

# the HINESBURG Record

DECEMBER 2020

## Moving the World Forward: Descendant of Early Black Vermonter Talks Family History



Langley Proctor (left) attending the unveiling of the "Early Black Settlers" roadside marker in 2009. Photo courtesy of Langley Proctor.

BY TYLER LEDERER,  
COMMUNITY NEWS SERVICE

His father worked on Apollo 11 in Guam. His sister is a science educator and geologist. His great, great grandfather fought in the Civil War. And his great, great, great grandfather helped build one of the earliest Black communities in Vermont, on Lincoln Hill Road in Hinesburg.

Today, Edward Langley Proctor, III — better known as Langley Proctor — is in Australia, working with IT company Fujitsu to bring their products to market. Last Sunday, Monday morning his time, he spoke about his family history and his connection to Hinesburg's early Black pioneers.

### History, Science and Technology

"When someone has a background in history and is willing to put their

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## Hinesburger's Art Exhibit at Sheldon Museum

FROM PRESS RELEASE

There is currently an exhibit of art by Miriam Adams, "Drawing on the Past," at the Sheldon Museum in Middlebury, Vermont. This group of drawings in graphite and watercolor explore everyday domestic items in conversation with natural objects.

Miriam has lived and worked as an artist in Hinesburg since 1971. Her work has been widely exhibited in the Northeast, particularly in Vermont, New York City and Boston. The Sheldon exhibit is online at this time because of COVID-19, though they hope to be able to have it in person later this year. People can view the exhibit by going to Miriam's website

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"Nest." 11"x14"

*Hinesburg's  
independent,  
nonprofit  
community  
newspaper*

## INSIDE...

### Avenza App for Trails

Page 18: Hinesburg Trails Committee puts technology to work.

### Geprags Trail Map Town of Hinesburg



### Cookies in a Jar

Page 20: Give the gift of convenience — premeasured cookie mix that you pack into a jar.

### Service Directory & Calendar of Events

Page 16-17: At-a-glance view of community services and events.

## BACK STORIES

### of Hinesburg

### Early Settlers

Page 24: The Russells were the fifth family to settle Hinesburg.

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## Deadline for our next Issue: January 14, 2021

Send articles to: [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org). Or call us at 999-2410.

You may also use the drop box at the Giroux home at 327 Charlotte Road to drop off hard copy articles and photographs.

Contact us at [ads@hinesburgrecord.org](mailto:ads@hinesburgrecord.org) for ads or call us at 482-7227.

### Deadlines for 2021

Advertisement/News	Publication Date
January 14 .....	January 28
February 11 .....	February 25
March 11 .....	March 25
April 15 .....	April 29
May 13 .....	May 27
June 10 .....	June 24
August 12 .....	August 26
September 16 .....	September 30
October 14 .....	October 28
November 11 .....	November 26
January 13, 2022 .....	January 27, 2022

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# LETTERS

## Letter Policy

*The Hinesburg Record welcomes letters from local residents and from others who are involved in issues that effect our town. The opinions expressed in the Letters to the Editor are those of the writers.*

*All letters must be signed. Addresses and phone numbers must also be provided for verification purposes. Addresses and phone numbers will not be published.*

*Letters should be brief. We do not have precise guidelines for length but reserve the right to edit based on available space. To the extent possible, letters should focus on local issues. Other forums exist for discussions of statewide, national, and international issues.*

*With these cautions, please keep those letters rolling in. Send them via email to [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org), mail them to The Hinesburg Record, P.O. Box 304 or to 327 Charlotte Road, Hinesburg, VT 05461, or deliver them to the Record drop box on Charlotte Road.*

## Appreciation for Reelection

Dear Hinesburg neighbors,

I want to express my deep appreciation for reelecting me to continue serving Hinesburg and Vermont in the Vermont Legislature. As a state we are facing unprecedented challenges. Despite having to legislate “on Zoom,” I am confident that we will come together to serve Vermonters. I look forward to representing Hinesburg as we move forward together. Again, thank you.

*Bill Lippert*

# TOWN NEWS

## Town Clerk & Treasurer

BY MISSY ROSS

The general election went off without a hitch despite the early snow and COVID-19 precautions. The mailing of ballots to all active voters saved us as town clerks a huge amount of work and greatly increased voter participation. Vermont set records for turnout in terms of total numbers of people voting, and Hinesburg was no exception. We had 2,624 early ballots returned to us and only 487 people voting in person. This helped tremendously with exposure to the virus at the polls. Thank you to everyone for making it possible to have a safe and secure election by observing the safety protocols we had in place. Results can be seen on the town website. Thank you to all of the candidates who put themselves forward and gave voters a choice. Many of you endured the unseasonable cold and biting winds for the entire day.

## Town Meeting Day Updates

Town Meeting Day will be here before you know it. Candidates are not required to file a petition this year in order to run for office due to COVID-19 safety concerns. The selectboard is deliberating about procedures for Town Meeting Day as it seems unlikely that we will have the opportunity to gather in person. Stay tuned for further updates. One option is to vote all articles by Australian ballot for the 2021 town meeting. The state Legislature enacted a bill allowing so-called floor vote towns, or towns that vote their public questions at a meeting rather than by ballot, to change to an Australian ballot for 2021 without going through the nor-

mal process for doing so. This is a one-year exception to the normal guidelines in order to facilitate participation. We will be getting guidance from the secretary of state’s office in the next few weeks regarding voting protocols for town meeting.

## Dog Licenses Due Between Jan. 1 and April 1

The annual licensing requirements for all dogs begins in January. The fee is \$10 per dog and you are required to obtain a license annually on or before April 1. Thank you to everyone who licensed their dogs despite the ongoing limitations of the closure of Town Hall. We have all worked hard to continue to offer the best service we can while maintaining public safety. We need a copy of your dog’s current rabies certificate in order to license your pet. You can check with us to see if we have the current rabies on file, or simply bring a copy with you when you stop by to license your dog. I know some of you have just gotten the 2020 licenses in the last couple of months. It may seem strange to be doing it again so soon, but then you should be back on track.

Our offices are currently closed to the public. We have installed a window pass-through on the back porch which we plan to use for the winter months rather than the canopy which we have had up for the summer. Simply knock on the back window and we will help you with whatever you need! As always, feel free to contact us with questions or concerns. We are here during our regular office hours of Monday through Friday 8 a.m.to 4 p.m. You can call 802-482-2281, ext. 1 or email Missy at [mross@hinesburg.org](mailto:mross@hinesburg.org) or Heather at [hroberts@hinesburg.org](mailto:hroberts@hinesburg.org).

## Hinesburg Votes “Yes” on Wastewater Treatment Facility Bond

BY ERIN GALLAGHER, COMMUNITY NEWS SERVICE

On Tuesday, Nov. 3, the town of Hinesburg voted to take out a \$11,700,000 bond to build a new wastewater treatment facility.

1,810 Hinesburg residents voted in favor of the bond, and 985 voted against it.

Selectboard member Merrily Lovell said, “I’m relieved by the wastewater vote. It’s a lot of money that has to be paid, but it was necessary.”

Though the amount on the ballot was \$11.7 million, subsidies and grants have been found to cover about half the cost, according to the flyer the town circulated earlier this month. The cost with this financial assistance is \$5,461,000, without interest.

“No payments will have to be made till 2025. So, we’ll have time to hopefully find other ways to bring down the cost,” Lovell said in an interview on Oct. 9. Once the payments begin, the average town sewer user will be billed an additional \$360 a year, or \$30 a month, according to the flyer.

Erik Bailey, the superintendent of the Hinesburg water works, said in an email on Oct. 13. that there are around 450 sewer accounts, a small percentage of the town’s 4,500-person population. Those not on the town sewer system will not be affected.

Because the plant is on wetlands, drainage has to occur before construction begins. “Tiles are put in the ground in a very careful, very systematic way for about a year. And that drains the ground so that it’s strong enough to hold this,” said Lovell. She said that this process will start either shortly or in the spring.

An Aldrich and Elliott presentation given on Oct. 28 provides a detailed description of the planned project, funding, and impact on sewer customers, and is available on the town website.

The wastewater treatment facility upgrade is necessary because the total maximum daily load for phosphorus in Lake Champlain was recently significantly reduced. According to the Aldrich and Elliott presentation, a new discharge permit with these lower levels was issued effective March 1, 2018.

The WWTF also needs to reduce ammonia levels, though this is a Vermont Department of Environmental Conservation requirement, not an Environmental Protection Agency one, wrote Bailey.



*The LaPlatte River in Hinesburg. Photo by Erin Gallagher.*

Bailey wrote that the flow capacity in the new plant will be larger, to accommodate future town growth. The Aldrich and Elliott presentation states that “As new sewer customers are connected from new development, it is expected that this projected increase [in cost] will decrease.”

A 2016 EPA report regarding phosphorus in Lake Champlain stated, “Wastewater treatment plants generate a very small percentage of the overall Vermont phosphorus load to the lake (currently about 3%) but they constitute a significantly higher percentage of the load to some lake segments, such as St. Albans Bay, particularly when the permitted load at the design capacity of a plant is considered.”

Despite wastewater’s small amount of overall contribution to the total phosphorus load, “It’s where the state has leverage over the towns. And it’s very easy. I mean, it’s much easier to create legislation and rules that can point to direct discharge,” said Andrea Morgante, former selectboard member and a volunteer with the Lewis Creek Association, in an interview on Oct. 8.

The old lagoon wastewater treatment system is set to be replaced by a “Sequential Batch Reactor (SBR) system,” wrote Bailey.

The upgrade, “should put Hinesburg in good stead for the next 50 years. Or maybe more. But this should be a really good system and it will help the environment. It’ll help the lake, it will reduce the phosphorus going in,” Lovell said on Oct. 9.

## How Hinesburg Candidates Fared

BY ADRIANNA MAHER, COMMUNITY NEWS SERVICE

## Hinesburg Farmer Loses to Phil Scott

In Hinesburg on the day before the election, you may have seen a red

*continued on page 4*

# GOVERNMENT CONTACTS

## US Senators

**Patrick Leahy**  
(802) 863-2525, [leahy.senate.gov](mailto:leahy.senate.gov)

**Bernie Sanders**  
(802) 862-0697, [sanders.senate.gov](mailto:sanders.senate.gov)

## US Congressman

**Peter Welch, D**  
(802) 652-2450, [welch.house.gov](mailto:welch.house.gov)

## VT Senate

Chittenden District  
**Philip Baruth, P/D** – Burlington  
(802) 503-5266, [pbaruth@leg.state.vt.us](mailto:pbaruth@leg.state.vt.us)

**Virginia “Ginny” Lyons, D** – Williston  
(802) 863-6129, [vlyons@leg.state.vt.us](mailto:vlyons@leg.state.vt.us)

**Christopher A. Pearson, P/D** – Burlington.  
(802) 860-3933, [CPearson@leg.state.vt.us](mailto:CPearson@leg.state.vt.us)

**Michael Sirotkin, D** – South Burlington  
(802) 999-4360, [msirotkin@leg.state.vt.us](mailto:msirotkin@leg.state.vt.us)

**Kesha Ram, D** – Burlington (Senator-elect).  
(802) 324-5608, [kesha@kesharam.com](mailto:kesha@kesharam.com)

**Thomas Chittenden, D** – South Burlington (Senator-elect).  
(802) 233-1913, [thomas@thomaschittenden.com](mailto:thomas@thomaschittenden.com)

## Vermont House

**Bill Lippert, D**–Hinesburg  
482-3528, [wlippert@leg.state.vt.us](mailto:wlippert@leg.state.vt.us)

**Mike Yantachka, D**–Charlotte/Hinesburg  
425-3960, [myantachka@leg.state.vt.us](mailto:myantachka@leg.state.vt.us)

## Hinesburg Selectboard

**Philip Pouech**, chair  
482-2060, [ppouech@hinesburg.org](mailto:ppouech@hinesburg.org)

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482-5665, [mlovell@hinesburg.org](mailto:mlovell@hinesburg.org)

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551-9091, [jfrench@hinesburg.org](mailto:jfrench@hinesburg.org)

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**Maggie Gordon**  
482-4216, [mgordon@hinesburg.org](mailto:mgordon@hinesburg.org)

## CVSD School Board

**Ray Mainer**, Director, 482-3134

**Colleen MacKinnon**, Vice Chair,  
482-3266

### TOWN HALL INFORMATION

**HINESBURG.ORG**

**Town Clerk Office:** Mon.–Fri. 8:00 a.m. –4:00 p.m. Missy Ross, Clerk/Treasurer, [mross@hinesburg.org](mailto:mross@hinesburg.org) 482-2281 ext. 223.

**Town Administrator Office:** Mon.–Fri. 8:00 a.m.–4:00 p.m. Renae Marshall, Town Administrator, [marshall@hinesburg.org](mailto:marshall@hinesburg.org) 482-2281 ext. 222.

**Town Planner Office:** Mon.–Fri. 9:00 a.m. –4:00 p.m. Alex Weinhausen, Planner, [aweinhausen@hinesburg.org](mailto:aweinhausen@hinesburg.org), 482-2281 ext. 225.

**Zoning Administrator Office:** Mon.–Fri. 9:00 a.m.–4:00 p.m. Suzanne Mantegna, Administrator, [smantegna@hinesburg.org](mailto:smantegna@hinesburg.org), 482-2281 ext. 232.

**Assessor's Office Hours:** Mon. 8:30 a.m. –11:30 a.m., other hours by appointment. Lisa Truchon, VMPPA – NEMRC/Assessor, [assessor@hinesburg.org](mailto:assessor@hinesburg.org), 482-2281 ext. 228.

**Hinesburg Recreation Office:** Mon.–Thurs. 8:30 a.m. –4:00 p.m. Jennifer McCuin, Recreation Coordinator, [hinesburgrec@gmail.com](mailto:hinesburgrec@gmail.com), 482-2281 ext. 230.

### OTHER INFORMATION

**Recycling & Trash Drop-Off Centers:** Williston, Redmond Road; Mon.–Sat. 8:00 a.m.–3:30 p.m.; 872-8111. South Burlington: Landfill Road (off Patchen Road), Mon., Tues., Thurs., & Sat. 8:00 a.m.–3:30 p.m., Fri. 9:30 a.m.–5:00 p.m., 872-8111. **CSWD.NET.**

**Environmental Depot:** 1011 Airport Parkway, South Burlington. Weds., Thurs., Fri. 8:00 a.m.–2:00 p.m.; Sat. 8:00 a.m.–3:30 p.m. 863-0480.

**Hinesburg Community Resource Center:** 51 Ballards Corner Road. Rachel Kring, Executive Director, [kring@hinesburgresource.org](mailto:kring@hinesburgresource.org), 482-4946. Alex Koncewicz is the contact for **Friends of Families**, and she can be reached at the same number or at [koncewicz@hinesburgresource.org](mailto:koncewicz@hinesburgresource.org). Hours for **Hinesburg Food Shelf** are Fri. 10:00 a.m. –12:00 noon. Tues. 5:30-7:30 p.m. **HINESBURGRESOURCE.ORG**

**United States Post Office Hours:** Window: Mon.–Fri. 8:00 a.m.–4:30 p.m., Sat. 8:00 a.m.–12:00 noon. Lobby & TriVendor: Mon.–Fri. 6:00 a.m.–6:00 p.m. 482-2292.

**Hinesburg Community School:** 10888 Route 116, 482-2106, **CVSDVT.ORG/DOMAIN/9** for cafeteria menu, staff directory, department and team info, calendar, etc.

**Champlain Valley Union High School:** 369 CVU Road, 482-7100, **VSDVT.ORG/CVUHS** for calendar, cafe, staff directory, student portal, etc.

**Carpenter-Carse Library:** 69 Ballards Corner, 482-2878, **CARPENTERCARSE.ORG** for library hours, services, and online resources.

**Hinesburg Business & Professional Association:** business directory, membership, news and events. **HBPAAVT.COM**

**Connecting Youth:** Chittenden South community-based organization dedicated to creating a safe and healthy environment for young people. **SEEWY.INFO**





# LEGISLATIVE

## (Hopeful) Reflections on 2020

BY HINESBURG REPRESENTATIVE  
BILL LIPPERT

By the time you are reading this, Thanksgiving Day 2020 will have passed by. And another issue of The Hinesburg Record will not go to print until late January, 2021.

Let me offer some reflections on 2020 as we move through the remainder of 2020 and into the new year.

### COVID-19 Continues to Dominate 2020

#### ► Town News

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tractor pull up to a ballot drop-off box. That was David Zuckerman, riding in from his farm.

“You know I’ve often driven the tractor in parades and as a farmer, it’s been a large part of my identity, and we just thought it would be sort of a fun thing to do that’s different,” Zuckerman said.

The lieutenant governor and former state senator was never able to make much traction in the campaign against Republican Phil Scott, who defeated Zuckerman handily in the race as he led the state’s response to the pandemic.

What’s next for David Zuckerman?

“I have been farming for a very long time now, about 25 years” Zuckerman said. “My spouse and I have an organic farm and would likely go back to prepare for the next growing season and having some time with my family.”

Either way, Zuckerman says he will not disappear, “I will always stay active on these issues as well, I think it’s in my blood at this point.”

### Voters Returned Hinesburg Democrat Bill Lippert to the State House

“I look forward to returning to the state House to work with my colleagues,” Lippert said. “In such a divided atmosphere nationally, I am glad that we can set a different tone in Vermont.”

Lippert, who chairs the House Health Care Committee is looking forward to working with his vice-chair, a Republican, as an indication of how Vermonters transcend party lines.

“There are many issues that we both

We are in the midst of a worsening COVID-19 pandemic crisis in Vermont and throughout our nation. Despite our thoughtful, steady state leadership and our collective, responsible actions as Vermonters, we are now experiencing a sudden return to community virus spread and subsequent increasing hospitalizations.

Even as the holidays approach, and our desires turn to gathering with family to celebrate, we are being directed to stay safe by eliminating “interfamily gatherings” and encouraged not to travel or create large family gatherings during the holidays. We are forbidden to gather in groups of more than 10 people. We yearn for increased personal contact with family and friends, for the hugs and warm, maskless greetings that we took so

for granted.

And, as the daylight hours wane, and the loss of daylight savings shortens our afternoon daylight hours, November looms with its gray skies and the approach of cold, long, winter hours indoors.

Nevertheless, I see some signs of hopefulness amid these difficult and challenging times. Let me share a few brief reflections to help get us through 2020 and into the new year.

### Zoom Family Visits

One unexpected side effect of the COVID-19 crisis has been the creation of “Zoom family visits” with family members spread around the country. In our family, that means visiting by Zoom every Sunday with extended Lippert family in Pennsylvania, Maine and Minnesota, with occasional face-time with folks in Virginia. Even more amazingly, the Peredo side of our family “Zoom connects” simultane-

ously with relatives on Guam, Saipan, New Mexico, Texas and Michigan. We actually are “seeing” more of our families now than infrequent travel and trips previously allowed. Watching my great nephew in Minnesota transform on Zoom from crawling, to his first exciting steps, to running around exploring his world has been an unexpected gift.

sign artist, has been undecided all election, as neither candidates seemed encouraging to him.

“Just the last couple of days, I’ve kind of come to a conclusion of what I want to do,” he said. “So, even though I have the mail-in ballot, I just never used it.”

Megan Ashley, 24, a full-time eBay lister, was there to take in the experience.

“My personal thinking was that I’m a healthy, able-bodied person so I felt I had the opportunity to vote in person,” Ashley said.

As a Democrat concerned about climate change and police brutality, she plans to vote for Joe Biden. She’ll also vote for Phil Scott due to his handling of the COVID-19 pandemic.

## Hinesburg 2020 Election Vote Breakdown

BY LINA YUDIN, COMMUNITY NEWS SERVICE

More voters voted in 2020 than in any previous Hinesburg Election, with three-quarters of the town’s registered voters casting a ballot. About 3,146 voted, according to unofficial results from Town Clerk Missy Ross. And about 71.6% of those (2,238) voted by mail.

In comparison about 2,706 voted in 2016, a rate of about 68% of registered voters. And mail-in ballots were a much smaller fraction of the total.

Hinesburgers voted overwhelmingly for Joe Biden for President, (72%) topping Donald Trump (24%) by almost 50 points.

But when it came to governor, town voters turned to Republican Phil Scott, giving him 64% of the votes.

ously with relatives on Guam, Saipan, New Mexico, Texas and Michigan. We actually are “seeing” more of our families now than infrequent travel and trips previously allowed. Watching my great nephew in Minnesota transform on Zoom from crawling, to his first exciting steps, to running around exploring his world has been an unexpected gift.

### Shopping With Masks in Hinesburg

On our family Zoom calls, I hear occasional stories of shopping visits in stores in other states where some customers are refusing to wear masks, challenging the right of store owners to protect their employees and their other customers.

In Hinesburg, I appreciate the clear expectations at Lantman’s of “No Mask; No Service” and how they provide masks and sanitizer upon entering. I appreciate shopping the aisles

Meanwhile, Hinesburg farmer and Lt. Gov. David Zuckerman received 31% of the votes.

Voters also followed state trends by selecting Molly Gray (1,687 votes) for lieutenant governor over Scott Milne (1,178). State Rep. Bill Lippert won handily with 1,974 votes to challenger Sarah Toscano’s 963 votes.

#### Presidential Race

Biden/Harris (D)	2,254	(72%)
Trump/Pence (R)	749	(24%)

#### Gubernatorial Race

Scott (R)	2,016	(64%)
Zuckerman (Prog/D)	989	(31%)

#### State Representative

Lippert (D)	1,974	
Toscano (R)	963	

#### Wastewater Bond

Yes	1,810	(65%)
No	985	(35%)

#### Town Ambulance Service

Yes	1,911	(65%)
No	1,040	(35%)



Hinesburg Representative Bill Lippert at Town Hall on Election Day. Photo by Tyler Lederer.

of Lantman’s and Aubuchon’s where customers are appropriately masked, and sanitizing as they enter or leave the stores. Each of us doing our part, individually and collectively, protecting ourselves and our community.

### Governor’s Institutes of Vermont

Tonight I had the pleasure of visiting — by Zoom, of course — with several dozen Vermont 14-18 year old students participating in the 2020 Governor’s Institutes of Vermont Leadership Program. I was invited to share thoughts and stories of my experiences with providing leadership throughout different parts of my personal, professional and legislative lives, and offer tips for taking up leadership in their lives.

I came away from tonight’s Zoom “Leadership Fireside Chat” invigorated and hopeful about our youth leaders of today, and knowing that among them are likely some of our future Vermont adult leaders as well. They listened attentively and asked questions thoughtfully, demonstrating a desire to understand and know how to address important issues confronting them in their personal and school lives, and issues affecting our state.

### Legislative Joint Fiscal Committee & Scott Administration — CRF Reallocation of \$114 Million

Last week the Legislative Joint Fiscal Committee, on which I serve, reached an agreement with the Scott Administration to reallocate over \$81 million in federal coronavirus relief dollars, no longer immediately required for strengthening our

hardest hit health care providers. (Fortunately, they had received unexpected additional federal assistance from other sources.)

We targeted \$81 million to those accommodations and food service businesses most hard hit by our state’s past and current requirements for these businesses to close, or cut way back, while still providing additional dollars totaling \$150 million to support Vermont businesses generally. We know that this assistance is critical, but not sufficient, and remain hopeful that additional federal assistance will be forthcoming from Washington, D.C.

The JFC also enhanced hazard pay for Vermonters who had to work during the height of the pandemic, and crafted a \$6 million response to assist the lowest income Vermonters with additional food and health supply assistance due to their low wages or ongoing disabilities.

Unlike our politically split government in DC, Vermont’s reelected Democratic Legislature and our re-

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**Set your sights on a healthier you.**

An easy drive from Hinesburg, we offer a variety of fitness opportunities. From personal training to classes such as Yoga, Strength Training, Interval Mashups, and Spin. Work out in our air-exchanged and air-purified gym, or via Zoom. Members can also rent Spin Bikes (limited supply) with delivery. We'd love to welcome you to our extended community at BFit. [www.bfitvt.com](http://www.bfitvt.com)

**BFIT**  
BRISTOL FITNESS bfitvt.com



## ▶ Legislative

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ected Republican governor and administration acted together, responsibly, finding agreements and compromises that allowed all of us to move forward on behalf of Vermonters.

## Legislating on Zoom & YouTube Once Again in 2020

When the new Vermont Legislature convenes again in January 2021, it is unclear where we will be sworn in. Contingency plans include the possibility of a “safely distanced” swearing in ceremony in the Barre Auditorium. What is clear, however, is that we will not be reconvening in the Statehouse, where social distancing cannot safely be accomplished for the protection of 180 legislators, legislative staff, the press and the public.

But the Legislature will reconvene and continue with our constitutionally required business on behalf of Vermonters. We have demonstrated incredible tripartisan agreement on how to move ahead together. We will again be debating and legislating on

Zoom, securely voting through an EverBridge application, and holding remote, Zoom legislative committee meetings — now with everything being both broadcast live and archived on YouTube video. Ironically, amid this COVID-19 pandemic the broader Vermont public actually now has greater access to legislative proceedings than at any other time.

## Transitioning From 2020 Into 2021

2020 has been filled with unprecedented challenges, and tremendous difficulties. For some families, there have been great losses and tragedies from the COVID-19 pandemic. And, as we shortly enter into 2021, new and continuing challenges will remain. Amid all of this, I encourage all of us to also notice the signs of our communities and our state working together, with collective strength, determined to move forward on behalf of all of us.

I look forward to hearing from you. Feel free to be in touch between now and the legislative session: Rep. Bill Lippert, at 802-734-0593, or at [wlippert@leg.state.vt.us](mailto:wlippert@leg.state.vt.us).

## Welch Urges House Leadership to Extend CARES Act Funds

FROM WELCH PRESS RELEASE

Rep. Peter Welch on Friday, Nov. 13 sent a letter to House Speaker Nancy Pelosi (D-Calif.) and House Minority

Leader Kevin McCarthy (R-Calif.) urging them to immediately extend the deadline for state and local governments to use funds appropriated by the CARES Act. Currently, the state and local relief funds from the CARES Act must be used, or forfeited, by Dec. 30, making it impossible to complete long-term recovery projects. In the letter, Welch encouraged leadership to consider a new deadline of Dec. 31, 2021 as an immediate step Congress could take to provide critical relief to state and local governments.

“When the CARES Act became law on March 27th, 2020, we had hope that by the end of this year the worst of the pandemic would be behind us,” said Welch in the letter. “It isn’t, unfortunately. And the needs we addressed in the CARES Act continue. By extending the date for use of the authorized funds, all states will have more flexibility and time to use them to meet the impacts of COVID-19. It would be extremely helpful to Vermont, where our Republican governor and Democratic Legislature are working together to use those funds to help Vermonters through this crisis.”

In the letter, Welch notes that failing to extend the deadline to use these funds will halt broadband connectivity for more than 1,000 homes across Vermont, force the Vermont State College System to pay for \$500,000 worth of testing equipment out of its own pocket and jeopardize safe housing this winter for those who may be homeless.

In addition to these specific programs, Rep. Welch has heard of many more areas that will benefit from extending the CARES Act deadline during more than 100 calls with Vermont organizations and stakeholders across the state since the start of the pandemic.

## CSWD

## Learn to Compost With Worms in Webinar

Saturday, Dec. 5, 10 a.m.

Learn to harness the power of amazing earthworms to turn your food scraps into plant food. A perfect compost option for apartment dwellers!

Worm composting bins are one way for households to keep food scraps out of the landfill, take action to reduce climate change, increase soil health and follow Vermont’s Universal Recycling Law (Act 148). Worm bins turn kitchen food scraps into compost that can be used to nourish gardens, lawns and houseplants.

Register in advance at [cswd.net/webinars](https://cswd.net/webinars).

## Steady at the Helm

BY MICHELE MORRIS, CSWD DIRECTOR OF OUTREACH & COMMUNICATIONS

Here at the Chittenden Solid Waste District, we geek out on recycling. As municipal solid waste managers, it’s literally our job to be the local experts on how our community can first reduce, then reuse, and then finally manage all the stuff we buy, use and toss out in the most environmentally and economically responsible manner.

We’ve steered through all kinds of waters in our 33 years fulfilling that mission: smooth, choppy and even downright stormy. Through recessions, global market contractions and

now a worldwide pandemic! It’s amazing that recycling continues to happen at all.

But happen it does, and we’d like to take this opportunity to recognize that in this unprecedented time, when so many recycling programs are struggling, we remain steady at the helm. In large part that’s thanks to you, the passionate, dedicated Vermonters who make the effort to understand and care about what you buy and how all that stuff should be recycled and responsibly managed at the end of its life.

Together, here’s some of what we’ve kept out of Vermont’s landfills since 1993 (Now down to just ONE landfill in Coventry, owned by Casella Waste, serving our state):

- More than 800,000 tons of everyday household blue-bin recyclables.
- That’s the weight equivalent of more than 1 million dairy cows!
- Roughly 45,000 tons of blue-bin recyclables every year
- Nearly 6,000 tons of hazardous waste
- Approaching 100,000 tons of food waste, leaves and yard debris we’ve turned into Green Mountain Compost soil amendments

Together, we can do even better. Our staff, supported by our dedicated board of commissioners, is constantly looking for ways to improve and evolve our programs and processes to fulfill our mission.

We’re excited about our work on product stewardship for single-use packaging, improvements underway at our Organics Diversion Facility (where Green Mountain Compost is made), and planning for the materials recovery facility of the future, better equipped to sort and process the explosion of packaging that didn’t exist when our MRF was built, so even more tons of products and packaging can be recycled.

So, as we all struggle to keep our ships afloat and on course, we tip our caps to everyone we serve. We applaud our community’s efforts and invite everyone to find out more about what we do, and how you can help, by attending one of our amazing webinars and checking out these pages at [cswd.net](https://cswd.net):

For all kinds of waste reduction and reuse options, visit [cswd.net/reduce-and-reuse](https://cswd.net/reduce-and-reuse).

For blue-bin and special recycling guidelines, see [cswd.net/recycling](https://cswd.net/recycling).

To learn how to reduce food waste and manage your scraps see [cswd.net/scrapfoodwaste](https://cswd.net/scrapfoodwaste).

For information on reducing and managing hazardous waste, visit [cswd.net/hazardous-waste](https://cswd.net/hazardous-waste).

## POLICE

## Incidents

**Oct. 13** — 8:25 a.m. An animal complaint involving loose dogs was investigated on Boutin Road.

3:45 p.m. A theft from a business on Route 116 was reported and investigated.

**Oct. 14** — 7:48 p.m. Officers investigated suspicious activity at the Cedar Knoll Country Club.

**Oct. 15** — 4:07 p.m. Officers conducted a welfare check at a residence on North Road at the request of DCF.

**Oct. 16** — 4:05 p.m. A welfare check was conducted on Green Street.

**Oct. 17** — 3 p.m. A burglary was reported on Magee Hill Road. That case is currently under investigation.

**Oct. 18** — 9:42 a.m. Officers responded to Baldwin Road for a single-car crash. There was a single fatality which is under investigation.

**Oct. 20** — 7:14 a.m. Officers responded to a burglary alarm on Farmall Drive.

11:41 a.m. An officer responded to Silver Street for the report of livestock in the roadway.

**Oct. 21** — 6:45 a.m. A burglary alarm at CVU was investigated.

**Oct. 24** — 1:20 a.m. A burglary alarm at Cedar Knoll Country Club was investigated.

3 p.m. Officers responded to a 911 hang-up at a residence on Pond Road.

4 p.m. A trespass order was issued to a citizen at the request of the South Burlington Police Department.

**Oct. 25** — 7:30 p.m. Officers responded to Hillview Terrace for a domestic dispute.

**Oct. 27** — 11:45 a.m. An officer responded to Bear Lane for the report of an unconscious female. A death investigation was conducted.

**Oct. 29** — 7:40 p.m. An officer investigated a report of vandalism on Green Street.

**Oct. 30** — 10:25 p.m. An officer responded to a two-car motor vehicle crash at the intersection of Route 116 and CVU Road. Minor injuries were reported.

5:30 p.m. A burglary alarm on Commerce Street was investigated.

**Oct. 31** — 10:40 p.m. A 911 hang-up on Mechanicsville Road was investigated.

**Nov. 1** — 6:45 a.m. An officer investigated a residential burglary alarm on Turkey Lane.

8:43 p.m. A single car crash on Route 116 at the intersection of Silver Street was investigated. No injuries were reported.

10:05 p.m. Officers responded to a combination burglary and fire alarm on Hawk Lane.

10:20 p.m. Officers responded to the report of a suspicious vehicle parked off of Charlotte Road.

**Nov. 4** — 4:04 p.m. An officer responded to a two-car motor vehicle crash on Route 116. Minor injuries were reported.

**Nov. 5** — 5:50 p.m. Officers responded to a two-car motor vehicle crash on Route 116. No injuries were reported.

**Nov. 6** — 11:50 a.m. An officer responded to a three-car motor vehicle crash on Route 116. Minor injuries were reported.

5:55 p.m. A single-car motor vehicle crash was investigated in the parking lot of CVU. No injuries were reported.

7:45 p.m. A 911 hang-up at a residence on Lewis Creek Road was investigated.

**Nov. 8** — 11:35 a.m. A citizen dispute on Burritt Road was reported and investigated.

6:35 p.m. A single-car motor vehicle crash was investigated on Route 116. No injuries were reported.

7:15 p.m. Officers responded to a domestic dispute on Texas Hill Road.

**Nov. 10** — 3:10 p.m. A burglary alarm on Ballard’s Corner Road was investigated.

**Nov. 14** — 7 a.m. The potential attempt to illegally shoot a deer was reported on Mechanicsville Road. That incident was investigated and turned over to the Department of Vermont Fish & Wildlife.

## FIRE

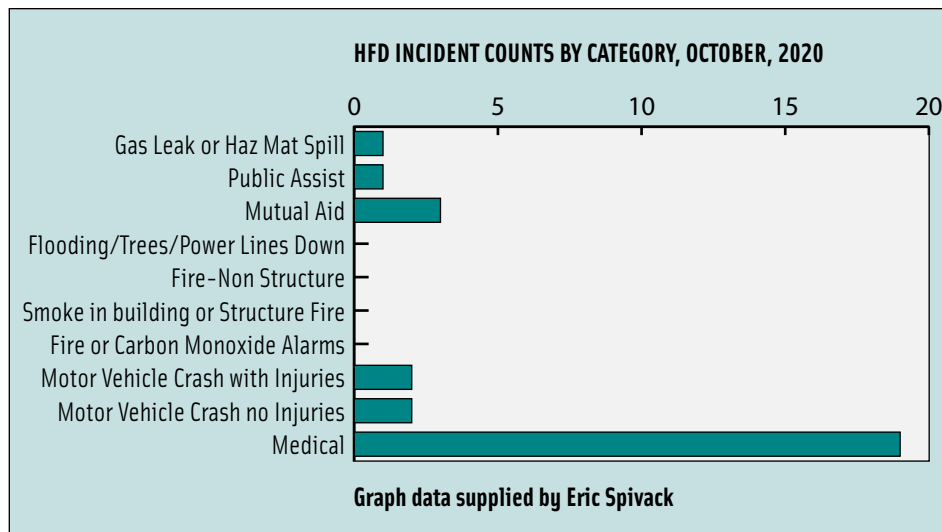
## Chief’s Report

BY CHIEF AL BARBER

First, thank you for your overwhelming support for going forward to vote on the ambulance budget in March. We are grateful for that support so we can support you.

One of the things that I would like to explore in this article is the cloud that has been put around the Hinesburg Fire Department by some community members for a long time. From the outside it certainly looks like we are some secret organization with some secret handshake to get in; however, this is very, very far from the truth!

Are we very guarded? Certainly, for lots of reasons; here are some of the reasons why. First confidentiality, we are continuously dealing with things that need to be kept secure and con-



HFD responded to 28 calls in October.

\*an example of a non-structure fire would be a telephone pole, car, or grass/brush fire.

idential, so we are very closed up in many aspects. When someone asks “Hey what happened at so-and-so’s house?” we can’t share that, sorry. Next is what we deal with on a nearly daily basis, we know that it takes a special type of personality to deal with what we encounter, so we are very guarded. We need to make sure that an applicant to the fire department has the personal tools that are required to deal with what we do. The last thing we want is someone to become a member and encounter a

situation that will cause long-lasting, negative emotional damage. Once you become a member you instantly become a member of a large, close family that guides, protects and supports each other through thick and thin, through good and bad times. It takes a commitment that not a lot of people have embedded deeply in them: the drive to help someone in need.

**Hinesburg Firemen’s Association**

The genesis of the Hinesburg

*continued on page 8*

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## ► Fire Department

*continued from page 7*

Fireman's Association goes back to 1943 when an association was formed by townspeople who saw a need to help their neighbors. Fast-forward to Nov. 16, 2001, it was then that the association filed for 501C3 status with the IRS. Because of all the many donations the association had received since 1943, the IRS felt it was necessary to go back to 1943 and use the original name of Hinesburg Fireman's Association. Because we had the original bylaws, that was the name to use. It was not that we were deliberately not being inclusive; we were not given a choice if we wanted all of our benefactors to be covered for their generous donations with the IRS. Fast forward to now, we are now in the process of changing the name to reflect what the association is all about now. I know there is a certain small group that has fostered the notion that we were not an inclusive group. This is not so. Yes, we are guarded, but we don't have secrets to hide, we are a separate organization with the sole mission of supporting the Hinesburg Fire Department. We are indeed two separate groups, Hinesburg Fire Department and Hinesburg Fireman's Association, but have the single mission of helping our townspeople!

If you would like to join either of these great organizations, please contact me at VT1320@aol.com.

## Annual Food Drive on Nov. 8

Thank you to everyone for a successful food drive to benefit the Hinesburg Community Food Shelf. The total amount donated was 2,134.9 pounds of food and monetary donations of \$1,207.

A great showing of support for Hinesburg Community Resource Center.

Thank you to the police officers, fire department members and Scouts of Troop 690 for their time at the drop-off locations

## Emergency Medical Technician Course

Are you interested in learning emergency medical service and becoming certified as an Emergency Medical Technician?

An EMT course will be starting in December. The course will be a combined online classroom with in-person, practical labs. Hinesburg Fire Department will be a host site for the labs.

For more information, including how

to sign up for the course, please email [info@hinesburgfd.org](mailto:info@hinesburgfd.org) or stop by the fire station on a Wednesday night.

## Thank You for Your Support

The Department would like to thank the community for its support around the ambulance. The next step in the process is putting the final touches on the fire department's 2020-2021 budget, which includes the ambulance, to be presented to you for your approval in March. We will again need your support in March.

We know that everyone supports the fire department and our mission to give you the quality of service that you expect and that is our continued mission. Thank you!

## Annual Visit From Santa

It would not be the holiday season without our annual visit from Santa.

The jolly old elf sent HFD an email saying he will still be making his visit to our area. He regrets he will not be able to visit with everyone in person as he wants everyone to be safe and stay healthy.

Santa will be taking his annual ride through Hinesburg and St. George on Saturday, Dec. 19. As the date gets closer, Santa's route will be posted on our Facebook page and in the Front Porch Forum.

## Tips to Prevent a Chimney or Ash Bucket Fire

If you have not cleaned your chimney since the end of last season, you should have it cleaned now.

Properly dispose of the ashes in a metal container, bring them outside and place them where the ashes will not catch anything else on fire. Wood ash will burn for up to a week in an ash pail, so do not put them in plastic pails, paper bags or cardboard boxes. Please do not put ashes in an open container on a porch or near your home. The wind will stir them, and any hot ashes may start a fire.

If you do have a chimney fire, close the stove tight. If possible, remove any burning wood from the fire box and put it outside out of harm's way.

Call 911; we cannot help you with it until we get the call.

## A Few More Safety Tips

As this article is being written, we are ending a streak of days in the 60s and 70s. Seems a little strange speaking about winter when it is this warm in

November, but the cold weather will be here soon.

When we recently changed the clocks, the batteries on smoke detectors and carbon monoxide detectors should also have been changed and the units tested. Detectors with a date prior to Jan. 1, 2011 should be replaced. The best type of detector is a plug-in or wired with a battery back-up and digital readout.

If your detector sounds, and it is not the end of life or low battery alert, call 911 and exit the building. Please do not open windows or doors to air out the building. This makes it difficult for us to locate the cause, if any. Please do not wait to call. Remember, carbon monoxide is odorless and colorless and can cause illness or worse.

If the power goes out and you use a generator, please be sure the generator is located away from your home. The exhaust from the generator can enter your home through dryer/furnace vents and any unsealed openings in windows/doors creating a buildup of CO inside your home.

If your garage is part of your main house, please do not warm your car up in the garage. The exhaust has nowhere to go but into your living area.

Be sure to check outside vents after a winter storm to make sure snow and ice has not built up and is blocking the opening.

Please be safe and have a happy holiday season.

## October Calls

**Oct. 1** Hinesburg medical, transported.

**Oct. 3** Hinesburg medical, transported. Assisted lost hikers in Town Forest from Hayden Hill East entrance at dusk. The hikers were located and escorted to the parking lot. A Hinesburg Police Department officer on scene provided the hikers a ride to their vehicle at the Economou Road forest entrance.

**Oct. 5** Hinesburg medical, transported. Hinesburg medical, transported.

**Oct. 8** Hinesburg. Accidental medical alarm.

**Oct. 9** Mutual aid. Starksboro Fire requested manpower only to a fire scene off Route 17. Five members responded in two personal vehicles to assist. Members were on scene for about two hours assisting with extinguishing hot spots and overhaul. Hinesburg medical, transported. Hinesburg Fire was called to assist with moving the patient.

**Oct. 11** Motor vehicle crash on Routes 116 and 2A. One person was treated by Hinesburg EMTs and transported by St. Michaels.

**Oct. 12** Hinesburg medical, transported.

**Oct. 13** Hinesburg medical, transported.

**Oct. 16** Hinesburg medical. Lift assist only. No transport. Three-car motor vehicle crash on Barber Lane in St. George. There were no injuries. HFD stood by while the vehicles were removed. Mutual aid to Huntington for heavy rescue for a motor vehicle crash. The first Huntington Responder to arrive on scene reported there was no one with the vehicle and canceled Hinesburg's response.

**Oct. 17** Hinesburg medical, transported.

**Oct. 18** One-car motor vehicle crash on Baldwin Road. Dispatch reported the vehicle was on its side in the ditch with the operator still inside. EMS determined the driver did not survive the crash. HFD assisted HPD by closing the Baldwin Road while officers did their crash investigation. The road was reopened after about two hours. Hinesburg Fire Department sends their sympathy to the friends and family of the driver.

**Oct. 19** Hinesburg medical, transported. Hinesburg, accidental medical alarm.

**Oct. 21** Hinesburg medical, transported.

**Oct. 23** Mutual aid to Shelburne for a possible fire. Shelburne Fire canceled all mutual aid companies after their first engine arrived on scene.

**Oct. 24** Hinesburg medical. Assist person with a backup oxygen system during power outage.

**Oct. 25** St. George medical. Lift assist only. No transport

**Oct. 26** Report of a propane leak and smell of gas in a residence. HFD checked the residence with our gas meter. The meter showed a reading of 6 part per million near the stove. The residence was ventilated and monitored until readings were near zero. The resident had shut off the propane as soon as the odor was detected and contacted their gas company. The resident was instructed not to use the stove until it was serviced.

**Oct. 27** Untimely. Hinesburg medical, transported.

**Oct. 28** St. George medical. No transport.

**Oct. 30** Two-car motor vehicle crash on Route 116 just north of CVU Road. One operator was treated by Hinesburg EMS and transported to UVM Medical Center by Williston. Hinesburg medical. No transport.

Follow us on Facebook at [HinesburgFireDepartment](https://www.facebook.com/HinesburgFireDepartment) and be sure to visit our website [hinesburgfd.org](https://www.hinesburgfd.org).

Have an ad? 482-7227 or [ads@hinesburgrecord.org](mailto:ads@hinesburgrecord.org).

## BUSINESS

## The National Bank of Middlebury Proudly Supports Local Businesses & Nonprofits With Grants Totaling \$100,000

FROM PRESS RELEASE

National Bank of Middlebury has awarded \$100,000 in twenty \$5,000 grants to small business and nonprofit organizations. These grants, made under the Federal Home Loan Bank of Boston Jobs for New England Recovery Grant Program, were designed to help businesses that were adversely affected by COVID-19. Small businesses and nonprofits that faced a 25% or greater decrease in revenue and were current customers of National Bank of Middlebury were eligible to apply.

Winners were chosen by lottery from a total of over 50 applicants. Recipients are representative of the bank's broad base of business



*Town Hall Theater Executive Director Lisa Mitchell.*

and nonprofit customers including, among others, restaurants, lodging facilities, personal care businesses, theaters and summer camps. Upon notifying one of our award recipients, Town Hall Theater, Executive Director Lisa Mitchell said, "Town Hall Theater is grateful to our incredible community bank, National Bank of Middlebury, which has done so much to support small businesses during this challenging time. The Jobs for New England Grant funding will help our closed regional theater stay operational, while planning for a strong and vibrant future when we can safely re-open."



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## Financial Focus

### Investment Lessons From 2020

BY EDWARD JONES INVESTING

As the year draws to a close, it's fair to say that we've all learned something about the social, political, physical and environmental forces that have affected everyone. And, in some ways, our lives will be changed, perhaps permanently. But as an investor, what lessons can you learn from 2020?

Here are some to consider:

- The markets look ahead. Here's something many investors discovered in 2020: Investment prices don't always move in the same direction as the overall economy. This might not have seemed apparent right after the COVID-19 pandemic struck in mid-February, as the overall economy and the stock market took big hits. But just about five weeks later, the markets began

a rally that lasted several months. During this time, the economy also recovered somewhat, but still remains on weak footing. What can explain this discrepancy between the markets and economic activity? Essentially, economic numbers, such as the unemployment rate and gross domestic product, reflect what's happening today, but the markets are always looking toward tomorrow, which means they are anticipating a stronger economic recovery and the results that come with it, such as greater corporate earnings in 2021. No one can say for sure what the future holds, but you can usually know the market's opinion by its performance.

- Opportunities will always exist for

*continued on page 10*



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Coronavirus Group © 2018



## Business

*continued from page 9*

investors. Although the coronavirus seems unprecedented, the equity markets have rebounded from many crises before it. From war to global financial meltdowns, the market has seen it all. But even at the height of these events, when the markets might be most affected, individual segments or industries can do well. For example, in the current environment, when many people have been forced to work and shop from home, and get their entertainment online, it's probably not surprising that some parts of the technology sector

have seen their economic activity grow, along with their stock prices. Here's the key point: Investment opportunities always exist, especially in times of market stress — and smart investors will find them and incorporate them into their portfolios in a way that's appropriate for their goals and risk tolerance.

•Patience and discipline can pay dividends. As mentioned above, the stock market dropped sharply in the weeks immediately following the pandemic, but then gained steadily for months afterward. Investors who tried to “cut losses” and exited the market likely did so at the wrong time and missed out on the beginning of the upturn. Unfortunately, this is not uncommon — investors who overreact to market declines often find themselves on the investment sidelines just when a new rally begins. Rather than being reactive in this way, you may be better off sticking with a long-term investment strategy, and buying and selling investments only when it makes sense for your situation, such as when you need to diversify your portfolio.

For many reasons, it's unlikely that we'll see anything exactly like 2020 again. But some of the investment lessons we learned are applicable in every year — so keep them in mind for 2021 and beyond.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

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### Library Hours Year-Round:

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**Phone:** 802-482-2878

**Address:** 69 Ballard's Corner Road, Hinesburg 05461

**Website:** carpentercarse.org

**Email:** library@carpentercarse.org

### Library News

In light of increasing case numbers in Chittenden County and Vermont as a whole, the Carpenter-Carse Library will return to **curbside pickup only** after the Thanksgiving Holiday, beginning on Monday, November 30.

As we did throughout our first period of closure in 2020, we are here to check out items to you, to help you reset passwords for digital services, and we **love hearing from you**.

Don't hesitate to call us or email us during our normal operating hours, and we can help you with whatever you need (as long as your request is



*An important public health reminder.*

within our service reach.) We will still provide printing via email, we can fax for you, and if you have a question or need help getting your hands on a book we don't own, we will continue to provide interlibrary loan service.

We remain here to help, just call us or email us! 802-482-2878 or email us library@carpentercarse.org

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## RECREATION

BY JENNIFER MCCUIN

Happy November. Usually, the November recreation article would be a final push to sign up for youth basketball, which starts the first Saturday in December. With the inability to access any school facilities, Hinesburg Recreation, along with the other CVSD recreation departments, is unable to offer youth basketball at this time. If there are any changes or updates on a later start option, we will respond immediately with a registration option. In the meantime, the Recreation Commission is moving quickly to put together a skating rink behind the police station [see article below]. My hope is that by the time you are reading this article, the board will be up! If you have any interest or ability to assist in the winter maintenance, please contact Hinesburg Recreation Department at hinesburgrec@gmavt.net — it will truly take a village this winter to keep people moving and entertained with outdoor activities ... we can do this, Hinesburg!

### Driver Education With Kevin Browne

Kevin Browne offers this class for those pursuing their driver's license. Students must have a valid Vermont learner's permit. Class will utilize remote learning with Google Meet and online assignments. Students must be

available on weekends to complete in-person driving. All students must wear a face covering/mask while in the car with the instructor. All driving will meet and end at Jiffy Mart in Hinesburg.

**When:** Sundays, Feb. 28, March 7, 14, 21 & 28 from 7:30-9:30 p.m. and Tuesdays & Wednesdays March 2, 3, 9, 10, 16, 17, 23, 24, 30 & 31 from 7-9 p.m. **Where:** Remote learning with Google Meet. **Cost:** \$700.

Register at [hinesburgrec.com](http://hinesburgrec.com) and checks are payable to Kevin Browne and due to HRD by Feb. 11.

### Snowmobile Safety for Ages 12 and Up

Due to the pandemic, this class is not currently available in person. This is an online course that can be taken ANY time.

[snowmobile-ed.com/vermont](http://snowmobile-ed.com/vermont).

The online course provides the opportunity to earn the certification necessary to legally operate on Vermont's Statewide Snowmobile Trails System. All snowmobile operators born after July 1, 1983, who are 12 years of age and older, are required by law to take and pass an approved snowmobile safety course before operating on the Vermont trails.

### Remote Piano Lessons

These 20-minute private Zoom lessons are taught by Andrea Haulenbeek

*continued on page 11*

## Library

*continued from page 10*

### New Adult Books

A new best-of collection by David Sedaris called “The Best of Me” promises to exercise your giggling muscles; “Cherry Hill : A Childhood Reimagined,” is a memoir by Jona Frank about growing up in America's quintessential suburb of the 50s and 60s; Martin Amis's newest, “The Inside Story,” promises big literary dishiness; “The Invisible Life of Addie LaRue” by V. E. Schwab sparkles with fantastical history and fantasy; and Anthony Horowitz is back with a new mystery called “The Moonflower Murders.” We have a display up at the moment of National Book Award Winners, but call us anytime, let us know what you like, and we can pick a winner for you, too!

### Events Calendar

#### Monthly Book Group

**Wednesday, Dec. 9, 10:30 a.m.**

This informal group meets in the library on the second Wednesday of each month to chat about the current book. You can reserve a copy of the latest book at the front desk or by calling us.

### Antiracist Reading Club

**Dec. 1, 3, 10 & 15 6:30–8 p.m.**

In partnership with Charlotte Library, meet up for a discussion of “How to be an Antiracist” by Ibram X. Kendi. Register to join the discussion here: [pjcvl.org/event/how-to-be-an-antiracist-book-discussion](http://pjcvl.org/event/how-to-be-an-antiracist-book-discussion).

We have a limited number of copies of the book for loan. Contact us if you would like to reserve one.

### Video Storytime

Join us for a video storytime! New videos are added to the Carpenter-Carse Library website weekly. Video storytimes are geared toward children ages infancy-6 and their caregivers. Join Ms. Jen for stories, songs and rhymes that are designed to promote early literacy skills in a fun environment. Please email [jen@carpentercarse.org](mailto:jen@carpentercarse.org) with any questions.

### Craft and Activity Packs

If you're looking for something fun to do, stop by the library foyer and take home a holiday craft kit. We will rotate through ideas and seasonal materials, so check back in every week for something new!



*Our new StoryWalk is seasonally appropriate.*

### StoryWalks

Even with snow on the ground, we plan to keep a holiday/winter-themed StoryWalk on the library grounds. StoryWalks are self-guided, so there's no need to check in with us before you start, but everyone over 2 years old should wear a mask if other families are around and you are not able to socially distance. It's a fun and safe way to spend time outdoors as a family and get in a little reading too, so bundle up and head to the library!



*Visitors can add a leaf or apple to our bushel of thanks.*

## Recreation

*continued from page 10*

or Mary Beth Bowman for beginner to advanced intermediate students. Participants must have a piano or keyboard, along with a Zoom option. Beginner students would need an adult to assist with the lessons. Classes follow school year calendar, broken into first semester (September through December) and second semester (January through May). Students retain their lesson day and time for the entire school year and subsequent years, unless they choose not to continue. Enrollment is based on availability. If there are no openings, you are placed on a wait list and offered a date and time as available. A spring recital via Zoom celebrates a year-long commitment by students and instructor.

**Who:** Grades 2-8. **When:** Second semester lessons begin week of Jan. 4 through school year. **Where:** Remote learning via Zoom. **Cost:** \$22 per lesson, billed per semester.

Online registration is not available for this program. Please contact HRD at [hinesburgrec@gmavt.net](mailto:hinesburgrec@gmavt.net) to inquire about opening or to be placed on the wait list. Thanks!

### Town Ice Rink

BY FRANK TWAROG, CHAIR,  
HINESBURG RECREATION COMMISSION

The Recreation Commission is excited to announce that we are working to

provide the community with an ice rink this winter to be located at the so-called Lot 1 behind the police station at the corner of Route 116 and Farmall Drive. In this time of COVID-19, we continue to try to be creative in providing new offerings that keep our community both active and safe.

Many will recall that in years past we were able to set up a rink behind the Community School, however the “crowning” of the combination basketball court caused the center section to frequently thaw and melt. A lot of effort was put into pricing out improvements such as raising the curbing height, etc., but the project proved to be cost prohibitive. The goal of the new rink is to have one that is both conveniently located, as well as near necessary amenities that include access to water source(s) and power — all at a greatly reduced cost in comparison to improving the old rink location.

We are hoping to gain donations of time from community members, to include regularly clearing snow and monitoring the conditions of the rink ... if you have an interest in being added to a Google Calendar, please reach out to me at [ftwarog@hotmail.com](mailto:ftwarog@hotmail.com) and I can add you to the list of volunteers to sign up at times that are convenient to you. As soon as the structure is completed (it will be a traditional wood-walled/plastic-lined rink), an announcement will be made on Front Porch Forum to let the community know it's open for use.

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## COMMENTARY

### Measuring Deaths From Addiction

#### *Food Addiction Leads to Significant Deaths*

BY BILL SCHUBART

Last year, well over 100 Vermonters died of street and pharmaceutical drug overdoses. Like traffic deaths, we keep track and publicize annually our drug deaths both as an indicator of the problem and of societal instability. Overdose deaths are evident, tragic and newsworthy. By contrast, the more common deaths from other addictions get recorded as disease deaths rather than deaths of addiction, even as they are often one and the same. Since we don't record them as such, we have no idea how many people die of the broader range of addictive substances.

Admittedly, it's harder to track deaths from smoking, alcohol and eating disorders and yet they account for far more deaths annually than drug overdoses. And then there are the behavioral addictions (gambling, extreme exercise, sexual addiction, screen obsession and gaming) which are rarely lethal but affect quality of life and may lead to depression, substance addiction or even suicide.

In terms of drug deaths, fentanyl now accounts for 85% of overdose deaths. In 2018, Vermont providers wrote 42 opioid prescriptions for every 100 Vermonters, lower than the national rate of 51 per 100. In the last two decades, overdose deaths in the U.S. have totaled 450,000 — more than two-thirds the population of Vermont. The Sackler family, owners of Purdue Pharmaceutical whose net worth is estimated at \$13B, have agreed to pay some \$8.3B with no jail time in a recently announced settlement, leaving

VT Leading Causes of Death, 2017	Deaths	Rate	State Rank	U.S. Rate
1. Heart Disease	1,434	164.5	31st	165.0
2. Cancer	1,332	152.5	13th	152.5
3. Accidents	394	56.9	18th (tie)	49.4
4. Chronic Lower Respiratory Diseases	375	43.0	27th (tie)	40.9
5. Alzheimer's disease	370	42.9	8th	31.0
6. Stroke	249	28.8	46th	37.6
7. Diabetes	163	19.2	38th (tie)	21.5
8. Suicide	112	18.3	19th	14.0
9. Hypertension	86	9.7	16th (tie)	9.0
10. Parkinson's disease	81	9.7	8th	8.4
NIH statistics				

them an adequate retirement ... unlike the convicted street-dealer who will live out the rest of his or her life behind bars.

When we look at addiction, our minds go to drugs, alcohol and tobacco, even though, according to the National Institutes of Health, addictive eating (obesity) is the second leading cause of domestic deaths. The most common eating disorders for which statistics are kept are bulimia (binge-purge syndrome) and anorexia (self-starvation) But it's addic-

tion to refined carbohydrates (sugar, flour and wheat) that underlies both disorders. The disorders emerge as the addictive eater tries in desperation to manage their weight and distorted body image by purging or starving.

Of Vermont's 10 leading causes of death (below), all but Alzheimer's and Parkinson's can be directly associated with substance addictions. Food addiction (obesity) by itself underlies heart disease, stroke, diabe-

*continued on page 21*

#### ► Moving the World

*continued from page 1*

lives on the line to help move the future forward, it's very impressive," Proctor said.

Since the beginning, the Langley family has been moving the future forward. One of its earliest known members, Almira Langley, lived in Hinesburg, according to historian Elise Guyette. The daughter of farmers Shubael and Violet Clark, she married William Langley, who moved to there from Pittsford in 1821. The couple contributed to the local economy by herding sheep and churning butter.

Their son, and Proctor's great-great-grandfather, Loudon Langley, was a dedicated abolitionist. In the 1850s, he wrote to newspapers advocating for rebellion against slaveholders in Cuba and condemning the colonization of Liberia. His family hid runaway slaves on the Underground Railroad and he married a woman whose family did too.

In the 1860s, he and his brothers Newell and Lewis fought in the Civil War. Loudon fought in the 33rd United States Colored Infantry Troops regiment in South Carolina. He stayed behind to help rewrite the state's constitution during Reconstruction. He and Lewis are buried in Beaufort, South Carolina. Newell is buried in Williston, Vermont.

"They were free Blacks at the time where they lived," Proctor said of Lewis, Newell and Loudon.

*"But they joined to start and help change the world."*

Changing the world was also a goal of his Proctor's father, Edward

Proctor, Jr. In the late 60s, he worked with NASA on Apollo missions. For Apollo 11, he worked at a tracking station in Guam, helping the astronauts return to Earth.

For this, he received a medal made from parts of the Apollo 11 spaceship. He was so well known that he received a thank you note from Neil Armstrong — the first person to walk on the moon — who flew out to the Guamanian station in 1969. At the time of Apollo 11, Langley Proctor was 6 years old. Today, at 57, he cherishes the medal and note from Armstrong, which serve as family keepsakes and childhood memories.

Medal and thank you note from Neil Armstrong given to Edward Proctor, Jr. for his work on Apollo 11. Photo courtesy of Loudon Langley.

#### *A Global Team*

"We used to live all over," Proctor said. "We lived on Guam at the time during the Apollo stuff ... we moved to different areas because he was really a famous scientist in a way. He was just very smart with mathematics."

Langley Proctor himself was born in Ohio. He graduated from Keene State College in New Hampshire, with a bachelor's in mathematics and computer science, according to his LinkedIn page. He had previously done work for Cisco, Microsoft and Citrix. He helped develop email systems and Google's search engine, he said. All of this involved ample traveling.

In 1998, he visited Australia and met his current wife, Caroline Proctor. The two married and lived in New Hampshire until 2017. Today, he lives with her in Sydney where she can be

close to her family. He has personal experience with the country's issues. Just last weekend, he witnessed a wildfire during a walk with his wife.

"We could see this fire burning and we could see the helicopters dropping water on it," he said. Proctor later said they were escorted out of the area as it was being evacuated.

"It's just part of Northern Sydney right by the beach. No land. And it did burn so wild that they had to escalate us out ... and that was just last week," Proctor said.

*Proctor never knew of his connection to early Black Hinesburg until the mid-2000s.*

He'd heard rumors of being related to Loudon Langley. He'd never been able to prove it until he met Vermont historian Elise Guyette.

"I was up there; I was just mapping out my family history at the time," he said. "It was before she wrote the book ['Discovering Black Vermont']. We started talking about it and she told me more details about Loudon Langley."

Collaborating with her and his family, he was able to prove he was related. To Elise's book, he contributed what he'd learned along with a picture of Loudon Langley's daughter, Ida. Ida lived in Ohio with her husband Harry Proctor after the Civil War.

Despite this connection, Proctor doesn't often visit Vermont. In 2009, he came to the state when the Vermont Division for Historic Preservation erected a roadside marker honoring the Black settlers. At the unveiling, he gave a talk about the Hinesburg Langleys alongside Guyette and other descendants of the settlers.

Before the pandemic, he planned to come back as part of a trip to New Hampshire and Canada. But the strict lockdown procedures in Australia prohibit international travel, he said. A visit to Loudon's grave in South Carolina is also on his bucket list.

#### *Two Steps Forward, One Step Back*

In modern America, racial division is more prominent than ever. Proctor is nonetheless optimistic.

"It's one of those things where it kind of takes two steps forward and one step back ... it's just the way the world has always been," he said. "There's not much I don't think you can do to change that but, eventually, it will hopefully get better."

Proctor believes it's important for Hinesburg to recognize the hard work Loudon Langley and his family did to change the world.

"They moved up there to live, be free and have a proper life," he said.

"Because of what was going on in the world at that time, they wanted to get involved and change and make it a better world for everyone. And they risked their lives to do so. And they're part of that community," Proctor said. "The community should always know the history of people that work that hard and have tried that hard to move the world forward."

**Editor's Note:** all Vermont Roadside Historical Markers can be viewed on an interactive map at [roadsidemarkers.vermont.gov](https://roadsidemarkers.vermont.gov). The marker described in this article is the only one in Hinesburg.

## EDUCATION

### CVSD Surveillance Testing for Faculty and Staff

BY ELAINE PINCKNEY, CVSD SUPERINTENDENT, NOV. 13

The state of Vermont will begin offering regular COVID-19 testing to all teachers and staff in Vermont school districts. Schools have been selected for surveillance testing as part of a larger public health strategy to provide a statewide picture of COVID-19 activity. Because teachers and staff represent a larger group of individuals who are spread geographically and proportionally throughout the state, schools are ideal for a population study

Surveillance testing does not mean that teachers and staff are at a higher risk for contracting COVID-19, and testing does not change nor impact the prevention and mitigation strategies that we have implemented in our district. Staff and students will continue to practice mask-wearing, hand hygiene, physical distancing and staying home when sick, even if there are no positive tests.

Faculty and staff will not have to quarantine while they wait for test results. These are PCR tests, not antigen tests. The testing is for asymptomatic teachers and staff only.

Our first priority is that schools are a safe and healthy place for students and adults. This testing provides the Vermont Department of Health with important data, but does not directly impact our day-to-day operations. We

will continue to wear masks, social distance and wash our hands regularly at school. This testing will not impact the operation of school for your child.

Thank you for your continued support in helping to keep our schools open.

### Annette's Preschool and First Roots Infant Toddler Centers Announce New Coaching Team

BY ANDREA SAMBROOK, DIRECTOR OF ANNETTE'S PRESCHOOL AND FIRST ROOTS INFANT TODDLER CENTERS

It's often said "It takes a village to support young children and families;" it also takes a village to cultivate long-term tenure of teachers with professional learning, coaching and compensation. Annette's Preschool in Hinesburg is leading the way to address the fundamental challenges of recruiting and retaining early education teachers through two new senior positions. These will support both "teachers as teachers" and "teachers as people." "We believe that these positions are unique to our preschool and offer teachers the chance to grow and learn with a professional career path and a healthy workplace focused on a culture of appreciation and community," said Andrea Sambrook, director of Annette's.

Maeghan Booska, a licensed, tenured teacher at Annette's Preschool has touched the lives of hundreds of children over her 13 years of teach-

ing, has been promoted to the position of full-time director of curriculum and professional development at Annette's Preschool. Maeghan's new role will provide ongoing coaching to support "Teachers as Teachers" and help them grow in the pedagogy of teaching and improving their practice in the classroom. Prior to this new role, Maeghan held the positions of lead teacher, preschool team leader, assistant director and curriculum coach. This unique position will enable Maeghan to focus on helping teachers create nature-based learning that follows the unique interests of the children as well as the passions of the teachers. Through focused one-on-one and team coaching sessions, teachers are encouraged to ask great questions rather than trying to pro-

vide the best answer.

"When I think specifically about my past 13 years at Annette's Preschool, I am amazed and awed by the growth of the program from very rote and theme-based, to a community that truly honors the child ... we've stretched our understanding of nature as a teacher. Instead of instructing children to "slow down" and "be careful," we take risks alongside them, pushing our limits and self-awareness together," said Maeghan.

While being trained in the science of child development and the Vermont Early Learning Standards is critical for all early educators, so is an appreciation of "teachers as people." Jackie Loomis has been promoted

*continued on page 14*

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## Wishing our Readers

# HAPPY & HEALTHY HOLIDAYS





## ► Education

*continued from page 13*

to the position of director of people and culture cultivator at Annette's Preschool. A lifelong early educator of children ages 3 to 8, Jackie holds a bachelor's in elementary education and has worked at Annette's Preschool for two years. She has been an advocate for early childhood education as a board member of the Hinesburg Nursery School as well. Jackie currently teaches pre-K and most recently served as the assistant director of the clubhouse summer camp, overseeing the nature-based



Maeghan Booska is director of curriculum and professional development



Jackie Loomis is director of people and culture cultivator

camp for 5-8 year olds. Jackie's new role will support teachers to develop their own "growing edge" as professionals in the field of early childhood education. Teachers who are supported as people learn to demonstrate professional skills like collaboration, initiative, knowledge, ethics, self-care, work skills and team work. Jackie's other role as "culture cultivator" means that she gets to play while she works! Jackie reflects that "Teachers are communicating all the time — with students, families and coworkers. When a teacher has good communication skills, a sense of humor and is a strong team player, it always makes for better relationships, long-term tenure and a great place to work for everyone!"

Annette's Preschool is a 5 STAR early childhood education program in Hinesburg serving families with children 6 weeks to 8 years old. They have expanded with two new infant toddler centers in fall 2020: First Roots Hinesburg and First Roots Underhill. For more information call 802-482-2525.

## ACCESS CVU Wishes You All a Healthy, Safe and Happy Holiday!

FROM ACCESS CVU PRESS RELEASE

Access CVU, your destination for community education based out of CVU High School, is now over halfway through the fall semester. It's been a great couple of months adjusting to new ways of offering classes. We sure miss welcoming you into the building! Outdoor classes were a nice and safe way to gather in person, but those are now on hold until the spring when temperatures warm up. The remainder of our classes will continue online with the user-friendly Zoom platform. Virtual classes provide the opportunity to take a class with the friends and family members you can't see in person right now — how about a one-night class on the gardens of Paris or Middle Eastern mezze cooking? Or learn Tunisian crochet or make a batik silk scarf with friends near and far?

As we enter this season of gifting, we hope you will think of the importance of community education, especially during these difficult and isolating times. Purchase Access gift certificates and share the joy of learning! You can even include an Access canvas tote bag to complete the gift.

Like most nonprofit organizations this year, Access has been greatly affected by the COVID-19 crisis. We kindly ask that if you enjoy our program and are financially able to contribute to the sustainability of community education, please make a donation. Gift certificate and donation links can be found on our website: [cvsdvt.ce.eleyo.com](http://cvsdvt.ce.eleyo.com).

There are over 25 new classes remaining for the semester! Here is a selection of upcoming classes that you won't want to miss:

**Monday, Nov. 30:**

**Realistic Self-Portraits for Kids With Brigid Vorce**

A five-session class for kids, with the final project a portrait using colored pencils, scheduled for a season when we could all use a little more color and creativity. Includes all materials.

**Intro to Realistic Self-Portraits With Brigid Vorce**

A six-session class studying the human face, with the final project being a creative self-portrait using acrylic paints. Includes all materials.

**The Digital Darkroom 101 — Photo Editing in Adobe Lightroom Classic With Sean Beckett**

Learn the art of "developing" your digital photographs with the powerful Adobe Lightroom Classic software to process your pictures into spectacular pieces of art.

**Tuesday, Dec. 1:**

**Batik and Silk Painting With Jen Labie**

In this six-week class you'll learn the fundamentals of batik and silk painting. Includes all materials.

**Biscotti with Adele Dienno**

These Italian delights are simple to make with Adele's foolproof recipe and a few secret techniques. You will



Access CVU gift certificates and tote bags are available for purchase at [cvsdvt.ce.eleyo.com](http://cvsdvt.ce.eleyo.com).

be taught a basic recipe, and learn how to be creative as well.

**Wednesday, Dec. 2**

**Mindfulness Meditation: Self-Compassion and Loving-Kindness: A Four Week Series With Maggie Mae Anderson**

Meditation and mindfulness have so many benefits; you'll learn breathing techniques, walking meditation and more to deepen your practice.

**Thursday, Dec. 3:**

**Freestyle Fermentation and International Methods of Pickling and Preserving With Richard Witting**

Learn to make four different kinds of pickles as you explore different pickling methods from around the world, and discuss how to invent your own pickles from what you've got.

**Essential Oil Diffusing Bracelet Workshop With Laura Neal**

Make your own essential oil diffusing bracelet with gemstones and porous, essential oil absorbing lava beads for the benefit of aromatherapy on the go! All materials provided.

**Understanding Lake Ice With Bob Dill**

Learn the true nature of wild ice, with an eye on fun and safety. Whether you fish, ski, snowmobile, skate or sail on the ice, this is a must-do class!

**Monday, Dec. 7:**

**The Power to Change: Unlocking the Secrets to Improving Your Health With Andrea Grayson**

Want to start or stop a behavior but you're short on motivation? Drawing on the latest research, this class will outline the "systems" that need to be in place for successful and sustainable change.

**Tuesday, Dec. 8:**

**Gardens of Paris With Charlotte Albers**

Are you looking for some armchair travel? Charlotte will show you why Paris is often called the most beautiful city in the world, and she'll give you ideas for bringing some Parisian chic to your home garden.

**Wednesday, Dec. 9:**

**Torrone, Italian Nougat Candies With Adele Dienno**

Learn to make torrone, light and delicate candies filled with nuts. These

delicacies are a delight to gift to family and friends.

**Thursday, Dec. 10:**

**An Introduction to Mezze of the Middle East and Eastern Europe With Richard Witting**

Learn about the key components of mezze, a shared meal made up of many small dishes of food, including how to make yogurt and the best hummus, and a selection of easy dips and dishes.

**Tuesday, Jan. 12:**

**Introduction to Tunisian Crochet With Kelly Otty**

Learn a new fiber arts technique that is a hybrid of knitting and crochet; over the course of three evenings you'll work on a cowl using the Tunisian simple stitch, which makes a dense, textured fabric.

**Wednesday, Jan. 13:**

**Planting a Four-Season Garden With Hattie White**

Learn about the basics of the design process, how to assess your landscape, and how to work with your site challenges to make a beautiful garden you can enjoy throughout the year.

**Thursday, Jan. 14:**

**Pastas of the World With Richard Witting**

Come explore pasta traditions from all over the world to see how simple, diverse and delicious pasta making can be; learn how to make basic pasta dough as well as gnocchi, udon and dumplings.

**Monday, Jan. 25:**

**Cupcake Decorating for Kids of All Ages With Maryam Counter**

Hinesburg's own Maryam Counter of Matroyshka Bakery will provide a kit of delicious cupcakes, a selection of macarons, disposable piping bag with tip and frosting, and an edible black marker. All you need is your own creativity!

Check out our website, [cvsdvt.ce.eleyo.com](http://cvsdvt.ce.eleyo.com), for the full class list, or Google "Access CVU."

We're in the process of planning our Winter/Spring Semester which goes from February to June. (Look for our class offerings for Winter/Spring Semester to be announced in January.) Is there a class that you wish we offered? Want to teach with us, or know of a great teacher? We want to hear from you! Need help getting signed up for a class, or getting setup for online learning? Call 802-482-7194 or email [access@cvsdvt.org](mailto:access@cvsdvt.org). We offer senior discounts for our community over 65. We provide enrichment and learning opportunities for anyone, anywhere and anytime! Come explore new passions, ignite your imagination, learn a new skill and connect with lifelong learners.

## ORGANIZATIONS

### Hinesburg Works to Protect Lake Champlain Water Quality

BY KATE KELLY (LEWIS CREEK ASSOCIATION)

Lewis Creek Association and the town of Hinesburg have partnered to plan for improvements in water quality in the area that drains Lyman Meadows, Hart & Mead, Lantman's, Russell Farm and the United Church. This project investigated potential fixes in this sub-watershed, which flows into the LaPlatte River behind the Cheeseplant. LCA, with the help of Water Resources Engineer Jessica Louisos at Milone & MacBroom, reached out to develop relationships and discuss potential water quality projects with landowners in the area, and to determine which groups may be willing to help improve water quality by using a portion of their land for a treatment area.

Bioretention areas, or rain gardens, which help by slowing the water down and allowing it to be filtered by plants and absorbed into the ground before rushing downstream, were one of the options examined. Others included restoring wetlands that had historically been filled in. These fixes would all help improve water quality in the LaPlatte River by slowing water down, spreading it out, and sinking it in to the ground ("the three S's") that are central to LCA's Ahead of the Storm program. You can learn more about the Ahead of the Storm program at [lewiscreek.org/ahead-of-the-storm](http://lewiscreek.org/ahead-of-the-storm). The LaPlatte River, which drains into Shelburne Bay, is impaired for E. coli bacteria from its mouth up to Hinesburg, and we hope to keep it from impairment due to phosphorus, which contributes to harmful algal blooms and fish die-offs in Lake Champlain. You can learn more about

the problem and what landowners can do to improve water quality in a brief 17-minute presentation LCA's website at [lewiscreek.org/water-quality-videos](http://lewiscreek.org/water-quality-videos). It is crucial that we all do our part to improve to water quality in small ways, in order to improve Lake Champlain's water quality and beauty, and to protect the animals and plants that live in our rivers and streams.

With the help of Milone & MacBroom, LCA set up a small advisory committee, including members of several landowner groups in the sub-watershed, and began investigating potential projects. After responses from landowners, it was determined that the most viable water quality improvement project would be a wetland restoration of a portion of the lawn behind the United Church. Jessica Louisos of Milone & MacBroom designed a wetland restoration for this area. This will help naturalize the flow of runoff from upstream and improve water quality, habitat and flood resiliency. The project will take ditched water and allow it to filter through natural vegetation, slowing the velocity and providing flood storage in a previous wetland that has been converted to lawn. LCA now plans to pursue grant funding to finalize the design and restore the wetland in this area, both beautifying it and improving water quality downstream. LCA will also continue conversations with upstream landowners, in hopes of making further improvements to water quality, while also fixing other problems (such as large puddles on the roads and wet areas in lawns in the Lyman Meadows area). Please reach out to Kate Kelly, 802-488-5203 or [lewiscreekorg@gmail.com](mailto:lewiscreekorg@gmail.com) with any questions. Funding for this grant came from a Vermont Department of Environmental Conservation grant to Watersheds United Vermont, with a subgrant to LCA.

*continued on page 16*



Area behind United Church that may be restored to wetlands (Nov. 1, 2019). Photo by Jessica Louisos.

*The Hidden Garden's*

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Marcia C. Pierce  
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► Organizations

*continued from page 15*

## Vermont Genealogy Library Event

FROM PRESS RELEASE

### Using MyHeritage Library Edition

Dec. 5, 2020

Our library computers now have ac-

cess to MyHeritage Library Edition and our members can log on to it from home. With over six billion historical records and millions of family trees it is a tremendous resource for genealogists. Marcie Crocker will introduce you to MyHeritage's Library Edition and explain how to effectively search all that material. She will also explain the difference between this offering and an individual subscriber's account. If you have European roots this database is particularly valuable given MyHeritage's long-standing focus on Europe and the Middle East. Join us, get familiar with this powerful tool and maybe pick up

a few valuable tips to help you clear up some of your family mysteries. Classes at the Vermont Genealogy Library this fall will be online presentations using Zoom. They take place on Saturday mornings from 10:30 a.m. to noon, including a Q & A. The class fee is \$10. To register go to our website [vtgenlib.org](http://vtgenlib.org).

## Audubon Vermont Events

FROM PRESS RELEASE

All events are at the Green Mountain Audubon Center, 255 Sherman Hollow Road, Huntington, unless otherwise noted. For more information, go to [vt.audubon.org/events](http://vt.audubon.org/events), 802-434-3068, [vermont@audubon.org](mailto:vermont@audubon.org).

### Ask a Naturalist: Winter in Vermont

**Tuesday, Dec. 1, noon (online event)**  
**Bring questions for local naturalists**

This exciting program will bring naturalists from Audubon Vermont, Birds of Vermont Museum, and Vermont Reptile and Amphibian Atlas together to talk about what is happening outside. While we can talk generally among ourselves about what is exciting outside during our long, dark winters, this program will work best if you bring a question or two (tuning in to listen is also OK)! Questions on migration, hibernation, plants, wildlife, etc. are all welcome topics.

Web meeting: This program will require advanced registration. Those who have registered will be sent a link to join our Zoom meeting. When you register, please consider making a donation, which will be shared among the organizations.

This program is suitable for folks of all ages. Classes and other groups are welcome.

### Ask a Naturalist: Winter in Vermont

**Thursday, Dec. 10, 5:30 to 6:30 p.m. (online event)**  
**An evening opportunity to get your questions answered by local naturalists**

This exciting program will bring naturalists from Audubon Vermont, Birds of Vermont Museum, and Vermont Reptile and Amphibian Atlas together to talk about what is happening outside. While we can talk generally among ourselves about what is exciting outside during our long, dark winters, this program will work best if you bring a question or two (tuning in to listen is also OK)! Questions on migration, hibernation, plants, wildlife, etc. are all welcome topics.

Web meeting: This program will require advanced registration. Those who have registered will be sent a

link to join our Zoom meeting. When you register, please consider making a donation, which will be shared among the organizations.

This program is suitable for folks of all ages. Classes and other groups are welcome.

### Winter Forest Bathing

**Saturday, Dec. 12, 10 a.m. to noon-**  
**Location Details:** We will meet in front of the Audubon Sugarhouse on the Main Road in Huntington.

Come experience nature in new and deeply familiar ways with the practice of forest bathing. A different act than other nature connection experiences such as hiking, birding, or tree identifying, in forest bathing you are invited to slow down with intentionality and mindfulness to engage your traditional five senses and beyond. Give your body and mind a chance to rest and restore while taking in the subtleties and wonder of nature.

We will walk through the incredibly dynamic, diverse and loved land of the Green Mountain Audubon Center, being sure to visit the hemlock swamp, beaver pond and babbling brook. The walk will be less than a mile and will conclude with a fire in the winter.

#### What Is Forest Bathing?

Forest bathing is a research-based practice for supporting healing and wellness through immersion in forests and other natural environments. The decades old practice originated in Japan and is known as shinrin-yoku, which literally translates to “taking in the forest” or “forest bathing.” Studies have demonstrated a wide array of health benefits, especially in the cardiovascular and immune systems, and for stabilizing and improving mood and cognition. Your nature & forest therapy guide builds on those benefits and looks beyond to what happens when people remember that we are a part of nature and are intrinsically connected to all other beings in fundamental ways.

Facilitated by certified Nature & Forest Therapy Guide Duncan Murdoch. Learn more:

[natureconnectionguide.com](http://natureconnectionguide.com).

**COVID-19 Safety: We are committed to our community's health and safety.**

- Please do not attend if you are sick or symptomatic (with fever, cough or shortness of breath), if you have traveled outside of Vermont within the last 14 days, if you have received a positive COVID-19 test result within the last 14 days, or if you have had contact with any other person who is diagnosed with COVID-19 within the last 14 days.
- We ask you to take your temperature on the morning before attending the event.
- Complete the Audubon Vermont COVID-19 questionnaire at

[vt.audubon.org/news/covid-19-health-questions](http://vt.audubon.org/news/covid-19-health-questions) less than 24 hours before the event. You will be asked these questions in person when you arrive at the event.

- NO carpooling with people whom you do not live with.

- When attending the event, we ask everyone to please:
- Wear a cloth mask or covering (if you do not have one, please reach out to staff and we will provide one for you).
  - Observe physical distancing of six feet or more with people who you do not live with.
  - Use frequent hand-washing or hand sanitizing.
  - Avoid surfaces that are touched often, such as handrails.
  - Do NOT share binoculars, field guides, food, water or phones.
  - We will be collecting COVID-19 contact tracing information from everyone when you arrive at the event. This information will be kept confidential and used only for COVID-19 tracing.
  - For more information on COVID-19 prevention, please go to: [cdc.gov/coronavirus/2019-ncov/prevent-getting-sick](http://cdc.gov/coronavirus/2019-ncov/prevent-getting-sick).

Participants must register in advance: [tinyurl.com/AVTbathing](http://tinyurl.com/AVTbathing)

Audubon members: \$25, nonmembers: \$30.

Trail/accessibility information: The walk will be at a slower-than-usual pace with many pauses and will cover less than one mile. The maintained trails are unchallenging, are of bare earth, uneven at times and flat without hills or climbs. There are roots and rocks throughout. The conditions of the trails will vary from season to season and day to day. In the winter expect snow and ice, in the spring expect some mud, in the summer some mosquitos, and in the fall a covering of leaves on the ground. An interactive trail map is available here: [vt.audubon.org/visit-us](http://vt.audubon.org/visit-us)

If you require accommodations or have questions about accessibility, please contact Audubon Vermont at [gcauser@audubon.org](mailto:gcauser@audubon.org).

## Birds of Vermont Museum Events

FROM PRESS RELEASE

The Birds of Vermont Museum is located at 900 Sherman Hollow Road Huntington. For more information, call 802-434-2167, go to [birdsofvermont.org/events](http://birdsofvermont.org/events) or email [museum@birdsofvermont.org](mailto:museum@birdsofvermont.org).

### Bird Monitoring Walk

**Sat, Nov. 28, Dec. 26, 8–9 a.m.**

Birders — current, experienced, newbie and would-be — welcome! Attend *continued on page 18*

## CALENDAR

### FRIDAY, NOVEMBER 27

Publication date for The Hinesburg Record.

### TUESDAY, DECEMBER 1

**7:00–8:30 p.m.** Community Writers' Group. Carpenter–Carse Library, 69 Ballards Corner Rd., Hinesburg. Calling all local writers! Join us for our monthly Community Writers Group! All genres are welcome. Snacks will be provided. For more info email Laura Wisniewski at [bhy@beecherhillyoga.com](mailto:bhy@beecherhillyoga.com).

**7:00–9:00 p.m.** Energy Committee. Remote Meeting–online Meeting platform.

**7:00–8:30 p.m.** Recreation Commission Meeting. Main Room at Town Hall.

**7:30–9:30 p.m.** Development Review Board Meeting. Remote Meeting via Zoom instead of Town Office.

### WEDNESDAY, DECEMBER 2

**7:00–9:00 p.m.** Affordable Housing Committee. Remote Meeting–online Meeting platform.

**7:00–8:30 p.m.** Fire and Rescue/Medical Training. Hinesburg Fire Department, 10340 VT-116, Hinesburg.

**7:00–9:00 p.m.** Hinesburg Land Trust Meeting. Carpenter–Carse Library, 69 Ballard's Corner Rd., Hinesburg.

**7:00–10:00 p.m.** Select Board Meeting. Ground Level Conference Room, Town Hall.

### MONDAY, DECEMBER 7

**4:30–5:30 p.m.** Lake Iroquois Recreation District Meeting. Williston Town Hall. Public invited.

**7:30–8:30 p.m.** Vermont Astronomical Society Meeting. University of Vermont, Burlington.

### TUESDAY, DECEMBER 8

**7:00–9:00 p.m.** Conservation Commission Meeting. Zoom Meeting. Join Zoom Meeting<https://us02web.zoom.us/j/85303058417?pwd=RURUTkZkV3E0YndmZkZEYzFec3lkQT09>Meeting ID: 853 0305 8417 Password: 321494. Dial by your location +1 929205 6099 US (New York) Meeting ID: 853 0305 8417 Password: 321494.

### WEDNESDAY, DECEMBER 9

**7:00–9:00 p.m.** Planning Commission Meeting. Remote Meeting via Zoom instead of Town Office.

**7:30–8:30 p.m.** Fire and Rescue/Heavy Rescue Training. Hinesburg Fire Station.

### THURSDAY, DECEMBER 10

**6:30–8:30 p.m.** Lewis Creek Association Board Meeting. Carpenter–Carse Library, 69 Ballard's Corner Rd., Hinesburg.

**7:00–9:00 p.m.** Town Forest Committee. Ground Level Conference Room, Hinesburg Town Hall.

### TUESDAY, DECEMBER 15

**5:00–6:30 p.m.** CVSD School Board Meeting. CVU room 160.

**5:30–7:00 p.m.** Hinesburg Business and Professional Association Meeting. Papa Nick's, 10997 VT-116, Hinesburg. New members welcome!Contact HBPAPresident Laura Gurdak at 802-482-2877 or [hinesburghair@gmail.com](mailto:hinesburghair@gmail.com).

**7:30–9:30 p.m.** Development Review Board Meeting. Remote Meeting via Zoom instead of Town Office.

### WEDNESDAY, DECEMBER 16

**7:00–8:00 p.m.** Fire and Rescue/Business Meeting. Hinesburg Fire Station.

**7:00–10:00 p.m.** Select Board Meeting. Remote Meeting–online Meeting platform.

**7:00–9:00 p.m.** Trails Committee. Remote Meeting–online Meeting platform.

### MONDAY, DECEMBER 21

First day of winter.

### WEDNESDAY, DECEMBER 23

**7:00–8:00 p.m.**Carpenter–Carse Library Trustees Meeting. Carpenter–Carse Library, 69 Ballard's Corner Rd., Hinesburg, VT 05461.

**7:00–8:30 p.m.** Fire and Rescue/Fire Training. Hinesburg Fire Station.

**7:00–9:00 p.m.** Planning Commission Meeting. Ground Level Conference Room, Town Hall.

### THURSDAY, DECEMBER 24

Christmas Eve.

### THURSDAY, DECEMBER 24

**7:00–9:00 p.m.** Hinesburg Historical Society Meeting. Remote Meeting–online Meeting platform.

### FRIDAY, DECEMBER 25

Christmas Day.

### THURSDAY, DECEMBER 31

New Year's Eve.

### FRIDAY, JANUARY 1

New Year's Day.

### MONDAY, JANUARY 4

**4:30–5:30 p.m.** Lake Iroquois Recreation District Meeting. Williston Town Hall. Public invited.

**7:30–8:30 p.m.** Vermont Astronomical Society Meeting. University of Vermont, Burlington.

### TUESDAY, JANUARY 5

**7:00–8:30 p.m.** Community Writers' Group. Carpenter–Carse Library, 69 Ballards Corner Rd., Hinesburg. Same details as per Calendar entry for December 1.

**7:00–9:00 p.m.** Energy Committee. Remote Meeting–online Meeting platform.

**7:00–8:30 p.m.** Recreation Commission Meeting. Main Room at Town Hall.

**7:30–9:30 p.m.** Development Review Board Meeting. Remote Meeting via Zoom instead of Town Office.

### WEDNESDAY, JANUARY 6

**7:00–9:00 p.m.** Affordable Housing Committee. Remote Meeting–online Meeting platform.

**7:00–8:30 p.m.** Fire and Rescue/Medical Training. Hinesburg Fire Department, 10340 VT-116, Hinesburg.

**7:00–9:00 p.m.** Hinesburg Land Trust Meeting. Carpenter–Carse Library, 69 Ballard's Corner Rd., Hinesburg.

**7:00–10:00 p.m.** Select Board Meeting. Ground Level Conference Room, Town Hall.

### TUESDAY, JANUARY 12

**7:00–9:00 p.m.** Conservation Commission Meeting. Zoom Meeting. Same details as per Calendar entry for December 8.

### WEDNESDAY, JANUARY 13

**7:00–9:00 p.m.** Planning Commission Meeting. Remote Meeting via Zoom instead of Town Office.

**7:30–8:30 p.m.** Fire and Rescue/Heavy Rescue Training. Hinesburg Fire Station.

### THURSDAY, JANUARY 14

Advertising and News deadline for The Hinesburg Record.

**6:30–8:30 p.m.** Lewis Creek Association Board Meeting. Carpenter–Carse Library, 69 Ballard's Corner Rd., Hinesburg.

**7:00–9:00 p.m.** Town Forest Committee. Ground Level Conference Room, Hinesburg Town Hall.

### MONDAY, JANUARY 18

Martin Luther King Jr. Day.

### TUESDAY, JANUARY 19

**5:00–6:30 p.m.** CVSD School Board Meeting. CVU room 160.

**5:30–7:00 p.m.** Hinesburg Business and Professional Association Meeting. Papa Nick's, 10997 VT-116, Hinesburg. Same details as per Calendar entry for December 15.

**7:30–9:30 p.m.** Development Review Board Meeting. Remote Meeting via Zoom instead of Town Office.

### WEDNESDAY, JANUARY 20

**7:00–8:00 p.m.** Fire and Rescue/Business Meeting. Hinesburg Fire Station.

**7:00–10:00 p.m.** Select Board Meeting. Remote Meeting–online Meeting platform.

**7:00–9:00 p.m.** Trails Committee. Remote Meeting–online Meeting platform.

### WEDNESDAY, JANUARY 27

**7:00–8:00 p.m.** Carpenter–Carse Library Trustees Meeting. Carpenter–Carse Library, 69 Ballard's Corner Rd., Hinesburg, VT 05461.

**7:00–8:30 p.m.** Fire and Rescue/Fire Training. Hinesburg Fire Station.

**7:00–9:00 p.m.** Planning Commission Meeting. Ground Level Conference Room, Town Hall.

### THURSDAY, JANUARY 28

Publication date for The Hinesburg Record.

**7:00–9:00 p.m.** Hinesburg Historical Society Meeting. Remote Meeting–online Meeting platform.

### MONDAY, FEBRUARY 1

**4:30–5:30 p.m.** Lake Iroquois Recreation District Meeting. Williston Town Hall. Public invited.

**7:30–8:30 p.m.** Vermont Astronomical Society Meeting. University of Vermont, Burlington.

### TUESDAY, FEBRUARY 2

**7:00–8:30 p.m.** Community Writers' Group. Carpenter–Carse Library, 69 Ballards Corner Rd., Hinesburg. Same details as per Calendar entry for December 1.

**7:00–9:00 p.m.** Energy Committee. Remote Meeting–online Meeting platform.

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## OUTDOORS

### Hinesburg Trail Maps Now on Avenza App

BY NICK CERTO TRAILS COMMITTEE MEMBER

Technology has become integrated into every aspect of our lives. The Hinesburg Trails Committee felt that we could use technology to work to our and the public's advantage. Over the past few months, the committee has been brainstorming ways to cut down on our paper maps to reduce waste and save time, money and resources. Paper maps are great, but it's time consuming to the stock the maps at each of the trail head kiosks. It's also costly, using funds for paper and ink

#### ► Birds of Vermont

*continued from page 17*

our monthly monitoring walk outdoors on the museum's trails in forest and meadow.

Most fun for adults, older children. Please bring your own binoculars and dress for the weather. We go out the last Saturday of every month.

Do register in advance and get a confirmation from us. Email [museum@birdsofvermont.org](mailto:museum@birdsofvermont.org), or call 802-434-2167.

#### ► Hinesburger Art

*continued from page 1*

[miriamadamsart.com](http://miriamadamsart.com) and then clicking on the link to the Henry Sheldon Museum, or by going to [henrysheldonmuseum.org/drawing-on-the-past](http://henrysheldonmuseum.org/drawing-on-the-past). There is also an interview with the museum director about the exhibit on the site.



"Posey." 10"x10"

and wasteful as most of the printed maps probably find their way into the trash. Thanks to an idea sparked by trails committee member Chic McArthur, the Hinesburg Trails Committee has successfully uploaded the trail maps to a commonly used hiking app called Avenza. We did not entirely do away with paper maps, but we know a majority of people carry a cell phone with them so we felt this was a great idea.

The Avenza app is a great resource for hikers. It has trail maps for trails all over the country and Vermont. From the Long Trail, Camel's Hump and Mount Mansfield to our very own Hinesburg Area Recreation Trails. Avenza is a great resource that can add value to any hiker's arsenal.

***The Avenza app can be found in both the Google Play store and the Apple App Store and it's free to download.***

The Hinesburg Trails Committee has also posted a QR code to scan for the app at every trail head kiosk. If you scan the code with the camera on your smart phone, a link to the app should populate for you to tap and direct you to the app store to download the app.



If you don't wish to use the Avenza app, all the HART maps are also located on the town of Hinesburg website, under "Trail Maps." We have also posted a QR code to the maps on the website at the kiosks as well.

Once downloaded the only thing you need to have is an email address to register for the app. After the Avenza app is downloaded and you've registered with your email address, you simply click the shopping cart icon labeled "Store" to begin your search for maps to download. Once in the "Store," click the search bar at the top of the page and then type "town of Hinesburg" in the keyword section. This is where the magic happens! You will then see the Hinesburg Trail Maps which can be downloaded for free! Once the maps you choose are downloaded, they



to download the map, but once it's downloaded it can be accessed at any time with no service required. As you hike the symbol representing you will move along the trail, again, like the GPS in your car. It will help you navigate and stay oriented so you don't get lost. How cool is that?

We at the trails committee hope that introducing the maps on Avenza will produce less waste and save resources, time and money. Next time you go for a hike on one of the Hinesburg Area Recreation Trails, please consider using the Avenza app or pulling up the maps on your phone through the town website. For those who are not comfortable with this technology, paper maps will still be available.

### Takers and Leavers

BY ETHAN TAPPER, CHITTENDEN COUNTY FORESTER

As someone who loves forests, one of the hardest and strangest parts of my job is to figure out how to cut trees in a way that supports the healthy growth and development of these complex ecosystems. While some forest management is primarily focused on economic value — growing valuable "timber" — modern forest management often targets a wider range of objectives. These include growing valuable trees and generating income for landowners, but also creating value in other, more abstract ways: like improving wildlife habitat; increasing forest resiliency; and making Vermont's relatively young, simple forests more diverse and complex.

As approaches to forest management evolve, so too do opinions about the role of humans with respect to our forests. These opinions vary widely, but often fall somewhere on a broad spectrum. While most people fall somewhere in the middle of this spectrum, the polarities are constantly embroiled in a struggle about how forests work, their fundamental value and the role of humans in them.

are available to you and can be found under the map icon labeled "My Maps." That's it! Pretty simple, right?

So, you're ready to take an enjoyable hike on one of the awesome trails Hinesburg has to offer. You've got your shoes laced tight, your water filled up and your cell phone ready to go. Launch the Avenza app and access the map for the trails system you've chosen to hike under the My Maps icon. The app will use geolocation to show you exactly where you are located on the trail on the map, much like the GPS in your car. You will need service/internet

Far on one end of the spectrum are the "Leavers," those who appreciate the beauty and complexity of forests intrinsically — who love them just as they are. The combination of loving our forests so much and an instinctive distrust for management means that

***Leavers don't believe that humans should have any role in our forests at all.***

On the other end are the "Takers," those who have an appreciation for managing the forest, cutting wood and generating economic value.

***Takers believe that the main role of forests is to provide us with resources and benefits.***

In this mindset, no matter what we do to extract that value or those resources is acceptable — after all, forests belong to us and exist to serve our needs.

In my mind, both of these polarities are problematic. While I respect Takers for taking action, their view of forests is overly simplistic — by focusing purely on volumes and value, they neglect parts of forests that have value but no direct economic value (clean air, clean water, wildlife habitat, carbon sequestration and storage) and they generally think in the short-term. While I respect Leavers for their amazing understanding and appreciation of the complexity and many values of forests, they won't allow us to have to any role in helping them be healthy, even as they face massive human-caused challenges like historic mismanagement, invasive exotic plants, pests and pathogens and a changing climate.

During archery season this year, I shot a doe in a forest where a severe overpopulation of deer had browsed the understory until it was barren. While I knew that the only way to help this forest recover would be to lower the deer population, and I knew that the problem was largely human-created, killing that deer still didn't feel easy. Like a Taker I took appropriate action, but like a Leaver I did so not out a sense of entitlement, but out of respect and love for the health of the forest and its biodiversity.

The same mindset can be applied to forest management: cutting trees. While I see forests as complex systems and value them intrinsically, I also believe that I can honor that understanding with thoughtful forest management that supports biodiversity and complexity at every level of the ecosystem, that helps makes forests more beautiful and functional. I love trees and salamanders and moss and I also love cutting wood — and I don't think these things are contradictory. In thinking about managing forests, I also consider the broader benefits to our communities and our

world; generating (and using) local, renewable resources is a profound and radical action, one which benefits our local economies, supports our working landscape and helps us support justice, equity and sustainability in the resources we consume. Like killing that deer, cutting trees doesn't have to feel easy. But, for a number of reasons, we need to take the courageous step of doing what's right, even if it's hard.

I believe that this mindset is the future of forest management — cultivating a richer understanding of what forests are and how they function and also being willing to manage them actively in ways that support this understanding. Cutting trees, lowering deer overpopulations, killing invasive plants with herbicide, these are steps that are intimidating and challenging, but which are necessary to protect the health of our forests.

***I think that we can take lessons from the Takers and the Leavers and become something more complex.***

Ethan Tapper is the Chittenden County forester. He can be reached at [ethan.tapper@vermont.gov](mailto:ethan.tapper@vermont.gov), or at 802-585-9099.



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## ARTS & LEISURE

### Call for Applications: Artist Development Grants

FROM VERMONT ARTS COUNCIL PRESS RELEASE

The Vermont Arts Council is now accepting applications for its next round of Artist Development Grants. The deadline for this current round is Jan. 11, 2021.

Artist Development Grants support artists at all stages of their careers. Grants can fund activities that enhance mastery of an artist's craft or skills and activities that increase the viability of an artist's business. New this year: grants can also support

teaching artists in developing the skills necessary to provide instruction in K-12 schools remotely during the COVID-19 crisis.

Funding may also support aspects of the creation of new work when the activity allows the grantee to accept a rare and important opportunity.

Eligible expenses for such activities include, but are not limited to:

- advanced study of technique or practice with a mentor
- attending a professional conference to build business or artistic skills or knowledge
- contracting professional services including photographic documentation of work, contract preparation or business incorporation, creation of accounting systems, developing e-commerce on a website, creation of marketing materials, etc.

*continued on page 20*

May your holidays be filled with peace, goodwill and joy!

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▶ Arts & Leisure

*continued from page 19*

- marketing, planning, purchasing some materials or renting space for new exhibitions or performances
- adapting and responding to the current COVID-19 crisis
- travel within the United States

Applications are evaluated in three areas: impact, planning and budget. Priority is given to first time grantees and proposals for rare or unique opportunities.

**Who May Apply:** Artists who:

- have been residents of Vermont for a minimum of one year prior to the application deadline and are residents at the time the award is granted
- are 18 years of age or older at the time of application
- have submitted all required reports on any prior council grants
- meet all of the above requirements and are applying as a representative of an artist group

**Who May Not Apply**

- Artists whose projects involve activities for which college credit is given
- Artists who have received any other Arts Council grant in the same fiscal year to support the same project
- Artists who have received an Artist Development Grant between September 2020 and June 2021

Grant amounts range from \$250-\$1,000. The Artist Development program has supported 277 Vermont artists since the program began in 2009. For examples of previously funded projects, visit our list of recent grantees at [vermontartscouncil.org/grants/recent-grantees](http://vermontartscouncil.org/grants/recent-grantees).

**Application deadline: Jan. 11, 2021**

(Future round deadline will be May 10, 2021).

For full details and the online application, visit [vermontartscouncil.org/artistdevelopment](http://vermontartscouncil.org/artistdevelopment).

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**Use extreme care when clearing snow** surrounding, or large icicles above, meters and vents. If your meter gets encased in thick ice, please call us.



## Sweet Treat Gift Idea

### Cookie Mix in a Jar

BY CATHY RYAN

Just about everyone likes fresh-baked cookies, but finding a recipe, then buying and measuring all the ingredients can be daunting to some people. So, this holiday season, give the gift of convenience — premeasured cookie mix that you pack into a jar. Your recipients will only need to add an egg and some butter.

I've done a lot of fraction math for a cookie recipe (with two flavor options) so that it will all fit in a Mason jar, or another 16-ounce jar. Glass peanut butter jars work well, once you soak the label off, and if you'll be mailing your gift, plastic 16-ounce peanut butter jars are good because they're light and won't break. Note — don't use peanut butter jars if recipient has peanut allergies, even if you wash the jar well.

Pickle or relish jars also work, but you'll need to make sure all the pickle or relish smell is off the jar and lid. This is also true of pasta sauce lids that fit on Mason jars. After washing the lid, coat it with a thick paste of baking soda and water and let it sit overnight. If it still smells, put a layer of wax paper or plastic wrap between the lid and the ingredients.

If you've saved holiday cards that you received, you can cut a circle out of one to decorate the jar lid. A ribbon also adds a nice touch. Write or type up the recipient instructions on a small piece of paper (see below), fold it up, and staple it to the ribbon, or tape it to the jar.

### Double Chocolate Oatmeal or White Chocolate Cranberry Oatmeal Cookies

#### Gift-Giver instructions:

Pack the following ingredients, *in this order*, into the jar, gently shaking or tapping the jar on the counter between each ingredient.

**1/4 cup whole-wheat flour**

**1/4 cup white flour** (or 1/2 cup white flour if you don't want or don't have whole-wheat flour)

**1/3 teaspoon baking soda.** Since 1/3 teaspoon measuring spoons don't exist, use a little less than 1/2 teaspoon.

**1/6 teaspoon salt** (use a rounded 1/8 teaspoon.)

**1/6 cup white sugar** (half-fill a 1/3 measuring cup — it doesn't have to



Double Chocolate Oatmeal cookie mix neatly layered in a Mason jar.

be perfect)

**1/6 cup brown sugar.** Pack it down tightly into the jar with a spoon or your fingers.

**Add-ins:** for Double Chocolate cookies, add 1/3 cup chocolate chips, then 1/3 cup unsweetened cocoa powder.

For White Chocolate Cranberry cookies, add 1/8 teaspoon cinnamon, 1/3 cup white

chocolate chips, and 1/4 cup dried cranberries.

**1 cup oatmeal** (either quick or old-fashioned)

If there is still space at the top of the jar, add a few more of the add-ins (chocolate chips, cranberries). If you're running out of space in the jar, it's OK if you can't quite fit in the entire cup of oatmeal, but push the rest of the ingredients down to fit in as much oatmeal as you can. You need to include most of the oatmeal. If you can't, your jar is too small. The jar should be filled tightly to keep the layers separated and looking pretty.

#### Recipient Instructions:

*Print/write these steps and include with jar. A PDF of these instructions for printing can be found at [hinesburgrecord.org/recipes](http://hinesburgrecord.org/recipes). Some recipients may also want the full ingredient list, particularly if they have food allergies.*

You will need:

**1 egg**

**6 tablespoons butter**

Allow egg and butter to warm to room temperature. Preheat oven to 350°F. Mix together egg and butter in a mixing bowl. Add jar contents and mix. If it seems too dry, add a little water, oil or melted butter.

Drop large spoonfuls (or shape balls with your hands) on a baking sheet and bake for 10-12 minutes. If in doubt, take them out — oatmeal cookies are best slightly undercooked.

Allow to cool on baking sheet for one minute, then move to a cooling rack.



White Chocolate Cranberry Oatmeal cookies

▶ Measuring Deaths

*continued from page 12*

tes and hypertension. In America, 34 million have diabetes and another 88 million are prediabetic, that's one in three of us.

Tobacco addiction leads to cancer, respiratory diseases and heart attacks; alcohol to organ failure.

At the peak of my own food addiction, I weighed just shy of 500 pounds and I had to weigh myself at the local Agway on a grain scale to record my actual weight before entering an addiction treatment facility that treated eating disorders. It had been years since I knew my actual weight, as most scales stopped at 250 or 300 pounds. Since then, the prevalence of obesity has since caused scale manufacturers to redesign their products.

In desperation, after years of trying to lose weight and failing, I signed into a 30-day addiction treatment facility and began to learn what I needed to know and do to recover from my addiction to food. By abstaining from refined carbohydrates — sugar, flour and wheat — I was able to lose some 240 pounds safely over the course of two years. The first few weeks were hard but, in time, the compulsion to keep eating subsided with abstinence, as it does in recovery from alcohol, tobacco and opioid abuse.

Americans consume on average 152 pounds of sugar a year — mostly from high-fructose corn syrup. Look at a five-pound bag of sugar and imagine how to eat it in 12 days. Try to find sugar-free tomato sauce, crackers or soups in the average grocery store. Common ketchup is 28% corn syrup. Mexican drug cartels put heroin in candy to get young people addicted. How is adding sugar to everything any different?

My mother was obese. Growing up in the 1950s during the dawn of industrial processed food — Oleo,

Campbell's Tomato Soup, Frosted Flakes, Oreos, Cheez Whiz, Kool-Aid — our kitchen was well-stocked with addictive substances. I learned early, as do far too many children.

The \$75B diet industry has a 90% failure rate, as most weight lost is soon regained. Medicine offers three levels of treatment for obesity: dietary restriction, surgical intervention and drugs. The most effective current option among them is the most invasive and risky — surgery. Were we to acknowledge that certain refined foods can be addictive, we could treat the addiction more effectively through early childhood intervention, education and residential treatment.

We've been effective at reducing tobacco addiction through education and punitive taxation, although the introduction of vaping has resurfaced tobacco addiction as threat to our young. Alcoholics Anonymous and residential treatment programs have been somewhat effective at treating those who acknowledge their addiction.

But we've done little or nothing from a policy perspective to stem the immense damage done by addiction to refined carbohydrates, which are propelled untaxed into our food systems and with government subsidy. The corn subsidy expands waistlines with sugar, marbles beef with fat, and clogs carburetors with ethanol — leaving one to wonder who exactly this subsidy benefits.

When I was writing a book about being a fat person, I spoke with Nora Volkow, director of the National Institute on Drug Abuse at the NIH and, as it happens, great-granddaughter of Leon Trotsky. She clarified for me the breadth of the addiction research community's understanding of addiction science, explaining that it results from a physical or psychological dependency on substances introduced into the body or personal behaviors that stimulate the body to produce drugs like dopamine or

adrenaline on which the psyche becomes dependent.

In framing a coherent health policy for Vermont, we must understand and tally deaths from the full spectrum of addictions. A death by drug overdose is horrendous, but so are deaths resulting from morbid obesity, smoking and alcohol. Each must be accounted for in the annals of morbidity and mortality and public policy must take all into account as we struggle to reduce the tragedy of addiction.

Please answer the need

### Hinesburg Food Shelf

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Hinesburg Area Churches

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PO Box 444, Hinesburg, VT 05461

Hinesburg Food Shelf hours are:  
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Friday mornings 10:00 - 12:00

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## RELIGION

## United Church of Hinesburg

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**Pastor:** Rev. Jared Hamilton

**Office Hours:** Monday to Thursday 8:30-11:30 a.m.

**Location:** 10580 Route 116

**Phone:** 482-3352

**Email:** unitedchurch@gmavt.net

**Address:** P.O. Box 39

**Website:** ucofh.org

**Sunday Worship Service:** 10:00 a.m. Sunday Worship is now livestreaming.

**Choir practice:** 9:00 a.m. Sunday

**Sunday School:** Nursery and story time; Christian Education Kindergarten through 8th grade during academic p.m.

**Senior Meal Site:** Every Friday 11:00 a.m.- 1 p.m. (except first Friday) Osborne Parish House

**AA Gratitude Group:** every Monday 7:00 p.m., Osborne Parish House.

## Lighthouse Baptist Church

**Pastor:** Reverend Ed Hart

**Church Phone:** 482-2588

**Home Phone:** 482-2588

**Email:** lighthousevt@aim.com.

**Website:** LBCvt.homestead.com

**Location:** Hinesburg Village Center, 90 Mechanicsville Road

**Address:** P.O. Box 288

**Regular Services:**

Sunday Morning Worship: 10:30 a.m., Nursery provided.

**Sunday Evening Service:** 6:00 p.m.

**Wednesday:** 7:00 p.m. Bible Study and Prayer Meeting; Nursery provided.



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## Saint Jude the Apostle Catholic Church

**Pastor:** Fr. James Zuccaro

**Pastor's Residence:** 425-2253, dgcray@gmail.com

**Mailing Address:** 2894 Spear Street/P. O. Box 158, Charlotte, VT 05445

**Hinesburg Rectory:** 482-2290, Stjude@gmavt.net, P. O. Box 69, Hinesburg 05461, (10759 Route 116)

**Parish Secretary:** Marie Cookson, 434-4782, Rectory, 482-2290, mariet-cookson@aol.com

**Office Hours:** Mondays and Thursdays, 8:30 a.m. to 3:30 p.m..

**Parish Council Chair:** Allan Monniere 578-8572

**Finance Council Chair:** Doug Taff: 482-3066

**Buildings and Grounds Supervisor:** Buildings and Grounds Supervisor: Henry Moreno, 802-777-4169.

**Weekend Masses:**

Saturday, 4:30 p.m.; Sunday: 9:30 a.m., St. Jude Church, Hinesburg

Sunday: 8:00 a.m. and 11:00 a.m., Our Lady of Mount Carmel Church, Charlotte

**Weekday Masses:** Monday and Friday, 8:00 a.m., St. Jude Church

Tuesday, Thursday: 5:15 p.m. Our Lady of Mount Carmel Church

**Sacrament of Baptism:** Call the Pastor for appointment

**Sacrament of Reconciliation:** Saturdays at 4:00 p.m. at St. Jude Church and by appointment.

**Sacrament of Marriage:** Contact the Pastor at least six months in advance

**Communion at Home:** Call Parish Office, 482-2290

**Confirmation Coordinators:** Dan & Roxanne Smith, 453-3522

**Religious Education Coordinator:** Marie Cookson, 434-4782

**Religious Education (CCD):** Monday evenings from 6:30 p.m.-7:30 p.m. for

grades K-8. Registration is required.

**The 9<sup>th</sup> and 10<sup>th</sup> grades (Confirmation Years) meet once a month.** This is a two-year program. Watch Sunday bulletins for dates and times.

Please call Marie at 482-2290 (Parish Office) or 434-4782 (home) for more information.

**Eucharistic Adoration:** Eucharistic Adoration is held the first Friday of each month following the 8:00 a.m. Mass at St. Jude.

**Food Shelf Weekend:** Every third Saturday and Sunday. Parishioners are asked to make an extra effort to bring non-perishable canned and dried food in weekly for the Hinesburg Food Shelf. Food Collection baskets are in the entry for your convenience.

**Senior Meals:** Will be served from noon to 2:00 p.m. on the second and fourth Tuesday of each month unless otherwise noted. Food will be prepared by Meals on Wheels. There will be cards, board games and door prizes. Cost is \$4.00 donation. Please call in advance so we have plenty of food on hand. For reservations call Ted Barrett at 453-3087 or Marie Cookson at 482-2290 (parish office) or 434-4782 (home). Caretakers are welcome. Hinesburg Rides will pick you up and bring you home at no charge. For more information, call the parish office at 482-2290.

## Community Alliance Church

**Pastor:** Scott Mansfield

**Phone:** 482-2132

**Email:** info@hinesburgcma.org

**Web:** hinesburgcma.org

**Address:** 190 Pond Road, Hinesburg (overlooking CVUHS soccer fields)

**Sunday Services:** 10:30 a.m. Children's programs, for nursery through elementary school ages.

**Middle School and High School Youth Group:** Meets from 5:00 p.m. to 7:00 p.m. on Sundays. This is a great time to meet new friends, hang out and talk real life.

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**Weekday Life Groups:** Various times, days, and locations throughout the week.

For more information, please contact the church at 482-2132 or visit hinesburgcma.org.

## Williston Federated Church

United Church of Christ and United Methodist Church

*An Open and Affirming Reconciling Congregation*

**Address:** 44 North Williston Road, Williston VT 05495

**Phone:** 878-5792.

**Website:** steeple.org

**Minister:** Rev. Paul Eyer

**Activities:** Junior and Senior High Youth Groups; Men's Bible Study; Women's Book Group; Junior, Senior and Contemporary Music Choirs; Friendship Suppers; opportunities for mission and outreach in the community, country, and world.

**Service:** Sundays 9:30 a.m., Nursery/Child care provided; Sunday School during the service for pre-K through high school; Coffee/Fellowship after service in Fellowship Hall.

## Trinity Episcopal Church

**Address:** 5171 Shelburne Rd., Shelburne, VT 05482

**Church phone:** 985-2269

**Church email:** info@trinityshelburne.org

**Website:** trinityshelburne.org

**Worship service:**

Sunday morning at 8:00 a.m.

**Worship service and Sunday School:** Sunday morning at 10:30 a.m.

**Space for Grace program:** Sunday mornings 9:15 a.m.

## All Souls Interfaith Gathering Non-Denominational Service

**Pastor:** Rev. Don Chatfield

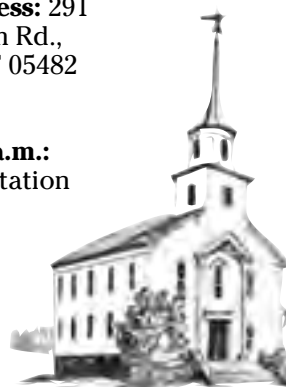
**Phone:** 985-3819

**Mailing Address:** 291 Bostwick Farm Rd., Shelburne, VT 05482

**Services:**

**Sunday 9:00 a.m.:** Morning Meditation

**Sunday 5:00 p.m.:** Music & Spirit Service



## ► Russell Garrison

*continued from page 24*

Perry Russell entry corresponding to the year 1787 and the purchase of a Hinesburg lot or house.

This 50 page pamphlet, published by the 1976 Hinesburg Bicentennial Committee, has 25 illustrations drawn by 19 mostly then-Hinesburg residents. The one and only index is of surnames. Bostwick's mentions the name Boynton as having "bought a situation in the center of the village." On the same page there's an illustration of the "Boynton-Russell House," the Russell house today. George L. Russell's lineal ancestry shows Charles Russell, who came to Hinesburg or Shelburne was born in Old Dartmouth, Massachusetts in 1761 and died in Hinesburg in 1849. Subsequent descendants are noted to have settled in Hinesburg, Shelburne and northern New York.

"Hinesburg, Vermont from 1762" written by Leonard E. Carpenter in 1961 is another notable Hinesburg history pamphlet that credits local sources and documents found in the town clerk's office and town library. The contents page lists once-prominent and familiar Hinesburg families but not the Russells. The subjects include the Hinesburg Directory of 1882. This pamphlet does make reference to the Boynton-Russell house which was built by the same person who built the Lantman's Market building, originally as a hotel. Leonard Carpenter's pamphlet is a compilation that includes the 1882 business directory which lists shops, business and mill owners, people in occupations, etc., but not farmers.


"Dartmouth — The Early History of a Massachusetts Coastal Town" (Beverly Morrison Glennon, 2001) informs us that the Plymouth Colony purchased Old Dartmouth from Sachem Massasoit in 1652, and that John Russell purchased part of Dartmouth from Miles Standish in 1662 and 1664. John Russell was a freeman, a "planter," who converted to Quakerism upon his arrival. He was appointed to the General Court at Plymouth, 36 miles distant, first in 1665 and last in 1682. He was made a local deputy one month prior to the beginning of King Philip's War. Russell's homestead was to become the garrison that hosted Old

Dartmouth's first town meeting before hostilities began, and later town meetings were hosted by his widowed wife until 1690. The Village of Russell Mills, Russell Mills historic district, and Russell Mills Road that exists today are all of the same namesake.

At the start of the uprising in June of 1675, Native Americans killed colonists in Swansea, Massachusetts. The first native assault hit outlying homes where buildings were burned. A tribe of the Wampanoag lived on the opposite side of the Apponagansett River across from the Russell homestead. The Plymouth militia arrived in July and converted the homestead into a garrison from which negotiations began with the local natives. Peace was negotiated where the natives surrendered to the militia. Although they were promised sanctuary, they were evidently betrayed by the leadership of the Plymouth Colony, taken as prisoners and sold into slavery beyond North American shores.

Modern day historical interest in the site began with the Dartmouth Dig in 1951 (Ricketson's Field Work), which included excavation and virtual reconstruction to produce drawings and photos. It was one of the earliest historical archaeological projects in New England. The report was released in 1964, Old Dartmouth's 300th anniversary. The site was placed on the National Register of Historic Places in 2018. A presentation by Senior Archaeologist Holly Herbster answered the question of why the Russell Garrison is so important. It is the homestead of an Old Dartmouth leader, it is a specific location connected with King Philip's War, and the site was remembered locally and so preserved for 300 years.

***This November is the 400th anniversary of the Mayflower's 66-day voyage.***

  
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*The Russell Garrison Historic Plaque*

The replica, Mayflower II, owned and operated by Plimouth (sic) Plantation in Massachusetts, was re-launched in 2019 after 3 years of preservation. Since John Russell is not listed as one of Mayflower's 102 passengers, an inquiry was made to the New Bedford Whaling Museum, which is the repository of much of Dartmouth's Massachusetts history. When inquiry asked what ship and date did John Russell arrive on, the curator pointed to his white paper titled "The Cultural Underpinnings of Colonial New Bedford." (Joseph Russell, 1719-1804, son of John Russell founded Bedford Village in 1765 that eventually gave birth to the New Bedford Whaling industry.) The inference to the inquiry



*Bell of Refurbished Mayflower Replica in Plymouth in 2020 (this summer)*

suggests "it is tempting to imagine colonial North America as a stand-alone experience." In other words, the Mayflower's landing cannot be likened to nor was it as uniquely singular as the moon landing.

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# BACK STORIES of Hinesburg

## The Russell Garrison

BY ROGER DONEGAN

On a mid-August morning in 2019, I crossed paths with Ken Russell in the Trillium Hill Farms produce, sundries and grass-fed beef shop housed in the Russell barn in the center of town. Not having met before, we introduced ourselves. Ken would be a fifth cousin to all of the living Hinesburg Russell siblings and happens to stop by the farm occasionally. We had an affable and casual conversation. He mentioned “the Russell Garrison.” Had I heard of it? The full context of his explanation didn’t sink in until he mentioned “King Philip’s War” (1675-1676).

King Philip was the Native American chief, the leader of many southern New England tribes, whose original name was Metacom. He had a role in the native uprising against the early colonists after decades of coexistence. A read of Nathaniel Philbrick’s “Mayflower” is a key primer on the subject.

Ken’s enthusiasm to share the story was buoyed by recent ground shaking news on John Russell and the Old Dartmouth homestead foundation, which is linked to the Hinesburg and Shelburne Russell descendants.

Previous to official positions on what role the Russell Garrison played in Plymouth Colony history, Ken and his older brother George can recall their grandfather rolling out a 15-foot chart of the family tree on visits. Equally newsworthy George is named after his grandfather, George L. Russell, whose title in formal circles would be Vice Admiral George L. Russell were he alive today. As a contemporary and a personal associate of WWII fleet admirals Chester W. Nimitz and Ernest J. King, he is close to being an historical an-



Plymouth Plantation House Replica in 2020 (this summer)

cestor in his own right.

My chance meeting with Ken led to informational sources. “Garrison” has multiple meanings beginning with use as a verb or as a noun to describe an organized contingent of armed personnel or a defensive perimeter or a stand-alone structure housing personnel. In the case of the Russell Garrison, the term applies loosely as a tag to the site of a colonial

homestead where excavation and reconstruction prove a lack of extra defensive features. The locals preserved the term Russell Garrison, and eventually ascribed the side road abutting its location today in Dartmouth, Massachusetts as Fort Street. A local 1940s vintage news article described the site as “seemingly nothing to look at, yet much to remember.”

**Nary a boast, the off-hand understanding is that the Russells were the fifth family to settle Hinesburg.**

Outwardly, this is in sync with the fact that the Russell farm is in the center of town, and the family house is on a rise directly across from Hinesburg Town Hall. A look to “1861 History and Tales of Hinesburgh [sic], Vermont” by Erastus Bostwick for evidence lists a Charles and a

*continued on page 23*



The Russell Garrison Historic Marker Installed in 2019

## VOLUNTEER OPPORTUNITIES

### Make a Difference

Do you need volunteers for a Hinesburg event or non-profit organization? Send the information to [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org) and we'll publish it here. Use “volunteer need” as a subject line.

### Mentoring

Make a difference in the life of a child. Become a mentor at HCS. No tutoring involved, just being a buddy to a child who would benefit from adult friendship. And only one hour a week during the school year. Contact Ginny Roberts at [groberts@cvsdvt.org](mailto:groberts@cvsdvt.org) or 482-8248 for more information.

### Hinesburg Trails

Help maintain public trails. All skill levels from none (just enthusiasm) to experienced chainsaw operators, and trail designers are needed. For more information contact Jane Sheldon at [elcabi2@gmavt.net](mailto:elcabi2@gmavt.net).

### Meals on Wheels

Help out local area residents who cannot easily get out of their homes. Become a Meals on Wheels driver. Routes take anywhere from an hour to an hour-and-a-half depending on the day. You need not commit to a weekly schedule. Call Jane Gage at 482-6096 for more information.

### Visit a Senior

Hinesburg seniors need your help. Some seniors live alone with limited social contact and would love to share their gift of gab with you. Just an hour of your time can make a big difference in the life of one of the seniors in our town. If you would be willing to help contact Bev at 800-642-5119 for more information.

### Town Committees

Frequently there are openings on town committees. Here are some of the recent ones.

- Affordable Housing Committee
- Agency Request Review Committee
- Conservation Commission
- Economic Development Committee
- Recreation Commission

Check town web site [hinesburg.org/vacancies.html](http://hinesburg.org/vacancies.html) for the most current committee openings, descriptions and instructions on how to apply. For more information contact Renae Marshall 482-2281 x227 or [rmarshall@hinesburg.org](mailto:rmarshall@hinesburg.org).

### The Hinesburg Record

Help publish your community newspaper which is produced by volunteers who write, edit, and lay it out each month. The Record needs people to write and edit copy, take photos, and help with distribution and mailing. One-time or occasional submission of articles is more than welcome.

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