

the HINESBURG Record

APRIL 2021

Think Spring! Plots Available at Community Garden in Hinesburg

BY KRISTY MCLEOD

Spring is officially here, so what better time than now to think about gardening! If you would like to grow organic vegetables, herbs or flowers for your family and friends to enjoy, please come join us. Established in 2010, the Hinesburg Growing Together Community Garden, a project of the UVM Extension Master Gardener Program, has 20 plots, each with two 4-foot by 12-foot wooden raised beds. The plots are located on a sunny, breezy rise of land donated by, and next to, the Community Alliance Church on Pond Road in Hinesburg.

You'll find the other gardeners friendly and helpful, along with our three master gardeners and our master composter who are available by phone, email and by visits to the garden to help answer questions and guide you along the way.

Limited plots will be available on a first-come, first-served basis, so please plan to register as soon as possible. The cost for a plot is \$35 the first year and



The Hinesburg Growing Together Community Garden.

\$20 in subsequent years.

If you have questions, please contact either of the following Community Garden members:

• Grace Link at graceplay@vt04.com or

802-489-6200

• Kristy at larcresox@gmavt.net or 802-482-3372.

To request a registration form, please contact Kristy.

With Police Budget Increase, Hinesburg Adds Mental Health Services



Howard Center Community Outreach Specialist Sabino Ramirez (left) and Officer Francis Smith (right) responding to a call about a man in crisis on March 9. Photo by Chief of Police Anthony Cambridge.

BY MADDY HOLDEN,
COMMUNITY NEWS SERVICE

Hinesburg was one of only seven Vermont towns included in a recent UVM survey of nearly 100 towns that saw their police budget increase by more than 10% at this year's Town Meeting Day (tiny.one/VTPoliceData). The vote was contentious, but there has been broad support for one line item in the police budget: the new partnership with the Howard Center's Community Outreach program.

Hinesburg Police Chief Anthony Cambridge called it his "favorite increase as it provides an amazing service to our town residents."

Howard Center is the designated provider of mental health and developmen-

tal disability services and the preferred provider for substance use services in Chittenden County.

The Hinesburg budget allocates \$7,365 to the partnership with the Howard Center, which began on Jan. 1, 2021. That allocation will cover half of the yearly contract. After salaries, it accounts for most of the police budget increase this year.

Hinesburg joins eight other towns in Chittenden County in their collaboration with the Howard Center. Currently, there are four to five people who work in the county on behalf of the Howard Center and two supervisors who also have roles in the community. These workers aid the police departments in their responses to people who require social services. If someone is sui-

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Hinesburg's
independent,
nonprofit
community
newspaper

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Skiing the Other East

Page 16: Mountains near Kosovo rival the "Beast of the East."



CVU Sports

Page 14: Winter season roundup.

Service Directory & Calendar of Events

Page 16-17: At-a-glance view of community services and events.

BACK STORIES

of Hinesburg

End-of-Life Doulas

Page 24: Whether it's end-of-life care or beginning-of-life care, doulas do the work of preparing, planning, and processing.

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Deadline for our next Issue: April 15, 2021

Send articles to: news@hinesburgrecord.org. Or call us at 999-2410.

You may also use the drop box at the Giroux home at 327 Charlotte Road to drop off hard copy articles and photographs.

Contact us at ads@hinesburgrecord.org for ads or call us at 482-7227.

Deadlines for 2021

Advertisement/News	Publication Date
April 15.....	April 29
May 13.....	May 27
June 10.....	June 24
August 12.....	August 26
September 16.....	September 30
October 14.....	October 28
November 11.....	November 26
January 13, 2022.....	January 27, 2022

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Town News

Town Clerk & Treasurer

BY MISSY ROSS

Town Meeting Day

Town Meeting Day went off without a hitch despite the lack of an in-person gathering the night preceding the Australian ballot voting on Tuesday. An informational meeting was held on Monday evening, March 1, via Zoom. Over 100 people logged on to participate in the remote meeting and were able to voice their opinions. The meeting stimulated a lot of discussion and was surprisingly engaging. There

were few if any technical difficulties and the citizens were respectful with their comments. Many thanks to Frank Twarog for adapting his moderator skills to the new format so seamlessly.

The polls were open on Tuesday, March 2 from 7 a.m. to 7 p.m. as usual. Though we had planned to do a drive-thru format, the extreme windchill forced us to reconsider and we made the decision to move indoors. We had an average turnout of voters with 915 people casting a ballot with the vast majority voting by mail. We had 633 early ballots cast and 282 in-person voters. Phil Pouech, our current selectboard chairperson, was elected to a term of one year remaining of a two-year term. The

other selectboard seats were filled by Maggie Gordon for a three-year term and Dennis Place for a two-year term, both unopposed. All other candidates for various offices were also unopposed and all were elected to their respective seats on various boards. Frank Twarog will be the moderator again for the coming year. The full results are on the town webpage at hinesburg.org.

All of the budget articles passed by wide margins. Under normal circumstances, the budget articles are voted on at the in-person town meeting on Monday night preceding Town Meeting Day and typical attendance is around 175-200 community members. This year, all 915 people who voted by ballot had the opportunity to weigh in on the budget, which is one of the perennial arguments for switching to an Australian ballot for the budget. The fear, of course, is that Town Meeting Day as we know it will fizzle out and we will have lost an opportunity for direct democracy. This year, we had a rather robust discussion despite the fact that we were voting the budget by ballot. I feel sure this issue will present itself in the next year or two as we look to the future of how we want to run our town meetings.

Dog Licenses Due April 1

The annual licensing of all dogs in Vermont has begun! You must renew your license by April 1, though we typically have a grace period of a couple of weeks after that before we start imposing late fees. The fee is \$10 per dog and all we need to issue the license is a copy of your dog's current rabies certificate. If your pet was licensed in Hinesburg last year, we most likely have the rabies information on file and as long as it is still current, you are all set. We are conducting business through our transaction window on the back porch Monday through Friday, 8 a.m. to 4 p.m. so please stop by to obtain your 2021 dog license. You may also renew by mailing a check for \$10.00, along with a copy of the current rabies certificate and a self-addressed stamped envelope, or by depositing the same in the drop box outside the clerk's office and we will mail you your pet's new license. You may call 802-482-2281 ext. 1 or email either Heather or Missy to find out if we have a current rabies certificate on file. Thanks for following through with this important public health requirement.

story residence for senior citizens (50 units). In the current plans the commercial space is described as 10,000 sq. ft. of "support services" for seniors.

Here are some questions regarding the BlackRock congregate housing:

1. What is BlackRock's definition of congregate housing for Seniors?
2. Will Meals on Wheels be allowed to provide services to residents of the senior/congregate housing?
3. Do we in Hinesburg want a three-story institutional-looking building as a "Gateway to Hinesburg"?
4. What will be the ownership and management of the congregate/senior housing?
5. Who will be responsible for maintenance and for safety for an elderly population in a high-rise structure?

It is not too late to give serious thought to these questions. To encourage the Development Review Board to ask for answers.

How these questions are answered will affect the appearance of our town for generations to come.

ONCE BUILT, IT WILL BE OUR FUTURE.

Therefore, let us be wise, well-informed citizens, who have done our homework, in order that we may be proud of our town.

Johanna White,
Responsible Growth Hinesburg



Budget and Pre-Buy Plans for your total energy needs

Email: Tim@jackmansinc.com Phone: 802-453-2381
Mary@jackmansinc.com Ext. 21 or 22
32 Pine St., Bristol, Vermont 05443 Fax: 802-453-4403



RVG ELECTRICAL SERVICES, LLC

Rick Gomez, Master Electrician

Phone: 802-453-3245
Cell: 802-233-9462
rvgelectric@gmail.com
www.rvgelectric.com

Green Mountain Passports

As usual, we will be issuing Green Mountain Passports again this year. One of the perks of reaching the ripe old age of 62 is qualifying for this card, which costs \$2 and is good for life. This card grants access to all Vermont State Parks for day use. The passport is also available to veterans of the uniformed services. It really is a wonderful way to take advantage of our beautiful state parks. The form that you must fill out is on the town website on the town clerk page. We also have the forms here at Town Hall. Summer is just around the corner!

As always, feel free to call us at 802-482-2281 ext. 1 with any questions or concerns you may have. We are here to offer assistance in any way we can.

Todd Odit Poised to Join Hinesburg as Town Manager

PHIL POUECH, CHAIR,
HINESBURG SELECTBOARD

Todd Odit is poised to become Hinesburg's first town manager after the town voted on Town Meeting Day to switch to a town manager-form of government. The selectboard voted unanimously on March 10 to offer a two-year contract to Todd.

Todd Odit was selected after a nationwide search started in December of 2020. A cross-functional hiring committee consisting of town staff and diverse community members screened an initial pool of 42 applicants. The committee conducted phone interviews to present three candidates to the selectboard. These three candidates spent a day touring the town and meeting the town department heads. They were then interviewed by the selectboard and acting town administrator. Todd

Odit was asked to have a second interview by the selectboard, including its newest elected member.

Selectboard Chair Phil Pouech said "The final three candidates were all fully qualified but, in the end, the selectboard felt Todd has the full breadth of experience necessary to manage a complex town like Hinesburg and help us move forward with the town manager form of government. The town is fortunate to find an outstanding candidate in such a competitive market."

Todd brings 18 years of Vermont municipal government experience with him to Hinesburg. Most recently, he served as the Jericho town administrator for 11 years. He has also been an assistant town manager in Essex and a senior legislative associate with the Vermont League of Cities and Towns.

Todd earned a B.S. in environmental policy at University of New Hampshire and a master's in environmental law from Vermont Law School. He also attended the Harvard Kennedy School's Senior Executives in State and Local Government program.

Todd resides in Essex Junction with his wife (a CVU teacher) and two school-aged children.

Todd's enthusiasm for Hinesburg is made clear when he stated "I am attracted to Hinesburg because it is a full-service community with a small-town charm on the verge of experiencing some growth and change. I enjoy working on challenging issues and helping communities achieve their goals and aspirations."

Todd is expected to begin work in April. This will allow his former town time to work on a replacement strategy. He looks forward to meeting Hinesburg residents, (in a COVID-19 safe way). You may also see him and his family on the Hinesburg Town Forest mountain biking trails this spring.

LEGISLATIVE

Children and Families Focus of Legislation

BY HINESBURG REPRESENTATIVE
BILL LIPPETT

Both the Vermont Statehouse, and the federal Congress, have set in motion some of the most significant initiatives in years to provide new, critically important support for children and families.

Stimulus Checks, Extended Unemployment and Increased Child Tax Credits

Congress has just passed the \$1.9 trillion **American Rescue Plan Act**. ARPA makes COVID-19 specific investments for providing more vaccinations and vaccination access for all Americans in

every state.

In addition, 85% of adults and children will receive stimulus checks of \$1,400 per adult and for each qualifying dependent, including for each child up to age 24. An eligible family of four will receive a check for \$5,600. The payments will begin to phase out for individuals with an adjusted gross income of \$75,000 (\$150,000 for couples) and will completely phase out for taxpayers with an adjusted gross income of \$80,000 (\$160,000 for couples) or more.

ARPA also extends additional unemployment benefits of \$300 per month through Sept. 6, and makes the first \$10,200 of unemployment benefits received in 2020 tax-free income.

ARPA also contains new provisions that, for eligible families, will increase a refundable child tax credit to \$300 per month (\$3,600 per year from previous partially refundable \$2,000 per year) for each child under age 6, and \$3,000

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GOVERNMENT CONTACTS

US Senators

Patrick Leahy
(802) 863-2525, leahy.senate.gov

Bernie Sanders
(802) 862-0697, sanders.senate.gov

US Congressman

Peter Welch, D
(802) 652-2450, welch.house.gov

VT Senate

Philip Baruth, P/D – Burlington
(802) 503-5266, pbaruth@leg.state.vt.us

Virginia "Ginny" Lyons, D – Williston
(802) 863-6129, vlyons@leg.state.vt.us

Christopher A. Pearson, P/D – Burlington.
(802) 860-3933, CPearson@leg.state.vt.us

Michael Sirotkin, D – South Burlington
(802) 999-4360, msirotkin@leg.state.vt.us

Kesha Ram, D – Burlington (Senator-elect).
(802) 324-5608, kesha@kesharam.com

Thomas Chittenden, D – South Burlington (Senator-elect).
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Mike Yantachka, D-Charlotte/Hinesburg
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Maggie Gordon
482-4216, mgordon@hinesburg.org

CVSD School Board

Ray Mainer, Director, 482-3134

Colleen MacKinnon, Vice Chair,
482-3266

TOWN HALL INFORMATION

HINESBURG.ORG

Town Clerk Office: Mon.-Fri. 8:00 a.m. -4:00 p.m. Missy Ross, Clerk/Treasurer, mross@hinesburg.org 482-2281 ext. 223.

Town Administrator Office: Mon.-Fri. 8:00 a.m.-4:00 p.m. Renae Marshall, Town Administrator, marshall@hinesburg.org 482-2281 ext. 222.

Town Planner Office: Mon.-Fri. 9:00 a.m. -4:00 p.m. Alex Weinhausen, Planner, aweinhagen@hinesburg.org, 482-2281 ext. 225.

Zoning Administrator Office: Mon.-Fri. 9:00 a.m.-4:00 p.m. Suzanne Mantegna, Administrator, smantegna@hinesburg.org, 482-2281 ext. 232.

Assessor's Office Hours: Mon. 8:30 a.m. -11:30 a.m., other hours by appointment. Lisa Truchon, VMPPA - NEMRC/Assessor, assessor@hinesburg.org, 482-2281 ext. 228.

Hinesburg Recreation Office: Mon.-Thurs. 8:30 a.m. -4:00 p.m. Jennifer McCuin, Recreation Coordinator, hinesburgrec@gmavt.net, 482-2281 ext. 230.

OTHER INFORMATION

Recycling & Trash Drop-Off Centers: Williston, Redmond Road; Mon.-Sat. 8:00 a.m.-3:30 p.m.; 872-8111. South Burlington: Landfill Road (off Patchen Road), Mon., Tues., Thurs., & Sat. 8:00 a.m.-3:30 p.m., Fri. 9:30 a.m.-5:00 p.m., 872-8111. CSWD.NET.

Environmental Depot: 1011 Airport Parkway, South Burlington. Weds., Thurs., Fri. 8:00 a.m.-2:00 p.m.; Sat. 8:00 a.m.-3:30 p.m. 863-0480.

Hinesburg Community Resource Center: 51 Ballards Corner Road. Rachel Kring, Executive Director, kring@hinesburgresource.org, 482-4946. Alex Konciewicz is the contact for **Friends of Families**, and she can be reached at the same number or at konciewicz@hinesburgresource.org. Hours for **Hinesburg Food Shelf** are Fri. 10:00 a.m. -12:00 noon. Tues. 5:30-7:30 p.m. HINESBURGRESOURCE.ORG

United States Post Office Hours: Window: Mon.-Fri. 8:00 a.m.-4:30 p.m., Sat. 8:00 a.m.-12:00 noon. Lobby & TriVendor: Mon.-Fri. 6:00 a.m.-6:00 p.m. 482-2292.

Hinesburg Community School: 10888 Route 116, 482-2106, CVSDVT.ORG/DOMAIN/9 for cafeteria menu, staff directory, department and team info, calendar, etc.

Champlain Valley Union High School: 369 CVU Road, 482-7100, VSDVT.ORG/CVUHS for calendar, cafe, staff directory, student portal, etc.

Carpenter-Carse Library: 69 Ballards Corner, 482-2878, CARPENTERCARSE.ORG for library hours, services, and online resources.

Hinesburg Business & Professional Association: business directory, membership, news and events. HBPAVT.COM

Connecting Youth: Chittenden South community-based organization dedicated to creating a safe and healthy environment for young people. SEEWHY.INFO



Do you need a Ride?

A Hinesburg Community Resource Center Program

Call SSTA: 878-1527

Visit us at HinesburgRides.org

► Legislative

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per child for children age six through age 17.

Historic Vermont Child Care Legislation

In the Vermont Statehouse, the House Human Services Committee unanimously passed H. 171, an historic child care support bill which lays the foundation for Vermont's future early childhood education system with an aspirational goal: that a family not spend more than 10% of its gross annual income on child care by 2025.

Currently three out of five of Vermont's youngest children do not have access to the child care they need. Middle income families (two parents, two young children) are spending more than 40% of their income on child care. Average cost of child care for a family in Vermont is \$20,000 per year.

According to the Legislature's Joint Fiscal Office, the federal ARPA (see above) could also bring as much as \$80 million for child care, tax credits and other assistance which could support the goals of H. 171.

Crossover Marks Session Halfway Point

Friday, March 12 marked the halfway point of the legislative session, the deadline when bills from the House and the Senate are required to be passed out of policy committees, in order to be considered by the opposite legislative body.

As a result, many bills, ranging from House Health Cares' Health Disparities bill to a broad ranging workforce devel-

opment bill from the House Commerce and Economic Development Committee are now coming to the House floor for full debate and vote.

The "Big Bill," as the annual budget bill is known, will be voted out of the House Appropriations Committee within a week, and will have to anticipate all of Vermont's allocation from the federal stimulus (ARPA) bill. Many Vermonters and businesses continue to struggle due to the COVID-19 pandemic. However, with the passage of ARPA, receipt of over \$1 billion of new federal assistance for Vermont, and the further roll-out of vaccinations for Vermonters, there does appear, at last, to be some new light at the end of the tunnel.

Feel free to be in touch throughout the session: Rep. Bill Lippert, 802-734-0593. wlippert@leg.state.vt.us.

Lt. Governor Molly Gray Hosts "Seat at the Table" on The Economic Well-Being of Vermont Women

FROM PRESS RELEASE

On International Women's Day, March 8, Lt. Governor Molly Gray hosted her third "Seat at the Table" on the economic well-being of Vermont women. International Women's Day is a day aimed at recognizing the social, economic, cultural and political achievements of women.

"Vermont women are in economic cri-

sis. While there is much to celebrate today — the first female vice president of the United States and more women in elected office here in Vermont — this last year and this pandemic has exposed the persistent economic crisis facing Vermont women at a disproportionate national rate." said Gray, "In November, Vermont women filed 73% of unemployment claims — the highest percentage of any state in the nation."

Panelists presented existing data and discussed policy changes and initiatives necessary to address the short-term and long-term economic needs of Vermont women as Vermont prepares for federal relief funds. Over 130 community leaders and policymakers joined "Seat at the Table." Speakers included Xusana Davis, the executive director of Racial Equity for the State of Vermont; Cary Brown, the executive director of Vermont Commission on Women; Jessica Nordhaus, the director of Change the Story Vermont; and Meg Smith, the director of the Vermont Women's Fund. Lt. Governor Gray moderated the conversation.

Meg Smith of the Vermont Women's Fund said, "We (the Vermont Women's Fund) are addressing child care and women's business ownership and entrepreneurship as key building blocks in Vermont's economic recovery. With affordable, available child care, women can operate in the workforce and provide for their families. And women business owners are an untapped resource with the power to be economic drivers for Vermont. It won't take much to unleash that potential!"

The State of Vermont Director of Racial Equity Xusana Davis expressed the need to "make equity assessment second nature," and that finding solutions "requires trusting that marginalized people know what they need and asking people what they need to make them whole, and giving them agency."

Cary Brown of the Vermont Commission on Women started the panel by sharing important data collected by the commission on women in Vermont and encouraging policymakers to make strategic investments in child care as well as paid family and medical leave. Brown stated, "by improving childcare and workforce development, we can come out of the pandemic better than we were before."

Jessica Nordhaus of Change the Story VT noted that more data on the impact of COVID-19 on Vermont women will be available in the weeks ahead, "In December 2019, Change the Story released our most comprehensive re-

port about women's economic status: 'Women, Work and Wages in Vermont.' This year, we've teamed up with researchers at UMass Amherst to conduct a survey of over 500 Vermonters about the gendered impacts of COVID-19, which builds on our previous research. The new findings will be shared over the next several months. So far, we know the top three resources respondents said could help right now are direct cash payments, greater mental health supports, and better access to internet and technology."

A recording of the event is available to view on YouTube at [tiny.one/seat-women](https://www.youtube.com/watch?v=tiny.one/seat-women).

Vermonters wishing to attend future sessions can register and find additional information at tfgov.vermont.gov/seatatthetable.

Welch and Curtis Reintroduce Bipartisan Legislation to Boost Funding for Trails

Bipartisan Bill Makes Critical Reforms and Provides at Least \$250 Million to Support Recreational Trails

FROM WELCH PRESS RELEASE

On March 11, Representatives Peter Welch (D-Vt.) and John Curtis (R-Utah) reintroduced legislation that will more than double funding for the Recreational Trails Program. Since 1991, the RTP has provided funding to states to develop and maintain outdoor recreational trails, allowing millions of Americans and their families to enjoy activities such as hiking, bicycling, cross-country skiing, snowmobiling and four-wheel driving.

"Our nation has unparalleled natural beauty that provides year-round opportunities to enjoy the great outdoors," said Rep. Welch. "The coronavirus pandemic has only increased Americans' interest in getting outside to appreciate the recreational opportunities throughout the country. Boosting funding for this important program will ensure that future generations will experience the joy of hiking, riding and exploring our scenic trails for many years to come."

"The Recreational Trails Program has created countless opportunities for mo-

torized recreation and human-powered experiences," said Rep. Curtis. "This bill will ensure that future generations get to visit the great outdoors, while supporting local economies and jobs, especially throughout rural areas."

"America's large recreational trails community is grateful for the national leadership of U.S. Representatives Welch, Curtis and others to continue a great success story over the last 30 years — the Recreational Trails Program," said Marianne Fowler and Derrick Crandall, co-chairs of the Coalition for Recreational Trails. "Every major trail organization supports expansion of RTP using federal fuel taxes generated through nonhighway recreational activities to deliver healthy, safe, diverse and exciting trail opportunities and to empower a partnership of federal land managers, state and local park and recreation agencies and trail enthusiasts. The serendipity is that the RTP is also proving to be a potent economic stimulus, supplying a vital base for the nation's nearly \$800 billion annual outdoor recreation industry."

The bill will more than double RTP funding to at least \$250 million. The program is modeled after the Highway Trust Fund and is funded through taxes paid on gasoline used to fuel snowmobiles, all-terrain vehicles and other recreational vehicles that do not use highways. The program is currently funded at \$84 million annually, which is substantially less than is collected in taxes on fuel used by these vehicles.

The Recreational Trails Full Funding Act of 2021:

- requires the Federal Highway Administration to estimate the amount of gas taxes paid by non-highway recreational users. Estimates suggest that those users pay more than \$270 million each year.
- increases RTP funding to \$250 million or the mandated new FHWA estimate, whichever is higher.
- increases the transparency of the projects funded.

The legislation is also co-sponsored by Reps. Michael F.Q. San Nicolas (D-Guam-at-large), Michael Simpson (R-Idaho-2), Chris Stewart (R-Utah-2), Jared Huffman (D-Calif.-2), Derek Kilmer (D-Wash.-6), Tom O'Halleran (D-Ariz.-1), Marilyn Strickland (D-Wash.-10), Rick Larsen (D-Wash.-2), Richard Neal (D-Mass.-1), Steve Stivers (R-Ohio-15) and Grace F. Napolitano (D-Calif.-32).

CSWD

Sustainability Is Dealer.com's Bedrock

ALISE CERTA, CSWD MARKETING & COMMUNICATIONS MANAGER

CSWD.net welcomes a new feature that highlights Vermont businesses that are making strides in sustainability, recycling and solid waste management. Our first case study is an in-depth look at Burlington-based Dealer.com.

Since its founding in 1998, Dealer.com's founders were committed to a set of core values — community health, wellness and sustainability. These core values manifested projects that ranged from onsite composting to their LEED-certified main headquarters.

CSWD has partnered with Dealer.com for many years on a variety of projects. From onsite training for employees on waste management to conducting waste audits to understand Dealer.com's waste stream, the Dealer.com and CSWD partnership has proved an effective match.

The case study details the sustainability procedures and initiatives at Dealer.com facilities. CSWD is excited to offer this case study to other businesses in the hope that Dealer.com's journey can assist them in their own path to a more sustainable operation.

Read the full case study at tiny.one/CSWDdealercase.

The big picture impact of Dealer.com's commitment is reflected in this great quote from a Vermont employee.

"From now on, I'm going to do my research about what goes into my blue bin and what condition it needs to be in to complete the journey to its second life. It feels good to have this awareness and confidently do my part for the health and longevity of our community. (We'll never know whose straw was up the turtle's nose, but the takeaway is that it could've belonged to any of us, so the responsibility is on all of us.) Reduce — reuse — recycle — yeehaw." — Samantha Rock, Dealer.com performance manager.

Many thanks to Ethan Hausman, CSWD's business outreach coordinator, for creating this in-depth case study and to Dealer.com's Go Green Council members, Rob Meader and Allison Lazarz, for collaborating with CSWD on this piece.

Geeking Out About Batteries

ALISE CERTA, CSWD MARKETING & COMMUNICATIONS MANAGER

We geek out about the strangest things here at Chittenden Solid Waste District. Feb. 18 was National Battery Day!

Americans purchase nearly three billion dry-cell (alkaline or lithium) batteries every year to power radios, toys, cellular phones, watches, laptop computers and portable power tools. (University of Illinois at Urbana, 2021) These batteries can have a second life with proper disposal.

Tips on Handling Batteries:

- Do not put batteries in your blue bin recycling. Batteries can cause fires or injuries in recycling centers.
- Keep your used batteries in a separate container until you are ready to recycle them. That way they don't find their way into your blue bin.
- Bring used batteries to a CSWD Drop-Off Center for recycling or bring them to a battery collection site in the Call2Recycle program.

Though Vermont law allows some batteries to still go into the trash, CSWD encourages recycling of ALL batteries via one of the many available collec-

tion sites. You can also save money and reuse batteries hundreds of times in your home by buying a charger and rechargeable versions of AAA and AA batteries.

From July 2018 through December 2020, CSWD recycled 76,888 pounds of batteries through special recycling collections at our Drop-Off Centers and the Environmental Depot. So here's a big thank you to our community for keeping our workers and facilities safe and helping save space in Vermont's only landfill by recycling batteries appropriately.

Keep calm and recycle on!

The CSWD Annual Report Is Now Available

In a year full of disruption and uncertainty, the CSWD team persevered and continued to provide Chittenden County residents and businesses with essential services. Our fiscal year 2020 annual report highlights our amazing employees and our continued innovation in the solid waste world.

You can read the report at tiny.one/CSWDreport.

Please answer the need

Hinesburg Food Shelf

Food drop off boxes are at
Lantman's and
Hinesburg Area Churches

Monetary donations can be sent to:
Hinesburg Food Shelf
PO Box 444, Hinesburg, VT 05461

Hinesburg Food Shelf hours are:
Tuesday nights 5:30 - 7:30
Friday mornings 10:00 - 12:00

Call your local
commercial
lending expert!

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FIRE

Call Log

Medical — HFD responded to 22 medical calls with 19 patients transported. There were two noninjury motor vehicle crashes.

Feb 6: As reported last month, Hinesburg was dispatched to a report of smoke coming from the eaves of a residence on Swamp Road. On arrival, a working incident was toned, and mutual aid requested. The state fire marshals' office and insurance company investigated. The suspected cause was heat generated from pipes being soldered.

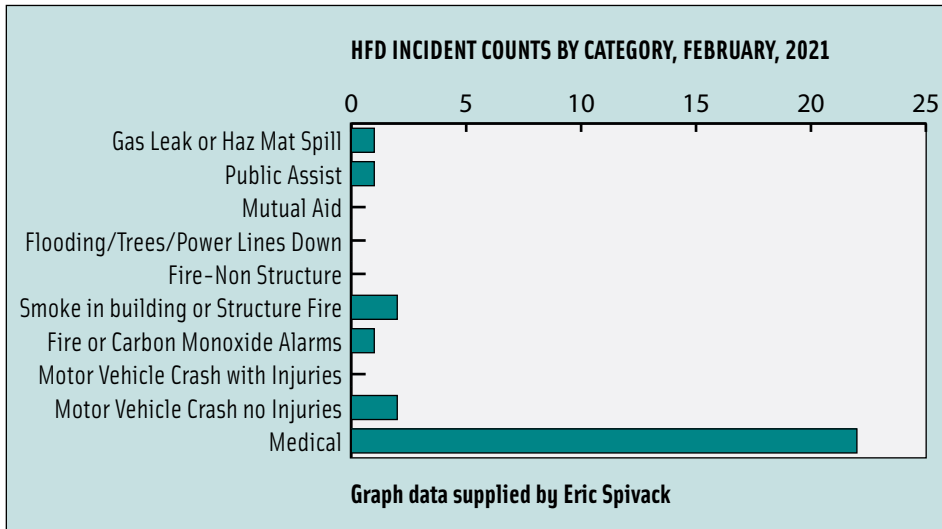
Feb 20: Dispatched for a residential carbon monoxide detector sounding. The residence was checked with our gas meter and no readings were found. The beeps coming from the detector were the end-of-life warning beeps. The detector was taken out of service and replaced with a newer detector which the resident had already purchased.

Engine 3 and Med 100 responded with five members.

Feb 21: Dispatched to Silver Street for a report of a chick brooder on fire in a barn. On arrival, the fire had been extinguished and removed from the barn by a neighbor. The cause appears to have been electrical. Engines 1, 3 and Med 100 responded with seven members.

Feb 24: Dispatched to Pond Road for a report of a gas leak. The caller stated snow and ice fell off the roof onto the meter. The resident said that they had contacted their propane supplier. HFD arrived on scene to find the meter had been knocked off the house causing the leak. The propane tank was turned off pending repair by the propane supplier. Engine 1 and Med 100 responded with four members.

Feb 25: Dispatched to Dee PT on Farmall Drive for a report of a vehicle that had driven into the building. Dispatch reported the driver was still



*HFD responded to 29 calls in January.
an example of a non-structure fire would be a telephone pole, car, or grass/brush fire.

in the vehicle, it was unknown if there were any injured persons in the building and there was extensive structural damage. HFD arrived on scene and made sure the scene was safe for responders to enter the building. Once cleared, Hinesburg EMS attended to the driver and the one person who was in the area of the crash. Both persons refused transport to UVM Medical Center. Engine 1, Med 100 and St. Michael's responded with 15 members.

Is Your Driveway Clearly Marked?

The Hinesburg Fire Department would like to remind residents about our 911 address sign program. Signs are double sided and coated with high visibility reflective green material and reflective numbers making address identification fast and easy for emergency services. The cost is \$25 per sign which includes a free five-foot signpost if needed, as well as installation by a Hinesburg Fire Department member.

For more information about our 911 address sign program, or to place an order, please feel free to stop at the fire station if someone is available, leave a message at the station, call 802-482-2455 or email info@hinesburgfd.org.

We sincerely thank you for your support. Please remember to always practice fire safety in your home, as well as always being safe and courteous while driving.

Follow us on Facebook at [HinesburgFireDepartment](https://www.facebook.com/HinesburgFireDepartment) and be sure to visit our website [hinesburgfd.org](https://www.hinesburgfd.org).

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POLICE

Incidents

Feb. 12: 8:40 a.m. Officers responded to Route 116 for a two-car motor vehicle crash. 10:30 a.m. Officers assisted the Williston Police Department with the recovery of a stolen car. 3:30 p.m. A late reported two-car motor vehicle crash was investigated. 4:45 p.m. An officer assisted a citizen with a locked vehicle.

Feb. 13: 9:50 a.m. Officers responded to Village Heights for a domestic disturbance.

Feb. 15: 4:45 a.m. A stolen vehicle was reported on Silver Street. The incident is under investigation. 1:25 p.m. An officer investigated a report of suspicious activity on Route 116.

Feb. 17: 4:50 p.m. An officer assisted

a citizen with retrieving a radio-controlled toy that had become lodged in a tree.

Feb. 18: 5:25 a.m. A burglary alarm at St. Jude's Church was investigated. 8:10 a.m. An officer responded to Silver Street for a single-motor-vehicle crash. 8:30 p.m. Officers assisted the South Burlington Police Department in locating a missing person.

Feb. 19: 7:30 p.m. An officer conducted a traffic stop on Route 116. The operator was cited for the criminal charge of excessive speed.

10 p.m. An officer assisted a citizen when their vehicle went off the road due to icy conditions.

Feb. 20: 1 p.m. Officers responded to a commercial burglary alarm on Ballard's Corner Road.

Feb. 22: 9:35 a.m. An officer investi-

BUSINESS

Red Wagon Plants' Events

FROM PRESS RELEASE

Workshops

Red Wagon Plants in Hinesburg invites the public to join them virtually for their 2021 spring workshops! Our diverse workshops focus on creating abundance in our gardens, habitats, lives and in our kitchens. For more information and to register, go to [shop](https://www.redwagonplants.com/shop/events/35).

[redwagonplants.com/shop/events/35](https://www.redwagonplants.com/shop/events/35).

Julie Rubaud: Gardening for Abundance — Vegetables
Saturday, March 27, 10-11:30 a.m.

An introduction to why and how to create and utilize your own medicinal herb garden to support your definition of abundance this year. Cost \$15. Zoom link sent out to participants prior to the class.

Julie Rubaud: Strawberries 101
Tuesday, March 30, 5:30-6:15 p.m.

Plants? Bare root? What is the difference? Come find out! Cost \$10. Zoom



Red Wagon Plants pergola and greenhouse

gated a residential burglary alarm on Baldwin Road.

Feb. 24: 12:30 p.m. A late reported two-car crash on Hollow Road was investigated. 8:25 p.m. A welfare check was conducted at Kelley's Field.

Feb. 25: 8:11 a.m. An officer responded to Texas Hill Road for a single-car crash.

12:55 p.m. Officers responded to Farmall Drive for the report of a vehicle that had crashed into a building. 4:45 p.m. Officers served paperwork to a citizen on behalf of another agency.

Feb. 26: 4:30 p.m. An officer investigated reports of a suspicious vehicle on Route 116.

Feb. 27: 3 p.m. A single-car crash on Texas Hill Road was investigated. 3:05 p.m. Officers responded to Hillview Terrace for a domestic disturbance.

March 1: 2:40 p.m. A welfare check was conducted on Pond Road. 10:09 p.m. Officers responded to a com-

mercial burglary alarm on Route 116.

March 2: 12:05 a.m. An officer investigated a single-vehicle crash on Charlotte Road.

March 4: 9:03 a.m. Officers responded to a commercial burglary alarm on Ballard's Corner Road. 2:25 p.m. A 911 hang-up at a business on Route 116 was investigated.

March 5: 7:05 p.m. An officer assisted a citizen with a civil dispute.

March 6: 1:35 p.m. Officers responded to a domestic disturbance on Green Street.

March 7: 6:50 a.m. Suspicious activity was reported and investigated on Green Street.

8:12 a.m. Officers responded to Hillview Terrace for a domestic disturbance. 11:45 a.m. Officers investigated the report of suspicious activity on Ballard's Corner Road.

7:25 p.m. A single-vehicle crash on Route 116 was investigated.

link sent out to participants prior to the class.

Sophie Cassel: The Medicinal Herb Garden — Growing for Beauty and Wellness
Saturday, April 3, 10-11:30 a.m.

An introduction to why and how to create and utilize your own medicinal herb garden. Cost \$15. Zoom link sent out to participants prior to the class.

Chad Donovan: Pests and Diseases of the Garden 101
Tuesday, April 13, 5:30-6:15 p.m.

Learn to prevent, identify and treat regular pests. Pro tips for garden success! Cost \$10. Zoom link sent out to participants prior to the class.

Ben Mayock: Weaving the Carrying Basket
Tuesday, April 17, 10-11:30 a.m.

A hands-on experience weaving your own "Carrying Tray" garden basket. Cost \$55. Zoom link sent out to participants prior to the class.

Julie Rubaud: Tomatoes 101
Tuesday, May 11, 5:30-6:15 p.m.

This is the day we release our tomato plants and answer all your questions. Cost \$10. Zoom link sent out to participants prior to the class.

Opening Day!

Friday, April 16, 8 a.m.-6 p.m.

Spring is here and it's opening day! This season we are open for both in-person shopping and online ordering for pick up. Please see our website for COVID-19 protocols: [redwagonplants.com](https://www.redwagonplants.com)

Nature-Based Preschool Seeking Initial Board Members to Incorporate as Nonprofit

New Program Plans to Open in S. Burlington by End of Summer

FROM PRESS RELEASE

Old School is a nature-based early childhood education program slated to open August 2021. Utilizing classroom space located within Ascension Lutheran Church (95 Allen Road), the program has access to over two acres of forest for unique outdoor learning opportunities. The full-day program will start out as a single class-

continued on page 8

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► Business

continued from page 7

room with 12 children led by two educators to maintain small class size.

The preschool is seeking community members to form an organizational board of directors. This team along with the director will work on drafting the articles of incorporation as well as the bylaws for Old School. The roles of president, secretary and treasurer are still needed and the positions are two-year terms. Board membership is voluntary.

“This is a really exciting venture in a part of Vermont that is experiencing a

shortage of child care options,” said Brandon Diaz, co-founder and director for Old School. “This location is exactly what I’ve dreamt about: a safe place for children to play, learn and explore what the outdoors has to offer. Even before the pandemic, but especially now, I think parents want their children playing outside as much as possible and having hands-on experiences. Learning with nature is at the very core of this program as we focus on connecting every child with the natural world to build environmental literacy and compassion for our planet. I’m excited to partner with Ascension Lutheran Church, especially because of their commitment to environmental

stewardship.”

“Our church council is very glad to endorse this program Old School; we have a history of offering excellent child care programs, and we are eager for the community and for families to experience and learn from our beautiful woods, as well. It is critical that organizations, including faith communities, help children and young people to grow as leaders in caring for Earth,” says The Rev. Dr. Nancy Wright, pastor at Ascension Lutheran Church.

The staff at Old School believe in helping children foster early and meaningful relationships with the environment and their community. The classroom at Old School is as much outdoors as it is indoors, where nature provides the challenges and stimulation children need to grow, with guidance from thoughtful and supportive educators.

“We’re so excited about Old School’s outdoor ed focus! This is a great chance for our kids to learn about themselves, explore their interests, develop a sense of place and grow their confidence in a safe and nurturing environment,” said Holly, a South Burlington parent.

Old School of South Burlington has an expected opening date of August 25, 2021. Enrollment is anticipated to begin in June. Families interested in learning more about Old School can send an email to Brandon at b.oldschool.vt@gmail.com

Financial Focus

How Much Risk Should You Take Before Retirement?

FROM PRESS RELEASE

If you’re planning to retire in just a few years, you may be getting excited about this next phase of your life. However, your ability to enjoy retirement fully will depend, at least partially, on the resources you can draw from your investment portfolio. So, while you still have time to act, ask yourself if you’re comfortable with your portfolio’s risk level.

Your relationship with risk can change noticeably over time. When you started saving for retirement, you may have been willing to take on more investment risk, which translated into a relatively high percentage of stocks and stock-based mutual funds in your investment portfolio. As you know, stocks offer the potential for greater returns than other assets – such as

bonds and certificates of deposit (CDs) – but they are also typically more volatile and carry more risk. But when you were many decades away from retirement, you had sufficient time to recover from market fluctuations. (Of course, there are no guarantees – it’s possible that some stocks will lose value and never regain it.)

Now, fast forward to where you are now – closing in on retirement. Even at this stage of your life – and, in fact, even during your retirement – you will need some growth-oriented investments to help stay ahead of inflation. Over time, even a low inflation rate, such as we’ve had the past several years, can erode your purchasing power.

So, the issue isn’t this: “Should I get rid of all my risk?” You shouldn’t – and, in fact, you couldn’t, because all investments, even the ones considered most “conservative,” contain some type of risk, even if it isn’t the risk of loss of principal. For instance, some investments run the risk of not keeping up with inflation. Instead, ask yourself these questions: “How much risk should I take within my portfolio?” “How much risk do I actually *need* to achieve my goals in retirement?”

Of course, there are no one-size-fits-all answers. You’ll need to look at your investment portfolio to see if it’s positioned to provide you with the income you’ll require in your retirement years. You might have initially based your financial strategy on a specific type of retirement lifestyle, but now that you’re nearing retirement, perhaps you’ve changed your mind. Your anticipated new lifestyle might require either more or less income than you had originally projected – and if that’s the case, you may need to adjust the risk level in your portfolio or make other adjustments.

For example, suppose you had initially envisioned a rather quiet retirement, sticking around your home, volunteering and spending time with your grandchildren. But in recent years – and especially since the confinement many of us have felt during the COVID-19 pandemic – you may have thought that you’d now like to travel extensively. To achieve this goal, which will likely cost more than your original one, you may have to work longer, or invest more each year until you retire, or seek a higher return on your investments – which means accepting more risk.

As you can see, managing risk is a balancing act – and you may need to make some tough choices. But as long as you’re aware of how much risk you can take, and how much risk you may need to take to reach your goals, you can develop a strategy that aligns with your objectives.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones,
Member SIPC



Mike Kiessling, CRPS®
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RECREATION

BY JENNIFER MCCUIN

2021 Shelburne Little League and Softball registration is open!

Register at shelburnelittleleague.com.

Classes and Programs

Please register for all Hinesburg Recreation Department programs at hinesburgrec.com.

Boys & Girls Youth Lacrosse

Co-Ed K-1-2 Lacrosse: Sundays, May 2 through June 6 (no practice on May 23), 11 a.m.-noon at Millie’s Field, Bissonette Recreation Area. Cost: \$50.

Boys third & fourth grades, fifth & sixth grade and seventh & eighth grades

Girls third & fourth grades, fifth & sixth grade and seventh & eighth grades

Season to begin last week of April. Please plan on two midweek practices and two games on Saturday (boys) and Sundays (girls) from May 1 through June 6. A (\$30) U.S. Lacrosse membership found at uslacrosse.org is mandatory for registration. Practice times and locations may be in Hinesburg, Williston or Charlotte. Dates and times contingent on coaches and field space.

Note: All CVU district players must register in their respective town — i.e., Charlotte, Hinesburg, Shelburne or Williston. No nonresident registrations are available. At the close of registration, these town recreation departments are committed to work together, when feasible, to ensure each child has an opportunity to play. Thanks for your understanding.

Cost: \$70. Registration deadline is March 28 at 11:59 p.m.

Mini Shooting Stars Soccer Sessions

Cody and Maeve O’Neil will share the love of the game and teach foundational soccer skills. **Ages:** 3-5 years old. Sundays, May 2-30 (no practice on May 23). Millie’s Field. 4-5 p.m. Cost: \$45.

After-School Horseback Riding at Livery Stables

Tuesdays: Session 1: April 27-May 18. Session 2: May 25-June 15.

Fridays: Session 1: April 30-May 21. Session 2: May 25-June 15.

Time: 3-5 p.m. Cost: \$160. **Location:**



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Horse Camp at Livery Stables. **Cost:** June 21-25 or June 28-July 2, half day (8 a.m.-noon) \$330, full day (8 a.m.-4 p.m.) \$450.

After-School Golf

With new Cedar Knoll golf pro Mike Slayton **Tuesdays and Thursdays** from 3:30-5 p.m. Session 1: May 4-13.

Wednesdays and Fridays from 3:30-5 p.m. Session 1: May 5-14.

Session 2: May 19-28. Session 3: June 2-11. **Ages:** 6-13 years old. **Cost:** \$150.

Voltage Soccer Camp

Vermont Voltage Academy offers an opportunity to learn and enjoy many aspects of the game of soccer in a fun yet competitive environment. Fundamentals, as well as sophisticated techniques of soccer, will be taught on a personalized individual level along with various forms of group instruction provided by Camp Director Bo Vuckovic, a FIFA Union of European Football Associations A Pro license holder and the staff of the Vermont Voltage Soccer Academy who are all former professional soccer players. Emphasis is placed on the development, improvement and refinement of basic playing skills. Each child will receive a camp T-shirt and soccer ball.

Location: Millie’s Field. **Ages:** 5-14 years old. June 21-25, 5-8 p.m. **Cost:** \$125. Sibling discount is \$10.

Summer Golf Camps

With New Cedar Knoll Golf Pro Mike Slayton

Tuesdays to Fridays from 9 a.m.-noon June 22-25, July 20-23, Aug. 17-20. **Ages** 6-13 years old. **Cost:** \$300. Register at hinesburgrec.com.

For private lessons, please contact Mike Slayton at mikeslayton@gmavt.net. Private lessons: \$100 per hour, three-lesson series is \$270, five-lesson series is \$400.

Summer Driver Education

With Kevin Browne or David Mitiguy

Session 1: June 7-July 1, Monday through Thursday 4-6 p.m.

Session 2: July 5-29, Monday through Thursday 4-6 p.m.

Classes are remote with Google Meet and in-person driving. **Cost:** \$700. Register at hinesburgrec.com.

Tennis Lessons with Myles

Location: HCS courts. **Dates:** July 19-23. Beginner 4-5 p.m. or intermediate 5:15-6:15 p.m. **Cost:** \$85.

LIBRARY

Library Hours

Please check the website and see below regarding curbside pickup.

Phone: 802-482-2878

Address: 69 Ballard’s Corner Road, Hinesburg 05461

Website: carpentercarse.org

Email: library@carpentercarse.org

Library News

At the present moment we are not open to browse. We ask you to call us at 802-482-2878 or email us to request items. You can also browse our windows and call us from the parking lot, we will check anything out to you that is here and not in quarantine. Holds placed on items in the collection that are here will be checked out to you. We will email you when they are ready. library@carpentercarse.org. We have tax forms in the foyer. If you need something printed, email us. We can print it and have it ready for you to pick up. We will also occasionally make an exception to not being open if you can’t search the catalog online or don’t have a computer at home and need to use the internet, please call us to discuss your situation, some special exceptions can be made.

New Movies


We are always talking about books, and seem to have neglected to mention the fact that we also have an array of new DVDs in the building that we will happily check out to you. Some recent (and not so recent) staff favorites include:

“**Little Women**” (the 2019 Greta Gerwig-directed film and the 1994 Gillian Armstrong directed version, we own both!)

“**Endeavour**” **season 7** (and all the seasons before season 7)

“**Summerland**” (a WW2 movie set in the English countryside)

Ammonite (a 2020 historical imagining



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based on the life of paleontologist Mary Anning featuring Kate Winslet and Saoirse Ronan)

Never Rarely Sometimes Always (a 2020 drama about two young women, friendship and a journey across state lines)

Thoroughbreds (a 2017 dark thriller/comedy set in the rich suburbs of Connecticut)

A Hidden Life (a 2019 Terrence Malick film about an Austrian Farmer who refuses to fight for the Nazis).

In terms of series programming, we have **Babylon Berlin** (seasons 1-3), **Victoria** (seasons 1-3), **The Crown** (seasons 1-3) and **Fleabag** (seasons 1 and 2). Let us know what to check out to you!


April is National Poetry Month, a time to celebrate the magic of words and take time to slow down and savor the way a poem can do a lot, yet be so little! We will find some ways to inject your lives with poems in April, just you wait!

Library Calendar

To register for any of the below programs, which will all be happening virtually, please visit our website carpentercarse.org for more details or contact programming librarian Meg Malone (meg@carpentercarse.org).

Monday, March 29 at 6:30 p.m. Dr.

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Library

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Alexis Chesney, author of “Preventing Lyme & Other Tick-Borne Diseases,” will offer a presentation to review ticks found in North America and the disease-causing pathogens that they carry. Chesney will provide strategies for preventing tick bites and discuss steps to take after you’re bitten. She’ll also discuss the signs, symptoms and treatment of the most common tick-borne diseases.

Tuesday, March 30 at 7 p.m. The evening book group will be reading and discussing “Lillian Boxfish Takes A Walk” by Kathleen Rooney. Books available on request.

Sunday, April 11 at 6 p.m. The third in a series of White Ally Toolkit workshops put on by the Burlington chapter of Showing up for Racial Justice, in partnership with CCL and Westford Public Library.

Wednesday, April 14 at 10:30 a.m. The morning book group will be discussing “Agatha Raisin and the Quiche of Death” by M.C. Beaton. Books available on request.

Thursday, April 22 at 6:45 p.m. Show off your trivia skills during an evening of friendly competition on a mix of topics. Questions will be developed in-house, with a prize for the winning player or team.

Sunday, April 25 at 6 p.m. The final White Ally Toolkit workshop presented by SURJ-BTV.

Tuesday, April 27 at 7 p.m. For National Poetry Month, the evening book group will look at two collections by former U.S. Poet Laureate Tracy K. Smith: “Life on Mars” and “Wade in the Water.” Books available on request.

Ongoing Programming

Storytime

Join us for a video storytime! New videos are added to the Carpenter-Carse Library website weekly. Video storytimes are geared toward children ages infancy-6 and their caregivers. Join Ms. Jen for stories, songs and rhymes that are designed to promote early literacy skills in a fun environment. This winter we have also been creating take-home craft kits that correspond with the storytime theme of the week. Please email jen@carpentercarse.org with any questions.

Craft and Activity Kits

If you’re looking for something fun to do, stop by the library foyer and take home a craft kit. We will rotate through themes (often connected to video storytime) and seasonal materials, so check back in every week for something new!

COMMENTARY

Health Care: A Lucrative Business or a Definable Right?

BY BILL SCHUBART

In health care, as in hunger and housing, we face a moral choice. Is Mammon or caritas — profit or well-being — the best driver of community health initiatives?

In his “Paradise Lost,” the poet John Milton tells us that “... others have forsaken Mammon in search of something on a more spiritual plane.” Now, 400 years later, it’s time to choose again between personal gain and the common good.

If a shared morality is indeed the basis of a just society, are we right to leave the health and well-being of our citizens to profiteers?

With consistent and strategic regulation, capitalism and the profit motive can be great drivers of social well-being but not, as many neoliberal conservatives insist, for every obligation of gov-

ernment — a primary one of which is the health and well-being of its citizens.

President Reagan’s classic line, “... government is not the solution to our problem, government is the problem” promised a bonanza to those seeking to profit from privatizing government’s intrinsic obligations to ensure the well-being and security of its citizens. Efforts to privatize the postal system, public transportation and highways, prisons and the military have all come to pass to varying degrees. Our current health care system is fragmented between the for-profit, nonprofit, and government (Veterans Affairs hospitals) sectors.

In America today, 35 million people are hungry; 550,000 are homeless, 2.3 million are in prisons (70% of whom suffer from either mental illness or addiction), which affects and 6 million kids; 34 million live in poverty; and a third of our elders live alone, which is a known source of physical and mental health problems.

If we are to truly address these problems — to which can be added, adverse childhood experiences, illiteracy, addiction, disability, racial discrimination and environmental degradation — we must start by understanding them all as preexisting health conditions, and

that treating them is integral to delivering effective health care.

An effective health care delivery system will integrate a number of institutions: the pharmaceutical industry, nursing homes, dentists, hospitals, addiction and mental health facilities, clinics, private practices, corrections, food systems and schools — even though it’s more convenient to think of them as separate entities. In fact, it’s in each’s best commercial interests to be viewed as a separate business entity. But we’ll never achieve true community wellness until we see and treat these elements as parts of one system.

But first, we’re going to have to agree on our moral priorities. If the health care system continues on its current path — managed for profit even in the “non-profit” realm — we’ll never achieve the goal of improving our national wellness as long as the business of repairing sick people is more lucrative than educating citizens and investing upstream in prevention.

The most touted objection to a national health care system is cost.

But the glaring irony here is that we are the most expensive health care system in the world, and countries with a free national health care system provide much better outcomes at much lower costs. A study last year by Yale lays out the data clearly.

The business model for emergency rooms, dentist offices, nursing homes, addiction treatment facilities and pharmaceutical companies all depend on a steady influx of sick people. And the pharmaceutical industry creates drug dependency and other “side effects,” the industrial food chain, polluters, prisons and nursing homes all ensure a steady stream of sick customers. In the last year, the coronavirus has demonstrated how nursing homes and prisons became major generators of illness and death during a pandemic.

One would assume that the core mission of nursing homes would be wellness, yet the great majority — 70% — are now owned by private equity companies dedicated to wringing profit out of these “care homes.” It’s been well documented that on being acquired by private owners, steps are taken to lower staffing and care levels to wring out greater profits. When profit is the prime motivator, care will necessarily be compromised. An estimated 40% of all COVID-19-related deaths have occurred in nursing homes and a host of lawsuits are being brought against homes that provided substandard care. But under pressure from industry lobbyists, many states have passed laws indemnifying nursing homes from lawsuits.

Greystone Nursing Homes, whose executives gave \$800,000 to President Trump, are epicenters of COVID-19 deaths. Furthermore, in nursing homes where seven in 10 residents were Black and Latinx, death rates were 50% higher than those with predominantly white populations. In any scenario in which health care becomes a national com-

mitment, nursing homes must either be strictly regulated or remanded to the nonprofit sector.

The pricing and addiction disasters the pharmaceutical industry has perpetrated on Americans are well documented. I and others have written about them extensively. Could we ever imagine a nationalized pharmaceutical industry or, at the very least, a regulated one? Medicines should be developed and deployed for the benefit of Americans, not solely as profit-generators for a tight-knit group of oligarchic families.

A clear vision of how such a system might be delivered cost-efficiently is brought to life in a Vermont film produced last winter by Bear Notch Productions entitled “Restoring Balance: Healing in the Face of Adversity.”

Using the Health Center in Plainfield, the film does a masterful job of showing how a patient-centered, integrated understanding of health care can lead to affordable community wellness, while making several key points:

- While 20% of citizens in America live in rural areas, here in Vermont, 60% do.
- Rural areas have 30% fewer primary care physicians, yet higher rates of addiction, heart disease, diabetes, stroke and cancer than urban areas.
- Vermont’s 11 federally qualified health centers see 180,000 patients a year, about a third of Vermont’s population.

Vermont has 14 nonprofit hospitals and two academic medical centers, including the New Hampshire-based Dartmouth-Hitchcock. For the most part, they’re effective at fixing broken people, but, looking forward, all must be held more accountable for their efforts to prevent illness through education, early intervention with primary (pediatric and geriatric) care, and aggressive social advocacy to reduce the precursors of illness mentioned here.

Confirming health care as a basic human right in law is the natural starting point.

Are we ready to join most of the rest of the world and acknowledge health care as a basic function of government, if not a human right?

How Clear Is Lake Iroquois?

BY ROGER DONEGAN

Bright and clear natural fresh water in northeast eutrophic lakes — such as Lake Iroquois — might be a figment of our imagination, the occasional exception and not the rule. Although great water clarity in our natural world is an ideal, we may be more creatures of our own consumer savvy as filter membrane technology, such as reverse osmosis and nanofiltration, paved the way for the explosion of clear beverages on the shelf, such as bottled water, wines, soft drinks and juices. The marketing for these products never shows us the processing equipment used and instead uses great photography of natural ingredients.

Determining how clear Lake Iroquois is literally involves moving a target up and down, but it is done almost weekly every summer and measured in meters by a volunteer member of the Vermont Lay Lake Monitoring Program (often abbreviated as LMP). There is an incredibly simple, widely used method to measure natural water clarity: the Secchi (sounds like “Becky”) disk. One is apt to find a Secchi disk stored in the back of a truck or in the hatch of a kayak between uses as it is the least fragile instrument in the tool box of water-testing paraphernalia.

Take a column of water in the center of the deepest half of Lake Iroquois — it may be easiest to imagine this being done in winter with the lake frozen over and an ice fisherman using an auger to open up a hole through the ice — and voila we’re standing over the top of a water column. This type of exercise was enacted in an extremely high-profile way in Antarctica this winter. See “Scientists Accidentally Discover Strange Creatures Under Half Mile of Ice,” by Matt Simon in Wired, Feb. 15, 2021.

So what does a Secchi disk do? Some sources say it measures the turbidity suspended in the water such as silt, color, microscopic animals, algae and suspended bottom sediments. Others sum it up as a measure of light penetration. The Secchi disk is named after Fr. Angelo Secchi, S.J. (1818-1878), whose principal field of endeavor was spectroscopy or astrophysics. The Secchi disk is made of a circular metal plate about the width of an ice auger hole and is painted with alternating black and white quadrants. It’s center balanced and held faceup by a calibrated length of cord attached to the middle.

Secchi disk readings are not taken through lake ice. Lake Iroquois summer resident and LMP volunteer Daniel Sharpe paddles to the same coordinates of latitude and longitude weekly, weather permitting, and 2021 will be his 13th consecutive year doing so. The LMP stems from 1979 and actually shows a Secchi disk as its webpage symbol. A national Secchi disk “Dip-In” has been held in lakes across North America in July since 1994. The newspaper article “Governor Dips in Lake for Science,” published by the Burlington Free Press on July 10, 1999, reported on Howard Dean’s Secchi disk dip in Lake Bomoseen in Castleton, Vermont.

While sophisticated turbidity measuring devices with their own built-in light sources exist and are used for more precise measurements, such devices are essentially particle counters. The notion that everything minute is inanimate takes the life out of the science. Water samples for chlorophyll analysis in the laboratory are taken at depth simultaneously by an LMP volunteer in the water column, which are then interpreted as an indicator of algae levels when paired with the Secchi disk readings. The densities of suspended algae, microscopic animals



UVM's Melosira II in the ECHO, Leahy Center for Lake Champlain boat slip. Photo by Roger Donegan.

and color are very much reflected in the Secchi disk readings from our water column in Lake Iroquois.

There’s a whole world of microscopic life in that column of water. Viruses and microbes might be too small to matter but plankton such as phytoplankton, those that photosynthesize, are the microalgae. There’s renewed emphasis placed on the minute life suspended in the water column the world over.

The Woods Hole Oceanographic Institution announced a new direction in research by dedicating its Spring 2019 magazine issue of *Oceanus* to “The Ocean Twilight Zone: Exploring a Hidden Frontier.” Two of UVM’s Lake Champlain research vessels have been named Melosira and Melosira II since the 1970s. Melosira in Greek means “melon-like,” which describes the shape of the unicellular algae it is named after, a predominant diatom found in the cold waters of the northeast.

One can’t take a Secchi disk reading in water where the bottom is visible. The procedure calls for the disk to be slowly lowered into the water to a depth where the disk just disappears to the naked eye, which is recorded. The disk is then pulled back up until it becomes just visible again and that depth is recorded. The average of these Secchi disk depth recordings is the Secchi disk reading.

The Vermont Department of Environmental Conservation now posts LMP data on its website. How clear was Lake Iroquois in the summer of 2020? Converting 10 readings recorded in meters to feet, the average was 12.37 feet. The highest recorded Secchi disk was 18 feet in mid-August whereas the lowest clarity occurred mid-September at 6.9 feet. The website also posted the 2020 summer averages of all LMP lakes plotted linearly on a chart according to the summer average of each lake. Lake Iroquois was just below the midpoint formed by all lakes whereas Lake Bomoseen, an oligotrophic lake, stands out at the high end with an approximate average Secchi disk reading of 59 feet.

A Secchi disk recording is a measurement that can be interpreted both ways. Not every entity is desirous of higher water clarity. Shallow southern aquaculture fish farms that grow shrimp, which feed on blooms of plankton, interpret too high of a Secchi disk reading as a signal to add more fertilizer to the impounded water.

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EDUCATION

Spring Greetings From Access CVU

FROM PRESS RELEASE

Spring is here! Access CVU's Winter/Spring semester is now at the halfway mark with so many good classes left! If you are looking to move your body, get creative or learn a new skill, consider joining a class with Access CVU. Classes run through June and will continue to be offered online with the user-friendly Zoom platform. A few outdoor classes will begin in April, with more to come in May and June. We'll continue to follow COVID-19 guidelines as we did in the fall (including face masks and physical distancing).

Planning for the fall is starting and it's likely we will be able to welcome you back in the building for classes at CVU — let us know what classes you wish we offered, and what we should keep. And if you know of a great instructor we should add, please send them our way.

Here is a selection of just some of our new offerings starting over the next month. Please visit our website for the full class list:

Monday, March 29:

The Digital Darkroom 101 — Photo Editing in Adobe Lightroom Classic with Sean Beckett

Learn the art of “developing” your digital photographs with the powerful Adobe Lightroom Classic software to process your pictures into spectacular pieces of art.

Tuesday, March 30:

Shaken & Stirred: A History of Cocktails with Adam Krakowski

As the third class in a fascinating four-part series on the history of all your favorite spirits, this evening focuses on “1932-1960: The Depression to the Power Lunch.” The fourth class is on April 6 and continues the history of cocktails to the current day.

Tuesday, April 6:

Painting on Bisqueware: The Salad Bowl with Jen Labie

Pickup your blank (bisque) bowl and glazes ahead of time, and join Jen online for a night of painting instruction. Fun!

Lincoln Hill's 19th Century Black Farming Community with Elise Guyette

Come learn about the profound history of some of the original settlers in Hinesburg with an author and historian.

Wednesday, April 7:

Adventure Camp with Rick Kinsman

Our favorite hip hop instructor has six afternoons of outdoor adventures planned around CVU, including scavenger hunts, frog pond explorations and Frisbee golf. For kids in first through sixth grades.

Cat Behavior: What Is Your Cat

Saying? With Alana Stevenson

Alana, a professional animal behavior specialist, will walk you through the subtleties of cat communications and how to best “read cat.”

Botanical Dyeing with Emma Percy

Learn to dye with plants and open up a world of possibility for experimentation and creativity. You'll learn all the steps including how to prepare different kinds of fabrics, and how to extract color from plants. An outdoor version of this class is scheduled for May 5 if you prefer a hands-on experience.

Thursday, April 8:

Kickboxing with Amber Thomas

Get in shape in this eight-session outdoor class. Kickboxing will give you a full-body workout, build your self-defense skills and increase your self-confidence.

Bats, Bugs, Fungus, COVID-19: What's the Connection? with Barry Genzlinger

Barry, president of the Vermont Bat Center, will cover the importance of this strange and misunderstood flying mammal and its connection to our current pandemic.

Monday, April 12:

The Forgotten Plate: A History of Western Fine Dining, The Places & The Iconic Dishes with Adam Krakowski

Join Adam in retracing how we moved from the taverns, inns and road houses of the late 18th century, to post-war deli culture, all the way to present restaurant culture and fine dining in the United States. It will be a surprising and fascinating dive into how we eat out.

Wednesday, April 28:

Introduction to Weaving with Emma Percy

This beginner's class will introduce you to the calming and satisfying practice of weaving. You will use a simple frame loom and learn techniques for making patterns, creating your own design and finishing off your pieces.

Thursday, April 29:

Yoga Thursdays with Ellen Talbert

Join Ellen for a gentle yoga class that focuses on integrating breath with movement, building strength, flexibility and balance. Will meet for six sessions outside (weather dependent).

Tuesday, May 4:

Intro to Yang Tai Chi with John Creech

This class is an introduction to the art and practice of the style of tai chi chuan made famous by the Yang family. Strengthen the core and improve balance and presence of mind over five sessions that will meet outside (weather dependent).

Wednesday, May 5:

How to Bring Mindfulness into Your



Butterfly watercolors from CVU Access watercolor instructor Ginny Joyner.

Daily Life: A Four-Week Series with Maggie Mae Anderson

Would you like to bring more conscious awareness and feel more present in your daily life rather than being on autopilot? Join Maggie Mae Anderson for this great class.

Building Resilience in Uncertain Times with Kristine Reynolds

We've all had our resiliency challenged over this past year of pandemic living as we've faced so much uncertainty. This two-session course will provide an overview of resilience, including some concrete strategies to grow our capacity.

Check out our website, cvsdvt.ce.eleyo.com, for the full class list, or Google “Access CVU.” Don't delay registering, as low enrollment leads to canceled classes and popular classes fill quickly!

Need help getting signed up for a class, or getting setup for online learning? Call 802-482-7194 or email access@cvsdvt.org. We offer senior discounts for our community members over 65. We provide enrichment and learning opportunities for anyone, anywhere and anytime! Come explore new passions, ignite your imagination, learn a new skill and connect with lifelong learners.

VSAC Is Here for Vermont Students

BY SCOTT GILES, PRESIDENT AND CEO,
VERMONT STUDENT ASSISTANCE CORP.

Vermont Student Assistance Corporation has been here for Vermont students for more than half a century. We were founded in 1965 upon the belief that education and training lie at the heart of ensuring social and economic equity and opportunity in our society. Since our very first day, that principle has driven us to advocate for programs that we know make education and training more attainable, equitable and achievable.

When the pandemic hit last year, it upended life as we know it for Vermonters. Students and families were suddenly dealing with financial, technological and social hardships, as schools

went remote, families were isolated from their usual support systems, and students faced a chasm of uncertainty as they tried to make decisions about their next steps.

And to an even greater extent than we have seen in the past, the economic impact of the pandemic fell strongly along education lines. Across the nation and in Vermont, those with less or no education and training beyond high school were more likely to experience the brunt of the economic, social and health impacts of the pandemic.

Over the past year, VSAC worked quickly to make sure our students and families were not forgotten. Last March, after packing up their office computers and setting up operations in their homes, VSAC loan counselors immediately began reaching out to advise students on how to access their CARES Act student loan benefits. We also partnered with Governor Scott and the Vermont Department of Financial Regulation to lead a 15-state effort to provide payment relief to more than 1,500 additional Vermont students whose loans were not covered under the CARES Act.

With the CARES Act funding that Vermont appropriated to VSAC, we were able to provide more than \$2 million in additional financial aid to Vermonters who were negatively affected by the COVID-19 pandemic. We also introduced a new technology scholarship that allowed more than 1,400 low- and moderate-income Vermonters to purchase laptops or high-speed internet to allow them to transition to remote learning. Finally, ever mindful of the fact that being able to access education often depends on ancillary services such as transportation and child care, we also awarded 110 microgrants, worth a total of \$43,480, to Vermont students, ensuring they could continue their education.

To the single mom in the Northeast Kingdom, working toward her bachelor's degree while working two jobs, these supports were a lifesaver.

The pandemic has highlighted the critical importance of education and training that all Vermonters must have to fill essential roles in our communities — like health care, mental health, technology and manufacturing. They provide personal and financial security, not just for those occupying the jobs, but for all Vermonters whose well-being is served and enhanced through those professions.

That's the bright light that we should all work toward. And it all begins with education.

To that end, VSAC continues to innovate and enhance its programs for Vermont students. This year, we have proposed 802Opportunity, a free tuition program for students attending Community College of Vermont with a family income of \$50,000 or less. With enactment of this program, Vermont would join 14 other states that have made community college tuition-free.

In order to ensure that more Vermont *continued on page 14*

► VSAC

continued from page 13

high school graduates are adequately prepared to launch promising careers, we hope to serve up to four more high schools through our Aspirations Program, which boosts the number of high school graduates continuing to college or training. We also propose increasing the amount and number of stipends available to low-income, dual-enrollment students to defray the costs of books, fees and transportation to their early college courses.

And particularly because of how the pandemic has forced many to rethink their career paths, we also anticipate serving more Vermonters 25 and older who are looking to either complete their degrees or augment them with additional job-specific training or certifications.

In order to be able to help these Vermonters achieve their goals — which, in turn, helps the state achieve its workforce development goals — we believe there is no better investment than education, and we are proud to lead the way.

SPORTS

Bisbee to Participate in Freeride Junior World Championship

FROM PRESS RELEASE

Sophia Bisbee, a Hinesburg resident, CVU sophomore and member of the Mad River Glen Freeski Team, has been invited to the Freeride Junior World Championship in Verbier, Switzerland scheduled for March 30.

Bisbee grew up learning to ski as soon as she could walk. Once she joined the MRG Freeski Team, she found her passion for the sport. Over the years she has been steadily climbing the international rankings. This season she is off to a great start after winning her division (15-to-18-year-olds) at a Junior East Regional competition held in Stowe, Vermont.

Last year Bisbee was invited to the Region #2 territory (North America, South America, Canada) National Championship only to have the event canceled due to COVID-19. This was disappointing for all athletes who had been training so hard! To help ease the pain, points carried over to this year, giving everyone broader consideration for the 2020-21 season. Due to Bisbee's combined success over the last few years, she has been invited to compete in the Junior World Championships. The World Championship includes both Region #1 (Europe) and Region #2 territories.

Competing on this world stage will be

ORGANIZATIONS

SCHIP Grant Applications Due

FROM PRESS RELEASE

The spring deadline for SCHIP grant applications is Thursday, April 15, 2021. Since SCHIP began making grants many nonprofits have used their awarded funds to continue their mission to improve the lives of our neighbors and strengthen our communities. Grants range from a few hundred to several thousand dollars. Grants may not exceed \$3,000 per request and only one grant can be received within a one-year period by any one entity.

Applicant Requirements:

- Be a 501c(3) or submit the application through such an organization.
- Projects must serve residents of Shelburne, Charlotte or Hinesburg.
- Funds may not be applied to annual operating budgets or permanent staffing.

- One application per organization per calendar year.

Grant deadlines are April 15 and Oct. 15.

To obtain an application go to the “Contact” link on the SCHIP’s Treasure website at: [SCHIPSTreasure.org](https://www.schipvt.org).

Vermont Genealogy Library Events

FROM PRESS RELEASE

All classes for the Vermont Genealogy Library will be held via Zoom on Saturdays at a new time, 12 to 1:30 p.m. Classes are \$10. You can register at vtgenlib.org. For more details about a class, visit our website, our Facebook page or call us at 802-871-5647.

Next Steps with Your Family History March 27, 2021 — Marcie Crocker

Get ready to go beyond the basics in

your search for your family history. Marcie Crocker will talk about the use of research logs, timelines, maps and more. She will also touch on why you might want to research other family members and neighbors.

Organizing Your Research April 10, 2021 — Suzanne Blanchard

Even if we only consider our direct ancestors and go back a few generations, we are quickly dealing with hundreds of individuals. How do we control this so that it doesn’t control us? How do we make systems available work to make our genealogical lives easier? Join Suzanne Blanchard to consider the options available to tame our work and get more done.

Solving More Mysteries with Documents and DNA April 17, 2021 — Michael Dwyer

DNA matches often verify the paper trail but at other times redefine family relationships and leave us with some questions that cannot be answered. As veteran genealogist Michael Dwyer takes us through four new case studies, he underscores one of the most important characteristics of research: diligence. Practicing genetic genealogy



Defense by Jared Anderson against Burlingtonon March 20. Photo by Al Frey.

Boys Basketball Team Advance to the Semifinals

In a quarterfinal matchup of Metro opponents, No. 5 seed Champlain Valley Union was victorious over Burlington High School, 65-54, on Saturday 3/20 at the Dave Bremner Gym in Hinesburg. The Redhawks used a perfect performance from the free-throw line, along with super ball security, in the final frame to secure a win over the No. 13 seed Seahorses.

The first eight minutes of play ended with the Redhawks leading 12-10, and five different players contributing for the home side.

Balanced scoring was also a valuable asset in the second period as five teammates added their numbers to the score book. The home squad had a 26-20 advantage at the halftime intermission, despite missing five of the eight free throws they were awarded.

In the second half, BHS ran off 8 straight points, helped by three from long range to take what turned out to be their only lead, leading Coach Osborne to call a time out halfway through the frame in the hopes of slowing down the very athletic visiting squad. What he told his squad worked, as CVU lead 45-41 heading into the final period.

is not a one-shot deal. A single test with one company marks a starting point as Michael’s examples will reveal.

Our Ile d’Orleans Ancestors April 24, 2021 — Sabrina Gamache-Mercurio

Sabrina Gamache-Mercurio, a certified genealogist on staff at the history center on the Ile d’Orleans, makes the connection for French Canadian Vermonters to the beautiful Ile d’Orleans, one of the first places settled in New France. Among the 300 earliest families, a company of the Carignan-Salières Regiment was stationed on the island, which also had its share of Filles à Marier and Filles du Roy. Sabrina will share her knowledge of research tools specific to Quebec and tips on how to connect with our Ile d’Orleans ancestors.

Expanding Voices: Perspectives on Birding

A Call to Artists From the Birds of Vermont Museum

FROM PRESS RELEASE

The Birds of Vermont Museum is seeking artwork for its 2021 art show, Expanding Voices: Perspectives on Birding. We seek art that asks or answers these questions: What perspectives exist for birds, birders, birding and conservation. What possibilities do these offer?

The year 2020 asked a lot of us — and taught us even more. As our habitual systems hit rock bottom under the weight of the pandemic, economic hardship and social injustice, voices rose and longtime institutions were loudly questioned. New ways of experiencing and perceiving our world opened our minds to new comprehension. How could our art, our creativity, our practices remain unaffected? Our

perspectives inevitably changed.

The Birds of Vermont Museum is about and for birds and conservation. We are part of a community of birders, artists, conservationists, and learners. Your experience and perspective may be unseen or unknown to someone else, even in the same community. For 2021, we’d like to hear and share your artistic voice.

Art in any media, by new or returning artists, of any age, may be submitted. Visual, written, and multimedia works may be considered. The art show runs from June 1 to Oct. 31 at the Birds of Vermont Museum, although the ongoing pandemic may cause some changes in dates. We have both indoor and outdoor (unprotected) spaces. In addition to walls, we have shelves for smaller three-dimensional pieces, room outdoors for weather-impervious works, and some ceiling area. You are welcome to visit to consider the potential.

Submit up to three pieces by using our online form at tiny.one/birdsart or by sending no more than three files to museum@birdsofvermont.org. Please put “Submission for Expanding Voices art show from Your Name” as the email subject. File types accepted are JPG (visual art), MP3 and MP4 (music/video)



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Audubon Vermont Events

FROM PRESS RELEASE

All events are at the Green Mountain Audubon Center, 255 Sherman Hollow Road, Huntington, unless otherwise noted. For more information and an updated list of events, go to vt.audubon.org/events. (802) 434-3068, vermont@audubon.org.

Lady Beetles of Vermont: Invasions, Extirpations and Discoveries

Tuesday, March 30, noon to 1 p.m., online event

continued on page 16

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► Organizations

continued from page 15

Join Audubon Vermont and the Birds of Vermont Museum for a presentation from the Vermont Center for Ecostudies!

Native lady beetles play an important role as biological pest control agents. However, native beetle populations have been in decline across North America due to a number of factors. Vermont's lady beetles seem to be following continental trends of decline, but due to lack of modern data, we do not understand what native lady beetles remain in Vermont, how their populations are doing or what conser-

vation initiatives may need to be implemented. The Vermont Atlas of Life team at the Vermont Center for Ecostudies created the Vermont Lady Beetle Atlas to find answers to some of these questions, and is calling on community naturalists to join us in our search. Listen in to learn more about Vermont's incredible lady beetle species, what the Vermont Lady Beetle Atlas has found thus far, and how you can participate in this research using iNaturalist.

You must register to attend this event. Please know, your attendance will be shared with Audubon Vermont, Birds of Vermont Museum, and Vermont Center for Ecostudies. Register at act.audubon.org/a/lady-beetles-vermont.

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OUTDOORS



Dogs can damage trails ... and your back seat too!

Mud Season Hiking Dos and Don'ts

BY JANE SHELDON,
TRAILS COMMITTEE
MEMBER



As I started writing this article, it was late February and the weather was warm and sunny. Texas Hill was beginning to soften up and the mud ruts were forming at the usual spots. A few days later, the temperature dropped 40 degrees with wind chills in the -20s F. That's Vermont! Who knows when mud season actually starts each year? As a result, the ground on the trails in the Hinesburg Area Recreation Trails system may well still be firm when you read this issue.

However, chances are that by late March there will have been several thaws and our miles of hiking trails will be easily damaged by foot or bike traffic. Any use during this time can do damage to vegetation or create erosion problems in the future.

The Trails Committee, in cooperation with the Hinesburg Town Forest Committee and the Conservation Committee, will be determining when (or if) any of the HART trails should be closed temporarily. If you see a "Trails Closed" sign, do obey and find another place to recreate. Hinesburg has miles of walkable sidewalks and dirt roads on which to exercise during these closures.

If you find muddy spots on trails that have not been closed, don't try to navigate around those areas along the side of the trail. That only widens the area of moisture each year. Also, do not let your dog run through any wet areas. Their prints may not be as large as ours, but any disturbance creates problems. Who wants a mud-coated pup in the back seat of the car anyway?

So please be considerate of others who use these wonderful town resources and obey the signs. Keep our trails as healthy as possible for years to come.



Cartoon by Emily Benning.

From Hinesburg to Skopje: Skiing the Other East

BY NATHAN FRY

We Vermonters love our winters. But since we can get what most of the U.S. thinks of as "winter" weather from October through May, we've got to have some sort of coping mechanism to get through the short days, long nights and biting cold. I'm convinced that at least a quarter of the population spends winter brewing beer and another quarter spends the winter skiing. The remaining 50% splits the winter between both drinking beer and skiing. But even after a day of being half-blinded by Bolton's wind or fighting frostbite at Jay, most of us will still sit by the woodstove with beer in hand and refuse to admit that any place in the world is any better than East Coast skiing. In fact, we'll argue to the death that East Coasters are better skiers than anyone else exactly because of all the hell we go through just to get 1,000 feet of vertical drop.

All those westerners are spoiled ... let's see their kids come over here and ski on a 40-degree sheet of pure ice!

Huh, I've got no use for open slopes and beautiful powder turns. Ski the trees, the tighter the better.

Mad River isn't cheap, dude. They don't groom because they actually want those knee-destroying moguls.

As anyone who's "skied the East" knows, we've convinced ourselves that New Englanders, and Vermonters in particular, are the scrappiest, most dedicated, most talented bunch of skiers on the planet.

And I really believed it. Then, I skied the other East ... Eastern Europe.



The view from Kanjushka Peak, Prevala, Kosovo



Ski touring above Prevala, Kosovo

Specifically, a little range called the Shar Mountains of Kosovo.

Reaching back to the early 1990s, some might remember that a little country in the Balkan peninsula called Yugoslavia went through a messy breakup that caused the worst European war since

the end of World War II. Kosovo, a little corner of the former Yugoslav republic of Serbia, was the site of some of the worst fighting and ended up with a contingent of NATO peacekeepers who have maintained a continuous presence in the country through the present day. Although NATO troops still

CALENDAR

THURSDAY, MARCH 25

Publication date for The Hinesburg Record.

7:00-9:00 p.m. Economic Development. 3rd floor conference Room, Hinesburg Town Hall.

7:00-9:00 p.m. Hinesburg Historical Society Meeting. Remote Meeting-online Meeting platform.

WEDNESDAY, MARCH 31

9:00 a.m.-12:00 p.m. HFOF Play Group. Main Room at Town Hall.

SUNDAY, APRIL 4

Easter Sunday.

MONDAY, APRIL 5

4:30-5:30 p.m. Lake Iroquois Recreation District Meeting. Williston Town Hall. Public invited.

7:30-8:30 p.m. Vermont Astronomical Society Meeting. University of Vermont, Burlington.

TUESDAY, APRIL 6

7:00-8:30 p.m. Community Writers' Group. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg. Calling all local writers! All genres are welcome. Snacks will be provided. To submit a piece of writing for others to review and enjoy before the group meets, email Laura Wisniewski at bhy@beecheerhillyoga.com.

7:00-9:00 p.m. Energy Committee. Remote Meeting-online Meeting platform.

7:00-10:00 p.m. Hinesburg Development Review Board Meeting. Ground Level Conference Room, Town Hall.

7:00-8:30 p.m. Recreation Commission Meeting. Main Room at Town Hall.

WEDNESDAY, APRIL 7

9:00 a.m.-12:00 p.m. HFOF Play Group. Main Room at Town Hall.

7:00-9:00 p.m. Affordable Housing Committee. Remote Meeting-online Meeting platform.

7:00-8:30 p.m. Fire and Rescue/Medical Training. Hinesburg Fire Department, 10340 VT-116, Hinesburg.

7:00-9:00 p.m. Hinesburg Land Trust Meeting. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg.

7:00-10:00 p.m. Select Board Meeting. Ground Level Conference Room, Town Hall.

THURSDAY, APRIL 8

6:30-8:30 p.m. Lewis Creek Association Board Meeting. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg.

7:00-9:00 p.m. Town Forest Committee. Ground Level Conference Room, Hinesburg Town Hall.

MONDAY, APRIL 12

7:00-8:30 p.m. Village Steering Committee Meeting. Hinesburg Town Hall. Contact George Dameron, Chair, 482-3269.

TUESDAY, APRIL 13

7:00-9:00 p.m. Conservation Commission Meeting. Zoom Meeting. Join Zoom Meeting <https://us02web.zoom.us/j/85303058417?pwd=RURUTkZkV3E0YndmZkZEYzFec3lkQT09> Meeting ID: 853 0305 8417 Password: 321494. Dial by your location +1 929205 6099 US (New York) Meeting ID: 853 0305 8417 Password: 321494.

WEDNESDAY, APRIL 14

9:00 a.m.-12:00 p.m. HFOF Play Group. Main Room at Town Hall.

7:00-9:00 p.m. Planning Commission Meeting. Remote Meeting via Zoom instead of Town Office.

7:30-8:30 p.m. Fire and Rescue/Heavy Rescue Training. Hinesburg Fire Station.

THURSDAY, APRIL 15

Advertising and News deadline for The Hinesburg Record.

TUESDAY, APRIL 20

5:00-6:30 p.m. CVSD School Board Meeting. CVU room 160.

5:30-7:00 p.m. Hinesburg Business and Professional Association Meeting. Papa Nick's, 10997 VT-116, Hinesburg. New members

patrol throughout Kosovo (our own Vermont National Guard is preparing to deploy as part of the Kosovo force later this year), the little nation is relatively calm and stable, successfully completing its most recent democratic elections last February. And along its southwestern border with Albania and North Macedonia, it's hiding a ski haven that has all of the scrappiness of New England skiing with the powder of British Columbia.

Leaving Skopje, the capital of North Macedonia, is a bit like leaving Denver — you can see the mountains away to the west, but they're a world away from the smog and buildings of the city. You head north through rolling hills and farm fields and enter a range of steep hills near the border, but the temperature is still well above freezing and there is only a dusting of snow about. Crossing the border into Kosovo, the terrain is suddenly more mountainous, and 10

welcome! Contact HBPA President Laura Gurdak at 802-482-2877 or hinesburghair@gmail.com.

7:00-10:00 p.m. Development Review Board Meeting. Remote Meeting via Zoom instead of Town Office.

WEDNESDAY, APRIL 21

9:00 a.m.-12:00 p.m. HFOF Play Group. Main Room at Town Hall.

7:00-8:00 p.m. Fire and Rescue/Business Meeting. Hinesburg Fire Station.

7:00-10:00 p.m. Select Board Meeting. Remote Meeting-online Meeting platform.

7:00-9:00 p.m. Trails Committee. Remote Meeting-online Meeting platform.

THURSDAY, APRIL 22

7:00-9:00 p.m. Economic Development. 3rd floor conference Room, Hinesburg Town Hall.

7:00-9:00 p.m. Hinesburg Historical Society Meeting. Remote Meeting-online Meeting platform.

WEDNESDAY, APRIL 28

9:00 a.m.-12:00 p.m. HFOF Play Group. Main Room at Town Hall.

7:00-8:00 p.m. Carpenter-Carse Library Trustees Meeting. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg, VT 05461.

7:00-8:30 p.m. Fire and Rescue/Fire Training. Hinesburg Fire Station.

7:00-9:00 p.m. Planning Commission Meeting. Ground Level Conference Room, Town Hall.

THURSDAY, APRIL 29

Publication date for The Hinesburg Record.

MONDAY, MAY 3

4:30-5:30 p.m. Lake Iroquois Recreation District Meeting. Williston Town Hall. Public invited.

7:30-8:30 p.m. Vermont Astronomical Society Meeting. University of Vermont, Burlington.

TUESDAY, MAY 4

7:00-8:30 p.m. Community Writers' Group. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg. See April 6 Calendar entry for full info.

7:00-9:00 p.m. Energy Committee. Remote Meeting-online Meeting platform.

minutes later you're off the highway and headed west into the highlands. Entering the village of Brezovica, you can see evidence of a glory age of skiing — a huge ruined hotel just off the road that was constructed as an alternate site to the 1984 Sarajevo Winter Olympics. It sits empty now, but it's a great reminder that it's time to turn and head up the hill toward the ski resort. The remaining six miles of the single-lane road is unpaved dirt that's potholed in the early season and rutted with packed snow and ice by mid-February.

Halfway up is the stopping point for those cars that accept defeat.

Thankfully, you have all-wheel drive so you continue up the road, stopping to pick up a couple of Serbian teens who

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7:00-10:00 p.m. Hinesburg Development Review Board Meeting. Ground Level Conference Room, Town Hall.

7:00-8:30 p.m. Recreation Commission Meeting. Main Room at Town Hall.

WEDNESDAY, MAY 5

9:00 a.m.-12:00 p.m. HFOF Play Group. Main Room at Town Hall.

7:00-9:00 p.m. Affordable Housing Committee. Remote Meeting-online Meeting platform.

7:00-8:30 p.m. Fire and Rescue/Medical Training. Hinesburg Fire Department, 10340 VT-116, Hinesburg.

7:00-9:00 p.m. Hinesburg Land Trust Meeting. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg.

7:00-10:00 p.m. Select Board Meeting. Ground Level Conference Room, Town Hall.

SUNDAY, MAY 9

Mother's Day.

MONDAY, MAY 10

7:00-8:30 p.m. Village Steering Committee Meeting. Hinesburg Town Hall. Contact George Dameron, Chair, 482-3269.

TUESDAY, MAY 11

7:00-9:00 p.m. Conservation Commission Meeting. Zoom Meeting. See April 13 Calendar entry for full info.

WEDNESDAY, MAY 12

9:00 a.m.-12:00 p.m. HFOF Play Group. Main Room at Town Hall.

7:00-9:00 p.m. Planning Commission Meeting. Remote Meeting via Zoom instead of Town Office.

7:30-8:30 p.m. Fire and Rescue/Heavy Rescue Training. Hinesburg Fire Station.

THURSDAY, MAY 13

Advertising and News deadline for The Hinesburg Record.

6:30-8:30 p.m. Lewis Creek Association Board Meeting. Carpenter-Carse Library, 69 Ballard's Corner Rd., Hinesburg.

7:00-9:00 p.m. Town Forest Committee. Ground Level Conference Room, Hinesburg Town Hall.

Have an ad? 482-7227 or ads@hinesburgrecord.org.

► Skiing the Other East

continued from page 17

are trudging up the road in sneakers and jeans. With the windows down and the now-freezing air whipping through the car to hopefully kill any COVID-19 they might be carrying, you continue up past a beat up Volkswagen Golf that is spinning in a deep ice rut and a shiny new BMW with Albanian plates that's plowed into a snowbank like a tourist in Vermont who's unfamiliar with driving on snowy roads. Suddenly, the road ends at an archway that announces you are at Brezovica Ski Resort. Tucking your car in beside a Soviet-era Lada Niva 4x4, you boot up. But the adventure is just getting started.

The Brezovica Ski Resort is composed of two hotels that were grand back when disco was still hot, a couple of smoke-filled cafes, a pizza place that is so packed that you can nearly see the COVID-19 in the air, and a small red trailer where you buy your lift ticket. The lifts are extensive — seven lifts accessing thousands of vertical feet of terrain, one all the way to the top of the intimidating Black Peak. Unfortunately, only one of them works — a double chair that will bring you about a thousand feet up and drop you just above the tree line. Thankfully, that's all you need at Brezo. And it's your lucky day — the ticket woman only showed up an hour later than the advertised opening time. Because you have your alpine touring gear and there are no rules here, you get a quick skin lap in and end just as she starts selling tickets. By this time, the man selling snacks has also set up at the base of the lift. You contemplate getting a hit of vodka before you head up just to jumpstart the day (he sells it by the shot in disposable paper cups), but the line of guys buying Tuborg beer for first chair is already too long. Maybe next run.

Ironically, the ski passes here are radio-frequency identification cards and apparently have been for several years, which means that Bolton truly was the last resort on earth to make the switch. Despite this control, an employee stands at the card station and eyes you like you're a teenager trying to get into the club with a fake ID. Through the gate, onto the lift and away you go toward the first run of the day. The lift cable squeaks noisily and, if you listen closely, you can hear it puffing "I think I can, I think I can," as you crawl up



The lift to glory: Brezo's only double lift from a neighboring peak



The Vodka Man on a lonely, windy day.



The local crowd at Prevala using the T-Bar for sledding

above spruce trees, then into the open slopes above. Careful to avoid the lady in Uggs boots and a faux fur coat taking a selfie at the top of the lift line, you ski off to the right. The sound of sharp edges on bullet-hard ice is comforting to your East Coast soul. You make a few carving turns on the wind-packed crust, and then make a line for a stand of trees.

Suddenly, the wind stops, and so does the scraping sound of your skis on the snow.

There's a moment of panic, and then you realize that you're actually still skiing. It's just that the snow has turned to light, fluffy, bottomless powder. Powder, you realize, doesn't make noise. The trees are also spaced perfectly and you can make wide, sweeping turns around them before dropping into a dense stand of firs that feel more like home. You get swatted in the face a couple of times before you exit into a

tight creek bed and then ski a series of moguls before you pop out on the road below the ski area.

Being a Vermonter, you're scrappy and hardy. You throw your skis over your shoulder and head back up the road, past a couple of women wearing hijabs and leading their ski-laden kids, and to the base of the lift again. A demolition derby drive to ice, moguls, branches in the face, sweeping tree turns, powder and vodka? What more could a Vermont skier ask for? No matter which continent you're on, Skiing the East seems like a good option.

Nathan Fry is currently representing the state of Vermont and the United States as the bilateral affairs officer at the U.S. Embassy in Skopje, North Macedonia. Nathan, Kimberly and their three children reside at the base of Texas Hill in what everyone knows as "the old Schryer house." They look forward to being back in Vermont in August 2022 after the completion of this assignment.

Into the Woods: The Science of Snow

BY ETHAN TAPPER, CHITTENDEN COUNTY FORESTER

While we had more snow than we knew what to do with, this winter started slowly. If you've been following our forest management project at the Andrews Community Forest in Richmond, you'll know that we struggled with warm weather and soils that didn't freeze until far later than usual.

For loggers, the wintertime is like the summertime for farmers, or the spring for sugar-makers — a short period of time when they make a disproportionate amount of their yearly income. As forest managers, this is when some of our best work gets done. It's when we can manage our forests to be more diverse, resilient and complex while producing local renewable resources (wood) with minimal impacts to soils. When, like this year, we have warm, wet weather into January, it challenges our ability to do this important work.

Forest management is certainly not the only activity that benefits from colder, snowier winters. Most of us in Vermont rely on skiing, snowboarding, skating, sledding and other winter sports to combat the winter blues. When we can't do these things it diminishes both our quality of life (fun) and the jobs

and economic activity supported by these winter recreational activities.

There is an overwhelming body of research showing that our winters are becoming milder, that our snowpack is decreasing, and that these trends will continue as our climate changes. While this is certainly an economic problem and a quality-of-life problem, it also is having a number of negative effects on forest ecology.

Research by Dr. Pamela Templer (and others) has illustrated the many ways that having less snow harms forests. For trees, one main issue is the loss of the insulation that snow provides. This causes freezing to penetrate more deeply into the soil, damaging tree roots and diminishing trees' ability to take up nutrients and forests' ability to store carbon. It is also linked to substantially slower growth in a number of tree species — most notably sugar maples. The melting snow pack also helps rehydrate trees as they emerge from dormancy in the spring.

Decreasing snow depth also impacts a variety of our native critters. The subnivean zone is the habitat within the snowpack, where small mammals like mice, voles, shrews and ermine live out the winter, protected from extreme winter temperatures. Small mammals support many important functions in forest ecology, including (but certainly not limited to) feeding animals like owls, foxes and bobcats.

Lower snow depths are not a problem for all wildlife; white-tailed deer, whose populations are limited by winter severity, benefit from warmer winters with less snow. Unfortunately, as most other New England states have already realized, deer overpopulations are a massive biodiversity threat. By selectively browsing young trees and plants, they lower diversity and encourage nonnative invasive plants.

Aside from addressing the root causes of climate change (which stretches far outside the forestry realm), what can we do? From a quantitative perspective, we can manage our forests to sequester and store lots of carbon. By far the most important thing we can do in this respect is to keep forests as forests, protecting them from conversion, development and fragmentation. We can also manage forests for carbon sequestration and storage by leaving some big trees in the woods, leaving lots of dead wood on the forest floor, avoiding large-scale disturbances and leaving some areas unmanaged.

We also need to protect our forests' ability to be healthy, to provide amazing wildlife habitat for species under tremendous stress, and to sequester and store carbon by encouraging resilient, adaptive forests, forests that are able to stay healthy amid the many stressors of a changing climate. We can do this actively, using forest management to help our relatively young, simple forests become more diverse and complex, and addressing threats to forest health and diversity like deer overpopulation and invasive exotic plants.

In a broader sense, we can mitigate climate change by thinking critically

about where our resources come from. Forest management can't solve all our problems; however, done well, wood is an example of a resource we can be proud of. Wood can be produced while encouraging the health and resilience of our ecosystems. Using local renewable resources rather than nonlocal, nonrenewable resources is a powerful way to take charge of our climate impacts, lowering our effects on peoples, critters and ecosystems across the globe — and protecting our beautiful snow.

Ethan Tapper is the Chittenden County forester. He can be reached at ethan.tapper@vermont.gov, or 802-585-9099. Stay tuned to what Ethan's up to at: linktr.ee/ChittendenCountyForester.

Online Public Hearings on Deer and Moose Tonight and Tomorrow

VERMONT FISH & WILDLIFE PRESS RELEASE

The Vermont Fish & Wildlife Department and the Vermont Fish and Wildlife Board will hold online public hearings on deer and moose management for 2021 on March 25 and 26.

The online public hearings will have department staff and Fish and Wildlife Board members participating. The meetings will start with a 30-minute prerecorded presentation on the proposed 2021 moose hunting season and current health status of Vermont's deer herd that is on the Fish and Wildlife website. Public comments and questions will be taken at the electronic meetings and by phone. The department will post written responses on its deer and moose hearing webpage after the hearings.

For more information and to join the online hearings, go to the Vermont Fish & Wildlife website vtfishandwildlife.com and click on the "Public Hearings Schedule" on the home page.

In addition to the public hearings, anyone can leave a comment on the proposals with a telephone message by calling 802-265-0043 or by emailing ANR.FWPUBLICCOMMENT@vermont.gov. **Comments on moose must be received by March 31 and for deer by May 14.**

ARTS & LEISURE

Call for Applications: Creation Grants and Artist Development Grants

VERMONT ARTS COUNCIL PRESS RELEASE

Creation Grant

The Vermont Arts Council is now accepting applications for its annual Creation Grant.

Creation Grants support the creation of new work by Vermont artists. Creation Grants can fund time, materials, some equipment costs and space rental for artists and artist groups. An independent panel of practicing artists and arts professionals reviews the applications for this highly competitive program.

Examples of fundable projects are:

- A multimedia artist creating a new video series
- A writer completing the first draft of a novel
- A dance ensemble developing choreography for a new piece
- A visual artist creating art for exhibition that explores new subjects and techniques
- A musician composing music for a new album

While all eligible Vermont artists are encouraged to apply for a Creation Grant, special consideration will be given to emerging artists in this grant round. Generally, emerging artists are defined as those who are at an early stage in their career development. Age is not a factor in determining an emerging artist. Emerging artists:

- must be "active" or "practicing" artists (i.e., creating work regularly, rather than a few times a year).
- should not have received major grants, awards, or other significant recognition (such as a solo exhibi-

tion) at this stage in their career. With regard to the Vermont Arts Council's grant programs for individual artists, only Creation Grants are considered to be "major grants."

The grant amount for this program is \$4,000 per award. **Application deadline: April 14.** Full details and online application available at vermontartscouncil.org/grants/artists/creation.

Artist Development Grants

The Vermont Arts Council is now accepting applications for its next round of Artist Development Grants. The deadline for this current round is May 10.

Artist Development Grants support artists at all stages of their careers. Grants can fund activities that enhance mastery of an artist's craft or skills and activities that increase the viability of an artist's business. New this year: grants can also support teaching artists in developing the skills necessary to provide

instruction in K-12 schools remotely during the COVID-19 crisis.

Funding may also support aspects of the creation of new work when the activity allows the grantee to accept a rare and important opportunity.

Eligible expenses for such activities include, but are not limited to:

- advanced study of technique or practice with a mentor
- attending a professional conference to build business or artistic skills or knowledge
- contracting professional services including photographic documentation of work, contract preparation or business incorporation, creation of accounting systems, developing e-commerce on a website, creation of marketing materials, etc.
- marketing, planning, purchasing some materials or renting space for new exhibitions or performances
- adapting and responding to the current COVID-19 crisis
- travel within the United States

Applications are evaluated in three areas: impact, planning and budget. Priority is given to first-time grantees and proposals for rare or unique

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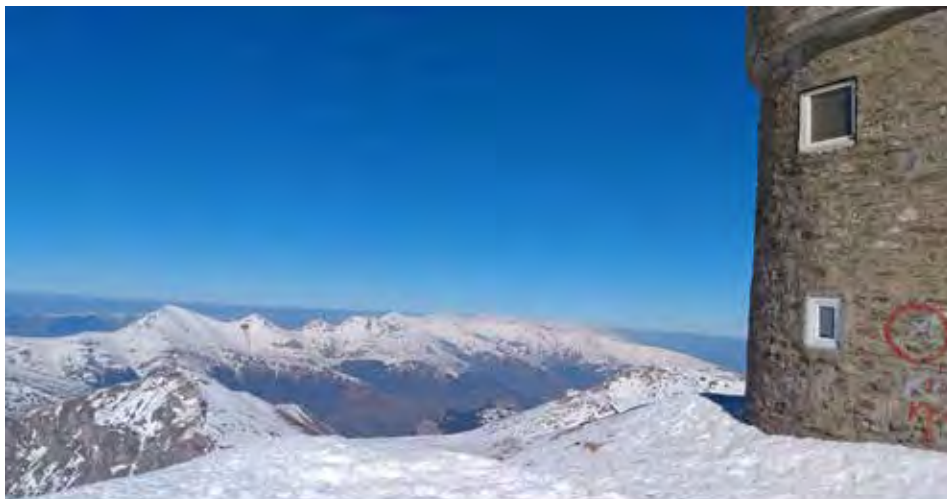
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The summit of Tito's Peak, Shar, North Macedonia

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▶ Arts & Leisure

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opportunities.

Who May Apply — Artists Who:

- have been residents of Vermont for a minimum of one year prior to the application deadline and are residents at the time the award is granted
- are 18 years of age or older at the time of application
- have submitted all required reports on any prior Council grants
- meet all of the above requirements and are applying as a representative of an artist group

Who May Not Apply

- Artists whose projects involve activities for which college credit is given
- Artists who have received any other Arts Council grant in the same fiscal year to support the same project
- Artists who have received an Artist Development Grant between September 2020 and June 2021

Grant amounts range from \$250-\$1,000. For examples of previously funded projects, visit our list of recent grantees. Application deadline: May 10, 2021. For full details and the online application, visit vermontartscouncil.org/artistdevelopment.

Lake Champlain Maritime Museum to be Free for All Visitors in 2021

FROM PRESS RELEASE

Lake Champlain Maritime Museum has announced that they are eliminating admission fees for 2021, making it free for everyone to visit. The museum will be open from May 22 to Oct. 17 featuring new all-outside exhibits, self-guided tours and more.

Last March, the museum made the difficult decision to remain closed for the 2020 season due to COVID-19. Amid the unprecedented challenges caused by the global pandemic, the museum found new ways to stay connected with enthusiastic audiences of all ages and continued to share important stories of history and ecology. The 2021 season will invest in these successes, increase access for all to the region's history and environment, and further the museum's commitment to building a healthier and stronger community through several new initiatives:

No admission fees: The museum will be free for all visitors and open seven days a week from 10 a.m. to 4 p.m. To ensure easy access and safety for all, the museum will be entirely outside



A family exploring the museum's campus. Photo courtesy of Lake Champlain Maritime Museum

with self-guided tour options for guests to explore the three-acre campus. Indoor galleries will remain closed.

Outside and online exhibits: In 2021 the museum will install two new exhibits onsite and online. "Prohibition in the Champlain Valley" and "Lake Health" will bring together stories from the region's history, archaeology and ecology. These new exhibits will explore the complex relationships between government and individuals, examine the natural and human-made threats to the lake, and inspire action and present-day connections. In addition, other outside exhibits and experiences at the museum include "Women at the Helm," "Maritime History on Display," the museum's replica Revolutionary War gunboat Philadelphia II displayed "on the



Visitors at an outdoor exhibit. Photo courtesy of Lake Champlain Maritime Museum

hard" on the museum grounds, and the replica canal schooner Lois McClure docked in North Harbor for the 2021 season. Visitors can step aboard the Lois McClure every Thursday, Friday and Saturday.

Pay-What-You-Can summer camps and expeditions: As previously announced, the museum introduced a new tuition model for all summer camps and teen expeditions to make sure that all children have equal access to a great summer on Lake Champlain. Families can see the 2021 camps and expeditions lineup and register online at lcmmm.org/Camps.

"Lake Champlain Maritime Museum tells the stories of the Champlain Valley in a way that encourages visitors to look to the past and see what is possible for the future" said Executive Director Susan Evans McClure. "We want people to see Lake Champlain as their lake, and we are committed to removing barriers that prevent people from accessing this history, their lake, and the museum."

The 2021 season of exhibits, free admission and pay-what-you-can camps and expeditions are made possible with support from Champlain Valley National Heritage Partnership, Lake Champlain Basin Program, and the museum's members and donors.

The museum will be regularly sharing updates on exhibits and season events on their website and social media. Follow along and plan your 2021 visit lcmmm.org/Visit.

About Lake Champlain Maritime Museum

Founded in 1985 with the mission to preserve and share the cultural and nat-



ural heritage of the Lake Champlain region, Lake Champlain Maritime Museum is building a healthy future and community for Lake Champlain. Through education, exhibits and historic boats, research and collections, the museum connects people to the region's history, ecology and archaeology and creates opportunities for hands-on learning that will last a lifetime. Year-round education programs serve more than 2,500 K-12 students, as well as hundreds of educators locally and nationally. For more information, visit lcmmm.org.

Statewide Mural Project to Help Communities Create the Change They Want

FROM PRESS RELEASE

Registration is now open for communities to join the Vermont Mural Project. The Community Engagement Lab, Juniper Creative Arts and the Vermont Folklife Center are partners on the statewide project,

which features a collaborative mural-making process to guide communities to build vision statements and action plans that address the social and environmental justice issues they care about.

The project will bring together community teams of young people, educators and community members to work alongside teaching artists, muralists and local social and environmental justice partners to amplify youth voices, strengthen civic agency, and create a visual story of their collective hopes and dreams for a more equitable and resilient Vermont.

"We are excited to be collaborating with the Vermont Folklife Center and the inspiring mural team at Juniper Creative Arts to bring the Vermont Mural Project to life," said Jenn Wood, managing director at the Community Engagement Lab. "Community mural-making has a long, successful history of bringing people together in a creative process that builds trust and mutual respect for one another."

"The Community Mural Movement was started and led by Chicago artist William Walker in the 1960s. It served as a way for the community to express its values and share collective own-



Students from Middlebury College and Middlebury Union High School co-created a mural for the high school with Juniper Creative Arts. Credit: Juniper Creative Arts.

ership of public art," said Will Kasso Condry of Juniper Creative Arts.

"Murals have the power and potential to inspire dialogue, expand thought, raise the consciousness of those who experience them directly, and create a sense of place and belonging," said Jennifer Herrera Condry of Juniper Creative Arts.

The Vermont Mural Project is seeking to have at least one mural created in each of the 14 Vermont counties.

All of the murals will be temporarily displayed in Montpelier at the One World Festival of Arts & Imagination, in September 2021, presenting a collaborative creative statement of what communities from all corners of the state want for their future. Following the festival, each mural will return to its community for permanent installation.

For more information about how to participate in the Vermont Mural Project, visit CommunityEngagementLab.org.

PEOPLE

Higher Education Honors

Emma Bissonette and Abby Ferrara, both of Hinesburg, have been named to the Fall 2020 dean's list at the University of Rhode Island. To be included on the dean's list, full-time students must have completed 12 or more credits for letter grades during a semester and achieved at least a 3.30 quality point average. Part-time students qualify with the accumulation of 12 or more credits for letter grades earning at least a 3.30 quality point average.

Julia Daggett of Hinesburg has been named to the dean's list for the Fall 2020 semester at Emmanuel College in Boston. To earn a spot on the dean's list, Emmanuel students must achieve a GPA of 3.5 or higher for a 16-credit semester.

Students Named to Dean's List at RIT

The following Hinesburg residents made the dean's list at Rochester Institute of Technology for the 2020 Fall semester. Undergraduate students are eligible for the dean's list if their GPA is greater than or equal to 3.40 for nine credit hours of traditionally graded coursework; they do not have any grades of Incomplete, NE, D, or F; and they have registered for, and completed, at least 12 credit hours.

Max Barron, who is in the mechanical engineering program.

Holden Lalumiere, who is in the computer science program.

Zaza Quatt, who is in the illustration program.

OBITUARIES

Paul Franklin Eddy

Paul Franklin Eddy, a longtime resident of Hinesburg, Vermont passed away peacefully at the McClure Miller Respite House on Dec. 21, 2020, just two weeks before his 95th birthday. Paul's health had started to decline this fall, and he was cared for in his home by his children with the support of his longtime physician, Dr. James Ulager, and UVM Health Network Home Health & Hospice, until his final days.

Paul was born on Jan. 1, 1926, to Philip and Ruberta (Kimball) Eddy, the sixth of eight children. He cherished lifelong relationships with his siblings Lawrence, Phyllis, Frances, Dwight, Emma, Sylvia, Carol and their spouses. For many years the siblings would gather almost weekly for lunch, and "Uncle Paul" was special to the Eddy, Russell, Masiero, Mead, Peet and Harper families.

A World War II veteran, Paul enlisted in the Navy and was trained to land fighter jets as an air traffic controller. After returning from the Navy, Paul attended UVM, where he majored in agriculture science, played football and met his wife, Millicent "Millie" Gabbett.

After graduating from UVM in 1950, Paul began his career as a farm manager in Burlington, Ryegate and Pittsfield before purchasing the family farm in Hinesburg from his brother Dwight in 1963. Paul had a long association with Farm Credit, including a role as a lender, and then, later in life, on the board of directors and as chairman of the board of the Yankee Farm Credit Association.

A lifelong member of the United Church of Hinesburg, Paul served on many committees over the years, including

founding an Outreach Fund with his brother Dwight, which continues to generate funds annually to serve community members in need.

Paul and Millie loved nothing more than their family — they were incredibly proud of their children and grandchildren, and took every opportunity to support them. His children fondly remember their very special family trip to Hawaii in 1979 and annual trips to Boston, New York and Montreal to see professional baseball games.

Paul and Millie spent thousands of hours on the sidelines of CVU and UVM soccer and basketball games, and Paul took great pride in providing a place in Hinesburg for youth sports with the creation of Millie's Field in 2018 at the Bissonette Recreation Area. Shortly before his passing, he shared with his children that leaving behind a loving family was his most important accomplishment.

Paul was predeceased by Millie in 1997 and their infant son, Paul Timothy in 1950. Surviving Paul are his children, Mary (Eddy) Stewart and her husband Steve, Susan (Eddy) Pratt and her husband Tom, and David Eddy and his wife Marie. His grandchildren, Carrie Pratt and her husband Mel Symeonides, Emily (Pratt) Farnham-Haskell and her husband Zac, Sara Stewart and Tom, Emma, and Abby Eddy all have special memories of their incredible grandfather who took immense pride in sending a picture of them as his Christmas card every year. He is also remembered by his surviving siblings, Sylvia and Carol, his brother-in-law Karl Gabbett, and many nieces and nephews.

Paul's family would like to thank the



Paul Franklin Eddy.

Hinesburg Family Medicine team for their long-term support, UVM Network Home Health & Hospice for their in-home support in November and December and the staff of the McClure Miller Respite House for their warmth and kindness in his final days. A special thank you to Pastor Jared Hamilton for the spiritual comfort, and to Audrey Horton for the years of help and friendship.

Paul will be remembered for his historic knowledge of Hinesburg and the United Church of Hinesburg, his kindness, and most importantly, his pride and love for his family.

We will celebrate Paul's life once we can gather safely, hopefully in 2021. His family asks that donations in Paul's honor be made to the United Church of Hinesburg, UVM Network Home Health & Hospice or the McClure Miller Respite House.

Arrangements are under the care of the Cremation Society of Chittenden County a division of the Ready Funeral Home. Please visit cremationsocietycc.com to place online condolences.

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RELIGION

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Pastor: Rev. Jared Hamilton

Office Hours: Monday to Thursday 8:30-11:30 a.m.

Location: 10580 Route 116

Phone: 482-3352

Email: unitedchurch@gmavt.net

Address: P.O. Box 39

Website: ucofh.org

Sunday Worship Service: 10:00 a.m. Sunday Worship is now livestreaming.

Choir practice: 9:00 a.m. Sunday

Sunday School: Nursery and story time; Christian Education Kindergarten through 8th grade during academic p.m.

Senior Meal Site: Every Friday 11:00 a.m. - 1 p.m. (except first Friday) Osborne Parish House

AA Gratitude Group: every Monday 7:00 p.m., Osborne Parish House.

Lighthouse Baptist Church

Pastor: Reverend Ed Hart

Church Phone: 482-2588

Home Phone: 482-2588

Email: lighthousevt@aim.com.

Website: LBCvt.homestead.com

Location: Hinesburg Village Center, 90 Mechanicsville Road

Address: P.O. Box 288

Regular Services: Sunday Morning Worship: 10:30 a.m., Nursery provided.

Sunday Evening Service: 6:00 p.m.

Wednesday: 7:00 p.m. Bible Study and Prayer Meeting; Nursery provided.

Saint Jude the Apostle Catholic Church

Pastor: Fr. James Zuccaro

Pastor's Residence: 425-2253, stjude@gmavt.net.

Mailing Address: 2894 Spear Street/P. O. Box 158, Charlotte, VT 05445

Hinesburg Rectory: 482-2290, Stjude@gmavt.net, P. O. Box 69, Hinesburg 05461, (10759 Route 116)

Parish Secretary: Marie Cookson, 879-3446, Rectory, 482-2290, marietcookson@aol.com

Office Hours: Mondays and Thursdays, 8:30 a.m. to 3:30 p.m..

Parish Council Chair: Dennis Casey, 453-4054

Finance Council Chair: Doug Taff, 482-3066

Buildings and Grounds Supervisor: Buildings and Grounds Supervisor: Henry Moreno, 802-777-4169.

Weekend Masses:

Saturday, 4:30 p.m.; Sunday: 9:30 a.m., St. Jude Church, Hinesburg; Sunday: 8:00 a.m. and 11:00 a.m., Our Lady of Mount Carmel Church, Charlotte

Weekday Masses:

Monday and Friday, 8:00 a.m., St. Jude Church; Tuesday, Thursday: 5:15 p.m. Our Lady of Mount Carmel Church; Wednesday: 8:00 a.m., Our Lady of Mount Carmel Church, Charlotte

Sacrament of Baptism: Call the Pastor for appointment

Sacrament of Reconciliation: Tuesday following the 5:15 p.m. Mass at Our Lady of Mount Carmel Church; Saturday at 4:00 p.m. and Friday following the 8:00 a.m. Mass at St. Jude Church and by appointment.

Sacrament of Marriage: Contact the Pastor at least six months in advance

Communion at Home: Call Parish Office, 482-2290

Religious Education Coordinator:

Marie Cookson, 879-3446

Religious Education (CCD): The first Sunday of each month following the 9:30 a.m. Mass. Students and parents meet each month.

Please call Marie at 482-2290 (Parish Office) or 879-3446 (home) for more information.

Eucharistic Adoration: Eucharistic Adoration is held the first Friday of each month following the 8:00 a.m. Mass at St. Jude.

Food Shelf Weekend: Every third Saturday and Sunday. Parishioners are asked to make an extra effort to bring non-perishable canned and dried food in weekly for the Hinesburg Food Shelf. Food Collection baskets are in the entry for your convenience.

Senior Meals: Will be served from noon to 2:00 p.m. on the second and fourth Tuesday of each month unless otherwise noted. Food will be prepared by Meals on Wheels. There will be cards, board games and door prizes. Cost is \$4.00 donation. Please call in advance so we have plenty of food on hand. For reservations call Ted Barrett at 453-3087 or Marie Cookson at 482-2290 (parish office) or 434-4782 (home). Caretakers are welcome. Hinesburg Rides will pick you up and bring you home at no charge. For more information, call the parish office at 482-2290.

Community Alliance Church

Pastor: Scott Mansfield

Phone: 482-2132

Email: info@hinesburgcma.org

Web: hinesburgcma.org

Address: 190 Pond Road, Hinesburg (overlooking CVUHS soccer fields)

Sunday Services: 10:30 a.m. Children's programs, for nursery through elementary school ages.

Middle School and High School Youth Group: Meets from 5:00 p.m. to 7:00 p.m. on Sundays. This is a great time to meet new friends, hang out and talk real life.

Weekday Life Groups: Various times, days, and locations throughout the week.

For more information, please contact

the church at 482-2132 or visit hinesburgcma.org.

Williston Federated Church

United Church of Christ and United Methodist Church

An Open and Affirming Reconciling Congregation

Address: 44 North Williston Road, Williston VT 05495

Phone: 878-5792.

Website: steeple.org

Minister: Rev. Paul Eyer

Activities: Junior and Senior High Youth Groups; Men's Bible Study; Women's Book Group; Junior, Senior and Contemporary Music Choirs; Friendship Suppers; opportunities for mission and outreach in the community, country, and world.

Service: Sundays 9:30 a.m., Nursery/Child care provided; Sunday School during the service for pre-K through high school; Coffee/Fellowship after service in Fellowship Hall.

Trinity Episcopal Church

Address: 5171 Shelburne Rd., Shelburne, VT 05482

Church phone: 985-2269

Church email: info@trinityshelburne.org

Website: trinityshelburne.org

Worship service: Sunday morning at 8:00 a.m.

Worship service and Sunday School: Sunday morning at 10:30 a.m.

Space for Grace program: Sunday mornings 9:15 a.m.

JOB POSTING

Lake Iroquois Boat Greeter Jobs, \$15/hr

The Lake Iroquois Association is looking for friendly, responsible individuals to welcome boaters, provide helpful information about invasive aquatic species, inspect boats and trailers, and power wash as appropriate to prevent invasive species from entering the Lake.

Training is provided by VT Dept of Environmental Conservation including COVID procedures. Hours of operation include shifts on Fridays, Saturdays, and Sundays from Memorial Day weekend to Labor Day weekend. Typical shifts are 6 hours. The pay is \$15/hour.

This is a great way to earn money and serve the community – helping to protect the beauty and enjoyment of a key local natural resource. If interested in finding out more call Mark at 802-310-4841. Applications are preferred in March to mid-April.

Hinesburg Resident

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“This is a momentous occasion in your life,” she said. “You deserve to have all the information and support needed to make this the most meaningful, personally affirming, positive, safe journey possible, and I could do that as a doula ...”

Afterwards, Arnoldy went to work, supporting new families and becoming a childbirth educator. But it was another significant event in her life that led her to the work she does today: the death of her grandfather.

“He had hoped to stay home for this dying experience and that’s a lot of work,” she said. “They were receiving support from hospice, which is great. It was my grandmother who was really the primary care provider around the clock.”

To offset the pressure on her grandmother, Arnoldy began to do tasks for her grandfather such as watching over him, reading him prayers and coordinating hospice nurse visits. Her work as a doula prepared her for it; she could be supportive despite not knowing what to expect. By the time he had passed, she had seen family members both in pain, but also relieved knowing that she was there to help.

“I very quickly realized,” she said, “that my role during that dying was really similar to the role I played during someone’s birthing. And I became more and more interested in holding space for both.”

In 2017, the University of Vermont launched the End-of-Life Doula Professional Certificate, a continuing education program developed by Arnoldy. It was partially funded by the Cabot Creamery Cooperative as part of an initiative celebrating their centennial. The eight-week course now teaches up to 125 students at a time, using a

curriculum she created after a year of research. It runs up to five times a year.

In 2018, she published the guidebook and textbook for the course “Cultivating the Doula Heart: Essentials of Compassionate Care.” UVM also launched a second certificate program teaching end-of-life care with pets.

In February 2020, with signs of the pandemic on the horizon, Arnoldy made the decision to stop in-person doula services. Demand for doulas has only increased in that time, due to the COVID-19 pandemic.

Arnoldy said she thinks their work is more essential now than ever.

In the meantime, she has also been working as a research investigator and director of the Doula Intervention of the StoryListening project, a UVM study that asks participants to share with researchers their experiences with loss. The Vermont Conversation Lab website says the study is about determining which aspects of storytelling are most comforting to the grieving; However, Arnoldy hopes that it’ll help with treatment of complicated grief, an intense, long-lasting grief associated with isolation, that’s harder to heal from than typical grief.

As for anyone who’s suffered a loss recently, Arnoldy’s advice is to “please take good care of yourself and try to access any compassionate supports that are available to you.”

“You are deserving of care,” she said. “It’s a journey that takes time to heal. Your healing will continue.”

Editor's note: This article is by Tyler Lederer, a reporter with the Community News Service, a collaboration with the University of Vermont's Reporting & Documentary Storytelling program.

Police Budget Increase

continued from page 1

cidal, for example, the police will go and make sure the person is safe and that they get the immediate help they need so that they’re not a danger to themselves or others. In the past, there were no police services in place to follow up to ensure that the causes of their crises were being addressed.

That’s where the Howard Center comes in. Police officers make sure the scene is safe and then bring one of the Howard Center employees.

Deanna Ryerson, Ph.D. is the director of crisis at the Howard Center. Ryerson agrees that “social workers and family/mental health specialists are just better fit than law enforcement to handle certain issues.”

She explained that in rural communities, people are often disconnected from social services. They might not understand how to access these services, have transportation challenges or have resources to access them when paying for transportation is too much of a burden.

“There’s a history of unnecessary law enforcement utilization and unnecessary hospital utilization because people call 911 or show up at the emergency room when really, that isn’t the most appropriate service,” said Ryerson.

She explained that when a law enforcement official and a Howard Center outreach person respond together, they are better equipped to handle the situation. If they respond together and there’s not an immediate safety need, the law enforcement official is freed up and able to move on to the next service call. The law enforcement official can focus on criminal behavior or managing safety concerns, while

the Howard Center employee who is trained to aid in, for example, mental health care and substance use treatment can make sure the person gets the help they need.

The partnership has already had a big impact on Hinesburg, according to Chief Cambridge. “I think we used them 27 times in the month of January.”

“There is something to be said for a plainclothes person, someone who may be less intimidating, that can work more effectively with families and have a more trauma-informed response to someone who might have a mental health or behavioral health challenge,” said Ryerson.

On March 2, Hinesburg residents voted to increase the police budget by 13.22%, in a year when many Vermont towns found ways to reduce their budgets.

According to the University of Vermont’s Community News Service, which conducted research on police budgets across the state (uvm.edu/cas/vermontresearch/current-projects), overall spending on police budgets went down by 0.45% this year; 47 towns increased their police spending; 21 decreased; and seven remained the same. Of the towns that increased their police spending, only seven went up by more than 10%, and Hinesburg was one of them.

Chief Cambridge said that this year’s increase “shows that the town really has faith in us. And that people know that we are a police department that is doing the right thing.”

Editor's note: This article is by Maddy Holden, a reporter with the Community News Service, a collaboration with the University of Vermont's Reporting & Documentary Storytelling program.

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BACK STORIES of Hinesburg

Hinesburg Resident Teaches End-of-Life Care for the 21st Century

BY TYLER LEDERER

Hinesburg resident Francesca Arnoldy is in high demand today, as an expert in providing emotional support at the beginning and end of life. She is the program director of the University of Vermont's End-of-Life Doula Professional Certificate program.

The author and educator once only aided people with birth but, like the doula field itself, has now expanded to cover death as well.

Doulas, whether it's end-of-life care or beginning-of-life care, do the work of "preparing and planning and processing," said Arnoldy.

For end-of-life care, preparing and planning means discussing how a client would like to experience death, then putting their wishes into action.

"Some people want noise and they want activity and they want to be able to hear the sounds of life happening all around them," she said. "Other people desire peacefulness and serenity ... and for people to enter and shift their energy very intentionally. We talk about that ahead of time. What makes you feel most honored?"

The processing part involves discussing the client's life, its best and worst moments, any accomplishments or regrets. Then the doula will help create a legacy project, or something they

can leave behind for others. These can range from recordings of their voice, scrapbooks, cookbooks or even writing their obituaries. Processing also involves speaking to the family after a death and working out complex emotions.

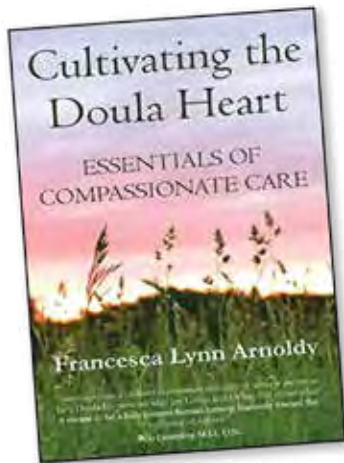
Arnoldy made it clear that doulas have a lot of range and not everyone may want the basic services. She also emphasized that the work is meant to be therapeutic but it's not therapy.

"We are nonmedical emotional support people," she said. "There is room in there for creativity."

As a new occupation, end-of-life doulas work in unregulated territory. Insurance companies do not cover all the costs, if they cover any at all. Payment methods differ between individual doulas, who have to balance their financial situation with keeping their services affordable.

"Many of us will offer sliding scale rates," she said, "and some pro bono work and some discounts, some payment plans, some of us have scholarship funds that we fundraise for and some of our clients who have the means will pay extra to pay it forward."

Arnoldy added, "Doulas are pretty creative with this."



Francesca Arnold's 2018 book



Hinesburg resident Francesca Arnoldy, the program director of UVM's End-of-Life Doula Professional Certificate program.

Though "doula" is an ancient Greek word, today's doulas originated with American baby boomers, said Arnoldy, who sought to personalize the birth experience.

"Birth is a really human experience," she said. "It's very natural and normal. We have all these medical [advances] at our fingertips. Could there be space here to think about my own birth and my unique preferences ...?"

Only recently has death been discussed in the same manner, Arnoldy said. "We're moving in this direction of reclaiming death as a natural part of life and realizing how we can make it a safer, more meaningful, more personalized experience."

She first learned about doulas during her second pregnancy. Seeking to be better informed, she decided to try becoming a postpartum doula. It was only after the birth that she realized she'd found her calling.

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VOLUNTEER OPPORTUNITIES

Make a Difference

Do you need volunteers for a Hinesburg event or non-profit organization? Send the information to news@hinesburgrecord.org and we'll publish it here. Use "volunteer need" as a subject line.

Mentoring

Make a difference in the life of a child. Become a mentor at HCS. No tutoring involved, just being a buddy to a child who would benefit from adult friendship. And only one hour a week during the school year. Contact Ginny Roberts at groberts@cvsdvt.org or 482-8248 for more information.

Hinesburg Trails

Help maintain public trails. All skill levels from none (just enthusiasm) to experienced chainsaw operators, and trail designers are needed. For more information contact Jane Sheldon at elcabi2@gmavt.net.

Meals on Wheels

Help out local area residents who cannot easily get out of their homes. Become a Meals on Wheels driver. Routes take anywhere from an hour to an hour-and-a-half depending on the day. You need not commit to a weekly schedule. Call Jane Gage at 482-6096 for more information.

Visit a Senior

Hinesburg seniors need your help. Some seniors live alone with limited social contact and would love to share their gift of gab with you. Just an hour of your time can make a big difference in the life of one of the seniors in our town. If you would be willing to help contact Bev at 800-642-5119 for more information.

Town Committees

Frequently there are openings on town committees. Here are some of the recent ones.

- Affordable Housing Committee
- Agency Request Review Committee
- Conservation Commission
- Economic Development Committee
- Planning Commission
- Recreation Commission
- Village Steering Committee

Check town web site hinesburg.org/vacancies.html for the most current committee openings, descriptions and instructions on how to apply. For more information contact Renae Marshall 482-2281 x227 or rmarshall@hinesburg.org.

The Hinesburg Record

Help publish your community newspaper which is produced by volunteers who write, edit, and lay it out each month. The Record needs people to write and edit copy, take photos, and help with distribution and mailing. One-time or occasional submission of articles is more than welcome.

If you are interested contact us at news@hinesburgrecord.org.



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