

the HINESBURG Record

NOVEMBER 2022

Access CVU Registration Is Open With Over 200 Classes

FROM PRESS RELEASE

As we enter the month of November, we want to start by expressing our gratitude for our community as you support us by taking classes and making donations to support our scholarship fund for those in need. We are excited to share that the fall/winter semester of Access CVU, your destination for community education based out of CVU High School, is well underway! With over 90 classes remaining, including a mix of past favorites and creative new options, there's something for everyone!

It's never too early to start

There will be an Introduction to Batik class on Nov. 7.



thinking about holiday gift-giving!

- We have a number of craft classes that will set you up to make gifts for your friends and family – how about knitting socks, or sewing a knit winter hat (patterns for all sizes)?
- Are you looking for the perfect gift that will always be in stock and won't expire? Consider an Access gift certificate!
- Or go ahead and register for a class like needle-felted acorns, a batik sampler or chocolate specialties with your favorite person and enjoy some quality time together!
- Our second craft fair of the fall season is scheduled for Saturday, Nov. 26. Grab your friends and family and come shop from local crafters!

At right is a list of classes scheduled for November, organized by category. All classes meet in person at CVU, with the exception of a handful of online classes (identified

with an “*”) which will meet over Zoom or Google Meet.

Authors, Speakers and Presenters

Tuesday, Nov. 1: How to Live a Trauma-Informed Life 101

Monday, Nov. 7: Advanced Health Care Directives*

Wednesday, Nov. 9: Hiking Vacations Throughout Europe and on a Budget!

Monday, Nov. 14: Secrets of Mount Philo with Author Judy Chaves

Thursday, Nov. 17: The Forgotten Plate: A History of American Fine Dining, the Places & the Iconic Dishes*

Cooking & Cuisine

Wednesday, Nov. 2: Baking 101: Apple Pie

Thursday, Nov. 3: Indian Vegetarian Comfort Meal: Khichdi

Monday, Nov. 7: Kids in the Kitchen: Everything Pumpkin

Wednesday, Nov. 9: Risotto

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Reflection, Recognition and Renewal

BY LORI HENNESSEY

On a warm sunny day in September, a new replacement Eagles Trail sign was revealed to former Scoutmaster Russell Berger as he was surrounded by family. At the



Russell Berger and his wife Nancy Berger in front of the newly replaced Eagles Trail sign at the Town Forest.

Town Forest trail entrance at Hayden Hill East, hikers and community members are now greeted with the familiar trail and a freshly minted sign: Hinesburg Town Forest, the Eagles Trail. A sign that is, in fact, a replica of one that Eagle Scout Jasen Ketchum carved and wood burned over three decades prior.

The afternoon brought reflection of the debut of the Eagles Trail that originated over 30 years ago, in a time when the Boy Scout Troop 690 frequently met and spent time in the Hinesburg Town Forest. So much time, in fact, that the Town Selectboard granted permission to

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Folk Jam

Do you play an acoustic instrument or just love to sing? Come join the SongFarmers during their monthly gathering and participate in this wonderful live music offering. It's free!

More details and pictures on page 11.



Hinesburg's independent, nonprofit community newspaper

INSIDE...

What the Heck?

Page 23: Our new section dedicated to figments of your imagination.



Hearts for Hunger

Page 13: Annual Hearts for Hunger 5K Fun Run and Walk has raised \$61,965!

Service Directory

Page 16: At-a-glance view of community services.

BACK STORIES

of Hinesburg

Community Members Build Foodshelf Ramp

Page 24: On Thursday, October 13, Hinesburg Community Resource Center revealed its new handicap access ramp.

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US POSTAGE
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HINESBURG, VT
PERMIT NO 3

Deadline for our next Issue: November 10, 2022

Send articles to: news@hinesburgrecord.org.

You may also use the drop box at the Giroux home at 327 Charlotte Road to drop off hard copy articles and photographs.

Contact us at ads@hinesburgrecord.org for ads or call us at 802-999-2410.

Contact us at informaion@hinesburgrecord.org for general information.

Deadlines for 2022

Advertisement/News	Publication Date
November 10	November 25
There is no publication date in December	
January 12, 2023	January 26, 2023

Our Policies

The Hinesburg Record is published ten times each year by The Hinesburg Record, Inc., a non-profit corporation, and is mailed free of charge to all residents of Hinesburg.

The Hinesburg Record is not responsible beyond the cost of advertising for any additions, deletions, or typographical errors that may occur.

The Hinesburg Record is not responsible beyond the printing of corrections for errors in submitted material.

The Hinesburg Record assumes no responsibility for claims arising in connection with products or services advertised herein.

Letters and articles printed in The Hinesburg Record do not necessarily reflect the opinions of the staff. The staff reserves the right to reject copy or letters that are unsuitable for readers from a general audience. The staff will not accept Letters to the Editor that are unsigned.

Subscriptions

One year subscriptions are available for a \$15 donation to The Hinesburg Record, Inc., PO Box 304, Hinesburg, Vermont 05461. Please print the name and address clearly.

Volunteer Staff

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Rachel Lapidow: Copy Editor/Proofreader

Kevin Lewis: President, Ad Coordinator

Cathy Ryan: Vice President, Supervising Editor

Richard Watts: Special Liaison to UVM

Journalism Program, Board Member

Hinesburg Food Shelf

**Food drop off box at
Lantman's in the orange bin**

**Monetary donations can be sent to:
Hinesburg Food Shelf
PO Box 444, Hinesburg, VT 05461**

**Hinesburg Food Shelf hours are:
Tuesday nights 5:30 - 7:30
Friday mornings 10:00 - 12:00**

LETTERS

Letter Policy

The Hinesburg Record welcomes letters from Hinesburg residents and from others who are involved in issues that affect our town. The opinions expressed in the Letters to the Editor are those of the writers.

All letters must be signed. Addresses and phone numbers must also be provided for verification purposes. Addresses and phone numbers will not be published.

Letters should be 500 words or less, and we reserve the right to edit based on available space. When possible, letters should focus on local issues. Other forums exist for statewide, national, and international issues.

With these cautions, please keep those letters rolling in. Send them via email to news@hinesburgrecord.org, mail them to The Hinesburg Record, P.O. Box 304 or deliver them to the Record drop box on Charlotte Road.

Keep Politicians Out of Health Care

We are weeks away from the 2022 midterm elections. It isn't hyperbole that for some, our very lives hang in the balance of the outcome of this election. It's been four years since our last midterm elections, so much has changed. In 2018 Ireland voted to change their abortion laws. In that same year, Senator Susan Collins stated she would vote to put Brett Kavanaugh on the Supreme Court because he said "Roe was settled law."

As a result of Senator Collins' decision, the Supreme Court overturned Roe v. Wade. I'm thinking today about Dr. Savita Halappanavar, who died as she miscarried a wanted pregnancy. The restrictive Irish laws made it impossible for her to get the treatment she needed to save her life. Her septic uterus became a systemic septic infection that overwhelmed her body. Both she and her fetus died. Her death later provided the catalyst to reform Irish law. Women voted in record numbers to save their own lives and make their own choices about the health of their bodies.

As a labor and delivery nurse, I have seen this situation play out in Vermont. The only difference is that in Vermont, all people with a uterus are free to choose the best medical options for their care. Because of those freedoms, more women live through miscarriages.

I have rushed women to surgery as their fallopian tube ruptured from an ectopic pregnancy causing internal hemorrhaging. Unfortunately, in

some states, legislators believe non-viable ectopic pregnancies should be valued above the life of the bleeding patient. Without the legal framework that Roe provided, people who aren't in health care are free to pass laws that directly impact patient care. Hemorrhaging doesn't permit patients to wait for transfer across state lines before they bleed to death in front of health care teams capable of saving the patient. Lives that could be saved except for the new state laws allowing for the patient's death but not the treatment to save a life.

Roe protected all reproductive health. Those protections are now gone. They are being replaced by a patchwork of state laws leaving women vulnerable. Medical decisions have been removed from patients, doctors, and nurses and placed in the hands of politicians. Imagine the terror of waiting to be transferred to a place where health care is still legal as you sicken and possibly die.

Would you rather navigate your pregnancy with a health care provider's expertise, or would you want a politician telling you what to do?

November 8th, Vermonters can make sure those terrible scenarios that have happened elsewhere do not happen here. Vote YES on Prop 5, the Reproductive Liberty Amendment, save the lives of people with a uterus who need medical care. We can allow women the freedom to make their own choices about their health care without interference from government agencies. We can ensure medical care continues based on best practices placing the patient's health at the center of all health care.

Please vote YES on Prop 5.

—Elizabeth Deutsch

Proposal 5/ Article 22

"An individual's right to personal reproductive autonomy is central to the liberty and dignity to determine one's own life course and shall not be denied or infringed unless justified by a compelling State interest achieved by the least restrictive means."

There's fear that because the SCOTUS reversed Roe v Wade that abortion will become illegal in VT but that's just not true. VT's laws will not change. We are being asked to vote this November to add the above language to the VT Constitution based on a false premise. The ramifications of this proposal go far beyond party affiliation, male/female or sexual preference.

The language of Article 22 sounds good... "individual's rights," "cen-



The Hinesburg Record Wants YOU!

We are in need of a Copy Editor/Proofreader beginning in January or sooner!

6 to 8 hours per month

Monthly stipend

Proofread and copy edit 40–50 articles using Microsoft Word and Dropbox.

Double check business names, names of organizations, street names, etc.

Familiarity with Associated Press Style is a plus

Contact Kevin at 802-999-2410 or information@hinesburgrecord.org

Hinesburg Record Annual Meeting

The Annual Meeting of the Hinesburg Record will be held via Zoom on Thursday, November 11 starting at 5 p.m. All are welcome! Please go to hinesburgrecord.org/calendar for details. The Hinesburg Record Board will meet at the conclusion of the Annual Meeting.

tral to liberty and dignity," "shall not be denied or infringed," but these buzz words do nothing to describe the outcome and (un)intended consequences. If it were true then why doesn't the language mention women's rights, pregnancy, abortion, gender, or define age limitations? In my opinion this is intentionally vague and is a Pandora's Box. Remember the story? It refers to a source of endless complications arising from a single, simple miscalculation. Once Pandora's Box was opened it was too late to go back. Some consequences might be...

1) Enshrining this language into our Constitution will eliminate any future say that VT voters will have on common sense policies such as partial-birth abortion, or infanticide.

2) Our legislature will be derelict

in their duties. Since "Personal Reproductive Autonomy" (PRA) is ambiguous at its core it will be left up to our courts to decide what it means. Once enshrined this will produce unknown and unintended results with no recourse.

3) Since "PRA" can't be defined it could mean that your child has a right to transition from male to female or vice versa which could be facilitated by the state as a constitutional right with or without parental consent.

4) Silent on gender: A man would now have a compelling interest in a woman's pregnancy and possibly force a woman to have his baby against her will.

5) There are no conscience protections for Drs., nurses or health care workers and many would vacate the state in search of more humane working conditions.

—Craig Lyman

TOWN NEWS

Town Clerk & Treasurer

BY MISSY ROSS

Election Day

Election Day is Nov. 8! If you have not received a ballot and would like to vote, you can stop by to pick up your ballot, vote early in the office, or vote on Election Day when the polls will be open from 7 a.m. to 7 p.m. For those of you who have filled out your ballot and wish to return it, there is a drop box located outside the clerk's office door. Please consider dropping your ballots off the week prior to Election Day at the latest as this will help us to log them in to the voter system and reconcile the numbers prior to the day of the election. At this point, I would drop your ballot off rather than mailing it to ensure that it arrives by the deadline of 7 p.m. on Nov. 8, which is when the polls will close. You may continue to drop your ballots in the outside drop box until 7 p.m. on Election Day, at which time we will close the polls and process any ballots received by that time.

The polling place will be located in the ground floor conference room and will be open as usual from 7 a.m. to 7 p.m. on Nov. 8. Because this is a much smaller space than the main hall where elections have traditionally taken place, we strongly encourage people to vote early and to drop off their ballots prior to that day in order to alleviate crowding. We will limit the number of people who are allowed into the polling place at one time, so you should anticipate a line and dress warmly if you choose to vote on Election Day itself. Because

6) With a "constitutional right" comes government funding and the taxpayer will be on the hook for all kinds of reproductive choices imaginable.

Some think this language was recently written in response to the decision by the SCOTUS, but this was crafted years ago by corporate interests who have a compelling reasons for the vague language and will eventually profit from its passing.

Liberty or freedom is the right to act in accordance with our fully human nature. Freedom is the capacity to love. Liberty exists for love and true love requires freedom. Consent is not the end of the story. Consent isn't always about whether you can say yes; it's also whether you can say no. If we desire true freedom we need true choice, or it isn't freedom at all.

it is a smaller space, masks are encouraged but not required. Thank you for doing your part to keep our volunteer poll workers safe. You are allowed to bring your ballot that you received in the mail to the polling place with you to deposit in the machine. You must check in at the entrance in order to do so.

Finally, if you didn't receive your ballot in the mail, please contact us so that we can figure out if your mailing address is incorrect, if you are no longer "active" on our checklist, or if your ballot simply got lost in the mail. We are able to issue you a replacement ballot if you didn't receive it, if you have since misplaced it, or if you make an error that you need to correct. Thank you to everyone for participating in this important part of our democratic process.

Property Taxes Due Nov. 15, 2022

Property taxes are due by midnight on Nov. 15. You can drop them in the drop box anytime between now and then, or you can hand them to us during our normal office hours of Monday-Friday from 8 a.m. to 4 p.m. If you are making a cash payment, you must have exact change and we must write you a receipt. No cash payments are allowed in the drop box.

Hinesburg voted many years ago to abolish the 8% penalty for overdue taxes and instead only charges in-

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GOVERNMENT CONTACTS

US Senators

Patrick Leahy
802-863-2525, leahy.senate.gov

Bernie Sanders
802-862-0697, sanders.senate.gov

US Congressman

Peter Welch, D
802-652-2450, welch.house.gov

VT Senate

Chittenden District
Philip Baruth, P/D – Burlington
802-503-5266, pbaruth@leg.state.vt.us

Virginia "Ginny" Lyons, D – Williston
802-863-6129, vlyons@leg.state.vt.us

Christopher A. Pearson, P/D – Burlington.
802-860-3933, CPearson@leg.state.vt.us

Michael Sirotkin, D – South Burlington
802-999-4360, msirotkin@leg.state.vt.us
Kesha Ram, D – Burlington (Senator-elect). 802-324-5608, kesha@kes-haram.com

Thomas Chittenden, D – South Burlington (Senator-elect). 802-233-1913, thomas@thomaschittenden.com

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802-482-3528, wliппert@leg.state.vt.us

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482-3266

TOWN HALL INFORMATION

HINESBURG.ORG

Town Clerk Office: Mon.–Fri. 8:00 a.m. –4:00 p.m. Missy Ross, Clerk/Treasurer, mross@hinesburg.org 802-482-2281 ext. 1.

Town Manager's Office: Mon.–Fri. 8:00 a.m.–4:00 p.m. Todd Odit, Town Manager, Todit@hinesburg.org 802-482-4206. Joy Dubin Grossman, Assistant Town Manager, jdubingrossman@hinesburg.org 802-482-4207.

Town Planner Office: Mon.–Fri. 9:00 a.m.–4:00 p.m. Alex Weinhagen, Planner, aweinhagen@hinesburg.org 802-482-2281 ext. 225.

Zoning Administrator Office: Mon.–Fri. 12:00 p.m.–4:00 p.m. and by appointment. Jim Jarvis, Zoning Administrator, jj Jarvis@hinesburg.org 802-482-4213.

Assessor's Office Hours: Mon. 8:30 a.m.–11:30 a.m., other hours by appointment. Lisa Truchon, VMPA – NEMRC/Assessor, assessor@hinesburg.org, 802-482-2281 ext. 228.

Hinesburg Recreation Office: Mon.–Thurs. 8:30 a.m.–4:00 p.m. Jennifer McCuin, Recreation Coordinator, hinesburgrec@gmavt.net, 802-482-2281 ext. 230.

OTHER INFORMATION

Recycling & Trash Drop-Off Centers: Hinesburg, 907 Beecher Hill Rd., Sat. 8 a.m.–3:30 p.m. Williston, Redmond Road; Mon.–Sat. 8:00 a.m.–3:30 p.m. CSWD.NET.

Environmental Depot: 1011 Airport Parkway, South Burlington. Weds., Th., Fri., 8:00 a.m.–2:00 p.m.; Sat. 8:00 a.m.–3:30 p.m. 863-0480.

Hinesburg Community Resource Center: 51 Ballards Corner Road. Shannon Wheeler, Executive Director, wheeler@hinesburgresource.org, 802-482-4946. Alex Konciewicz is the contact for **Friends of Families**, and she can be reached at the same number or at konciewicz@hinesburgresource.org. **Hinesburg Food Shelf** hours are Fri. 10:00 a.m.–12:00 noon. Tues. 5:30-7:30 p.m. HINESBURGRESOURCE.ORG

United States Post Office Hours: Window: Mon.–Fri. 8:00 a.m.–4:30 p.m., Sat. 8:00 a.m.–12:00 noon. Lobby & Box Access: 24/7. 802-482-2292.

Hinesburg Community School: 10888 Route 116, 802-482-2106, CVSDVT.ORG/DOMAIN/9 for cafeteria menu, staff directory, department and team info, calendar, etc.

Champlain Valley Union High School: 369 CVU Road, 802-482-7100, CVSDVT.ORG/DOMAIN/12 for calendar, staff directory, student portal, etc.

Carpenter-Carse Library: 69 Ballards Corner, 802-482-2878, CARPENTERCARSE.ORG for library hours, services, and online resources.

Connecting Youth: Chittenden South community-based organization dedicated to creating a safe and healthy environment for young people. SEEWHY.INFO

**Have an ad? email
ads@hinesburgrecord.org.**



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UVM Health Advantage was inspired by what people across Vermont and northern New York told us they want in a Medicare plan — and is guided by doctors from the UVM Health Network and Medicare experts at MVP Health Care® (MVP).

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Other physicians/providers are available in the MVP Health Care network.

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► Town News

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terest at the rate of 1% per month for the first three months and 1 ½% per month thereafter. If you wish to make a partial payment rather than pay the whole amount due, interest will only be charged on the outstanding balance. If you have questions about your bill, or you didn't receive one, please call us at 802-482-2281, ext. 1 for assistance.

As always, feel free to reach out with any questions you might have. You can email Missy at mross@hinesburg.org or Heather at hroberts@hinesburg.org.

Selectboard Highlights

**BY MERRILY LOVELL
SELECTBOARD CHAIRPERSON**

Richmond-Hinesburg police meeting — The smaller group of four officials from each town met on Wednesday to look at both the long-term possibility of forming a unified municipal district to be in charge of policing for both towns, and the short-term possibilities for sharing police resources between the two towns while keeping the separate town departments.

The Richmond Road intersection bid submitted by Waterman Siteworks for \$44,500 was approved. It was the lower of the two bids submitted.

Budget survey — The selectboard had a robust discussion on changes, additions and deletions to the rough draft of a new, more detailed budget survey put together by our town manager, Todd Odit. Odit has integrated the new ideas into a more defined survey. A postcard will be sent out soon to town residents with a link to the survey.

Draft for Public Safety Strategic Plan — The selectboard again went over the draft description of a public safety plan. After some suggestions the plan was approved to go out for bids.

ARPA survey results — With thanks to the residents who filled out this survey and who included detailed comments about how this American Rescue Plan Act money might be spent, the selectboard looked at the results and discussed possible next steps.

Town manager report — Nick Baker, the fire chief, and Odit decided that the fire station noon siren will now sound once a month rather than once a day, to avoid causing any kind of disturbance to town residents.

The firm of Wiemann Lamphere Architects is continuing to explore possibilities for renovations of the Town Hall and the fire station. There will likely be a public meeting to share needs and possibilities for these two facilities in October.

LEGISLATIVE

Local Candidates Respond to Clean Water Survey

BY MORGEN GALLOWAY

The Vermont PFAS/Military Poisons Coalition — a group of individuals and organizations concerned about toxic chemicals and PFAS in our water, soil and air — conducted a statewide candidate questionnaire on PFAS. The questionnaire, based on the National PFAS Contamination Action Plan, was sent to 320 candidates. This project was used to educate legislators and candidates about the scope and complexity of the PFAS problem and to understand candidate positions on this critical clean water issue. Two candidates running for Chittenden District 4 state representatives who responded to the survey are Phil Pouech (D) and Sarah Toscano (R). Chea Waters Evans (D) did not complete the survey. The survey was sent to candidates and legislators around the state, and there was a 36% overall response rate, with 115 candidates responding. Candidates who responded to the survey include gubernatorial candidates Peter Duval (I), Bernard Peters (I) and Brenda Siegel (D/P), and lieutenant governor candidates, Joe Benning (R) and David Zuckerman (P/D). Chittenden County state senate candidates who completed the survey are Kesha Ram Hinsdale and Ginny Lyons.

Perfluoroalkyl and polyfluoroalkyl substances, also known as PFAS or “forever chemicals,” are a group of over 5,000 manufactured toxins used in many products. Two kinds of PFAS have been phased out of production in the U.S., but not yet remediated. Even worse, manufacturers have replaced the two regulated types of the chemical with other forms of PFAS, which also cause health threats. PFAS can be found in water, fish, food, food packaging, cosmetics, personal care products, clothing, firefighting foam, building supplies and many household products, such as nonstick pans, carpeting and mattresses. PFAS have been found in public water systems and private wells. These chemicals can cause thyroid disease, ulcerative colitis, high cholesterol, weakened immune systems, reproductive health problems in both men and women, neurological and developmental disabilities in infants and children, and various cancers. Vermont has 61 contaminated sites across the state. PFAS enters the Winooski River due to practices of the Vermont National Guard at

Burlington International Airport. PFAS originating from industry, landfills and military uses can travel long distances through water, the air and soil. PFAS are present in sludge spreads on farm fields. The Environmental Protection Agency has recently changed some of the allowable limits, and Vermont is one of many states that is going to need to adjust practices in order to comply.

In response to the PFAS crisis, this piece focuses on the local senate and house candidates who replied. Sarah Toscano, Phil Pouech and Ginny Lyons stood with 66.4% of candidates in the belief that PFAS ought to be “banned in all products manufactured, sold or imported.” Kesha Ram Hinsdale disagrees with a ban. Phil Pouech believes that “federal funding needs to be increased to study the true health impacts of exposure.” He also endorsed the need for efforts to “control/eliminate exposures, understand the extent of contamination and fund studies to fully understand the risks to the public and environment.”

There were no differences between these four candidates in assigning clean up responsibility. Pouech and Toscano, along with Ram Hinsdale and Lyons, joined 86.2% of candidates to support holding manufacturers and the military responsible for cleaning up contamination. All of these candidates also agree that the Health Department ought to provide PFAS testing of private wells and educate the public about the dangers, and that governmental environmental agencies need to provide regular PFAS testing of water, fish and wildlife. The candidates part ways on whether or not to remove former industry representatives from positions responsible for regulating PFAS. Toscano (and Ram Hinsdale) agree with this step, while Pouech (and Lyons) did not.

Toscano would like to see us impose a moratorium on the use of biosolids on agricultural lands, and all four responding candidates endorse updating the sludge rule to require testing for PFAS, as well as restricting landfill operators from releasing leachates into Vermont's waterways. Toscano, Pouech, Ram Hinsdale and Lyons, along with 92% of Vermont candidates who responded to the survey, support workers having the right to know if PFAS or other contaminants are in use in the workplace. In addition, there is support for funding projects to safely and properly store PFAS from these four candidates. Lyons and Ram Hinsdale do not support imposing a moratorium on PFAS incineration and

disposal until safe disposal methods are found, while Pouech and Toscano both support a moratorium. Medical monitoring in affected communities, which has passed legislatively, but in the past, was vetoed by Governor Scott, is supported by all four candidates. Senate candidates in Chittenden County districts 4 and 5 who did not reply to this survey include Thomas Chittenden, Dean Rolland and Rohan St. Marthe. Governor Scott also did not respond.

Sarah Toscano says that her top priority is “keeping PFAS out of our environment and away from our firefighters.” She stated that “sources who continue to contaminate are irresponsible, they know the dangers, and they need to be stopped.” Toscano herself has worked as a firefighter, and has been exposed to firefighting foams that may have contained PFAS and caused a rash. Since 2017, many, but not all Vermont fire departments have exchanged foams containing PFAS to alternative, equally effective foams that do not contain any of these compounds. Within the Air Force practices, including Vermont Air National Guard's operations at BTV, both types of foam are used. Given her experience with an adverse reaction, Toscano stated that “the fact that nobody is warned, and the cadets play around in the foams at practices worries me. The incidence of cancer in firefighters is high as it is.” She encourages the town of Hinesburg to monitor PFAS contamination in multiple drafting sites where PFAS foams were used prior to 2017. In comments shared following completion of the survey, Toscano stated that “identifying sources of contamination is critical. People are thinking it's safe to drink out of their well, or fish in the local creek, and maybe it's not. In the instances when responsibility can be assigned, then do that, and in all cases, offer a remedy.”

The Vermont PFAS/Military Poisons Coalition spoke to political candidates from all parties. All are aware that contaminated water, soil, and air hurts residents of our state, and those impacts affect military service members and their families, as well as the civilian population. Water is life, and the need for clean water is universal. After the Nov. 8 general election, the coalition looks forward to collaborating on introducing PFAS legislation for Vermont with candidates who win seats. The coalition is making no endorsements based on the survey and hopes that learning more about candidate positions helps clean water voters choose how to cast their ballots in the race to represent Hinesburg at the Statehouse.

POLICE

Police Log

Sept. 13: 5 p.m. Officers assisted with traffic control as a result of a power outage.

6:30 p.m. An officer responded to a single-car motor vehicle crash on Charlotte Road.

6:45 p.m. A commercial burglary alarm on Kailey’s Way was investigated.

Sept. 14: 1 p.m. A welfare check on North Road was conducted.

1:15 p.m. A residential burglary alarm on Hawk Lane was investigated.

6:48 p.m. An officer investigated an animal complaint on North Road.

Sept. 15: 2:07 p.m. An officer investigated suspicious circumstances on Commerce Street.

2:20 p.m. An officer investigated suspicious circumstances on Route 116.

5:20 p.m. An officer assisted the Department of Children and Families with a custody exchange on North Road.

Sept. 16: 5 p.m. A fraud was reported and investigated.

Sept. 17: 3:30 p.m. Officers assisted another department with an issue involving CVU students.

Sept. 19: 7:00 a.m. An officer responded to a two-car motor vehicle crash on Route 116.

6:52 p.m. A noise complaint on Green Street was investigated.

10:30 p.m. An officer investigated illegal dumping on Mallard Pond Road.

Sept. 20: 11:30 a.m. A fraud was reported and investigated.

12:53 p.m. A residential burglary alarm on Turkey Lane was investigated.

2:35 p.m. An officer responded to a

single-car motor vehicle crash on Richmond Road.

9:15 p.m. Officers investigated suspicious circumstances on Pond Road.

9:30 p.m. Officers investigated an abandoned vehicle on Leavensworth Road.

Sept. 21: 11 a.m. A parking issue at CVU was reported and investigated.

11:30 a.m. An officer responded to a 911 hang-up on Forests Edge Road.

1:30 p.m. Officers assisted another agency with a probation issue.

4:45 p.m. A fraud was reported and investigated.

7:20 p.m. An officer assisted a citizen with a disabled vehicle on Charlotte Road.

Sept. 22: 4:42 a.m. A 911 hang-up on North Road was investigated.

7:05 a.m. A residential burglary alarm on Dynamite Hill was investigated.

7:38 a.m. An officer responded to a 911 hang-up on Hidden Pasture Road.

11:16 a.m. A citizen was assisted with fingerprints for employment purposes.

1:50 p.m. Officers responded to a business on Commerce Street for suspicious circumstances.

2 p.m. A motor vehicle complaint on Shelburne Falls Road was investigated.

Sept. 24: 1:35 p.m. An officer responded to a two-car motor vehicle crash on Ballard’s Corner Road.

Sept. 25: 5:15 a.m. A commercial burglary alarm on Ballard’s Corner Road was investigated.

Sept. 26: 9:15 a.m. An officer investigated suspicious circumstances reported on Mechanicsville Road.

11 a.m. A citizen on Silver Street was assisted with a lockout.

11:45 a.m. A citizen on Route 116 was assisted with a lockout.

2:10 p.m. An officer investigated suspicious circumstances reported on Lilac Lane.

2:35 p.m. A fraud was reported and investigated.

3:05 p.m. An officer investigated suspicious activity reported on Thistle Hill Drive.

3:30 p.m. Officers responded to a citizen dispute on North Road.

4:30 p.m. An officer conducted a welfare check on Piette Road.

4:50 p.m. A fraud was reported and investigated.

5 p.m. An officer investigated reported property damage to a motor vehicle at CVU.

Sept. 27: 7:40 a.m. An officer investigated suspicious activity reported on Mulberry Lane.

5 p.m. An officer investigated suspicious activity reported on Hawk Lane.

Sept. 29: 2 p.m. An officer investigated suspicious activity reported on Charlotte Road.

8:45 p.m. A fraud was reported and investigated.

9:45 p.m. Officers assisted another agency by serving paperwork on North Road.

9:50 p.m. A fraud was reported and investigated.

Sept. 30: 7:05 a.m. An officer investigated an alarm activation at CVU.

12:35 p.m. A fraud was reported and investigated.

5:05 p.m. An officer responded to Richmond Road for a loose dog in the roadway.

Oct. 3: 8:30 a.m. A fraud was reported and investigated.

10:40 a.m. A fraud was reported and investigated.

3:45 p.m. An officer responded to a two-car motor vehicle crash on Pond Road.

9:05 p.m. Lost property was turned into the police department.

Oct. 4: 3:00 p.m. A citizen was assisted with a vehicle identification number inspection.

4:52 p.m. Officers responded to CVU to assist staff with a student issue.

10:20 p.m. Officer responded to a medical alarm activation on Burritt Road.

Oct. 5: 10:06 a.m. A fraud was reported and investigated.

4:15 p.m. An officer assisted with a disabled vehicle on Silver Street.

Oct. 6: 7:30 a.m. Officers assisted a citizen on Hillview Terrace with an issue stemming from a relief from abuse order.

6:18 p.m. An officer assisted with a disabled vehicle on Shelburne Falls Road.

10:40 p.m. Officers responded to a residential burglary alarm activation on Hawk Lane.

Oct. 7: 10:25 a.m. An officer responded to North Road for the report of a loose dog in the roadway.

10:50 a.m. A 911 hang-up on Forests Edge Road was investigated.

3:15 p.m. An officer investigated

Have an ad? email
ads@hinesburgrecord.org.

a residential burglary alarm on Mallard Pond Road.

4:10 p.m. A citizen was assisted with a lockout.

5:11 p.m. A single-car motor vehicle crash on Ballard’s Corner Road was investigated.

7:45 p.m. A welfare check was conducted on Commerce Street.

10:30 p.m. Officers responded to a citizen dispute on Patricia’s Place.

Oct. 8: 8:45 a.m. An officer investigated a residential burglary alarm on Mallard Pond Road.

9:30 a.m. An officer investigated a residential burglary alarm on Red Pine Road.

Oct. 10: 12:30 p.m. An officer responded to a single-car motor vehicle crash at CVU.

Oct. 11: 3 p.m. An officer investigated an animal complaint on North Road.

FIRE



David and Veronica Estey.

Good Luck Dave and Ronnie

On Oct. 9, Deputy Chief Estey officially retired from the Hinesburg Fire Department with over 40 years of service to Hinesburg and over 50 years in the fire service.

The Hinesburg Fire Department and Hinesburg Firefighters Association wish to extend a huge thank you to David and Veronica Estey for their many years of service, support and dedication.

We wish them the best of luck!

Annual Food Drive

The Hinesburg Public Safety Departments will be hosting our

annual food drive to benefit the Hinesburg Community Resource Center on Saturday Nov. 5, 9 a.m. to 2 p.m. Food and donations may be dropped off at the Hinesburg Fire Station or our table at Lantman’s.

The Resource Center has suggested items that include Progresso or Hearty Campbell soups, canned chicken or tuna, 15-ounce canned fruit or veggies, 15-ounce cans of black or kidney beans, 15-ounce cans of chickpeas; toilet paper; 15 to 25-ounce cans of baked beans; small snack size containers of fruit – e.g., applesauce.

Boo! It Has Returned!

The pot has been brewing and we will be ready. The Halloween Party has returned! Join us Oct. 31, 6-8 p.m. at the fire station for games, candy and prizes. Witches, warlocks, ghouls and goblins of all ages are welcome. The Hinesburg Fire Station is a nut-free building. We will also have teal pumpkins filled with non-food prizes.

Change the Clocks, Change the Batteries

It is that time of year when we are once again changing the clocks, falling back an hour. Be sure to check the dates on your carbon monoxide and fire detectors. Change the batter-

ies and then test the unit.

Detectors that have a date of 2011 or earlier should be replaced.

If your detector emits a single beep once a minute, it is signaling that you need to change the battery.

If your detector does start sounding continuously, do not wait. Do not open the windows and doors hoping it will stop. Call 911 and exit the building. When we arrive, we will use our meters to check your residence.

Call Log

There were 26 EMS calls and 20 patients transported.

Sept. 4: 3:06 p.m. Residential fire alarm on Route 2A in St. George.

Sept. 6: 3:42 p.m. Mutual aid to Main Road in Huntington for a motor vehicle crash. Hinesburg was canceled while en route.

7:55 p.m. Charlotte Road for a report of illegal burning. The resident had a permit and was only burning brush.

continued on page 8

Ad and news deadline is November 10 for the next issue. Publication date is November 25. Go to hinesburgrecord.org or call 802-999-2410 for more information.

CSWD

Vote “Yes” To Help Us Recycle More!

At the November general election, CSWD needs Chittenden County voter approval to borrow \$22 million to build a new materials recovery facility. This facility sorts and markets half of Vermont’s blue-bin recyclables and it needs to be replaced. The CSWD bond will not increase taxes. CSWD will pay back the loan over 25 years from the MRF’s operating revenue.

Visit our MRF Bond Page at cswd.net/mrf-bond-2 to learn more.

Here are three ways you can get a CSWD Materials Recovery Facility ballot to vote on the bond:

Option 1: Vote in person on Election Day (Nov. 8, 2022). All Chittenden County polling places will have CSWD’s ballot.

Option 2: Call or visit your town clerk’s or city manager’s office to request a CSWD mail-in ballot.

Option 3: Request a mail-in ballot by visiting Vermont’s My Voter Page. Once you’ve signed in, click the line that says, “Click Here for Online Absentee Ballot Request.” On the next screen, check the box for CSWD Bond Vote.

That’s all it takes! If you still aren’t sure, call your town clerk’s office, give us a call or send your question using the form on our Contact Page.

How Do I Get Rid of ... Milk and Juice Cartons?

All milk, juice, and soup cartons (aka aseptic packaging, gable-top, etc.) should be placed in your household trash.

Cartons are made of several different materials — like paper, plastic and aluminum — that are pressed together to form a waterproof, temperature resistant seal. This makes them difficult to recycle.

While some facilities in different parts of the country have the technology required to separate these materials and process them for recycling, we can’t handle them at our recycling facility here in Chittenden County.



“Milk and broth cartons must go in the trash.



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► Change the Clocks

continued from page 7

Sept. 7: 1 p.m. A lost dog near the station was taken to the animal hospital.

Sept. 13: 5:35 p.m. A large tree fell across Richmond Road near Partridge Hill. Richmond Road was closed for approximately 30 minutes while Hinesburg Highway removed the tree.

11:35 p.m. Report of an unattended burn on Hillview Terrace. HFD arrived and used our water extinguisher to put the fire out.

Sept. 14: 1:16 a.m. Tree down on Pond Road near Pine Shore Drive.

Sept. 15: 12:55 p.m. Residential fire alarm sounded on Pond Road.

Sept. 17: 5:08 p.m. Residential carbon monoxide alarm on North Road. Residents stated no illness. The cause was found to be a low battery.

Sept. 19: 6:57 a.m. Two-car motor vehicle crash at Route 116 and Shelburne Falls Road. One operator was checked by Hinesburg EMS and refused transport. Both vehicles were towed from the scene.

Sept. 20: 5:40 p.m. Report of a branch on a power line on Partridge Hill Road. HFD checked the area for any fire potential. The power company was notified.

Sept. 21: 11:21 a.m. Old Route 116 for a residential fire alarm. The alarm had been set off by steam.

Sept. 22: 1:37 a.m. Sycamore Road for a residential fire alarm.

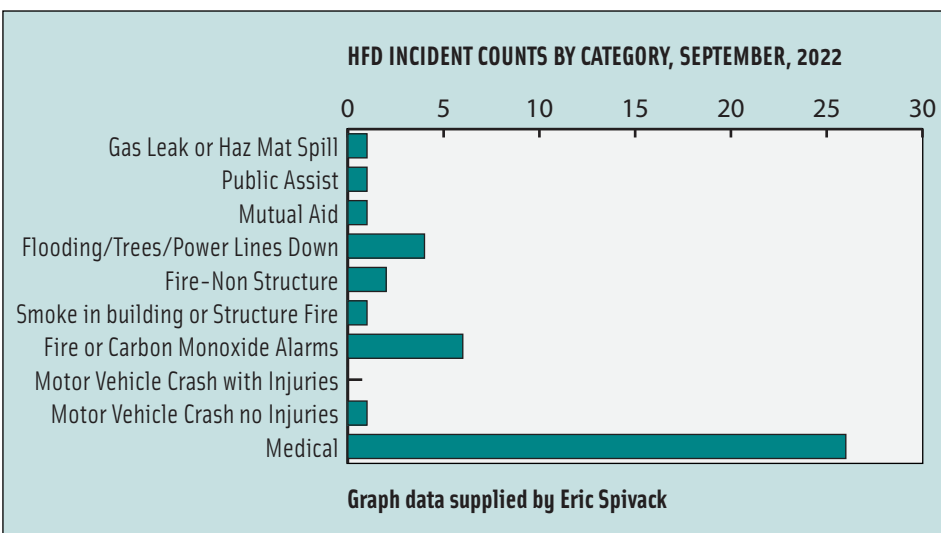
6:47 a.m. Tree down on O'Neill Road west of Leavensworth Road.

Sept. 23: 4:24 p.m. Responded to a commercial building on Route 116 for an electrical problem.

8:16 p.m. Turkey Lane for residential fire alarm. The cause was out-of-date detectors.

Sept. 24: 5:28 p.m. Responded to a residence on Route 116 in the village area for a gas leak. A stove burner had been in the on position with no flame for approximately one hour. The residence was aired and checked with our meter to be sure readings were at zero.

Follow us on Facebook at [HinesburgFireDepartment](https://www.facebook.com/HinesburgFireDepartment) and be sure to visit our website hinesburgfd.org.



HFD responded to 43 calls in September.

**an example of a non-structure fire would be a telephone pole, car, or grass/brush fire.*

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BUSINESS

Financial Focus: Don't Overlook Importance of Cash

FROM PRESS RELEASE

If you're an investor, you no doubt pay a great deal of attention to your stocks, bonds and mutual funds. But you shouldn't forget another key element of your financial strategy: cash.

Cash is part of any financial strategy and investment portfolio, but how much have you thought about the different uses of cash, and how much you really need? Consider these four key purposes:

- Unexpected expenses and emergencies — If you face an interruption in employment, you need an extensive home repair or you encounter an unplanned medical expense, you may need access to cash. If you're not retired, it's a good idea to have three to six months of living expenses in cash, possibly supplemented by access to a line of credit. If you're already retired, keeping up to three months of living expenses in cash, possibly supplemented by a credit line, is a good rule of thumb.
- Specific short-term savings goals — You may have some goals you want to meet within the next year or two, such as a wedding, a vacation or the purchase of a new car. And since you have a little more time to meet these needs than you would for an emergency, you might consider using a money market account or a short-term certificate of deposit (commonly called a CD), in addition to your other savings vehicles.
- Everyday spending — You'll always need cash to provide for your day-to-day spending needs, such as

your mortgage, other debts, groceries, utilities, entertainment and so on. If you haven't already done so, you might want to create a budget, which could help highlight areas in which you can reduce spending to free up funds for investing in long-term goals. If you're still working, keeping one to two months' worth of living expenses in a liquid account may be sufficient, but if you're retired, you may need up to 12 months of living expenses, which you can adjust to accommodate outside sources, such as Social Security or a pension.

- Source of investment — You can look at cash as an investment source in two different ways. First, cash can be considered its own distinct asset class, and because it typically behaves differently from other asset classes, it can provide some diversification to a portfolio containing stocks and bonds. (Keep in mind, though, that diversification can't guarantee profits or protect against all losses.) And second, the cash in your portfolio could be used as part of a systematic investing strategy in which you put set amounts of money at regular intervals into investment vehicles that are appropriate for your goals and risk tolerance.

Clearly, cash is an important part of planning for the future, but there can be too much of a good thing. While cash may seem like a perpetual safe harbor from the stormy investment seas, it is not without risk. If you hold too much cash, you could underfund your longer-term investments — the ones with the growth potential you need to reach some of your most important goals, such as a comfortable retirement.

Put your cash to work.

By using it wisely, you can add a valuable element to your financial picture.



Mike Kiessling, CRPS®
Financial Advisor

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RECREATION

BY JENNIFER MCCUIN

For all Hinesburg Recreation Department programs, register at hinesburgrec.com.

Happy fall! As this article is being written, we're winding down a successful youth soccer season, enjoying the incredible fields at the Bissonette Recreation Area, looking toward our last Saturday of games, a mini-tournament for the older teams, hosting Charlotte and Williston and a cool food truck — actually, it's more like a tiki shack — with yummy offerings. What a thrill to have huge numbers again — whooowee! Thanks to our amazing soccer coaches for stepping up to accommodate this big herd: Erin O'Neill, Daniel Tobin, Alex Peterson, Pete Edling, Blue Hopkins, Nick Powden, Sara Lovitz, Sawyer Lecompte, Nicole Talbert, Owen McCuin, Sue Tappan, Dani Wellman, Alex Goodchild, Ashley Lafleur, Jared Hendricks, Katie Bailey, Dan Myhre, Matt Mason, Roxanne Gignoux and Dan Reilly. Shout-out to the 3-5 girls' team who played at halftime at the UVM woman's game against Binghamton on Oct. 2.

Way to go! Thanks to the CVU Boys Varsity Soccer players and Coach Rob Cole for coaching our kindergarten crew. We are so grateful for everyone's time and energy.

Youth Sports & Activities

Hinesburg Recreation Youth Basketball

The HRD youth basketball program is for children in kindergarten through sixth grade and is held at the Hinesburg Community School gym. Kindergarten, first and second grade players are introduced to the basics of ball handling and movement on the court with age-appropriate games and support. Third through sixth grades have one midweek practice and one game each Saturday.

Note: Nonresidents within CVU district, please register with your respective town **first**: Charlotte, Shelburne or Williston. At the close of registration, our local recreation departments are committed to work together, when feasible, to ensure each child has an opportunity to play. Thanks for your support.

Dec. 3 to Feb. 11 (kindergarten, first & second grade)

Dec. 3 to Feb. 18 (third-sixth grades)

Kindergarten & first grade coed: Saturdays, 8-9 a.m.

Grade two coed: Saturdays, 9:10-10:10 a.m.

Grade three-four boys: Saturdays, 10:20-11:20 a.m. and Wednesdays, 6:30-7:30 p.m.

Grade three-four girls: Saturdays, 11:30 a.m.-12:30 p.m. and Tuesdays, 6:30-7:30 p.m.

Grade five-six boys: Saturdays, 12:40-1:40 p.m. and Thursdays, 6:30-7:30 p.m.

Grades five-six girls: Saturdays, 1:50-2:50 p.m. and Mondays, 6:30-7:30 p.m.

Please contact HRD if you're interested in coaching or assisting. A Volunteer Form must be completed. Please note that practice times are proposed and subject to change due to coaches' availability. If there are changes, you will be notified via email. No practices/games are scheduled when HCS is not in session, unless otherwise stated.

Cost: \$55 by Nov. 17 and \$65 after. Deadline is Nov. 28.

After-School Horseback Riding

Enjoy horseback riding lessons and so much more with Kim Johansen at Livery Stables. Lessons are for beginning to early intermediate riders. Students may take the bus from HCS to Livery Stables, located at 601 Lavigne Hill Road, right after school. Please send a permission note to ride the bus, send a snack and water bottle, plus boots and barn clothes. Any updates or changes will be communicated as needed.

Who: ages 6-14. When: Tuesdays: Session 3, Nov. 1-22

Fridays: Session 3, Oct. 28 to Nov. 18

Where: Livery Stables, 601 Lavigne Hill Road, Hinesburg. Time: 3-5 p.m. Cost: \$160. More information can be found at liveryhorsefarm.com. Maximum: eight participants.

Piano Lessons

These 40-minute, semi-private (two students per time slot) piano lessons are taught by Evan Allen and Sammy Angstman for beginner to advanced intermediate students. It is highly recommended that participants have a piano or keyboard at home or access to one for practice to make this an optimal experience. Classes follow the school year calendar, broken into first semester (September-December) and second semester (January-May). Students retain their lesson day and time for the entire school year and subsequent years, unless they choose not to continue. Enrollment is based

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► Recreation

continued from page 9

on availability. If there are no openings, you are placed on a waitlist and offered a date and time as available. A spring recital celebrates a year-long commitment by students and instructor.

Currently, there is an opening at 3:30 p.m. and at 4:50-5:30 p.m. on Mondays. Grades 2-8. First semester lessons begin week of Sept. 12 through week of Dec. 19. Students who enroll later may have a prorated option. HCS Piano Lab. Cost: \$22 per lesson, which is billed per semester.

Online registration is not available for this program. Please contact HRD at hinesburgrec@gmavt.net or 802-482-4208 to inquire about openings or to be placed on the waitlist.

Safe Sitter Courses

Safe Sitter prepares students in grades six-eight to be safe when they're home alone, watching siblings or babysitting. The course offers four main content areas: Safety Skills, Child Care Skills, First Aid & Rescue Skills and Life & Business Skills. Lessons are filled with fun activities and role-playing exercises. Teens will practice choking rescue and diapering. Register for one date that works best for your child. Register with the town offering the program. Instructor: recreation staff.

Grades six to eight. Classes are 9 a.m. to 3 p.m. in each location. \$60 resident, \$70 nonresident. Eight student max.

Williston: March 11, willistonrec.org.

Charlotte: May 20, charlotterec.com.

Literature & Arts With Susan Lepple

Join Susan for a creative approach to exploring children's literature. Through the use of fine art, movement, assemblage, drama and music, students will experience and explore quality children's literature that is silly, thought-provoking, creative and caring.

Tuesdays, 2:45-4:15 p.m. HCS Art Room. Grades one-four. Cost: \$130.

Session 2: Jan. 10 to Feb. 7.

Session 3: Feb. 21 to March 28 (no class on Feb. 28).

Driver Education

Kevin Browne offers a Vermont state approved virtual driver education course with in-person driving. Students must have a valid learner's permit, have internet coverage and a camera to attend each virtual course, and be available to drive on weekends. A Google document that

collects permit number, student cell phone number, and dates that student is available to drive will be collected at registration.

Monday/Wednesday 4-5:30 p.m. and Thursday dates are office hours from 4-5 pm.

March 6, 8, 9, 13, 15, 16, 20, 22, 23, 27, 29, 30, April 3 & 5. Driving starts on March 6 and continues for six weekends. Cost is \$825. Checks are payable to Kevin Browne and due to HRD upon registration.

Adult Sports & Activities

Yoga With Peggy Dippen

Peggy's vinyasa yoga classes link breath with movement and are tailored to best meet the needs of each participant. Peggy was born in Ohio, raised in Connecticut, earned her B.S. & M.Ed. from Springfield College in Massachusetts, and lived in Vermont for 20 years before spending some time in Wisconsin and Colorado. She currently resides in Hinesburg and is a diversity, equity and inclusion specialist at Mt. Abe high school.

*Please note that although the class meets at St. Jude Parish Hall, this program is not connected to St. Jude Church programming nor does it have any affiliation with the Catholic Church.

Mondays, 4:30-5:30 p.m. Session 2: Nov. 7 to Dec. 12. at St. Jude Parish Hall. Cost is \$75.

Adult Pickup Basketball

Thursdays, 8-9:30 p.m. Oct. 13 through June 8, excluding dates during school vacations, closures or schedule conflicts. HCS gymnasium. Although there is no cost to participate, you must register for this activity.

Adult Pickup Volleyball

Sundays, 6-8 p.m. Dec. 4 through June 4 excluding dates during school vacations. CVU gymnasium. Although there is no cost to participate, you must register for this activity.

First Annual Turkey Trot Sponsored by CVU Student Council

Saturday, Nov. 19 at 10 a.m. at CVU. Cost: students \$5, adults \$15. Bring a nonperishable item to benefit the Hinesburg Food Shelf. Register at hinesburgrec.com.

LIBRARY

Library Hours Year-Round

Monday and Saturday: 10 a.m. to 3 p.m.

Tuesday through Friday: 10 a.m. to 7 p.m.

Phone: 802-482-2878

Address: 69 Ballard's Corner Road, Hinesburg 05461

Website: carpentercarse.org

Email: library@carpentercarse.org

Library News

November is here and the season of feasting has arrived. We're hosting a family pie crust workshop mid-month so you can hone your skills for the Thanksgiving holiday, as well as lots of other seasonal delights. New books by Elly Griffiths, Michael Connelly, Louise Penny, Anthony Horowitz, Kevin Wilson and Michelle Obama are slated to hit the shelves this month. Read on for more about November's happenings.

Adult Programs

To register for any of the below adult programs or to get necessary Zoom links to join, email rachel@carpentercarse.org. Check the library website for the latest on if the below programs will be taking place virtually or in person at the library; at this time masks are no longer required for all visitors to the library.

Thursday, Nov. 3 at 6 p.m. Folk

Jam: live music with Songfarmers of Hinesburg. Do you play an acoustic instrument or just love to sing along to old-time blues, country and folk music? Come join the SongFarmers during their monthly gathering and participate in this wonderful live music offering. Free and open to the public in the library's community room.

Friday, Nov. 4, 11 and 18, Dec. 2 at 2-3 p.m. Learn to Play Bridge: Have you always wanted to play bridge, but the rules leave you scratching your head? Join Rachel for a four-week session to learn the ropes with other beginners. We'll meet every Friday Nov. 4 to Dec. 2, skipping Nov. 25 (the library will be closed for Thanksgiving).

Mondays, Nov. 7, 14, 21, and 28, 10 a.m.-noon. Join Hands and Needles Crafting Group: Have a morning of creativity and conversation with Hands and Needles. Bring whatever project you are working on: quilting, knitting, embroidery, etc.

Wednesday, Nov. 9 at 10:30 a.m. Morning Book Group: This informal group will meet the second Wednesday morning of each month to chat about a mystery book together. November's pick is "The Thursday Murder Club" by Richard Osman.

Family Pie Crust Workshop, Wednesday, Nov. 16, 6-7:15 p.m. Baking together can be one of the best stress-free ways to spend time with family during the holidays, and we want to help you add to the fun

with new pie crust making skills! Parents and children of all ages are invited to sign up for our pre-holiday workshop taught by youth librarian Jen. We'll learn how to make different types of crust, and every family will head home with recipes, helpful tips and two pie crusts that can be frozen until holiday use. Sign up at the circulation desk or by emailing rachel@carpentercarse.org.

Thursday, Nov. 17 at 6 p.m. Circle Sing with Jody Albright: Are you looking for a different group singing experience? This workshop is open to all levels and is based on a group singing method used by Bobby McFerrin. Circle-singing is easy to learn and has endless possibilities since the melodies are made up "in the moment" by the leader(s). It is a joyful way for all levels to sing together as a community without having to know how to read music! Join Jody Albright in the CCL community room for this monthly workshop. For those who are able, there is a \$5-10 suggested donation to the instructor for this program.

Tuesday, Nov. 29 at 7 p.m. Evening Book Group: "Little Fires Everywhere" by Celeste Ng (contact rachel@carpentercarse.org for Zoom link).

Youth Programs

Tuesdays, Nov. 1, 8, 15, 22 and 29 at 9:30 a.m. Join us for fun and learning at our Weekly Storytime: We'll share picture books, songs, movement and rhymes designed to promote early language, fine motor and preliteracy skills in a friendly environment! We will meet for Storytime in the community room each week unless we have a spell of warm, dry weather and can plan to hold storytime on the lawn next to the library. Each week we will finish up Storytime with snacks, coffee for the adults, a simple craft or sensory activity, and book browsing. Storytime is designed for babies, toddlers, and preschool-/kindergarten-aged children and their caregivers, and no registration is required.

Confident Kids Workshop, Thursday, Nov. 10, 6-7:30 p.m. Parents and children ages 7-12 are invited to join us at the library for a boundary skills workshop with educator Laura Slesar of Kidpower Vermont. Kids and their adults will learn ways to keep communication open, make safety plans that change as kids grow older, recognize and avoid problematic interactions, stop unwanted touching and attention, face bullying with confidence and solve problems effectively. Register through Eventbrite at tinyurl.com/KP-CCL-11-10-22 or contact jen@carpentercarse.org

Pajama Storytime, Friday Nov. 11

6:15 p.m. We invite babies, toddlers, preschoolers, and any big kids who still enjoy hearing stories before bed to join us for pajama storytime! So, get into your jammies, grab a snugly stuffed friend and head to the library where we'll share our coziest stories, soothing songs, and bedtime snacks before heading home by 7 p.m. No registration required.

Family Pie Crust Workshop, Wednesday, Nov. 16, 6-7:15 p.m. Baking together can be one of the best stress-free ways to spend time with family during the holidays, and we want to help you add to the fun with new pie crust making skills! Parents and children of all ages are invited to sign up for our pre-holiday workshop taught by youth librarian Jen. We'll learn how to make different types of crust, and every family will head home with recipes, helpful tips and two pie crusts that can be frozen until holiday use. Sign up at the circulation desk or by emailing rachel@carpentercarse.org.

Monthly Craft Club, Friday, Nov. 18, 3:15 - 4:30 p.m. Students of all ages can sign up to join us for this monthly after-school craft club. Each month we have been learning about and creating a different seasonal craft, discussing seasonal book rec-

ommendations and activities for this age group, and enjoying a snack with cocoa. At November's club, we will make Thanksgiving centerpieces. To sign up, email jen@carpentercarse.org or stop by the circulation desk.

Count Down to the Holidays Calendar Workshop, Wednesday, Nov. 30, 2:15-3:15 p.m. Join librarians Judy and Jen in making festive calendars in the shape of a garland

that will help you count down to a winter holiday celebrated by your family. This workshop is for children in grades K-six, and we ask each participant to bring a bag of small candies (around the size of Hershey's kisses) that will be used by the entire group in making our candy garland calendars! To register, email jen@carpentercarse.org or visit the circulation desk.

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Photos courtesy of Cathy Ryan.

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EDUCATION

Vermont Public and Agency of Education Launch Ambassadors Program

FROM PRESS RELEASE

Vermont Public and the Agency of Education have launched an Education Ambassadors program to develop educational resources and support teachers using public media programming.

The new program will connect educators to quality curricula, radio programs, videos, podcasts and interactives. Ten experienced educators will assist Vermont teachers in discovering and using public media resources by providing new access points for free, standards-based, multimedia teacher resources, as well as creating

“click-ready” teacher resources to local content.

The launch of the program was funded by a generous contribution from Bob and Karen Allen of Dorset. Bob Allen is a member of the Vermont Public board of directors.

“As a former sixth-grade teacher, I know how important it is to have free access to high-quality multimedia resources that align with educational goals,” said Scott Finn, president and CEO of Vermont Public. “Thanks to Bob and Karen, we’re able to launch this program to support our hard-working educators.”

This program is part of a partnership between Vermont Public and the Vermont Agency of Education.

“Since the beginning of the pandemic, our partnership with Vermont Public has supported teachers, students and families with high quality educational resources,” said Secretary of Education Dan French. “This initia-

tive, building on educators’ expertise, will ensure that all Vermont teachers continue to have the support and expertise they need to include these resources in high quality, creative and engaging instruction.”

The ambassadors have a variety of educational backgrounds and come from all regions of Vermont. The group meets monthly over a two-year term. The 2022-2024 ambassadors are:

- Maria Davies, diversity, equity and inclusion coordinator, Technology & Career Development, Lamoille North Supervisory District
- Sam Hagen, executive director of Go Global VT
- Lindy Johnson, literacy coach, Essex Westford School District
- Ainaka Luna, world language teacher and diversity, equity and inclusion coach, Hinesburg Community School, part of Champlain Valley School District
- Karen McCalla, 2022 Vermont Teacher of the Year, teacher librarian and technology integration specialist at Mill River Unified Union School District
- Sam Nelson, middle level humanities teacher, Shelburne Community

School, part of Champlain Valley School District

- Stefanie Seng, school counselor, the Warren School, Harwood Unified School District
- Mary Schell, community + school coordinator at White River Supervisory Union
- Caty Sutton, co-principal and curriculum director, Randolph Middle and High School, part of Orange Southwest School District
- Julia Wayne, preschool teacher and early childhood special educator at Hinesburg Community School, part of Champlain Valley School District

“As an early childhood special educator, lifelong musician and mother of three young children, my goal as an Education Ambassador is to foster a lasting educational connection for all learners by helping to implement creative programming,” said Julia Wayne, early special educator from Hinesburg Community School.

More information about this partnership and Teacher Ambassadors can be found at vermontpublic.org/kids-education.

ORGANIZATIONS

UCH Holiday Bazaar

FROM PRESS RELEASE

The United Church of Hinesburg will be holding its annual Holiday Bazaar on Saturday, Nov. 19 from 9 a.m. to 1 p.m.

Come and shop in our Grandmother’s Attic, the jewelry corner and the arts and crafts center. Our homemade baked goods area includes a delicious array from our local bakers including baked beans, pies, homemade breads, cookies and fudge, as well as our traditional “Brown Bobbies” table. We are sure you will enjoy the selections and the very reasonable prices in all our areas—you are sure to find something for yourself and gifts for others!

Lunch will be offered between 11 a.m. and 1 p.m. and features homemade soups and sandwiches. Each order includes a free dessert.

For your shopping convenience, a local wreath maker will have a variety of Christmas wreaths for sale in our parking lot on that same day.

Our bazaar is held at the Osborne Parish Hall next to the church on Route 116 in the heart of Hinesburg Village. So many people tell us it is a great way to kick off the holidays — come see for yourself!

Hearts for Hunger 5K: 10 Years of Addressing Hunger Needs in Vermont

UNITED CHURCH OF HINESBURG PRESS RELEASE

May 2022 marked the 10th Annual Hearts for Hunger 5K Fun Run and Walk. What started as one person’s desire to help address hunger needs in Vermont, quickly became a community-driven event with a large impact. Meaghan McKenna, a Vermont native who was completing her master’s degree education in Egypt, returned to the state in 2012 with a desire to make an impact on her local community. As a new member of the United Church of Hinesburg’s Missions and Social Justice Committee, she proposed the idea of a fundraiser. With the support of the church, which covered the overhead costs of the event, Hearts for Hunger was created. Since its inception, a group of 120-170 participants and 20+ volunteers have gathered annually at CVU High School, united by one cause: a desire to reduce food insecurity in Vermont. With safety as the highest priority, the event transitioned to a virtual platform in 2020. The COVID-19 pandemic heightened



The Hearts for Hunger 5K raises funds to combat hunger in Vermont.

the importance of this assistance, as one in four Vermont children suffers from food insecurity.

Each year, 100% of the event’s proceeds have been donated to the Vermont Foodbank’s Backpack Program. To date, the Hearts for Hunger event has donated \$61,965 to the program.

The Vermont Foodbank Backpack Program was started in 2008 to provide a reliable source of nutritious food for youth over the weekend or during school vacation, when students do not have access to school meals. Bags of kid-friendly, vitamin-fortified food are packed at the Vermont Foodbank and distributed to participating schools. Currently in Vermont, an estimated 1,350 youth will receive backpacks each week through this initiative. In a year’s time, the Vermont Foodbank will package approximately 42,000 bags or 146,000 pounds of food for children who may be food insecure.

In 2016, Meaghan McKenna received the United Way’s Hometown Hero

Volunteer Award. Chris Meehan, chief community impact officer for the Vermont Foodbank, said that the Vermont Foodbank nominated Meaghan for her dedication to fighting hunger. “It’s really inspirational when there are people like Meaghan in the community that want to help and actually take action to do it and [it makes] a big difference. It’s so important for children to have the nutrition that they need at these developing stages to be able to really set the stage for success in life.” This event would not have been possible without the support of the United Church of Hinesburg, and their dedication to addressing food insecurity in the community.

While this year marks the final Hearts for Hunger event, Event Director Meaghan McKenna says that the church is dedicated to supporting the Vermont Foodbank, and she’ll continue to promote its mission and support the Backpack Program. “This event would not have been possible without the unending support of dozens of volunteers, the United Church of Hinesburg and the Missions and Social Justice Committee, and every single person who participated in this fundraiser. I am so proud to have been a part of this event and what it stands for: every person can make an impact on the needs of their community, large or small. Vermont’s children should not be hungry, and I’ll continue to fight for them.”

Are you interested in addressing food insecurity in your neighborhood?

continued on page 14

OUTDOORS

Managing for Adaptability

BY ETHAN TAPPER, CHITTENDEN COUNTY FORESTER

Vermont’s forests tell a story of adaptation undertaken over massive expanses of time and across a dynamic landscape. Along this continuum

of change, our flora and fauna have evolved and coevolved, exploited niches, developed complex relationships with one another and with their environment — eventually becoming the species that comprise our modern-day forests. Over tens of thousands of years, these species have formed natural communities: ecosystems that are unique, resilient

and biologically diverse.

In the last 300 years, Vermont’s forests have undergone a similarly remarkable transformation but on a massively compressed schedule. Over just a few centuries, many wildlife species have been lost from our forests, some of which have returned or been reintroduced and some of which have not. Nearly all our forests have been cleared, many maintained as agricultural land for a century or more. Vermont has lost huge amounts of forestland and continues to lose thou-

sands of acres each year. Our remaining forests are increasingly fragmented by deforestation, roads and development, and degraded by a variety of introduced stressors, including nonnative invasive plants, nonnative pests and pathogens, which have caused the loss or functional-loss of several important tree species. We are in the midst of a biodiversity crisis, species across the globe are going extinct and racing toward extinction at an alarming rate. We are in the midst of a climate crisis, with a climate that

has changed and is changing faster than ever before.

When change occurs slowly and in small measures, ecosystems and species are able to adapt as they have done so for millennia. Today, this immense volume of changes and stressors — known collectively as global change — is occurring all at once and at an incredible rate. There is no going back, no returning to when Vermont was endless old-growth forests, undammed streams and expansive networks of beaver wetlands. While mitigation — slowing these changes — is critical, the health and resilience of our forests will also depend on their adaptability.

Simply put, adaptability is the ability of a forest to adapt, to change. A key consideration in managing for adaptability is the recognition of uncertainty — we don’t know exactly how global change will manifest in the future, and so we need to ensure that our forests have the tools to adapt to a wide variety of potential future conditions.

One of the key ingredients in adaptability is diversity. On a landscape in which forests are generally young and simple, managing for forests with lots of different tree species (species diversity) and different sizes and ages of trees (structural diversity aka “complexity”), buffers forests from stressors that may affect a single species or a single size or age of tree, giving forests a range of potential adaptive pathways forward. Also critical is managing for diverse landscapes — with many different types of forests and other ecosystems.

Case studies are especially useful when showing how to employ the tools of genetic genealogy to push through brick walls. In this talk, Michael Dwyer will present several new case studies of genealogy mysteries solved using DNA and traditional research methods. He will include examples using autosomal DNA (also known as atDNA), mitochondrial DNA (also known as mtDNA) and YDNA, which traces paternal ancestry.

dential and used only for COVID-19 tracing. To hold your spot, please register at forms.office.com/r/GQFQb3eAFV

All ages, allies and families welcome! Youth under 18 years should be accompanied by a parent/guardian. Sorry, no dogs this time around.

VT Genealogy Library Classes

FROM PRESS RELEASE

Classes at the Vermont Genealogy Library will be Zoom webinars from 10:30 a.m. to noon. Cost is \$10. Please visit our website, vtgenlib.org for additional details and for registration.

Solving More Mysteries with DNA: Oct. 29, Michael Dwyer

Case studies are especially useful when showing how to employ the tools of genetic genealogy to push through brick walls. In this talk, Michael Dwyer will present several new case studies of genealogy mysteries solved using DNA and traditional research methods. He will include examples using autosomal DNA (also known as atDNA), mitochondrial DNA (also known as mtDNA) and YDNA, which traces paternal ancestry.

Corralling Cousins with Airtable Databases: Nov. 12, Ed McGuire

Airtable is a free, online tool that combines the relative simplicity of spreadsheets with the power of relational databases. Ed McGuire will use personal examples to show how to employ Airtable to tame the complexity encountered with DNA test data. If you’ve ever used a spreadsheet but now need more power, then it’s time to learn about Airtable.

Workshop: Build Your Research Log in Airtable: Nov. 19, Ed McGuire

In this workshop, Ed McGuire will help you set up a free account with [Airtable.com](https://airtable.com), clone an existing genealogical database and modify it. Participants should leave with a working database and an understanding of what goes where so you can keep track of key clues and relationships.

► Hearts for Hunger

continued from page 13

Here are some great local resources:

Hinesburg Community Resource Center:

hinesburgresource.org

United Church of Hinesburg’s Little Free Pantry:

secure.mylvanco.com/YN6X/campaign/C-YZVC

The Vermont Foodbank’s BackPack Program:

vtfoodbank.org/2022/07/backpack-program-keeps-kids-nourished.html

Age Well Grab-and-Go Meal in Shelburne

BY PEGGY COUTU

Age Well and St. Catherine’s of Siena Parish in Shelburne are teaming up to provide a meal to go for anyone age 60 and older on Tuesday, Nov. 8. The meal will be available for pick up in the parking lot at 72 Church Street from 11 a.m. until noon. These meals are available for all people age 60 or older, regardless of town of residence. They are nutritious and delicious.

The menu is: roast pork with sauce, mashed red potatoes, butternut squash, wheat roll with butter, apple crisp with topping, and milk.

To order a meal, please contact Sheryl Oberding.

Email: (preferred) soberding@yahoo.com, phone: 802-825-8546.

Deadline to order is Thursday, Nov. 3. If this is a first-time order, please provide: the diner’s name, address, phone number and date of birth.

If you haven’t yet filled out a 2022 Congregate Meal Registration Form, we will have forms on hand for you to fill out at meal pickup.

An Age Well representative will be available from 11 a.m.-noon for you

to purchase the \$5 restaurant tickets to dine at one of the participating restaurants. More information on this program can be found on the Age Well site: agewellvt.org.

Audubon Vermont Events

FROM PRESS RELEASE

All events are at the Green Mountain Audubon Center, 255 Sherman Hollow Road, Huntington, unless otherwise noted. For more information, go to vt.audubon.org/events. Phone 802-434-3068, email vermont@audubon.org.

Women Who Bird: Stick Season

Saturday, Nov. 5, 9-11 a.m.

Do you like to bird? Are you bird-curious? Do you love bird song? Wonderful! This group celebrates coming together and a love of birds. We intend to create and hold an inclusive space for cis & trans women and femme nonbinary community members. Whether you’re a first-time or an experienced birder, our purpose is to create a safe place to come together and share in our mutual love for nature and birds. This is an LGBTQIA++ affirming group.

We will gather at Audubon Vermont’s Education Barn. This event is co-hosted with the Pride Center of Vermont!

There will be binoculars and bird guides to borrow and we will send an email about the conditions beforehand. Please plan to dress appropriately for the weather, Layers are helpful! If you have any questions, please contact Emily Kaplita at ekaplita@audubon.org.

Registration and Tickets: We are asking those who are able to please purchase a “full cost” ticket. Please consider choosing the “no cost ticket” if you are a member of the BIPOC community, a young person in school, unemployed or underemployed, an AmeriCorps Member or purchasing a ticket feels like a burden on your resources. Register and

purchase tickets at act.audubon.org/a/women-who-bird-stick.

Stick-Season Bird Monitoring

Saturday, Nov. 12, 8-10 a.m.

Vermont’s “stick season” is a fine time to figure out which birds will be sticking around for the winter. With the leaves off the trees, birds are easier to spot as they forage for late-fall food.

Following our regular monitoring route, we will search for birds in various habitats at the Audubon Center. This is a great opportunity to build your experience using binoculars and listening to bird song. We will identify the birds we see or hear, and record counts of their population numbers. Binoculars and bird guides are available to borrow. Beginners are welcome!

Meeting Place: Office Building. Donations to Audubon are appreciated: vt.audubon.org/donate.

Pride Hikes: Shelburne Farms

Saturday, Nov. 12, 1-3 p.m.

Location: Shelburne Farms, 1611 Harbor Road, Shelburne

Co-hosted by Audubon Vermont, Pride Center of Vermont, Outright Vermont and Shelburne Farms.

We will meet in the parking lot at the Farm Barn. Please drive through the main entry gate at the farm, then follow the signs to the Farm Barn. Take the first left turn, then a gentle right to access the parking lot behind/above the farm.

Experience the changing season during this fall outing at Shelburne Farms. The Shelburne Farms campus is a 1,400-acre working farm located on the unceded, traditional and contemporary homelands of the Winooski band of the Abenaki. Over 10 miles of walking trails are an integral part of connecting people to the land and fostering a sense of place, which are both central to their educational mission.


Please register in advance for COVID-19 contact-tracing purposes. Your information will be kept confi-

vey are in and it’s good news. Larry Eichler, who has conducted plant surveys on Lake Iroquois since 2017, completed the survey on September 18th. The results show almost no milfoil in the lake, except for a small, manageable clump in the south cove. Even better, the results show that native plant species are back and growing vigorously. Now, instead of invasive milfoil being the most common plant in the lake, we have native species such as waterweed (Elodea), muskgrass (Chara/Nitella), and wild celery (Vallisneria americana). Similar to previous years, Larry did find a small amount of the invasive curly-leaf pondweed (Pontamogeton crispus) in the spring survey, but none in the fall survey. We will be watchful for this invasive species during the spring survey planned for early June 2023.

And in case you are wondering about the fate of that small clump of milfoil found in the survey, it was easily hand pulled. Nevertheless, we need to keep an eye on that area. We are asking that anyone out on the lake report any observations of these, other suspected invasives, or cyanobacteria blooms via our website invasives reporting form at lakeiroquois.org/help/report-invasives.

Read the entire final report for the spring and fall plant surveys at lakeiroquois.org/water/plant-surveys. You can also find earlier plant surveys dating back to 2014 and the aquatic plant species roster compiled by the Vermont Department of Environmental Conservation in 2012 on the same page.

continued on page 16



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► Outdoors

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Vermont Fish & Wildlife Urges Hunters to Help Keep Deer Healthy

FROM VERMONT FISH & WILDLIFE PRESS RELEASE

The Vermont Fish & Wildlife Department is reminding hunters of a regulation designed to help keep Vermont deer healthy by banning the use of any deer lure containing deer urine or other deer bodily fluids.

The infectious agent of chronic wasting disease, a fatal disease of deer, is a mutant protein or “prion” that can be passed in urine. This mutant protein can bind to soils and remain infectious for many years. Nearly all urine-based lures are produced in captive deer facilities, where CWD is most likely to occur. There is no way to test live animals, and infected animals can spread CWD for years before showing any symptoms. No amount of testing or special certification program can eliminate the risk of spreading CWD through urine lures.

CWD is 100% fatal to deer and moose. It causes irreversible population declines and has been impossible to eliminate once it becomes established in a population. CWD has not been detected in Vermont.

“No single buck is worth risking the health of Vermont’s entire deer herd,” said Nick Fortin, Vermont’s deer biologist. “If someone feels they must use a lure, there are legal, synthetic alternatives that are just as effective.”

“If CWD is ever detected in Vermont, local deer numbers would have to be greatly reduced to attempt to remove the disease before it becomes established,” said Vermont Director of Wildlife Mark Scott. “This reduction would have to be done for at least five years.”

More information about Chronic Wasting Disease can be found at cwd-info.org and by typing CWD in the Search section at vtfishandwildlife.com.

ARTS

Winter Lights Tickets on Sale Now

FROM SHELburne MUSEUM PRESS RELEASE

Get ready for Winter Lights!

Winter Lights at the Shelburne Museum is back and expanded for 2022! See the museum campus aglow with the carousel bedecked, the Ticonderoga floating in a sea of light, Beach Woods twinkling, the Electra Havemeyer Webb Memorial Building festively illuminated and more! A magical experience for the whole family.

Winter Lights starts on Nov. 25 and runs Thursdays through Sundays, ending on Jan. 1 with special dates during the holiday week. Tickets are \$15 for adults, \$10 for children (ages 3-17) and free for children under 3.

New: Ice Bar at Winter Lights

Shelburne Museum has mixed its fantastic Winter Lights extravaganza with spirits for the perfect night out with a twist that’s sure to enliven the holiday season! This special evening of merriment features two outdoor ice bars stocked with local spirits, wine and beer along with snacks to savor from local food trucks, all within the magical wonderland of Winter Lights. This is a 21+ event. Tickets are \$85 for nonmembers, \$75 for members and \$70 for Barnstomer members.

For more information and FAQs, please visit: shelburnemuseum.org/winterlights. To purchase tickets, please visit: store.shelburnemuseum.org.

Have an ad? email ads@hinesburgrecord.org.
Have news? email news@hinesburgrecord.org.

HEALTH & SAFETY

Chittenden County Seeing a High Number of Animals with Rabies

Residents are urged to take steps to keep themselves and pets safe

FROM VT FISH & WILDLIFE PRESS RELEASE

Residents in Chittenden County are being urged to take precautions due to a higher than expected number of ground-dwelling animals in the county testing positive for rabies, a deadly viral disease that infects mammals, including humans.

Since July 2022, 10 animals have tested positive for rabies in Chittenden County, including eight raccoons and two skunks. The total includes five animals in South Burlington, two in Burlington, and one in Charlotte, Shelburne, and Colchester. The most recent positive specimen was collected on Oct. 8.

“In a typical year, we would expect to see about one to two rabid animals from Chittenden County, most commonly in bats,” said Natalie Kwit, DVM, state public health veterinarian for the Health Department. “It’s important that residents take reasonable precautions, such as avoiding contact with wild animals, reporting animals that are acting sick or aggressive, and vaccinating their pets for rabies, so they can enjoy being outside and appreciate wildlife from a safe distance.”

If you are bitten by an animal: wash the wound very well with soap and water and contact your health care provider. Follow their instructions.

If your pet or farm animal was bitten by a wild or stray animal that might have rabies, contact your veterinarian. State law requires dogs and cats to be vaccinated — even barn cats.

Always feed pets inside the house and keep them indoors at night. If they are outdoors during the day, keep them on a leash or in an enclosed space. Pets that roam free are more likely to be exposed to rabies.

If you see a wild or stray animal acting strangely, or are concerned about a rabies exposure, call the Vermont Rabies Hotline (1-800-4-RABIES).

Do not touch or pick up wild or stray animals – even baby animals – or try to make them into pets. This can put yourself or your family at risk of exposure. You can’t tell if an animal has rabies just by looking at it. Interacting with young wildlife may result in them being orphaned or, if tested for rabies, requires humanely euthanizing the animal. So, for their own sake, leave wildlife in the wild.

Rabies is a deadly viral disease of the brain that infects mammals and without post-exposure treatment is fatal to both humans and animals. In Vermont, rabies is most often seen in raccoons, skunks, foxes, bats and woodchucks, but pets and livestock can also get the disease if they have not been vaccinated for rabies. The virus is spread primarily through the bite of an infected animal.

The United States Department of Agriculture (USDA) Wildlife Services’ rabies vaccine bait drop, which has happened annually since 1997, has largely prevented rabies in wild ground-dwelling animals in northern Vermont, including Chittenden County. In response to this uptick in cases, USDA Wildlife Services has taken additional measures, including hand vaccinating over 700 raccoons, skunks, and foxes for rabies before releasing them back into the wild during their routine annual fall trapping program that ended on Oct. 14. The USDA will continue their rabies surveillance in Chittenden County by submitting strange-behaving and deceased animals to the Health Department Laboratory for rabies testing.

Learn more about rabies in Vermont – visit healthvermont.gov/rabies.

Vermont Gets the Lead Out of Drinking Water in Schools and Child Care Facilities

FROM VERMONT DEPARTMENT OF HEALTH PRESS RELEASE

Schools and child care providers tested & fixed thousands of taps to reduce lead in drinking water

State officials are calling a program to reduce lead in school and child care drinking water a success, following a new report that found 98% of Vermont schools and child care facilities have completed testing for lead in their drinking water and taken any needed steps to keep water safe. A law passed in 2019 requires all Vermont schools and child care facilities to test their drinking and cooking water for lead.

“Each year hundreds of Vermont kids are poisoned by lead. This program shows how we can work together as a state to reduce lead exposure and keep our children healthier,” said Health Commissioner Mark Levine,

MD. “Parents and caregivers can take comfort in knowing that the water their kids are consuming at their school and child care is now safer.”

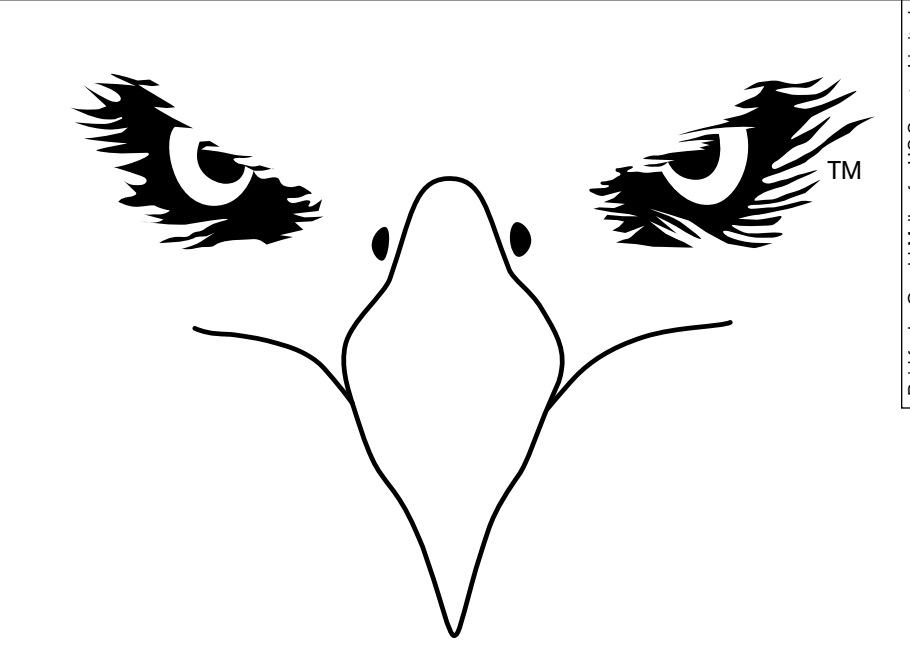
Lead is a highly toxic metal. There is no safe level of lead in the body, and exposure to it can slow children’s growth, impair their development and learning, and cause behavior problems.

Because lead can leach into drinking water from older plumbing and fixtures, Vermont requires schools and child care facilities to test all the taps and take corrective action if lead levels are found at or above the state action level of 4 ppb (parts per billion), and to repeat the testing every three years. From June 2019 through December 2021, a total of over 15,000 taps used for drinking and cooking were tested.

According to the report, one out of every five drinking water taps tested had elevated levels of lead. Lead was more frequently found in the water fixture rather than the plumbing, which made remediation both easier and less expensive. For 90% of the fixtures that needed to be replaced, the costs were less than \$500. The state provided funding to reimburse schools and child care centers for remediation costs.

The report identified 75% of schools and 14% of nonschool-based child

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► **Health & Safety**

continued from page 17

care facilities as having at least one tap with a result at or above the action level. The testing also revealed that bottle fillers had the lowest lead levels, and sinks — the most common tap tested — had among the highest lead levels. All results are posted online at leadresults.vermont.gov.

Have an ad? email
ads@hinesburgrecord.org.

“This is a great example of government being able to deliver tangible results that improve the public health of our most vulnerable populations,” said Commissioner John Beling of the Department of Environmental Conservation. “I am grateful for our partnership with the Health Department and our ability to reduce lead exposures.”

Commissioner Sean Brown of the Agency of Human Services’ Child Development Division agrees that initiatives such as this can have a significant impact on children’s health. “We take very seriously our responsibility to protect and promote the health and safety of children in early care and

education programs,” said Brown. “Collaborative efforts like this help ensure that children in Vermont have positive, safe learning environments in which they can grow and develop.”

See the Vermont Lead in School and Child Care Drinking Water Progress Summary. The summary and full report can also be found at: healthvermont.gov/leadtest-response.

Learn more about preventing lead poisoning, visit healthvermont.gov/lead.

Find out how to test your home drinking water for lead: healthvermont.gov/water/lead.

More People Now Eligible To Give Blood or Platelets With the Red Cross

Restrictions lifted for many who spent time in certain European countries

FROM RED CROSS PRESS RELEASE

The American Red Cross now in-

vites those who spent time in the U.K., Ireland or France and have never tried to give blood due to concerns over variant Creutzfeldt-Jakob Disease — related to mad cow disease — to give blood and help save lives.

Recently, the U.S. Food and Drug Administration updated its blood donor eligibility guidance on vCJD, eliminating the deferral for those who spent time in the U.K., Ireland and France between 1980 and 2001. In alignment with FDA changes, the Red Cross began accepting donations Oct. 3 from individuals who have not tried giving blood before due to the prior donation criteria. In combination with prior eligibility updates in 2020 for those who spent time in other European countries, this new change effectively eliminates the deferral related to vCJD for all donors.

“For many years, the Red Cross has heard from people who have spent time in these countries — often members of the military and their families — hoping for the opportunity to donate blood or platelets,” said Stephanie Couturier, CEO, American Red Cross Northern New England Region. “We now welcome all donors who may have spent time in Europe and avoided blood donation as a result to join us in our lifesaving mission to help patients in need.”

More blood donors — especially type O donors — are urged to donate now to prevent disruptions to essential medical care this fall. Book a time to give by using the Red Cross Blood Donor App, visiting RedCrossBlood.org or by calling 1-800-RED-CROSS (1-800-733-2767). As a thank-you, all who come to give between Oct. 16-31, 2022, will receive a \$10 e-gift card by email to a merchant of their choice.

Changes in progress for those with a Red Cross donor record

Those who have tried to give with the Red Cross and have been previously deferred from donating will be contacted by the Red Cross once system records are updated. This deferral is more complex to remove than others as there are decades of donors in the Red Cross system who have been deferred under the previous FDA requirements. Individuals who have questions about their donor record can contact the Red Cross Donor and Client Support Center at 1-866-236-3276.

How to donate blood

Simply download the American Red Cross blood donor app, visit RedCrossBlood.org, call 1-800-RED-CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information.

COMMENTARY

From Skopje to Hinesburg: Homecoming

BY NATHAN FRY

In July 2022, after two years stationed as a military diplomat in the small Balkan country of North Macedonia, my family and I returned home to Hinesburg. Initially, the return felt a bit like Bilbo Baggins’ return home at the end of “The Hobbit.” Although we didn’t walk up to an unexpected estate sale in our front yard, we did spend the first month searching for tools the renters had misplaced, chasing dog hair dust bunnies, and patching holes in the walls. But as the boxes slowly disappeared from the back porch and we settle down into Vermont life again, I’ve begun to see our return less like Bilbo’s homecoming and more like Frodo’s arrival back home at the end of the “Lord of the Rings.”

For those who only watched the “Lord of the Rings” movie, allow me to explain. At the conclusion of the book trilogy, Frodo and Sam return back home only to find that Saruman, the disgraced white wizard, has escaped from his prison and journeyed to the Shire to exact his revenge on the hobbits. The once-green landscape is burned and blackened, trees have been cut down and Saruman has imprisoned much of the population. The hobbits are crushed, for as they labored to save Middle Earth far from home, much of what they fought against in the land of Mordor has insidiously taken root in their homeland. The Shire, the one place that should have been free from such distrust and fear, is now ridden with it.

Although I certainly don’t want to compare my work as a military diplomat with destroying the One Ring and saving the world, I do think that the work I did in North Macedonia was some of the most meaningful of my military career. Anyone who knows me well will tell you that I am far from convinced that the U.S. military is a pure, righteous cause that can do no wrong — I’ve spent the majority of my 16-year military career frustrated with U.S. foreign policy and the way that the military is employed abroad. I spent a considerable amount of time in North Macedonia struggling with the “rightness” of what I was doing there. But, as I wrote in a previous post about the start of the war in Ukraine, after February 2022 I finally began to see glimmers of goodness in U.S. foreign policy and, in contrast with Russia’s approach, why foreign partners tend

to swing West rather than East.

As a prophet is never welcome in their hometown, so we in the United States often fail to understand the positive example that we have set for decades for developing nations. For two years, I worked with foreign partners whose chief aspiration was to develop just a semblance of the governmental order and societal functioning that we enjoy in the United States. The Balkans, in particular, yearn for this type of government and society. Fragmented for decades and plagued by civil war since the early 1990s, many of the Balkan nations are characterized by societies where mistrust between political parties, organizations and even neighbors is rampant. In their militaries, officers are frequently promoted or selected for leadership based on ethnicity rather than ability. In government, initiatives fail simply because one ethnic group refuses to work with another ethnic group. The judicial system is dysfunctional because cases are chosen, tried and decided based on political interest rather than the objective interest of justice. Amid all this, U.S. diplomats, civil servants, development experts and military members work daily in embassies from Riga, Latvia down to Skopje, North Macedonia to assist developing nations with achieving just a fraction of what they see in the United States. While it’s not on the scale of defeating Sauron, I came to see this mission as a close second place.

After two years of effort to bring my foreign partners one step close to their American-inspired ideal, I returned to the U.S. thinking that I was returning to the pleasant green fields of the Shire. Sure, perhaps the hobbit hole needed a little airing out and I would have to track down my missing silver spoons (this is a joke ... I make my kids eat with the spoons that come with military feed rations, also known as MREs). I had assumed that life would be generally good and easy back in the world’s most respected democracy. I was shocked at the level of societal fear and distrust to which we returned. While we certainly followed U.S. politics while abroad, my general workload and being removed from day-to-day interactions with other Americans made the issues that I read about feel distant and a little manufactured. However, in the past three months, I’ve been appalled to see many of the same disturbing trends that we actively sought to temper in North Macedonia and the Balkans living strongly in U.S. political and societal discourse. The only difference here, it seems, is that

we’ve largely replaced ethnic distrust with political party distrust. People speak wishfully of civil war, threaten violence to public leaders, and refuse to interact with someone from another political party. We’re emulating the worst traits from the most struggling nations I’ve ever served in, and the leaders and public figures who could put a stop to it all are only adding fuel to the fire.

I wish that I could propose a solution to the negative trends I see developing in our homeland in this article, but I can’t.

In my opinion, the root cause for many of our troubles is a lack of perspective.

It is very difficult to take the United States for granted, even with all of the bad things we’ve done in the past, once you’ve spent time in developing nations. By “spend time,” I don’t mean vacationing in Costa Rica. Once you’ve worked with foreign partners, lived in another culture, invested personal time and energy into relationships, and suffered hardship with foreign friends, you begin to understand another place. You see it for what is both good and bad. For those who have read my articles over the past two years, I hope that I’ve helped you understand a little about the good and bad of North Macedonia without ever having been there. You’ve run with me, skied with me, breathed the dirty air, talked to my mechanic, and ridden on a train. You’ve heard my thoughts on what U.S. diplomats are doing and why it all matters. And I hope that, after all this, you have a little better perspective into why the United States is special, despite all our faults, and why other nations desperately want to be like us, or at least partnered with us. If so, then perhaps you can be a part of the solution that the U.S. needs to stop our current trajectory into mistrust and fear of each other.

In “The Lord of the Rings,” Frodo and his friends tighten their belts, hunt down Saruman and kick him out of the Shire for good, giving us the happy ending to the story that we all want. Unfortunately, the answer to the United States’ problems doesn’t exist with one person, with one side or with one ideology. It doesn’t exist with distrust. And it certainly doesn’t exist in violence or civil war. Rather, the answer starts with trust. It starts with listening. It starts the way the army of North Macedonia is transitioning from an organization rife with ethnic distrust to one that the citizens recognize as the most trustworthy institution in the nation — every morning, the Albanian commander of North Macedonia’s main combat

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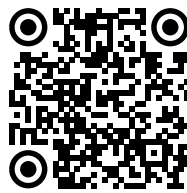
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► Commentary

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unit sits down with his staff officers, comprised of both Macedonian and Albanian ethnicities. They have coffee. And they talk.

Nathan and the Fry family happily returned to Texas Hill Road in July 2022 after two years living in Skopje, North Macedonia, as the U.S. Army and Vermont representative to the U.S. Embassy in Skopje. Nathan's partner Kim worked there as a teacher at a multiethnic international school, where she was challenged each day to teach history in a way that appealed simultaneously to Greek, Macedonian, Bulgarian, Turkish and Albanian students. They are all grateful to be back with friends in Hinesburg.

It's Time for a Four-Year Term for Governor and Legislators

BY BILL SCHUBART

It's time again for my biennial screed against Vermont's two-year term for elected executive and legislative positions. I've watched the damage done by this narrow period of time play out for the 50 years I've been observing Vermont politics. It's worth noting that Vermont and New Hampshire are the only remaining states in the nation that still have a two-year term for governor. But then again New Hampshire has always defied the norm with its 424 lawmakers. Vermont has 180.

Some time back, I would be asked annually by Sen. Bill Doyle to come and talk to his Government Operations Committee about the folly of the two-year term. My message is the same today, but the issue is considerably more urgent.

The pace of discovery — and therefore change — in business, education, communications, health care and the environment is much faster today due to increasingly complex technologies, pervasive special interests and intersecting regulations. All of which demands a more deliberative process and planning than occurs when the governor, legislators and agency heads only have a two-year employment contract.

Our short-term civic process is plagued with reactive posturing and nitpick lawmaking. An adverse event occurs. We wring our hands and create new laws, not taking the time to understand and address the root cause of the adverse event. Constantly cycling leadership terms only generate more reactivity and shortsightedness.

If we're to address the long-term problems and complex systems that beset our state and communities, we need to expand the opportunity timeline for our leaders to be successful. Otherwise, like Sisyphus, we'll be doomed to constantly readdressing the painful results of our shortsightedness and lack of strategic planning.

If we do continue the two-year term for governor and legislators, we must fully understand the time span's

downsides.

Someone spends months begging for and spending money on media vying to become a leader. They're elected. They spend six months to a year learning the realities of the job they've been elected to fill. Then they make needed changes in the leadership team to ensure breadth of inputs, strategies and skills, and then begin planning and addressing the issues they face. This means listening, deriving consensus, planning and deploying a new strategy or policy, and then ... their term is up unless the electorate chooses to extend it.

Although, as opponents of the four-year term argue, it's often the case that Vermonters extend the term for their politicians, but not always. A total of 58 of Vermont's 82 governors have served only two two-year terms (one four-year term). Only since Governor Phil Hoff in the 1960s, have Vermonters begun extending longer terms to their governors.

A new governor has no idea, or guarantee, that they will get to see their planning and hard work through to results. Meanwhile 18 months in, they need to start campaigning for an extension to their tenure. This often means having to make new promises to voters rather than completing the work they have just initiated.

Sadly, campaign messaging and leadership strategies rarely align.

Telling an electorate what they want to hear is "politics," while telling the complex truth about the challenges we face is the moral imperative for an elected leader.

I was active in the business community for some 45 years and never met an experienced leader who would assume responsibility for taking on leadership of an \$8 billion enterprise with just a two-year employment agreement and a one-year budget horizon. By extending the time horizon to a three to five-year budgeting planning process, with annual adjustments, legislators and agency heads will have a longer time horizon in which to make, plan and deploy substantive improvements. This way, Vermonters might get less politics and ideology and more pragmatic, participatory leadership.

Unlike many strategic issues, the four-year term doesn't seem to be

a partisan issue. Former Governor Howard Dean opposes it, stating that the two-year term optimizes leadership opportunities for change.

His terse, if simplistic, response to the question was "If it ain't broke don't fix it."

Former Governor Kunin's response, which favored a four-year term, was more deliberative, suggesting that the two-year term is a throwback to the days when governing was a part-time job, and she added that lobbyists gain too much power when the governor is busy campaigning for office so much of the time instead of doing the hard work of leadership.

Current Governor Phil Scott also supports a constitutional amendment to affect a four-year term, as does former Governor Jim Douglas.

In February of 2020, the initiative died, however, in Senator Jeanette White's (D-Windham) Government Operations Committee, as she was on record opposing an extension of the term.

The discussion of a four-year gubernatorial term rightfully raises the question of whether it should also apply to legislators. I would argue that it should for the very same reasons. If the Legislature is to tackle the complex issues of today, they need the tenure to listen, understand, deliberate and make change in a reasonable timeframe, absent the pressures of political campaigning.

In this day and age, Vermont can only benefit from a four-year leadership term for governors and legislators and at least a three-year budgeting cycle. It's also worth considering reestablishing a strategic-planning group that watches demographic, environmental, economic and technical changes and challenges, and assesses and interprets data and trends for all branches of government — a look over the bow instead of the stern.

Finally, the cost of biennial campaigning in time, money and distraction only benefits media vendors and special interests. The need to understand and address pressing problems is moved to the back burner, while change accelerates at an ever-more rapid pace.

Think about what didn't even exist in the last biennium.

OTHER NEWS

Map Supports Women-Owned Businesses

Vermont Women's Fund Helps Vermonters Find and Support Women-Owned Businesses

FROM VT WOMEN'S FUND AND VT COMMUNITY FOUNDATION PRESS RELEASE

The Vermont Women's Fund is unveiling a new mapping feature of their innovative This Way UP: there's power in our numbers (This Way UP) tool that allows users to search through the more than 2,500 women-owned businesses by name, town, and industry.

"October is National Women's Small Business Month, making it a great time for women to get their businesses on the map, and for the rest of us to be able to find and support woman-owned enterprises in our communities," says Meg Smith, director of the Vermont Women's Fund. "We are thrilled with this new mapping feature, and hope Vermonters will join us in supporting women who are running businesses, large and small, across our state."

According to national data sources, 42 percent of all U.S. businesses are owned by women. In Vermont, data on women's business ownership is rare or absent. The Vermont Women's Fund launched This Way UP in late 2021 to rectify that, and to give women entrepreneurs an opportunity to share their location and website along with stories about why they went into business and what they need to thrive. To date, over 2,500 businesses have been identified and counted. Business leaders are also asked to take the survey and to date, over 75 women who run companies and nonprofits are represented.

To explore the interactive map and find women's businesses you can support, visit thiswayupvt.com. All women who generate income by owning or running a business of any size are invited to take the survey at thiswayupvt.com.

► Access CVU Registration

continued from page 1

Thursday, Nov. 10: Ethiopian/Eritrean Cuisine — Focus on Meat

Tuesday, Nov. 15: Grittibänz — Swiss Bread Men

Wednesday, Nov. 16: Chocolate Specialties!

Thursday, Nov. 17: Soups On!

Wednesday, Nov. 30: Torrone, Italian Nougat Candies

Fine Arts & Crafts

Tuesday, Nov. 1: Weaving an Adirondack Pack Basket

Wednesday, Nov. 2: Learn to Knit Socks — Worsted Shorty Socks

Thursday, Nov. 3: Botanical Dyeing*

Monday, Nov. 7: Introduction to Batik — Sampler Workshop

Tuesday, Nov. 8: Carving in Wood — A Comfort Bird

Thursday, Nov. 10: Aromatherapy Perfume!

Monday, Nov. 14: Sewing with Knit Fabrics: Winter Hat

Monday, Nov. 14: Introduction to Welding Fabrication

Tuesday, Nov. 15: Graphic Novel and Entertainment Art Class

Tuesday, Nov. 15: Learn How to Turn a Wooden Bowl!

Thursday, Nov. 17: Needle-Felted Acorns

Thursday, Nov. 17: Mala Bead Necklace Workshop

Tuesday, Nov. 29: Needle-Felted Owl Ornament

Wednesday, Nov. 30: Fused Glass Ornaments (or Sun Catchers)

Fitness, Dance, Yoga & Mindful Movement

Tuesday, Nov. 1: Snowboarders Prep Course

Thursday, Nov. 10: Yoga Thursday with Ellen!

Thursday, Nov. 10: Happy Thursday Yoga Flow

Monday, Nov. 14: Restorative Yoga with Sound Healing

Tuesday, Nov. 29: Intro to Yang Tai Chi



Learn to knit socks in the Nov. 2 class.

Wednesday, Nov. 30: Zumba with Dillon!

Health & Nutrition, New Age & Holistic Well-Being

Tuesday, Nov. 1: Natural Ways to Help with Stress, Anxiety and Chronic Pain

Tuesday, Nov. 1: Intro to Home Herbalism: Making the Perfect Cup of Herbal Tea

Wednesday, Nov. 2: Gut Health & Digestion*

Monday, Nov. 7: Mindful Eating and Meditation*

Monday, Nov. 14: Heartsaver CPR and AED Training

Tuesday, Nov. 15: Intro to Home Herbalism: Oxymels, Switchels and Shrubs, Oh My! Making Herb-Infused Vinegars

Wednesday, Nov. 16: Finding the Cyclical Power of Your Menstrual Cycle*

Wednesday, Nov. 30: An Attitude of Gratitude, Lovingkindness and Meditations*

Wednesday, Nov. 30: Blood Sugar & Energy*

Home & Garden

Wednesday, Nov. 2: Perennial Propagation

Thursday, Nov. 3: Home Repair Series: Home Systems & Maintenance Basics

Monday, Nov. 7: Cat Behavior: What is Your Cat Saying?*

Wednesday, Nov. 9: Creating Sustainable Landscapes: Understanding Native Soils and Utilizing Existing Materials

Monday, Nov. 14: Dog Body-Language & Communication: What Does Your Dog Tell You?*



Make a winter hat in the Nov. 14 class.

Thursday, Nov. 17: Home Repair Series: Carpentry & Residential Buildings

Professional Development & Writing Workshops

Wednesday, Nov. 2: Job Search Series: The Interview

Monday, Nov. 7: Financial Planning Series — Understanding Retirement Plans

Friday, Nov. 11: Intro to Writing Picture Books*

Monday, Nov. 14: Financial Planning Series — Understanding Retirement Plans

Check out our website, cvsdvt.ce.eleyo.com (or Google "Access CVU"), for more information and to register for a class. As a reminder, early signups help us plan — for popular classes it ensures you a spot in the class, and for classes with low enrollment, we make a decision a week ahead on whether to go forward with a class. If there's a waitlist for a class you're interested in, we encourage you to add your name since we will open up an extra section of a class if we get enough interest.

Need help getting signed up for a class? Have a question about a current class or a suggestion for a future class? Want to teach with us? We want to hear from you! Call 802-482-7194 or email access@cvsdvt.org.

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RELIGION

Community Alliance Church

Pastor: Scott Mansfield

802-482-2132 • hinesburgcma.org
info@hinesburgcma.org

Location and Mailing Address:
190 Pond Road, Hinesburg
(overlooking CVUHS soccer fields)

Sunday Services: 10:30 a.m.
Including children's programs, for
nursery through elementary school
ages.

Middle School and High School Youth Group: MMeets most Sundays for breakfast at 9 a.m. before the morning service plus lots of special events and outings. This is a great time to meet new friends, hang out and talk about real life and our place in this world. Contact Brandon and Mary Kate at info@hinesburgcma.org for more information.

Weekday Life Groups and Bible Studies: Various times, days, and locations throughout the week.

For more information, please contact the church at 802-482-2132 or visit hinesburgcma.org.

Lighthouse Baptist Church

Pastor: Reverend Ed Hart

802-482-2588 • LBCvt.homestead.com lighthousevt@aim.com.

Location: Hinesburg Village Center, 90 Mechanicsville Road

Mailing Address: P.O. Box 288

Regular Services:
Sunday Morning Worship: 10:30 a.m.,
Nursery provided.

Sunday Evening Service: 6:00 p.m.

Wednesday: 7:00 p.m. Bible Study and Prayer Meeting; Nursery provided.

Saint Jude the Apostle Catholic Church

Pastor: Fr. James Zuccaro

802-425-2253 • stjudevt.org
stjude@gmavt.net

Location: 10759 Rte 116

Mailing Address: P.O. Box 69

Pastor's Mailing Address:
2894 Spear Street/P. O. Box 158,
Charlotte, VT 05445

Hinesburg Rectory: 802-482-2290,
stjude@vermontcatholic.org,
P. O. Box 69, Hinesburg 05461,
(10759 Route 116)

Parish Secretary: Marie Cookson,
Rectory, 802-482-2290,
mcookson@vermontcatholic.org

Hours: Mondays and Thursdays, 8:30 a.m. to 3:30 p.m..

Parish Council Chair: Dennis Casey,
802-453-4054

Finance Council Chair: Doug Taff:
802-482-3066

Buildings and Grounds Supervisor:
Contact parish office.

Weekend Masses:

Saturday, 4:30 p.m.; Sunday: 9:30 a.m., St. Jude Church, Hinesburg;
Sunday: 8:00 a.m. and 11:00 a.m.,
Our Lady of Mount Carmel Church,
Charlotte

Weekday Masses:

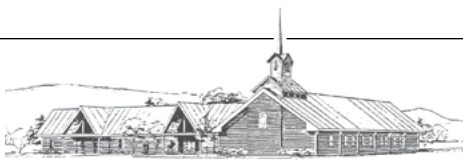
Monday and Friday, 8:00 a.m., St. Jude Church; Tuesday, Thursday: 5:15 p.m. Our Lady of Mount Carmel Church; Wednesday: 8:00 a.m., Our Lady of Mount Carmel Church, Charlotte

Sacrament of Baptism: Call the Pastor for appointment

Sacrament of Reconciliation:
Tuesday following the 5:15 p.m. Mass at Our Lady of Mount Carmel Church; Saturday at 4:00 p.m. and Friday following the 8:00 a.m. Mass at St. Jude Church and by appointment.

Sacrament of Marriage: Contact the Pastor at least six months in advance

Communion at Home: Call Parish



Office, 802-482-2290

Religious Education Coordinator:
Marie Cookson, 802-482-2290

Religious Education (CCD): The first Sunday of each month following the 9:30 a.m. Mass. Students and parents meet each month.

Please call Marie at 802-482-2290 (Parish Office) or 802-879-3446 (home) for more information.

Eucharistic Adoration: Eucharistic Adoration is held the first Friday of each month following the 8:00 a.m. Mass at St. Jude.

Food Shelf Weekend: Every first Saturday and Sunday of the month. Parishioners are asked to make an extra effort to bring non-perishable canned and dried food in weekly for the Hinesburg Food Shelf. Food Collection baskets are in the entry for your convenience.

Senior Meals: Will be served from noon to 2:00 p.m. on the second and fourth Tuesday of each month unless otherwise noted. Food will be prepared by Meals on Wheels. There will be cards, board games and door prizes. Cost is \$4.00 donation. Please call in advance so we have plenty of food on hand. For reservations call Ted Barrett at 802-453-3087 or Marie Cookson at 802-482-2290 (parish office). Caretakers are welcome. Hinesburg Rides will pick you up and bring you home at no charge. For more information, call the parish office at 802-482-2290.

United Church of Hinesburg

An Open, Welcoming, Affirming and Reconciling Church

Pastor: Rev. Jared Hamilton

802-482-3352 • ucofh.org
unitedchurch@gmavt.net

Location: 10580 Route 116

Mailing Address: P.O. Box 39

Office Hours: Monday and Wednesday, 9:00 a.m. to noon, and by appointment.

Sunday Worship Service: 10:00 a.m.

Senior Meals: Second Friday of the month; cost \$5.00. Contact Judy Clark (802-453-2121).

Sunday School: Nursery; children's programs for ages Kindergarten through 5th grade.

Williston Federated Church

United Church of Christ and United Methodist Church

An Open and Affirming Reconciling Congregation

Minister: Rev. Paul Eyer

802-878-5792 • steeple.org
WillistonFederatedChurch@gmail.com

Location and Mailing Address:
44 North Williston Road,
Williston VT 05495

Activities: Junior and Senior High Youth Groups; Men's Bible Study; Women's Book Group; Junior, Senior and Contemporary Music Choirs; Friendship Suppers; opportunities for mission and outreach in the community, country, and world.

Service: Sundays 9:30 a.m., Nursery/Child care provided; Sunday School during the service for pre-K through high school; Coffee/Fellowship after service in Fellowship Hall.

Trinity Episcopal Church

Rector: Rev. Dr. Fred Moser

802-985-2269 • trinityshelburne.org
office@trinityshelburne.org

Location and Mailing Address:
5171 Shelburne Rd.,
Shelburne, VT 05482

Worship service and Sunday School:
Sunday mornings at 9:30 a.m. – hybrid service, in person and online (go to trinityshelburne.org for instructions on accessing Zoom link for online attendance).

All Souls Interfaith Gathering

Pastor: Rev. Don Chatfield

802-985-3819 • allsoulsinterfaith.org
dchatfield@allsoulsinterfaith.org

Location: 291 Bostwick Farm Rd.,
Shelburne, VT 05482

Mailing Address: P.O. Box 1124
Shelburne, Vermont 05482

Services:

Sunday 9:00 a.m.: Morning Meditation

Sunday 5:00 p.m.: Music & Spirit Service

WHAT THE HECK?



Take a guess at what these figments of imagination might be. Then go to hinesburgrecord.org/what-the-heck/ and find out!

You will also be able to sign-up for our weekly newsletter where a new "What the Heck?" is featured every Monday, along with the Hinesburg Community Calendar for the week.

The items pictured above are also named at the very bottom of the next page.



Do you need a ride?

Call SSTA: 878-1527 or
Visit us at HinesburgRides.org

A Hinesburg Community
Resource Center Program

Have news? email
news@hinesburgrecord.org.

► Reflection, Recognition

continued from page 1

the troop to establish a campsite within the area for their outdoor skill learning and adventures.

Under the guidance of Scoutmaster Berger and various dedicated assistant leaders, the Boy Scouts hiked, camped and learned many necessary skills for outdoor survival. A good amount of time was dedicated to orienteering or map and compass training at this location in the Hinesburg Town Forest. The troop also planted a grove of red pines, which later became identified as Lovering's Corridor in the initial Eagles Trail Map. This held great significance as it was named in dedication to Assistant Scout Leader David Lovering, who had since passed away. The corridor of red pine was a beautiful and serene area along the original route of the Eagles Trail.

Amid the camping, hiking and skill training, Jasen Ketchum formed his Eagle Scout project: the creation of the Eagles Trail. This project had all the desired qualities of an Eagle Scout project. In order to achieve the ranking, Ketchum needed to provide or contribute to a community service project that would be beneficial for years. This project would need to be defined and completed by the scout himself, from initial concept all the way through to the finished project.

Ketchum's project was thoughtfully and thoroughly planned. The Eagles Trail was a three-mile loop that began at Hayden Hill East, which at the time was the most accessible location that included a small parking area. Ketchum planned the best looped route to take. His primary concerns were safety, avoiding areas that could easily erode, as well as ensuring the land would not be negatively impacted. There were aesthetic considerations, too, like natural formations or scenic spots that would enhance the hiker's experience on the trail.

Once the route was established the

physical work of trail-building began. Using advice from the Long Trail Organization, a working crew helped to clear the path and build the trail – a process that took roughly six months. A detailed trail description was written and pamphlets were designed and printed. Pamphlets were available at the town clerk office so that the Hinesburg community could enjoy the Eagles Trail and all that the forest had to offer.

Clifford Lumber donated a large wooden slab, and Ketchum carved and wood burned the trail name, the established date and a dedication. The sign was erected on the established date of Aug. 31, 1991, and the trail was opened to the public. It is dedicated to Russell G. Berger, scoutmaster, 1971-1992.

Berger was scoutmaster of Troop 690 for 21 years. Over two decades, he and several assistant leaders supported countless scouts. Together they canoed, hiked, camped, spe-

lunked caves and winter camped. They also swam, cooked, practiced orienteering, trained for wilderness survival and various other outdoor skills.

The troop traveled beyond their local community to exercise their scouting skills as well. They took trips to Ontario, Northern Maine, Kentucky, Pennsylvania and New York and various other wilderness areas within Vermont.

Berger was proud on this sunny Saturday occasion. He reminisced on the good times and meaningful experiences that scouting brought to many boys and community members. He remains grateful that he was able to provide Troop 690 with these experiences alongside wonderful co-leaders: Dave Lovering, Paul Emmons, Joe Emmons, Steve Aube, Gary Carpenter, Leon Lestage and others throughout the decades. A good day of reflection, recognition and a renewed trail sign!

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BACK STORIES

of Hinesburg

Food Shelf Ramps Up!



Hinesburg Community Resource Center Reveals New Handicap Access

BY SHANNON WHEELER

The Hinesburg Community Resource Center revealed its new handicap ramp on Oct. 13 at 51 Ballard's Corner Road, which houses HCRC headquarters and the Hinesburg Food Shelf. A group including HCRC board members and executive director, volunteers and those who worked on the ramp attended and were able to see the final product. The existing ramp was in dire need of repairs and with the help of this generous community, HCRC was able to completely replace it with a beautiful, functional ramp and new front stairs. Tremendous thanks to everyone involved. Plans were drawn by Chuck Reiss and Tom Whitney who generously provided their expertise and the vision was executed by Rocky Martin who spent his summer and donated his incredible skills leading the contracting work. Additional labor and materials were provided by: Steve & Owen Smith (SAS Architects), Wahl Landscaping, Giroux Body Shop, Rice Lumber and Hinesburg Sand and

Gravel. This whole group of already extremely busy people dedicated many hours to the project. The food shelf team of volunteers seamlessly navigated months without a working ramp and did a lot of heavy lifting to make sure service was not interrupted. While the new ramp is so important to operations at the food shelf, it will also allow us to bring clients back inside during hours of operation. In the coming months, we will be getting back to how it was pre-pandemic, with a few changes including allowing a limited number of people in at one time.

HCRC is a volunteer nonprofit of neighbors helping neighbors. HCRC envisions a community where people are connected and are not in need, and includes the Hinesburg Food Shelf, an emergency financial assistance fund, Friends of Families and medical equipment lending. The food shelf, which is open on Tuesdays from 5:30-7:30 p.m. and Fridays 10:00 a.m.-noon, and serves Hinesburg, Huntington, Monkton and St. George, not only provides basic pantry staples but

also fresh local produce, meat, dairy, personal care products, diapers, pet food and more. Clients can visit once a month for a full shopping and a second time for more fresh produce. Emergency assistance is available to residents of Hinesburg and St. George needing emergency help with utility bills, rent, car repairs, fuel fill-ups, etc. HCRC's Friends of Families brings families together for free playgroups, an annual baby picnic and biannual clothing and book swaps. Medical equipment is available to any community member in need of items, such as wheelchairs, walkers, crutches, commodes and shower seats. HCRC is primarily volunteer-driven and we are supported by community donations, town funding, grants and by the proceeds of our thrift shop Twice is Nice. If you or someone you know is in need of assistance from HCRC, please contact Shannon Wheeler 802-482-4946 or wheeler@hinesburgresource.org.



Tom Whitney, Wes Carroll, Rocky Martin, Dave Carroll, Steve Giroux.

What the Heck? items (p 23): USB ("U.S. bee"), fall foillage, black planther.

VOLUNTEER OPPORTUNITIES

Make a Difference

Do you need volunteers for a Hinesburg event or non-profit organization? Send the information to news@hinesburgrecord.org and we'll publish it here. Use "volunteer need" as a subject line.

Mentoring

Hinesburg Community School is looking for Mentors! Mentors are distinct members of a team of caring adults who show up to spend an hour a week with a 5-8th grader during the school year.

Mentors bring with them a sense of shared fun, new experiences and great listening skills. Mentors bring encouragement and options for expanding a young person's regard for themselves and their world. By sharing yourself with your mentee you can inspire them to create a richer future for themselves. Contact Program Coordinator Livy Bulger at lbulger@cvsdvt.org or 802-82-6226 for more information.

Hinesburg Trails

Help maintain public trails. All skill levels from none (just enthusiasm) to experienced chainsaw operators, and trail designers are needed. For more information contact Jane Sheldon at elcabi2@gmavt.net.

Meals on Wheels

Help out local area residents who cannot easily get out of their homes. Become a Meals on Wheels driver. Routes take anywhere from an hour to an hour-and-a-half depending on the day. You need not commit to a weekly schedule. Call Jane Gage at 802-482-6096 for more information.

Visit a Senior

Hinesburg seniors need your help. Some seniors live alone with limited social contact and would love to share their gift of gab with you. Just an hour of your time can make a big difference in the life of one of the seniors in our town. If you would be willing to help contact Bev at 802-642-5119 for more information.

Town Committees

Frequently there are openings on town committees. Here are some of the recent ones.

- Affordable Housing Committee
- Agency Request Review Committee
- Conservation Commission
- Economic Development Committee
- Planning Commission
- Recreation Commission
- Village Steering Committee

Check town web site hinesburg.org for the most current committee openings, descriptions and instructions on how to apply. For more information contact Joy Dubin Grossman (Assistant Town Manager) at 802-482-4207 or jdubingrossman@hinesburg.org.

The Hinesburg Record

Help publish your community newspaper which is produced by volunteers who write, edit, and lay it out each month. The Record needs people to write and edit copy, take photos, and help with distribution and mailing. One-time or occasional submission of articles is more than welcome.

If you are interested contact us at news@hinesburgrecord.org.



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