature and the Arts With Susan Lepple

Join Susan for a creative approach to exploring children's literature. Through the use of fine art, movement, assemblage and music, students will experience books that are silly, thought-provoking, creative and caring. Students may create fairy houses, make hats like Madame Chapeau, be inspired to expressively cave paint like the Lion and the Little Red Bird, while moving, grooving and creating to world music.

**Who:** grades 1-4. **When:** Session 2: Wednesdays, March 4 through April 8 (six classes). **Where:** Art Room. **Time:** 2:45-4:30 p.m. **Cost:** \$120. **Maximum:** 10

## Driver Education

Kevin Browne offers this class for students pursuing their driver's license. Students must have their learner's permit. Classroom instruction takes place at Town Hall and driving time is scheduled outside of the 4-6 p.m. class time. CVU students have the option to take a bus that will drop them at the Hinesburg Town Hall.

**Where:** main room at Town Hall. **When:** March 9, 11, 12, 16, 17, 18, 23, 25, 26, 30, April 1, 2, 6, 8, 9. **Time:** 4-6 p.m. **Cost:** \$700. **Maximum:** 25 students. Register online, but checks are payable to Kevin Browne and due to HRD by Feb. 20.

## Considering a Move?

"Susan was fabulous. She was very helpful walking us through the process of putting in an offer and negotiating the price. She was kind and thorough. Loved her."

—Margaret Hinesburg



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## ► Library

*continued from page 9***February Break Movie****Tuesday, Feb. 25, 1 p.m.**

Join us for a family-friendly movie, friends and snacks! We will be showing this newly released animated film, and all ages are welcome. Children should be accompanied by an adult. Check our website for more details [www.carpentercarse.org](http://www.carpentercarse.org).

## Weekly Programming

**Hands and Needles****Mondays, 10 a.m.-noon.**

Join handcrafting enthusiasts for a morning of creativity and conversation. Bring whatever project you are working on: quilting, knitting, embroidery, etc. Free and open to the public.

**Youngster Storytime****Tuesdays, 9:30-10a.m. Feb. 4, 11 & 18**

Join us for storytime! Children ages 0-5 and their caregivers gather for stories, songs and games, followed by free play and snacks. 9:30-10 a.m., all are welcome, free.

**Youngster Movement and Music****Thursdays, 9:30-10:30a.m. Feb. 6, 13 & 20**

Get ready to move! Friends of Families hosts the Youngster Music and Movement program at the library. Come enjoy songs and movement games geared for ages 0-3 and their caregivers (older siblings welcome). From 9:30-10:30 a.m. followed by snack. All are welcome; free.

**Have an ad? 482-7227 or  
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# Commentary

## Greta in Winter

BY BILL SCHUBART

This fall for only the second time in my life, I bought a new car. It's an emission-free Nissan Leaf. I named it Greta. Last night, I ran into a friend who has a Tesla all-electric vehicle also named Greta. I'm now wondering how many AEVs there are in the world bearing the Swedish teenager's name.

I'm comfortable saying it was the extraordinary courage of this young woman, who could be my granddaughter, that drove my decision to go all-electric. "OK, Boomer," I said to myself, "It's your turn to help leave a habitable world for the next generation."

When Green Mountain Power held a get-acquainted session on AEVs for its customers, my wife and I drove up. They had most current models available there for customers to test drive and dealers to answer questions. I chose the Leaf and, thrilled that I fit in it, took it for a spin. It was a distinctly different experience ... silence, no auto-shifting clunks. I learned that by using the eco-pedal, I didn't need the brake pedal and could extend Greta's range. I was hooked!

I'm 1,200 miles into Greta and my early experience with her sent me searching for the encyclopedic instruction manual in the glove compartment. Like most consumers, I had read the FAQs and thought I knew it all. At the time of purchase, my key question was driving range between charges, a deciding

factor for most potential buyers. The range is nominally 150 miles. My benchmark was the 88-mile round-trip drive between my home in Hinesburg and Montpelier.

I set out on my first excursion with a full 152 miles on the meter. When I got to Montpelier, I expected to find it down 44 miles, but it was, in fact, down twice that — about 66 miles left to go before I needed a charge. This didn't register, so before heading home, I pulled out the manual and read what I'd neglected to read before committing to Greta.

Like all living things, her capacity is temperature dependent. It was 10 above zero when I left the house and I had turned on the heat, making it worse as both heat and lights reduce Greta's range. I risked the straight shot home and made it with 12 miles to go by turning off the heat and arrived home in a near cadaverous chill, scraping my frozen breath from the inside of the windshield with a credit card. Did this mean driving at night with no lights and no heat? Should I buy a flashlight and a wool blanket for Greta?

I also learned Greta's batteries can be severely damaged by exposure to temperatures below minus 13. I've lived in Vermont for 70 years and have yet to experience a winter where it didn't get colder than that. I remember a sunny, dry winter day in Lincoln at 38 below. Could Greta even survive here, much less provide frigid transportation beyond a few miles from home? I began to worry.

But I've learned that by monitoring the temperature and my energy usage as I drive, using the eco-pedal to recharge as I drive, charging every night at home during off-peak hours, I can manage quite well and I haven't eaten in a gas station in two months. I'm finding more and more charging stations, all searchable on my cellphone. Besides if it's freezing cold and I have a round trip to Montpelier, a stop at Red Hen Bakery in Middlesex for a quick charge, a latte and a croissant isn't much of a price to pay for doing my part. Sometimes, slowing life down enhances it.

But more important than my comfort are the larger environmental implications of continuing to burn fossil fuel. According to a recent VTDigger article, transportation accounts for 43% of the state's carbon emissions and in spite of earnest expressions of concerns and

many unfulfilled commitments, emissions have increased in recent years and are 16% higher than they were in 1990.

A recent United Nations report has been unsparring on the havoc we're wreaking on our children and grandchildren's home as a result of continued emissions of carbon dioxide and toxins.

While conservative forces from the Ethan Allen Institute to the Vermont Fuel Dealers Association, the Libertarian Party of Vermont and the Trump administration oppose the Northeastern and Mid-Atlantic States Transportation and Climate Initiative, TCI is supported by Democratic leaders in both chambers and a number of Vermont environmental groups. Governor Scott has yet to declare his intent, but his remarks indicate he will not support Vermont joining the alliance.

As I get even older than I am now, I know that much of the remaining work I have left to do on earth is to try and leave a better, more just place for my children and grandchildren.

It's disheartening to hear special interests and climate deniers froth on about their temporal material interests. I wonder what they think when they gather over the holidays with their children and grandchildren. As they play together, do they never imagine their progeny trying to make it in a world of uncontrollable fires, floods and rising sea levels, massive climate migrations and dying food systems, all so they can drive a fossil fuel car or get their convenience foods in unrecyclable plastic? Our children comprise a quarter of our country. They will inherit our mess.

In Matthew 5:5 from the Sermon on the Mount, one of the Beatitudes tells us the meek shall inherit the earth. Our children are finding their voice and are no longer meek. We owe it to them to listen.

Sometimes when I'm driving Greta late at night, I stare at the energy meters on the dashboard anxious about whether I'll make it home, I hear Greta whisper to me, "OK, Boomer, you did good."

To a brave New Year!

## ► Hinesburg Town Forest

*continued from page 1*

forest management at the HTF, we can start to build a culture of improved understanding of what constitutes responsible, modern forest management. To that end, over the last year we've hosted 10 free, public events attended by over 200 people. We've had numerous public events before, during and after the harvest, including many forest management walks led by me, a walk with wildlife biologists, a presentation at the Hinesburg library and a Hinesburg Town Forest History Night at the Hinesburg Town Hall.

In addition, we've hosted numerous UVM Forestry classes and foresters from the New England Society of American Foresters annual conference. We have partnered with Vermont Woodlands Association, Vermont Coverts, Audubon Vermont, Vermont Fish & Wildlife, the Vermont Land Trust and others to connect interested Vermonters to this kind of educational opportunity.

As we move into the project's second winter, we hope to engage with many more — and we want you to get involved! There will be numerous educational walks and opportunities throughout the next year, all of which will be free and open to all. If you are interested in, or skeptical about, what modern forest management looks like, please take advantage of these opportunities! Also, if you have creative ideas for educational opportunities around forest management at the HTF, please let me know.

**Our goal is to reach as many people as possible.**

We hope that our work can create a healthier HTF, while contributing to better forest management everywhere.

If you'd like to be notified of future forestry-related events, please send me an email and I'll put you on my email list.

*Ethan Tapper is the Chittenden County forester. He can be reached at [ethan.tapper@vermont.gov](mailto:ethan.tapper@vermont.gov) or 802-585-9099.*



Forest management at the Hinesburg Town Forest. Photos by Tom Rogers.



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**Preventing leaks:**

Use care when working near natural gas facilities. Digging into a pipeline is the largest single cause of pipeline failures. Protect yourself and underground facilities, before starting to dig call Dig Safe™ at 811 to notify them of the work.



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# Education

## Electric Bus Pilot Program

CHAMPLAIN VALLEY SCHOOL DISTRICT PRESS RELEASE

The Champlain Valley School District has been selected to be a partner in the Agency of Natural Resources Electric School and Transit Bus Pilot Program! The announcement reads:

“Champlain Valley stood out in both your level of support for and engagement around this pilot and our confidence in your capacity to be a great project partner in deploying electric buses.” At an event announcing the grant recipients on Dec. 19, Champlain Valley Union student and Environmental Action Club (ENACT) member, Ethan Lisle from Charlotte, spoke on behalf



(Left to right) Superintendent Elaine Pinckney, COO Jeanne Jensen and CVU student Ethan Lisle.

of CVSD. The commissioner from the Vermont Department of Environmental Conservation, Emily Boedecker, presented the grant award to Ethan. Superintendent Elaine Pinckney and COO Jeanne Jensen were present as well. CVSD is one of three Vermont school districts that are recipients of this grant.

On Town Meeting Day, voters will see a ballot article for our share of the cost of two electric buses (our share is the equivalent of two diesel buses, with the grant making up the substantial difference.) The purchase of two school buses is proposed as part of the continual replacement cycle to ensure that buses in our fleet are no older than 15 years. The average age of our buses is eight years. If approved, the electric buses will be based at the Allen Brook School in Williston.

The CVSD community prides itself on being a leader in sustainable practices. This opportunity allows us to not only transport students more safely and efficiently, but to make a concrete example of living up to our values. We are excited to take such an important role in helping Vermont reduce carbon emissions and improve energy efficiency. We hope to see the electric buses rolling through CVSD next fall.

Follow the Champlain Valley School District.

Facebook: facebook.com/ChamplainValleySchoolDistrict.  
Twitter: @cvsdvt.

## Berlin City Supports Literacy

### Local Teachers Win Grants

FROM CVSD PRESS RELEASE

Berlin City Auto Group announced its January grant donation of \$83,845 awarded on behalf of its Drive for Education program. The program, in its 10th year, uses proceeds from area car sales to fund grants awarded to neighboring schools.

This year 46 schools in Maine, New Hampshire and Vermont will be receiving grants. Two Champlain Valley School District schools, Allen Brook School

and Hinesburg Community School, were among the grant recipients.

At the Allen Brook School, librarian Cara Clopton was awarded \$1,000 for the purchase of new library books and will host a family reading night this spring.

Hinesburg’s kindergarten teacher, Miranda Johnson, was also awarded \$1,000 which will be used to purchase books for HCS kindergarteners to bring home and read over the summer, helping them practice and maintain the wonderful skills they have learned all year long.

## Annette’s Preschool Supports Local Hinesburg Community Food Shelf

BY ANDREA SAMBROOK, DIRECTOR

During the month of November, all eight classrooms at Annette’s Preschool collected food donations to share with the Hinesburg Food Shelf. With each passing week in November, the collection boxes grew full and the children soon realized that they would need three garden wagons to



Preschoolers from Annette’s Preschool personally deliver wagons of food for the food shelf and preschoolers help sort food donations from Annette’s Preschool food drive.



transport all the food to the food shelf nearly a mile away. In the Jaguar classroom, children brought in donated food on their share day, a much-anticipated day of the week when children can bring in a special item from home to share during circle time, and to respond to comments, questions or connections from their peers. They kept a chart as the items arrived and counted up to 77 items in their classroom alone! The children made the connection between kindness and giving, and the heart mantra they celebrate each day at circle time

*“May I be happy, may I be safe, may I be peaceful, may I be kind.”*

Toucan teacher Ms. Meaghan said, “Children talked at home with their family about helping out others by sharing food, and we encouraged the children to bring in food that they enjoy eating themselves — so there was a lot of mac and cheese!” A child from the Tree Frog class exclaimed “We are bringing the food to the food shelf so people who don’t have enough won’t be hungry. We have so much food to bring!”

Close to 30 children took turns pushing and pulling the wagons of food from school to the food pantry, and then created a line to unload the food and to help sort the items onto carts. There was even time for a quick freeze dance party in the parking lot to warm up before they headed back up the hill. Ms. Lindsay in the Tree Frog class smiled broadly and said, “It was nice that all of the preschool classes came together with us to walk down to deliver food for our community.”

Annette’s Preschool is a 5 STAR, early education program serving families with children age 6 weeks to 8 years old located at 96 Pond Road in Hinesburg.

## PiE Announces Grant Recipients for HCS Staff

BY EMILY MARS RAYMOND

Students love the brightly colored life-size puppets that help educate them about tricky social topics. Hinesburg Community School’s counselors, Vicki Nelson and Dave Rast,

brought the nonprofit Puppets in Education to the school a few years ago, but a new crop of students could benefit from the engaging presentations about personal safety, abuse awareness and cultural diversity. The funding is there, thanks to the HCS Partners in Education grant program.

Partners in Education began the program in 2012 and has since allotted about \$23,000 to HCS staff and community members toward vetted projects. Each November, a grant committee meets to review applications and determine which projects should be funded. The committee looks at how many students will be enriched by the funds and the sustainability of the projects, among other criteria.

“This [program] brings to light the needs of the community,” said Aimee Frost, president of HCS PiE. “This helps with the things that get lost in shrinking budgets.”

Nelson and Rast wanted to make sure the puppet shows would not get lost in shrinking budgets because of the big impact they can have on students.

“I am always looking at skill building as a school counselor,” Nelson said. “These are ways for kids to build skills around complex topics and complex issues which exist everywhere for everyone. That’s really what it’s about. We want to build skills to help them using any program we can.”

Thanks to the PiE grant award and Puppets in Education’s own matching donor program, the puppet show will come to Hinesburg this spring and will present to grades K-4.

“Puppets are a powerful medium,” Nelson said.

*“One of the things I believe in is play, so this is a great way to cover heavy topics.”*

Other awarded grants this year include ukuleles for music classes, ecology kits for more hands-on learning in science classes, and a series of workshops and a field trip for grades K-2 to see “The Snowy Day” at the Flynn Theater. HCS teacher and field trip grant winner Lisa Stanton said that teachers and students alike will benefit from this grant.

“These workshops truly enrich the experience for students, but also enrich each classroom teacher’s toolbox of how to engage students through the arts,” Stanton said in her grant applica-

tion. “These workshops help students get a glimpse into the creative process of taking a book and bringing it to life on a stage.”

Last year, the PiE grants paid for graphing calculators, playground enhancements, a “brain break” sensory pathway for a hallway floor, and a ropes course field trip, among other things. The funding of PiE is made possible by parents and community members who support the numerous fundraisers throughout the year. Donations to HCS PiE can be made through their website at sites.google.com/cvsdvt.org/hcs-partners-in-education/home.

## Funding Available for Programs That Increase Access to College and Career Education in Vermont

FROM PRESS RELEASE

The J. Warren & Lois McClure Foundation has announced available funding for the 2020-2021 school year for efforts that improve equitable access to the postsecondary and career education that leads to Vermont’s most promising jobs. A supporting organization of the Vermont Community Foundation, the McClure Foundation envisions a Vermont where no promising job goes unfilled for lack of a qualified applicant.

The McClure Foundation’s primary in-

terest is in funding growth-stage efforts and programs seeking funding to pilot a model or a big idea, demonstrate effectiveness, expand delivery or improve systems coordination in alignment with the foundation’s mission.

For the 2020-2021 school year, McClure Foundation funding will prioritize projects that accomplish one or more of the following: improve public, community and/or family awareness of career pathways and the importance of continued education after high school; expand postsecondary access and increase postsecondary success so that Vermont students of all ages and backgrounds can benefit from postsecondary education and training; and strengthen the pathways between education and employment.

Nonprofits and municipal entities interested in applying for funding can submit a letter of interest by 5:00 p.m. Feb. 6, 2020. Additional information about the grant round is available at mcclurevt.org.

The McClure Foundation promotes equitable access to college and career education for all Vermonters and has granted over more than \$4 million since 2008 in support of that goal. Through grants and convenings, the foundation continues the family tradition of project-oriented, collaborative philanthropy practiced by its founders, J. Warren and Lois McClure. To learn more about the foundation, which is a supporting or-

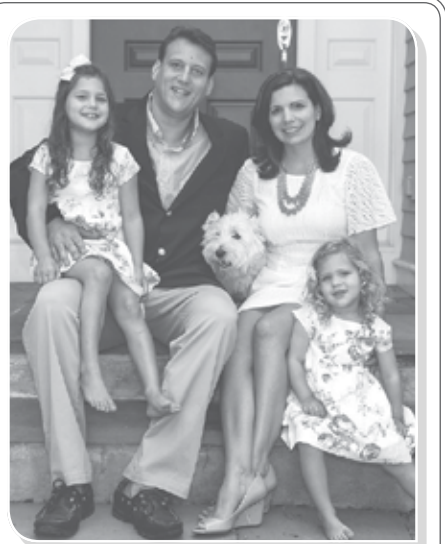
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ganization of the Vermont Community Foundation, visit mcclurevt.org.

The Vermont Community Foundation inspires giving and brings people and resources together to make a difference in Vermont. A family of hundreds of funds and foundations, we provide the advice, investment vehicles, and back-office expertise that make it easy for the people who care about Vermont to find and fund the causes they love. Visit vermontcf.org for more information.



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Student Ethan Lisle speaks at the grant announcement event.

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## Hinesburg Community School Sports

### Basketball

Hinesburg's third and fourth grade Polar Bears basketball team took on the Williston Wildcats on Jan. 9 during halftime of the CVU girls varsity basketball game. Hinesburg players include Piper Biondo, Phoebe Gignoux, Jordan Kramer-Nison, Reese Lundquist, Maggie Miller, Meg Roberts and Bella Seeholzer.



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## Organizations

### Increasing Aquatic Habitat Knowledge and Stewardship in the Lewis Creek Watershed

BY KATE KELLY AND MATTHEW GORTON, LEWIS CREEK ASSOCIATION

Lewis Creek is one of Vermont's most ecologically diverse streams. With increasing habitat degradation due to river encroachment by developments and roads, land use change, and more extreme weather events, the Lewis Creek Association has been working with Milone & MacBroom, Inc. to identify important refugia locations to conserve or restore the brook trout fisheries of Lewis Creek and its tributaries. Refugia are pools of cooler water temperatures within streams, which enable brook trout and other cold-water species to survive periods of higher temperatures during the summer. Refu-

gia can be preserved by leaving logs and other structures in streams, by allowing floodplains and backwaters to exist, and by maintaining riparian shading. These refugia will become especially important with increasing temperatures due to climate change.

In late October 2019, a water resource engineer from Milone & MacBroom, LCA staff, a local angler and Mike Kline of Fluvial Matters, identified eight potential refugia restoration locations on Lewis Creek, Hollow Brook and Pond Brook. The Hollow Brook refugia locations have outdated culverts that may impede brook trout passage, lack habitat structures within the stream, and have insufficient tree cover. The Lewis Creek and Pond Brook refugia locations mainly lack habitat structures within the streams and have insufficient tree cov-

er to protect cold water in the stream. Many of the potential refugia restoration locations are located on private property. So, LCA will reach out to the landowners of these sites in the Lewis Creek watershed in the near future to begin planning for project design and implementation, which may include tree plantings, culvert replacement and/or adding large woody debris to the stream. These projects will benefit many cold-water species, including brook trout. The final report for this project, funded in part by a Vermont Watershed Grant, is now available on the LCA website in the Resource Library.

This project built on previous work conducted by LCA, and in the process, informed and educated community members in the Lewis Creek watershed through a talk given by Mike Kline of Fluvial Matters and a field trip with experts and a state fisheries biologist to view one of the proposed restoration sites. It was intended to promote community interest in the long-term stewardship of Lewis Creek, due in part to



A site in Starksboro where a culvert is impeding fish passage and could be replaced, in conjunction with downstream riparian plantings and/or addition of logs to the stream, to improve habitat and refugia locations for brook trout.

the increased knowledge gained by community members and landowners.

LCA is committed to improving the quality of fish and wildlife habitat throughout middle Lake Champlain Valley watersheds. If you are a landowner, angler or interested citizen who would like to learn how to help protect our natural resources, please contact Kate Kelly, program manager for Lewis Creek Association, at [lewisecreekorg@gmail.com](mailto:lewisecreekorg@gmail.com) or visit LCA's website for more information.

## SCHIP Autumn Grants Announced

FROM PRESS RELEASE

Shelburne, Charlotte, Hinesburg Interfaith Project has announced its Autumn 2019 grant awards. Recent monies of over \$15,000 were awarded to 12 nonprofits in our towns that met the criteria of serving the people of our communities in a variety of ways. The recipients for this cycle included: the Charlotte Grange #398, Champlain Housing Trust, Champlain Office of Economic Opportunity, Charlotte Food Shelf, Color Our World, Committee on Temporary Shelter, Hinesburg Community Resource Center, Shelburne United Methodist Church, St. Catherine of Siena Parish, Untwisted, Vermont Association for the Blind and Visually Impaired and Charlotte Congregational Church.

These awards are made possible as a result of SCHIP's mission to raise funds through the sale of donated, gently used clothing, household items, accessories, art and collectibles at its resale shop in the distinctive yellow building on Route 7, next to the town offices. Since the first grants were given in April 2005, more than \$740,000 has been distributed.

SCHIP accepts grant applications twice a year. The deadlines are April 15 and Oct. 15 of each year. The maximum grant size is \$3,000. Application forms are available on the Contacts page at [schipstreasure.org](http://schipstreasure.org).

As a member of our communities, you too are an intimate part of our mission. Come shop, donate, volunteer and help us continue to meet our objectives for the future. For more information on grant recipients or the organization, please visit our website ([schipstreasure.org](http://schipstreasure.org)), our Facebook page (SCHIP's Treasure Resale Shop) or call the shop for volunteer or donation inquiries at 802-985-3595.

Our participating faith communities are: All Souls Interfaith Gathering, Shelburne; Ascension Lutheran Church, South Burlington; Charlotte Congregational Church; Hinesburg United Church; Our Lady of Mount Carmel Catholic Church, Charlotte; Shelburne United Methodist Church; St. Catherine of Siena Catholic Church, Shelburne; St. Jude's Catholic Church, Hinesburg; Trinity Episcopal Church, Shelburne; Vermont Zen Center, Shelburne.

## The Grange Hall Beckons

BY TRINA BIANCHI, ON BEHALF OF THE CHARLOTTE GRANGE

If you want to hear some great music in a beautiful, cozy historic building close to home, check out these events happening in the Charlotte Grange Hall in the coming weeks!

**Tuesday, Feb. 11**, the Charlotte News in conjunction with the Charlotte Library will host Candidates Night at the Grange Hall starting at 7 p.m.

**Tuesday, February 18** starting at 6:30 p.m. will be the acoustic open mike. Did you make a New Year's resolution to take your music outside your home and perform? Here's your golden opportunity! Any type of acoustic music, poetry or storytelling is welcome! Each performer is allowed two songs or eight minutes. We have developed an informal, friendly and very supportive atmosphere, and we always have an opportunity to have some songs or tunes where everyone can join in, playing or singing! Make 2020 the year you, as a budding performer, dip your toe into the water and perform in a safe and friendly environment for the first time or to further hone your skills in public! Hot cider is served.

If you would like to perform, please sign up in advance by emailing Mike Walker at [mjwalker@gmavt.net](mailto:mjwalker@gmavt.net) or search Charlotte Community Music on Facebook. If you don't play or sing, but want to support some musicians and listen to and enjoy some great music, come to the Grange Hall and be entertained!

No admission, but donations appreciated. All donations go toward keeping the hall open for these events during the winter.

**Friday, February 21** at 6:30 p.m. will see Hugh McBride performing at the Grange Hall. Pot luck and music.

Our second annual Mardi Gras will be held **March 8!**

## Audubon Vermont News

FROM PRESS RELEASE

### The Future of the Conservation Movement

As part of our Youth Conservation Leadership Program, Audubon Vermont developed a paid internship program, offering students and recent graduates the opportunity to work with and learn from Audubon's team of experienced educators, conservation scientists and advocates. We have been fortunate to attract interns with a range of backgrounds and interests who are all interested in building careers in the conservation movement.

Our education interns engaged with our youngest conservationists in Forest Playschool and Free Nature Playgroup, developed an action-oriented climate change curriculum, and created opportunities to broaden our equity and inclusion work.

Our conservation science interns experienced bird banding, peregrine falcon

monitoring, bird-friendly maple habitat assessment, and common tern research.

And our policy interns researched and drafted public policy papers, prepared briefing materials, and participated in communication of Audubon Vermont's policy positions to the public and state officials.

The work of all of these talented young people has increased the reach and scope of our immediate work, and also is building a network of new conservation professionals. Our Youth Conservation Leadership Program is engaging with young adults during a time in their lives when they are making important decisions about their educational and career paths. We are excited to see them collectively helping us advance our mission to protect birds and the places birds need to thrive.

Learn more about the program at [vt.audubon.org/youth\\_leadership](http://vt.audubon.org/youth_leadership).

Articles by the interns can be found at [vt.audubon.org/news](http://vt.audubon.org/news).

### Events

All events are at the Green Mountain Audubon Center, 255 Sherman Hollow Road, Huntington, unless otherwise noted. For more information, go to [vt.audubon.org/events](http://vt.audubon.org/events).

### Tricky Tracks: A Family Tracking Program Saturday, Feb. 1, 9:30-11:30 a.m.

Winter is a wonderful time to learn about the comings and goings of our furry and feathered neighbors. We'll discover how animals move through the snow. Then we'll head outdoors at the Green Mountain Audubon Center to search for and make our own tracks. All ages are welcome! Audubon member: \$12 per kid/adult pair; nonmember: \$14 per kid/adult pair. Additional person (adult or child): \$4.

Online registration: [sevendaystickets.com/events/tricky-tracks-a-family-tracking-program-2-1-2020/tickets](http://sevendaystickets.com/events/tricky-tracks-a-family-tracking-program-2-1-2020/tickets).

Trail/accessibility information: our program will be at a slow (tracking) pace and will cover approximately half a mile. The trail is unpaved and there are short sections of stairs on the route. Wheelchair-accessible bathroom facilities are located in the office, next door to the Education Barn. Our Education Barn is wheelchair accessible with advance notice (we have a movable ramp). If you require accommodations or have questions about accessibility, please contact Audubon Vermont at 802-434-3068.

*continued on page 16*

## TaeKwon Do Students Receive Black Belts

BY KELLIE THOMAS

In June 2016, Master Kellie Thomas (sixth-degree black belt) of TaeKwon Do KICKS (Keep fit, Inner strength, Confidence, Kinship, Self-defense) expanded her classes into Hinesburg. This was a very busy year for students that was filled with tournaments, a break-a-thon and promotional testing. Several students



Amayah Walker, Kyle Walker, Townsend English, Izzy Keineth, Jack Main and Emma Main.



Colin Hart, Owen Cook, Molly Hart, Ella Silvia and Drew Friesen.

this year earned their black belts, which is a huge accomplishment as it takes three to four years of training to reach this level. To earn a black belt, students are responsible for performing nine patterns, three different board breaks, self-defense, knife self-defense, sparring and other skills. Black belt testing is seven hours long and was held in Middlebury in June and December. All of the students pictured received their black belts.

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## ANNOUNCEMENT

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## ► Audubon News

*continued from page 15*

**Climate-Friendly Forests**  
Thursday, Feb. 6, 6:30-7:30 p.m.  
Hlsley Public Library, 75 Main Street, Middlebury

*Co-hosted by Audubon Vermont, Addison County Regional Planning Commission, Sierra Club, Vermont Family Forests, the Vermont Natural Resources Council, and the Vermont Land Trust*

How can our forests be more carbon friendly in the face of climate change? Learn about the role of forests in keeping carbon out of the atmosphere, how carbon markets work, and the possibilities for Vermont landowners to participate in these markets. Lecture by UVM Professor Bill Keeton. This event is free and open to the public.

**Cabin Fever Lecture Series: Plants for Birds**  
Thursday, Feb. 13, 7-8 p.m.  
Hlsley Public Library, 75 Main Street, Middlebury

*An Otter Creek Audubon Society Event*

Native plants provide food and shelter for birds and wildlife. To survive, birds need native plants and the insects that have co-evolved with them. Bird-friendly landscaping provides food, saves water and fights climate change. Join Gwendolyn Causer for a workshop about why native plants matter: What are the threats? What are the solutions? We will explore the four native plant food groups for birds: berries and fruit, nuts and seeds, nectar and insects. We'll discover what birds need in all four seasons: food, water, shelter and nesting locations. Finally, we'll dive into Audubon's Plants for Birds Native Plant database and have a conversation about the power of native plants to help grow a better world for birds.

This event is free and open to the public. Donations to Audubon gladly accepted: vt.audubon.org/donate.

**February Bird Monitoring: Great Backyard Bird Count**  
Saturday, Feb. 15, 8-10 a.m.

Come monitor birds with us this month as part of the Great Backyard Bird Count. The Great Backyard Bird Count is an annual four-day event that engages bird watchers of all ages in counting birds to create a real-time snapshot of where the birds are. Meeting place: Office Building, Green Mountain Audubon Center. Donations to Audubon are appreciated: vt.audubon.org/donate.

# Events at the Birds of Vermont Museum

FROM PRESS RELEASE

The Birds of Vermont Museum is located at 900 Sherman Hollow Road, Huntington. For more information, call 802-434-2167, go to [birdsofvermont.org/events](http://birdsofvermont.org/events) or email [museum@birdsofvermont.org](mailto:museum@birdsofvermont.org).

**Kinglets (Winter Birds Series, Episode 3)**  
Wednesday, Feb. 5, 1:30 p.m.

Co-sponsored with the Richmond Seniors. Kinglets are tiny and yet survive the winter well. How do they do it? \$5 suggested donation.

**Journal and Sketch for Better ID (Winter Birds Series, Episode 4)**  
Wednesday, Feb 12, 1:30 p.m.

Co-sponsored with the Richmond Seniors. Learn how to use journaling and nature sketching to help you identify birds. When you spot a bird only briefly, what do you look for in the first second that will help you know what to look for in the next second? Also how to participate in the Great Backyard Bird Count and other citizen science projects. \$5 suggested donation.

**Carving Class: Belted Kingfisher**  
Saturday, Feb. 15, 9:30 a.m.-3:30 p.m.

Carve and paint in wood during this one-day carving class. Wood blank, paint, snacks and coffee provided. David Tuttle of the Green Mountain Wood Carvers leads the workshop. Our classes fill **very** quickly. The fee is \$40 (\$30 for members).

**Museum Open for Great Backyard Bird Count**  
Saturday Feb. 15, 10 a.m.-3 p.m.

Visit us to see what birds we're counting for this year's Great Backyard Bird Count! A perfect citizen science experience for beginners of all sorts. Discover more at [gbbc.birdcount.org](http://gbbc.birdcount.org). Regular admission (free for members).

**February Bird Monitoring Walk**  
Saturday, Feb. 29, 8 a.m.

All birders welcome on the monthly monitoring walk. Coffee and conversation afterwards. Please bring your own binoculars. Learn something new, share what you know or both! Free, donations are welcome.

# Outdoors

# Don't Let Winter Stop You From Being Out on the Trails



appropriate footwear for the occasion. On a cold winter day, a taller hiking boot would be sufficient if the snow isn't too deep. If the conditions have been wet and cold and there's potential of ice, a pair of crampons or Yaktrax are great to stretch over your hiking boot and give you the extra grip necessary to stay safe on the icy trails. If it's been snowing and the trails are covered, your hiking boots might not keep your feet dry and warm. If that's the case, a pair of Muck Boots or tall insulated boots have proven to be valuable. It is equally important to wear a pair of merino wool or synthetic material socks to keep your feet dry and warm inside the footwear of your choice.

**Stay hydrated and energized.** Activities in any season exert energy, it's important to eat a hearty meal before you hit the trails and start the day hydrated. Bring water to remain hydrated throughout the day. Packing a high protein snack can help prevent fatigue and come in handy if you end up out longer than intended. If you get cold easily, you can always bring a thermos with some tea or hot cocoa.

The winters can seem to be endless in Vermont. Enjoying the outdoor activities can improve your health, overall happiness and make the long Vermont winters go by a little more quickly. Plan ahead, communicate, be prepared and enjoy the Hinesburg Area Recreation Trails all year long!

# Ice Fishing Fundamentals

## How to Enjoy Yourself and Stay Safe on the Ice This Winter

VERMONT FISH & WILDLIFE  
PRESS RELEASE

As winter sets in, many Vermonters are preparing for one of the most popular cold weather pastimes in the state: ice fishing. Anglers spend over 400,000 days each winter ice fishing in Vermont, and the state's fish and wildlife department is encouraging more people to give this accessible pastime a try.

Department fisheries biologist Shawn Good says ice fishing is a fun, social, family-oriented activity, and that there are many great reasons for Vermonters new to the sport to try it this year.

"Ice fishing is generally more accessible than open water fishing," says Good. "Almost anyone can walk out on a frozen lake or pond and fish through the ice. And once you're out there, there's lots of room to spread out."

Ice fishing can be more sociable than open water fishing, with friends and family gathering on the ice for cookouts and winter fun, along with the fishing.

*continued on page 18*

# Calendar

## MONDAY, FEBRUARY 3

**4:30-5:30 p.m.** Lake Iroquois Recreation District Meeting. Williston Town Hall. Public invited.

**7:00-9:00 p.m.** Selectboard Meeting. Town Hall.

**7:30-8:30 p.m.** Vermont Astronomical Society Meeting. University of Vermont, Burlington.

## TUESDAY, FEBRUARY 4

**7:00-8:30 p.m.** Community Writers' Group. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg. Calling all local writers! All genres are welcome. Get your literary juices flowing with creative writing prompts; network with other local wordsmiths; and enjoy a fun, stimulating monthly workshop. Snacks will be provided. To submit a piece of writing for others to review and enjoy before the group meets, email LauraWisniewski at [bhy@beecherhill yoga.com](mailto:bhy@beecherhill yoga.com).

**7:00-9:00 p.m.** Energy Committee. 3rd floor conference room.

**7:00-8:30 p.m.** Recreation Commission Meeting. Main Room at Town Hall.

**7:30-9:30 p.m.** Development Review Board Meeting. Ground Level Conference Room, Town Hall.

## WEDNESDAY, FEBRUARY 5

**9:00 a.m.-12:00 p.m.** HFOF Play Group. Main Room at Town Hall.

**7:00-9:00 p.m.** Affordable Housing Committee. 3rd Floor, Town Office.

**7:00-8:30 p.m.** Fire and Rescue/Medical Training. Hinesburg Fire Department, 10340 VT-116, Hinesburg.

**7:00-9:00 p.m.** Hinesburg Land Trust Meeting. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg.

**7:00-10:00 p.m.** Selectboard Meeting. Ground Level Conference Room, Town.

## TUESDAY, FEBRUARY 11

**7:00-9:00 p.m.** Conservation Commission Meeting. 3rd Floor Conference Room, Town Hall.

## WEDNESDAY, FEBRUARY 12

**9:00 a.m.-12:00 p.m.** HFOF Play Group. Main Room at Town Hall.

**7:00-9:00 p.m.** Planning Commission Meeting. Ground Level Conference Room, Town Hall.

**7:30-8:30 p.m.** Fire and Rescue/Heavy Rescue Training. Hinesburg Fire Station.

## THURSDAY, FEBRUARY 13

Advertising and News deadline for The Hinesburg Record.

**6:30-8:30 p.m.** Lewis Creek Association Board Meeting. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg.

**7:00-9:00 p.m.** Town Forest Committee. Ground Level Conference Room, Hinesburg Town Hall.

## FRIDAY, FEBRUARY 14

Valentine's Day.

## MONDAY, FEBRUARY 17

**7:00-9:00 p.m.** Select Board Meeting. Town Hall.

## TUESDAY, FEBRUARY 18

**5:00-6:30 p.m.** CVSD School Board Meeting. CVU room 160.

**5:00-6:30 p.m.** Hinesburg Business and Professional Association Meeting. Papa Nick's, 10997 VT-116, Hinesburg. New members welcome!Contact HBPA President Laura Gurdak at 802-482-2877 or [hinesburghair@gmail.com](mailto:hinesburghair@gmail.com).

**7:30-9:30 p.m.** Development Review Board Meeting. Ground Level Conference Room, Town Hall.

## WEDNESDAY, FEBRUARY 19

**9:00 a.m.-12:00 p.m.** HFOF Play Group. Main Room at Town Hall.

**7:00-8:00 p.m.** Fire and Rescue/Business Meeting. Hinesburg Fire Station.

**7:00-10:00 p.m.** Selectboard Meeting. Ground Level Conference Room, Town.

**7:00-9:00 p.m.** Trails Committee. 3rd Floor Conference Room, Hinesburg Town Hall.

## SATURDAY, FEBRUARY 22

Washington's Birthday.

## WEDNESDAY, FEBRUARY 26

**9:00 a.m.-12:00 p.m.** HFOF Play Group. Main Room at Town Hall.

**7:00-8:00 p.m.** Carpenter-Carse Library Trustees Meeting. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg.

**7:00-8:30 p.m.** Fire and Rescue/Fire Training. Hinesburg Fire Station.

**7:00-9:00 p.m.** Planning Commission Meeting. Ground Level Conference Room, Town Hall.

## THURSDAY, FEBRUARY 27

Publication date for The Hinesburg Record.

**7:00-9:00 p.m.** Hinesburg Historical Society Meeting. Ground Floor Conference Room, Hinesburg Town Hall.

## MONDAY, MARCH 2

**4:30-5:30 p.m.** Lake Iroquois Recreation District Meeting. Williston Town Hall. Public invited.

**7:00-9:30 p.m.** Town Meeting.

**7:30-8:30 p.m.** Vermont Astronomical Society Meeting. University of Vermont, Burlington.

## TUESDAY, MARCH 3

**7am-7:00 p.m.** Super Tuesday Elections.

**7:00-8:30 p.m.** Community Writers' Group. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg. See Feb. 4 entry.

**7:00-9:00 p.m.** Energy Committee. 3rd floor conference room.

**7:00-8:30 p.m.** Recreation Commission Meeting. Main Room at Town Hall.

**7:30-9:30 p.m.** Development Review Board Meeting. Ground Level Conference Room, Town Hall.

## WEDNESDAY, MARCH 4

**9:00 a.m.-12:00 p.m.** HFOF Play Group. Main Room at Town Hall.

**7:00-9:00 p.m.** Affordable Housing Committee. 3rd Floor, Town Office.

**7:00-8:30 p.m.** Fire and Rescue/Medical Training. Hinesburg Fire Department, 10340 VT-116, Hinesburg.

**7:00-9:00 p.m.** Hinesburg Land Trust Meeting. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg.

**7:00-10:00 p.m.** Selectboard Meeting. Ground Level Conference Room, Town.

## SUNDAY, MARCH 8

Daylight Saving Time starts.

## TUESDAY, MARCH 10

**7:00-9:00 p.m.** Conservation Commission Meeting. 3rd Floor Conference Room, Town Hall.

## WEDNESDAY, MARCH 11

**9:00 a.m.-12:00 p.m.** HFOF Play Group. Main Room at Town Hall.

**7:00-9:00 p.m.** Planning Commission Meeting. Ground Level Conference Room, Town Hall.

**7:30-8:30 p.m.** Fire and Rescue/Heavy Rescue Training. Hinesburg Fire Station.



## ► Ice Fishing

*continued from page 17*

“For many, it’s not just about the fish. Kids love ice fishing because they can run around and slide on the ice or play in the snow. I’ve seen families with grills, food and hot drinks having a great time. They set their tip-ups, build snowmen, play football and even skate in between bouts of fishing.”

It’s inexpensive and simple to get started. Good says, “An auger used for cutting holes in the ice is the most expensive piece of equipment you’ll need. But you can get a four-inch or six-inch hand auger for under \$50 and share it with others, so not everyone needs one. Add a scoop for cleaning out the holes and an ice fishing rod and reel combo or a couple tip-ups with hooks, weights and bait and you’re set for a fun day on the ice.”

When you’ve had a successful outing, bringing home a meal of healthy, locally caught fresh fish is a delicious benefit.

“I think fish taste better in the winter,” says Good. “There’s something different about pulling a tasty perch, bluegill or bass from ice cold water. They tend to be firmer and have a milder taste than in the summer.”

Good says it is normal for new anglers to worry about venturing out on frozen water, but with a few basic precautions and common sense, ice fishing is safe.



*Ice fishing opportunities are close by, no matter where you are in Vermont. Ice fishing is a great way to enjoy the outdoors in winter, offering a fun, unique winter experience. VTF&W photo by Shawn Good.*

“A minimum of three to four inches of clear black ice is safe to walk on. If you’re unsure about ice thickness in your area, call your local bait and tackle shop. They’re always up on current conditions and can help you get started with gear and advice, too. You can also look for other people out fishing. Experienced anglers know how to read the ice, so if you’re unsure, go where others are or have been,” advised Good.

It is important to know that ice isn’t always uniform in thickness. Areas around pressure cracks or near stream or river inlets can be thinner and weaker than surrounding ice. Good advises anglers to carry a set of ice picks, head out with a partner, and let someone know where you will be fishing, your access point, and when you plan on returning home.

Good says dressing properly is key. “On a calm, sunny day, you’ll be surprised how comfortable you feel. Even with the thermometer showing single digits, the sun will warm you right up. Make sure you dress in layers and keep your head, hands and feet covered and dry, and you’ll be quite toasty,” said Good.

No matter where you live in Vermont, an ice fishing opportunity is close by. Ice fishing is a great way to enjoy the outdoors in winter, offering a fun, unique winter experience.

To learn more about ice fishing for beginners, visit Vermont Fish & Wildlife’s Ice Fishing Basics webpage at [tinyurl.com/VTFWice](http://tinyurl.com/VTFWice).

## Arts &amp; Leisure

## Exhibition Highlights Artful Ways We Celebrate Animal Companions

## “Creature Comfort, Animals in the House” Opens Feb. 1

FROM PRESS RELEASE

A new exhibition at the Shelburne Museum explores how our love of animals manifests itself in a myriad of ways in our domestic lives, including paintings and carvings, ceramics and rugs.

Ranging in date from the 18th century to the present day, the selected decorative art objects explore complex themes related to animal/human bonds, including domestication, emotional connections and ethical treatment. “Creature Comfort: Animals in the House” highlights the creative ways animal forms have been adapted to create a wide range of beautiful and functional household objects that celebrate our beloved companions.

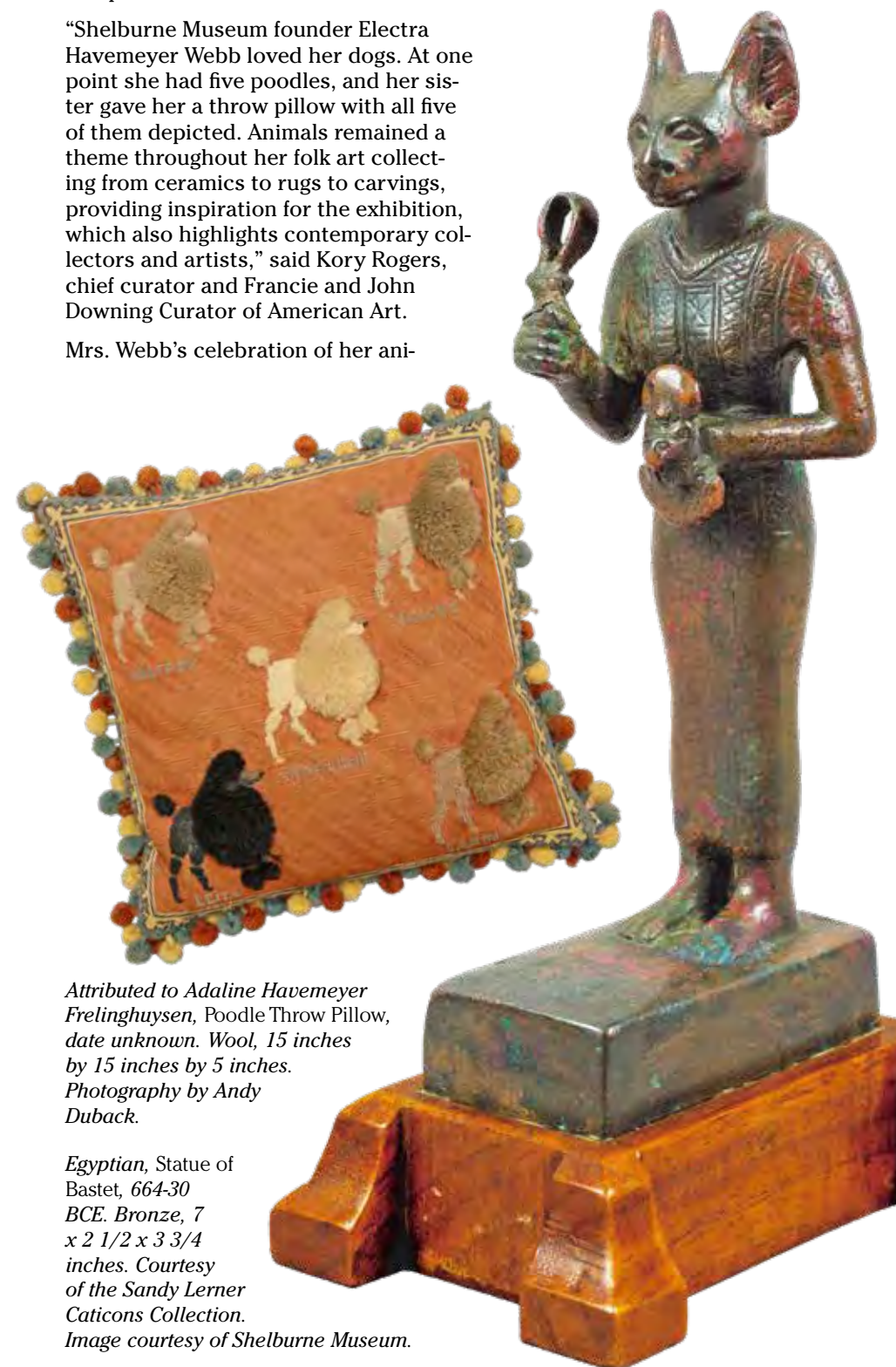
“Shelburne Museum founder Electra Havemeyer Webb loved her dogs. At one point she had five poodles, and her sister gave her a throw pillow with all five of them depicted. Animals remained a theme throughout her folk art collecting from ceramics to rugs to carvings, providing inspiration for the exhibition, which also highlights contemporary collectors and artists,” said Kory Rogers, chief curator and Francie and John Downing Curator of American Art.

Mrs. Webb’s celebration of her ani-

mal companions wasn’t limited to her time. In fact, pet ownership is a growing trend. According to a 2017-2018 National Pet Owners Survey conducted by the American Pet Products Association, 85 million families, or 65% of all households in the United States, include at least one animal companion. Experts expect these numbers to continue to grow in the coming years. The statistics worldwide track similarly, underlining our innate need for companionship, a hallmark trait specific to mammals.

The exhibition is organized thematically by animal species and displayed in settings designed to evoke domestic interior spaces. “Creature Comfort: Animals in the House” is on view in Colgate Gallery, Pizzagalli Center for Art and Education from Feb. 1 through Aug. 23.

For more information, please visit [shelburnemuseum.org](http://shelburnemuseum.org).



*Attributed to Adaline Havemeyer Frelinghuysen, Poodle Throw Pillow, date unknown. Wool, 15 inches by 15 inches by 5 inches. Photography by Andy Duback.*

*Egyptian, Statue of Bastet, 664-30 BCE. Bronze, 7 x 2 1/2 x 3 3/4 inches. Courtesy of the Sandy Lerner Caticons Collection. Image courtesy of Shelburne Museum.*

## Health &amp; Safety

## Making Those New Resolutions Come True

## Health Department Offers Resources and Supports to Help You Meet Your 2020 Goal

SFROM VERMONT DEPT OF HEALTH PRESS RELEASE

Across Vermont and around the world people turned the calendar to 2020 and set new and renewed goals for better health and wellness. The Vermont

Department of Health wants you to know there are an amazing number of supports and resources available at your fingertips to help you to succeed. From finding healthy weight programs

*continued on page 20*

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12					13				14				
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## STATEPOINT CROSSWORD

THEME: THE OSCARS

## ACROSS

1. Cracked open
5. Protrude
8. “Once Upon a Time... in Hollywood” supporting nominee
12. Eggnog time, traditionally
13. Pol request
14. Capital of Senegal
15. “Jo Van Fleet won for her role in “East of \_\_\_\_”
16. Augmented
17. Shoemaker without shoes, e.g.
18. Ones full of desire
20. VSCO girl’s shoes
21. New Zealand native
22. “The Nutcracker” step
23. Boiled bread product, pl.
26. Guarapo de jagua fruit
30. Edith Wharton’s “The \_\_\_\_ of Innocence”
31. “\_\_\_\_er \_\_\_\_”
34. \*1935 Best Picture nominee “A \_\_\_\_ of Two Cities”
35. Plant a.k.a. golden buttons
37. \*Dustin Hoffman was nominated for role in “\_\_\_\_ the Dog”
38. Does like Matryoshka
39. Narrative poem
40. Brunch drink
42. Gumshoe
43. 10-sided polygon
45. Qatar native
47. Greek R
48. “Friends” favorite spot?
50. Fodder holder
52. \*Oscar winner for “The Revenant” and 2020 nominee
55. Uses a paring knife
56. Twelfth month of Jewish civil year
57. Whirlpool
59. \*The first to refuse his award, for “Patton”
60. \*He was nominated for “Lost in Translation”
61. Sunburn aid
62. Negative contraction
63. Chi precursor
64. \*\*“The Marriage Story” nominee

## DOWN

1. Reply to a captain
2. \*RenEe Zellweger’s role
3. Away from wind
4. Dub again
5. \*Movie with most 2020 Oscar nominations
6. First cradles
7. \*Oscar-winners Gore, Fonda and Cameron did this talk, pl.
8. \*South Korean black comedy thriller
9. Image in an Orthodox church
10. Soaks in rays
11. The old college one
13. With numerous veins
14. Backless sofa
19. Campaign trail gathering
22. Coach’s talk
23. Diminished
24. Open-mouthed
25. Relating to a gene
26. Garbage in, garbage out
27. Primo, on Italian menu
28. What tailor shops do
29. \*He won an Oscar for role in a Scorsese movie
32. \*Oscar-winning writer Julius Epstein to Oscar-winning writer Philip Epstein
33. Ewe’s mate
36. \*She’s nominated in 2020... twice
38. Civil rights org.
40. Jersey call
41. Sudden increase in wind
44. \*Whoopi Goldberg scored an Oscar for this movie
46. \*\*Phantom \_\_\_\_,” 2018 nominee
48. Locomotive hair
49. Round openings
50. Cul de \_\_\_\_, pl.
51. \*Meryl Streep won for “\_\_\_\_ Lady”
52. Mortgage, e.g.
53. Not in action
54. Skunk’s defense
55. Tire measurement
58. Japanese capital

ANSWERS are on inside of back page

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dish



in your community, to getting a flu shot, to quit smoking help, here are a few of our top resources. Find them all at HealthVermont.gov.

Improve Your Health

A great place to start — MyHealthyVT.org

Whether it's a goal to lose weight, or finding help to manage your diabetes, chronic pain or other long-term health problems, local coordinators connect you with workshops near you. Vermonters who complete our workshops report big improvements in their health and overall well-being.

Healthy Eating — healthvermont.gov/mymoment/

By staying a healthy weight, you feel better and can reduce your risk of heart disease and stroke. A healthy weight can also help control other conditions such as high blood pressure, high blood cholesterol and diabetes.

Smoking, Tobacco and Vaping — 802Quits.org.

Increase your success in quitting tobacco or vaping with 802Quits. Get tips and tools — including nicotine replacement therapy — to help you find the path that works for you. Call 1-800-QUIT-NOW or visit 802Quits.org.

Alcohol and Drinking — healthvermont.gov/alcohol.

If you're concerned that you or someone you know may need help dealing with alcohol dependency, visit our website for information and treatment and recovery resources.

Try this quick online quiz to see if your drinking habits are safe, risky or harmful: AlcoholScreening.org.

Drugs and Substance Use — healthvermont.gov/FindTreatment.

We know how difficult it is to take the first steps to find treatment and help to succeed in recovery. That's why we open as many doors as possible. Whether for yourself or someone you know,

potentially lifesaving support and treatment is available — right now, near you.

Walk the Walk — safestreets.vermont.gov/WatchForMe.

It's hard to be active in the winter, but even short walks can make a difference. Check out these tips on staying safe while walking, and for watching for others when you drive.

Stay Healthy and Prevent Illness

You First — YouFirstVT.org.

Screening and personalized supports that connect eligible Vermonters to breast, cervical and heart screenings, diagnostic tests and heart healthy lifestyle programs. Members can get free memberships to WW (Weight Watchers), TOPS and local gyms, farmers market coupons, and more.

Get Vaccinated — healthvermont.gov/immunizations.

Vaccinations help protect people from the risk of disease, especially infants who are too young to be vaccinated. And now that it's flu season, you'll want that flu shot right away.

Ready to Be Steady — FallsFreeVermont.org.

Falls, especially among older Vermonters, can lead to chronic health problems and loss of independence. Resolve to improve your balance and prevent future falls with these free screening events and exercise classes.

Be Tick Smart — healthvermont.gov/BeTickSmart.

They'll be back before you know it, so be sure you know what to do to prevent tick-borne diseases.

Take Care of Your Family

Talk With Your Kids — ParentUpVT.org.

Parents are their kids' no. 1 influence as they navigate the challenges of drugs, alcohol and mental health. In fact, children whose parents tell them about the risks of drug use are significantly less likely to use drugs. But these are hard conversations. ParentUp offers tips and guidance for being the best influence possible.

Growing Families — healthvermont.gov/wic.

WIC gives you access to healthy foods, nutrition counseling and breastfeeding support. If you're pregnant, recently had a baby, or have a child under age 5, WIC is right for you.

Prescription Medication Disposal — healthvermont.gov/DoYourPart.

A lot of substance misuse and addiction starts at the family medicine cabinet. We make it easy for you to get rid of unused, unwanted and expired medications. See how to drop off unused medications at a local kiosk or mail it in a free prepaid envelope.

Healthy Homes — healthvermont.gov/HealthyAtHome.

See the simple steps to keeping your home, and everyone in it, healthy and safe. Get useful information about lead poisoning, radon, cleaning chemicals and more.

Drinking Water — healthvermont.gov/drinking-water.

It's important to regularly check your well water for contaminants, and to know how to keep your water safe to drink.

Be Prepared — healthvermont.gov/EmergencyPrep.

Be ready for the next power outage, flood or other emergency. Create an emergency plan for your family, put together a supply kit, and stay informed by signing up at vem.vermont.gov/vtalert to get text, email or phone alerts.

Make a Difference in the Health of Your Community

Help in an Emergency — OnCallforVT.org.

Visit OnCall for Vermont to learn about volunteering with a Medical Reserve Corps (no medical experience needed) or your local emergency medical service.

Climate and Your Health — healthvermont.gov/climate.

Everyone's health is affected by climate change, and certain people are more vulnerable than others. Taking action to minimize the impacts of climate change can improve the health of Vermonters today and in the future.

About the Vermont Department of Health: we have been the state's public health agency for more than 130 years, working every day to protect and promote the health of Vermonters. Visit healthvermont.gov, twitter.com/healthvermont, facebook.com/HealthVermont.

People

Higher Education Honors

Heidi Dessert of Hinesburg achieved dean's list honors during the fall semester of 2019 at Vermont Technical College. Heidi is in the Associate of Science in Nursing program at Vermont Tech. Dean's list honorees must achieve a minimum 3.5 GPA for the semester.

Mia Lewis of Hinesburg has been named to the Dean's List at Providence College for the Fall 2019 semester. To qualify for the Dean's List, students must achieve at least a 3.55 grade point average with a minimum of 12 credits.

Asher Pellett of Hinesburg has been named to the dean's list at Paul Smith's College for the fall 2019 semester. Pellett, majoring in culinary arts, earned a semester average of 3.3 or higher to receive this distinction.

Erica Rosner of Hinesburg was named to the Cedarville University dean's list for fall 2019. This recognition requires the student to obtain a 3.5 GPA or higher for the semester and carry a minimum of 12 credit hours.

Samantha Usher of Hinesburg graduated from Vermont Technical College in the fall of 2019, earning a Bachelor of Science in Nursing.

Phillip Vickers of Hinesburg has achieved president's list honors at Vermont Technical College, for the fall semester of the 2019-2020 academic year. To qualify for this highest academic honor, students must be enrolled in at least 12 letter-graded credit hours and maintain a 4.0 GPA for the semester.

Commentary

Eurasian Milfoil – An Annual or Perennial Problem for Lake Iroquois?

BY ROGER DONEGAN

The end of January might find us paging through seed catalogs or deciding what to plant in the garden in 2020. Invasive plants and weeds don't need any such stewardship. They simply take hold or pick up where they left off last season, as sunlight increases and temperatures rise. Eurasian water-milfoil, the invasive aquatic nuisance plant, has peaked in parts of Lake Iroquois, to one degree or another, in summer for decades now.

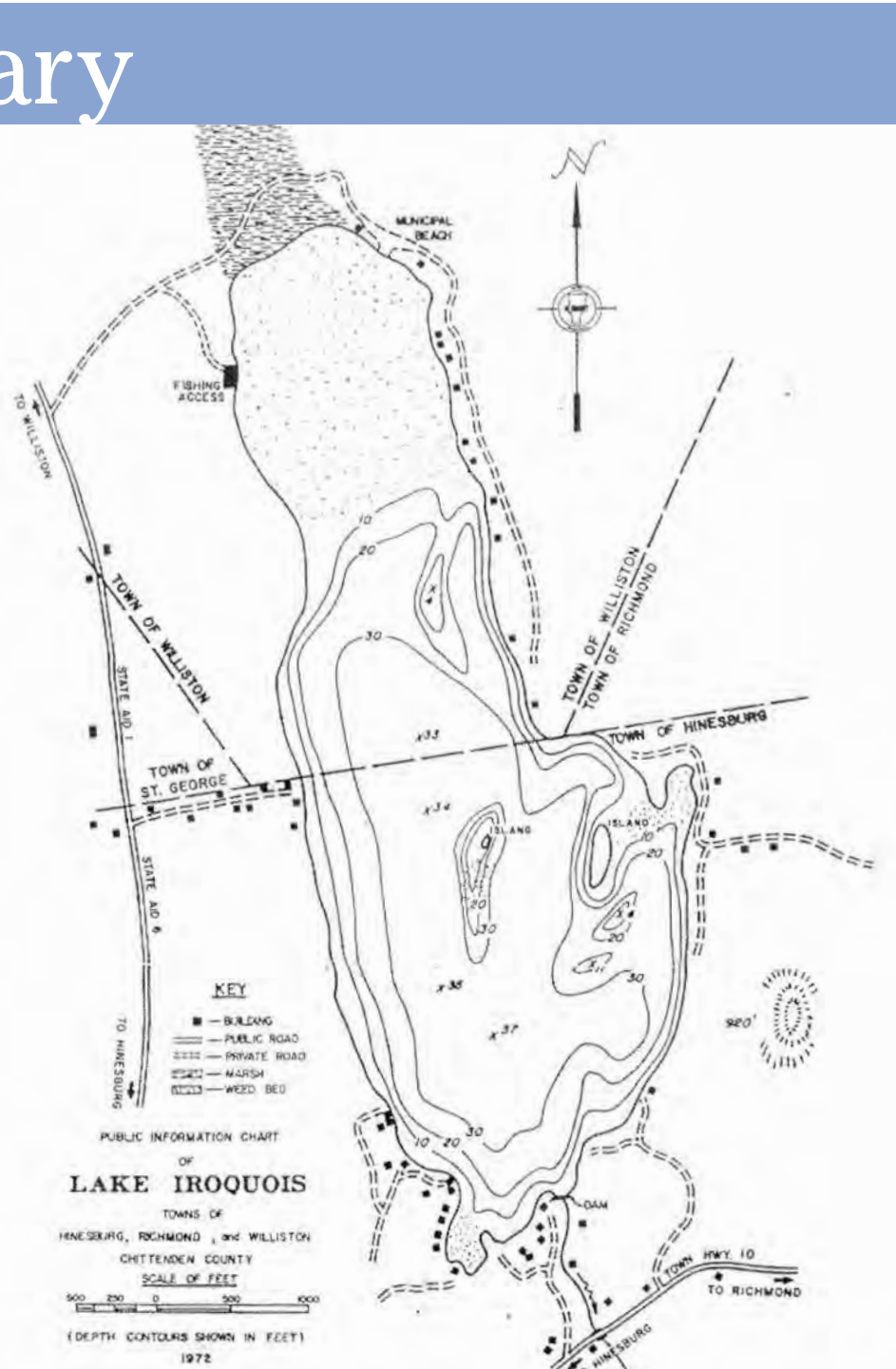
Two local weeklies renewed discussion on the EWM topic with articles last fall: "New Herbicide for Lake Iroquois" in The Williston Observer (Oct. 24, 2019) and "A Hinesburg Horror Story" in The Citizen (Nov. 19, 2019). Both articles flashed the same misleading 2016 file photos and announced the Lake Iroquois Association, and Williston, plan to push a new aquatic nuisance control permit application in 2020, but with a twist. In the 2016 application, the herbicide of choice was Sonar (fluridone). In 2020 the selected herbicide is ProcellaCOR (florpyrauxifen-benzyl).

The 2016 aerial reconnaissance-like photos and captions don't distinguish EWM from pond lily pads, areas of emergent arrowhead, or other entwined water weeds in the mixed mass, inferring the pictured scene as one huge EWM mess.

Displaying a short memory, neither article represented the timeline of the Sonar whole-lake herbicide application accurately. It's a matter of record that Williston submitted that application in the fall of 2016. At Town Meeting Day in 2017, Hinesburg residents voice voted on an appropriation to the three-town Lake Iroquois Recreation District without knowledge of the plan in a would-be permit. The state officially denied the Sonar permit Oct. 15, 2018. The unprecedented delay and denial were attributed to the high volume of verbal and written responses received during the state public comment period for the permit application. On Oct. 27, 2017, the Burlington Free Press ran the article, "Lake Iroquois Invasive Milfoil Slows as Officials Consider Herbicide Permit."

The experience touched off by the post-Town Meeting Day disclosure of the Sonar permit application left lasting impressions. Had the permit been granted, the five-year experiment with Sonar would still be in effect through 2021.

LIA's step up to a more professional aquatic plant survey contractor and record keeper, as an improved lake monitoring tool, is to their credit. However, there remains built-in short sightedness in practice, as the report of the latest plant survey doesn't present data beyond the previous survey which recently switched to a two-year instead of



1972 topographical (water depths) map of Lake Iroquois.

a three-year cycle. This is why we hear unsubstantiated raves of the latest herbicide treatment used in a litany of comparative lakes in-state but see nothing documenting long-term treatment histories, or the boom and bust growth cycle of EWM in those very same lakes.

Also, to the credit of the survey contractor, the October 2017 Vermont Department of Fish & Wildlife report incorporated the state's 1972 topographical (water depths) image of Lake Iroquois showing the aquatic plant weed beds to be exactly where these reestablish each summer.

This past October, UVM's online Center for Research on Vermont flagged the most recent DFW Lake Iroquois aquatic plant survey (September 2019 report) as showing a significant increase in EWM sample points but also noted a jump of in-lake plant species which is viewed as an indicator of good water quality. The Vermont Department of Health green-lighted ProcellaCOR use in the other lakes in 2019, but now specifically emphasizes mandatory near-time notification of applied herbicide for landowners, residents of the lake, and continuous "water mile" users downstream.

One won't find a consumer protection report on ProcellaCOR. It is certainly not a consumer product but rather a highly regulated, Environmental Protection Agency-registered aquatic

plant herbicide which comes with strict use requirements and a right-to-know safety data sheet. The detailed six-page product label for ProcellaCOR, unique for registered pesticides, includes three precautions worth mentioning in our local scenario. First, "Under certain conditions, treatment of aquatic weeds can result in oxygen depletion or loss due to decomposition of dead plants, which may cause fish suffocation." In other words, ProcellaCOR just might mean trading one lump of rotting lake plants for another plus a fish kill in the north end of the lake. Second, regarding the chance of EWM developing resistance to the new herbicide, "Do not use ProcellaCOR alone in the same area for more than two consecutive years." And thirdly, "Do not compost any plant material from treated area." Regarding the latter, I bet many still remember the yearlong debacle in 2012 caused by persistent herbicides that turned up in commercially marketed compost products sold in Vermont.

The ProcellaCOR Safety Data Sheet, in plain language under a section titled "persistence and degradability," says the material is expected to biodegrade very slowly in the environment. It's stability in water with neutral pH and at a temperature of 77 Fahrenheit is given a half-life of 111 days. Herbicide considerations aside, I salute all other activities that LIA manages to accomplish year in and year out.

Have an ad? 482-7227 or ads@hinesburgrecord.org.

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# Religion

## United Church of Hinesburg

**An Open, Welcoming, Affirming and Reconciling Church**

**Pastor:** Rev. Jared Hamilton

**Office Hours:** Monday to Thursday 8:30-11:30 a.m.

**Location:** 10580 Route 116

**Phone:** 482-3352

**Email:** unitedchurch@gmavt.net

**Address:** P.O. Box 39

**Website:** ucofh.org

**Sunday Worship Service:** 10:00 a.m.

**Choir practice:** 9:00 a.m. Sunday

**Sunday School:** Nursery and story time; Christian Education Kindergarten through 8th grade during academic p.m.

**Senior Meal Site:** Every Friday 11:00 a.m.- 1 p.m. (except first Friday) Osborne Parish House

**AA Gratitude Group:** every Monday 7:00 p.m., Osborne Parish House.



## Lighthouse Baptist Church

**Pastor:** Reverend Ed Hart

**Church Phone:** 482-2588

**Home Phone:** 482-2588

**Email:** lighthousevt@aim.com.

**Website:** LBCvt.homestead.com

**Location:** Hinesburg Village Center, 90 Mechanicsville Road

**Address:** P.O. Box 288

**Regular Services:** Sunday Morning Worship: 10:30 a.m., Nursery provided.

**Sunday Evening Service:** 6:00 p.m.

**Wednesday:** 7:00 p.m. Bible Study and Prayer Meeting; Nursery provided.

## Saint Jude the Apostle Catholic Church

**Pastor:** Reverend David Cray, SSE

**Pastor's Residence:** 425-2253, dgcray@gmail.com

**Mailing Address:** 2894 Spear Street/P. O. Box 158, Charlotte, VT 05445

**Hinesburg Rectory:** 482-2290, stjude@gmavt.net, P. O. Box 69, Hinesburg 05461, (10759 Route 116)

**Parish Secretary:** Marie Cookson, 434-4782, Rectory, 482-2290, marietcookson@aol.com

**Office Hours:** Mondays and Thursdays, 8:30 a.m. to 3:30 p.m..

**Parish Council Chair:** Allan Monniere 578-8572

**Finance Council Chair:** Doug Taff: 482-3066

**Buildings and Grounds Supervisor:** Buildings and Grounds Supervisor: Henry Moreno, 802-777-4169.

**Weekend Masses:** Saturday, 4:30 p.m.; Sunday: 9:30 a.m., St. Jude Church, Hinesburg

Sunday: 8:00 a.m. and 11:00 a.m., Our Lady of Mount Carmel Church, Charlotte

**Weekday Masses:** Monday and Friday, 8:00 a.m., St. Jude Church

Tuesday, Thursday: 5:15 p.m. Our Lady of Mount Carmel Church

**Sacrament of Baptism:** Call the Pastor for appointment

**Sacrament of Reconciliation:** Saturdays at 4:00 p.m. at St. Jude Church and by appointment.

**Sacrament of Marriage:** Contact the Pastor at least six months in advance

**Communion at Home:** Call Parish Office, 482-2290

**Confirmation Coordinators:** Dan & Roxanne Smith, 453-3522

**Religious Education Coordinator:** Marie Cookson, 434-4782

**Religious Education (CCD):** Monday evenings from 6:30 p.m.-7:30 p.m. for grades K-8. Registration is required.

**The 9<sup>th</sup> and 10<sup>th</sup> grades (Confirmation**



**Years) meet once a month.** This is a two-year program. Watch Sunday bulletins for dates and times.

Please call Marie at 482-2290 (Parish Office) or 434-4782 (home) for more information.

**Eucharistic Adoration:** Eucharistic Adoration is held the first Friday of each month following the 8:00 a.m. Mass at St. Jude.

**Food Shelf Weekend:** Every third Saturday and Sunday. Parishioners are asked to make an extra effort to bring non-perishable canned and dried food in weekly for the Hinesburg Food Shelf. Food Collection baskets are in the entry for your convenience.

**Senior Meals:** Will be served from noon to 2:00 p.m. on the second and fourth Tuesday of each month unless otherwise noted. Food will be prepared by Meals on Wheels. There will be cards, board games and door prizes. Cost is \$4.00 donation. Please call in advance so we have plenty of food on hand. For reservations call Ted Barrett at 453-3087 or Marie Cookson at 482-2290 (parish office) or 434-4782 (home). Caretakers are welcome. Hinesburg Rides will pick you up and bring you home at no charge. For more information, call the parish office at 482-2290.

## Community Alliance Church

**Pastor:** Scott Mansfield

**Phone:** 482-2132

**Email:** info@hinesburgcma.org

**Web:** hinesburgcma.org

**Address:** 190 Pond Road, Hinesburg (overlooking CVUHS soccer fields)

**Sunday Services:** 10:30 a.m. Children's programs, for nursery through elementary school ages.

**Middle School and High School Youth Group:** Meets from 5:00 p.m. to 7:00 p.m. on Sundays. This is a great time to meet new friends, hang out and talk real life.

**Weekday Life Groups:** Various times, days, and locations throughout the week.

For more information, please contact the church at 482-2132 or visit hinesburgcma.org.

Have an ad? 482-7227 or  
ads@hinesburgrecord.org.  
Have news? 482-2350 or  
news@hinesburgrecord.org.

## Williston Federated Church

United Church of Christ and United Methodist Church

**An Open and Affirming Reconciling Congregation**

**Address:** 44 North Williston Road, Williston VT 05495

**Phone:** 878-5792.

**Website:** steeple.org

**Minister:** Rev. Paul Eyer

**Activities:** Junior and Senior High Youth Groups; Men's Bible Study; Women's Book Group; Junior, Senior and Contemporary Music Choirs; Friendship Suppers; opportunities for mission and outreach in the community, country, and world.

**Service:** Sundays 9:30 a.m., Nursery/Child care provided; Sunday School during the service for pre-K through high school; Coffee/Fellowship after service in Fellowship Hall.

## Trinity Episcopal Church

**Address:** 5171 Shelburne Rd., Shelburne, VT 05482

**Church phone:** 985-2269

**Church email:** info@trinityshelburne.org

**Website:** trinityshelburne.org

**Worship service:** Sunday morning at 8:00 a.m.

**Worship service and Sunday School:** Sunday morning at 10:30 a.m.

**Space for Grace program:** Sunday mornings 9:15 a.m.

## All Souls Interfaith Gathering Non-Denominational Service

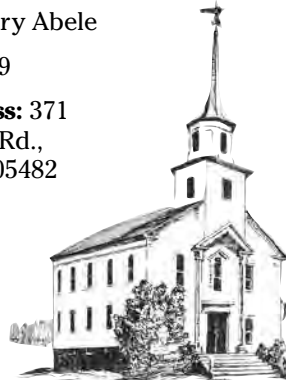
**Pastor:** Rev. Mary Abele

**Phone:** 985-3819

**Mailing Address:** 371 Bostwick Farm Rd., Shelburne, VT 05482

**Services:**

**Sunday 9:00 a.m.:** Morning Meditation & Prayer



### ► End-of-Life Doulas

**continued from page 24**

Most students drawn to end-of-life support had experiences similar to mine. They felt that the dying process could have been better for their loved ones. And they definitely wanted a better experience for themselves.

End-of-life doulas are trained to offer nonmedical emotional support and comfort to those who are dying, and demonstrate how to discuss death and the dying process candidly and transparently. We created our own legacy



Julie Ann Kaye and dog Gabe, of Hinesburg.

projects; finalized advance directives; explored funeral and memorial planning, bedside vigils and after-death support. We offer advocacy of wishes; scheduled visits as desired by the patient, family or caregiver; and continuity of care from diagnosis through initial bereavement. Doulas can complement palliative care and hospice services.

After graduating in May 2019, I decided to explore the viability of a doula cooperative in order to share the passion of this important work with other doulas and strategies to educate our friends, neighbors and the broader community about the role of end-of-life doulas.

Jessica Abbott, of Monkton, a trained birth and postpartum doula brought a decade of pregnancy loss support to the cooperative. Through the EOL doula course, hospice training and volunteer work, she now serves all stages of the life cycle. Ellen Roberts, of Stowe, brought hospice training, plus 15 years'

experience as an independent care provider for seniors to this role.

**The notion of working with a death doula, or death midwife as some call it, is still quite new.**

We are here to help people talk about and plan for their death in a way that acknowledges and carries out their final wishes. And the best and least stressful time to prepare for your death may be now. There is no need to wait for a terminal prognosis. The doula cooperative is hoping to continue the conversation by offering community presentations and workshops. It is our firm belief that the best reward for a good life is a good death.

Learn more about Death Doulas at EndOfLifeDoulasVT.com, and if you'd like to see the legacy project video that I created for my dad, visit endoflifedoulasvt/escape. Email me at julie@julieannkaye.com if you'd like more information.

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### ► Hinesburg Artist Series

**continued from page 1**

students. Tickets will be available for



Violinist Kimberly Durlinger.

purchase at Flynnntix, the Hinesburg Public House, Hinesburg Recreation Office and Blue Cottage.

For more information, go to hinesburgartistseries.org.

Crossword Answers														
AJAR	JUT	PITT												
YULE	VOTE	DAKAR												
EDEN	EKED	IRONY												
YEARNERS	VANS													
MAORI	PAS													
BAGELS	GENIPAP													
AGE	LETIP	TALE												
TANSY	WAG	NESTS												
EPIC	MIMOSA	TEC												
DECAGON	QATARI													
RHO	COUCH													
SILO	DICAPRIO													
PARES	ELUL	EDDY												
SCOTT	BILL	ALOE												
ISNT	TAI	DERN												

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# BACK STORIES of Hinesburg

## End-of-Life Doulas

### Providing Compassion and Companionship

BY JULIE ANN KAYE

A business card hastily handed to me at the last minute rested in my car's cup holder, hidden in plain sight. Maria, a new friend that I had just met at a Buddhist retreat in New York, had handed me her card as we were getting ready to leave. I glanced at it briefly, and noticed that she was an "End-of-Life Doula."

*I knew about birth doulas, but why would someone need a "death" doula?*

After returning home, I promptly forgot about the card and, as we all do, became absorbed with my day-to-day life in Hinesburg. Our family had moved to Vermont nearly four years ago. We originally settled in Burlington, and immediately realized that we wanted to live in a quieter, more rural community. A year later, we were fortunate to find a home in Hinesburg.

We enjoy this friendly, close-knit community, our wonderful neighbors, all the local merchants and close access to hiking trails. In life, routine settles in until there is some crisis. This time, for me, it was the umpteenth phone call from my stepmom. There was yet another health scare with my father who was battling chronic issues for years. Usually, I would visit and the crisis would pass. Every time we thought that this was the end, he would somehow manage to pull through. If you knew my dad, you'd think that cats weren't the only ones with nine lives. But this time, things felt different.

As soon as I arrived, I saw that my dad had gone downhill. He was in pain, had labored breathing and was filled with anxiety. He wanted to go to the emergency room. At this late stage, my dad was dealing with a full platter of serious

medical conditions. Even though death wasn't imminent, we were told: "There isn't much more we can do for your father."

I knew the drill. After being admitted, the doctors would poke and prod, conduct more tests and reach the same conclusion. Rather than another trip to the hospital, this time we decided to call a hospice. For any family dealing with a dying loved one, it's one of the most difficult decisions to make. All of us try to avoid the inevitability of death for either ourselves or our loved ones.

In retrospect, this would have been the perfect time to share an intimate conversation about how we could best prepare for his final weeks. But my dad always had trouble communicating on a



personal level. As an engineer with no spiritual beliefs, he had given us the impression that with his analytical view of life, he would approach death just as dispassionately and objectively. That was not to be.

This stressful time was hard on him, and it was hard on the family. I then remembered that business card left in my car. I still didn't know what an end-of-life doula was, but this was the time to find out. I called Maria and briefed her on my dad's physical and mental state. She suggested I first get my dad's approval before the visit. Initially he was reluctant about having a complete stranger come into his life in his final stage, but when I told him more about her background, he was intrigued enough to want to meet her.

That evening Maria came by. After two

subsequent visits, they had developed a close rapport. He went from being anxious and petrified to being much more relaxed. It was an incredible transformation.

Maria explained to us that fears from his traumatic childhood escape from Holland in 1942 during the war rendered him unable to express emotion or navigate the unknown, so facing death was extremely troubling for him. Maria lovingly helped my father express, understand and reduce his tremendous fear and unresolved issues about the process of dying, and to substitute fear with acceptance of this final phase of life. With her help, my dad became more at peace. She opened up his heart and, in the end, gave all of us closure. He died shortly thereafter in October 2017.

Fast forward to April 2018 at the Ethan Allen Residence in Burlington. I had recently finished my 200-hour yoga teacher training, and started teaching chair yoga to its memory care residents. Most

of my career was focused on marketing and web-site design and development, and I was looking for a new direction that reflected and supported my personal growth. For the past few years, I have been practicing meditation, studying Buddhism — and after becoming certified in

the Buteyko Breathing Method — was helping others, like myself, to better manage stress and learn how to relax.

An aide at Ethan Allen Residence happened to mention that she was taking UVM's online end-of-life doula certification program. After witnessing Maria's invaluable assistance to my dad and our family, I decided that helping others navigate death and dying would be very beneficial.

During the professional certification course, we learned that the Greek term "doula" means a woman who provides guidance and support to other women during birth and postpartum. Today, doulas can be of any gender and their role extends beyond birthing to include the final stage of life.

*continued on page 23*

## VOLUNTEER OPPORTUNITIES IN HINESBURG

### Make a Difference

Do you need volunteers for a Hinesburg event or non-profit organization? Send the information to [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org) and we'll publish it here. Use "volunteer need" as a subject line.

### Mentoring

Make a difference in the life of a child. Become a mentor at HCS. No tutoring involved, just being a buddy to a child who would benefit from adult friendship. And only one hour a week during the school year. Contact Ginny Roberts at [groberts@cssu.org](mailto:groberts@cssu.org) or 482-6271 for more information.

### Hinesburg Trails

Help maintain public trails. All skill levels from none (just enthusiasm) to experienced chainsaw operators, and trail designers are needed. For more information contact Lenore Budd at [buddfamily@gmavt.net](mailto:buddfamily@gmavt.net).

### Meals on Wheels

Help out local area residents who cannot easily get out of their homes. Become a Meals on Wheels driver. Routes take anywhere from an hour to an hour-and-a-half depending on the day. You need not commit to a weekly schedule. Call Jane Gage at 482-6096 for more information.

### Visit a Senior

Hinesburg seniors need your help. Some seniors live alone with limited social contact and would love to share their gift of gab with you. Just an hour of your time can make a big difference in the life of one of the seniors in our town. If you would be willing to help contact Bev at 800-642-5119 for more information.

### Town Committees

Frequently there are openings on town committees. Here are some of the recent ones.

- Affordable Housing Committee
- Agency Request Review Committee
- Conservation Commission
- Recreation Commission
- Revolving Loan Fund Committee
- Town Forest Committee
- Trails Committee
- Village Steering Committee

Check town web site [www.hinesburg.org/vacancies.html](http://www.hinesburg.org/vacancies.html) for the most current committee openings, descriptions and instructions on how to apply. For more information contact Renae Marshall 482-2281 x227 or [rmarshall@hinesburg.org](mailto:rmarshall@hinesburg.org).

### The Hinesburg Record

Help publish your community newspaper which is produced by volunteers who write, edit, and lay it out each month. The Record needs people to write and edit copy, take photos, and help with distribution and mailing. One-time or occasional submission of articles is more than welcome.

If you are interested contact us at [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org).

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