

# the HINESBURG Record

DECEMBER 2022

## Hinesburg Middle School Students “Visit” Uganda for Eye-Opening Experience



Students in Uganda Visiting with HCS using an Ipad on Google Meet

FROM PRESS RELEASE

The middle school students at Hinesburg Community School had the exciting opportunity to participate in a live video exchange with students in Kamuli, Uganda, thanks to local nonprofit Children's Legacy Partnership Foundation. HCS students were treated to skits and songs from the children in this rural village in northern Uganda. It was an eye-opening experience for HCS students as they heard that Ugandan children spend much of their after-school time working around the home, tending crops, and carrying water from a bore-hole. The students in Uganda were thrilled to be a part of this exchange as they rarely travel from their home village. The Ugandan students face many challenges such as food insecurity and access to clean water. This video exchange was a bright

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## Hinesburg Artist Series Annual Holiday Concert on December 18

FROM PRESS RELEASE

One of the most popular events in the local community is coming Sunday, Dec. 18, when the Hinesburg Artist Series will present its annual holiday concert, with a performance at 2 p.m. and again at 4:30 p.m. at St. Jude Catholic Church in Hinesburg.

“So many people have told me that this is their favorite event of the year,” said Rufus Patrick, HAS Music Director. “We will have holiday favorites and other

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*Hinesburg's  
independent,  
nonprofit,  
community  
newspaper*

## INSIDE...

### Take and Bake Fundraiser

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### of Hinesburg

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## Deadline for our next Issue: January 12, 2023

Send articles to: [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org).

You may also use the drop box at the Giroux home at 327 Charlotte Road to drop off hard copy articles and photographs.

Contact us at [ads@hinesburgrecord.org](mailto:ads@hinesburgrecord.org) for ads or call us at 802-999-2410.

Contact us at [informaion@hinesburgrecord.org](mailto:informaion@hinesburgrecord.org) for general information.

### Deadlines for 2023

Advertisement/News	Publication Date
January 12, 2023 .....	January 26, 2023
February 9 .....	February 23
March 16 .....	March 30
April 13 .....	April 27
May 11 .....	May 25
June 15 .....	June 29
There is no publication date in July	
August 17 .....	August 31
September 14 .....	September 28
October 12 .....	October 26
November 9 .....	November 24
There is no publication date in December	
January 11, 2024 .....	January 25, 2024

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# TOWN NEWS

## Selectboard Highlights

**MERRILY LOVELL, SELECTBOARD CHAIRPERSON**

### Oct. 19 Meeting

The Selectboard appointed Jeffry Daugherty to a Development Review Board Alternate position.

The Selectboard adopted the 2022 Multi-Jurisdictional Hazard Mitigation Plan so we will be eligible for available FEMA funds should the town experience severe damage from natural hazards.

The Selectboard approved the Hinesburg Fire Department request for \$160,000 from ARPA funds for important radio replacements. This is the first spending of ARPA funds the Selectboard has approved. Since using the funds for fire department equipment was high on the list of voters' choices for use of ARPA funds, the board decided to approve this urgent need. The board will carefully consider spending ARPA funds to ensure that they are wisely used for important town needs.

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The Selectboard had a discussion of Town Meeting ballot

# LETTERS

## Letter Policy

*The Hinesburg Record welcomes letters from Hinesburg residents and from others who are involved in issues that affect our town. The opinions expressed in the Letters to the Editor are those of the writers.*

*All letters must be signed. Addresses and phone numbers must also be provided for verification purposes. Addresses and phone numbers will not be published.*

*Letters should be 500 words or less, and we reserve the right to edit based on available space. When possible, letters should focus on local issues. Other forums exist for statewide, national, and international issues.*

*With these cautions, please keep those letters rolling in. Send them via email to [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org), mail them to The Hinesburg Record, P.O. Box 304 or deliver them to the Record drop box on Charlotte Road.*

items. New this year will be three items for voters to consider: appointment of the Town Treasurer instead of being elected; appointment of the Town Clerk instead of being elected; and mailing a notice of the town report with a link to an online copy, as well as having paper copies available at Town Hall, rather than mailing the town report to all addresses.

The Selectboard decided to have the budget voted on as separate articles, similar to the way we have done it in past years.

The Selectboard approved a contract for engineering services with Stantec for the Lantman's Crosswalk/Intersection project.

Town Manager report – Todd reported that the town has received additional funding of \$274,000 for the wastewater treatment facility. Because of various permitting requirements, it may be that construction will be delayed. The architectural firm of Weimann Lamphere is continuing to work on Town Hall and fire station renovation plans. It is hoped that we will be ready to share the history of these projects, where we are now, and cost proposals at a public meeting in November. After that the Selectboard will make decisions on how to move forward.

### Nov. 2 Meeting

The Selectboard will have budget meetings for departments on Nov. 9 and 30, and a regular Selectboard meeting on Nov. 16. On Dec. 7 we will have our regular scheduled meeting, and on Dec. 14 we will have a public meeting devoted to how to spend our ARPA funds. Agendas for these meetings will be posted on Front Porch Forum.

The Selectboard appointed Will Patten to the Economic Development Committee.

By revising the Revolving Loan Fund guidelines, the Selectboard was able to approve a grant for the Kelley's Field II project. We are very happy to be able to support this project, which provides affordable senior housing.

The Selectboard approved a three-year contract with

Richmond Rescue to go from July 1, 2022, through June 30, 2025. The Selectboard has been very pleased with the ambulance service Richmond Rescue has been providing to Hinesburg.

The Selectboard had a first look at the draft Capital Plan. We will look at it again in future meetings.

The Selectboard approved a new liquor license for Bucky's Pub under its new manager.

We have received 6 responses from consultant groups to undertake the Safety Survey we have proposed to understand what Hinesburg needs and wants in terms of safety services. A small committee will look these over and will choose in the next few weeks.

Applications for the new position of Director of Public Works were due on Friday.

After more inspection, a very steep slope was found where our landfill cap needs more work to cover the trash. This will be taken care of.

The work to make the Richmond Road intersection at Texas Hill and North Road a 4-way stop will be undertaken on Nov. 20 and 21.

Surveyors have begun work on the Lantman's sidewalk project.

## Hinesburg Affordable Housing Committee Hosts Forum on ADUs

**BY EMILY MARS RAYMOND, AFFORDABLE HOUSING COMMITTEE MEMBER**

On Oct. 20, Hinesburg residents streamed into the United Church Parish Hall to participate in "The ABCs of ADUs." Hosted by the Hinesburg Affordable Housing Committee, the event featured experts who spoke about the design and building process of accessory dwelling units ("ADUs"), also called in-law apartments.

"ADUs are the single most asked about topic in my office in the last two months," said Hinesburg Zoning Administrator Jim Jarvis.



Jason Barnard (L) speaks to Rocky Martin and Jim Jarvis (R) before the housing forum begins. All photos by Emily Mars Raymond.



Rocky Martin introduces the crowd to the concept of ADUs and talks about his experience building one.



Hinesburg Zoning Administrator Jim Jarvis talks about the town's regulations while Affordable Housing Committee Chairperson Carl Bohlen tends to the Zoom; the meeting was run in hybrid format.

"ADUs are what people are asking about. It's revenue. It's family continuity."

An ADU can be a loft above a garage, a separate building, or part of the main home. To be an ADU, it must have its own sleeping area, kitchen, and bathroom facilities, according to Jarvis. The size of the ADU must also be less than 30 percent of the square footage of the principal residence.

There is growing interest in ADUs because of the housing shortage and the advent of web sites like AirBnB that make it easy to connect homeowners with people seeking short-term rentals. An ADU can generate income for homeowners, or can provide housing for aging parents, family members, and caregivers, according to Hinesburg Affordable Housing Committee member Rocky Martin.

Martin is an expert in his own right. He built an ADU on his property so that he could age in the community he loves while remaining close to his son's family, who now live in the main residence. A short video about his ADU is on the town's web site on the Affordable Housing Committee's page.

Although approval from the Development Review Board is not needed for ADUs in Hinesburg, there are other difficult hurdles to get over, said Jarvis. "The issue of water and wastewater is a major challenge," said Jason Barnard, an engineer with environmental consulting firm Barnard & Gervais.

"We have to prove to the state of Vermont that the septic system has capacity for the people who are there," Barnard said of the water permitting process. That proof can be from well logs, pump tests, and water and soil samples. Barnard estimates that a site visit to evaluate a property's water capabilities runs about \$500 and adjustments to make the site viable for an ADU can vary greatly. The cost can be worthwhile though.

According to AirDNA, a web site that tracks short-term rental data, there are 34 short-term rentals listed on AirBnB and VRBO in Hinesburg and they fetch anywhere from \$100/night for a private suite to \$600+/night for a whole home. In 2021, there were only 20 properties listed.

ADUs are not just money-makers though. According to Chuck Reiss of Reiss Building Renovation, they can be money-savers too. "There are some distinct advantages to ADUs," Reiss said. The smaller footprint and efficient style of the ADU can translate into big energy savings that is better for the planet. Reiss said there are significant financial incentives down the road to building energy-efficient ADUs. He mentioned incentives to install efficient heat pumps and solar systems. "We need to be thinking about affordability for people's utility bills over the next 20 years," Reiss said.

For more information or to view a recording of the forum, contact Hinesburg Affordable Housing Committee Chairperson Carl Bohlen at [larcresdsox@gmavt.net](mailto:larcresdsox@gmavt.net).

### TOWN HALL INFORMATION

**HINESBURG.ORG**

**Town Clerk Office:** Mon.-Fri. 8:00 a.m. -4:00 p.m. Missy Ross, Clerk/Treasurer, [mross@hinesburg.org](mailto:mross@hinesburg.org) 802-482-2281 ext. 1.

**Town Manager's Office:** Mon.-Fri. 8:00 a.m.-4:00 p.m. Todd Oditi, Town Manager, [Toditi@hinesburg.org](mailto:Toditi@hinesburg.org) 802-482-4206. Joy Dubin Grossman, Assistant Town Manager, [jdubingrossman@hinesburg.org](mailto:jdubingrossman@hinesburg.org) 802-482-4207.

**Town Planner Office:** Mon.-Fri. 9:00 a.m.-4:00 p.m. Alex Weinhausen, Planner, [aweinhagen@hinesburg.org](mailto:aweinhagen@hinesburg.org) 802-482-2281 ext. 225.

**Zoning Administrator Office:** Mon.-Fri. 12:00 p.m.-4:00 p.m. and by appointment. Jim Jarvis, Zoning Administrator, [jjarvis@hinesburg.org](mailto:jjarvis@hinesburg.org) 802-482-4213.

**Assessor's Office Hours:** Mon. 8:30 a.m.-11:30 a.m., other hours by appointment. Lisa Truchon, VMPA - NEMRC/Assessor, [assessor@hinesburg.org](mailto:assessor@hinesburg.org), 802-482-2281 ext. 228.

**Hinesburg Recreation Office:** Mon.-Thurs. 8:30 a.m.-4:00 p.m. Jennifer McCuin, Recreation Coordinator, [hinesburgrec@gmavt.net](mailto:hinesburgrec@gmavt.net), 802-482-2281 ext. 230.

### OTHER INFORMATION

**Recycling & Trash Drop-Off Centers:** Hinesburg, 907 Beecher Hill Rd., Sat. 8 a.m.-3:30 p.m. Williston, Redmond Road; Mon.-Sat. 8:00 a.m.-3:30 p.m. [CSWD.NET](http://CSWD.NET).

**Environmental Depot:** 1011 Airport Parkway, South Burlington. Weds., Th., Fri., 8:00 a.m.-2:00 p.m.; Sat. 8:00 a.m.-3:30 p.m. 863-0480.

**Hinesburg Community Resource Center:** 51 Ballards Corner Road. Shannon Wheeler, Executive Director, [wheeler@hinesburgresource.org](mailto:wheeler@hinesburgresource.org), 802-482-4946. Alex Konciewicz is the contact for **Friends of Families**, and she can be reached at the same number or at [konciewicz@hinesburgresource.org](mailto:konciewicz@hinesburgresource.org). **Hinesburg Food Shelf** hours are Fri. 10:00 a.m.-12:00 noon. Tues. 5:30-7:30 p.m. [HINESBURGRESOURCE.ORG](http://HINESBURGRESOURCE.ORG)

**United States Post Office Hours:** Window: Mon.-Fri. 8:00 a.m.-4:30 p.m., Sat. 8:00 a.m.-12:00 noon. Lobby & Box Access: 24/7. 802-482-2292.

**Hinesburg Community School:** 10888 Route 116, 802-482-2106, [CVSDVT.ORG/DOMAIN/9](http://CVSDVT.ORG/DOMAIN/9) for cafeteria menu, staff directory, department and team info, calendar, etc.

**Champlain Valley Union High School:** 369 CVU Road, 802-482-7100, [CVSDVT.ORG/DOMAIN/12](http://CVSDVT.ORG/DOMAIN/12) for calendar, staff directory, student portal, etc.

**Carpenter-Carse Library:** 69 Ballards Corner, 802-482-2878, [CARPENTERCARSE.ORG](http://CARPENTERCARSE.ORG) for library hours, services, and online resources.

**Connecting Youth:** Chittenden South community-based organization dedicated to creating a safe and healthy environment for young people. [SEEWHY.INFO](http://SEEWHY.INFO)



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## LEGISLATIVE

### Senate Update: Thank You, Veterans, Health, Housing

BY KESHA RAM HINSDALE,  
STATE SENATOR, CHITTENDEN  
SE DISTRICT

Thank you for returning me to Montpelier alongside Sens. Ginny Lyons and Tom Chittenden. I am honored to represent you for another term in the State Senate. Our new Chittenden Southeast District saw the highest voter turnout of any district in the state, so thank you for heading to the polls and making your voice heard.

As your senator, I pledge to continue to work to lower the cost of childcare, create more accessible and affordable housing, support small businesses, build a green economy to benefit all Vermonters, and strengthen our democracy.

A special note of appreciation

to our veterans and their families for your sacrifices. With a grandfather who received a Purple Heart in WWII, I will always do what I can to support our veterans and service members. I was proud to receive recognition from the Department of Defense for introducing successful legislation to support in-state tuition for veterans and for creating Purple Star School designation for K-12 schools that help military families adjust and achieve academic success.

Now, a few (hopefully) helpful announcements about health care enrollment, affordable internet, and support for first-generation homebuyers.

Health Care Enrollment: The application period to enroll or change health and dental plans through Vermont Health Connect is now open. Signing up by Dec. 15 ensures you are covered for 2023. To sign up, visit [info.healthconnect.vermont.gov](https://info.healthconnect.vermont.gov) or call 855-899-9600 to create an account and determine eligibility for subsidies.

Internet Access: The Affordable Connectivity Program is a federal program that provides \$30 per month toward internet for eligible households who are low income; receive assistance from programs such as SSI, SNAP, or WIC; or were a recipient of Pell Grant during the current award year. For eligibility and enrollment, please visit [publicservice.vermont.gov](https://publicservice.vermont.gov) or call 877-384-2575.

First-Generation Homebuyers: The Vermont Housing Finance Agency is launching the First Generation Homebuyer Program – which I was proud to introduce and champion in the Senate – to assist more Vermonters afford their first home. This program provides a 15K grant and can be combined with VHFA ASSIST for a cumulative total of 25-30K toward a down payment and closing costs.

To qualify, borrowers and non-borrowing spouses must be first-time homebuyers. In addition, the parents or legal guardians of one borrower may not currently own a home. However, this caveat does not apply if one borrower has been placed in foster care at any time in their life. Other credit, income, asset, and property eligibility re-

quirements apply. All eligible Vermonters are encouraged to apply via [vhfa.org](https://vhfa.org), calling 802-864-5743, or by contacting a VHFA First Generation Homebuyer Program participating lender directly to see if they qualify. Funding is available on a first-come, first-served basis while funds last.

As always, if there is any way I can assist you, please don't hesitate to reach out. It is a privilege to represent you in the State Senate!

### Congresswoman-Elect Becca Balint's Victory Remarks

FROM BECCA BALINT  
PRESS RELEASE

Hello, Vermont! Thank you, Vermonters! Thank you for your vote. Thank you for your confidence in me. Thank you for giving me this incredible honor and opportunity to serve the state that I love so much.

I just received a phone call from Liam Madden conceding the election. I want to thank Liam for his candidacy, and for his service to this country. We share a deep commitment to Vermont, and I hope to continue working with him going forward.

Tonight we reaffirm that Vermont, and this nation, is still a place where anything is possible. We're still capable of change and progress. Tonight, after 231 years, Vermonters are sending a woman to Congress for the first time.

Thank you to my incredible campaign team for all your hard work and hustle. Thank you to my fantastic campaign manager, Natalie Silver, and to everyone on my team that got me to this place. To the best team in politics, I will never forget the enormity of your efforts, your hope and faith, and your deep commitment to this movement and to this state.

And thank you most sincerely to my close advisor and friend, Julia Barnes, for believing in me and helping me to believe that it was possible for all of us to do this amazing thing together. We did it! Honestly, it's still sinking in.

And of course, above all, thank you to my family. My parents, my siblings and extended family members. And most of all thank you to my spouse, Elizabeth Wohl, and to our two kids. We've always said to each other that running for Congress was a Family Project. And it really is. The three of you have made great sacrifices to get me to this place. Being a political leader can be very lonely at times. But the work is not done alone; it takes a support team. Team Balint-Wohl – you are always my rock and my refuge.

I've said over and over on this campaign that this is a time for courage.

I know many of us feel like we are in dark times. And it can be easy to feel cynical about our politics. But if we had believed the conventional wisdom, if we had believed that change was impossible, I would not be here tonight. So please take note, and take heart: Vermont is a place where kindness, integrity, and courage matter. Vermont is a place where the daughter of an immigrant and a working class mom can become the first woman and first gay person to represent Vermont in the US House of Representatives.

There are so many brave women leaders who gave me courage and hope over my lifetime. Those strong women who have come before me and helped to make the impossible feel a little more possible. Incredible women like Shirley Chisholm, Ann Richards, Bella Abzug, Geraldine Ferraro and someone whom you may not have ever heard about. I want to bring the name of Elaine Noble into the room with us today. Elaine Noble was the first openly gay candidate elected to a state legislature. Her election to the Massachusetts House of Representatives in January of 1975 was groundbreaking and so incredibly brave. She faced so much hatred and discrimination. Thank you, Elaine Noble, for being courageous and helping to carve out a place for our community in politics.

Another hero of mine is Congresswoman Barbara Jordan. She was the first black woman elected to the Texas senate and the first black woman from the South elected to the United States House of Representatives. She said of our

nation:

"We are a people in a quandary about the present. We are a people in search of our future. We are a people in search of a national community."

I've been all over this state during this campaign, and everywhere I go, and every time I turn on the news, I hear people saying the same thing.

They say, "Becca, I don't want to be afraid of my neighbors anymore. Becca, I just want to be able to talk to my neighbors."

We cannot continue to demonize each other. Because if we stop and really see one another, we see how much we share, even with those who have been hateful or unkind. Every parent worries about the future for our kids, every working family is anxious and uncertain about how to make ends meet. We're afraid for our planet. We're afraid for the freedoms that we hold so dear.

And those fears are justified. What's at stake right now, in this election, and in the next two years is our access to the very tools that we can use to find sensible answers to those fears. And so yes, this is a time for courage.

This is a time for leaders who are courageous enough to say that our politics don't work for regular people.

This is a time for leaders to fight for our right to vote as hard as they fight to get re-elected.

This is a time for us to end the policies that fuel corporate greed. This is a time for us to rebuild the middle class.

This is a time to say that affordable healthcare and stable housing for all Americans will make us a stronger nation, not a weaker one.

But most of all, your challenge, my challenge, the challenge for all of us, is to have the everyday courage that knits this nation together. Let's listen deeply to people who disagree with us – not so we can argue with them, but so we can truly understand them. Let's have the courage to listen with compassion, and to speak with conviction. Let's have the courage to know what's non-negotiable.

But let's also have the courage to admit it when we might be wrong, or when we might

change our minds if we have more information.

A lot of Vermonters have asked me why I still have hope. Why am I running for Congress at this dark time? Why am I hopeful despite all the obstacles, despite all the darkness?

I'm hopeful because of Shirley Chisholm, and Bella Abzug. I'm hopeful because of Ann Richards, and Geraldine Ferraro, and Elaine Noble. I'm hopeful because of Barbara Jordan. And all the courageous leaders who have come before me.

I'm hopeful because I never thought I would be standing here tonight. I am only here tonight because of the thousands of people who made phone calls, and knocked on doors. I am here because of the people who gave their hard earned \$5, \$15, and \$20, because of the conversations they had with their neighbors. And in a time of such deep division and cynicism, we showed the power of hope, belief in one another, and the strength of a true grassroots movement. A joyful movement.

I ran for a Windham County Senate seat for the first time because I refused to accept that in the richest country in the world, hard-working families in Brattleboro, Vt., couldn't make ends meet. I ran because I saw how my middle school students struggled when they had a parent suffering from substance use disorder or when they didn't have stable housing. I ran because I believed that we, collectively, could make people's lives better.

When we started out in this Congressional race, we were down in the polls, had very little money and few endorsements, but we never ever stopped believing in the power of people when they stand together.

This campaign proves again, that incredible power. The power when we come together with joy and conviction and purpose.

I know Vermonters believe politics can be different. It can be about making life better for all of us, and not about protecting the power and privilege of a few.

And I give you my word here tonight that I will not back down in Washington. I will carry your hopes and wishes with me. I will stay rooted in our communities here in Vermont and I will

work for our most vulnerable neighbors every single day. And I will be able to do this because I know you will be working along with me and supporting me in this work.

For climate action. For universal healthcare. For livable wages. For reproductive rights. For safety for queer and trans people. For racial equity, and commonsense gun laws. For families across this state who want a better life for their kids and grandkids.

For a nation as good as its promise.

Have courage. Stand firm. Be compassionate. Find hope and nurture it. We need this of each other. Our nation depends on this. Our future depends on this.

We must give each other courage and do this work together. Thank you!

## CSWD

### CSWD MRF Receives Overwhelming Support

*More than 80 percent of voters in favor*

BY ALISE CERTA, MARKETING & COMMUNICATIONS MANAGER

On Tuesday, Nov. 8, Chittenden County voters approved authorization for the Chittenden Solid Waste District to issue general obligation bonds to fund a new Materials Recovery Facility (MRF) to sort and process recycling from Chittenden County and beyond. The initial results showed more than 80 percent in favor of the MRF ballot initiative. These results will be certified in the coming days.

"When it comes to conserving natural resources, Vermonters step up to do what's right," said Sarah Reeves, CSWD's Executive Director. "We want to thank the voters of Chittenden County for supporting this important bond initiative that will allow Vermonters to recycle more. The new MRF will be more efficient and effective, providing meaningful environ-

*continued on page 6*



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## POLICE

**October 13:** 4:52 p.m. A citizen was assisted with fingerprinting for employment purposes.

**October 14:** 12:56 p.m. Suspicious circumstances on Oscar's Lane were investigated.

1:11 p.m. Suspicious circumstances on Orchard Hill were investigated.

3:30 p.m. An officer responded to a two-car motor vehicle crash on CVU Road.

**October 17:** 8:45 a.m. An officer responded to a reported overdose on Postiche Lane.

6:05 p.m. Officers responded to Silver Street for a motor vehicle striking a deer.

6:56 p.m. Officers responded to Hollow Road for a juvenile issue.

**October 18:** 1:52 p.m. A fraud was reported and investigated.

2:25 p.m. A welfare check was conducted at a residence on Route 116.

3:35 p.m. Suspicious circum-

stances reported on Abani Drive were investigated.

**October 19:** 3:30 p.m. Officers assisted the Humane Society with removing animals from a residence on North Road.

4:40 p.m. A fraud was reported and investigated.

5 p.m. An alarm activation on Commerce Street was investigated.

**October 20:** 4:08 p.m. A welfare check was conducted at a residence on Route 116.

5:45 p.m. Officers investigated the report of suspicious activity at a residence on Route 116.

6:05 p.m. A fraud was reported and investigated.

**October 22:** 5:54 p.m. An animal complaint on Fern Road was investigated.

**October 23:** 6:48 p.m. An animal complaint on Hillview Terrace was investigated.

8:25 p.m. A citizen was assisted with a custody issue.

have made a real, tangible difference in our state and for our planet by voting in favor of this critical infrastructure for Vermont's recycling."

## Secure Your Load! Please Don't Litter

In an effort to curb roadside litter, we ask that you please transport your load in a manner that will prevent material from falling or blowing off your vehicle.

Unsecured loads contribute to roadside litter and can also pose a hazard to motorists, bicyclists and pedestrians.

Secure your load – it's the right thing to do and it's the law!

## Ask the Expert – Tires

### Question of the month:

I just changed over to my winter tires and have to get rid of my summer tires. Where do I

**October 24:** 9:20 a.m. A citizen was assisted with a VIN verification.

12:50 p.m. An officer responded to a domestic dispute at a residence on Route 116.

2:20 p.m. A motor vehicle complaint on Route 116 was investigated.

4:54 p.m. An animal complaint on Fern Road was investigated.

8:52 p.m. A suspicious vehicle parked on Commerce Street was investigated.

**October 25:** 8:05 a.m. Officers assisted a disabled vehicle on Charlotte Road.

9:40 a.m. A citizen was assisted with fingerprints for employment purposes.

11:07 a.m. A citizen was assisted with a civil issue.

3:30 p.m. An officer investigated a single car crash on Richmond Road.

**October 26:** 7 p.m. An animal complaint on Silver Street was investigated.

**October 27:** 6:54 a.m. A 911 hang-up on Sherman Hollow

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Road was investigated.

8:54 a.m. Officers investigated a stolen car from a residence on Richmond Road.

10 a.m. Officers responded to CVU to assist staff there with a student issue.

10:37 a.m. Suspicious circumstances on Route 116 were investigated.

8:11 p.m. An officer assisted first responders with a medical issue on Kelley's Field.

9:40 p.m. Suspicious circumstances on Shelburne Falls Road were investigated.

**October 28:** 11 a.m. Damage to a motor vehicle on Route 116 was investigated.

4:25 p.m. Court paperwork was served to a resident on Oscar's Lane.

**October 31:** 3:54 p.m. An officer investigated the report of an assault which occurred on Ballard's Corner Road. One individual was cited with simple assault and aggravated disorderly conduct.

**November 1:** 9:15 a.m. Suspicious activity on North Road was investigated.

10:40 a.m. A welfare check was conducted on Place Road West.

12:25 p.m. Suspicious activity on Texas Hill Road was investigated.

1:03 p.m. An officer investigated the report of illegal dumping on Texas Brook Road.

7 p.m. An officer responded to CVU to investigate a reported theft of property.

**November 2:** 6:12 a.m. An alarm activation at CVU was investigated.

12:15 p.m. An officer assisted a citizen on Kozas Run with a civil issue.

4:08 p.m. Officers responded to a two-car motor vehicle crash on Silver Street.

7:41 p.m. Officers responded to the report of an intoxicated individual on Richmond Road.

7:58 p.m. A welfare check was conducted on North Road.

**November 3:** 6:30 p.m. A welfare check was conducted on Shelburne Falls Road.

10 p.m. Officers investigated suspicious circumstances on Farmall Drive.

10:08 p.m. Officers investigated suspicious circumstances at a residence on Route 116.

**November 4:** 6:45 p.m. Found property was turned in and returned to the owner.

8:15 p.m. An officer assisted the Shelburne Police Department with a traffic hazard on Route 116.

**November 6:** 8:53 a.m. A 911 hang-up on Wile Street was investigated.

**November 7:** 9:37 a.m. A fraud was reported and investigated.

2:08 p.m. A fraud was reported and investigated.

2:45 p.m. Officers investigated suspicious activity reported on Silver Street.

3:50 p.m. An officer investigated the report of a missing individual.

**November 8:** 2:30 p.m. A traffic stop was conducted on Route 116. The operator was arrested for driving with a criminally suspended license.

Hinesburg Fire Department responded to 30 calls in October.

## FIRE DEPARTMENT

### Halloween Party

It was great seeing everyone for the return of our Halloween party. Looking forward to next year!

Thank you to the Hinesburg Boy and Girl Scout troops for carving pumpkins for our Halloween party. And thank you to our sponsors: Lantman's Market, Vermont Smoke and Cure, National Bank of Middlebury, Element Nail

Salon, Guillemette Farm Stand, Papa Nick's, and Aubuchon Hardware. Pictures of the party at the Fire Station are on the next page.

### Annual Food Drive

We would like to thank everyone who donated to our annual food drive for the Hinesburg Community Resource Center.

*continued on page 8*

# You need to get rid of

# armoire

# zucchini

# gasoline & oil

# leaves

# wedding cake

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Photos from the HFD Halloween Party

## ► Fire Department

*continued from page 7*

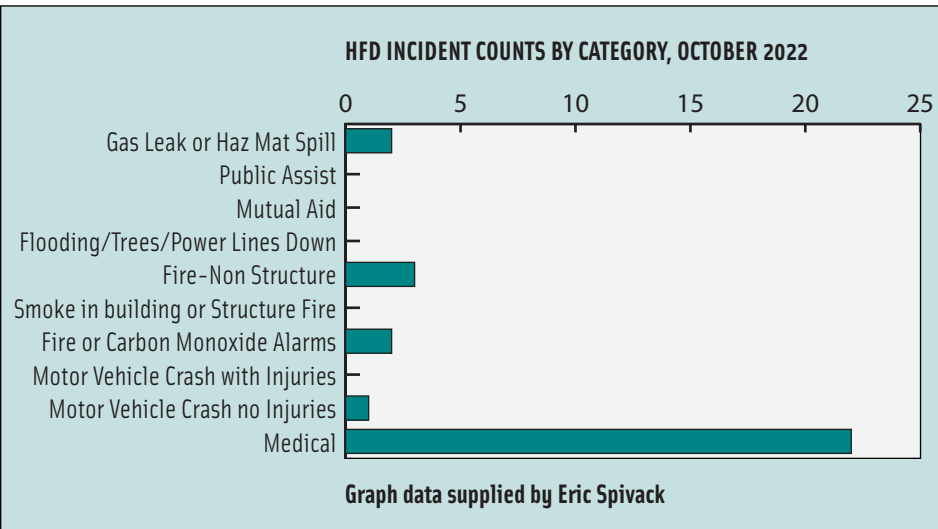
Through your generosity, we collected 1,686 lbs. and \$600.

## Call Log

There were 22 EMS calls and 17 patients transported.

**Oct. 1:** 6:23 p.m. Fire alarm sounding on Hawk Lane caused by burnt food.

**Oct. 6:** 9:32 p.m. Mobil station for approximately two-gallon gas spill.



HFD responded to 30 calls in October.

\*an example of a non-structure fire would be a telephone pole, car, or grass/brush fire.

**Oct. 7:** 5:07 p.m. North Rd for a car fire. The vehicle was behind the residence, away from any structures. On arrival, the vehicle engine and cab were fully involved. HFD was on scene approximately 30 minutes extinguishing the fire.

**Oct. 13:** 10:09 a.m. Hinesburg Post Office for an odor investigation. No cause or odor found.

**Oct. 14:** 6:20 p.m. Hillview Terrace for an illegal burn.

**Oct. 19:** 5:47 a.m. Responded to the area of 7144 Route 2A, St. George, for a motor vehicle crash. On arrival, HFD located a pickup truck in the ditch. It was reported the occupant had fled the scene.

**Oct. 22:** 10:43 a.m. Residential fire alarm on Isham Road. Dispatch advised HFD they received a call from the homeowner that they were testing the alarms. HFD cancelled our response prior to leaving the station.

**Oct. 27:** 4:03 p.m. Responded to Mechanicsville and CVU roads for a smoke investigation. The cause was a controlled burn.

Follow us on Facebook at HinesburgFireDepartment

Be sure to visit our website [hinesburgfd.org](https://hinesburgfd.org).

## BUSINESS

### Battery Programs Reduce Costs for GMP Customers

FROM GREEN MOUNTAIN POWER PRESS RELEASE

Green Mountain Power's home battery programs help to reduce costs for all GMP customers — even those without batteries. GMP offers customers a few ways to get seamless, clean-energy backup power for your home through batteries. They provide backup power when you need it, and help to reduce costs for all GMP customers when you're not using them. Last year, energy from more than 4,000 home batteries combined with energy from GMP's utility scale batteries to reduce more than \$3 million for customers.

How does it work? Customers with batteries share some stored energy during peak use times on the grid, like heat-waves. That lowers costs for all, and carbon emissions, too (peak times are when energy is most expensive and dirtiest). If there's severe weather, the home batteries switch on seamlessly to prevent an outage at

home, so power stays on even if the grid is damaged.

You can check out the home battery programs online at: [greenmountainpower.com/rebates-programs/home-energy-storage](https://greenmountainpower.com/rebates-programs/home-energy-storage).

## Financial Focus:

### COLA is sweet for Social Security recipients

FROM PRESS RELEASE

If you receive Social Security, you've probably already heard that your checks in 2023 will be bigger — considerably bigger, in fact. How can you make the best use of this extra money?

Here's what's happening: For 2023, there's an 8.7% cost-of-living adjustment (COLA) for Social Security benefits — the largest increase in 40 years. Also, the monthly Medicare Part B premiums are declining next year, to \$164.90/month from \$170.10/month, which will also modestly boost Social Security checks for those enrolled in Part B, as these premiums are automatically deducted.

Of course, the sizable COLA is due to the high inflation of 2022, as the Social Security Administration uses a formula based on increases in the

Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W). So, it's certainly possible that you will need some, or perhaps all, of your larger checks to pay for the increased cost of goods and services. But if your cash flow is already relatively strong, you might want to consider these suggestions for using your bigger checks:

- Reduce withdrawals from your investment portfolio. When you're retired, you will likely need to withdraw a certain amount from your portfolio each year to meet your expenses. A boost in your Social Security may enable you to withdraw less, at least for a year. This can be particularly advantageous when the markets are down, as you'd like to avoid, as much as possible, selling investments and withdrawing the money when investment prices are low. And the fewer investments you need to sell, the longer your portfolio may last during your retirement years.
- Help build your cash reserves. When you're retired, it's a good idea to maintain about a year's worth of the amount you'll spend from your portfolio in cash, while also keeping three months' of your spending needs in an emergency fund, with the money kept in a liquid, low-risk account. Your higher Social Security checks could help you build these cash reserves. (Also, it's helpful to keep another three to five years' worth of spending from your portfolio in short-term, fixed-income investments, which now, due to higher interest rates, offer better income opportunities.)

- Contribute to a 529 plan. You could use some of your extra Social Security money to

contribute to a tax-advantaged 529 education savings plan for your grandchildren or other family members.

- Contribute to charitable organizations. You might want to use some of your Social Security money to expand your charitable giving. Your generosity will help worthy groups and possibly bring you some tax benefits, too.

While it's nice to have these possible options in 2023, you can't count on future COLA increases being as large. The jump in inflation in 2022 was due to several unusual factors, including pandemic-related government spending, supply shortages and the Russian invasion

of Ukraine. It's quite possible, perhaps even likely, that inflation will subside in 2023, which, in turn, would mean a smaller COLA bump in 2024.

Nonetheless, while you might not want to include large annual COLA increases as part of your long-term financial strategy, you may well choose to take advantage, in some of the ways described above, of the bigger Social Security checks you'll receive in 2023. When opportunity knocks, you may want to open the door.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones. Member SIPC.*

## LIBRARY

### Library Hours

Monday and Saturday: 10 a.m. to 3 p.m. Tuesday through Friday: 10 a.m. to 7 p.m.

Phone: 802-482-2878

Address: 69 Ballards Corner Road, Hinesburg, VT 05461

Web Site: [carpentercarse.org](https://carpentercarse.org)

## Library News

Welcome December! It's a season filled with dark nights, warm gatherings, and thankfulness. We are grateful to be your community library. Books arriving in December include Jane Smiley's newest, *A Dangerous Business*, M.C. Beaton's *The Devil's Delight*, S.A. Cosby's *My Darkest Prayer*, and *Stella Maris*, the latest book from Cormac McCarthy.

If there are avid readers in your life, we encourage you to check out our in-house book sale, which features like-new and lightly used hardcovers and paperbacks for adults and children at very reasonable prices. It's a great place to find a good stocking stuffer for the bookworm in your life. We also have a collection of vintage postcards for sale.

Read on for all the exciting programs we have on tap this month. The library will be closed on Dec. 24, 25, and 31, in observation of the holidays.

## Adult Programs

To register for any of the below adult programs and/or to get

necessary Zoom links to join email [rachel@carpentercarse.org](mailto:rachel@carpentercarse.org). Check the library website for the latest on if the below programs will be taking place virtually or in-person at the library.

**Mondays, Dec. 5, 12 and 19, 10 a.m.-noon: Join Hands and Needles crafting group.** Enjoy a morning of creativity and conversation with Hands and Needles. Bring whatever project you are working on — quilting, knitting, embroidery, etc.

**Thursday, Dec. 1, at 6 p.m.: Folk Jam.** Live music with Songfarmers of Hinesburg

**Thursday, Dec. 8, at 6 p.m.: Film Club with Larry Parker.** Join fellow movie enthusiasts for a discussion and screening.

**Wednesday, Dec. 14, at 10:30 a.m.: Morning Book Group** discussion of *Death Below Stairs* by Jennifer Ashley.

**Thursday, Dec. 15, at 6 p.m.: Circle Sing with Jody Albright.** (Recent negative covid test or mask required. This event is indoors. \$5-10 suggested donation.)

**Monday, Dec. 19, at 7 p.m.: Year's-End Trivia.** Contact Rachel for the zoom link to register.

## Youth Programs

**Weekly Storytime:** Join the fun and learning on **Tuesdays, Dec. 6, 13, 20, and 27 at 9:30 a.m.** for picture books, songs, *continued on page 10*

Have an ad? email [ads@hinesburgrecord.org](mailto:ads@hinesburgrecord.org).

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## Library

*continued from page 9*

movement, and rhymes that are designed to promote early language, fine motor, and pre-literacy skills in a friendly environment. We will meet for Storytime in the community room each week unless we have a spell of warm, dry weather and can plan to hold Storytime on the lawn next to the library. Each week we will finish up Storytime with snacks, coffee for the adults, a simple craft or sensory activity, and book browsing. Storytime is designed for babies, toddlers, and preschool/kindergarten-aged children and their caregivers, and no registration is required.

**Afterschool Family Movie:****Friday, Dec. 2, 3:15-5 p.m.**

Join us for a cozy December afternoon of popcorn, friends and a movie. Our community room will be set up so participants can build with LEGOs while watching the movie. This is an event for parents and kids, and no registration is required.

**Children's Interactive Puppet Workshop**

based on Jan Brett's

*The Mitten* Wednesday, **Dec. 7,****2:15-3:45 p.m.** Educator Peg

Jarvis will help us make our

own puppets and recreate the

traditional tale of *The Mitten*

(retold by Jan Brett) in this fun,

hands-on workshop and puppet-

show. For children in grades

K-4, Registration required.

Email [jen@carpentercarse.org](mailto:jen@carpentercarse.org)

to sign up.

**LEGO Club Holiday Party:****Wednesday, Dec. 14 at 2:15-****3:30 p.m.** Children in grades

K-4 are invited to join us for an

afterschool pop-up LEGO Club.

We will have a holiday snack

and work together or individu-

ally on holiday-themed LEGO

challenges that can be on dis-

play in the library throughout

the holidays. If you would like

to sign up, please email [jen@carpentercarse.org](mailto:jen@carpentercarse.org)**Monthly Craft Club: Friday,****Dec. 16, 3:15-4:30 p.m.**

Students of all ages can sign up

to join us for this monthly after-

school craft club. Each month

we have been learning about

and creating a different sea-

sonal craft, discussing seasonal

book recommendations and ac-

tivities for this age group, and

enjoying a snack with cocoa. To

sign up, email [jen@carpentercarse.org](mailto:jen@carpentercarse.org) or stop by the circula-

tion desk.

## COMMENTARY

## A Model for Vermont Healthcare

BY BILL SCHUBART

The Vermont healthcare system, infrastructure, and vision are broken, and Vermonters of all economic strata are the losers.

The soul of the system is fine if you can afford it or access it when you need it. That is, the quality of care provided by medical staff from nurses to nurse-practitioners to physicians' assistants to doctors is generally good.

But a major legal tenet of healthcare is "standard of care," which is early diagnosis and treatment. If a Vermonter can't afford or get timely access to care, the existence of a healthcare system is meaningless to them. I have several male friends who, between their entry into the system seeking help and an eventual diagnosis of late-stage prostate cancer, waited from eight to 13 months because appointments were so hard to come by. What if any is the healthcare system's liability?

Failure to address such a critical statewide problem trickles down from the top. While having proven himself a solid crisis manager during the pandemic, Governor Scott is not by nature one to address complex strategic issues and has not used his leadership voice to address and correct system failures at the policy and regulatory levels.

Instead, he has focused on his "affordability agenda," a false economy since it continues to generate cost-inefficient healthcare expenses at the remedial level. Our out-of-scale investments in curing sick people and our willful resistance to adequately funding mental health and addiction treatment, prevention, education and regulation are filling our emergency rooms and our jails. There is no more expensive way to fund population health.

Our failures elsewhere are integral to our failures in healthcare. A world authority on healthcare, Don Berwick M.D. states in his classic "moral determinants of health":

"Circumstances outside health care nurture or impair health... most hospitals and physician offices are repair shops, trying to correct the damage of causes collectively denoted 'social determinants of health.' Shift some substantial fraction of health expenditures from an overbuilt, high-priced, wasteful, and frankly confiscatory system of hospitals and specialty care toward addressing social determinants instead."

Here in Vermont, poverty, expressed as lack of access to housing, adequate nutrition, physical, dental and mental healthcare, substance abuse treatment, early childcare, and a non-toxic environment, all contribute to stressors that produce the sicknesses that sustain our hospital businesses.

We must move our investment upstream to education, prevention, and serious regulation of pharma and the chemical and industrial food industries if we want to improve population health. That's the only way to reduce the chronic diseases that drive so much healthcare expense now.

The Legislature tries hard, but with little policy and research support and a two-year window for action and a one-year budget cycle, they can do little more than tinker around the edges of a floundering behemoth, making it more expansive and expensive.

In theory, a governor would convene knowledgeable voices and stakeholders to derive a consensus and form a vision for population health in Vermont. This vision would inform and integrate all agency initiatives across state government.

The Vermont Dept. of Health (DOH) is a public health agency. Their obligation does not rise to ensuring "population health" or setting policy as it relates to designing a functional healthcare system, but rather focuses on protecting and promoting Vermonters' health as it relates to clean air and water, environmental hazards, immunizations, stop smoking/drug abuse initiatives, safe-driving initiatives like seatbelts and infant car seats, and collecting mortality data. They are neither funded nor equipped to envisage and

deploy an effective and cost-accessible healthcare infrastructure from physician offices to clinics, hospitals, and nursing and residential care facilities.

**So, who does own the vision and set policy for healthcare infrastructure in Vermont?**

Today, it's a legally non-profit sprawl of free-market businesses.

The Green Mountain Care Board (GMCB) should regulate healthcare infrastructure based on healthcare policy. But that is a vision we have yet to articulate. The lack of a boundary between policy and regulation and the necessity that they come from different agencies muddles the GMCB's understanding of its role today.

Furthermore, the medical profession's "guild mentality" segregates physical from mental care, as well as from dental care and treatment, even as established research and brain imaging have shown scientifically that they're integrated physiologically.

By way of example:

Periodontal disease causes congestive heart failure.

Erythrocyte sedimentation rate (ESR) and C-reactive protein (CRP) inflammation tests show us how psychological stress, anxiety, depression and other mental health conditions compromise the immune system and open the way for chronic disease.

We must finally lay to rest the self-serving falsehood that these are distinct channels of healthcare and move to a fully-integrated system that supports population health.

A Model for Healthcare Delivery in largely rural Vermont:

Deploy a spectrum of services running from sole practitioners to small group practices to community health centers including federally qualified health centers (FQHCs) to critical-access community hospitals to secondary-care hospitals like Rutland, Berlin, Copley, and Southwest, and finally to our two tertiary-care hospitals, UVM and Dartmouth.

Of Vermont's 14 hospitals, of which eight are critical-access hospitals, we probably only need six geographically-dis-

persed hospitals and trauma-service ERs with allocated specialty practices such as dialysis and joint replacement. The others can be repositioned as expanded community health centers with a broad focus on access, urgent care, diagnostics, chronic-disease management, nutrition and mental health counselling, dentistry, prevention, and education. The Health Center in Plainfield is a fine example of such a rural healthcare delivery facility.

A patient's point of entry would be based on symptomatic acuity, the first best choice in non-traumatic injury being a local primary-care facility. Major trauma cases would be air- or surface-ambulance to a tertiary-care trauma center. True cost-effective care and timely access are achieved by directing patients to local services from whence they can be referred up the system to more sophisticated services based on diagnosed acuity. Emergency rooms should be used only for true emergencies, not for primary care.

**Telemedicine for certain presenting systems can add system capacity.**

There's also strong evidence on the effectiveness of self-care interventions in the fields of communicable diseases, non-communicable diseases, mental health, and sexual and reproductive health and rights. Guidelines exist covering conditions including depression, drug and alcohol use, stress management, migraine, hypertension, coronary heart disease, and HIV, among others.

And emerging capabilities in artificial intelligence (AI) combined with electronic health record (EHR) systems may help address data-entry accuracy and the need for more doctor-patient time together.

In summary, I'm increasingly convinced that investing in alleviating the stressors that we as a society continue to tolerate is our most cost-effective, long-term approach to healthcare – we already know there's enough money invested in treating the dire results of these stressors to fund most of these societal needs.

Upstream investments in healthcare education, prevention, regulation, primary care, mental health, chronic disease manage-

ment, addiction prevention and recovery will reduce the staggering sums we spend on fixing sick people, often with mediocre outcomes.

A national program of universal healthcare is ultimately the only way to reduce the \$4.1 trillion or \$12,530 per person we now spend annually on healthcare. Here in Vermont we spend \$6.5B or \$10,442 per Vermonter – not that much less than the \$8B annual budget for the entire state of Vermont. No other country in the world spends what we spend on a healthcare system that produces outcomes ranked 28th in the world.

## Hinesburg Herd Rallies to Urban Sculpture

BY ROGER DONEGAN

After decades of hearing the proverbial annual announcement by the City of Burlington that a restart of the Southern Connector highway project was imminent, there's now a \$45-million contract and we have lift off. It didn't start with a bang. Using the reconfigured project's more home-grown title, one headline this spring still made it sound tenuous: "Champlain Parkway Construction Could Begin in July After Council Approves Contract" (*Seven Days*, Courtney Lamdin, April 25, 2022). Since the swath of the predominantly north-south route held in abeyance from development since the mid-60s remained a long stretch of no man's land between fringe neighborhood streets on the east side and an obscure railroad right-of-way on the west side. The last obstructions to fall, the subject of the most recent eleventh-hour legal challenge, were impenetrable thickets of trees.



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Road construction activity became obvious to passersby on Home, Flynn, and Lakeside avenues this summer. Because the Champlain Parkway construction project concept truly passed from Middle-earth realm to reality, I wanted to see just what vistas a completed parkway offered.

**So I walked its path from Queen City Park Road to Lakeside one Sunday.**

The rough finished formerly constructed highway section has a post-apocalyptic look, where creeping juniper tendrils cover what concrete and asphalt it couldn't penetrate by root. Features of an improvised but abandoned skateboard park include half pipes footed against Jersey barriers. Future car passengers won't have a clue where they are on this curving section of previously built parkway. It sweeps into Burlington between sound-suppressing embankments which block views. A real surprise, though, will be pass-

ing close under an overhang of richly colored Burlington Red Rock outcropping.

Gaining Home Avenue, then Batchelder Street, on a walk on the north-south parkway alignment now after the start of frenzied construction activity, a familiar business or two come into view, first Petra-Cliffs. Eventually one comes up alongside the back parking lot of the South End Co-

*continued on page 12*

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PT

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## ▶ Commentary

*continued from page 11*

op Market Store. There the wide-open area at Flynn Avenue creates a “crossroads” or an impromptu plaza-like atmosphere. The light but steady traffic bumping over the unfinished roadbed here is further slowed by traffic control measures of the day. Among the vehicles passing west toward Oak Ledge Park and eastward back up toward Pine Street is a steady trickle of sightseers pulling off into the new Howard Center 208 lot intent on grabbing a “selfie” with the increasingly popular file cabinet sculpture tower by Bren Alvarez. The initial title, “File Under So. Co., Waiting for...”, is a mouthful. So. Co. was short for Southern Connector. Today the file cabinet sculpture is simply called “File Under.”



*File Under Sculpture by Bren Alvarez on Flynn Ave in Burlington.*

a perfectly straight-backed free-standing stack of 11 weathered file cabinets invoking a bottomless void of file storage capacity almost sums it up.

***Almost, because “File Under” was created just this way with 38 drawers in 2002.***

Although worthy of additional cabinets for the delays since 2002, none have been added. Because the centerpiece-like sculpture was actually placed on the future centerline of the parkway, it needed to be moved 100 feet west. (See “Burlington File Cabinet Sculpture to be Moved,” by Pamela Polston, *Seven Days*, Aug. 27, 2020.) In the interview for the article Alvarez answered the question of not adding more cabinets saying “After all, we’re storing information in the cloud now...”

“File Under” rallied the call to art there on Flynn Avenue to



*Kevin Donegan’s Two Cows and a Calf in 2020.*

celebrate the Burlington South End Art Hop of 2002. All the file cabinets face one direction. Randomly there are 5, 4, 3, 2 and 1 drawer file cabinets in the mix which meld into one telescoping structure skyward, as in the Jack and the Beanstalk fairy tale. Retired seasoned office workers could experience flash backs where they subconsciously sense an urge to reach for a drawer and ask themselves “now, where did I file that report?”

The 100-foot move to the west in 2020 was accompanied by a planned art action. Covid-19 had put the kibosh on the South End Art Hop that September. There was consensus among a dozen or more artists participating in the alternative art action on a theme. Each was to individually create a display to be akin with “File Under.” The adopted theme became “File Herd: On the Road to Extinction.” As always visitors were free to attribute meaning and determine inferences at will while social distancing. The displays circled the new supporting base of an even higher “File Under” where a shiny stainless steel-like sign at eye level announced “ARTPARK 2020.”

Kevin Donegan named his work “Two Cows and a Calf.” His ren-



*A Bird Perches 10 Drawers Down From Top of File Under.*

dition, incorporating material salvaged from the innards of standard office file cabinets, is entertaining and convincing. For legs he used sliding brackets, the drawers became necks and heads, dividers became the faces. And the tails were parts of the inside hanging file folder hardware. In step with the theme – “File Herd: On the Road to Extinction” – Donegan offers his extinction metaphor suggests the real disappearance of cows and pasture land from the Vermont landscape and the vanishing small scale dairy farms.

## EDUCATION

### Season’s Greetings from Access CVU!

FROM PRESS RELEASE

As the month of November comes to a close, our Fall/Winter semester starts to wind down, and yet we still have over 50 great classes remaining! We are also in the midst of planning for the Winter/Spring semester which goes from February through early June. Registration opens Jan. 6. Mark your calendars.

Have a suggestion for a future class, or want to teach? We want to hear from you.

Gift Giving, Made Easy, with Access

- We have a number of craft classes that will set you up to make gifts for your friends and family. How about a felted owl ornament or a beautiful barn quilt?
- Are you looking for the perfect gift that will always be in stock and won’t expire? Consider an Access gift certificate.
- Or register for a baking class, like Italian Cookies or Biscuits & Scones, or Artisan Maple Candy with your favorite person and enjoy some quality time together.

Below is a list of classes offered during December and January, organized by category. All classes meet in-person at CVU, with the exception of a handful of on-line classes (identified with an “\*”) which will meet over Zoom or Google Meet.

#### Authors, Speakers, and Presenters

Wednesday, Dec. 7: Introduction to Buddhism

#### Cooking & Cuisine

Wednesday, Nov. 30: Torrone, Italian Nougat Candies

Thursday, Dec. 1: Indian Cooking: Paneer Korma and Palak Paneer with Puri

Monday, Dec. 5: French Galettes de Sarrasin: Savory Buckwheat Crepes with Fall Vegetables

Tuesday, Dec. 6: Italian Cookies:



*Hinesburg Nursery School students and their families enjoying a beautiful day on the newly expanded playground at our Ice Cream Social in August 2022.*



*Hinesburg Nursery School students flying their airplane while dressed up in their costumes at our afterschool Halloween Party in October 2022*

#### Part 1

Monday, Dec. 12: Baking 101: Biscuits & Scones

Wednesday, Dec. 14: Italian Cookies: Part 2

Thursday, Dec. 15: Artisan Maple Candy

Wednesday, Jan. 4: How to Roast a Chicken (and 4 Ways to Use It)

Thursday, Jan. 12: Ethiopian Injera

Wednesday, Jan. 18: Poke Bowls at Home

Thursday, Jan. 19: Building the ULTIMATE Charcuterie Board

Wednesday, Jan. 25: Baking 101: Winter Citrus Pavlova

#### Fine Arts & Crafts

Tuesday, Nov. 29: Beaded Earring Making (Intermediate/Advanced)

Tuesday, Nov. 29: Needle-Felted Owl Ornament

Wednesday, Nov. 30: Fused Glass Ornaments (or Sun Catchers)

Thursday, Dec. 1: Beautiful Barn Quilts

Thursday, Dec. 1: Traditional Rug Hooking for Beginners

Tuesday, Dec. 6: Basket Weaving: Two-Handled Lading Round

Tuesday, Dec. 6: Learn How to Turn a Wooden Bowl!

Tuesday, Dec. 6: Carving in Wood - Holiday Ornaments and Figures

Wednesday, Dec. 7: Fused Glass Ornaments (or Sun Catchers)

Thursday, Dec. 8: Everything Honey & Beeswax!

Thursday, Dec. 8: Gemstone and Essential Oil Diffusing Bracelet Workshop

Tuesday, Jan. 3: Learn How to Turn a Wooden Bowl!

Tuesday, Jan. 10: Sewing with Knit Fabrics: Underwear!

Wednesday, Jan. 11: Gardens Under Glass

Thursday, Jan. 12: Introduction to Tunisian Crochet

#### Fitness, Dance, Yoga & Mindful Movement

Tuesday, Nov. 29: Intro to Yang Tai Chi

Tuesday, Nov. 29: Kundalini Yoga: The Yoga of Radiance

Wednesday, Nov. 30: Zumba with Dillon!

#### Health & Nutrition, New Age & Holistic Wellbeing

Wednesday, Nov. 30: An Attitude of Gratitude, Lovingkindness and Meditations\*

Wednesday, Nov. 30: Blood Sugar & Energy\*

Tuesday, Dec. 6: Take a Break from Alcohol: Preparing for Dry



*Artisan Maple Candy, Dec. 15*



*Beautiful Barn Quilts, Dec. 1*

### Take and Bake Pizza Fundraiser – order by Saturday night!

We have a Take & Bake Fundraiser with Good Times Cafe on Wednesday, Nov. 30. Place your pizza orders by Saturday, Nov. 26, at 10 p.m. on our website at [hinesburgnurseryschool.org/events](https://hinesburgnurseryschool.org/events). We’re continuing to fund-raise toward these playground improvements, in addition to the general upkeep of a historic community building, and we really appreciate the community support.

#### January\*

Tuesday, Dec. 6: Intro to Home Herbalism: Infusing Oils & Making Salves

Tuesday, Jan. 10: Natural Ways to Help with Stress, Anxiety, and Chronic Pain

Wednesday, Jan. 11: Vision Boards for a New Year

Tuesday, Jan. 17: Intro to Home Herbalism: Alcohol Tinctures & Syrups

#### Home & Garden

Thursday, Dec. 8: Home Repair Series: Exterior Maintenance

Thursday, Dec. 15: Home Repair Series: Interior Maintenance

Thursday, Dec. 22: Home Repair Series: Electrical

Thursday, Jan. 5: Home Repair Series: Plumbing

Saturday, Jan. 7: Build a Custom Snowboard

Wednesday, Jan. 11: Four Season Garden Design

#### Kids & Teen

Wednesday, Dec. 7: A Kids Tea Party – From Kitchen to Parlor

#### Music & Languages

Tuesday, Dec. 6: Guitar for Beginners – Part 2

#### Professional Development & Writing Workshops

Thursday, Dec. 1: Creative Writing\*

Thursday, Dec. 1: Publishing Workshop: The Paths to Publication\*

Thursday, Dec. 8: Flash Fiction\*

Tuesday, Jan. 10: Take Control of That Project Stressing You Out

Thursday, Jan. 19: Great

*continued on page 14*

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## ► Access CVU

*continued from page 13*

Beginnings: Getting Your First Few Chapters Publication Ready\*

Tuesday, Jan. 31: Vision, Goals and Habits: How to Get From Here to There?\*

Check out our website, [cvsdvt.org](https://cvsdvt.org) (or Google “Access CVU”), for more information, and to register for a class. As a reminder, sign up early to save your spot and to avoid classes being canceled due to low enrollment. Waitlists? We encourage you to add your name since we will open up an extra section of a class if we get enough interest, or you may be added if someone drops out.

Need help getting signed up for a class, or getting set up for on-line learning? Have a question about a current class? We want to hear from you! Call 482-7194 or email [access@cvsdvt.org](mailto:access@cvsdvt.org). We offer senior discounts for our community 65+. We provide enrichment and learning opportunities for anyone, anywhere,

and anytime. Come explore new passions, ignite your imagination, learn a new skill and connect with lifelong learners.

Wishing our Hinesburg community members a safe and happy holiday season!

## New Environmental Scholarship Announced

BY JEAN KIEDAISCH

In keeping with its commitment to protecting Hinesburg’s working landscape, recreational lands, and natural systems, Responsible Growth Hinesburg is offering a one-time \$1,000 scholarship to a Hinesburg graduating senior who has demonstrated commitment to these same values.

The scholarship will support the student’s further education at a college or university, technical program, or voca-

tional training program. The focus might be studying environmental science or a related field or pursuing environmental journalism.

The deadline for applying for this scholarship is April 1, 2023. To be considered, the student must submit an essay describing:

- why it is important for citizens to engage in local activities that improve or conserve the important qualities of Hinesburg.
- how their own involvement has benefited them so far and affected their enjoyment of Hinesburg and its surroundings.
- how they plan to continue that involvement in the future.

More details will be shared on Front Porch Forum. Questions? Email Natacha Liuzzi at [nml1961@gmail.com](mailto:nml1961@gmail.com).

## Champlain Valley School District Child Find Notice

### FROM PRESS RELEASE

Champlain Valley School District (Charlotte, Hinesburg, Shelburne, St. George & Williston) is required by federal law to locate, identify and evaluate all children with disabilities. The process of locating, identifying and evaluating children with disabilities is known as child find.

Champlain Valley School District schools conduct Kindergarten screening each spring, but parents may call to make an appointment to discuss their concerns at any time. As the school district of residence, CVSD has the responsibility to identify and provide services to any child with special needs who may require special education and related services in order to access and benefit from public education.

If you have, or know of any CVSD resident who has, a child with a disability under the age of 21 or a child who attends a private school located in Charlotte, Hinesburg, Shelburne, St. George or

and sixth-grade students at the Vermont Middle School State Championships.

On the girls’ side, both Willa Frost and Eden Leckey had out-

standing performances all season long. Eden capped off her season by finishing seventh overall for all fifth- and sixth-grade runners at the Vermont Middle School Championships.



Jax and Cole Hart

## SPORTS

## HCS Students Shine During Cross Country Season

BY PAUL LASHER, CO-HEAD COACH

Eighth-grade HCS student Cole Hart shined during this past cross country running season. Out of eight races entered, Cole finished in first place each time. In the two larger races, the Williston

Invitational and the Chittenden County Championships, he came across in second place. His stellar performances have been building up from starting cross country as a fifth-grade student. Cole’s hard work and determination led him to having this outstanding season.

Not to be outmatched, Cole’s brother Jax Hart also ran incredibly well this season. He capped off his season by finishing eleventh at the Chittenden County Championships and taking sixth overall for all fifth-



Eden Leckey

Williston, Vermont, we would like to hear from you. Sometimes parents are unaware that special education services are available to their children.

Please contact the School Principal (Charlotte Central School – 425-2771, Hinesburg Community School – 482-2106, Shelburne Community School – 985-3331, Williston Central/Allen Brook Schools – 878-2762) or the Director of Student Support Services, Anna Couperthwait at 383-1234 or [acouperthwait@cvsdvt.org](mailto:acouperthwait@cvsdvt.org).

## Sixth Graders Learn How to “Slow the Flow”

### A Field Visit to Lyman Meadows and In Class Experiments with LCA

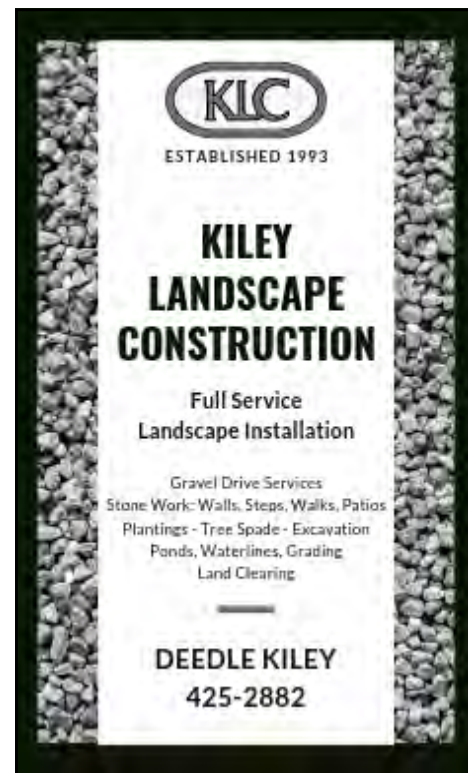
BY SARA LOVITZ


Rebecca Zavadi’s sixth grade science classes at Hinesburg Community School (HCS) joined Lewis Creek Association (LCA) staff over two days in October, to learn more about local stormwater problems and how to help solve them. The first day started off with brief classroom presentations on watersheds, stormwater, water quality, and LCA’s Ahead of the Storm program by Kate Kelly, and Jessica Louisos, a Stormwater Engineer from SLR Consulting. LCA staff and SLR’s engineering team then took the students across the street to Lyman Meadows, where they mapped how stormwater flows through the neighborhood, and checked soil samples in areas of potential treatment to see how clay-like they were. Understanding the soil conditions will help the engineering team determine the best treatment options. The students had fun confirming the soils were indeed clay!

The following week, LCA staff were back in the classroom to lead a

series of “Slow the Flow” experiments using the Lake Champlain Sea Grant’s Soaking up Stormwater curricula. Using kits made from muffin tins, water bottles, sponges, and cups, each of the science classes conducted three experiments simulating watersheds, to explore how impervious and pervious surfaces affect infiltration and runoff. They learned how incorporating green stormwater infrastructure practices, such as bioswales, rain gardens, bioretention ponds, pervious pavement, rainwater harvesting, and more, can be used to improve stormwater management and reduce runoff. They could see for themselves how these greener practices help to achieve the Three S’s of stormwater management: Slow It, Spread It, and Soak (or Sink) It. The students were enthusiastic and focused learners and demonstrated a breadth of knowledge gained during their watersheds unit.

LCA plans to continue our collaboration with HCS students as the engineers work to design stormwater solutions at both Lyman Meadows and Hinesburg Community School. It is a great opportunity to engage students in real-life projects happening right outside their classroom. Thank





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you to Lake Champlain Sea Grant’s Green Schools Program and Lake Champlain Basin Program/NEIWPCC for funding these projects and educational opportunities at HCS.

For more information and to get involved, please visit [lewiscreek.org](http://lewiscreek.org) and our Ahead of the Storm projects.

This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement (LC00A00707-0) to NEIWPCC in partnership with the Lake Champlain Basin Program.

## Home Instead’s Be a Santa to a Senior Program Kicks Off

FROM PRESS RELEASE

As the community prepares to celebrate the season of giving, Home Instead encourages residents to share the holiday spirit with older adults who may not have family and feel alone.



HCS students gather around as Alex, an engineer and wetland scientist from SLR, uses a soil auger to remove a sample from the ground where a bio-retention area could be built to detain and clean up stormwater before it reaches the swale (and eventually the LaPlatte River). Photo credit: Sara Lovitz

Through Be a Santa to a Senior, community members can give a special holiday gift to an older adult who may otherwise go without.

“A simple gift can bring such joy to older adults who may not have loved ones to celebrate with,” said Tim LaBeau, owner of the Burlington Home Instead office. “Through Be a Santa to a Senior,

*continued on page 16*

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From Nov. 26 to Dec. 18, every purchase from a locally-owned retail business in Middlebury, Bristol, Vergennes, Hinesburg or Brandon gives you and the merchant a chance to win a weekly drawing of **\$250 each in local currency!**

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## ► Education

*continued from page 15*

we can help them feel the holiday spirit. This year our program coordinators hope to collect more than 1000 gifts for 700 local older adults. This is the program's 12th year in five area counties.

To participate, shoppers can look for Be a Santa to a Senior tree or displays at locations around the area. Ornaments featuring the name or unique ID and desired gift of an older adult will be on display, and shoppers can buy the requested gift and return it unwrapped to the location with the ornament attached. Ornaments will be available from Oct. 27 to Dec. 12. The gifts will be delivered to local older adults in time for the holidays.

Be a Santa to a Senior trees can be found at the following locations:

Kinney Drugs – 10212 Route 116 in Hinesburg

Kinney Drugs – 308 Shelburne Rd. in Burlington

Kinney Drugs – 1653 Williston Rd. in South Burlington

Kinney Drugs – 84 Executive Dr. in Shelburne

PT 360 – 426 Industrial Ave. in Williston

PT 360 – 6221 Shelburne Rd. in Shelburne

“This program is so much more than gift-giving – it's about the special moments and joy shared between the older adults and the community around them,” said LaBeau. “There is nothing better than seeing the smile on



*HCS sixth grade students conduct a series of three “Slow the Flow” experiments exploring the effect of impervious and pervious surfaces on infiltration and runoff in a watershed. Photo credit: Sara Lovitz*

## ORGANIZATIONS

an older adult's face when they open their gift.”

Be a Santa to a Senior is a true community program, with support from local businesses, nonprofit organizations, retailers, numerous volunteers, and members of the community. The Home Instead office, serving five counties, has partnered with local businesses, nonprofit organizations, volunteers, and members of the community to help with gift collection and distribution.

Since the program's inception in 2003, Be a Santa to a Senior has mobilized more than 65,000 volunteers, provided approximately 2.2 million gifts, and brightened the season for more than 750,000 deserving older adults nationwide. For more information visit [BeaSantaToaSenior.com](http://BeaSantaToaSenior.com) or call 802-860-4663.

To learn more about helping older adults in Chittenden and surrounding counties, visit [im-readytocare.com](http://im-readytocare.com).

## What's Going On with that Sad Old Building?

BY LEONARD DUFFY

Though it certainly may look like it's about to collapse, “The Vestry,” Hinesburg's oldest public building, on Main Street next to St. Jude's Church, is about to find new life. A small local group recently took possession of the building and are establishing a nonprofit organization with the goal of restoring the circa 1825 structure. In coming weeks and months you will notice an increasing level of activity at the site.

The building will be available for diverse community uses including musical, artistic, dramatic, educational, recreational, and literary events, supporting Hinesburg's creative community and local organizations. The 1400-square-foot structure comprises two large, bright, high-ceiling rooms which can readily seat groups of up to 50. It features a beautiful arch-top tracery window, which older citizens may remember. Financing is expected to come from a combination of tax-exempt contributions

and a variety of grant sources.

Your input is very welcome. For details of the building's history and ongoing progress, or to leave comments or questions, please visit the project website at [vestrycommunitycenter.org](http://vestrycommunitycenter.org).

## Nonprofit Fundraising and Development Program

FROM PRESS RELEASE

Common Good Vermont is pleased to announce the launch of its Fundraising and Development Certificate Program. Applications are now open and will be accepted through Dec. 16, 2022. The program runs Feb. 16 through Sept. 21, 2023, and is designed for leaders, executives, and staff members of small to mid-sized nonprofit organizations. Participants will gain the knowledge and skills needed to build a development plan and improve fundraising capacity.

“Common Good's Development Certificate Program is a must do, whether you are just starting out or have been in the Development world for years,” says Sharon Lifschutz of the 2022 Cohort. “Through this program I built my confidence, developed a cohort of trusted colleagues, and walked away with a plan to help move Lund's fundraising forward. Ultimately, this course provided me the gift of time and space to focus on the “why” behind Lund's work, which has informed our entire development strategy. As I actualize our new plan, I feel prepared, supported, and have a newfound belief in myself. I have already seen how this course has impacted my work and has helped increase Lund's fundraising capacity.”

This intensive online program will include live interactive online training, peer learning sessions, individual assignments, and a one-on-one coaching session with Lead Trainer Jenn Hayslett. Hayslett, whose engaging presentation style makes her a highly rated trainer and presenter, has over 25 years of leadership experience in all areas of fundraising and marketing for



*The Vestry's arch-top tracery window*

small to mid-sized nonprofits including annual funds, major gift solicitation and stewardship, capital campaigns, grant writing, community organizing, and volunteer management.

Participants will learn how to produce grant proposals, connect with donors, write fundraising appeals, and build meaningful partnerships. Upon completion of the program, participants will leave with their own customized development plan, a peer network of nonprofit professionals, and the tools, skills, and confidence to put their plans into action. Learn more and apply at [commongoodvt.org](http://commongoodvt.org).

About Common Good Vermont

Common Good Vermont is the only statewide organization in Vermont dedicated to uniting and strengthening all of the mission-driven organizations that serve the Green Mountain State. Common Good Vermont serves as the “go-to” resource for our peers to share resources, gain skills and build partnerships. Learn more at [commongoodvt.org](http://commongoodvt.org). Common Good Vermont is a recently merged statewide program of United Way of Northwest Vermont.

## Age Well Grab and Go Christmas Meal in Shelburne

BY PEGGY COUTU

Age Well and St. Catherine's of Siena Parish in Shelburne are teaming up to provide a meal to go for anyone age 60 and older on Tuesday, Dec. 13. The meal will be

available for pick-up in the parking lot at 72 Church St. from 11 a.m. until noon. These meals are available for all 60 or older, regardless of town of residence. They are nutritious and delicious.

The menu is: Stuffed chicken breast with apple and cranberry stuffing, gravy, mashed potatoes, sliced carrots, cranberry sauce, wheat dinner roll with butter, pumpkin cake & milk.

To order a meal: please contact Sheryl Oberding by email (preferred): [soberding@yahoo.com](mailto:soberding@yahoo.com), or phone: 802-825-8546. Deadline to order is Wednesday, Dec. 7.

If this is a first-time order, please provide name, address, phone number, and date of birth. If you haven't yet filled out a 2022 Congregate Meal Registration, please bring a

completed registration form with you or send one to: Age Well: 875 Roosevelt Highway, Ste. 210; Colchester, VT 05446. We will have forms on hand for you to fill out at meal pick-up, or download the registration form to fill out ahead of time at [tiny.one/AgeWellForm](http://tiny.one/AgeWellForm).

An Age Well representative will NOT be available to obtain the suggested \$5 donation restaurant tickets to dine at one of the participating restaurants. For this month they can be purchased at the Age Well Office in Colchester or an Age Well representative will be available at the Charlotte Senior Center from 11:30 a.m. to 12:30 p.m. on Monday, Dec. 12. More information on this program can be found on the Age Well site at [agewellvt.org](http://agewellvt.org).

## A Fall Forest-Lover's Reading List

BY ETHAN TAPPER, CHITTENDEN COUNTY FORESTER

I am often asked what books I would recommend to folks interested in learning more about forests and forestry, and so for my column this month I will recommend a few of my favorites. These books are great resources for forest-lovers, each addressing a key theme of for-

ests and forest stewardship.

*The Hidden Forest: Biography of an Ecosystem* by Jon R. Luoma

For anyone interested in developing a better understanding of how forests work, this

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book is always my first recommendation. In it, Luoma follows a multi-disciplinary group of researchers at the Andrews Experimental Forest in Oregon as they collaborate to build a more complete vision of the pieces, parts and processes that make forest ecosystems function. The genius of this book is both its easy-to-read, conversational tone, and its clear, accurate, nuanced description of forest ecology.

I have found that an understanding of healthy forests is not something that any of us are born with – it is something that we need to develop. Forests are at times unintuitive, messy and complicated; they are natural communities of profound depth and complexity, dynamic sys-

tems which embody resilience and celebrate death, regeneration and change. The first step toward learning how to care for and manage forests is learning what makes them tick, and this is a great resource for doing just that.

*Reading the Forested Landscape* by Tom Wessells

Understanding the legacies on New England's historic landscape is a key ingredient in understanding how our modern-day forests came to be. In this book Wessells, an ecologist from southern Vermont, discusses how to “read” the history of our forests using clues like stone walls.

*Since the early 1800s, nearly all of Vermont's forests have*

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## OUTDOORS

*been cleared.*

Many of them were maintained as pastures for a century or more. While your backyard woods may seem ancient, it is likely that it was a pasture within the last 60-100 years, placing it at the very beginning of the process of forest development. This is true for forests across our landscape: they are relatively young and simple, lacking many of the qualities of the old forests that covered much of our region a few centuries ago.

As such, being able to read a forest's history both adds richness to the experience of being in the woods and is a critical part of understanding Vermont's forests. As forest-lovers, understanding the profoundly altered condition of our forests helps us understand and contextualize the steps that may be necessary to help them recover and adapt to the many changes and stressors of the modern world.

*A Sand County Almanac* by Aldo Leopold

Published in 1949, this work is a foundational text in the conservation world. Through a series of essays, Leopold – a forester and conservationist – discusses the nuances of his relationship with the land. Perhaps the most salient contribution of this book, and Leopold's work in general, is the idea of the land ethic – the concept that we have

a moral or ethical responsibility toward the land and its forests, wetlands, wildlife and waters.

In Vermont, each of us depends on forests for clean air, clean water, climate mitigation, scenic beauty, vibrant rural economies and more. Whether we have the privilege of owning our own forest or not, each of us also affects forests locally and globally through our choices and the resources that we consume. As Leopold details in this poignant book, each of us has the opportunity and the responsibility to define our own land ethic.

*Gathering Moss: A Natural and Cultural History of Mosses* by Robin Wall Kimmerer



Observing both the massive and the minute.

In *Gathering Moss*, Kimmerer, a bryologist (a scientist who studies mosses and other bryophytes) – highlights her own land ethic while guiding the reader on an exploration into the enigmatic world of mosses. Kimmerer (the author of *Braiding Sweetgrass* – another great read) demonstrates how even the tiniest parts of the forest are rich with life and worthy of our care and attention.

While we often focus on trees, research increasingly shows that the other components of forests – mosses, lichens, plants, animals, insects, fungi – are critical to their health and function. As we endeavor to manage forests thoughtfully and responsibly, it is important to consider both the massive and the minute.

*Ethan Tapper is the Chittenden County Forester for the Vermont Dept. of Forests, Parks and Recreation. See what he's been up to, check out his YouTube channel, sign up for his eNews and read articles he's written at [linktr.ee/ChittendenCountyForester](mailto:linktr.ee/ChittendenCountyForester).*

## Meeting on Draft Trapping Regulation Changes

FROM VT FISH & WILDLIFE PRESS RELEASE

The Vermont Fish and Wildlife Department has scheduled a public information meeting on draft changes to the state's trapping

regulations. The meeting will be held at White River Valley High School, 223 S. Windsor St. in South Royalton, from 6:30 - 9 p.m. on Tuesday, Nov. 29.

The draft regulation changes are responsive to Act 159, which directed the Commissioner of Fish and Wildlife to identify ways to improve the welfare of trapped animals and propose updated regulations to the Legislature and the Fish and Wildlife Board. The draft changes draw from a recently completed series of meetings with a range of stakeholders and the best available trapping data and research.

The Nov. 29 meeting is not a referendum on trapping but an opportunity for the public to provide early feedback on draft changes to the regulations. Department staff will review this input before the Commissioner advances a proposal to the Fish and Wildlife Board for deliberation. A formal public comment window will occur when the Board begins its official rulemaking process in early 2023.

The meeting will begin with presentations from an Association of Fish and Wildlife Agencies expert about current research on trapping best management practices and from department staff on the process that informed the draft regulation changes. Following these, the public will have an opportunity to voice their perspectives on the draft regulation changes in breakout groups facilitated by department staff.

This meeting will focus only on the draft changes to trapping regulations. Prior to attending, the public is encouraged to review the state's current trapping regulations, available in the department's official 2022 Hunting and Trapping Guide at [tiny.one/VThunttrap](https://tiny.one/VThunttrap), and Act 159, available through the department's web page on new hunting and trapping legislation at [tiny.one/VTFWnewlaws](https://tiny.one/VTFWnewlaws).

Final changes to trapping regulations in response to Act 159 are expected to take effect in winter 2024.

## Vermont Public Announces New Lineup

FROM PRESS RELEASE

Vermont Public has announced a new local radio host lineup for "All Things Considered," the afternoon news magazine program from NPR, and weekend mornings.

Co-hosts Jenn Jarecki, a Vermont Public producer, and Mary Williams Engisch, weekend host since 2019, will shape the local news and sound of "All Things Considered," which airs weekdays from 4-6:30 p.m. Jarecki will host Mondays and Fridays with Engisch hosting Tuesday-Thursday.

Engisch also will continue hosting on Saturdays from 6 a.m. - 2 p.m. Vermont Public News Fellow Marlon Hyde joins the lineup on Sundays from 6 a.m. to 2 p.m. Mitch Wertlieb will continue to host "Morning Edition."

"Our hosts are our primary connection to our audience, and we could not be more excited to have Jenn, Mary and Marlon fill these vital roles," said Mark Davis, Vermont Public's managing editor. "They each bring distinct voices to our airwaves, but they share important traits – they are all trusted, informed and engaging voices, and hold themselves to the highest standards."

"Hosting 'All Things Considered' is—and I say this with no hyperbole—one of the greatest privileges of my career," Jarecki said. "I'm honored to connect with our audience and help guide listeners through the day's news, whatever it may bring."

Engisch said she has personally benefited from the direct connection that live radio provides to listeners.

"As a kid who struggled with communication, I knew I could always turn on the nearest radio and find voices there who could make sense of the news of the day or explain feelings in ways I couldn't," Engisch said. "Now, my hope is that connection provides the same thing for someone else."

As Vermont Public's news fellow and lifelong storyteller, Hyde said

Have an ad? email [ads@hinesburgrecord.org](mailto:ads@hinesburgrecord.org).  
Have news? email [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org).

## ARTS & LEISURE

the chance to host on Sunday mornings was a natural fit.

"When I was little, the radio was on any time I was in the car with my parents," Hyde said. "I always thought it would be awesome to be the person people heard as they are going about their business of the day. When a hosting opportunity opened up at Vermont Public, I jumped. The feeling I get from live hosting is incredible."

### About Vermont Public

Vermont Public is Vermont's unified public media organization, serving the community with trusted journalism, quality entertainment, and diverse educational programming. Formerly Vermont Public Radio and Vermont PBS, Vermont Public also provides local access to national programming from NPR and PBS. Its state-wide radio and TV networks reach all of Vermont, as well as parts of New Hampshire, New York, Massachusetts and Quebec, Canada. More information about programs, stations, services, and ways to support is available at [vermontpublic.org](https://vermontpublic.org).

## State Launches Plans to Address Alzheimer's Disease and Healthy Aging in Vermont

FROM VT DEPT. OF HEALTH PRESS RELEASE

State health officials have released a roadmap to prepare for and reduce the risk of dementia in Vermont. The Vermont Action Plan for Alzheimer's Disease, Related Dementias, and Healthy

Aging is a three-year plan focused on early detection and diagnosis of dementia, reducing risk and improving brain health, support for those providing care, and management of other conditions that can put people at higher risk.

Alzheimer's Disease is Vermont's fifth leading cause of death. In 2020, about 13,000 of the nearly 133,000 Vermonters aged 65 and older were estimated to have Alzheimer's Disease. Vermont's population is aging at a higher rate than most of the country, and projections show that by 2025 the number of people in Vermont with Alzheimer's Disease will increase 31 percent to 17,000.

"Memory loss is not an inevitable part of aging," said Health Commissioner Mark Levine, MD. "By working with primary care settings, collecting and sharing data, and increasing awareness about brain health, we can help support healthy aging and the well-being of all Vermonters."

The plan also addresses the impact of the disease on the more than 30,000 Vermonters who are care partners to a family member with Alzheimer's or related dementia. These Vermonters provide millions of hours of unpaid care annually, potentially at a high cost to their physical and mental well-being.

In addition to the Action Plan, Vermont has also completed its four-year State Plan on Aging, which has an increasing focus on services that can improve nutrition, social connection, access to physical activity, and more – components

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**PO Box 444, Hinesburg, VT 05461**

**Hinesburg Food Shelf hours are:**  
**Tuesday nights 5:30 - 7:30**  
**Friday mornings 10:00 - 12:00**

## PEOPLE

## Conservation Fund in Honor of Andrea Morgante

FROM VT LAND TRUST  
PRESS RELEASE

### Fund Overview

The Community Conservation Fund in Honor of Andrea Morgante (CCF) will be established by a group of land conservation advocates to honor Andrea's longstanding commitment to land conservation and her dedication to building community through shared action. This group hopes to celebrate Andrea's many achievements by encouraging people throughout Vermont to initiate conservation efforts and through those efforts to inspire a greater sense of community and connection to land.

### Fund Structure and Uses

The CCF has been established to provide funding for community projects throughout Vermont. Its aim is not only to conserve land but also to in-

spire people of all backgrounds to participate in conservation efforts, to enhance fellowship, and to foster a strong sense of place within Vermont communities. The intent is to ensure equal access to conservation, particularly, but not exclusively, in communities with limited means or access to resources.

The Fund will be launched with an initial gift of \$50,000. It can be used for any project cost, including acquisition, staff time, outreach, facilitation, and management planning. It will be open for future contributions as well as Vermont Land Trust's own discretionary replenishment from project fundraising. The fund is established as a spend down fund rather than a revolving fund, but the hope is to provide for ten or more years of project support. However, should the fund balance drop below \$5,000, VLT reserves the right to fold the fund into the general operating account or the revolving fund for land acquisition.

### How to Support of this Fund

Contributions to the Community Conservation Fund in Honor of Andrea Morgante can be made:

- By check made out to Vermont Land Trust with "CCF in Honor of Andrea Morgante" in the memo line and mailed to Vermont Land Trust, Jane Coffey, 8 Bailey Ave., Montpelier, VT 05602
- Online at **VLT.org**. Click the "Donate Now" button. Click the "In Honor of" button and write in Andrea Morgante.
- By gift of securities or IRA Distribution: TD Ameritrade, FAO Vermont Land Trust, Acct. #427885303, DTC # 0188

## HEALTH & SAFETY

### Input Sought

FROM VT DEPT OF MENTAL  
HEALTH PRESS RELEASE

Are you struggling with an eating disorder? Have you or someone you care about struggled to find care for an eating disorder? The Eating Disorders Workgroup, chaired by the Department of Mental Health, wants to hear from you.

Please join us for a virtual meeting on Monday, Nov. 28, at 10 a.m. to share your experiences with seeking and receiving care for you or a loved one. We also welcome your suggestions for improving treatment options in Vermont. Your input will be shared with Vermont's health care providers, lawmakers, and school systems. Help Vermont build a better system of care.

For a link to the meeting invite or more information, visit The Eating Disorder Workgroup webpage at [tiny.one/eating-disorders-workgroup](https://tiny.one/eating-disorders-workgroup).

There you will find:

- Information about the workgroup and its charge
- A calendar of future meetings, links to join the sessions, and upcoming agendas
- Past meeting minutes, including a list of recommendations created by the workgroup so far

If you cannot join us on Nov. 28, you can share your thoughts with the Department at AHS. DMHCommunications@vermont.gov. All communications will remain confidential unless you provide permission to use your name.

## WHAT THE HECK?

Moon beam



Boat constrictor



The Walking Bed



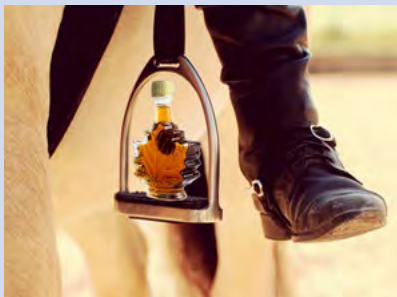
USB



Black panther



What the heck is this (below)?



Take a guess at [hinesburgrecord.org/what-the-heck/](https://hinesburgrecord.org/what-the-heck/) and have a chance to WIN A \$25 GIFT CERTIFICATE!

### ► Uganda "Visit"

*continued from page 1*

spot in their day and one they will remember for a long time.

The opportunity to connect young people from across the globe was one part of the Empower Youth Leadership Conferences held at HCS for all students in grades six to eight. The conferences focused on teaching social, emotional and leadership skills. Educators facilitated workshops in which students explored their personal identities, how to recognize their unconscious bias, and the importance of inclusion.

The Empower Youth Leadership Conference was the brainchild of former HCS teacher Mary Muroski, who is the founder of the Children's Legacy Partnership Foundation. This foundation works to improve the lives of children worldwide through the teaching of leadership skills in the U.S. and funding education opportunities for girls in Uganda. Muroski said, "We know that when adolescents feel they belong in their community, are accepted by their peers, and can access help when needed, they have the strength to say no to harmful behaviors toward themselves and others."

The program has earned an SEL

in Action Innovation Award from the NoVo and Education First Foundations for the past six years. These funds support the Conferences and the Empower Youth Leadership Clubs which were started in 2020 by HCS School Counselor Katherine Batty. The goal of the clubs is to extend the learning from the conferences throughout the school year. Students in the clubs participate in project-based community service throughout the Champlain Valley School District towns. Batty said, "We wanted to build on the important skills students learned at the one-day conferences to create a more lasting impact." Later this month, the Empower Youth Leadership Project is going to welcome speaker John Halligan into area schools to present "Ryan's Story" to middle-level students. For more information about the foundation, or to donate to support this important work, you can visit [www.oureelp.org](https://www.oureelp.org).



### ► HAS Holiday Concert

*continued from page 1*

inspiring selections, and the audience will sing carols with us. We are so looking forward to sharing the holiday spirit with the community."

**The featured work this year is "A Musicological Journey Through the Twelve Days of Christmas."**

This creative musical expedition by composer Craig Courtney begins with a sixth century plainchant on the first day and ends on the 12th day with the music of John Philip Sousa. It is truly a wonderful journey. There will also be selections from Handel's "Messiah," a "Festival Noel," "Jingle Bells" arranged by Mark Hayes, three songs from

the movie "Dr. Seuss' How the Grinch Stole Christmas" and a stunning arrangement of "O Little Town of Bethlehem" by Dan Forrest, featuring clarinetist Margaret Roddy.

Patrick said, "We have always loved singing for our community at this festive time of year. Bringing joy to the community is our goal!"

The concert is free, but donations to HAS are welcome and the audience is also encouraged to bring something for the food shelf.

Please go to the HAS website, [hinesburgartistseries.org](https://hinesburgartistseries.org), for more information.

*The Hinesburg Artist Series is supported in part by the Vermont Arts Council and the National Endowment for the Arts.*

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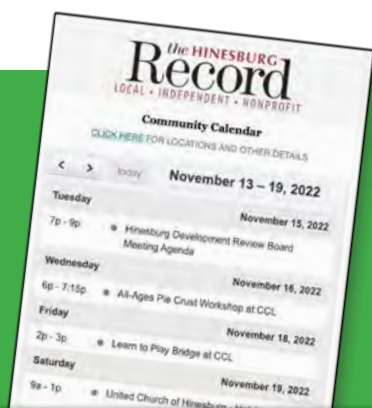
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## RELIGION

## Community Alliance Church

**Pastor:** Scott Mansfield

**802-482-2132 • [hinesburgcma.org](mailto:hinesburgcma.org)**  
info@hinesburgcma.org

**Location and Mailing Address:**  
190 Pond Road, Hinesburg  
(overlooking CVUHS soccer fields)

**Sunday Services:** 10:30 a.m.  
Including children's programs, for  
nursery through elementary school  
ages.

**Middle School and High School Youth Group:** MMeets most  
Sundays for breakfast at 9 a.m.  
before the morning service plus  
lots of special events and outings.  
This is a great time to meet new  
friends, hang out and talk about  
real life and our place in this world.  
Contact Brandon and Mary Kate at  
info@hinesburgcma.org for more  
information.

**Weekday Life Groups and Bible Studies:** Various times, days, and  
locations throughout the week.

For more information, please con-  
tact the church at 802-482-2132 or  
visit [hinesburgcma.org](mailto:hinesburgcma.org).

## Lighthouse Baptist Church

**Pastor:** Reverend Ed Hart

**802-482-2588 • [LBCvt.homestead.com](mailto:LBCvt.homestead.com)**  
lighthousevt@aim.com.

**Location:** Hinesburg Village  
Center,  
90 Mechanicsville Road

**Mailing Address:** P.O. Box 288

**Regular Services:**  
Sunday Morning Worship: 10:30  
a.m.,  
Nursery provided.

**Sunday Evening Service:** 6:00 p.m.

**Wednesday:** 7:00 p.m. Bible Study  
and Prayer Meeting; Nursery  
provided.

## Saint Jude the Apostle Catholic Church

**Pastor:** Fr. James Zuccaro

**802-425-2253 • [stjudevt.org](mailto:stjudevt.org)**  
stjude@gmavt.net

**Location:** 10759 Rte 116

**Mailing Address:** P.O. Box 69

**Pastor's Mailing Address:**  
2894 Spear Street/P. O. Box 158,  
Charlotte, VT 05445

**Hinesburg Rectory:** 802-482-2290,  
stjude@vermontcatholic.org,  
P. O. Box 69, Hinesburg 05461,  
(10759 Route 116)

**Parish Secretary:** Marie Cookson,  
Rectory, 802-482-2290,  
mcookson@vermontcatholic.org

**Hours:** Mondays and Thursdays,  
8:30 a.m. to 3:30 p.m..

**Parish Council Chair:** Dennis  
Casey, 802-453-4054

**Finance Council Chair:** Doug Taff:  
802-482-3066

**Buildings and Grounds Supervisor:** Contact parish office.

**Weekend Masses:**  
Saturday, 4:30 p.m.; Sunday: 9:30  
a.m., St. Jude Church, Hinesburg;  
Sunday: 8:00 a.m. and 11:00 a.m.,  
Our Lady of Mount Carmel Church,  
Charlotte

**Weekday Masses:**  
Monday and Friday, 8:00 a.m., St.  
Jude Church; Tuesday, Thursday:  
5:15 p.m. Our Lady of Mount  
Carmel Church; Wednesday: 8:00  
a.m., Our Lady of Mount Carmel  
Church, Charlotte

**Sacrament of Baptism:** Call the  
Pastor for appointment

**Sacrament of Reconciliation:**  
Tuesday following the 5:15 p.m.  
Mass at Our Lady of Mount Carmel  
Church; Saturday at 4:00 p.m. and  
Friday following the 8:00 a.m.  
Mass at St. Jude Church and by  
appointment.

**Sacrament of Marriage:** Contact  
the Pastor at least six months in  
advance

**Communion at Home:** Call Parish  
Office, 802-482-2290

**Religious Education Coordinator:**  
Marie Cookson, 802-482-2290

**Religious Education (CCD):** The  
first Sunday of each month follow-  
ing the 9:30 a.m. Mass. Students  
and parents meet each month.

Please call Marie at 802-482-2290  
(Parish Office) or 802-879-3446  
(home) for more information.

**Eucharistic Adoration:**  
Eucharistic  
Adoration is held the first Friday of  
each month following the 8:00 a.m.

Mass at St. Jude.

**Food Shelf Weekend:** Every first  
Saturday and Sunday of the month.  
Parishioners are asked to make an  
extra effort to bring non-perishable  
canned and dried food in weekly  
for the Hinesburg Food Shelf. Food  
Collection baskets are in the entry  
for your convenience.

**Senior Meals:** Will be served from  
noon to 2:00 p.m. on the second  
and fourth Tuesday of each month  
unless otherwise noted. Food will  
be prepared by Meals on Wheels.  
There will be cards, board games  
and door prizes. Cost is \$4.00 do-  
nation. Please call in advance so  
we have plenty of food on hand.  
For reservations call Ted Barrett  
at 802-453-3087 or Marie Cookson  
at 802-482-2290 (parish office).  
Caretakers are welcome. Hinesburg  
Rides will pick you up and bring  
you home at no charge. For more  
information, call the parish office at  
802-482-2290.

## United Church of Hinesburg

**An Open, Welcoming,  
Affirming and Reconciling Church**

**Pastor:** Rev. Jared Hamilton

**802-482-3352 • [ucofh.org](mailto:ucofh.org)**  
unitedchurch@gmavt.net

**Location:** 10580 Route 116

**Mailing Address:** P.O. Box 39

**Office Hours:** Monday and  
Wednesday, 9:00 a.m. to noon, and  
by appointment.

**Sunday Worship Service:** 10:00  
a.m.

**Senior Meals:** Second Friday of the  
month; cost \$5.00. Contact Judy  
Clark (802-453-2121).

**Sunday School:** Nursery; children's  
programs for ages Kindergarten  
through 5th grade.

## Williston Federated Church

United Church of Christ and United  
Methodist Church

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Reconciling Congregation**

**Minister:** Rev. Paul Eyer

**802-878-5792 • [steeple.org](mailto:steeple.org)**

WillistonFederatedChurch@gmail.  
com

**Location and Mailing Address:**  
44 North Williston Road,  
Williston VT 05495

**Activities:** Junior and Senior High  
Youth Groups; Men's Bible Study;  
Women's Book Group; Junior,  
Senior and Contemporary Music  
Choirs; Friendship Suppers; oppor-  
tunities for mission and outreach in  
the community, country, and world.

**Service:** Sundays 9:30 a.m.,  
Nursery/Child care provided;  
Sunday School during the service  
for pre-K through high school;  
Coffee/Fellowship after service in  
Fellowship Hall.

## Trinity Episcopal Church

**Rector:** Rev. Dr. Fred Moser

**802-985-2269 • [trinityshelburne.org](mailto:trinityshelburne.org)**  
office@trinityshelburne.org

**Location and Mailing Address:**  
5171 Shelburne Rd.,  
Shelburne, VT 05482

**Worship service and Sunday School:**  
Sunday mornings at 9:30 a.m. –  
hybrid service, in person and on-  
line  
(go to [trinityshelburne.org](mailto:trinityshelburne.org) for in-  
structions on accessing Zoom link  
for online attendance).

## All Souls Interfaith Gathering

**Pastor:** Rev. Don Chatfield

**802-985-3819 • [allsoulsinterfaith.org](mailto:allsoulsinterfaith.org)**  
dchatfield@allsoulsinterfaith.org

**Location:** 291 Bostwick Farm Rd.,  
Shelburne, VT 05482

**Mailing Address:** P.O. Box 1124  
Shelburne, Vermont 05482

**Services:**

**Sunday 9:00 a.m.:** Morning  
Meditation

**Sunday 5:00 p.m.:** Music & Spirit  
Service

## ▶ Connecting Youth

*continued from page 24*

the same, one responded, “My  
weekly time with my mentee is  
always a highlight of my week.  
They bring so much important  
perspective to my world view,  
and I really appreciate having  
joyful, play-centered time in my  
busy adult life. I get as much  
out of our relationship as I feel  
like my mentee does.”

**Mentoring meetings take  
place at HCS, during school  
hours and for the months  
school is in session.**

Pairs meet for about 45 minutes  
every week. HCS's mentor room  
is full of games, crafts, baking  
supplies, sport equipment and  
more. Some pairs take advan-  
tage of the local walking trails



*The Connecting Youth Mentoring Program serves youth in grades fifth-12th.*

behind Trillium Hill Farm or  
spend time outside on our play-  
ground and rec fields. The com-  
mitment to be a mentor is for  
one school year, although many  
pairs continue on throughout  
the middle school years and  
some into CVU's high school

mentoring program as well.

The need for mentors remains  
high, especially after the col-  
lective trauma of the past two  
and a half years we've all expe-  
rienced. For youth, many have

missed out on the usual activi-  
ties that fill middle school like  
dances, school-wide assemblies  
and field trips; joining the men-  
toring program provides an op-  
portunity for stability and sup-  
port. Showing up for a young  
person in this way is more im-  
portant than ever.

If you're interested in apply-  
ing to be a mentor, or learn-  
ing more, please reach out to  
Program Coordinator Livy  
Bulger at [lbulger@cvsdvt.org](mailto:lbulger@cvsdvt.org)  
or 802-482-6248.

If you're interested in work-  
ing with high school students,  
Connecting Youth's High School  
Mentoring Program at CVU is  
also seeking mentors. Reach  
out to Program Coordinator  
Alison Duback at [aduback@cvsdvt.org](mailto:aduback@cvsdvt.org)  
for more information.

## Stay Safe This Holiday Season and Throughout the Winter

## Know How to Detect a Gas Leak

*Smell*

Natural gas is normally odorless.  
A distinctive, pungent odor, similar  
to rotten eggs, is added so that  
you will recognize it quickly.

*See*

You may see a white cloud, mist,  
fog, bubbles in standing water, or  
blowing dust. You may also see  
vegetation that appears to be dead  
or dying for no apparent reason.

*Hear*

You may hear an unusual noise  
like a roaring, hissing, or whistling.

## If You Suspect a Leak:

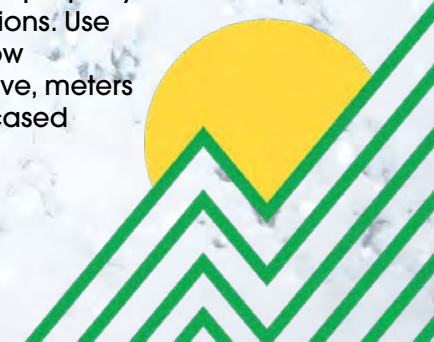
Move immediately to a safe location. Call VGS at 1-800-639-8081, or call 911, with the exact location. Do not smoke or operate electrical switches or appliances. These items may produce a spark that might ignite the gas or result in a dangerous condition.

Do not assume someone else will report the condition.

## Protect Meters and Vents from Ice and Snow

Don't push or pile deep snow around meters and ensure whoever removes snow from your property knows meter and appliance vent locations. Use extreme care when clearing snow surrounding, or large icicles above, meters and vents. If your meter gets encased in thick ice, please call us.

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# BACK STORIES of Hinesburg

## Connecting Youth Mentoring Program

### Building Safe, Affirming and Joyful Spaces for Youth

BY LIVY BULGER

When the world is a place where we feel happy and safe, we are much more likely to be optimistic and therefore, more resilient.

Hinesburg Community School's (HCS) Connecting Youth Mentoring Program is a part of a district-wide program that works toward building safe, af-

firming and joyful spaces that center youth through a consistent weekly connection with a caring adult mentor from the community. Across the district our programs serve 175 fifth-12th graders annually.

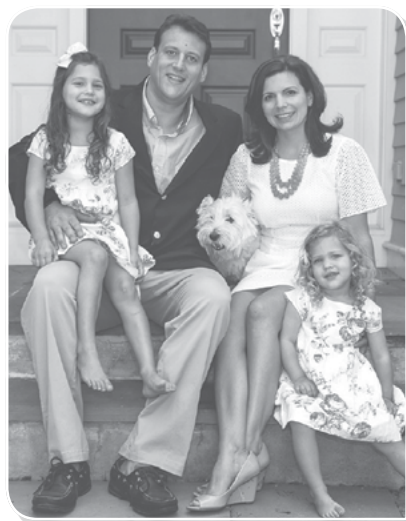
Mentors provide consistent support, friendship and a space for fun and connection during the school day.

**All types of students from all types of families participate in our program.**

The one-on-one model has proven very effective in mentees building confidence, feeling heard, exploring interests, navigating peer relationships and learning about different ways of moving through the world, all while being supported regularly by an adult who is showing up just for them.

When asked what the best part of having a mentor is, one student responded, "Having fun and enjoying myself at school, plus having a space to let out my extra energy." Another added, "I feel very safe and welcomed with my mentor and less lonely. I feel really happy because I have someone to talk to and to laugh and to play games with." A third said, "Having a mentor helps me focus on building friendships and becoming a better member of my community."

When mentors were asked  
**continued on page 23**



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Some mentees and mentors.



## VOLUNTEER OPPORTUNITIES

### Make a Difference

Do you need volunteers for a Hinesburg event or non-profit organization? Send the information to [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org) and we'll publish it here. Use "volunteer need" as a subject line.

### Mentoring

Hinesburg Community School is looking for Mentors! Mentors are distinct members of a team of caring adults who show up to spend an hour a week with a 5-8th grader during the school year.

Mentors bring with them a sense of shared fun, new experiences and great listening skills. Mentors bring encouragement and options for expanding a young person's regard for themselves and their world. By sharing yourself with your mentee you can inspire them to create a richer future for themselves. Contact Program Coordinator Livy Bulger at [lbulger@cvsdvt.org](mailto:lbulger@cvsdvt.org) or 802-482-6248 for more information.

### Hinesburg Trails

Help maintain public trails. All skill levels from none (just enthusiasm) to experienced chainsaw operators, and trail designers are needed. For more information contact Jane Sheldon at [elcabi2@gmail.com](mailto:elcabi2@gmail.com).

### Meals on Wheels

Help out local area residents who cannot easily get out of their homes. Become a Meals on Wheels driver. Routes take anywhere from an hour to an hour-and-a-half depending on the day. You need not commit to a weekly schedule. Call Jane Gage at 802-482-6096 for more information.

### Visit a Senior

Hinesburg seniors need your help. Some seniors live alone with limited social contact and would love to share their gift of gab with you. Just an hour of your time can make a big difference in the life of one of the seniors in our town. If you would be willing to help contact Bev at 802-642-5119 for more information.

### Town Committees

Frequently there are openings on town committees. Here are some of the recent ones.

- Affordable Housing Committee
- Agency Request Review Committee
- Conservation Commission
- Economic Development Committee
- Planning Commission
- Recreation Commission
- Village Steering Committee

Check town web site [hinesburg.org](http://hinesburg.org) for the most current committee openings, descriptions and instructions on how to apply. For more information contact Joy Dubin Grossman (Assistant Town Manager) at 802-482-4207 or [jdubingrossman@hinesburg.org](mailto:jdubingrossman@hinesburg.org).

### The Hinesburg Record

Help publish your community newspaper which is produced by volunteers who write, edit, and lay it out each month. The Record needs people to write and edit copy, take photos, and help with distribution and mailing. One-time or occasional submission of articles is more than welcome.

If you are interested contact us at [news@hinesburgrecord.org](mailto:news@hinesburgrecord.org).



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